

March 2026

Alto Evergreen Walk - Assisted Living



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|---|---|
| <p>10:00 Sunday Mass (TT) 10:00 Sunday Stretch (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Whiteboard Word Wizards Challenge (TT) 1:30 Bible in a Year (PD) 2:30 Pokeno! (AR) 3:30 Travelogue and Discission: London (TT) 6:00 Movie: Missing the Boat (TT) 7:30 UCONN Women's Basketball (TT)</p> | <p>10:00 Get Fit Exercise (GG) 10:30 Hot Chocolate and Daily Wordsearch (B) 11:00 Morning Chat – Independent (CR) 11:00 Play Family Feud! (TT) 1:30 Bible in a Year (PD) 2:30 Barbara Walters: Tell Me Everything Documentary (TT) 4:00 March Trivia by the Fire (E) 6:15 Movie: Respect (TT)</p> | <p>10:00 Mass Communion & Rosary (TT) 10:00 Stretch It Out (GG) 10:30 Daily Wordsearch (B) 11:00 Jeopardy Challenge (TT) 1:00 Resident Choir Rehaersal (E) 2:15 Bible in a Year (PD) 2:30 Chair Yoga (GG) 3:00 Bingo w/SWHS (AR) 3:00 Rummikub – Independent (B) 4:00 Name that Tune (AR) 6:15 Movie: The Sons of Katie Elder (TT)</p> | <p>10:00 Sunrise Stretch (GG) 10:30 Daily Wordsearch (B) 11:00 Wisdom Exchange Challenge 12:45 Bible in a Year (PD) 1:30 Jeff the Plant Guy (TT) 3:00 Bowling w/SWHS (GR) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Song Sung Blue (TT)</p> | <p>10:00 Stretch It Out Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Baking: Irish Soda Bread (B) 1:30 Bible in a Year (PD) 2:30 Gentle Movement Circuit Challenge (GG) 3:00 Set Back Card Game (GR) 3:15 Play Family Fued! (TT) 3:30 Happy Hour with Al Raebuck Entertainment (E) 6:15 Movie: The Notebook (TT)</p> | <p>10:00 Friday Exercise Fun (GG) 10:30 Daily Wordsearch (B) 11:00 Shabbat Gratitude Circle (TT) 1:30 Bible in a Year (PD) 2:30 Crafting with Amy (AR) 3:30 Ted Talk: Tom Sullivan: The Award for Best Comedy Wildlife Goes to... (TT) 4:00 Happy Hour by the Fire (E) 6:15 Netflix Series: The Crown (TT)</p> | <p>10:00 Rock 'n Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 30 Most Beautiful Cities in the World (TT) 1:15 Bible in a Year (PD) 2:00 Musical: Guys and Dolls (TT) 6:15 Movie: Rumor Has It (TT)</p> |
| <p>AD Daylight Savings Time Begins 10:00 Sunday Mass (TT) 10:00 Sunday Stretch (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Word Within a Word (AR) 1:15 Bible in a Year (PD) 2:00 Maggie & Family Irish Music & Step Dancing (E) 3:15 Crossword Challenge (TT) 4:00 18 Most Beautiful Towns and Villages to Visit in Ireland (TT) 6:15 Movie: Monster-In-Law (TT)</p> | <p>10:00 Get Fit Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Morning Chat – Independent (CR) 11:00 Play Family Fued! (TT) 1:15 Bible in a Year (PD) 2:00 Book Club: Choose Your Own (LI) 3:30 Guided Meditation (TT) 4:00 Trivia by the Fire (E) 6:15 Movie: Ella McCay (TT)</p> | <p>10:00 Mass Communion & Rosary (TT) 10:00 Stretch It Out (GG) 10:30 Daily Wordsearch (B) 11:00 Katelyn w/Fox Rehab: Health Talk (TT) 1:30 Bible in a Year (PD) 2:30 Chair Yoga (GG) 3:00 Bingo w/SWHS (AR) 3:00 Rummikub – Independent (B) 4:00 Tech Time: Bring a Device! (AR) 6:15 Movie: Second Hand Lions (TT)</p> | <p>10:00 Sunrise Stretch (GG) 10:30 Daily Wordsearch (B) 11:00 Pictionary (AR) 1:30 Bible in a Year (PD) 2:15 Spring Craft (AR) 3:00 Bowling w/SWHS (GR) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Same Time, Next Year (TT)</p> | <p>10:00 Stretch It Out Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Bermuda Cultural Exploration: Sights and Sounds (TT) 1:30 Bible in a Year (PD) 2:30 Chair Yoga (GG) 3:00 Greta Thunberg Documentary: "I Am Greta" (TT) 3:00 Set Back Card Game (GR) 6:15 Movie: Lee Daniels': The Butler (TT)</p> | <p>10:00 Friday Exercise Fun (GG) 10:30 Daily Wordsearch (B) 11:00 Shabbat Gratitude Circle (TT) 11:45 Out Trip: Longhorn Steakhouse (ML) 2:45 Bible in a Year (PD) 3:30 Ted Talk: Brian McLean: The Art (and Science) of Stop-Motion Animation (TT) 4:00 Happy Hour by the Fire (E) 6:15 Netflix Series: The Crown (TT)</p> | <p>10:00 Rock 'n Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Make Banana Cream Pies for "Pi Day" (B) 1:15 Bible in a Year (PD) 2:00 Bingo Extravaganza (TT) 3:00 Cincinnati Symphony Orchestra: Berlioz: Symphonie Fantastique: All 5 Movements! (TT) 6:15 Movie: Life of Pi (TT)</p> |
| <p>AD Red Carpet Day - Oscars 10:00 Sunday Mass (TT) 10:00 Sunday Stretch (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Oscars - Movie Trivia (AR) 1:30 Qigong with Marivic (GG) 2:30 All 10 Oscars 2026 Best Picture Nominees, Ranked (TT) 3:00 Charades: Past Oscar Winners (AR) 4:00 Oscars Happy Hour (E) 7:00 Oscars 2026 (TT)</p> | <p>10:00 Get Fit Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Morning Chat – Independent (CR) 11:00 Play Jeopardy (TT) 1:30 Bible in a Year (PD) 2:30 SCOTLAND Ultimate Travel Guide - The Incredible Land of Highlands and Lochs (TT) 3:30 Crossword Challenge (TT) 4:00 Trivia by the Fire (E) 6:15 Movie: Train Dreams (TT)</p> | <p>AD St. Patrick's Day 10:00 Mass Communion & Rosary (TT) 10:00 Stretch It Out (GG) 10:30 St. Patrick's Day Wordsearch (B) 1:00 Resident Choir Rehearsal (E) 2:00 Bible in a Year (PD) 3:00 Lord of the Dance 1996 Michael Flatley (AR) 3:00 Rummikub – Independent (B) 6:15 Movie: Love of the Irish (TT)</p> | <p>10:00 Sunrise Stretch (GG) 10:30 Daily Wordsearch (B) 11:00 Health Talk with Kylie (GG) 1:15 Bible in a Year (PD) 2:00 Birthdays:East Chicago Joe (E) 2:00 Veteran's Group (CR) 3:00 Bowling w/SWHS (GR) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Blended (TT)</p> | <p>10:00 Stretch It Out Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Baking: Orange Bread (B) 1:30 Bible in a Year (PD) 2:30 Chair Yoga (GG) 3:00 Documentary: I Am Big Bird: The Carol Spinney Story (TT) 3:00 Set Back Card Game (GR) 6:15 Movie: Flipped (TT)</p> | <p>10:00 Friday Exercise Fun (GG) 10:30 Daily Wordsearch (B) 11:00 Shabbat Gratitude Circle (TT) 1:30 Bible in a Year (PD) 2:30 Craft with Stephanie (AR) 3:30 Ted Talk: Jake Barton: The Museum of You (TT) 4:00 Happy Hour by the Fire (E) 6:15 Netflix Series: The Crown (TT)</p> | <p>10:00 Rock 'n Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Word Unscramble Challenge (AR) 1:15 Bible in a Year (PD) 2:00 Musical: South Pacific (TT) 6:15 Movie: It Was Always You (TT)</p> |
| <p>10:00 Sunday Mass (TT) 10:00 Sunday Stretch (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Whiteboard Boggle (AR) 1:30 Bible in a Year (PD) 2:30 Wonders of Argentina: The Most Amazing Places in Argentina (TT) 3:30 Play Jeopardy (TT) 4:00 Happy Hour by the Fire (E) 6:15 Movie: The American President (TT)</p> | <p>10:00 Get Fit Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Cranium Crunches (TT) 11:00 Morning Chat – Independent (CR) 1:15 Bible in a Year (PD) 2:00 Book Club: Choose Your Own (LI) 3:30 Guided Meditation (TT) 4:00 Trivia by the Fire (E) 6:15 Movie: Dr. No (TT)</p> | <p>10:00 Mass Communion & Rosary (TT) 10:00 Stretch It Out (GG) 10:30 Daily Wordsearch (B) 11:00 Watercolors with Paul (AR) 1:15 Bible in a Year (PD) 2:00 Resident Council (TT) 3:00 Bingo w/SWHS (AR) 3:00 Rummikub – Independent (B) 3:30 Chair Yoga (GG) 4:00 Tech Time: Bring a Device! (AR) 6:15 Movie: Sabrina (1995) (TT)</p> | <p>AD Baseball Opening Day 10:00 Sunrise Stretch (GG) 10:30 Baseball Wordsearch (B) 10:30 Oil Painting Workshop with Brianna (AR) 1:30 Food/Beverage Discussion (R) 2:00 Bible in a Year (PD) 3:00 Bowling w/SWHS (GR) 3:00 Poker – Independent (CR) 4:00 Sunset Mocktail Mixer 6:15 Movie: The Bucket List (TT)</p> | <p>10:00 Stretch It Out Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Cooking: Crème Brûlée French Toast (B) 1:30 Bible in a Year (PD) 2:30 Chair Yoga (GG) 3:00 Documentary: Wings of Honor (TT) 3:00 Set Back Card Game (GR) 4:00 Happy Hour by the Fire (E) 6:15 Movie: They Were Expendable (TT)</p> | <p>10:00 Friday Exercise Fun (GG) 10:30 Daily Wordsearch (B) 11:00 Shabbat Gratitude Circle (TT) 11:45 Out Trip: Wood N' Tap (ML) 2:45 Bible in a Year (PD) 3:30 Ted Talk: Khaya Dlanga: What gets lost when we treat conversations like transactions (TT) 4:00 Happy Hour by the Fire (E) 6:15 Netflix Series: The Crown (TT)</p> | <p>10:00 Rock 'n Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Word Chain Challenge 1:15 Bible in a Year (PD) 2:00 Travel and Discussion: Sojourn in Sweden (TT) 3:00 Bingo Extravaganza (TT) 4:00 Happy Hour by the Fire (E) 6:15 Movie: Love Happens (TT)</p> |
| <p>AD Palm Sunday 10:00 Sunday Mass (TT) 10:00 Sunday Stretch (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Crossword Challenge (TT) 1:30 Qigong with Marivic (GG) 2:30 Bible in a Year (PD) 3:30 Ladderball (AR) 6:15 Movie: Big Business (TT)</p> | <p>10:00 Get Fit Exercise (GG) 10:30 Daily Wordsearch (B) 11:00 Morning Chat – Independent (CR) 11:00 Play Family Fued! (TT) 2:00 Bible in a Year (PD) 3:00 Crossword Challenge (TT) 4:00 Trivia by the Fire (E) 6:15 Movie: The Proposal (TT)</p> | <p>10:00 Mass Communion & Rosary (TT) 10:00 Stretch It Out (GG) 10:30 Daily Wordsearch (B) 1:30 Bible in a Year (PD) 2:30 Chair Yoga (GG) 3:00 Bingo w/SWHS (AR) 3:00 Rummikub – Independent (B) 4:00 Guess Who? Resident Spotlight Game (TT) 6:15 Movie: Gracie's Choice (TT)</p> | | | | |

Happy Birthday!

Residents

Brad V. – 2nd
Paul M. – 3rd
Ellen G. – 7th
Carol P. – 15th
Rich Z. – 15th

Associates

Eddie V. – 3/4
Anita D. – 3/5
Veronica O. – 3/6
Nicola W. – 3/10
Marsha N. – 3/11
Akua B. – 3/12
Deborah C. – 3/17
Nadifo M. – 3/20
Michele D. – 3/31

Locations

AR = Activity Room
B = Bistro
CR = Club Room
E = Encore Bar & Lounge
GR = Game Room
GG = Gym
LI = Library
ML = Main Lobby
MR = Main Restaurant
PD = Private Dining Room
TT = Theatre

March 2026

Alto Evergreen Walk - Ensemble



Around Our Community

Happy Birthday!
Ronald "Ron" H. - 11th
Sheila S. - 29th

Entertainment
Music with Blaise
3/5
1:30PM
Music with Karl
3/13
1:30pm

Joke of the Month:
Q: Why should you never iron
a four-leaf clover?
A: You don't want to press
your luck!

Locations

BL = Back Living Room

EK = Ensemble Kitchen

FL = Front Living Room

SL = Side Living Room

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|--|
| 9:30 Morning Weather (BL) 1 10:00 Eucharist (BL) 10:30 Stretching & Flexing (BL) 11:00 Words That Start w/M (BL) 1:30 Senior Living Ministries (FL) 2:00 Women's History Month (SL) 2:30 White Board Game (BL) 3:30 Fidget Exploration (BL) 4:00 Karaoke Song Time (BL) 5:30 Sunday Night Football (BL) | 9:30 Coffee & Chat (BL) 2 10:00 Meditation Mass (BL) 10:30 Morning Exercise (FL) 11:00 Dr. Seuss's World (SL) 1:30 History On This Day (FL) 2:00 Music & Puzzles (FL) 2:30 Majestic Horses (BL) 3:30 Warm Hand Towels (FL) 4:00 Before Dinner Flexing (BL) 5:30 Story: Book of Esther (BL) | 9:30 Wheel of Fortune (BL) 3 10:00 Communion (BL) 10:30 Chair Aerobics Exercise (EK) 11:00 Word Search Game (BL) 1:30 Short Story Book Club (BL) 2:00 Blueberry Angel Cake (BL) 2:30 Exploration Word Games (BL) 3:30 Warm Hand Towels (FL) 4:00 Trivia Challenge (FL) 5:30 Classic Movie Nights (BL) | 9:30 News & Updates (BL) 4 10:00 Daily Mass (BL) 10:30 Word Brain Game (BL) 11:00 Exercise Music Circle (BL) 1:30 Classic Book Club (FL) 2:00 OUISI: Yes, yes, Game (FL) 2:30 Tabletop Games (FL) 3:30 Warm Hand Towels (FL) 4:00 Midweek Music Circle (BL) 5:30 Movie Mysteries (BL) | 9:30 Cinco de Marzo (BL) 5 10:00 Mass & Meditation (BL) 10:30 London Through the Ages (FL) 11:00 Tone Up Thursday (FL) 1:30 Entertainment with Blaise (FL) 2:00 Puzzle Game Bit by Bit (BL) 2:30 Global Music Journey (BL) 3:30 Warm Hand Towels (FL) 4:00 Music Circle (SL) 5:30 Thursday Football Night (BL) | 9:30 The Price Is Right (BL) 6 10:00 Eucharist (BL) 10:30 Aerobic Fitness Friday (BL) 11:00 Express Words Game (BL) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 2:30 History Exploring Food (FL) 3:00 Journalist Stories (FL) 4:00 Balloon Exercise (BL) 5:30 Musical Cinema (BL) | 9:30 News & Updates (BL) 7 10:00 Mass & Meditation (BL) 10:30 Meditation Music (BL) 11:00 Stretching Workout (BL) 1:30 Virtual: Beatles Concert Experience (BL) 2:00 Fidgets Discovery (FL) 2:30 Chat: Conversation Cards (BL) 3:30 Mini Movie: Short Stories (FL) 4:00 Exploration Word Games (BL) 5:30 Weekend: Movie Comedy (BL) |
| 9:30 Day Light Saving (BL) 8 10:00 Eucharist (BL) 10:30 Words That Start w/A (BL) 11:00 Yoga with Masila (BL) 1:30 Senior Living Ministries (FL) 2:00 Women's History Month (SL) 2:30 White Board Game (BL) 3:30 Fidget Exploration (BL) 4:00 Karaoke Song Time (BL) 5:30 Sunday Night Football (BL) | 9:30 Coffee & Chat (BL) 9 10:00 Meditation Mass (BL) 10:30 Morning Exercise (FL) 11:00 Conversation Cards (SL) 1:30 History On This Day (FL) 2:00 Music & Puzzles (FL) 2:30 March Madness Trivia (BL) 3:30 Warm Hand Towels (FL) 4:00 Before Dinner Flexing (BL) 5:30 Virtual: Concert Series (BL) | 9:30 Wheel of Fortune (BL) 10 10:00 Communion (BL) 10:30 Chair Aerobics Exercise (EK) 11:00 Paper Money Journey (BL) 1:30 Short Story Book Club (BL) 2:00 Baking: Moist Lemon Cake (BL) 2:30 Exploration Word Games (BL) 3:30 Warm Hand Towels (FL) 4:00 Trivia Challenge (FL) 5:30 Classic Movie Nights (BL) | 9:30 News & Updates (BL) 11 10:00 Daily Mass (BL) 10:30 Word Brain Game (BL) 11:00 Exercise Music Circle (BL) 1:30 Classic Book Club (FL) 2:00 OUISI: Yes, yes, Game (FL) 2:30 Tabletop Games (FL) 3:30 Warm Hand Towels (FL) 4:00 Midweek Music Circle (BL) 5:30 Movie Mysteries (BL) | 9:30 Tea & Coffee Chat (BL) 12 10:00 Mass & Meditation (BL) 10:30 The Sounds of Nature (FL) 11:00 Tone Up Thursday (FL) 1:30 Orange Hues Art (FL) 2:00 Puzzle Game Bit by Bit (BL) 3:30 Virtual: Global Music (BL) 3:30 Warm Hand Towels (FL) 4:00 Music Circle (SL) 5:30 Thursday Football Night (BL) | 9:30 The Price Is Right (BL) 13 10:00 Eucharist (BL) 10:30 Aerobic Fitness Friday (BL) 11:00 Express Words Game (BL) 1:30 Entertainment with Karl (FL) 2:00 Expressive Art & Music (BL) 2:30 History Exploring Food (FL) 3:00 Journalist Stories (FL) 4:00 Balloon Exercise (BL) 5:30 Musical Cinema (BL) | 9:30 News & Updates (BL) 14 10:00 Mass & Meditation (BL) 10:30 Meditation Music (BL) 11:00 Stretching Workout (BL) 1:30 History: Pi Day Math (BL) 2:00 Fidgets Discovery (FL) 2:30 Chat: Conversation Cards (BL) 3:30 Mini Movie: Short Stories (FL) 4:00 Exploration Word Games (BL) 5:30 Weekend: Movie Comedy (BL) |
| 9:30 Morning Weather (BL) 15 10:00 Eucharist (BL) 10:30 Stretching & Flexing (BL) 11:00 Words That Start w/R (BL) 1:30 Senior Living Ministries (FL) 2:00 Women's History Month (SL) 2:30 White Board Game (BL) 3:30 Fidget Exploration (BL) 4:00 Karaoke Song Time (BL) 5:30 Sunday Night Football (BL) | 9:30 Coffee & Chat (BL) 16 10:00 Meditation Mass (BL) 10:30 Morning Exercise (FL) 11:00 Conversation Cards (SL) 1:30 History On This Day (FL) 2:00 Music & Puzzles (FL) 2:30 March Madness Trivia (BL) 3:30 Warm Hand Towels (FL) 4:00 Before Dinner Flexing (BL) 5:30 Virtual: Concert Series (BL) | 9:30 Early Morning Trivia (FL) 17 10:00 Communion (BL) 10:30 Watercolors Art with Paul (SL) 11:00 Word Search Game (BL) 1:30 The Bucket Challenge (BL) 2:00 St. Patrick's Parfait Cups (BL) 2:30 Exploration Word Games (BL) 3:30 Warm Hand Towels (FL) 4:00 Chair Aerobics Exercise (BL) 5:30 Classic Movie Nights (BL) | 9:30 News & Updates (BL) 18 10:00 Daily Mass (BL) 10:30 Word Brain Game (BL) 11:00 Exercise Music Circle (BL) 1:30 Classic Book Club (FL) 2:00 OUISI: Yes, yes, Game (FL) 2:30 Gregory Peck Movie: McKenna's Gold (FL) 3:30 Warm Hand Towels (FL) 4:00 Midweek Music Circle (BL) 5:30 Movie Mysteries (BL) | 9:30 Tea & Coffee Chat (BL) 19 10:00 Mass & Meditation (BL) 10:30 The Sounds of Nature (FL) 11:00 Tone Up Thursday (FL) 1:30 Green Abstract Art (FL) 2:00 Puzzle Game Bit by Bit (BL) 3:30 Virtual: Global Music (BL) 3:30 Warm Hand Towels (FL) 4:00 Music Circle (SL) 5:30 Thursday Football Night (BL) | 9:30 The Price Is Right (BL) 20 10:00 Eucharist (BL) 10:30 Reborn: Reasons w/Jaime (BL) 11:00 Mr. Rogers' Cherry Craft (BL) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 2:30 History Exploring Food (FL) 3:00 Journalist Stories (FL) 4:00 Balloon Exercise (BL) 5:30 Musical Cinema (BL) | 9:30 News & Updates (BL) 21 10:00 Mass & Meditation (BL) 10:30 Meditation Music (BL) 11:00 Stretching Workout (BL) 1:30 Ensemble I Spy Game (BL) 2:00 Fidgets Discovery (FL) 2:30 World Poetry Day (BL) 3:30 Mini Movie: Short Stories (FL) 4:00 Exploration Word Games (BL) 5:30 Weekend: Movie Comedy (BL) |
| 9:30 Morning Weather (BL) 22 10:00 Eucharist (BL) 10:30 Stretching & Flexing (BL) 11:00 Words That Start w/C (BL) 1:30 Senior Living Ministries (FL) 2:00 Women's History Month (SL) 2:30 White Board Game (BL) 3:30 Fidget Exploration (BL) 4:00 Karaoke Song Time (BL) 5:30 Sunday Night Football (BL) | 9:30 Coffee & Chat (BL) 23 10:00 Meditation Mass (BL) 10:30 Morning Exercise (FL) 11:00 Conversation Cards (SL) 1:30 History On This Day (FL) 2:00 Music & Puzzles (FL) 2:30 March Madness Trivia (BL) 3:30 Warm Hand Towels (FL) 4:00 Before Dinner Flexing (BL) 5:30 Virtual: Concert Series (BL) | 9:30 Early Morning Trivia (FL) 24 10:00 Communion (BL) 10:30 Fitness Tuesday (FL) 11:00 Word Search Game (BL) 1:30 Short Story Book Club (BL) 2:00 Baking: Honey Corn Bread (BL) 2:30 Exploration Word Games (BL) 3:30 Warm Hand Towels (FL) 4:00 Chair Aerobics Exercise (BL) 5:30 Classic Movie Nights (BL) | 10:00 Daily Mass (BL) 25 10:30 Word Brain Game (BL) 11:00 Exercise Music Circle (BL) 1:30 Classic Book Club (FL) 2:00 OUISI: Yes, yes, Game (FL) 2:30 Tabletop Games (FL) 3:00 Base Ball's Day Open (FL) 3:30 Warm Hand Towels (BL) 4:00 Midweek Music Circle (BL) 5:30 Movie Mysteries (BL) | 9:30 Tea & Coffee Chat (BL) 26 10:00 Mass & Meditation (BL) 10:30 The Sounds of Nature (FL) 11:00 Tone Up Thursday (FL) 1:30 Sunset Yellow Painting (FL) 2:00 Puzzle Game Bit by Bit (BL) 2:30 Monthly Birthday Party (FL) 3:30 Warm Hand Towels (BL) 4:00 Music: Pendergrass (SL) 5:30 Thursday Football Night (BL) | 9:30 The Price Is Right (BL) 27 10:00 Eucharist (BL) 10:30 Aerobic Fitness Friday (BL) 11:00 Express Words Game (BL) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 2:30 History Exploring Food (FL) 3:30 The Journalist Storytime (FL) 4:00 Balloon Exercise (BL) 5:30 Musical Cinema (BL) | 9:30 News & Updates (BL) 28 10:00 Mass & Meditation (BL) 10:30 Meditation Music (BL) 11:00 Stretching Workout (BL) 1:30 Ensemble I Spy Game (BL) 2:00 Fidgets Discovery (FL) 2:30 Chat: Conversation Cards (BL) 3:30 Mini Movie: Short Stories (FL) 4:00 Exploration Word Games (BL) 5:30 Weekend: Movie Comedy (BL) |
| 9:30 Palm Sunday (BL) 29 10:00 Eucharist (BL) 10:30 Stretching & Flexing (BL) 11:00 Words That Start w/ H (BL) 1:30 Senior Living Ministries (FL) 2:00 Women's History Month (SL) 2:30 White Board Game (BL) 3:30 Fidget Exploration (BL) 4:00 Karaoke Song Time (BL) 5:30 Sunday Night Football (BL) | 9:30 Coffee & Chat (BL) 30 10:00 Meditation Mass (BL) 10:30 Morning Exercise (FL) 11:00 Conversation Cards (SL) 1:30 History On This Day (FL) 2:00 Music & Puzzles (FL) 2:30 March Madness Trivia (BL) 3:30 Warm Hand Towels (FL) 4:00 Discussion: Van Gogh's Starry Night (BL) 5:30 Virtual: Concert Series (BL) | 9:30 Early Morning Trivia (FL) 31 10:00 Communion (BL) 10:30 Fitness Tuesday (FL) 11:00 Word Search Game (BL) 1:30 Short Story Book Club (BL) 2:00 Marmalade Tasting (BL) 2:30 Exploration Word Games (BL) 3:30 Warm Hand Towels (FL) 4:00 Chair Aerobics Exercise (BL) 5:30 Classic Movie Nights (BL) | | | | |

March 2026

Alto Evergreen Walk Interlude

Alto

Senior Living by Allegro

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|--|--|
| <p>10:00 Live Stream Mass (TT) 1</p> <p>10:30 Sunday Stretch (LR)</p> <p>11:00 Community Scrapbook (LR)</p> <p>1:00 "The Story of The Irish" (TT)</p> <p>2:15 Mugs & Melodies (LR)</p> <p>3:00 Ring Toss (LR)</p> <p>4:00 Golden Memories: Hometowns (TT)</p> <p>7:30 UCONN Women's Basketball (TT)</p> | <p>10:00 Monday Meditation (TT) 2</p> <p>10:30 "My Dog, My Hero" Chapter 1</p> <p>11:00 How It's Made: Lincoln Logs (LR)</p> <p>1:00 Name That Tune: American Songbook (LR)</p> <p>2:00 Tempo & Texture: Dr. Seuss Day Bookmarks (LR)</p> <p>3:00 Volleyball (LR)</p> <p>4:00 Virtual Tour: Belfast (LR)</p> <p>6:00 Hollywood Classic Movie (TT)</p> | <p>10:00 Sunrise Stretch (TT) 3</p> <p>10:30 Around CT: Mystic Aquarium (LR)</p> <p>11:00 Art By Numbers: Shamrocks (LR)</p> <p>1:00 Resident Choir Rehearsal (E)</p> <p>2:00 Bingo Fun for All (LR)</p> <p>3:00 Ladder Ball (LR)</p> <p>4:00 "Magic of Disney's Animal Kingdom" (TT)</p> <p>6:00 Movie Musical (TT)</p> | <p>10:00 Chair Yoga (TT) 4</p> <p>10:30 Baking Club: Shamrock Shakes (B)</p> <p>11:00 Women's History Month: Arts & Culture (LR)</p> <p>1:15 Finish the Lyrics (TT)</p> <p>1:30 Out Trip: Friendly's Ice Cream (OT)</p> <p>2:00 Snacks & Facts (RA)</p> <p>3:00 Bowling (LR)</p> <p>3:45 "Epic Yellowstone: Fire and Ice" (TT)</p> <p>6:00 Biographical Picture (TT)</p> | <p>10:00 Fitness Dice Exercise (TT) 5</p> <p>10:30 Mixed Media: Brush Pens (LR)</p> <p>11:00 Trivia Time: Geography (LR)</p> <p>1:00 "CMT Crossroads: Sheryl Crow & Willie Nelson" (TT)</p> <p>2:00 Craft Club: Collages (LR)</p> <p>3:00 Bean Bag Target Toss (TT)</p> <p>3:45 "Lost Cities Revealed: The Great Flood" (TT)</p> <p>6:00 Historical Film (TT)</p> | <p>10:00 Friday Exercise Fun (TT) 6</p> <p>10:30 You Be The Judge (TT)</p> <p>11:00 Jeopardy! (TT)</p> <p>1:00 Travelogue: London- Then & Now (TT)</p> <p>2:00 Snack & Sing Karaoke (RA)</p> <p>3:00 Cornhole (LR)</p> <p>4:00 Gratitude Group: Thank You Cards (TT)</p> <p>6:00 Comedy Movie (TT)</p> | <p>10:00 Rock 'n Exercise (TT) 7</p> <p>10:30 Guess in 10: Animals (TT)</p> <p>11:00 Family Feud Game (TT)</p> <p>12:30 UCONN Men's Basketball (TT)</p> <p>1:00 Bingo Extravaganza (LR)</p> <p>2:00 Garden Tea Party (RA)</p> <p>3:00 Horseshoe Game</p> <p>4:00 Timeline Talk (TT)</p> <p>6:00 Concert Film (TT)</p> |
| <p>10:00 Live Stream Mass (TT) 8</p> <p>10:30 Sunday Stretch (LR)</p> <p>11:00 Community Scrapbook (LR)</p> <p>1:00 "The Story of The Irish" (TT)</p> <p>2:00 Maggie & Family Irish Music & Step Dancing (E)</p> <p>3:00 Ring Toss (LR)</p> <p>4:00 Golden Memories Chat: Vacations (TT)</p> <p>6:00 Romantic Comedy (TT)</p> | <p>10:00 Monday Meditation (TT) 9</p> <p>10:30 "My Dog, My Hero" Chapter 2</p> <p>11:00 How It's Made: Barbie (LR)</p> <p>1:00 Name That Tune: Songs About Home (LR)</p> <p>2:00 Tempo & Texture: Pot of Gold (LR)</p> <p>3:00 Volleyball (LR)</p> <p>4:00 Virtual Tour: Dublin (LR)</p> <p>6:00 Hollywood Classic Movie (TT)</p> | <p>10:00 Sunrise Stretch (TT) 10</p> <p>10:30 Watercolors with Paul (LR)</p> <p>1:00 Ukulele Music with Bridget (LR)</p> <p>2:00 Bingo Fun for All (LR)</p> <p>3:00 Ladder Ball (LR)</p> <p>4:00 "Magic of Disney's Animal Kingdom" (TT)</p> <p>6:00 Movie Musical (TT)</p> | <p>10:00 Chair Yoga (TT) 11</p> <p>10:30 Baking Club: Rainbow Brownies (B)</p> <p>11:00 Women's History Month: Sports (LR)</p> <p>1:15 Finish the Lyrics (TT)</p> <p>2:00 Snacks & Facts (RA)</p> <p>3:00 Bowling (LR)</p> <p>3:45 "Epic Yellowstone: Return of the Predators" (TT)</p> <p>6:00 Biographical Picture (TT)</p> | <p>10:00 Fitness Dice Exercise (TT) 12</p> <p>10:30 Mixed Media: Paint Sticks (LR)</p> <p>11:00 Trivia Time: History (LR)</p> <p>1:00 "CMT Crossroads: Melissa Etheridge & Dolly Parton" (TT)</p> <p>2:00 Craft Club: Foam Art (LR)</p> <p>3:00 Bean Bag Target Toss (TT)</p> <p>3:45 "Lost Cities Revealed: Megacity of the Maya Warrior" (TT)</p> <p>6:00 Historical Film (TT)</p> | <p>10:00 Friday Exercise Fun (TT) 13</p> <p>10:30 You Be The Judge (TT)</p> <p>11:00 Jeopardy! (TT)</p> <p>1:00 Travelogue: Checking Out Chile (TT)</p> <p>2:00 Snack & Sing Karaoke (RA)</p> <p>3:00 Cornhole (LR)</p> <p>4:00 Gratitude Group: 3 Things Journal (TT)</p> <p>6:00 Comedy Movie (TT)</p> | <p>10:00 Rock 'n Exercise (TT) 14</p> <p>10:30 Guess in 10: Professions (TT)</p> <p>11:00 The Price is Right Game (TT)</p> <p>1:00 Bingo Extravaganza (LR)</p> <p>2:00 Garden Tea Party (RA)</p> <p>3:00 Horseshoe Game</p> <p>4:00 Timeline Talk (TT)</p> <p>6:00 Concert Film (TT)</p> |
| <p>10:00 Live Stream Mass (TT) 15</p> <p>10:30 Sunday Stretch (LR)</p> <p>11:00 Community Scrapbook (LR)</p> <p>1:00 "The Story of The Irish" (TT)</p> <p>1:30 Qigong with Marivic (GG)</p> <p>2:15 Mugs & Melodies (LR)</p> <p>3:00 Ring Toss (LR)</p> <p>4:00 Golden Memories Chat: Moving (TT)</p> <p>6:00 Romantic Comedy (TT)</p> | <p>10:00 Monday Meditation (TT) 16</p> <p>10:30 "My Dog, My Hero" Chapter 3</p> <p>11:00 How It's Made: View-Master (LR)</p> <p>1:00 Name That Tune: Dance Hall Days (LR)</p> <p>2:00 Tempo & Texture: Irish Instruments (LR)</p> <p>3:00 Volleyball (LR)</p> <p>4:00 Virtual Tour: Ring of Kerry (LR)</p> <p>6:00 Hollywood Classic Movie (TT)</p> | <p>AD St. Patrick's Day 17</p> <p>10:00 Sunrise Stretch (TT)</p> <p>10:30 Around CT: Bradley Airport (LR)</p> <p>11:00 Art By Numbers: Rainbow (LR)</p> <p>1:00 Resident Choir Rehearsal (E)</p> <p>2:00 Shamrock Bingo (LR)</p> <p>3:00 Ladder Ball (LR)</p> <p>4:00 "Magic of Disney's Animal Kingdom" (TT)</p> <p>6:00 Movie Musical (TT)</p> | <p>10:00 Chair Yoga (TT) 18</p> <p>10:30 Baking Club: Lucky Charms Bars (B)</p> <p>11:00 Health Talk with Enhabit (RA)</p> <p>1:15 Finish the Lyrics (TT)</p> <p>1:30 Out Trip: Hartford Baking Company (OT)</p> <p>2:00 Snacks & Facts (RA)</p> <p>3:00 Bowling (LR)</p> <p>3:45 "Epic Yellowstone: Life on the Wing" (TT)</p> <p>6:00 Biographical Picture (TT)</p> | <p>10:00 Fitness Dice Exercise (TT) 19</p> <p>10:30 Mixed Media: Watercolor Pencils (LR)</p> <p>11:00 Trivia Time: Music (LR)</p> <p>11:00 Women's History Month: Education (LR)</p> <p>1:00 "CMT Crossroads: Stevie Nicks & Lady A" (TT)</p> <p>2:00 Craft Club: Sun Print Art (LR)</p> <p>3:00 Bean Bag Target Toss (TT)</p> <p>3:45 "Lost Cities Revealed: Miracle in the Desert" (TT)</p> <p>6:00 Historical Film (TT)</p> | <p>AD Spring Equinox 20</p> <p>10:00 Friday Exercise Fun (TT)</p> <p>10:30 You Be The Judge (TT)</p> <p>11:00 Jeopardy! (TT)</p> <p>1:00 Travelogue: Meet Me in Milan (TT)</p> <p>2:00 Snack & Sing Karaoke (RA)</p> <p>3:00 Cornhole (LR)</p> <p>4:00 Gratitude Group: Group Poster (TT)</p> <p>6:00 Comedy Movie (TT)</p> | <p>10:00 Rock 'n Exercise (TT) 21</p> <p>10:30 Guess in 10: Landmarks (TT)</p> <p>11:00 Wheel of Fortune Game (TT)</p> <p>1:00 Bingo Extravaganza (LR)</p> <p>2:00 Garden Tea Party (RA)</p> <p>3:00 Horseshoe Game</p> <p>4:00 Timeline Talk (TT)</p> <p>6:00 Concert Film (TT)</p> |
| <p>10:00 Live Stream Mass (TT) 22</p> <p>10:30 Sunday Stretch (LR)</p> <p>11:00 Community Scrapbook (LR)</p> <p>1:00 "The Story of The Irish" (TT)</p> <p>2:15 Mugs & Melodies (LR)</p> <p>3:30 Hartt School Flute Choir (LR)</p> <p>6:00 Romantic Comedy (TT)</p> | <p>10:00 Monday Meditation (TT) 23</p> <p>10:30 "My Dog, My Hero" Chapter 4</p> <p>11:00 How It's Made: Frisbee (LR)</p> <p>1:00 Name That Tune: British Invasion (LR)</p> <p>2:00 Tempo & Texture: Puppy Day Origami (LR)</p> <p>3:00 Volleyball (LR)</p> <p>4:00 Virtual Tour: Galway (LR)</p> <p>6:00 Hollywood Classic Movie (TT)</p> | <p>10:00 Sunrise Stretch (TT) 24</p> <p>10:30 Around CT: Bushnell Performing Arts Center (LR)</p> <p>11:00 Art By Numbers: March Madness (LR)</p> <p>1:00 Ukulele Music with Bridget (LR)</p> <p>2:00 Bingo Fun for All (LR)</p> <p>3:00 Ladder Ball (LR)</p> <p>4:00 "Magic of Disney's Animal Kingdom" (TT)</p> <p>6:00 Movie Musical (TT)</p> | <p>10:00 Chair Yoga (TT) 25</p> <p>10:30 Baking Club: Mint Hot Chocolate Bar (B)</p> <p>11:00 Women's History Month: Education (LR)</p> <p>1:15 Finish the Lyrics (TT)</p> <p>2:00 Snacks & Facts (RA)</p> <p>3:00 Bowling (LR)</p> <p>3:45 "Epic Yellowstone: Down the River Wild" (TT)</p> <p>6:00 Biographical Picture (TT)</p> | <p>10:00 Fitness Dice Exercise (TT) 26</p> <p>10:30 Mixed Media: Acrylic Pens (LR)</p> <p>11:00 Trivia Time: Movies & TV (LR)</p> <p>1:00 "CMT Crossroads: The Doobie Brothers & Luke Bryan" (TT)</p> <p>2:00 Craft Club: Foil Art (LR)</p> <p>3:00 Bean Bag Target Toss (TT)</p> <p>3:45 "Lost Cities Revealed: Ancient Engineering" (TT)</p> <p>6:00 Historical Film (TT)</p> | <p>10:00 Friday Exercise Fun (TT) 27</p> <p>10:30 You Be The Judge (TT)</p> <p>11:00 Jeopardy! (TT)</p> <p>1:00 Travelogue: Scottish Highlands (TT)</p> <p>2:00 Snack & Sing Karaoke (RA)</p> <p>3:00 Cornhole (LR)</p> <p>4:00 Gratitude Group: Affirmations Art (TT)</p> <p>6:00 Comedy Movie (TT)</p> | <p>10:00 Rock 'n Exercise (TT) 28</p> <p>10:30 Guess in 10: American Cities (TT)</p> <p>11:00 Who Wants to Be a Millionaire? (TT)</p> <p>1:00 Bingo Extravaganza (LR)</p> <p>2:00 Garden Tea Party (RA)</p> <p>3:00 Horseshoe Game</p> <p>4:00 Timeline Talk (TT)</p> <p>6:00 Concert Film (TT)</p> |
| <p>10:00 Live Stream Mass (TT) 29</p> <p>10:30 Sunday Stretch (LR)</p> <p>11:00 Community Scrapbook (LR)</p> <p>1:00 "The Story of The Irish" (TT)</p> <p>1:30 Qigong with Marivic (GG)</p> <p>2:15 Mugs & Melodies (LR)</p> <p>3:00 Ring Toss (LR)</p> <p>4:00 Golden Memories Chat: My Happy Place (TT)</p> <p>6:00 Romantic Comedy (TT)</p> | <p>10:00 Monday Meditation (TT) 30</p> <p>10:30 "My Dog, My Hero" Chapter 5</p> <p>11:00 How It's Made: Colorforms (LR)</p> <p>1:00 Name That Tune: Radio Hits (LR)</p> <p>2:00 Tempo & Texture: Music in Bloom (LR)</p> <p>3:00 Volleyball (LR)</p> <p>4:00 Virtual Tour: Dingle (LR)</p> <p>6:00 Hollywood Classic Movie (TT)</p> | <p>10:00 Sunrise Stretch (TT) 31</p> <p>10:30 Around CT: Beardsley Zoo (LR)</p> <p>11:00 Art By Numbers: Spring Flowers (LR)</p> <p>1:00 Ukulele Music with Bridget (LR)</p> <p>2:00 Bingo Fun for All (LR)</p> <p>3:00 Ladder Ball (LR)</p> <p>4:00 "Magic of Disney's Animal Kingdom" (TT)</p> <p>6:00 Movie Musical (TT)</p> | | | | |

Happy Birthday!

Cathy W. - 3/2
 Pat D. - 3/4
 Gladys M. - 3/6
 Mike C. - 3/18
 Barbara Z. - 3/19
 Vivian H. - 3/26



Locations

E = Encore Bar & Lounge
 GG = Gym
 LR = Living Room
 ML = Main Lobby
 OT = Out Trip
 R = Restaurant Area
 TT = Theatre