

March 2026

Alto of Overland Park Senior Living

Alto

Senior Living by Allegro



Happy Birthday!

Wishing these residents a very happy birthday!

- Delmar Lien March 1st
- Joe Graves March 3rd
- Ruth Negley March 24th
- Joan Martin March 26th
- Janet Wray March 26th
- Phyllis McMahan March 29

All activities are subject to change

Locations

- B = Bistro
- O = Community Outing
- CS = Creative Studio
- DR = Dining Room
- ER = Entertainment Room
- LP = Large Patio
- L = Lobby

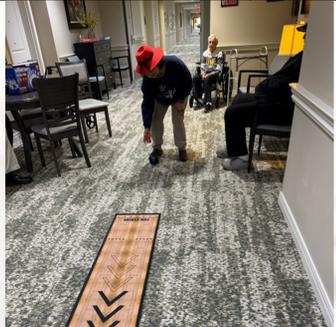
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
10:00 C.O.A Recorded Mass (ER) 11:15 C. R. Church Satellite Service (Recorded) (ER) 1:00 Lutheran Recorded Services (ER) 2:00 Movie Matinee (ER) 6:00 (Resident Led) Table Games (L) 6:30 Movie Night (ER)	10:00 Beginner's Chair Yoga (ER) 10:30 Spiritual Reflections (ER) 2:00 Trivia Time (B) 3:00 Anita's Silent Movie Pick (ER) 5:30 Puzzling with Friends (CS) 6:30 Movie Night (ER)	9:30 Catholic Comm. and Rosary (CS) 10:00 Exercise with Legacy (ER) 10:30 National Anthem Day (1931) (ER) 2:00 Activity Planning Meeting (B) 3:00 Advanced Bingo (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Exercise with Michelle (ER) 11:00 Bible Study (ER) 2:00 Resident Council Meeting (DR) 3:00 Hooked on Books: Book Club (ER) 4:00 Wine Down Wednesday (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Sit and Lift with Legacy (ER) 10:30 C.O.A Recorded Mass (ER) 2:00 Art with Andrea (CS) 3:00 Easy Bingo (DR) 6:30 Movie Night (ER)	9:30 Morning Chat (L) 10:00 Morning Stretch (ER) 10:00 New Resident Meet and Greet (B) 2:00 Competitive Volleyball (ER) 3:15 Happy Hour w/ Kurt Caldwell (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Morning Exercise (ER) 11:00 Buzzwords Game (L) 2:00 Advanced Bingo (B) 3:00 Mini Manicures by Michelle (CS) 4:00 Hymnal History (B) 6:30 Movie Night (ER)		
10:00 C.O.A Recorded Mass (ER) 11:15 C. R. Church Satellite Service (Recorded) (ER) 1:00 Lutheran Recorded Services (ER) 2:00 Movie Matinee (ER) 6:00 (Resident Led) Table Games (L) 6:30 Movie Night (ER)	10:00 Beginner's Chair Yoga (ER) 10:30 Spiritual Reflections (ER) 2:00 Dr. James Naismith Speaking (DR) 3:00 Making Art Show Pictures (CS) 5:30 Puzzling with Friends (CS) 6:30 Movie Night (ER)	9:30 Catholic Comm. and Rosary (CS) 10:00 Exercise with Legacy (ER) 10:30 MadLibs and Rebus puzzles (B) 2:00 Card Game (CS) 3:00 Advanced Bingo (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Exercise with Michelle (ER) 11:00 Bible Study (ER) 2:00 Pictionary (CS) 3:00 Uncorked and Decanted (B) 4:00 Wine Down Wednesday (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Sit and Lift with Legacy (ER) 10:30 Chapel Service with Chaplain Turner (ER) 1:00 C.O.A Recorded Mass (ER) 2:00 Cake Walk w/ Shelly (DR) 3:00 Easy Bingo (B) 6:30 Movie Night (ER)	9:15 Shopping trip: Walmart (L) 9:30 Morning Chat (L) 10:00 Morning Stretch (ER) 10:30 Health Talk (ER) 2:00 Indoor Golf (B) 3:30 Happy Hour with Johnny Gleason (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Morning Exercise (ER) 11:00 Buzzwords Game (L) 1:30 Music w/ Steve Kakacek (L) 3:00 Advanced Bingo (B) 6:30 Movie Night (ER)		
10:00 C.O.A Recorded Mass (ER) 11:15 C. R. Church Satellite Service (Recorded) (ER) 1:00 Lutheran Recorded Services (ER) 2:00 Movie Matinee (ER) 6:00 (Resident Led) Table Games (L) 6:30 Movie Night (ER)	10:00 Beginner's Chair Yoga (ER) 10:30 Spiritual Reflections (ER) 2:00 March Madness Brackets (B) 3:00 Trivia Time (B) 5:30 Puzzling with Friends (CS) 6:30 Movie Night (ER)	9:30 Catholic Comm. and Rosary (CS) 10:00 Exercise with Legacy (ER) 10:30 Ireland Travelogue (ER) 2:00 St. Patrick's Day Party!! (DR) 3:00 Advanced Bingo (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Exercise with Michelle (ER) 11:00 Bible Study (ER) 11:00 Out to Lunch: Tanner's (L) 2:00 Just the 2 of us performing (DR) 4:00 Wine Down Wednesday (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Sit and Lift with Legacy (ER) 10:30 Music w/ Rob McHenry 11:00 Alzheimer's Fundraiser: Potato Bar 1:00 C.O.A Recorded Mass (ER) 2:00 The Dining Experience with Chef Tim (DR) 3:00 Easy Bingo (B) 6:30 Movie Night (ER)	9:30 Morning Chat (L) 10:00 Resident Mixer (B) 10:30 Spring Craft: Making Kites (CS) 2:00 Balloon Ball Exercise (ER) 3:15 Happy Hour w/ Perry White (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Morning Exercise (ER) 11:00 Buzzwords Game (L) 2:00 Advanced Bingo (B) 3:00 Blue Skies Quartet (DR) 6:30 Movie Night (ER)		
10:00 C.O.A Recorded Mass (ER) 11:15 C. R. Church Satellite Service (Recorded) (ER) 1:00 Lutheran Recorded Services (ER) 2:00 Movie Matinee (ER) 6:00 (Resident Led) Table Games (L) 6:30 Movie Night (ER)	10:00 Beginner's Chair Yoga (ER) 10:30 Spiritual Reflections (ER) 2:00 Bingo Store (ER) 3:00 Trivia Time (B) 5:30 Puzzling with Friends (CS) 6:30 Movie Night (ER)	9:30 Catholic Comm. and Rosary (CS) 10:00 Exercise with Legacy (ER) 10:45 Color Therapy (CS) 2:00 Card Game (CS) 3:00 Advanced Bingo (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Exercise with Michelle (ER) 11:00 Bible Study (ER) 2:00 Pictionary (CS) 4:00 Wine Down Wednesday (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Sit and Lift with Legacy (ER) 10:30 C.O.A Recorded Mass (ER) 2:00 Art w/ Andrea (CS) 2:00 Legal and Financial Seminar (ER) 3:00 Easy Bingo (B) 6:30 Movie Night (ER)	9:15 Shopping Trip: Dollar Tree (L) 9:30 Morning Chat (L) 10:00 Morning Stretch (ER) 2:00 Resident Show and Tell (ER) 3:30 Happy Hour w/ Johnny Gleason (B) 6:30 Movie Night (ER)	9:15 Visiting with Neighbors (L) 10:00 Morning Exercise (ER) 11:00 Buzzwords Game (L) 2:00 Advanced Bingo (B) 3:00 Mini Manicures by Michelle (CS) 4:00 Hymnal History 6:30 Movie Night (ER)		
10:00 C.O.A Recorded Mass (ER) 11:15 C. R. Church Satellite Service (Recorded) (ER) 1:00 Lutheran Recorded Services (ER) 2:00 Movie Matinee (ER) 6:00 (Resident Led) Table Games (L) 6:30 Movie Night (ER)	10:00 Beginner's Chair Yoga (ER) 10:30 Spiritual Reflections (ER) 2:00 Making Art Show Pictures (CS) 3:00 Trivia Time (B) 5:30 Puzzling with Friends (CS) 6:30 Movie Night (ER)	9:30 Catholic Comm. and Rosary (CS) 10:00 Exercise with Legacy (ER) 10:45 Laughter is the Best Medicine Reading (ER) 2:00 Dominoes (CS) 3:00 Advanced Bingo (B) 6:30 Movie Night (ER)	Remember, to share your ideas! If you think of any movies, games, or outings, please use the suggestion box located in the lobby!					

Month 2026

Ensemble Activity Calendar



Senior Living by *Allegro*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Reading with Joyce (ER) 10:00 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 2:00 Bingo (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Music with Katie (DR) 2:30 Let's Have A Snack (DR) 6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:00 Music with Andrea (MR) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:00 Happy Hour (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 1:00 Johnny Carson Show (MR) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:00 Ladies Tea (D) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Catholic Communion (D) 10:00 Snacktivity Pigs in a blanket (DR) 2:00 Music with DJ Gem (DR) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:30 Bus Ride (O) 2:00 Memory Baskets (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:30 Live Music with Rob McHenry (DR) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Baking in Mom's Kitchen(Bread) (B) 10:00 Catholic Communion (D) 2:00 St. Paddy's Party (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:00 Beauty Salon Time (A) 2:00 Music with Johnny (DR) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:00 Happy Hour (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 11:00 Lets Worship Together (A) 1:00 Johnny Carson Show (MR) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:00 Men's Social (D) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:30 Let's Have A Snack (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Baking in Mom's Kitchen(cookies) (B) 10:00 Catholic Communion (D) 2:00 Music with DJ Gem (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:30 Bus Trip (O) 2:30 Let's Have A Snack (DR) 3:00 Manicures (DR) 6:00 Wednesday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 1:00 Parachute ball game (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles and Music Hour (A) 6:00 Thursday Night Movie (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:30 Brain Works (A) 1:00 Ball swat game (A) 2:30 Let's Have A Snack (DR) 3:00 Music on TV (DR) 6:00 Fun Film Friday's (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:00 Trivia (A) 1:00 Memory Baskets (A) 2:30 Let's Have A Snack (DR) 3:00 Puzzles, Mazes and Word Searches (A) 6:00 Saturday Night Movie (D)</p>
<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 11:00 Lets Worship Together (A) 2:30 Let's Have A Snack (DR) 3:30 Movie on IN2L (A) 6:00 Sunday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Hydration Cart (DR) 10:30 Bible Study (A) 1:30 Walking Club (A) 2:00 Music with Ramona (DR) 3:30 Lets Play A Game (DR) 6:00 Monday Night at the Movies (D)</p>	<p>9:00 Reading with Joyce (ER) 9:30 Exercise With Mary (ER) 10:00 Baking in Mom's Kitchen (B) 10:00 Catholic Communion (D) 2:00 Bingo (A) 2:30 Let's Have A Snack (DR) 3:00 Trivia Tuesday (A) 6:00 Tuesday Night Movie (D)</p>				

Happy Birthday!

No Birthdays in Month

Alzheimer's Support Group
 3-4-2026
 6:30PM-8PM

Alzheimer's Fundraiser
Baked Potato Bar
 3-19-2026
 11AM-1PM
 \$6.00 per Plate



Locations

- A = Activity Room**
- B = Bistro**
- O = Community Outing**
- CS = Creative Studio**
- D = Den**
- DR = Dining Room**
- ER = Entertainment Room**
- LP = Large Patio**
- L = Lobby**
- MR = Music Room**
- PDR = Private Dining Room**
- SR = Sensory Room**