

March 2026

Allegro Harrington Park Senior Living



Spring it On!

Celebrating Purim
March 2nd & March 3rd
Resident Lifestyle Art Show
March 15th
Celebrating the Shamrock
March 17th
Live Music w/ Julian
March 23rd
Resident Birthday Bash
March 25th

Yoga w/ Mimi- Mondays & Fridays @ 3:15pm

Laura's Readers Group
March 10th

Weird History w/ Mike
Every Sunday

All Activities are Subject to Change

Locations

P = Pool
ACT = Activity Room
GR = Game Room
BC = Business Center
PTH = Penthouse Pub
T = Theater
Bus = Bus Trip
AS = Art Studio
L = Library
B = Bistro
LR = Living Room
P = Patio
O = Outdoors

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:15 Catholic Mass Livestream (PTH) 10:00 Communion (T) 10:30 Tai Chi (ACT) 11:00 Sunday Stretch with Laura (PTH) 11:15 Art History Lecture (T) 11:30 Creative Craft Meetup (AS) 1:45 Weird History w/ Mike (T) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 8:00 Movie Musicals (T)</p>	<p>10:00 News & Views with Sam (L) 10:30 Morning Yoga with Jen (ACT) 11:30 Ted Talk & Discussion (T) 1:00 Knit Wits Club (BC) 2:00 Bottle Painting w/ Cindy (AS) 2:00 LCR Game 2:00 Opera with Joe Lawliss (T) 3:15 Centering Yoga Class (ACT) 3:00pm Allegro's Purim Party (PTH) 4:15 Cornhole Challenge (ACT) 6:30 Bingo with Cindy (ACT) 8:00 Monday Night Movie (T)</p>	<p>9:15 Post Office & Bank Outing (Bus) 10:00 Jeopardy Challenge (L) 10:30 Total Body Movement with Deb (ACT) 11:30 Wall Scrabble (GR) 1:15 Tech Tuesday - Help Desk (BC) 1:30 Poker (GR) 2:00 Calligraphy Class (AS) 2:00 Food Forum (ACT) 2:30 Purim Celebration w/ Rabbi Lewis (ACT) 3:30 Balloon Volleyball (ACT) 8:00 Movie Night- Resident Pick (T)</p>	<p>10:15 Current Events with Bob (T) 10:30 Balance Fitness with Tammie (ACT) 11:30 Crafting with Cindy (AS) 11:30 Crossword Challenge (ACT) 12:00 Cooking Demo with Connor (B) 1:30 Travelogue Series w/ Joe (T) 2:00 Mahjong with Michelle (GR) 2:15 Bingo (ACT) 2:30 Investigative Journalism with Joe 3:30 Famous Poem Readings (ACT) 3:30 Social Hour (PTH) 8:00 Movie Classics (T)</p>	<p>10:00 Aquacise Class with Kim (P) 10:30 Gentle Yoga with Jen (ACT) 11:15 Cindy's Sip & Paint (AS) 12:00 Davey's Locker & Pub Lunch Trip (Bus) 2:00 LCR Game (GR) 2:00 Rummikub Club (GR) 3:30 Crossword Challenge (ACT) 3:30 Mind-Body Exercise (PTH) 4:15 Wall Scrabble (GR) 7:15 Evening Concert & Cordials (PTH)</p>	<p>10:00 Combing Through the News (PTH) 10:30 Strength & Fitness (ACT) 11:30 Allegro Book Club Meets (ACT) 1:30 Poker (GR) 2:00 Bingo Bash (ACT) 2:00 Canasta Club with Lisa (GR) 3:15 Yoga with Mimi (ACT) 3:30 Social Hour (PTH) 4:15 Shabbat (ACT) 8:00 Movie Night - New Release (T)</p>	<p>10:00 AM Shopping Shuttle (Bus) 10:00 Shabbat - Virtual Service (PTH) 10:00 Sports Highlights with Joe (T) 10:30 Yoga Flow (ACT) 11:15 Wall Scrabble with Joe (GR) 1:00 Line Dancing (ACT) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 8:00 Movie Classics (T)</p>
<p>9:15 Catholic Mass Livestream (PTH) 10:00 Communion (T) 10:30 Tai Chi (ACT) 11:00 Sunday Stretch with Laura (PTH) 11:15 Art History Lecture (T) 11:30 Creative Craft Meetup (AS) 1:45 Weird History w/ Mike (T) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 3:30 Wheel of Fortune (ACT) 8:00 Movie Musicals (T)</p>	<p>10:00 News & Views with Sam (L) 10:30 Morning Yoga with Jen (ACT) 11:30 20 Questions Game (ACT) 11:30 Ted Talk & Discussion (T) 1:00 Knit Wits Club (BC) 2:00 LCR Game 2:00 Name that Tune- 40's & 50's (ACT) 3:15 Centering Yoga Class (ACT) 3:30 Social Hour (PTH) 6:30 Bingo with Cindy (ACT) 8:00 Monday Night Movie (T)</p>	<p>9:15 Post Office & Bank Outing (Bus) 10:00 Jeopardy Challenge (L) 10:30 Total Body Movement with Deb (ACT) 11:30 Jewelry Making Class (AS) 11:30 Live Lecture w/ Paul White (PTH) 11:30 Wall Scrabble (GR) 1:15 Tech Tuesday - Help Desk (BC) 1:30 Poker (GR) 2:15 Readers Rendezvous w/ Laura (PTH) 3:30 Balloon Volleyball (ACT) 3:30 Sunset Stretch (PTH) 8:00 Movie Night- Resident Pick (T)</p>	<p>10:15 Current Events with Bob (T) 10:30 Balance Fitness with Tammie (ACT) 11:30 Crossword Challenge (ACT) 11:30 Love Rock Painting (AS) 12:00 Cooking Demo with Connor (B) 1:15 Making Sundaes! (PTH) 1:45 Travelogue Series w/ Joe (T) 2:00 Mahjong with Michelle (GR) 2:15 Bingo (ACT) 3:30 Musical Memories (ACT) 3:30 Social Hour (PTH) 7:30 Opera Night w/Joe Lawliss (T)</p>	<p>10:00 Aquacise Class with Kim (P) 10:00 Brain Busters (L) 10:30 Gentle Yoga with Jen (ACT) 11:30 String Art Painting (AS) 12:00 Riverside Square Mall Trip (Bus) 2:00 LCR Game (GR) 2:00 Rummikub Club (GR) 3:30 Crossword with Joe (ACT) 3:30 Mind-Body Exercise (PTH) 4:15 Wall Scrabble (GR) 8:00 Movie Musical (T)</p>	<p>10:00 Combing Through the News (PTH) 10:30 Strength & Fitness (ACT) 11:30 You be the Judge (ACT) 1:30 Poker (GR) 2:00 Bingo Bash (ACT) 2:00 Canasta Club with Lisa (GR) 3:15 Yoga with Mimi (ACT) 3:30 Social Hour (PTH) 4:15 Shabbat (ACT) 8:00 Movie Night - New Release (T)</p>	<p>10:00 AM Shopping Shuttle (Bus) 10:00 Shabbat - Virtual Service (PTH) 10:00 Sports Highlights with Joe (T) 10:30 Yoga Flow (ACT) 11:15 Wall Scrabble with Joe (GR) 1:00 Line Dancing (ACT) 1:45 Saturday Matinee (T) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 8:00 Saturday Night Symphony Show (T)</p>
<p>9:15 Catholic Mass Livestream (PTH) 10:00 Communion (T) 10:30 Tai Chi (ACT) 11:00 Sunday Stretch with Laura (PTH) 11:15 Art History Lecture (T) 11:30 Creative Craft Meetup (AS) 1:45 Weird History w/ Mike (T) 2:15 Bingo (ACT) 3:30 Resident Art Show with Live Music (ACT) 3:30 Social Hour (PTH) 8:00 Movie Musicals (T)</p>	<p>10:00 News & Views with Sam (L) 10:30 Morning Yoga with Jen (ACT) 11:30 Ted Talk & Discussion (T) 1:00 Knit Wits Club (BC) 2:00 Birdhouse Painting (AS) 2:00 LCR Game 2:00 Opera Appreciation w/ Joe Lawliss (T) 3:15 Centering Yoga Class (ACT) 3:30 Social Hour (PTH) 6:30 Bingo with Cindy (ACT) 8:00 Monday Night Movie (T)</p>	<p>9:15 Post Office & Bank Outing (Bus) 10:00 Jeopardy Challenge (L) 10:30 Total Body Movement with Deb (ACT) 11:30 Wall Scrabble (GR) 1:15 Tech Tuesday - Help Desk (BC) 1:30 Making Shamrock Shakes (ACT) 1:30 Poker (GR) 2:00 Lifestyle Committee (ACT) 3:30 Balloon Volleyball (ACT) 3:30 Sunset Stretch (PTH) 8:00 Movie Night- Resident Pick (T)</p>	<p>10:15 Current Events with Bob (T) 10:30 Balance Fitness with Tammie (ACT) 11:30 Crafting with Cindy (AS) 11:30 Crossword Challenge (ACT) 12:00 Cooking Demo with Connor (B) 1:45 Travelogue Series w/ Joe (T) 2:00 Mahjong with Michelle (GR) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 5:00 Piermont Dinner Outing (Bus) 8:00 Movie Action (T)</p>	<p>10:00 Aquacise Class with Kim (P) 10:30 Gentle Yoga with Jen (ACT) 11:30 Cindy's Sip & Paint (AS) 12:00 A Trip to The Cheesecake Factory (Bus) 2:00 LCR Game (GR) 2:00 Rummikub Club (GR) 2:00 Tea for You, Tea for Me! (ACT) 3:30 Crossword with Joe (ACT) 3:30 Mind-Body Exercise (PTH) 7:15 Evening Concert Show (T)</p>	<p>Spring Equinox 10:00 Combing Through the News (PTH) 10:30 Strength & Fitness (ACT) 11:30 You be the Judge (ACT) 1:30 Poker (GR) 2:00 Bingo Bash (ACT) 2:00 Canasta Club with Lisa (GR) 3:15 Yoga with Mimi (ACT) 3:30 Social Hour (PTH) 4:15 Shabbat (ACT) 8:00 Movie Night - New Release (T)</p>	<p>10:00 AM Shopping Shuttle (Bus) 10:00 Shabbat - Virtual Service (PTH) 10:00 Sports Highlights with Joe (T) 10:30 Yoga Flow (ACT) 11:15 Wall Scrabble with Joe (GR) 1:00 Line Dancing (ACT) 1:45 Saturday Matinee (T) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 8:00 Movie Musical (T)</p>
<p>9:15 Catholic Mass Livestream (PTH) 10:00 Communion (T) 10:30 Tai Chi (ACT) 11:00 Sunday Stretch with Laura (PTH) 11:15 Art History Lecture (T) 11:30 Creative Craft Meetup (AS) 1:45 Weird History w/ Mike (T) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 8:00 Movie Musicals (T)</p>	<p>10:00 News & Views with Sam (L) 10:30 Morning Yoga with Jen (ACT) 11:30 Ted Talk & Discussion (T) 1:00 Knit Wits Club (BC) 2:00 LCR Game 2:30 Live Show with Julain (PTH) 3:15 Centering Yoga Class (ACT) 3:30 Social Hour (PTH) 3:30 Watercolor Art (AS) 6:30 Bingo with Cindy (ACT) 8:00 Monday Night Movie (T)</p>	<p>9:15 Post Office & Bank Outing (Bus) 10:00 Jeopardy Challenge (L) 10:30 Total Body Movement with Deb (ACT) 11:30 Wall Scrabble (GR) 1:15 Tech Tuesday - Help Desk (BC) 1:30 Poker (GR) 2:00 Live Lecture with Paul R (T) 3:30 Balloon Volleyball (ACT) 3:30 Sunset Stretch (PTH) 8:00 Movie Night- Resident Pick (T)</p>	<p>10:15 Current Events with Bob (T) 10:30 Balance Fitness with Tammie (ACT) 11:30 Crafting with Cindy (AS) 11:30 Crossword Challenge (ACT) 12:00 Cooking Demo with Connor (B) 1:45 Travelogue Series w/ Joe (T) 2:00 Mahjong with Michelle (GR) 2:15 Bingo (ACT) 3:00 Monthly Birthday Bash! (B) 8:00 Movie Action (T)</p>	<p>10:00 Aquacise Class with Kim (P) 10:30 Gentle Yoga with Jen (ACT) 11:30 Spring Beading (AS) 12:15 Northvale Diner Trip (Bus) 2:00 AL Resident Council Mtg (ACT) 2:00 LCR Game (GR) 2:00 Rummikub Club (GR) 2:30 Dessert Waffle Bar with Lifestyle (ACT) 3:30 Crossword with Joe (ACT) 3:30 Mind-Body Exercise (PTH) 7:00 Wine Tasting w/ Joe (PTH) 8:00 Movie Musical Night (T)</p>	<p>10:00 Combing Through the News (PTH) 10:30 Strength & Fitness (ACT) 11:30 You be the Judge (ACT) 1:30 Poker (GR) 2:00 Bingo Bash (ACT) 2:00 Canasta Club with Lisa (GR) 3:15 Yoga with Mimi (ACT) 3:30 Social Hour (PTH) 4:15 Shabbat (ACT) 8:00 Movie Night - New Release (T)</p>	<p>10:00 AM Shopping Shuttle (Bus) 10:00 Shabbat - Virtual Service (PTH) 10:00 Sports Highlights with Joe (T) 10:30 Yoga Flow (ACT) 11:15 Wall Scrabble with Joe (GR) 1:00 Line Dancing (ACT) 1:45 Saturday Matinee (T) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 8:00 Documentary Film Night (T)</p>
<p>9:15 Catholic Mass Livestream (PTH) 10:00 Communion (T) 10:30 Tai Chi (ACT) 11:00 Sunday Stretch with Laura (PTH) 11:15 Art History Lecture (T) 11:30 Creative Craft Meetup (AS) 1:45 Weird History w/ Mike (T) 2:15 Bingo (ACT) 3:30 Social Hour (PTH) 3:30 Spring Bottle Art (AS) 8:00 Movie Musicals (T)</p>	<p>10:00 News & Views with Sam (L) 10:30 Morning Yoga with Jen (ACT) 11:30 50's & 60's Trivia (ACT) 11:30 Ted Talk & Discussion (T) 1:00 Knit Wits Club (BC) 2:00 Bake-ology w/ Laura & Cindy (ACT) 2:00 LCR Game 3:15 Centering Yoga Class (ACT) 3:30 Social Hour (PTH) 6:30 Bingo with Cindy (ACT) 8:00 Monday Night Movie (T)</p>	<p>9:15 Post Office & Bank Outing (Bus) 10:00 Jeopardy Challenge (L) 10:30 Total Body Movement with Deb (ACT) 11:30 Wall Scrabble (GR) 1:15 Tech Tuesday - Help Desk (BC) 1:30 Poker (GR) 2:00 Calligraphy Class (AS) 3:30 Balloon Volleyball (ACT) 3:30 Sunset Stretch (PTH) 8:00 Movie Night- Resident Pick (T)</p>				

March 2026

Allegro Harrington Park - Ensemble



Happy Birthday!

Jean S. 3/15

Locations

- P = Pool
- ACT = Activity Room
- GR = Game Room
- BC = Business Center
- PTH = Penthouse Pub
- T = Theater
- Bus = Bus Trip
- AS = Art Studio
- L = Library
- B = Bistro
- LR = Living Room
- P = Patio
- DR = Dining Room
- I = iN2L Computer
- O = Outdoors

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Virtual Catholic Mass (IC)</p> <p>11:00 Therapeutic Arts (LR)</p> <p>11:30 Gentle Stretching with Anne (P)</p> <p>2:00 Calm Breathing Bubble (IC)</p> <p>2:30 Snack N' Chat (P)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:30 Today in History Trivia (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Concert Series (LR)</p>	<p>10:00 Wheel of Fortune (LR)</p> <p>10:45 Rosary Group (LR)</p> <p>11:00 Crafting Corner-Making Bird Houses (LR)</p> <p>11:30 Gentle Yoga (LR)</p> <p>1:00 Walk Around Allegro (O)</p> <p>2:00 Afternoon Trivia-Hollywood & Entertainment (LR)</p> <p>2:30 Sit and Strength (LR)</p> <p>3:00 Sports Galore (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Coffee and Conversations (LR)</p>	<p>10:00 Let's Talk: Wildlife (LR)</p> <p>10:30 The "Creature Comforts" Art Session (LR)</p> <p>11:30 Gentle "Wings" Exercise (LR)</p> <p>1:30 Birdfeeder Cafe (P)</p> <p>1:45 Garden Walk Path (O)</p> <p>3:00 Wildlife Reminiscence: Social (LR)</p> <p>4:00 Bingo (P)</p> <p>6:00 Ensemble Singing Society (IC)</p>	<p>10:00 Price is Right (LR)</p> <p>11:00 Nature's Art (LR)</p> <p>11:15 Balance & Strength Fitness (LR)</p> <p>1:00 Walking Club (LR)</p> <p>1:15 Wellness Melodies (P)</p> <p>2:15 Rhythm and Rubs (LR)</p> <p>3:00 Let's Reminisce (P)</p> <p>3:30 Music for Joy (LR)</p> <p>4:15 Bingo (LR)</p> <p>6:00 Posi-ti-vi Tea (DR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>11:00 Clay Date (LR)</p> <p>11:30 Calm Breathing Bubble (LR)</p> <p>2:00 Chapter's Inc. (LR)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:00 Mugs & Memories (DR)</p> <p>3:30 Sip, Share, and Connect (PP)</p> <p>4:15 Karaoke (IC)</p> <p>6:00 Life Long Learning (IC)</p>	<p>10:00 Storytelling 101 (LR)</p> <p>11:30 Stay Fit, Stay Fabulous (LR)</p> <p>2:00 Fitness with HP (LR)</p> <p>2:30 Fridays at the Movies (T)</p> <p>3:30 Roll Another One (LR)</p> <p>4:15 You Name It! Pictionary (LR)</p> <p>4:30 Concert Series (LR)</p> <p>6:00 Virtual Shabbat Services (IC)</p>	<p>10:00 Family Feud (LR)</p> <p>10:30 Paws & Relax (LR)</p> <p>11:00 Inhale Wisdom (LR)</p> <p>11:00 Nature's Nurturers (P)</p> <p>1:15 Color Me Happy (LR)</p> <p>2:00 Jogging your Noggin (LR)</p> <p>3:00 Chair Yoga (LR)</p> <p>3:30 Bingo (LR)</p> <p>4:00 The Price is Right (IC)</p> <p>6:00 Concert Series (LR)</p>
<p>10:00 Virtual Catholic Mass (IC)</p> <p>11:00 Therapeutic Arts (LR)</p> <p>11:30 Gentle Stretching with Anne (P)</p> <p>2:00 Calm Breathing Bubble (IC)</p> <p>2:30 Snack N' Chat (P)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:30 Today in History Trivia (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Concert Series (LR)</p>	<p>10:00 Wheel of Fortune (LR)</p> <p>10:45 Rosary Group (LR)</p> <p>11:00 Crafting Corner- Scented Greeting Cards (LR)</p> <p>11:30 Gentle Yoga (LR)</p> <p>1:00 Walk Around Allegro (O)</p> <p>2:00 Afternoon Trivia-Household (LR)</p> <p>2:30 Sit and Strength (LR)</p> <p>3:00 Sports Galore (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Coffee and Conversations (LR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>10:30 Paper Crafting- Flowers (LR)</p> <p>11:30 Total Body Movement (LR)</p> <p>1:30 Afternoon Stretch (LR)</p> <p>1:45 Adventure with A View (BT)</p> <p>3:00 Float Like A Balloon (LR)</p> <p>4:00 Bingo (P)</p> <p>6:00 Ensemble Singing Society (IC)</p>	<p>10:00 Price is Right (LR)</p> <p>11:00 Nature's Art (LR)</p> <p>11:15 Balance & Strength Fitness (LR)</p> <p>1:00 Walking Club (LR)</p> <p>1:15 Wellness Melodies (P)</p> <p>2:15 Where Every Story Matters (LR)</p> <p>3:00 Let's Reminisce (IC)</p> <p>3:30 Music for Joy (LR)</p> <p>4:15 Bingo (LR)</p> <p>6:00 Posi-ti-vi Tea (DR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>11:15 Total Body Fitness (LR)</p> <p>1:30 Wellness Melodies (P)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:00 Mugs & Memories (DR)</p> <p>3:30 Sip, Share, and Connect (PP)</p> <p>3:45 Feel the Music (LR)</p> <p>4:15 Karaoke (IC)</p> <p>6:00 Life Long Learning (IC)</p>	<p>10:00 Storytelling 101 (LR)</p> <p>11:00 Crafting Corner (LR)</p> <p>11:30 Stay Fit, Stay Fabulous (LR)</p> <p>1:00 Music Therapy (LR)</p> <p>2:00 Drum Fitness (LR)</p> <p>2:30 Fridays at the Movies (T)</p> <p>3:30 Roll Another One (LR)</p> <p>4:15 You Name It! Pictionary (LR)</p> <p>4:30 Concert Series (LR)</p> <p>6:00 Virtual Shabbat Services (IC)</p>	<p>10:00 Family Feud (LR)</p> <p>10:30 Paws & Relax (LR)</p> <p>11:00 Inhale Wisdom (LR)</p> <p>11:00 Nature's Nurturers (P)</p> <p>11:15 Manicure Madness (LR)</p> <p>1:15 Color Me Happy (LR)</p> <p>2:00 Jogging your Noggin (LR)</p> <p>3:00 Chair Yoga (LR)</p> <p>3:30 Bingo (LR)</p> <p>4:00 The Price is Right (IC)</p> <p>6:00 Concert Series (LR)</p>
<p>10:00 Virtual Catholic Mass (IC)</p> <p>11:00 Therapeutic Arts (LR)</p> <p>11:30 Gentle Stretching with Anne (P)</p> <p>2:00 Calm Breathing Bubble (IC)</p> <p>2:30 Snack N' Chat (P)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:30 Today in History Trivia (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Concert Series (LR)</p>	<p>10:00 Wheel of Fortune (LR)</p> <p>10:45 Rosary Group (LR)</p> <p>11:00 Crafting Corner- Nature-Pressed Lanterns (LR)</p> <p>11:30 Gentle Yoga (LR)</p> <p>1:00 Walk Around Allegro (O)</p> <p>2:00 Afternoon Trivia-Finish the Song Lyric (LR)</p> <p>2:30 Sit and Strength (LR)</p> <p>3:00 Sports Galore (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Coffee and Conversations (LR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>10:30 The "Pot of Gold" Suncatchers (LR)</p> <p>11:30 The Shamrock Stretch w/Tammie (LR)</p> <p>1:30 The Luck of the Kitchen: Baking Shamrock Cookies (DR)</p> <p>2:15 The Emerald Cinema-The Gentle Choice:The Secret of Roan Irish (LR)</p> <p>3:00 Seated Shamrock Stretch (P)</p> <p>4:00 Bingo (P)</p> <p>6:00 Ensemble Singing Society (IC)</p>	<p>10:00 Price is Right (LR)</p> <p>11:00 Nature's Art (LR)</p> <p>11:15 Balance & Strength Fitness (LR)</p> <p>1:00 Walking Club (LR)</p> <p>1:15 Wellness Melodies (P)</p> <p>2:15 Where Every Story Matters (LR)</p> <p>3:00 Let's Reminisce (IC)</p> <p>3:30 Chair Fitness (LR)</p> <p>4:15 Bingo (LR)</p> <p>6:00 Posi-ti-vi Tea (DR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>11:00 Clay Date (LR)</p> <p>11:30 Calm Breathing Bubble (LR)</p> <p>1:30 Crafted in Beads (LR)</p> <p>2:00 Chapter's Inc. (LR)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:00 Mugs & Memories (DR)</p> <p>3:30 Sip, Share, and Connect (PP)</p> <p>4:15 Karaoke (IC)</p> <p>6:00 Life Long Learning (IC)</p>	<p>10:00 Storytelling 101 (LR)</p> <p>11:30 Stay Fit, Stay Fabulous (LR)</p> <p>2:00 Fitness with HP (LR)</p> <p>2:30 Fridays at the Movies (T)</p> <p>3:30 Roll Another One (LR)</p> <p>4:15 You Name It! Pictionary (LR)</p> <p>4:30 Concert Series (LR)</p> <p>6:00 Virtual Shabbat Services (IC)</p>	<p>10:00 Family Feud (LR)</p> <p>10:30 Paws & Relax (LR)</p> <p>11:00 Inhale Wisdom (LR)</p> <p>11:00 Nature's Nurturers (P)</p> <p>1:15 Color Me Happy (LR)</p> <p>2:00 Jogging your Noggin (LR)</p> <p>3:00 Chair Yoga (LR)</p> <p>3:30 Bingo (LR)</p> <p>4:00 The Price is Right (IC)</p> <p>6:00 Concert Series (LR)</p>
<p>10:00 Virtual Catholic Mass (IC)</p> <p>11:00 Therapeutic Arts (LR)</p> <p>11:30 Gentle Stretching with Anne (P)</p> <p>2:00 Calm Breathing Bubble (IC)</p> <p>2:30 Snack N' Chat (P)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:30 Today in History Trivia (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Concert Series (LR)</p>	<p>10:00 Wheel of Fortune (LR)</p> <p>10:45 Rosary Group (LR)</p> <p>11:00 Crafting Corner- Threading "Giant" Beads (LR)</p> <p>11:30 Gentle Yoga (LR)</p> <p>1:00 Walk Around Allegro (O)</p> <p>2:00 Afternoon Trivia-Food & Brands (LR)</p> <p>2:30 Sit and Strength (LR)</p> <p>3:00 Sports Galore (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Coffee and Conversations (LR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>10:30 Paper Crafting-Paper Chain (LR)</p> <p>11:30 Total Body Movement (LR)</p> <p>1:30 Afternoon Stretch (LR)</p> <p>1:45 Adventure with A View (BT)</p> <p>3:00 Float Like A Balloon (LR)</p> <p>4:00 Bingo (P)</p> <p>6:00 Ensemble Singing Society (IC)</p>	<p>10:00 Price is Right (LR)</p> <p>11:00 Nature's Art (LR)</p> <p>11:15 Balance & Strength Fitness (LR)</p> <p>1:00 Walking Club (LR)</p> <p>1:15 Wellness Melodies (P)</p> <p>2:15 Where Every Story Matters (LR)</p> <p>3:00 Let's Reminisce (IC)</p> <p>3:30 Music for Joy (LR)</p> <p>4:15 Bingo (LR)</p> <p>6:00 Posi-ti-vi Tea (DR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>11:15 Total Body Fitness (LR)</p> <p>1:30 Wellness Melodies (P)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:00 Mugs & Memories (DR)</p> <p>3:30 Sip, Share, and Connect (PP)</p> <p>4:15 Karaoke (IC)</p> <p>6:00 Life Long Learning (IC)</p>	<p>10:00 Storytelling 101 (LR)</p> <p>11:00 Crafting Corner (LR)</p> <p>11:30 Stay Fit, Stay Fabulous (LR)</p> <p>1:00 Music Therapy (LR)</p> <p>2:00 Drum Fitness (LR)</p> <p>2:30 Fridays at the Movies (T)</p> <p>3:30 Roll Another One (LR)</p> <p>4:15 You Name It! Pictionary (LR)</p> <p>4:30 Concert Series (LR)</p> <p>6:00 Virtual Shabbat Services (IC)</p>	<p>10:00 Family Feud (LR)</p> <p>10:30 Paws & Relax (LR)</p> <p>11:00 Inhale Wisdom (LR)</p> <p>11:00 Nature's Nurturers (P)</p> <p>1:15 Color Me Happy (LR)</p> <p>2:00 Jogging your Noggin (LR)</p> <p>3:00 Chair Yoga (LR)</p> <p>3:30 Bingo (LR)</p> <p>4:00 The Price is Right (IC)</p> <p>6:00 Concert Series (LR)</p>
<p>10:00 Virtual Catholic Mass (IC)</p> <p>11:00 Therapeutic Arts (LR)</p> <p>11:30 Gentle Stretching with Anne (P)</p> <p>2:00 Calm Breathing Bubble (IC)</p> <p>2:30 Snack N' Chat (P)</p> <p>2:45 Affirmation Nation (LR)</p> <p>3:30 Today in History Trivia (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Concert Series (LR)</p>	<p>10:00 Wheel of Fortune (LR)</p> <p>10:45 Rosary Group (LR)</p> <p>11:00 Crafting Corner- Watercolor Flowers (LR)</p> <p>11:30 Gentle Yoga (LR)</p> <p>1:00 Walk Around Allegro (O)</p> <p>2:00 Afternoon Trivia-History (LR)</p> <p>2:30 Sit and Strength (LR)</p> <p>3:00 Sports Galore (LR)</p> <p>4:00 Bingo (LR)</p> <p>6:00 Coffee and Conversations (LR)</p>	<p>10:00 This Is Your Life (LR)</p> <p>10:30 Paper Crafting-Scrapbook (LR)</p> <p>11:30 Total Body Movement (LR)</p> <p>1:30 Afternoon Stretch (LR)</p> <p>1:45 Adventure with A View (BT)</p> <p>3:00 Float Like A Balloon (LR)</p> <p>3:45 Let's Dance (LR)</p> <p>4:00 Bingo (P)</p> <p>6:00 Ensemble Singing Society (IC)</p>				