November 2026

Spring Arbor of Albemarle
ASSISTED LIVING

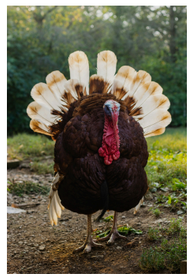
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 9:45 AM - Turkey Trot 2:30 PM - Worship w/Robbie 3:00 PM - Outing to Charlotte Symphony Concert & Dinner 3:15 PM - Worship with Sweet Home Baptist	**02** 9:00 AM - Piano with Beth 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:15 PM - Bingo 3:30 PM - Art From the Heart	**03** 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 10:15 AM - Breathe & Stretch 11:00 AM - Bible Reading 1:30 PM - Ring Toss Tuesday 2:30 PM - Art Guild "Tile Art"	**04** 9:00 AM - Piano with Beth 10:30 AM - Breathe & Stretch 11:15 AM - Wise & Well 1:30 PM - Pet Therapy 2:15 PM - Bible Reading 4:00 PM - Hymn Singing 6:00 PM - Worship w/Greg	**05** 9:45 AM - Turkey Trot 10:30 AM - Will's Place Fun 1:30 PM - Bible Reading 2:30 PM - Manicures (be sure to sign up) 6:00 PM - Rev. Jerry McCall, Guitar Playing Preacher	**06** 9:45 AM - Turkey Trot 10:00 AM - Rev. Delane Burris, the Singing Preacher 11:15 AM - Wise & Well 1:15 PM - Bible Reading 2:00 PM - Springers for Christ 3:30 PM - Hearts and Harmony Music	**07** 9:45 AM - Turkey Trot 2:00 PM - Craig Brown Family Devotions
08 9:45 AM - Turkey Trot 3:00 PM - Rev. Michael Denning Devotions	**09** 9:00 AM - Piano with Beth 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:30 PM - Bingo 4:00 PM - "Giving Thanks" Get to Know Your Neighbor	**10** 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 10:15 AM - Breathe & Stretch 11:00 AM - Bible Reading 1:30 PM - Art from the Heart with Merlin 3:30 PM - Ring Toss Tuesday	**11** 9:00 AM - Piano with Beth 10:00 AM - Veteran's Day Parade Outing 11:15 AM - Wise & Well 2:15 PM - Bible Reading 3:15 PM - Penny Game 4:00 PM - Hymn Singing 6:00 PM - Worship w/ Greg	**12** 9:45 AM - Turkey Trot 10:30 AM - Left-Right-Center Game 11:15 AM - Bible Reading 2:00 PM - DJ Todd Drye - singing and dancing fun! 3:15 PM - Albemarle Church of Christ	**13** 9:45 AM - Turkey Trot 11:15 AM - Wise & Well 1:15 PM - Manicures (be sure to sign up) 3:00 PM - UNO	**14** 9:45 AM - Turkey Trot 2:00 PM - Gospel Friends Singing
15 9:45 AM - Turkey Trot 3:00 PM - Worship with Jeremy Holt	**16** 9:00 AM - Piano with Beth 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 10:30 AM - Breathe & Stretch 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:30 PM - Bingo 3:30 PM - Noodle Ball	**17** 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 10:15 AM - A Breathe and Stretch! 11:15 AM - Bible Reading 1:15 PM - Hangman Game 2:00 PM - Palestine UMC 3:30 PM - Ring Toss Tuesday	**18** 9:00 AM - Piano with Beth 10:30 AM - Breathe & Stretch 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:15 PM - Manicures 4:00 PM - Hymn Singing 6:00 PM - Worship w/Greg 6:30 PM - Kelly & Danny Sing	**19** 9:45 AM - Turkey Trot 10:30 AM - Boomerang Church Devotions 11:00 AM - Outing to Jalapenos 2:30 PM - Bible Reading 3:15 PM - Left-Right-Center 5:30 PM - "Thankful Thursday" Family Night	**20** 9:45 AM - Turkey Trot 10:30 AM - Breathe & Stretch 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:30 PM - Pet Therapy 3:30 PM - Hearts and Harmony Music	**21** 9:45 AM - Turkey Trot 10:00 AM - Self Led Games (UNO, Penny Game, Left-Right-Center
22 9:45 AM - Turkey Trot 3:00 PM - Worship with New London Baptist	**23** 9:00 AM - Piano with Beth 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:30 PM - Bingo 4:00 PM - Penny Game 6:00 PM - New London Girl Scout Troop Bingo	**24** 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 10:15 AM - A Breathe and Stretch! 11:15 AM - Bible Reading 1:30 PM - I Am Thankful For . . . . Reminiscing 3:30 PM - Ring Toss Tuesday	**25** 9:00 AM - Piano with Beth 9:45 AM - Turkey Trot 10:30 AM - Breathe & Stretch 11:15 AM - "Turkey Parade" 1:30 PM - Bible Reading 2:30 PM - Resident Council 4:00 PM - Hymn Singing 6:00 PM - Worship w/Greg	**26** 9:45 AM - Turkey Trot 12:00 PM - HAPPY THANKSGIVING EVERYONE!! May your day be filled with blessings and your stomachs filled with turkey!	**27** 9:45 AM - Turkey Trot 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:30 PM - UNO Card Game 3:30 PM - Hearts and Harmony Music	**28** 9:45 AM - Turkey Trot 11:00 AM - Worship with CJ House 4:00 PM - Martha Sue Hall - Church Choir Singing
29 9:45 AM - Turkey Trot 2:00 PM - Self Led Games (UNO, Penny Game, Left-Right-Center	**30** 9:00 AM - Beauty Shop Open 9:45 AM - Turkey Trot 10:30 AM - Breathe & Stretch 11:15 AM - Wise & Well 1:30 PM - Bible Reading 2:30 PM - Bingo 4:00 PM - Betsy & Laura Sing		**November Birthdays** 11/12 Jeanette Goodman 11/24 Gloria Summerlin		Teammate Birthdays 11/11 Mariah Strickland 11/19 Bailey Motes Anniversaries Shannon Stepp - 1 year Will McGee 4 years	

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Spring Arbor of Albemarle - Cottage

MEMORY CARE

SPRING ARBOR
Senior Living by Allegro

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 9:00 AM - Royal Treatment ⭐ 10:00 AM - Sunday Worship & Devotions 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 2:30 PM - Sweet Home Baptist Church Youth Worship Visits 3:30 PM - Gridiron Goodies & Halftime Hydration 6:00 PM - See Clear⭐	**02** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Manicure Monday 3:30 PM - Pumpkin Patch Patio Party 6:00 PM - Movie Monday	**03** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 11:00 AM - Wise & Well with Whitney⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Ring Toss Tuesday 2:30 PM - Crafty Corner 3:30 PM - Game Time 6:00 PM - Devotions	**04** 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 3:00 PM - Chat and Cheer (Room Visits) 3:30 PM - You've Got Mail⭐ 4:00 PM - Hymn Singing 6:00 PM - Worship w/Greg	**05** 9:00 AM - Royal Treatment ⭐ 10:30 AM - Activity with "Will's Place" Volunteers 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Wise and Well with Whitney⭐ 3:15 PM - Albemarle Church of Christ Worship Service 4:00 PM - BINGO! 6:00 PM - Brain Games	**06** 9:00 AM - Royal Treatment ⭐ 9:30 AM - Piano Music with Cindy 10:30 AM - Art From the Heart 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Cooking Club 4:00 PM - Devotions 6:00 PM - Hangman	**07** 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 2:00 PM - Furry Friends⭐ 3:00 PM - One on One 6:00 PM - Saturday Night Soundstage
08 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 3:30 PM - Gridiron Goodies & Halftime Hydration 6:00 PM - See Clear⭐	**09** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Manicure Monday 3:00 PM - Fall Flair & Fresh Air 6:00 PM - Movie Monday	**10** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 11:00 AM - Wise & Well with Whitney⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Ring Toss Tuesday 2:30 PM - Crafty Corner 3:30 PM - Game Time 6:00 PM - Devotions	**11** **Veterans Day** 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 3:00 PM - Chat and Cheer (Room Visits) 3:30 PM - You've Got Mail⭐ 4:00 PM - Hymn Singing 6:00 PM - Worship w/Greg	**12** 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Wise and Well with Whitney⭐ 3:00 PM - Furry Friends 4:00 PM - Chicken Soup for the Soul 4:00 PM - BINGO! 6:00 PM - Trivia Games	**13** 9:00 AM - Royal Treatment ⭐ 9:30 AM - Piano Music with Cindy 10:30 AM - Art From the Heart 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Cooking Club 2:30 PM - Hearts and Harmony Musical Moments! 4:00 PM - Devotions	**14** 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 2:00 PM - Furry Friends⭐ 3:00 PM - One on One 6:00 PM - Saturday Night Soundstage
15 9:00 AM - Royal Treatment ⭐ 10:30 AM - Boomerang Church Devotions 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 3:30 PM - Gridiron Goodies & Halftime Hydration 6:00 PM - See Clear⭐	**16** **Happy Birthday Nancy L.** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Manicure Monday 3:00 PM - Fall Flair & Fresh Air 6:00 PM - Movie Monday	**17** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 11:00 AM - Wise & Well with Whitney⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Ring Toss Tuesday 2:30 PM - Crafty Corner 3:30 PM - Game Time 6:00 PM - Devotions	**18** 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 3:00 PM - Chat and Cheer (Room Visits) 3:30 PM - You've Got Mail⭐ 4:00 PM - Hymn Singing 6:00 PM - Kelly & Danny Sing	**19** 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Wise and Well with Whitney⭐ 3:15 PM - Albemarle Church of Christ Worship Service 4:00 PM - BINGO! 5:30 PM - "Thankful Thursday" Family Night	**20** 9:00 AM - Royal Treatment ⭐ 9:30 AM - Piano Music with Cindy 10:30 AM - Art From the Heart 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Cooking Club 4:00 PM - Devotions 6:00 PM - Hangman	**21** 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 2:00 PM - Furry Friends⭐ 3:00 PM - One on One 6:00 PM - Saturday Night Soundstage
22 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 3:30 PM - Gridiron Goodies & Halftime Hydration 6:00 PM - See Clear⭐	**23** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Manicure Monday 3:00 PM - Fall Flair & Fresh Air 6:00 PM - Movie Monday	**24** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 11:00 AM - Wise & Well with Whitney⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Ring Toss Tuesday 2:30 PM - Crafty Corner 3:30 PM - Game Time 6:00 PM - Devotions	**25** 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:15 AM - Turkey Trot Parade 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 3:00 PM - Chat and Cheer (Room Visits) 3:30 PM - You've Got Mail⭐ 4:00 PM - Hymn Singing 6:00 PM - Worship w/Greg	**26** **Thanksgiving Day** 9:00 AM - Royal Treatment ⭐ 9:30 AM - Macy' s Thanksgiving Day Parade 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Gridiron Goodies & Halftime Hydration 4:00 PM - Thanksgiving Trivia 4:00 PM - BINGO!	**27** **Day after Thanksgiving Day** 9:00 AM - Royal Treatment ⭐ 9:30 AM - Piano Music with Cindy 10:30 AM - Art From the Heart 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Cooking Club 2:30 PM - Hearts and Harmony Musical Moments! 4:00 PM - Devotions 6:00 PM - BINGO!	**28** 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 2:00 PM - Furry Friends⭐ 3:00 PM - One on One 6:00 PM - Saturday Night Soundstage
29 9:00 AM - Royal Treatment ⭐ 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax With Hymns ⭐ 3:30 PM - Gridiron Goodies & Halftime Hydration 6:00 PM - See Clear⭐	**30** 8:30 AM - Beauty Shop with Natasha 9:00 AM - Royal Treatment ⭐ 10:30 AM - BINGO!!! 11:30 AM - Refresh⭐ 1:00 PM - Rest and Relax ⭐ 2:00 PM - Manicure Monday 3:00 PM - Fall Flair & Fresh Air 6:00 PM - Movie Monday					**Birthdays** 16th - Nancy L.

* Activities are subject to change