

UPCOMING COMMUNITY EVENTS



Happy New Year from all of us at Alto! As we welcome a new year, we are grateful for our residents and families who make our community so special. We look forward to another year of meaningful moments, engaging programs, and continued care. Wishing you health, happiness, and peace in the year ahead.



ALTO ANNUAL REMEMBRANCE

Join us for a reflective gathering to honor and remember loved ones.

Wednesday, January 7th at 2:00 PM

DON'T MISS THESE EVENTS!

- MON 1/05 2:30PM | LIVE MAGICIAN: DAN GOGH
- TUES 1/06 2:30PM | SPELLING BEE COMPETITION
- TUES 1/20 2:30PM | MONTHLY DONUTS WITH THE CHEF
- MON 1/26 3PM | RESIDENT COUNCIL MEETING
- TUES 1/27 11:30AM | OUT TO LUNCH OUTING
- FRI 1/30 2:30PM | KID'S CHOIR HAPPY HOUR

Alto Wheaton
219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644



FLOURISH

JANUARY 2026



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

*“WINTER CAME DOWN TO OUR HOME ONE NIGHT,
QUIETLY PIROUETTING IN ON SILVERY-TOED SLIPPERS OF SNOW,
AND WE, WE WERE CHILDREN ONCE AGAIN.”*

—BILL MORGAN JR.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our
Community

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644
www.AllegroLiving.com



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11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **B** Ice Cream Social
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

5

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
1:30 **T** Guided Meditation
2:30 **AR** Live Magician: Dan Gogh
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

11

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **B** Ice Cream Social
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

12

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
1:30 **T** Guided Meditation
2:30 **AR** Penny Auction
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

18

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **B** Ice Cream Social
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

19

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
1:30 **T** Guided Meditation
2:30 **AR** John Boda Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

25

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **B** Ice Cream Social
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

26

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Health Talk with Legacy
12:45 **AR** Quiddler
1:30 **T** Guided Meditation
2:00 **AR** Bingo Bonanza!
3:00 **AR** Resident Council Meeting
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

6

10:00 **AR** Bible Study with Mary
10:30 **AR** Morning Reflections
11:00 **O** Walgreens Shopping Outing
11:00 **AR** White Board Puzzles
11:30 **AR** Cardio Drumming
1:00 **AR** Rumikub Game
2:30 **AR** Spelling Bee Competition
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
6:00 **AR** After Dinner Poker Club

13

10:00 **AR** Bible Study with Mary
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Dollar Tree Shopping
11:30 **AR** Cardio Drumming
1:00 **AR** Rumikub Game
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
6:00 **AR** After Dinner Poker Club

20

10:00 **AR** Bible Study with Mary
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Cardio Drumming
12:00 **AR** Bring in Lunch
1:00 **AR** Rumikub Game
2:30 **AR** Monthly Donuts w/ Chef
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
6:00 **AR** After Dinner Poker Club

27

10:00 **AR** Bible Study with Mary
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Cardio Drumming
11:30 **O** Out to Lunch Outing
1:00 **AR** Rumikub Game
2:15 **AR** Manicures with Lifestyle
2:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
6:00 **AR** After Dinner Poker Club

7

9:30 **FL** Walking Club
10:00 **AR** Communion w/ Dcn Dan
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise- Weights
12:45 **AR** Quiddler
1:00 **T** Book Club Meeting
2:00 **DR** Alto Annual Remembrance
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

14

9:30 **FL** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise- Weights
12:45 **AR** Quiddler
1:00 **T** Book Club Meeting
2:30 **AR** Jeopardy LIVE Trivia
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

21

9:00 **FL** Library Book Drop Off Day
9:30 **FL** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise- Weights
12:45 **AR** Quiddler
1:00 **T** Book Club Meeting
2:00 **AR** Bingo Bonanza!
3:00 **AR** Activity Planning Meeting
3:30 **T** Jeopardy Watch Party

28

9:30 **FL** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise- Weights
12:45 **AR** Quiddler
1:00 **T** Book Club Meeting
2:30 **AR** Universal Yum Snacks
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

1

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Live Guitar: Rick Pickren
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

8

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Peter Oprisko LIVE!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

15

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Live Piano: Jerri Nance
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

22

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Randy McCalister LIVE
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

29

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Tim Wilsey Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

2

9:30 **FL** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Rumikub
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

9

9:30 **FL** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Rumikub
1:30 **T** Communion w. Rev. Joanne
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

16

9:30 **FL** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Rumikub
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

23

9:30 **FL** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Rumikub
1:30 **T** Communion w. Rev. Joanne
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

30

9:30 **FL** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Rumikub
2:30 **DR** Kid's Choir Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

3

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

10

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Scrabble Board Game
3:15 **AR** Parachutes
6:00 **T** Movie Night

17

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

24

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Scrabble Board Game
3:15 **AR** Parachutes
6:00 **T** Movie Night

31

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night



HAPPY JANUARY
BIRTHDAY!

1/07 Bill K.

1/09 Marcie N.

1/10 Steve P.

1/10 John L.

1/10 George S.

1/13 John C.

1/23 Doug B.

LOCATION
KEY

AR Activity Room
T Theater
FL Front Lobby
DR Dining Room
B Bistro
O Outing

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644
www.AllegroLiving.com

4

9:45 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

5

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Baking with Jeanne
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals

11

9:45 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

12

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Baking with Jeanne
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals

18

9:45 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

19

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Baking with Jeanne
1:45 **BR** JOHN BODA SINGING
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals

25

9:45 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

26

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Baking with Jeanne
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals



6

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals

13

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals

20

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals

27

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals



7

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
10:45 **BR** DEACON DAN COMMUNION
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:30 **BR** Word Brain Games
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

14

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:00 **SK** Therapy Dog Tori
1:30 **BR** Word Brain Games
2:30 **BR** HEATHER SINGER
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

21

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:30 **BR** Word Brain Games
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

28

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:30 **BR** Word Brain Games
2:30 **BR** RICK PICKREN SINGING
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

1

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **BR** Toss and Talk
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

8

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **BR** Toss and Talk
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

15

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **BR** Toss and Talk
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

22

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **BR** Toss and Talk
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

29

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **BR** Toss and Talk
1:30 **BR** TIM WILSEY w/ MUSIC
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

2

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
6:00 **SK** Classic Movies & Musicals

9

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
2:00 **BR** HANDMASSAGE w/ Annie
6:00 **SK** Classic Movies & Musicals

16

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
6:00 **SK** Classic Movies & Musicals

23

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
2:30 **BR** DEVIN STAR on PIANO
6:00 **SK** Classic Movies & Musicals

30

9:30 **GR** Morning Spa with Care
9:45 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
6:00 **SK** Classic Movies & Musicals

3

9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

10

9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

17

9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:30 **SK** RUTH ON PIANO
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

24

9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

31

9:45 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

Around our Community

HAPPY NEW YEAR!

The calendar turns, a clean white page, January breathes with quiet grace, New mornings rise, the year takes stage, Hope finds a home in time and space.

The past now rests where lessons lie, Ahead, the road lifts bold and clear, With steady hearts and lifts eyes, We welcome in the coming year.

BIRTHDAYS:

JANE H.
Sunday 25th
101 Years Old

LENA C.
Saturday 31st
83 Years Old

LOCATION KEY

GR Green Room
BR Blue Room
SK Sapphire Kitchen
O Outing