

UPCOMING COMMUNITY EVENTS



ASIAN LANTERN FESTIVAL OUTING

Join us for a magical evening at the Asian Lantern Festival at the Sanford Zoo on Thursday, January 8th, starting with a group dinner beforehand and then heading to the zoo to enjoy the stunning lantern displays, lights, and sights. A beautiful night out you won't want to miss! See Lifestyles for more information!

EGG DROP EXPERIMENT

Bring your own supplies and put your creativity to the test as Allegro provides the egg and you design a way to protect it during a drop from the third floor—can you secure yours well enough so it doesn't break? Prep time will be on January 29th at 1:30 PM in the Winter Park Room, with dropping time at 2:15 PM. Come ready to build, test, and have fun!



UPCOMING OUTINGS

SIGN UP WITH LIFESTYLES

January 8th - Asian Lantern Festival
January 9th - Altamonte Mall
January 16th - Mens Lunch
January 23rd - Ladies Lunch

Allegro in Winter Park

2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074



FLOURISH

JANUARY 2026



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

"EVERY MOMENT IS A FRESH BEGINNING."

—T.S. ELLIOT

Sunday
Monday
Allegro in Winter Park

2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074
www.allegroliving.com/senior-living-winter-park-florida

4

9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
2:30 **WP** Bingo for Bucks
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

11

9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
2:00 **B** Chord Carnival
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

18

9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
2:30 **WP** Bingo for Bucks
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

25

9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
2:00 **WP** Chair Volleyball
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

Tuesday

5

9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

12

9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

19

MLK Jr Day
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **TH** Mindful Meditation
11:30 **LB** Casselberry Commons
1:00 **PK** Poker
1:00 **LB** Pharmacy Shuttle
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

26

9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **TH** Evening Movie

Wednesday
6

9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** LeftCenterRight
1:00 **CR** Rummikub
1:30 **WP** You Be The Judge
2:30 **WP** Activity Committee
3:30 **B** Trivia Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

7

9:45 **TH** Wordle Warm Up
10:30 **WP** Kicks & Sticks
1:00 **WP** Artist in You W/Mayra
1:00 **PK** Poker
1:00 **CR** Canasta Game
1:30 **LB** Pharmacy Shuttle
2:00 **WP** Bible Study
3:30 **B** Caring Trans. Happy Hour
6:30 **TH** Evening Movie

13

9:30 **WP** Blood Pressure W/Sharon
10:00 **DR** Culinary Committee
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** Coping & Care with Carly
1:00 **LB** Pharmacy Shuttle
1:00 **CR** Rummikub
1:00 **WP** Crafts with Mayra
2:00 WP Allegro Ambassadors Meeting
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie

20

9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** The Butterfly Lady
1:00 **CR** Rummikub
2:30 **B** January Birthday Social
3:30 WP Frank Baucom Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

27

9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** Coping & Care with Carly
1:00 **CR** Rummikub
1:00 **WP** Crafts with Mayra
2:30 **WP** Herd Mentality
3:30 B Poetry Slam Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

Thursday

1 New Years Day
9:30 **WP** Thai Chi W/M. Robertson
11:30 **A** New Years Day Buffet
1:00 **CR** Bridge
2:00 TH Sound Meditation with Monette
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

8

9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Name That Tune
1:00 **CR** Bridge
1:30 **WP** Elaine's Writers Guild
2:30 **TH** Man on the Inside S2 Show
3:30 **B** Bar Bingo Happy Hour
3:30 LB Asian Lantern Outing
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

15

9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Left Center Right
1:00 **CR** Bridge
1:30 **WP** Elaine's Writers Guild
2:30 **TH** Man on the Inside S2 Show
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

22

9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:30 **WP** Elaine's Writers Guild
2:30 **TH** Man on the Inside S2 Show
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

29

9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Wheel of Fortune
1:00 **CR** Bridge
1:30 WP Egg Drop Experiment
2:30 **TH** Man on the Inside S2 Show
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

Friday

2
9:00 **TH** Guided Travelogue
9:30 **CR** Mahjong
9:30 **LB** Wayfair Outlet Shuttle
10:30 **WP** Exercise with Lifestyles
1:30 **LB** Trader Joes Shuttle
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

9

9:00 **TH** Guided Travelogue
9:30 **CR** Mahjong
9:30 **LB** Target Shuttle
10:30 **WP** Exercise with Lifestyles
1:00 DR Shabbat Service
1:30 **LB** Altamonte Mall Shuttle
2:00 **WP** Chair Volleyball
3:30 LB Asian Lantern Outing
6:30 **TH** Evening Movie

16

9:00 **TH** Guided Travelogue
9:30 **CR** Mahjong
9:30 **LB** Walmart Shuttle
10:30 **WP** Exercise with Lifestyles
11:30 LB Mens Lunch Outing
1:00 **CR** Third Friday Book Club
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

23

9:00 **TH** Guided Travelogue
9:30 **CR** Mahjong
9:30 **LB** Nordstrom Rack Shuttle
10:30 **WP** Exercise with Lifestyles
11:30 LB Ladies Lunch Outing
2:00 **WP** Chair Volleyball
2:30 CR Pop Up Library
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

30

9:00 **TH** Guided Travelogue
9:30 **CR** Mahjong
9:30 **LB** Dollar Store Shuttle
10:30 **WP** Exercise with Lifestyles
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

Saturday

3
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie

TITLE

1/6 Margaret Smyth
1/12 Bill Nosal
1/14 Donna Nickel
1/16 David Bowen

1/23 Lynn Updike
1/26 Steve Sheikh
1/27 Pamela Brewer
1/27 Jean Macaluso
1/28 Barb Bugner
1/29 Rudy Shipeky


LOCATION KEY

WP Winter Park Room
A Atrium
CR Card Room
TH Rollins Theater
LB Lobby
B Bistro
L Lounge
PK Poker Room
FP Fire Pit
DR Dining Room

Around our Community

January 2026

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

Allegro in Winter Park

2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074
www.allegroliving.com/senior-living-winter-park-florida



4
9:30 FR Spiritual Service Livestream
10:00 FR Morning Music Hymns
10:30 FR Rise & Revive Movements
11:00 AR Lights, Camera, Trivia
1:00 P Reflection & Recreation
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 I Evening Comedies

5
10:00 FR Sun-Rise Music Karaoke
10:30 FR Get Fit & Stretch
11:00 FR Chair Exercise with Brett
11:30 FR Pet Therapy with Chance
1:00 AC Social Art & Word Search
2:30 P Coffee & Sweets
3:15 B Tunes Across Campus
4:00 AR Board & Card Games
6:00 AR Hot Tea & Conversation

11
9:30 FR Spiritual Service Livestream
10:00 FR Morning Music Hymns
10:30 FR Rise & Revive Movements
11:00 AR Lights, Camera, Trivia
1:00 P Reflection & Recreation
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 I Evening Comedies

18
9:30 FR Spiritual Service Livestream
10:00 FR Morning Music Hymns
10:30 FR Rise & Revive Movements
11:00 AR Lights, Camera, Trivia
1:00 P Reflection & Recreation
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 I Evening Comedies

25
9:30 FR Spiritual Service Livestream
10:00 FR Morning Music Hymns
10:30 FR Rise & Revive Movements
11:00 AR Lights, Camera, Trivia
1:00 P Reflection & Recreation
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 I Evening Comedies

19
10:00 FR Sun-Rise Music Karaoke
10:30 FR Get Fit & Stretch
11:00 FR Chair Exercise with Brett
11:30 FR Pet Therapy with Chance
1:00 AC Social Art & Word Search
2:30 P Coffee & Sweets
3:15 B Tunes Across Campus
4:00 AR Board & Card Games
6:00 AR Hot Tea & Conversation

20
9:30 FR Morning Music Boost
10:00 AR Balloon Volleyball
10:30 AR Morning Trivial Minds
11:00 AR Butterfly Lady
1:00 TH Classic Cinema Tuesday
2:00 K Afternoon Refreshments
3:00 AC Active Steps and Strolls
4:00 AR Evening Social Chats
6:30 B Back Porch Band

26
10:00 FR Sun-Rise Music Karaoke
10:30 FR Get Fit & Stretch
11:00 FR Brain Tease Trivia
11:30 FR Pet Therapy with Chance
1:00 AC Social Art & Word Search
2:30 P Coffee & Sweets
3:15 B Tunes Across Campus
4:00 AR Board & Card Games
6:00 AR Hot Tea & Conversation

27
9:30 FR Morning Music Boost
10:00 AR Balloon Volleyball
10:30 AR Morning Trivial Minds
11:15 FR Laughter Yoga
1:00 TH Classic Cinema Tuesday
2:00 K Afternoon Refreshments
3:00 AC Active Steps and Strolls
4:00 AR Evening Social Chats
6:30 B Back Porch Band

6
9:30 FR Morning Music Boost
10:00 AR Balloon Volleyball
10:30 AR Morning Trivial Minds
11:15 FR Laughter Yoga
1:00 TH Classic Cinema Tuesday
2:00 K Afternoon Refreshments
3:00 AC Active Steps and Strolls
4:00 AR Evening Social Chats
6:30 B Back Porch Band

7
10:00 AR Gentle Chair Yoga
10:30 AR Balloon Volleyball
11:00 IN IN2L - Guess that Tune
1:15 AR Visit with Pastor Kate
1:00 TH Classic Cinema Tuesday
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive through Blue Jacket
4:00 P Golden Years, Golden Mems
6:00 AR Western Classic's

13
9:30 FR Morning Music Boost
10:00 AR Balloon Volleyball
10:30 AR Morning Trivial Minds
11:15 FR Laughter Yoga
1:00 TH Classic Cinema Tuesday
2:00 K Afternoon Refreshments
3:00 AC Active Steps and Strolls
4:00 AR Evening Social Chats
6:30 B Back Porch Band

14
10:00 AR Gentle Chair Yoga
10:30 AR Balloon Volleyball
11:00 AR Ballroom Dancing
1:15 AR Visit with Pastor Kate
1:00 TH Classic Cinema Tuesday
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive through Azalea Park
4:00 P Golden Years, Golden Mems
6:00 AR Western Classic's

21
9:30 FR Morning Music Boost
10:00 AR Balloon Volleyball
10:30 AR Morning Trivial Minds
11:00 In IN2L - Guess that Tune
1:15 AR Visit with Pastor Kate
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive though Baldwin Park
4:00 P Golden Years, Golden Mems
6:00 AR Western Classic's

22
10:00 AR Gentle Chair Yoga
10:30 AR Balloon Volleyball
11:00 AR Five From the Mind
1:15 AR Visit with Pastor Kate
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive though Baldwin Park
4:00 P Golden Years, Golden Mems
6:00 AR Western Classic's

28
9:30 FR Morning Music Boost
10:00 AR Balloon Volleyball
10:30 AR Morning Trivial Minds
11:00 AR Ballroom Dancing
1:15 AR Visit with Pastor Kate
1:00 TH Classic Cinema Tuesday
2:00 K Afternoon Refreshments
3:00 AC Active Steps and Strolls
4:00 AR Evening Social Chats
6:00 AR Western Classic's

29
10:00 AR Gentle Chair Yoga
10:30 AR Balloon Volleyball
11:00 AR Five From the Mind
1:15 AR Visit with Pastor Kate
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive through Winter Park
4:00 P Golden Years, Golden Mems
6:00 AR Western Classic's

1
10:00 AR Morning Music Boost
10:30 FR Get Fit Movements
11:00 AR Five From the Mind
1:00 AR Active Steps and Stroll
2:00 K Hot Tea & Cookies
3:00 AR Adult Coloring
4:00 FR Evening Social
6:00 LI Evening Library Scrabble

8
10:00 AR Morning Music Boost
10:30 FR Get Fit Movements
11:00 AR Five From the Mind
1:00 AR Active Steps and Stroll
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive through Blue Jacket
4:00 P Golden Years, Golden Mems
6:00 AR Western Classic's

15
10:00 AR Morning Music Boost
10:00 AR Morning Music Boost
10:30 FR Get Fit Movements
11:00 AR Five From the Mind
1:00 AR Active Steps and Stroll
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive through Azalea Park
4:00 P Golden Years, Golden Mems
6:00 LI Evening Library Scrabble

22
10:00 AR Morning Music Boost
10:30 FR Get Fit Movements
11:00 AR Five From the Mind
1:00 AR Active Steps and Stroll
2:00 K Hot Tea & Cookies
3:00 AR Creating Bird Feeders
4:00 FR Evening Social
6:00 LI Evening Library Scrabble

29
10:00 AR Morning Music Boost
10:00 AR Morning Music Boost
10:30 FR Get Fit Movements
11:00 AR Five From the Mind
1:00 AR Active Steps and Stroll
2:00 K Baking Club
3:15 P Evening Garden Nail Care
3:15 O Drive through Winter Park
4:00 P Golden Years, Golden Mems
6:00 LI Evening Library Scrabble

2
10:00 FR Balloon Volleyball
10:30 FR Easy Morning Stretching
11:15 AR Positive Story of the Day
11:30 FR Pet Therapy with Chance
1:00 AR Art & Music Therapy
2:00 K Lemonade and Laughter
2:30 K Bingo Fun with Friends
3:30 FR Music with Tommy Lee
6:00 I The Carol Burnett Show

9
10:00 FR Balloon Volleyball
10:30 FR Easy Morning Stretching
11:15 AR Positive Story of the Day
11:30 FR Pet Therapy with Chance
1:00 AR Art & Music Therapy
2:00 K Lemonade and Laughter
2:30 K Bingo Fun with Friends
3:30 FR Live Music with Tina
6:00 I The Carol Burnett Show

16
10:00 FR Balloon VolleyBall
10:30 FR Easy Morning Stretching
11:15 AR Positive Story of the Day
11:30 FR Pet Therapy with Chance
1:00 AR Art & Music Therapy
2:00 K Lemonade and Laughter
2:30 K Bingo Fun with Friends
3:00 FR Live Music with Jim
6:00 I The Carol Burnett Show

23
10:00 FR Balloon VolleyBall
10:30 FR Easy Morning Stretching
11:15 AR Positive Story of the Day
11:30 FR Pet Therapy with Chance
1:00 AR Art & Music Therapy
2:00 K Lemonade and Laughter
2:30 K Bingo Fun with Friends
3:30 FR Live Music with Deanna
6:00 I The Carol Burnett Show

30
10:00 FR Balloon VolleyBall
10:30 FR Easy Morning Stretching
11:15 AR Positive Story of the Day
11:30 FR Pet Therapy with Chance
1:00 AR Art & Music Therapy
2:00 K Lemonade and Laughter
2:30 K Bingo Fun with Friends
3:30 B Across Campus Tunes
6:00 I The Carol Burnett Show

3
10:00 AR Seated Warm Ups
10:30 AR Finish the Line Trivia
11:15 I IN2L Board Games
1:00 I Discover & Discuss
2:00 K Popcorn & Soda Social
3:00 AC Active Steps & Strolls
4:00 FR Evening Reflection & Reminisce
6:00 AR Classic Concert Series

10
10:00 AR Seated Warm Ups
10:30 AR Finish the Line Trivia
11:00 FR Pet Therapy with Aiden
1:00 I Discover & Discuss
2:00 K Popcorn & Soda Social
3:00 AC Active Steps & Strolls
4:00 FR Evening Reflection & Reminisce
6:00 AR Classic Concert Series

17
10:00 AR Seated Warm Ups
10:30 AR Finish the Line Trivia
11:15 I IN2L Board Games
1:00 I Discover & Discuss
2:00 K Popcorn & Soda Social
3:00 AC Active Steps & Strolls
4:00 FR Evening Reflection & Reminisce
6:00 AR Classic Concert Series

24
10:00 AR Seated Warm Ups
10:30 AR Finish the Line Trivia
11:15 I IN2L Board Games
1:00 I Discover & Discuss
2:00 K Popcorn & Soda Social
3:00 AC Active Steps & Strolls
4:00 FR Evening Reflection & Reminisce
6:00 AR Classic Concert Series

31
10:00 AR Seated Warm Ups
10:30 AR Finish the Line Trivia
11:15 I IN2L Board Games
1:00 I Discover & Discuss
2:00 K Popcorn & Soda Social
3:00 AC Active Steps & Strolls
4:00 FR Evening Reflection & Reminisce
6:00 AR Classic Concert Series

Around our Community

Welcome January

We are excited to welcome the New Year with a wonderful month of engaging and meaningful activities for our residents.

As we begin this fresh chapter together, we also send our warmest birthday wishes to two of our very special gentleman, Steven and Rudy.

With joyful moments, shared celebrations, and enriching experiences ahead, we look forward to making this year a truly great one for everyone.



LOCATION KEY

AR	Activity Room
FR	Family Room
K	Kitchen
LI	Library
I	iN2L
AC	Allegro Community
P	Patio
B	Bistro
TH	Rollins Theater
O	Outing