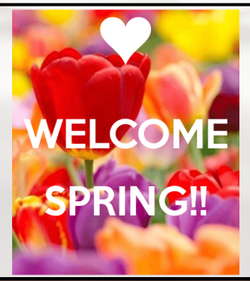
MARCH 2026

ALLEGRO SENIOR LIVING CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Trip to Church Services (Bus) 10:15 Walking for Health (PAT) 1:30 Afternoon Movie: Residents' Choice (GT) 2:00 Musical Nostalgia-Music of the 60's (CR) 3:00 Brain Boosters (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"Marty Supreme" (GT)	**2** 10:15 Balance and Coordination (Spa) 11:00 Word Game Challenge (CR) 11:30 Lunch to Mimosa Cafe (Bus) 1:30 Painting Mandala Coasters (CR) 3:00 Horse Racing (PAT) 4:00 Happy/Social Hour-National Margarita Day (B) 7:00 Movie-"Housemaid" (GT) 7:15 BINGO at NIGHT (CR)	**3** 10:00 Guided Meditation (CR) 10:00 Loop Trip (Bus) 11:00 Exercise with Mary (Spa) 1:00 Spring Bird Houses (CR) 2:00 Bingo (GT) 3:00 Chair Zumba 4:00 Happy/Social Hour (B) 7:00 Movie-"Click" (GT)	**4** 10:00 The Music of Broadway (P) 11:00 Trip to Delray Movies (Bus) 11:15 Morning Stretch (Spa) 1:30 Mason Jar Luminaries (CR) 2:30 Entertainment with Frani (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"Twisters" (GT) 7:15 Super $$Bingo$$ (CR)	**5** 9:30 Walking for Health (A) 10:00 Word Game Challenge (C) 11:00 Exercise with Mary (Spa) 1:30 20 Questions (B) 3:00 Snacktivity-Making Hamentashen (CR) 4:00 Happy/Social Hour (B) 7:00 Movie-"The Running Man" (GT) 7:30 Scrabble Challenge (CR)	**6** 10:00 Book Club Discussion (GT) 10:00 Coffee and Crosswords (CR) 11:00 Chair Yoga (CR) 11:00 Golf Challenge (PG) 1:30 Banking Day (Bus) 2:00 High Tea (CR) 3:15 Shabbat Services (GT) 4:00 Happy/Social Hour (B) 7:00 Movie-"Regretting You" (GT)	**7** 10:00 Name that Tune (CR) 10:30 Publix (Bus) 11:00 Arts and Crafts (CR) 1:30 Word Challenge (CR) 3:00 Bridge Players Meet (LR) 3:00 Jenga Challenge (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"Relationship Goals" (GT)
8 10:00 Trip to Church Services (Bus) 10:15 Chair Zumba (CR) 1:30 Afternoon Movie: Residents' Choice (GT) 2:00 Scrabble Club (CR) 3:00 Brain Boosters (B) 3:00 Canasta Players Meet (LR) 4:00 Happy/Social Hour (B) 7:00 Movie-"Hamnet" (GT)	**9** 9:30 News of the Day (B) 10:15 Balance and Coordination (Spa) 10:45 Trip to Morikami (Bus) 11:00 Word Game Challenge (CR) 1:30 Water Color Art (CR) 3:00 Complete the Lyrics (PAT) 4:00 Happy/Social Hour (B) 7:00 Movie-"Song Sung Blue" (GT) 7:15 BINGO at NIGHT (CR)	**10** 10:00 Guided Meditation (CR) 10:00 Loop Trip (Bus) 11:00 Exercise with Mary (Spa) 1:00 Garden Rock Painting (CY) 2:00 Bingo (GT) 2:00 Game Guest Day (C) 2:30 Entertainment with Garth (B) 3:00 Truth or Dare (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"Rosemead" (GT)	**11** 10:00 Town Hall Meeting (GT) 11:00 Are you Smarter than a Fourth Grader? (B) 11:00 Library (Bus) 11:15 Morning Stretch (Spa) 1:30 Jenga Challenge (B) 2:30 Mah-Jongg Players Meet (LR) 4:00 Happy/Social Hour (B) 7:00 Movie-"The Idea of You" (GT)	**12** 10:00 Word Game Challenge (C) 11:00 Exercise with Mary (Spa) 1:00 Canasta Players Meet (LR) 2:00 Flower Arranging with Live Flowers-(bring a vase if you have) (CR) 3:00 Corn Hole (PAT) 4:00 Happy/Social Hour (B) 4:15 Dinner Outing - American Fare (Bus) 7:00 Movie-"The Beekeeper" (GT)	**13** 10:00 Coffee and Crosswords (CR) 11:00 Learn to Sketch (CR) 1:30 Banking Day (Bus) 2:00 Chair Yoga (CR) 3:15 Shabbat Services (GT) 4:00 Happy/Social Hour (B) 7:00 Movie-"Expedition:Greenland" (GT)	**14** 10:00 Name that Tune (CR) 10:30 Publix (Bus) 11:00 Arts and Crafts (CR) 1:30 Word Challenge (CR) 3:00 Afternoon Tea and Trivia (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"The Choice" (GT)
15 10:00 Trip to Church Services (Bus) 10:15 Horseshoes (CY) 1:30 Afternoon Movie: Residents' Choice (GT) 2:00 Karaoke (CR) 3:00 Bird Watching (CY) 4:00 Happy/Social Hour (B) 7:00 Movie-"The Promotion" (GT)	**16** 9:30 Walking for Health 10:15 Balance and Coordination (Spa) 11:00 Word Game Challenge (CR) 1:00 Beading Workshop (CR) 3:00 Cardio Drumming (CR) 4:00 Happy/Social Hour (B) 7:00 Movie-"America is Sinking" (GT) 7:15 BINGO at NIGHT (CR)	**17** 10:00 Guided Meditation (CR) 10:00 Loop Trip (Bus) 11:00 Exercise with Mary (Spa) 1:00 Decoupage on Canvas 2:00 Bingo (GT) 3:00 St. Patrick's Day Trivia-Wear Green or Get Pinched! (B) 4:00 Happy/Social Hour-St. Patrick's Day Festivities! (B) 7:00 Movie-"The Gentlemen" (GT)	**18** 9:30 Good News Stories (B) 10:00 Food and Activities Committee Meetings (GT) 11:15 Morning Stretch (Spa) 1:00 Bridge Players Meet (LR) 1:30 Making Earrings (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"Operation Fortune" (GT)	**19** 10:00 Word Game Challenge (C) 10:30 Ed Lamont - Lecture (GT) 11:00 Exercise with Mary (Spa) 1:30 Spring Wreaths (CR) 3:00 Caregiver Support Group (CR) 4:00 Entertainment with Ira Shore (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"The Best of Me" (GT)	**20** 10:00 Coffee and Crosswords (CR) 11:00 Spelling Bee Contest (win a gift card) (B) 1:00 Putting Tournament (PG) 1:30 Banking Day (Bus) 2:00 Chair Yoga (CR) 3:15 Shabbat Services (GT) 4:00 Happy/Social Hour (B) 7:00 Movie-"Fear of Rain" (GT)	**21** 10:00 Name that Tune (CR) 10:30 Lecture with Harry Getzov (GT) 10:30 Publix (Bus) 11:00 Arts and Crafts (CR) 1:30 Word Challenge (CR) 2:20 Visit with Bonified Therapy Dogs (A) 4:00 Happy/Social Hour (B) 7:00 Movie-"A Honeymoon to Remember" (GT)
22 10:00 Trip to Church Services (Bus) 10:15 Walking for Health (PAT) 1:30 Afternoon Movie: Residents' Choice (GT) 2:00 Corn Hole (PAT) 3:00 Brain Boosters (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"Sherlock Holmes" (GT)	**23** 9:30 News and Views (B) 10:15 Balance and Coordination (Spa) 11:00 Word Game Challenge (CR) 1:30 Chair Zumba (CR) 2:30 "Bedazzling" Art-Bring a Personal Item to Decorate (CR) 4:00 Happy/Social Hour (B) 7:00 Movie-"Leapyear" (GT) 7:15 BINGO at NIGHT (CR)	**24** 10:00 Guided Meditation (CR) 10:00 Loop Trip (Bus) 11:00 Exercise with Mary (Spa) 1:00 Trip to Delray Playhouse (For those with Tickets) (Bus) 2:00 Bingo (GT) 4:00 Happy/Social Hour (B) 7:00 Movie-"Kidnapped-Elizabeth Smart" (Documentary) (GT) 7:30 Black Jack	**25** 9:30 Storytelling Circle (PAT) 10:00 Resident Council Meeting 11:15 Morning Stretch (Spa) 1:30 3-D Art Workshop (CR) 2:30 Entertainment with Jaycee (B) 3:00 Friendly Feud (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"I am Celine Dion" (Docum) (GT) 7:30 Ladies Board Game Night (C)	**26** 9:30 Walking to the Beat Outside (A) 10:00 Word Game Challenge (C) 10:30 Lecture-Self-Care with Channe Foderman (GT) 11:00 Exercise with Mary (Spa) 1:00 Scrabble Club (C) 1:30 Abstract Art on Canvas (CR) 3:00 Wine Tasting (B) 4:00 Happy/Social Hour (B) 7:00 Movie-"Shrinking" (GT)	**27** 10:00 Coffee and Crosswords (CR) 11:00 Spring Scavenger Hunt (A) 1:30 Banking Day (Bus) 2:00 Chair Yoga (CR) 3:00 Scrabble Club (CR) 3:15 Shabbat Services (GT) 4:00 Happy/Social Hour (B) 7:00 Movie-"The Hunt" (GT)	**28** 10:00 Name that Tune (CR) 10:30 Publix (Bus) 11:00 Arts and Crafts (CR) 1:30 Word Challenge (CR) 3:00 Chair Tai Chi (CR) 4:00 Happy/Social Hour (B) 7:00 Movie-"Springsteen-Deliver Me From Nowhere" (GT)
29 10:00 Trip to Church Services (Bus) 10:15 Name That Tune (CR) 1:30 Afternoon Movie: Residents' Choice (GT) 2:00 Step Back into the 50's (CR) 3:00 Gentle Movement Workout (CR) 4:00 Happy/Social Hour (B) 7:00 Movie-"Wicked For Good" (GT)	**30** 10:15 Balance and Coordination (Spa) 11:00 Trip to Anthony's and Lunch (Bus) 11:00 Word Game Challenge (CR) 12:15 February Birthday Lunch (DR) 1:30 Paint and Sip (CR) 4:00 Happy/Social Hour (B) 7:00 Movie-"All Her Fault" (GT) 7:15 BINGO at NIGHT (CR)	**31** 10:00 Guided Meditation (CR) 10:00 Loop Trip (Bus) 10:30 All About Mobile Medical with Michelle (GT) 11:00 Exercise with Mary (Spa) 1:00 Chair Zumba (CR) 2:00 Bingo (GT) 3:00 Chess and Checkers (C) 4:00 Happy/Social Hour (B) 7:00 Movie-"The Americas"-Docum. (GT)				

Happy Birthday!

DANIEL LARNED	3/07
IRWIN MAYER	3/08
AL PASTERNAK	3/16
MYRNA SHAPIRO	3/22

Locations

AR = Activity Room
A = Atrium
B = Bistro
Bus = Bus Trip
C = Card Room
CR = Community Room
CY = Courtyard
DR = Dining Room
GT = Grand Theatre
LR = Living Room
MC = Man Cave
PAT = Patio
P = Pool
PG = Putting Green
DR = Serenade Dining Room
Spa = Spa
GYM = Work Out Room – 2nd Floor

March 2026

Allegro Boynton Beach Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:15** Morning Stretch & Relaxation (LR) **10:15** Puzzletime (AR) **11:15** Table Games (AR) **1:15** Virtual Tour of Finland (LR) **2:15** Alphabet Soup (LR) **3:15** Sports Trivia (LR) **4:15** Relax and Refresh (LR) **6:15** Movie-The Ugly Truth (LR)	**2** **9:15** Upbeat Chair Aerobics (LR) **10:15** Jeopardy (LR) **11:15** Rummikub **1:15** Table Games (AR) **2:15** Words with Friends (LR) **3:15** Happy Hour (AR) **3:15** Reminisce (LR) **4:15** Dancing With the Stars (LR) **6:00** Purim Begins (LR) **6:15** Movie-Mr. Deeds (LR)	**3** **9:15** Balance and Strength Chair Workout (LR) **10:15** Wheel of Fortune (LR) **11:15** Scrabble (AR) **1:15** Puzzle Time (AR) **2:15** Snack-Hamantaschen Cookies (AR) **3:15** Putting on the Green (PG) **4:15** Relax and Refresh (LR) **6:15** Movie-License to Wed (LR)	**4** **9:15** 20 Min Energizing HIIT Workout (AR) **10:15** Table Games (AR) **11:00** Painting with Charlene (AR) **1:15** Family Feud (LR) **2:15** Spell Mania (LR) **3:15** Corn Hole (PAT) **4:15** Big Band Music (LR) **6:15** Movie-About My Father (LR)	**5** **9:15** Breathing and Relaxation (LR) **10:15** The Price Is Right (LR) **11:15** Scrabble (AR) **1:15** Table Games (AR) **2:15** Unscramble the Word (LR) **3:15** Bingo Bonanza (AR) **4:15** America's Got Talent (LR) **6:15** Movie-You've Got Mail (LR)	**6** **9:15** 500 Step Chair Walking (LR) **10:15** Matching Objects (LR) **11:00** Crossword Puzzle (PAT) **1:15** Wheel of Fortune (LR) **2:15** Break the Word (LR) **3:00** Entertainment with Chris Autore (LR) **3:15** Shabbat (LR) **4:15** Music from Broadway (LR) **6:15** Comedian-Tom Segura	**7** **9:15** Chair Yoga (CY) **10:15** Family Feud (LR) **11:15** Trivia (LR) **1:15** Table Games (AR) **2:15** Word Quest (LR) **3:15** Volleyball on the Patio (PAT) **4:15** Music by Lawrence Welk (LR) **6:15** Movie-Moving On (LR)
8 **2:00** Day Light Savings Time **9:15** Morning Stretch & Breathing Exercises (LR) **10:15** Puzzletime (AR) **11:15** Virtual Tour of the Florida Everglades (LR) **2:15** Alphabet Twist (LR) **6:15** Movie-The Fundamentals of Caring (LR)	**9** **9:15** Gentle Yoga (LR) **10:15** Hungry Hungry Hippo's (AR) **11:15** Jeopardy (LR) **1:15** Words With Friends (LR) **2:15** Wheel of Fortune (LR) **3:00** Entertainment with Stone Silk (LR) **4:15** Relax and Refresh (LR) **6:15** Movie-The Life List (LR)	**10** **9:15** Balance and Strength Chair Workout (LR) **10:15** Finish the Phrase (LR) **11:15** Table Games (AR) **1:15** Coro Music Trivia (LR) **2:15** Snacktivity Carmel Apple Drizzle (DR) **2:15** Tell Me a Joke (LR) **3:15** Have You Ever (LR) **4:15** Music by Duke Ellington (LR) **6:15** Movie-Like Father (LR)	**11** **9:15** Breathing And Relaxation (AR) **10:15** The Daily Loop (LR) **11:00** Sip and Paint (AR) **1:15** Corn Hole (PAT) **2:15** Table Games (AR) **3:00** Wheel of Fortune (LR) **3:45** Entertainment with Garth (LR) **6:15** Movie-Mrs. Doubtfire (LR)	**12** **9:15** Chair Pilates (LR) **10:15** Spin and Solve (LR) **11:15** The Loop (LR) **1:15** Say What You See (AR) **2:15** Unscramble the Word (LR) **3:15** Bingo Bonanza (AR) **4:15** Puzzle Time (LR) **6:15** Comedian-Seth Meyers Lobby Baby (LR)	**13** **9:15** Seated Stretches (LR) **10:15** Matching Objects (LR) **11:00** Crossword Puzzle (PAT) **1:15** Connect Four & Checkers (AR) **2:15** Word Wall (LR) **3:15** Bowling (AR) **3:15** Shabbat (LR) **4:15** Rock and Roll/Pop Icons (LR) **6:15** Comedian-Ricky Gervais	**14** **9:15** Upbeat Chair Aerobics (LR) **10:15** Family Feud (LR) **11:15** Water Colors (AR) **1:15** Table Games (AR) **2:15** Word Wall (LR) **3:15** Volleyball on the Patio (PAT) **4:15** Puzzle Time (AR) **6:15** Musical-Theres No Business Like Show Business (LR)
15 **9:15** Morning Stretch & Relaxation (LR) **10:15** Puzzletime (AR) **11:15** Virtual Tour of Paris (LR) **1:15** Pub Trivia (LR) **2:15** Alphabet Soup (LR) **3:15** Table Games (AR) **4:15** Relax and Refresh (LR) **6:15** Movie-The Starling (LR)	**16** **9:15** Upbeat Chair Aerobics (LR) **10:15** Spring Flower Arranging (AR) **10:15** Wheel of Fortune (LR) **11:15** Jeopardy (LR) **11:45** Lunch Outing to Mama Mia's (Bus) **2:15** Wordle (LR) **3:15** Finish the Phrase (LR) **4:00** Puzzle Time (AR) **6:15** Movie-Eleanor the Great (LR)	**17** **AD** St Patrick's Day **9:15** Balance and Strength Chair Workout (LR) **10:15** Wheel of Fortune (LR) **11:15** Scrabble **1:15** Charades (LR) **2:15** Putting on the Green (PG) **3:00** Happy Hour/Beer and Pretzels (LR) **4:15** Table Games (AR) **6:15** Movie-Your Place or Mine (LR)	**18** **9:15** 20 Min Energizing HIIT Workout (AR) **10:15** Table Games (AR) **11:00** Painting with Charlene (AR) **1:15** Game of Rummikub (AR) **2:15** Mandela Art (AR) **3:15** Crossword Puzzle (LR) **4:15** Puzzle Time (AR) **6:15** Movie-Letters to Juliet (LR)	**19** **9:15** 500 Step Chair Walking (LR) **10:15** The Price Is Right (LR) **11:15** Comic Strip Trivia (LR) **1:15** Table Games (AR) **2:15** Unscramble the Word (LR) **3:15** Bingo Bonanza (AR) **4:15** Songs by Johnny mathis (LR) **6:15** Comedian-Cristela Alonzo (LR)	**20** **AD** First Day of Spring **9:15** Up Chair Aerobics (LR) **10:15** Matching Objects (LR) **11:00** Crossword Puzzle (PAT) **1:15** Table Games (AR) **2:15** Word Wall (LR) **3:15** Puzzle Time (AR) **3:15** Shabbat (LR) **4:15** Romantic Music (LR) **6:15** Movie-The Mirror Has Two Faces (LR)	**21** **9:15** Chair Yoga (CY) **10:15** Family Feud (LR) **11:15** Scrabble (AR) **1:15** Table Games (AR) **1:30** Therapy Dogs (AR) **2:15** Word Wall (LR) **3:15** Volleyball on the Patio (PAT) **4:15** Music by Frank Sinatra (LR) **6:15** Musical-The Stars Are Singing (LR)
22 **9:15** Morning Stretch & Breathing Exercises (LR) **10:15** Puzzletime (AR) **11:15** Wheel of Fortune (LR) **1:15** Finish the Rhyme (LR) **2:15** Alphabet Twist (LR) **3:15** Say What You See (AR) **4:15** America's Got Talent (LR) **6:15** Movie-Just Go with It (LR)	**23** **9:15** Gentle Yoga (LR) **10:15** The Loop (LR) **11:15** Jeopardy (LR) **1:15** Finish the Phrase (LR) **2:15** Strawberry Shortcake Kabobs (DR) **3:15** Jenga (AR) **4:15** Table Games (AR) **6:15** Movie-Night at the Museum (LR)	**24** **9:15** Balance and Strength Chair Workout (LR) **10:15** Crossword Puzzle (LR) **11:15** Herb Garden (AR) **1:15** Runnikub (AR) **2:15** Ice Cream Social on the Patio (PAT) **3:15** Corn Hole (LR) **4:15** Wheel of Fortune (LR) **6:15** Movie-The Outlaws (LR)	**25** **9:15** Breathing And Relaxation (AR) **10:15** Sip and Paint (AR) **11:00** Table Games (AR) **11:45** Lunch Outing at McDonalds (Bus) **2:15** Charades (LR) **3:15** Puzzle Time (AR) **3:45** Entertainment with JC Revue (LR) **6:15** Movie-Dr No 007 (LR)	**26** **9:15** Chair Pilates (LR) **10:15** The Price Is Right (LR) **11:15** Mandela Art (AR) **1:15** Table Games (AR) **2:15** Uncover Words (LR) **3:15** Bingo Bonanza (AR) **4:15** Music by Paul Anka (LR) **6:15** Comedian-Ellen DeGeneres (LR)	**27** **9:15** Gentle Yoga (LR) **10:15** Matching Objects (LR) **11:00** Crossword Puzzle (PAT) **1:15** Connect Four & Checkers (AR) **2:15** Word Wall (LR) **3:15** Shabbat (LR) **4:15** Soft Dinner Music (LR) **6:15** Comedian-Conan O'Brien	**28** **9:15** Upbeat Chair Aerobics (LR) **10:15** The Price is Right (LR) **11:00** Puzzle Time (AR) **1:15** Music Trivia (LR) **2:15** Word Wall (LR) **3:15** Volleyball on the Patio (PAT) **4:15** I Love Lucy (LR) **6:15** Musical-Barbara, The Music, The Memories and The Magic (LR)
29 **AD** Palm Sunday **9:15** Morning Stretch & Relaxation (LR) **10:15** Puzzletime (AR) **11:15** Virtual Tour of Jerusalem (AR) **1:15** Jeporady (LR) **2:15** Alphabet Soup (LR) **3:15** Table Games (LR) **4:15** Music by Louie Armstrong (LR) **6:15** Movie-From Russia with Love (LR)	**30** **9:15** Upbeat Chair Aerobics (LR) **10:15** Game of Rummikub (AR) **11:15** Jeopardy (LR) **1:15** Tell Me A Joke (LR) **2:15** Scavenger Hunt (LR) **3:15** Word Challenge (LR) **4:15** Puzzle Time (AR) **6:15** Movie-Bucket List (LR)	**31** **9:15** Balance and Strength Chair Workout (LR) **10:15** Walt Disney Trivia (LR) **11:15** Scrabble (AR) **1:15** Word Search (LR) **2:15** Brownie Cup Parfaits (DR) **3:15** Putting on the Green (PG) **4:15** Paul Harvey, The Rest of the Story (LR) **6:15** Movie-The American President (LR)	 Super Bowl Sunday			

Allegro

Happy Birthday!

Pat W	3/17
George M	3/23
Harris C	3/24

Entertainment

Chris Autore	3/6
Stone Silk	3/9
Garth Bright	3/11
JC Revue	3/25

Locations

AR = Activity Room
A = Atrium
B = Bistro
Bus = Bus Trip
C = Card Room
CR = Community Room
CY = Courtyard
DR = Dining Room
GT = Grand Theatre
LR = Living Room
MC = Man Cave
PAT = Patio
P = Pool
PG = Putting Green
DR = Serenade Dining Room
Spa = Spa
GYM = Work Out Room – 2nd Floor