

May 2026

Alto of Overland Park Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 10:00am New Resident Meet and Greet (B) 2:00pm Mini Manicures (CS) 3:30pm Happy Hour w/ Brother John (B) 6:30pm Movie Night (ER)	9:30am Vintage Saturday Morning Cartoons (ER) 10:00am Walking Club (L) 11:00am Buzzwords Game (L) 2:00pm Advanced Bingo (B) 3:15pm Ice Cream Social (L) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (ER) 3:00pm Silent Movie w/ Anita (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	Cinco de Mayo 9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Amber (ER) 10:45am Activity Planning Meeting (ER) 2:00pm Cinco De Mayo themed Performance (DR) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	10:00am Exercise with Michelle (ER) 11:00am Bible Study (ER) 11:00am Lunch Bunch: Jack Stack BBQ (L) 2:00pm Resident Council Meeting (DR) 3:00pm Hooked on Books: Book Club (ER) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am C.O.A Recorded Mass (ER) 2:00pm Art with Andrea (CS) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:30am Mother's Day Flowers (L) 10:00am Morning Stretch (ER) 10:45am Price Is Right Game (ER) 2:00pm Jewelry Making (CS) 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	9:30am Vintage Saturday Morning Cartoons (ER) 10:00am Walking Club (L) 11:00am Buzzwords Game (L) 1:30pm Music w/ Steve Kakacek (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)
Mother's Day 10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (B) 3:00pm Travelogue (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Laughter is the Best Medicine Reading (ER) 2:00pm Resident Block Party 1st Floor (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Exercise DVD (ER) 11:00am Bible Study (ER) 3:00pm Uncorked and Decanted: The Tales of the White House (B) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Chapel Service with Chaplain Turner (ER) 1:00pm Church of Ascension Recorded Mass (ER) 3:00pm Easy Bingo (B) 6:30pm Movie Night (ER)	9:15am Shopping Trip: Target (L) 9:30am Morning Chat (L) 10:00am Resident Mixer (L) 2:00pm Mini Manicures (CS) 3:30pm Happy Hour w/ Perry White (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Morning Exercise DVD (ER) 11:00am Buzzwords Game (L) 2:00pm Documentary : (ER) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	10:00am Beginner's Chair Yoga (ER) 10:30am Spiritual Reflections (ER) 2:00pm Bingo Store (ER) 3:00pm Trivia Time (ER) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Amber (ER) 10:30am Travelogue (ER) 2:00pm Candace Evans on the Piano (L) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Exercise with Amber (ER) 11:00am Bible Study (ER) 2:00pm Just the 2 of us performing (DR) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Music w/ Rob McHenry (ER) 1:00pm C.O.A Recorded Mass (ER) 2:00pm The Dining Experience with Chef Tim (DR) 3:00pm Easy Bingo (DR) 6:30pm Movie Night (ER)	9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 2:00pm Basic Crocheting (CS) 3:30pm Happy Hour with Katie Hurcomb (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Morning Exercise DVD (ER) 11:00am Buzzwords Game (L) 2:00pm Documentary : (ER) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)	Memorial Day 10:00am Morning Stretch w/ Amber (ER) 10:30am Spiritual Reflections (ER) 2:00pm Trivia Time (B) 5:30pm Puzzling with Friends (CS) 6:30pm Movie Night (ER)	9:30am Catholic Comm. and Rosary (CS) 10:00am Exercise with Legacy (ER) 10:45am Laughter is the Best Medicine Reading (ER) 2:00pm Alligator Shoes Performs (DR) 3:00pm Advanced Bingo (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Exercise with Michelle (ER) 11:00am Bible Study (ER) 2:00pm Resident Block Party 2nd Floor (B) 4:00pm Wine Down Wednesday (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 10:00am Sit and Lift with Legacy (ER) 10:30am Art with Andrea (B) 1:00pm C.O.A Recorded Mass (ER) 2:00pm Big Big Bingo (DR) 6:30pm Movie Night (ER)	9:15am Shopping trip: Walmart (L) 9:30am Morning Chat (L) 10:00am Morning Stretch (ER) 2:00pm Mini Manicures (CS) 3:30pm Happy Hour (B) 6:30pm Movie Night (ER)	9:15am Visiting with Neighbors (L) 9:30am Vintage Saturday Morning Cartoons (ER) 10:00am Walking Club (L) 11:00am Buzzwords Game (L) 2:00pm Advanced Bingo (B) 3:15pm Making Collages (CS) 6:30pm Movie Night (ER)
10:00am Church of Ascension Recorded Mass (ER) 1:00pm Church of the Resurrection Satellite Service (Recorded) (ER) 2:00pm Movie Matinee (ER) 6:00pm (Resident Led) Table Games (L) 6:30pm Movie Night (ER)						

Happy Birthday!

Wishing these residents a happy birthday!

- Karen S. - 10th
- Daryl C. - 16th
- Betty R. - 19th
- David S. - 28th
- Rebecca "Becki" H. - 30th
- Elaine D. - 31st



*All activities are subject to change!

Locations

Location Key

- B = Bistro
- CS = Creative Studio
- DR = Dining Room
- ER = Entertainment Room
- LP = Large Patio
- L = Lobby
- PDR = Private Dining Room

May 2026

Alto Overland Park- Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>9:00 Reading with Joyce (A) 3</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>11:00 Lets Worship Together (A)</p> <p>1:00 Johnny Carson Show (MR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Movie on IN2L (A)</p> <p>6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 4</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:30 Bible Study (A)</p> <p>1:30 Walking Club (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Lets Play A Game (DR)</p> <p>6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 5</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Catholic Communion (D)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Beauty Salon Time (A)</p> <p>2:00 Music with Katie (DR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Trivia Tuesday (A)</p> <p>6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 6</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Beauty Salon Time (A)</p> <p>2:00 Music with Katie (DR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Manicures (DR)</p> <p>6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (A) 7</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Parachute ball game (A)</p> <p>2:00 Music with Andrea (MR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles and Music Hour (A)</p> <p>6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 8</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:30 Brain Works (A)</p> <p>1:00 Ball swat game (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Music on TV (DR)</p> <p>6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (A) 2</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:00 Trivia (A)</p> <p>1:00 Memory Baskets (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles, Mazes and Word Searches (A)</p> <p>6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (A) 10</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>11:00 Lets Worship Together (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Movie on IN2L (A)</p> <p>6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (A) 11</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:00 Ladies Tea (D)</p> <p>10:30 Bible Study (A)</p> <p>1:30 Walking Club (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Lets Play A Game (DR)</p> <p>6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 12</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Baking in Mom's Kitchen (B)</p> <p>10:00 Catholic Communion (D)</p> <p>10:00 Hydration Cart (DR)</p> <p>2:00 Bowling (A)</p> <p>2:00 Music with DJ Gem (DR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Trivia Tuesday (A)</p> <p>6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 13</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Beauty Salon Time (A)</p> <p>2:00 Memory Baskets (DR)</p> <p>2:00 Music with Katie (DR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Manicures (DR)</p> <p>6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 14</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Parachute ball game (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles and Music Hour (A)</p> <p>6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 15</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:30 Brain Works (A)</p> <p>1:00 Ball swat game (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Music on TV (DR)</p> <p>6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (A) 16</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:00 Trivia (A)</p> <p>1:00 Memory Baskets (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles, Mazes and Word Searches (A)</p> <p>6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (ER) 17</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>11:00 Lets Worship Together (A)</p> <p>1:00 Johnny Carson Show (MR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Movie on IN2L (A)</p> <p>6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 18</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:30 Bible Study (A)</p> <p>10:30 Live Music with Rob McHenry (DR)</p> <p>1:30 Walking Club (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Lets Play A Game (DR)</p> <p>6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 19</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Catholic Communion (D)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:00 Table Games (B)</p> <p>2:00 Bingo (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Trivia Tuesday (A)</p> <p>6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 20</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:30 Picnic at Olathe Lake (O)</p> <p>2:00 Music with Katie (DR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Manicures (DR)</p> <p>6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 21</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Parachute ball game (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles and Music Hour (A)</p> <p>6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 22</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:30 Brain Works (A)</p> <p>1:00 Ball swat game (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Music on TV (DR)</p> <p>6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (A) 23</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:00 Trivia (A)</p> <p>1:00 Memory Baskets (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles, Mazes and Word Searches (A)</p> <p>6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (ER) 24</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>11:00 Lets Worship Together (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Movie on IN2L (A)</p> <p>6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 25</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:00 Men's Social (D)</p> <p>10:30 Bible Study (A)</p> <p>1:30 Discussion of Memorial Day (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Lets Play A Game (DR)</p> <p>6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 26</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Baking in Mom's Kitchen (B)</p> <p>10:00 Catholic Communion (D)</p> <p>10:00 Hydration Cart (DR)</p> <p>2:00 Music with DJ Gem (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Trivia Tuesday (A)</p> <p>6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 27</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Beauty Salon Time (A)</p> <p>2:00 Memory Baskets (DR)</p> <p>2:00 Music with Katie (DR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Manicures (DR)</p> <p>6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 28</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>1:00 Parachute ball game (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles and Music Hour (A)</p> <p>6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 29</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:30 Brain Works (A)</p> <p>1:00 Ball swat game (A)</p> <p>2:00 Happy Hour (DR)</p> <p>3:00 Music on TV (DR)</p> <p>6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (A) 30</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>10:00 Trivia (A)</p> <p>1:00 Memory Baskets (A)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:00 Puzzles, Mazes and Word Searches (A)</p> <p>6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (ER) 31</p> <p>9:30 Exercise With Mary (ER)</p> <p>10:00 Hydration Cart (DR)</p> <p>11:00 Lets Worship Together (A)</p> <p>1:00 Johnny Carson Show (MR)</p> <p>2:30 Let's Have A Snack (DR)</p> <p>3:30 Movie on IN2L (A)</p> <p>6:00 Sunday Night at the Movies (D)</p>						

Happy Birthday!

No Birthdays in May

May 20th we will be taking a bus ride and going to Olathe Lake for a sack lunch we will be gone from 10:30am-around 2pm.

Alzheimer's Support Group
May 6th-6:30p-8pm
In our private dining room

Locations

Location Key

- A = Activity Room
- B = Bistro
- O = Community Outing
- CS = Creative Studio
- D = Den
- DR = Dining Room
- ER = Entertainment Room
- LP = Large Patio
- L = Lobby
- MR = Music Room
- PDR = Private Dining Room
- SR = Sensory Room