

A group of elderly people are gathered around a table, playing cards. The central figure is a woman with short white hair and glasses, wearing a grey cardigan over a white top and a red scarf. She is smiling broadly. To her left, another woman with white hair and glasses is looking down at the cards. To her right, a woman with grey hair is also smiling. In the foreground, a man's arm and hand are visible, holding a fan of cards. The background is slightly blurred, showing other people and what appears to be a well-lit indoor space.

Alto
Senior Living by Allegro

May 2026

Alto Tavares

"You can find
happiness right
where you are".
- Moana

May 2026

Alto Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Church Outing (L) 9:30 Exercise (CR) 10:00 Catholic Mass (WV) 10:15 B-I-N-G-O (CR) 1:00 Errand Bus Run (L) 1:00 Painting Class (CR) 2:00 Movie Matinee (CR) 3:30 Poker Club (CD) 6:00 Resident Chicken Foot & Mexican Train (PC)</p>	<p>9:30 Movements & Energy (CR) 10:00 Errand Bus Run (L) 10:15 B-I-N-G-O! (CR) 1:00 Chicken Foot & Skipbo (PC) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 1:00 Scenic Bus Ride (L) 2:00 Milkshake Monday (PC) 3:00 Memory Chi & Music Fitness (GL) 6:15 Music Sing along (GL)</p>	<p>9:00 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 Trivia Challenge (CR) 1:00 B-I-N-G-O! (CR) 1:00 Resident Pinochle (CD) 2:00 Meeting w/Michael (GL) 2:30 Teatime Tuesday! (PC) 4:00 Cinco de Mayo Party! (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:00 Daily Devotion with Rich (GL) 9:30 Workout Wednesday (CR) 10:00 Shopping Trip to Publix (L) 10:15 B-I-N-G-O! (CR) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 2:00 Family Fued (CD) 3:15 Wine Down Wednesday Music by Lonnie (GL) 6:00 Resident Card Games (WV)</p>	<p>9:30 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 Group Crossword (GL) 12:00 Ambassador Lunch (PD) 1:00 Bible Study (LI) 1:00 Group Pictionary (CR) 1:00 Spa Day! (SP) 2:00 Wheelchair and Walker Clinic (WV) 3:00 Piano Music by Terry (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:30 Morning Exercise (CR) 10:15 Jackpot B-I-N-G-O! (CR) 1:00 Chicken Foot & Skipbo (PC) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 2:00 Port & Cigar Social (BP) 2:00 Word from a Word (GL) 3:30 Poker Club (CD) 6:00 Movie Night with Popcorn (CR)</p>	<p>9:00 Cranium Crunches (CR) 9:30 Morning Exercise (CR) 10:15 B-I-N-G-O (CR) 1:00 Arts & Crafts (CR) 3:00 Ice Cream Bar (PC) 3:00 Word from a Word (CR) 4:00 Trivia Challenge (CR) 6:00 Twilight BINGO! (CR)</p>
<p>9:00 Church Outing (L) 9:30 Exercise (CR) 10:00 Catholic Mass (WV) 10:00 Mother's Day Brunch (BP) 1:00 Church Service (GL) 1:00 Errand Bus Run (L) 1:00 Painting Class (CR) 2:00 Movie Matinee (CR) 3:30 Poker Club (CD) 6:00 Resident Chicken Foot & Mexican Train (PC)</p>	<p>9:30 Movements & Energy (CR) 10:00 Errand Bus Run (L) 10:15 B-I-N-G-O! (CR) 1:00 Chicken Foot & Skipbo (PC) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 1:00 Scenic Bus Ride (L) 2:00 Milkshake Monday (PC) 3:00 Memory Chi & Music Fitness (GL) 6:15 Music Sing along (GL)</p>	<p>9:00 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 Trivia Challenge (CR) 11:00 Vitals Clinic w/Nursing (GL) 1:00 B-I-N-G-O! (CR) 1:00 Resident Pinochle (CD) 2:00 Activity/Resident Council Meeting (CR) 3:00 Wii Bowling (GL) 4:00 Cocktail Hour (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:00 Daily Devotion with Rich (GL) 9:30 Workout Wednesday (CR) 10:00 Shopping Trip to (L) 10:15 B-I-N-G-O! (CR) 11:00 Lunch Bunch Outing (L) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 2:00 Family Fued (CD) 3:15 Wine Down Wednesday Music by Chop (GL) 6:00 Resident Card Games (WV)</p>	<p>9:00 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 Group Crossword (GL) 1:00 Bible Study (LI) 1:00 Group Pictionary (CR) 1:00 Spa Day! (SP) 2:00 Alzheimer Support (PD) 2:00 Resident Food Meeting (CR) 3:00 Piano Music by Terry (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:00 Visit the Islands of Hawaii (GL) 9:30 Morning Exercise (CR) 10:15 Jackpot B-I-N-G-O! (CR) 11:30 Captains Lunch: Hawaiian Cuisine (DR) 1:00 Chicken Foot & Skipbo (PC) 1:00 Hawaiian Luau (BP) 1:00 Resident Pinochle (CD) 3:30 Poker Club (CD) 6:00 Movie Night with Popcorn: Blue Hawaii (CR)</p>	<p>9:00 Cranium Crunches (CR) 9:30 Morning Exercise (CR) 10:15 B-I-N-G-O (CR) 1:00 Arts & Crafts (CR) 3:00 Ice Cream Bar (PC) 3:00 Word from a Word (CR) 4:00 Trivia Challenge (CR) 6:00 Twilight BINGO! (CR)</p>
<p>9:00 Church Outing (L) 9:30 Exercise (CR) 10:00 Catholic Mass (WV) 10:15 B-I-N-G-O (CR) 1:00 Errand Bus Run (L) 1:00 Painting Class (CR) 2:00 Movie Matinee (CR) 3:30 Poker Club (CD) 6:00 Resident Chicken Foot & Mexican Train (PC)</p>	<p>9:30 Movements & Energy (CR) 10:00 Errand Bus Run (L) 10:15 B-I-N-G-O! (CR) 1:00 Chicken Foot & Skipbo (PC) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 1:00 Scenic Bus Ride (L) 2:00 Milkshake Monday (PC) 3:00 Memory Chi & Music Fitness (GL) 6:15 Music Sing along (GL)</p>	<p>9:00 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 Trivia Challenge (CR) 1:00 B-I-N-G-O! (CR) 1:00 Resident Pinochle (CD) 3:00 Wii Bowling (GL) 4:00 Cocktail Hour (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:00 Daily Devotion with Rich (GL) 9:30 Workout Wednesday (CR) 10:00 Shopping Trip to (L) 10:15 B-I-N-G-O! (CR) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 2:00 Family Fued (CD) 3:15 Wine Down Wednesday Music by Paul D. (GL) 6:00 Resident Card Games (WV)</p>	<p>9:00 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 Group Crossword (GL) 11:00 Vitals Clinic w/Enhabit (GL) 1:00 Bible Study (LI) 1:00 Group Pictionary (CR) 1:00 Spa Day! (SP) 2:00 Cooking with Christina (CR) 3:00 Piano Music by Terry (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:30 Morning Exercise (CR) 10:00 Voters Open Registration (GL) 10:15 Jackpot B-I-N-G-O! (CR) 1:00 Chicken Foot & Skipbo (PC) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 2:00 Welcome Party! (GL) 3:00 Better Bones & Balance (CR) 3:30 Poker Club (CD) 6:00 Movie Night with Popcorn (CR)</p>	<p>9:00 Cranium Crunches (CR) 9:30 Morning Exercise (CR) 10:15 B-I-N-G-O (CR) 1:00 Arts & Crafts (CR) 3:00 Ice Cream Bar (PC) 3:00 Word from a Word (CR) 4:00 Trivia Challenge (CR) 6:00 Twilight BINGO! (CR)</p>
<p>9:00 Church Outing (L) 9:30 Exercise (CR) 10:00 Catholic Mass (WV) 10:15 B-I-N-G-O (CR) 1:00 Errand Bus Run (L) 1:00 Painting Class (CR) 2:00 Movie Matinee (CR) 3:30 Poker Club (CD) 6:00 Resident Chicken Foot & Mexican Train (PC)</p>	<p>9:30 Movements & Energy (CR) 10:00 Errand Bus Run (L) 10:15 B-I-N-G-O! (CR) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 1:00 Scenic Bus Ride (L) 2:00 Patriotic Milkshakes (PC) 3:00 Memory Chi & Music Fitness (GL) 6:15 Music Sing along (GL)</p>	<p>9:00 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 Trivia Challenge (CR) 1:00 B-I-N-G-O! (CR) 1:00 Resident Pinochle (CD) 3:00 Wii Bowling (GL) 4:00 Cocktail Hour (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:00 Daily Devotion with Rich (GL) 9:30 Workout Wednesday (CR) 10:00 Shopping to Dollar Tree 10:15 B-I-N-G-O! (CR) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 2:00 Family Fued (CD) 3:15 Wine Down Wednesday with Music by Chuck Gilipsie (GL) 6:00 Resident Card Games (WV)</p>	<p>9:00 Coffee & Conversation (PC) 9:30 Morning Exercise (CR) 10:15 New Resident Orientation (CR) 1:00 Bible Study (LI) 1:00 Group Pictionary (CR) 1:00 Spa Day! (SP) 2:00 Tasting Around the World (CR) 2:00 Veterans Club (WV) 3:00 Piano Music by Terry (GL) 6:00 Twilight BINGO! (CR)</p>	<p>9:30 Morning Exercise (CR) 10:15 Jackpot B-I-N-G-O! (CR) 1:00 Chicken Foot & Skipbo (PC) 1:00 Perch Store Open! (PC) 1:00 Resident Pinochle (CD) 1:00 Spa Day! (S) 2:00 Word from a Word (GL) 3:30 Poker Club (CD) 6:00 Movie Night with Popcorn (CR)</p>	<p>9:00 Cranium Crunches (CR) 9:30 Morning Exercise (CR) 10:15 B-I-N-G-O (CR) 1:00 Arts & Crafts (CR) 1:00 PAWS Therapy Dogs Visit (GL) 3:00 Ice Cream Bar (PC) 3:00 Word from a Word (CR) 4:00 Trivia Challenge (CR) 6:00 Twilight BINGO! (CR)</p>
<p>9:00 Church Outing (L) 9:30 Exercise (CR) 10:00 Catholic Mass (WV) 10:15 B-I-N-G-O (CR) 1:00 Errand Bus Run (L) 1:00 Painting Class (CR) 2:00 Movie Matinee (CR) 3:30 Poker Club (CD) 6:00 Resident Chicken Foot & Mexican Train (PC)</p>						

Happy Birthday!

Residents:
Sue G. 5/2
Helen K. 5/11
Betty H. 5/12
Shirley B. 5/13
Rossie K. 5/19
Marti S. 5/20

Team Members:
Matt M. 5/5
Jennifer G. 5/28

Locations

SP = Spa
CR = Community Room
L = Lobby
PC = Perch Cafe
GL = Grand Lounge
LI = Library
BR = Billiards Room
CD = Card Room
PD = Private Dining
WV = Wilderness Village
BP = Back Patio
S = Salon



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Morning Sensory Session (OV) 1 9:30 Sit and Get Fit (BV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:00 Baking Club (BV) 1:00 Classic TV Shows (BV) 2:00 Walk and Roll (OC) 3:00 Bingo (BV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 2 10:00 Morning Headlines (BV) 10:30 Corn Hole Game (BV) 10:30 Watering the Garden (OC) 1:00 Old Time Saying Trivia (BV) 2:00 Bingo (BV) 3:00 Soothing Music & Chat (OV) 6:15 Let's Get Crafty! (BV)
9:30 Exercise (CR) 3 9:30 Hymns (BV) 10:00 Catholic Mass (OV) 10:00 Morning Service (BV) 10:30 Watering the Garden (OC) 1:00 Painting Class (CR) 2:00 Ice Cream Social Sunday (IC) 3:00 Movie & Soothing Hands (BV) 6:15 Bing Bag Toss (BV)	9:30 Have a Ball Exercise! (BV) 4 9:30 Morning Sensory Session (OV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:15 White Board Name 5 (BV) 2:30 Memory Chi Music and Fitness (BV) 3:00 Afternoon Trivia (BV) 3:00 Scenic Bus Ride (L) 5:30 Music w/Paster D. (OV)	9:30 Morning Sensory Session (OV) 5 9:30 Sit and Get Fit (BV) 10:30 Watering the Garden (OC) 1:00 Old Sayings Trivia (OV) 2:00 Cinco De Mayo Fiesta! (BV) 3:00 Bingo (BV) 6:00 Movie Night with Popcorn (BV)	9:30 Have A Ball Exercise (BV) 6 9:30 Morning Sensory Session (OV) 10:30 Trivia on the White Board (BV) 10:30 Watering the Garden (OC) 1:00 Puzzles and Painting (BV) 2:00 Music by Lonnie (BV) 3:00 Scenic Bus Ride (L) 3:00 White Board Name 5 (OV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 7 9:30 Morning Sensory Session (OV) 10:30 Morning Sing-A-Long (OV) 10:30 Watering the Garden (OV) 1:00 Balloon Volleyball (BV) 2:00 Wheelchair and Walker Clinic (WV) 2:30 Spa and Grooming Day (SP) 3:30 Finish the Line (BV) 6:15 Movie Night with Popcorn (BV)	9:30 Morning Sensory Session (OV) 8 9:30 Sit and Get Fit (BV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:00 Baking Club (BV) 1:00 Classic TV Shows (BV) 2:00 Walk and Roll (OC) 3:00 Bingo (BV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 9 10:00 Morning Headlines (BV) 10:30 Corn Hole Game (BV) 10:30 Watering the Garden (OC) 1:00 Old Time Saying Trivia (BV) 2:00 Bingo (BV) 3:00 Soothing Music & Chat (OV) 6:15 Let's Get Crafty! (BV)
9:30 Exercise (CR) 10 9:30 Hymns (BV) 10:00 Catholic Mass (OV) 10:00 Morning Service (BV) 10:00 Mother's Day Brunch (BV) 10:30 Watering the Garden (OC) 1:00 Painting Class (CR) 2:00 Ice Cream Social Sunday (IC) 3:00 Movie & Soothing Hands (BV) 6:15 Bing Bag Toss (BV)	9:30 Have a Ball Exercise! (BV) 11 9:30 Morning Sensory Session (OV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:15 White Board Name 5 (BV) 2:30 Memory Chi Music and Fitness (BV) 3:00 Afternoon Trivia (BV) 3:00 Scenic Bus Ride (L) 5:30 Music w/Paster D. (OV)	9:30 Morning Sensory Session (OV) 12 9:30 Sit and Get Fit (BV) 10:15 Music Trivia w/Wendy (BV) 10:30 Watering the Garden (OC) 1:00 Old Sayings Trivia (OV) 2:00 Soda Shop Sock Hop (IC) 3:00 Bingo (BV) 6:00 Movie Night with Popcorn (BV)	9:30 Have A Ball Exercise (BV) 13 9:30 Morning Sensory Session (OV) 10:30 Trivia on the White Board (BV) 10:30 Watering the Garden (OC) 1:00 Puzzles and Painting (BV) 3:00 Scenic Bus Ride (L) 3:00 White Board Name 5 (OV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 14 9:30 Morning Sensory Session (OV) 10:30 Morning Sing-A-Long (OV) 10:30 Watering the Garden (OV) 1:00 Balloon Volleyball (BV) 2:30 Spa and Grooming Day (SP) 3:30 Finish the Line (BV) 6:15 Movie Night with Popcorn (BV)	9:30 Morning Sensory Session (OV) 15 9:30 Sit and Get Fit (BV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:00 Baking Club (BV) 1:00 Classic TV Shows (BV) 2:00 Walk and Roll (OC) 3:00 Bingo (BV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 16 10:00 Morning Headlines (BV) 10:30 Corn Hole Game (BV) 10:30 Watering the Garden (OC) 1:00 Old Time Saying Trivia (BV) 2:00 Bingo (BV) 3:00 Soothing Music & Chat (OV) 6:15 Let's Get Crafty! (BV)
9:30 Exercise (CR) 17 9:30 Hymns (BV) 10:00 Catholic Mass (OV) 10:00 Morning Service (BV) 10:30 Watering the Garden (OC) 1:00 Painting Class (CR) 2:00 Ice Cream Social Sunday (IC) 3:00 Movie & Soothing Hands (BV) 6:15 Bing Bag Toss (BV)	9:30 Have a Ball Exercise! (BV) 18 9:30 Morning Sensory Session (OV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:15 White Board Name 5 (BV) 2:30 Memory Chi Music and Fitness (BV) 3:00 Afternoon Trivia (BV) 3:00 Scenic Bus Ride (L) 5:30 Music w/Paster D. (OV)	9:30 Morning Sensory Session (OV) 19 9:30 Sit and Get Fit (BV) 10:30 Watering the Garden (OC) 1:00 Old Sayings Trivia (OV) 2:00 Soda Shop Sock Hop (IC) 3:00 Bingo (BV) 6:00 Movie Night with Popcorn (BV)	9:30 Have A Ball Exercise (BV) 20 9:30 Morning Sensory Session (OV) 10:30 Trivia on the White Board (BV) 10:30 Watering the Garden (OC) 1:00 Puzzles and Painting (BV) 3:00 Scenic Bus Ride (L) 3:00 White Board Name 5 (OV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 21 9:30 Morning Sensory Session (OV) 10:30 Morning Sing-A-Long (OV) 10:30 Watering the Garden (OV) 1:00 Spa and Grooming Day (SP) 2:00 Music by Lonnie (BV) 3:30 Finish the Line (BV) 6:15 Movie Night with Popcorn (BV)	9:30 Morning Sensory Session (OV) 22 9:30 Sit and Get Fit (BV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:00 Baking Club (BV) 1:00 Classic TV Shows (BV) 2:00 Walk and Roll (OC) 3:00 Bingo (BV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 23 10:00 Morning Headlines (BV) 10:30 Corn Hole Game (BV) 10:30 Watering the Garden (OC) 1:00 Old Time Saying Trivia (BV) 2:00 Bingo (BV) 3:00 Soothing Music & Chat (OV) 6:15 Let's Get Crafty! (BV)
9:30 Exercise (CR) 24 9:30 Hymns (BV) 10:00 Catholic Mass (OV) 10:00 Morning Service (BV) 10:30 Watering the Garden (OC) 1:00 Painting Class (CR) 2:00 Ice Cream Social Sunday (IC) 3:00 Movie & Soothing Hands (BV) 6:15 Bing Bag Toss (BV)	Memorial Day 25 9:30 Have a Ball Exercise! (BV) 9:30 Morning Sensory Session (OV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:15 White Board Name 5 (BV) 2:30 Memory Chi Music and Fitness (BV) 3:00 Afternoon Trivia (BV) 3:00 Scenic Bus Ride (L) 5:30 Music w/Paster D. (OV)	9:30 Morning Sensory Session (OV) 26 9:30 Sit and Get Fit (BV) 10:15 Music Trivia w/Wendy (BV) 10:30 Watering the Garden (OC) 1:00 Old Sayings Trivia (OV) 2:00 Soda Shop Sock Hop (IC) 3:00 Bingo (BV) 6:00 Movie Night with Popcorn (BV)	9:30 Have A Ball Exercise (BV) 27 9:30 Morning Sensory Session (OV) 10:30 Trivia on the White Board (BV) 10:30 Watering the Garden (OC) 1:00 Puzzles and Painting (BV) 1:45 Music by Joe (BV) 3:00 Scenic Bus Ride (L) 3:00 White Board Name 5 (OV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 28 9:30 Morning Sensory Session (OV) 10:30 Morning Sing-A-Long (OV) 10:30 Watering the Garden (OV) 11:30 BBQ Time! (OC) 1:00 Balloon Volleyball (BV) 2:30 Spa and Grooming Day (SP) 3:30 Finish the Line (BV) 6:15 Movie Night with Popcorn (BV)	9:30 Morning Sensory Session (OV) 29 9:30 Sit and Get Fit (BV) 10:30 Brain Games (BV) 10:30 Watering the Garden (OC) 1:00 Baking Club (BV) 1:00 Classic TV Shows (BV) 2:00 Walk and Roll (OC) 3:00 Bingo (BV) 6:15 Variety Game Hour (BV)	9:30 Exercise (BV) 30 10:00 Morning Headlines (BV) 10:30 Corn Hole Game (BV) 10:30 Watering the Garden (OC) 1:00 Old Time Saying Trivia (BV) 2:00 Bingo (BV) 3:00 Soothing Music & Chat (OV) 6:15 Let's Get Crafty! (BV)
9:30 Exercise (CR) 31 9:30 Hymns (BV) 10:00 Catholic Mass (OV) 10:00 Morning Service (BV) 10:30 Watering the Garden (OC) 1:00 Painting Class (CR) 2:00 Ice Cream Social Sunday (IC) 3:00 Movie & Soothing Hands (BV) 6:15 Bing Bag Toss (BV)						

Happy Birthday!

Linda Treece 5/4
Philip Joyce 5/8
Helen Duke 5/13

Allegro at sea Hawaii 5/15

Food, Fun, fire and much more!

Locations

- BV = Boulder Village
- OV = Osprey Village
- OC = Outside Circle
- SP = Spa
- CR = Community Room
- IC = Ice Cream Shop
- L = Lobby
- PC = Perch Cafe
- GL = Grand Lounge
- LI = Library
- BR = Billiards Room
- CD = Card Room
- PD = Private Dining
- WV = Wilderness Village