

## UPCOMING COMMUNITY EVENTS



Happy New Year from all of us at Alto! As we welcome a new year, we are grateful for our residents and families who make our community so special. We look forward to another year of meaningful moments, engaging programs, and continued care. Wishing you health, happiness, and peace in the year ahead.



### ALTO ANNUAL REMEMBRANCE

*Join us for a reflective gathering to honor and remember loved ones.*

*Wednesday, January 7th at 2:00 PM*

## DON'T MISS THESE EVENTS!

MON 1/05 2:30PM | LIVE MAGICIAN: DAN GOGH

TUES 1/06 2:30PM | SPELLING BEE COMPETITION

TUES 1/20 2:30PM | MONTHLY DONUTS WITH THE CHEF

MON 1/26 3PM | RESIDENT COUNCIL MEETING

TUES 1/27 11:30AM | OUT TO LUNCH OUTING

FRI 1/30 2:30PM | KID'S CHOIR HAPPY HOUR

# FLOURISH

JANUARY 2026



### WHAT'S INSIDE

**Pg 2-3**  
Social Calendar

**Pg 4**  
Upcoming Events + News

*"WINTER CAME DOWN TO OUR HOME ONE NIGHT,  
QUIETLY PIROUETTING IN ON SILVERY-TOED SLIPPERS OF SNOW,  
AND WE, WE WERE CHILDREN ONCE AGAIN."*

*—BILL MORGAN JR.*

### Alto Wheaton

219 Parkway Dr  
Wheaton, IL 60187  
(630) 752-0644



# January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our  
Community

## Alto Wheaton

219 Parkway Dr  
Wheaton, IL 60187  
(630) 752-0644  
www.AllegroLiving.com



**4**  
11:00 AR Trivia with Jeanne  
11:30 AR Chair Volleyball  
1:00 AR Dominoes  
2:00 B Ice Cream Social  
2:30 T Afternoon Documentary  
3:00 AR Gin Rummy Card Club  
6:00 T Movie Night

**11**  
11:00 AR Trivia with Jeanne  
11:30 AR Chair Volleyball  
1:00 AR Dominoes  
2:00 B Ice Cream Social  
2:30 T Afternoon Documentary  
3:00 AR Gin Rummy Card Club  
6:00 T Movie Night

**18**  
11:00 AR Trivia with Jeanne  
11:30 AR Chair Volleyball  
1:00 AR Dominoes  
2:00 B Ice Cream Social  
2:30 T Afternoon Documentary  
3:00 AR Gin Rummy Card Club  
6:00 T Movie Night

**25**  
11:00 AR Trivia with Jeanne  
11:30 AR Chair Volleyball  
1:00 AR Dominoes  
2:00 B Ice Cream Social  
2:30 T Afternoon Documentary  
3:00 AR Gin Rummy Card Club  
6:00 T Movie Night

**5**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Exercise with Legacy  
12:45 AR Quiddler  
1:30 T Guided Meditation  
2:30 AR Live Magician: Dan Gogh  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**12**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Exercise with Legacy  
12:45 AR Quiddler  
1:30 T Guided Meditation  
2:30 AR Penny Auction  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**19**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Exercise with Legacy  
12:45 AR Quiddler  
1:30 T Guided Meditation  
2:30 AR John Boda Presents  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**26**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Health Talk with Legacy  
12:45 AR Quiddler  
1:30 T Guided Meditation  
2:00 AR Bingo Bonanza!  
3:00 AR Resident Council Meeting  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**6**  
10:00 AR Bible Study with Mary  
10:30 AR Morning Reflections  
11:00 O Walgreens Shopping Outing  
11:00 AR White Board Puzzles  
11:30 AR Cardio Drumming  
1:00 AR Rumikub Game  
2:30 AR Spelling Bee Competition  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night  
6:00 AR After Dinner Poker Club

**13**  
10:00 AR Bible Study with Mary  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:00 O Dollar Tree Shopping  
11:30 AR Cardio Drumming  
1:00 AR Rumikub Game  
2:15 AR Manicures with Lifestyle  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night  
6:00 AR After Dinner Poker Club

**20**  
10:00 AR Bible Study with Mary  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:30 AR Cardio Drumming  
12:00 AR Bring in Lunch  
1:00 AR Rumikub Game  
2:30 AR Monthly Donuts w/ Chef  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night  
6:00 AR After Dinner Poker Club

**27**  
10:00 AR Bible Study with Mary  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:30 AR Cardio Drumming  
11:30 O Out to Lunch Outing  
1:00 AR Rumikub Game  
2:15 AR Manicures with Lifestyle  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night  
6:00 AR After Dinner Poker Club

**7**  
9:30 FL Walking Club!  
10:00 AR Communion w/ Dcn Dan  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise- Weights  
12:45 AR Quiddler  
1:00 T Rosary Group  
2:30 AR Live Guitar: Rick Pickren  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**14**  
9:30 FL Walking Club!  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise- Weights  
12:45 AR Quiddler  
1:00 T Book Club Meeting  
2:00 DR Alto Annual Remembrance  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**21**  
9:00 FL Library Book Drop Off Day  
9:30 FL Walking Club  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
12:45 AR Quiddler  
1:00 T Book Club Meeting  
2:00 AR Bingo Bonanza!  
3:00 AR Activity Planning Meeting  
3:30 T Jeopardy Watch Party

**28**  
9:30 FL Walking Club!  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise- Weights  
12:45 AR Quiddler  
1:00 T Book Club Meeting  
2:30 AR Universal Yum Snacks  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**1**  
10:00 AR Good News & Views  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
1:00 AR "Fill in the Blank" Game  
1:30 T Rosary Group  
2:30 AR Live Guitar: Rick Pickren  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**8**  
10:00 AR Good News & Views  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Sit & Tone with David  
1:00 AR "Fill in the Blank" Game  
1:30 T Rosary Group  
2:30 AR Peter Oprisko LIVE!  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**15**  
10:00 AR Good News & Views  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
1:00 AR "Fill in the Blank" Game  
1:30 T Rosary Group  
2:30 AR Live Piano: Jerri Nance  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**22**  
10:00 AR Good News & Views  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Sit & Tone with David  
1:00 AR "Fill in the Blank" Game  
1:30 T Rosary Group  
2:30 AR Randy McCalister LIVE  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**29**  
10:00 AR Good News & Views  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
1:00 AR "Fill in the Blank" Game  
1:30 T Rosary Group  
2:30 AR Tim Wilsey Presents  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**2**  
9:30 FL Walking Club!  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:30 AR Seated Exercise - Weights  
12:45 AR Rumikub  
1:00 DR Happy Hour!  
2:30 AR Live Guitar: Rick Pickren  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**9**  
9:30 FL Walking Club!  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:30 AR Seated Exercise - Weights  
12:45 AR Rumikub  
1:00 DR Happy Hour!  
2:30 AR Peter Oprisko LIVE!  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**16**  
9:30 FL Walking Club!  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:30 AR Seated Exercise - Weights  
12:45 AR Rumikub  
1:00 DR Happy Hour!  
2:30 AR Live Piano: Jerri Nance  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**23**  
9:30 FL Walking Club!  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:30 AR Seated Exercise - Weights  
12:45 AR Rumikub  
1:00 DR Happy Hour!  
2:30 AR Randy McCalister LIVE  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**30**  
9:30 FL Walking Club!  
10:30 AR Morning Reflections  
11:00 AR White Board Puzzles  
11:30 AR Seated Exercise - Weights  
12:45 AR Rumikub  
1:00 DR Kid's Choir Happy Hour!  
2:30 AR Tim Wilsey Presents  
3:30 T Jeopardy Watch Party  
6:00 T Movie Night

**3**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
12:45 AR Quiddler  
1:00 AR Dominoes  
2:00 AR Saturday Bingo  
3:15 AR Craft with Caren  
6:00 T Movie Night

**10**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
12:45 AR Quiddler  
1:00 AR Dominoes  
2:00 AR Saturday Bingo  
3:15 AR Scrabble Board Game  
3:15 AR Parachutes  
6:00 T Movie Night

**17**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
12:45 AR Quiddler  
1:00 AR Dominoes  
2:00 AR Saturday Bingo  
3:15 AR Craft with Caren  
6:00 T Movie Night

**24**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
12:45 AR Quiddler  
1:00 AR Dominoes  
2:00 AR Saturday Bingo  
3:15 AR Scrabble Board Game  
3:15 AR Parachutes  
6:00 T Movie Night

**31**  
10:30 AR Morning Reflections  
11:00 AR Trivia Questions  
11:30 AR Seated Exercise - Bands  
12:45 AR Quiddler  
1:00 AR Dominoes  
2:00 AR Saturday Bingo  
3:15 AR Craft with Caren  
6:00 T Movie Night



HAPPY JANUARY  
BIRTHDAY!  
1/07 Bill K.  
1/09 Marcie N.  
1/10 Steve P.  
1/10 John L.  
1/10 George S.  
1/13 John C.  
1/23 Doug B.

## LOCATION KEY

<b>AR</b>	Activity Room
<b>T</b>	Theater
<b>FL</b>	Front Lobby
<b>DR</b>	Dining Room
<b>B</b>	Bistro
<b>O</b>	Outing

# January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Around our  
Community**

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**4**  
9:45 **BR** Good News & Chronicle  
10:45 **SK** Balloon Volleyball  
11:00 **BR** Seated Yoga Stretching  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

**5**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Baking with Jeanne  
2:30 **GR** Greenhouse Club  
3:00 **GR** World Tour  
6:00 **SK** Classic Movies & Musicals

**11**  
9:45 **BR** Good News & Chronicle  
10:45 **SK** Balloon Volleyball  
11:00 **BR** Seated Yoga Stretching  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

**18**  
9:45 **BR** Good News & Chronicle  
10:45 **SK** Balloon Volleyball  
11:00 **BR** Seated Yoga Stretching  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

**25**  
9:45 **BR** Good News & Chronicle  
10:45 **SK** Balloon Volleyball  
11:00 **BR** Seated Yoga Stretching  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

**6**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Baking with Jeanne  
2:30 **GR** Greenhouse Club  
3:00 **GR** World Tour  
6:00 **SK** Classic Movies & Musicals

**12**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Baking with Jeanne  
2:30 **GR** Greenhouse Club  
3:00 **GR** World Tour  
6:00 **SK** Classic Movies & Musicals

**19**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Baking with Jeanne  
1:45 **BR** JOHN BODA SINGING  
2:45 **SK** Songs & Senses  
6:00 **SK** Classic Movies & Musicals

**26**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Baking with Jeanne  
2:30 **GR** Greenhouse Club  
3:00 **GR** World Tour  
6:00 **SK** Classic Movies & Musicals

**7**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **O** Scenic Trips & Tales Tommy  
2:45 **SK** Songs & Senses  
6:00 **SK** Classic Movies & Musicals

**13**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Baking with Jeanne  
2:45 **SK** Songs & Senses  
6:00 **SK** Classic Movies & Musicals

**20**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **O** Scenic Trips & Tales Tommy  
1:45 **BR** JOHN BODA SINGING  
2:45 **SK** Songs & Senses  
6:00 **SK** Classic Movies & Musicals

**27**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **O** Scenic Trips & Tales Tommy  
2:45 **SK** Songs & Senses  
6:00 **SK** Classic Movies & Musicals

**1**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** Toss and Talk  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**8**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** DEACON DAN COMMUNION  
11:00 **SK** Manicures with Mya  
11:00 **BR** JANE's DEVOTIONS  
1:30 **BR** Word Brain Games  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**14**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Manicures with Mya  
11:00 **BR** JANE's DEVOTIONS  
1:00 **SK** Therapy Dog Tori  
1:30 **BR** Word Brain Games  
2:30 **BR** HEATHER SINGER  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**21**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Manicures with Mya  
11:00 **BR** JANE's DEVOTIONS  
1:30 **BR** Word Brain Games  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**28**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **SK** Manicures with Mya  
11:00 **BR** JANE's DEVOTIONS  
1:30 **BR** Word Brain Games  
2:30 **BR** RICK PICKREN SINGING  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**2**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **SK** T: Aromatherapy  
1:30 **BR** Toss and Talk  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**9**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** DEACON DAN COMMUNION  
11:00 **SK** Manicures with Mya  
11:00 **BR** JANE's DEVOTIONS  
1:30 **BR** Word Brain Games  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**15**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** Toss and Talk  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**22**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** Toss and Talk  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**29**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** Toss and Talk  
1:30 **BR** TIM WILSEY w/ MUSIC  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**30**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **SK** T: Aromatherapy  
1:30 **BR** Toss and Talk  
1:30 **BR** TIM WILSEY w/ MUSIC  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**16**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** DEACON DAN COMMUNION  
11:00 **SK** Manicures with Mya  
11:00 **BR** JANE's DEVOTIONS  
1:30 **BR** Word Brain Games  
2:30 **BR** HEATHER SINGER  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**23**  
9:30 **GR** Morning Spa with Care  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
1:30 **BR** Toss and Talk  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**31**  
9:45 **BR** Good News & Chronicle  
10:45 **BR** Exercise with Us!  
3:00 **SK** Balloon Games  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

## HAPPY NEW YEAR!

The calendar turns, a clean white page, January breathes with quiet grace, New mornings rise, the year takes stage, Hope finds a home in time and space.

The past now rests where lessons lie, Ahead, the road lifts bold and clear, With steady hearts and lifts eyes, We welcome in the coming year.

**BIRTHDAYS:**  
  
JANE H.  
Sunday 25th  
101 Years Old  
  
LENA C.  
Saturday 31st  
83 Years Old

## LOCATION KEY

**GR** Green Room  
**BR** Blue Room  
**SK** Sapphire Kitchen  
**O** Outing