



# March 2026

- Physical Health
- Spiritual Health
- Intellectual Wellness
- Vocational/Sensory Wellness
- Social Wellness
- Emotional Wellness
- Environmental Wellness
- Trip-Sign Up Required
- ★ Special Event
- 📖 Book Club
- 🎨 Art Club
- ✓ Independent or Resident Led

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
11:00 <span style="color: teal;">■</span> Documentary, The History of Rock and Roll, LIB 1:30 <span style="color: purple;">■</span> <b>CrossLife Community Church, LIB</b> 3:00 <span style="color: yellow;">■</span> Hot Tea and Chat, CC 4:00 <span style="color: orange;">■</span> Corn Hole, LIB	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:15 <span style="color: teal;">■</span> The Research of Jane Goodall, LIB 11:00 <span style="color: brown;">■</span> Virtual Tour of Ireland, LIB 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: purple;">■</span> Hymn Sing, LIB 4:00 <span style="color: lightblue;">■</span> Manicures, CC 6:30 <span style="color: teal;">■</span> Documentary; Koko The Gorilla Who Talks	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: teal;">■</span> Murder at Midnight; A Rex Graves Mystery, LIB 🎨 11:30 <span style="color: lightblue;">■</span> Card Games, LIB 1:30 <span style="color: purple;">■</span> Journaling, KW ✓ 2:00 <span style="color: lightblue;">■</span> Knitting Club, LIB ✓ 3:00 <span style="color: orange;">■</span> Improving Your Health, Article Discussion, CC 4:00 <span style="color: yellow;">■</span> Bingo, LIB	9:45 <span style="color: orange;">■</span> <b>Seated Zumba, LIB</b> 10:30 <span style="color: lightblue;">■</span> <b>Craft; Claddagh Wall Decor, CC</b> 11:30 <span style="color: teal;">■</span> Lovely Lamb Crossword, KW ✓ 1:30 <span style="color: yellow;">■</span> Scrabble, CC 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: lightblue;">■</span> <b>Cooking; Shamrock Shakes, CC</b> 4:15 <span style="color: lightblue;">■</span> Manicures, CC 6:30 <span style="color: brown;">■</span> Documentary; Must See Places, LIB	9:30 <span style="color: orange;">■</span> Easy Stretch, LIB 10:00 <span style="color: teal;">■</span> <i>Famous Female Painters, Mary Cassatt, LIB</i> 🎨 11:00 <span style="color: purple;">■</span> <b>Tai Chi Seated Stretching, LIB</b> 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:30 <span style="color: orange;">■</span> Beanbag Toss, LIB 3:00 <span style="color: purple;">■</span> Poetry Club, LIB 4:00 <span style="color: yellow;">■</span> <b>Welcome to RoseWood Social, CC</b> 7:00 <span style="color: lightblue;">■</span> Jeopardy, L	9:45 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: purple;">■</span> <b>Bible Study, LIB</b> 11:15 <span style="color: yellow;">■</span> Bingo Prize, LIB 1:30 <span style="color: lightpurple;">■</span> Quiet Reading, LIB ✓ 2:00 <span style="color: yellow;">■</span> Afternoon Matinee, The Quiet Man, LIB 4:15 <span style="color: teal;">■</span> <b>SAINT Word Category Game, LIB</b>	10:30 <span style="color: orange;">■</span> Balloon Ball, LIB 11:00 <span style="color: yellow;">■</span> Bingo, LIB 2:00 <span style="color: orange;">■</span> Corn Hole, LIB 3:00 <span style="color: yellow;">■</span> Afternoon at the Movies, The Waterhorse, LIB 6:30 <span style="color: teal;">■</span> Nightly News, L
8	9	10	11	12	13	14
<b>Daylight Saving Time Begins</b> 11:00 <span style="color: teal;">■</span> Documentary, Planet Earth, LIB 1:30 <span style="color: purple;">■</span> <b>CrossLife Community Church, LIB</b> 3:00 <span style="color: yellow;">■</span> UNO Cards, LIB 4:00 <span style="color: orange;">■</span> Corn Hole, LIB	9:45 <span style="color: lightpurple;">■</span> Coffee and Chat, CC 10:30 <span style="color: orange;">■</span> <i>Asking for Help without Losing Independence, presented by Loving Arms</i> ★ 11:30 <span style="color: teal;">■</span> Women's History Bingo, LIB 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: purple;">■</span> Hymn Sing, LIB 4:00 <span style="color: lightblue;">■</span> Manicures, CC	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: teal;">■</span> Murder at Midnight; A Rex Graves Mystery, LIB 🎨 11:30 <span style="color: lightblue;">■</span> Card Games, LIB 1:30 <span style="color: purple;">■</span> Journaling, KW ✓ 2:00 <span style="color: lightblue;">■</span> Knitting Club, LIB ✓ 3:00 <span style="color: purple;">■</span> Spiritual Coloring, CC 4:00 <span style="color: yellow;">■</span> Bingo, LIB 6:30 <span style="color: yellow;">■</span> Night at the Movies, Woman in Gold, LIB	9:45 <span style="color: orange;">■</span> Corn Hole, LIB 10:30 <span style="color: lightpurple;">■</span> <b>Reminiscing and Coloring Mary Cassatt Paintings, LIB</b> 11:30 <span style="color: teal;">■</span> Audrey Hepburn Word Search, KW ✓ 2:00 <span style="color: yellow;">■</span> <b>Concert; Irish Tunes with Matthew O'Donneli</b> ★ 3:30 <span style="color: lightblue;">■</span> Readers Theatre; Mr. Jingles is Missing, LIB 4:15 <span style="color: lightblue;">■</span> Manicures, CC	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:00 <span style="color: teal;">■</span> <b>Just Us Art Program, LIB</b> ★ 11:00 <span style="color: purple;">■</span> <b>Tai Chi Seated Stretching, LIB</b> 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 3:00 <span style="color: purple;">■</span> Poetry Club, LIB 4:00 <span style="color: yellow;">■</span> <b>Toast to March Madness, CC</b> 6:30 <span style="color: brown;">■</span> Documentary, In Search of Ancient Ireland, LIB	9:45 <span style="color: orange;">■</span> Chair Dancing, LIB 10:30 <span style="color: purple;">■</span> <b>Bible Study, LIB</b> 11:15 <span style="color: yellow;">■</span> Bingo Prize, LIB 1:30 <span style="color: lightpurple;">■</span> Quiet Reading, LIB ✓ 2:00 <span style="color: brown;">■</span> <b>Scenic Drive</b> 🚗 3:30 <span style="color: teal;">■</span> Documentary; The Secret Life of Birds, LIB 7:00 <span style="color: yellow;">■</span> Jeopardy, L	10:30 <span style="color: orange;">■</span> Balloon Ball, LIB 11:00 <span style="color: yellow;">■</span> Bingo, LIB 2:00 <span style="color: lightpurple;">■</span> <b>St. Paddy's Day Cookies and Games with UVA Students, LIB</b> ★ 3:00 <span style="color: yellow;">■</span> Sports Film; Glory Road, LIB 6:30 <span style="color: teal;">■</span> Nightly News, L
15	16	17	18	19	20	21
11:00 <span style="color: teal;">■</span> Documentary, Jig, LIB 1:30 <span style="color: purple;">■</span> <b>CrossLife Community Church, LIB</b> 3:00 <span style="color: yellow;">■</span> <b>March Madness Social, CC</b> 4:00 <span style="color: orange;">■</span> Corn Hole, LIB	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: teal;">■</span> The Life of Susan B. Anthony, LIB 11:30 <span style="color: brown;">■</span> Courtyard Walk, CT 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: purple;">■</span> Hymn Sing, LIB 4:00 <span style="color: lightblue;">■</span> Manicures, CC 6:30 <span style="color: yellow;">■</span> Disney Classic, Darby O'Gill and the Little People, LIB	<b>St. Patrick's Day</b> 9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: teal;">■</span> Murder at Midnight; A Rex Graves Mystery, LIB 🎨 11:30 <span style="color: lightpurple;">■</span> Reminiscing and Finish the Sports Phrase, LIB 1:30 <span style="color: purple;">■</span> Journaling, KW ✓ 2:00 <span style="color: lightblue;">■</span> Knitting Club, LIB ✓ 3:00 <b>St. Patrick's Day Party with Vicky Lee, DR</b> ★ 4:00 <span style="color: yellow;">■</span> Bingo, LIB 8:00 <span style="color: yellow;">■</span> March Madness Basketball, L	9:45 <span style="color: orange;">■</span> <b>Seated Zumba, LIB</b> 10:30 <span style="color: lightblue;">■</span> <b>Crafting for a Cause; Fabric Purses, CC</b> 11:30 <span style="color: teal;">■</span> St. Paddy's Day Word Fit, KW ✓ 1:30 <span style="color: yellow;">■</span> Scrabble, CC 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: purple;">■</span> <b>Kids for Christ, DR</b> ★ 4:15 <span style="color: lightblue;">■</span> Manicures, CC 6:30 <span style="color: yellow;">■</span> Night at the Movie, Waking Ned Devine, LIB	9:30 <span style="color: orange;">■</span> Easy Stretch, LIB 10:00 <span style="color: teal;">■</span> <i>Famous Female Painters, Berthe Morisot, LIB</i> 🎨 11:00 <span style="color: purple;">■</span> <b>Tai Chi Seated Stretching, LIB</b> 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:30 <span style="color: brown;">■</span> Courtyard Walk, CT 3:00 <span style="color: purple;">■</span> Poetry Club, LIB 4:00 <span style="color: yellow;">■</span> <b>Happy Hour, CC</b> 8:00 <span style="color: yellow;">■</span> March Madness Basketball, L	<b>Spring Equinox</b> 9:45 <span style="color: orange;">■</span> Chair Dancing, LIB 10:30 <span style="color: purple;">■</span> <b>Bible Study, LIB</b> 11:15 <span style="color: yellow;">■</span> Bingo Prize, LIB 1:30 <span style="color: lightpurple;">■</span> Quiet Reading, LIB ✓ 2:00 <span style="color: yellow;">■</span> Movie Matinee, Bringing Up Baby, LIB 4:30 <span style="color: brown;">■</span> Courtyard Walk, CT 8:00 <span style="color: yellow;">■</span> March Madness Basketball, L	10:30 <span style="color: brown;">■</span> Courtyard Walk and Stretch, CT 11:00 <span style="color: yellow;">■</span> Bingo, LIB 2:00 <span style="color: orange;">■</span> <b>Balloon Ball with UVA Students, LIB</b> ★ 3:00 <span style="color: yellow;">■</span> James Bond Movie; Spectre, LIB 6:30 <span style="color: teal;">■</span> Nightly News, L 8:00 <span style="color: yellow;">■</span> March Madness Basketball, L
22	23	24	25	26	27	28
11:00 <span style="color: purple;">■</span> Documentary, Helena, LIB 1:30 <span style="color: purple;">■</span> <b>CrossLife Community Church, LIB</b> 3:00 <span style="color: brown;">■</span> Courtyard Walk, CT 3:30 <span style="color: lightpurple;">■</span> Lemonade and Chat, CT 4:00 <span style="color: orange;">■</span> Corn Hole, LIB 8:00 <span style="color: yellow;">■</span> March Madness, L	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: brown;">■</span> Virtual Tour of Scotland, LIB 11:30 <span style="color: teal;">■</span> Women's History Bingo, LIB 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: purple;">■</span> Hymn Sing, LIB 4:00 <span style="color: lightblue;">■</span> Manicures, CC 6:30 <span style="color: yellow;">■</span> Night at the Movies, Whisky Galore, LIB	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: teal;">■</span> Murder at Midnight; A Rex Graves Mystery, LIB 🎨 11:30 <span style="color: lightblue;">■</span> Card Games, LIB 1:30 <span style="color: purple;">■</span> Journaling, KW ✓ 2:00 <b>Concert; Kim and Jimbo, DR</b> ★ 3:15 <span style="color: teal;">■</span> Trivia, Women's History, LIB 4:30 <span style="color: yellow;">■</span> Bingo, LIB	9:45 <span style="color: orange;">■</span> <b>Seated Zumba, LIB</b> 10:30 <span style="color: purple;">■</span> <b>Craft; Easter Cards for Cottage Residents, LIB</b> 11:30 <span style="color: teal;">■</span> Scattergories Word Game, KW ✓ 1:30 <span style="color: yellow;">■</span> Scrabble, CC 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: lightblue;">■</span> Baking and Decorating Spring Cookies, CC 4:15 <span style="color: lightblue;">■</span> Manicures, KW	9:30 <span style="color: orange;">■</span> Easy Stretch, LIB 10:00 <span style="color: teal;">■</span> <i>Famous Female Painters; Georgia O'Keeffe, LIB, LIB</i> 🎨 11:00 <span style="color: purple;">■</span> <b>Tai Chi Seated Stretching, LIB</b> 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:00 <span style="color: lightblue;">■</span> Knitting Club, LIB ✓ 3:00 <span style="color: yellow;">■</span> <b>Birthday Party, DR</b> ★ 4:30 <span style="color: brown;">■</span> Courtyard Walk, CT 7:00 <span style="color: lightblue;">■</span> Jeopardy, L	9:45 <span style="color: orange;">■</span> Chair Dancing, LIB 10:30 <span style="color: purple;">■</span> <b>Bible Study, LIB</b> 11:15 <span style="color: yellow;">■</span> Bingo Prize, LIB 1:30 <span style="color: brown;">■</span> <b>Trip to Target</b> 🚗 3:30 <span style="color: teal;">■</span> Documentary, Planet Earth, Part 2, LIB 8:00 <span style="color: yellow;">■</span> March Madness; Sweet Sixteen, L	10:30 <span style="color: orange;">■</span> Balloon Ball, LIB 11:00 <span style="color: yellow;">■</span> Bingo, LIB 2:00 <span style="color: brown;">■</span> <b>Corn Hole with UVA Students, CT</b> ★ 3:00 <span style="color: yellow;">■</span> Movie Matinee, The Pink Panther, LIB 6:30 <span style="color: teal;">■</span> Nightly News, L 8:00 <span style="color: yellow;">■</span> March Madness; Elite Eight, L
29	30	31	Assisted Living Activity Calendar		LOCATION KEY	
<b>Palm Sunday</b> 11:00 <span style="color: purple;">■</span> Documentary, Where Jesus Walked, LIB 1:30 <span style="color: purple;">■</span> <b>CrossLife Community Church, LIB</b> 3:00 <span style="color: lightblue;">■</span> Palm Sunday Craft, LIB 4:00 <span style="color: brown;">■</span> Corn Hole, CT 8:00 <span style="color: yellow;">■</span> March Madness; Elite Eight, L	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: yellow;">■</span> <b>Spring Fling with Josh Urban, DR</b> ★ 11:30 <span style="color: brown;">■</span> Documentary, Scottish Islands, LIB 1:30 <span style="color: yellow;">■</span> Jigsaw Puzzles, CC ✓ 2:30 <span style="color: orange;">■</span> Fox Fitness Class, LIB 3:00 <span style="color: teal;">■</span> The Life of Clara Barton, LIB 4:00 <span style="color: lightblue;">■</span> Manicures, CC	9:30 <span style="color: orange;">■</span> Balloon Ball, LIB 10:30 <span style="color: teal;">■</span> Murder at Midnight; A Rex Graves Mystery, LIB 🎨 11:30 <span style="color: lightblue;">■</span> Card Games, LIB 1:30 <span style="color: purple;">■</span> Journaling, KW ✓ 2:00 <span style="color: lightblue;">■</span> <b>Resident Council, LIB</b> ✓ 3:00 <span style="color: brown;">■</span> Courtyard Walk, CT 3:30 <span style="color: yellow;">■</span> Iced Tea and Chat, CT 4:00 <span style="color: yellow;">■</span> Bingo, LIB	<b>Theme: Celebrating Women's History</b> <b>Book Club: Murder at Midnight, A Rex Graves Mystery</b> <b>Art Club: Famous Female Painters</b>		<b>LIB</b> library <b>CC</b> Coastal Cove, 3rd floor <b>KW</b> Key West, 3rd floor <b>CT</b> courtyard <b>DR</b> dining room <b>L</b> TV lounge Most activities are 45 minutes. Films and trips are 2 hours. Some activities are independent or resident led and are marked with a check mark.	
<b>All Events Are Subject to Change</b>						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:30 Balloon Ball ↔ 10:00 Devotions † <b>10:30 Coloring: Four Leaf Clovers* (B)</b> <i>1:00 Calmed by Nature*♥</i> 3:00 Movie Matinee: The Jungle Book <i>6:00 The Andy Griffith Show</i>	9:30 Balloon Ball ↔ 10:00 Finish the Phrase 🧠 11:00 St. Patrick's Day Bingo* (B) <i>1:00 Fireside Relaxation</i> <b>3:00 Fox Fitness ↔</b> 3:30 Sip and Chat 4:00 Melodies with Michelle* 🎵 <i>6:00 Musical Monday</i>	<b>World Wildlife Day</b> 9:30 Moving to Music ↔ <i>10:00 Documentary - Hummingbirds: Magic in the Air</i> 11:00 Bean Bag Toss ↔ 1:00 Manicures* (S) ♥ <b>3:00 Craft: Shamrocks* (B) 🎨</b> 4:00 Sing a long with Amelia* 🎵 <i>6:00 I Love Lucy</i>	9:30 Moving to Music ↔ 10:00 Rhymes with Art 🧠 10:30 History of Names 🧠 11:30 Lucky Toss Game ↔ 1:00 Musical Memories* ♥ <b>3:00 Fox Fitness ↔</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 Golden Age Music</i>	9:30 Moving to Music ↔ 10:00 Bird Watching and Fun Facts <b>10:30 Birthday Party ★</b> 11:00 Bird Bingo 🧠 1:00 Manicures* (S) ♥ <b>3:00 Cooking: Yogurt Parfaits*</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 All Creatures Great and Small</i>	9:30 Balloon Ball ↔ 10:00 Spring Back: 20s Reminiscing <b>11:30 Bible Study †</b> <i>1:00 Fireside Relaxation*♥</i> 3:00 Bean Bag Toss 4:00 Coloring: Woodland Creatures <i>6:00 PBS Documentary</i>	9:30 Balloon Ball ↔ 10:00 Women Trailblazers 🧠 10:30 Coloring: Daffodils* (B) <i>1:00 Ambient Calm*♥</i> 3:00 Movie Matinee: The Sound of Music <i>6:00 Classic Cartoons</i>
8	9	10	11	12	13	14
<b>International Women's Day</b> 9:30 Balloon Ball ↔ 10:00 Devotions † <b>10:30 Jigsaw Puzzles* (B)</b> <i>1:00 Calmed by Nature*♥</i> 3:00 Ballet: Romeo and Juliet <i>6:00 The Andy Griffith Show</i>	9:30 Balloon Ball ↔ 10:00 Short Story: A Day in the Life of a Hummingbird 🧠 11:00 St. Patrick's Day Bingo* (B) <i>1:30 Woodland Tranquility*♥</i> <b>3:00 Fox Fitness ↔</b> 3:30 Sip and Chat 4:00 Melodies with Michelle* 🎵 <i>6:00 Musical Monday</i>	9:30 Moving to Music ↔ <i>10:00 Documentary: The Secret Superpower of Flowers</i> 1:00 Manicures* (S) ♥ <b>3:00 Craft: Coffee Filter Tulips* (B) 🎨</b> 4:00 Sing a long with Amelia* 🎵 <i>6:00 I Love Lucy</i>	9:30 Moving to Music ↔ 10:00 Beautiful Birds of Virginia 🧠 11:00 Seasonal Sensory Activity 🧠 1:00 Musical Memories* ♥ <b>2:00 Concert: Mathew O'Donnell ★</b> <b>3:00 Fox Fitness ↔</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 Golden Age Music</i>	9:30 Moving to Music ↔ 10:00 Armchair Travel: London 11:00 Documentary: London 1:00 Manicures* (S) ♥ <b>3:00 Cooking: Citrus Salad</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 All Creatures Great and Small</i>	9:30 Balloon Ball ↔ <b>10:00 Scenic Drive ★</b> <b>11:30 Bible Study †</b> <i>1:00 Fireside Relaxation*♥</i> <b>3:00 St. Patrick's Day Party ★</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 PBS Documentary</i>	9:30 Balloon Ball ↔ 10:00 Fill in the Lyric 🎵 10:30 Jigsaw Puzzles* (B) <i>1:00 Ambient Calm*♥</i> 3:00 Movie Matinee: Field of Dreams <i>6:00 Classic Cartoons</i>
15	16	17	18	19	20	21
9:30 Balloon Ball ↔ 10:00 Devotions † <b>10:30 Coloring: Virginia Birds with UVA Students* (B)</b> <i>1:00 Calmed by Nature*♥</i> 3:00 Movie Matinee: Great Art Explained <i>6:00 The Andy Griffith Show</i>	9:30 Balloon Ball ↔ 10:00 Finish the Phrase 🧠 11:00 St. Patrick's Day Bingo* (B) <i>1:00 Fireside Relaxation</i> <b>3:00 Fox Fitness ↔</b> 3:30 Sip and Chat 4:00 Melodies with Michelle* 🎵 <i>6:00 Musical Monday</i>	<b>St. Patrick's Day</b> 9:30 Moving to Music ↔ 10:00 Fun Facts: History of St. Patrick's Day 11:00 Lucky Bingo* (B) ↔ 1:00 Manicures* (S) ♥ <b>3:00 St. Patrick's Day Party with Vicky Lee (AL)* ★</b> 4:00 Sing a long with Amelia* 🎵 <i>6:00 I Love Lucy</i>	9:30 Moving to Music ↔ 10:00 Rhymes with Write 🧠 10:30 History of Tea Time 11:00 Bean Bag Toss ↔ 1:00 Musical Memories* ♥ <b>3:00 Fox Fitness ↔</b> 4:00 Sing along with Suzie Q 🎵 <i>6:00 Golden Age Music</i>	9:30 Moving to Music ↔ 10:00 Bird Watching and Fun Facts 11:00 Armchair Travel: Singapore 1:00 Manicures* (S) ♥ <b>3:00 Cooking: Smoothie Social</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 All Creatures Great and Small</i>	<b>First Day of Spring</b> 9:30 Balloon Ball ↔ 10:00 International Day of Happiness <b>10:30 Karolyn Kinane — Harpist ★</b> <b>11:30 Bible Study †</b> <i>1:00 Fireside Relaxation*♥</i> <b>3:00 Spring Tea Party ★</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 PBS Documentary</i>	9:30 Balloon Ball ↔ 10:00 Finish the Phrase 🧠 10:30 Coloring: Hummingbirds* (B) <i>1:00 Ambient Calm*♥</i> 3:00 Movie Matinee: Hidden Figures <i>6:00 Classic Cartoons</i>
22	23	24	25	26	27	28
9:30 Balloon Ball ↔ 10:00 Devotions † <b>10:30 Jigsaw Puzzles* (B)</b> <i>1:00 Calmed by Nature*♥</i> 3:00 Movie Matinee: Leap Year <i>6:00 The Andy Griffith Show</i>	9:30 Balloon Ball ↔ 10:00 Finish the Lyric 🧠 11:00 St. Patrick's Day Bingo* (B) <i>1:30 Woodland Tranquility*♥</i> <b>3:00 Fox Fitness ↔</b> 3:30 Sip and Chat 4:00 Melodies with Michelle* 🎵 <i>6:00 Musical Monday</i>	9:30 Moving to Music ↔ <i>10:00 Documentary: Journey through Ireland*</i> 11:00 Finish the Sports Phrase 1:00 Manicures* (S) ♥ <b>3:00 Craft: Suncatchers 🎨</b> 4:00 Sing a long with Amelia* 🎵 <i>6:00 I Love Lucy</i>	9:30 Moving to Music ↔ 10:00 U.S. History Corner 🧠 11:00 Seasonal Sensory Activity 🧠 1:00 Musical Memories* ♥ <b>3:00 Fox Fitness ↔</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 Golden Age Music</i>	9:30 Moving to Music ↔ 10:00 Talk n' Toss Ball ↔ 11:00 March Madness: Bracket Challenge 🧠 1:00 Manicures* (S) ♥ <b>3:00 Birthday Party (AL)* ★</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 All Creatures Great and Small</i>	9:30 Balloon Ball ↔ 10:30 Reminiscing: Gardening 🧠 <b>11:30 Bible Study †</b> <i>1:00 Fireside Relaxation*♥</i> <b>3:00 Fresh Fruit Social</b> 4:00 Harmonize with Hannah 🎵 <i>6:00 PBS Documentary</i>	9:30 Balloon Ball ↔ 10:00 Fill in the Lyric 🎵 10:30 Jigsaw Puzzles* (B) <i>1:00 Ambient Calm*♥</i> 3:00 Movie Matinee: The Music Man <i>6:00 Classic Cartoons</i>
29	30	31				
<b>Palm Sunday</b> 9:30 Balloon Ball ↔ 10:00 Devotions † <b>10:30 Coloring: Palm Leaves with UVA Students* (B)</b> <i>1:00 Calmed by Nature*♥</i> 3:00 Documentary: The Secret Life of Birds <i>6:00 The Andy Griffith Show</i>	9:30 Balloon Ball ↔ 10:30 Josh Urban - Spring Fling (AL)* ★ 11:00 St. Patrick's Day Bingo* (B) <i>1:00 Fireside Relaxation</i> <b>3:00 Fox Fitness ↔</b> 3:30 Sip and Chat 4:00 Melodies with Michelle* 🎵 <i>6:00 Musical Monday</i>	9:30 Moving to Music ↔ <i>10:00 Documentary: Secrets of the Castle</i> 11:00 Bean Bag Toss ↔ 1:00 Manicures* (S) ♥ <b>3:00 Craft: Palm Branches 🎨</b> 4:00 Sing a long with Amelia* 🎵 <i>6:00 I Love Lucy</i>			<p><b>Quiet Relaxation Time Is From 1:00-2:30. During This Time, Programming Encourages Rest &amp; Relaxation.</b></p>	
Most activities are 30 minutes and in the Lounge, unless noted: (B) Bistro, (S) Sunroom, (CT) Courtyard, (AL) Assisted Living. Activities marked with * are 1 hour or more.						