

## UPCOMING COMMUNITY EVENTS



your ticket. Meet in the Lobby at 4:00pm

Jan 1st: Happy New Year! Check out what's new in 2026 3:00pm Grand Lounge

Jan 12th: Bonfire Night with Live Music and Apple Cider 5:30pm Back Patio

Jan 17th: Resident Outing to the Sanford Zoo for the Asian Lantern Light Festival. Get with Jennifer in Activities to sign up and purchase

Jan 20th: Celebrating January birthdays with a Black and White Soiree

2:00pm Wilderness Village

Jan 22nd: Food and Flick Night featuring the Movie Ratatouille and French A la Carte Cuisine 5:30pm Grand Lounge

Jan 23rd: Music Night with Harp Sounds by artist Kyle Krekler 6:00pm Grand Lounge

Jan 26-30th is Activities Professional Week. Let's Celebrate our activities staff for all they do!

## NEWS

-Introducing Drum Fit Exercise Class now on Thursdays at 10:15am in the Community Room.

-Movie Matinee now every other Sunday at 2:30pm in the Community Room.

-On Fridays wear Red to honor are Veterans.

-If you would like to volunteer to be an ambassador for new residents. Please see Jennifer Lifestyles Director.

# FLOURISH

JANUARY 2026



## WHAT'S INSIDE

**Pg 2-3**  
Social Calendar

**Pg 4**  
Upcoming Events + News

**"CHEERS TO A NEW YEAR AND ANOTHER CHANCE FOR US TO GET IT RIGHT."**  
— OPRAH WINFREY

## Alto Tavares

1761 Nightingale Lane  
Tavares, FL 32778  
(352) 253-5100



# January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

## Alto Tavares

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Tavares, FL 32778  
(352) 253-5100  
<https://www.allegroliving.com/communities/tavares-fl>



**4**  
9:00 **L** Church Outing  
9:30 **CR** Exercise  
10:00 **WV** Catholic Mass  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Errand Bus Run  
1:00 **CR** Painting Class  
2:30 **CR** Movie Matinee  
3:30 **CAR** Poker Club  
6:00 **PC** Resident Chicken Foot & Mexican Train

**11**  
Church and Cafe  
9:00 **L** Church Outing  
9:30 **CR** Exercise  
10:00 **WV** Catholic Mass  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Errand Bus Run  
1:00 **CR** Painting Class  
1:00 **GL** Church & Cafe- Donuts  
2:30 **CR** What's Your Story  
3:30 **CAR** Poker Club  
6:00 **PC** Resident Chicken Foot &

**18**  
9:00 **L** Church Outing  
9:30 **CR** Exercise  
10:00 **WV** Catholic Mass  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Errand Bus Run  
1:00 **CR** Painting Class  
2:30 **CR** Movie Matinee  
3:30 **CAR** Poker Club  
6:00 **PC** Resident Chicken Foot & Mexican Train

**25**  
9:00 **L** Church Outing  
9:30 **CR** Exercise  
10:00 **WV** Catholic Mass  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Errand Bus Run  
1:00 **CR** Painting Class  
2:30 **CR** What's Your Story  
3:30 **CAR** Poker Club  
6:00 **PC** Resident Chicken Foot & Mexican Train

**5**  
9:30 **CR** Movements & Energy  
10:00 **L** Errand Bus Run  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Scenic Bus Ride  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **PC** Milkshake Monday  
3:00 **GL** Memory Chi & Music Fitness

**12**  
Bonfire Night!  
9:30 **CR** Movements & Energy  
10:00 **L** Errand Bus Run  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Scenic Bus Ride  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **PC** Milkshake Monday/ Trivia  
3:00 **GL** Memory Chi & Music Fitness  
5:30 **P** Bonfire Night

**19**  
Martin Luther King Jr.  
9:30 **CR** Movements & Energy  
10:00 **L** Errand Bus Run  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Scenic Bus Ride  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **PC** Milkshake Monday/ Trivia  
3:00 **GL** Memory Chi & Music Fitness  
4:00 **CR** MLK Trivia & Discussion

**26**  
Activity Week  
9:30 **CR** Movements & Energy  
10:00 **L** Errand Bus Run  
10:15 **CR** B-I-N-G-O!  
1:00 **L** Scenic Bus Ride  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **PC** Milkshake Monday  
3:00 **GL** Memory Chi & Music Fitness  
6:00 **GL** Comedy Show & Cocktails

**6**  
Michael's Meeting  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Morning Exercise  
10:15 **CR** Health Talk w/Pinnacle  
1:00 **CAR** Resident Pinochle  
1:00 **CR** B-I-N-G-O!  
2:00 **GL** Monthly Meeting w/ Michael  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **PC** Milkshake Monday  
3:00 **WV** Cornhole Tournament  
4:00 **GL** Cocktail Hour: Bellinis  
6:00 **CR** Resident Twilight BINGO!

**13**  
Activity Meeting  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Morning Exercise  
10:15 **CR** Trivia Challenge  
1:00 **CAR** Resident Pinochle  
2:00 **CR** Activity Resident Meeting  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **PC** Milkshake Monday/ Trivia  
3:00 **CR** Cornhole Tournament  
4:00 **GL** Cocktail Hour: Lemon Drop  
6:00 **CR** Resident Twilight BINGO!

**20**  
Resident Birthday  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Morning Exercise  
10:15 **CR** Trivia Challenge  
1:00 **CAR** Resident Pinochle  
1:00 **CR** B-I-N-G-O!  
2:00 **WV** Resident Birthday Party:  
Black and White Soiree  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **PC** Milkshake Monday/ Trivia  
3:00 **GL** Memory Chi & Music Fitness  
4:00 **CR** MLK Trivia & Discussion

**27**  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Morning Exercise  
10:15 **CR** Trivia Challenge  
1:00 **CAR** Resident Pinochle  
1:00 **CR** B-I-N-G-O!  
3:00 **CR** Cornhole Tournament  
4:00 **GL** Cocktail Hour: Margaritas  
4:00 **PC** Milkshake Monday  
3:00 **GL** Memory Chi & Music Fitness  
6:00 **CR** Resident Twilight

**7**  
9:00 **GL** Daily Devotion w/ Rich  
9:30 **CR** Workout Wednesday  
10:00 **L** Shopping Trip to Publix  
10:15 **CR** B-I-N-G-O!  
1:00 **SP** Spa Day!  
1:00 **CAR** Resident Pinochle  
2:00 **CR** Family Fued  
3:00 **WV** Cornhole Tournament  
4:00 **GL** Cocktail Hour: Bellinis  
6:00 **WV** Resident Card Games

**14**  
9:00 **GL** Daily Devotion w/ Rich  
9:30 **CR** Workout Wednesday  
10:00 **L** Shopping Trip to The Mall  
10:15 **CR** B-I-N-G-O!  
1:00 **SP** Spa Day!  
1:00 **CAR** Resident Pinochle  
2:30 **CR** Resident Council Meeting  
3:00 **CR** Cornhole Tournament  
4:00 **GL** Cocktail Hour: Lemon Drop  
6:00 **WV** Resident Card Games

**21**  
9:00 **GL** Daily Devotion w/ Rich  
9:30 **CR** Workout Wednesday  
10:00 **L** Shopping Trip to Kohls  
10:15 **CR** B-I-N-G-O!  
1:00 **SP** Spa Day!  
1:00 **CAR** Resident Pinochle  
2:00 **CR** Sewing by Lin  
2:00 **CR** Family Fued  
3:15 **GL** Wine Down Wednesday  
Music by Chop Volpe

**28**  
9:00 **GL** Daily Devotion w/ Rich  
9:30 **CR** Workout Wednesday  
10:00 Shopping to Dollar Tree  
10:15 **CR** B-I-N-G-O!  
11:30 **L** Lunch Bunch Outing  
- Mary's Kountry Kitchen  
1:00 **SP** Spa Day!  
1:00 **CAR** Resident Pinochle  
2:00 **CR** Family Fued  
3:15 **GL** Wine Down Music by Paul D.

**1**  
Happy New Year!  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Exercise: Drum Fit  
10:15 **GL** Group Crossword  
1:00 **Lib** Bible Study  
1:00 **CR** Group Pictionary  
2:00 **GL** Word from a Word  
2:00 **PD** Wine Tasting w/ Jen  
3:00 **GL** What's New In 2026?  
6:00 **BR** Darts w/ Ed & Carol

**8**  
Food Meeting  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Exercise: Drum Fit  
10:15 **GL** Group Crossword  
1:00 **Lib** Bible Study  
1:00 **CR** Group Pictionary  
2:00 **CR** Food Committee Meeting  
2:00 **CR** Food Resident Meeting  
3:15 **GL** Wine Down Wednesday  
Music by Lonnie  
6:00 **BR** Darts w/ Ed & Carol

**15**  
Orientation  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Chair Exercise  
10:15 **GL** Group Crossword  
10:15 **CR** New Resident Orientation:  
Fresh Baked Cookies  
1:00 **Lib** Bible Study  
1:00 **CR** Group Pictionary  
2:00 **CR** Cooking with Christina  
3:00 **GL** Hymn Sing along  
6:00 **BR** Darts w/ Ed & Carol

**22**  
Food and Flick Night!  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Chair Exercise  
10:15 **GL** Vitals w/ Enhabit  
10:15 **GL** Group Crossword  
1:00 **Lib** Bible Study  
1:00 **CR** Group Pictionary  
3:00 **CR** Poker Keeno  
5:30 **GL** Food and Flick Night  
-- Ratatouille Movie & French A la carte

**29**  
Double BINGO!  
9:00 **PC** Coffee and Conversation  
9:30 **CR** Chair Exercise  
10:15 **GL** B-I-N-G-O!  
1:00 **Lib** Bible Study  
1:00 **CR** Group Pictionary  
2:00 **CR** Travel Around the World  
2:00 **CR** to Switzerland  
3:00 **CR** B-I-N-G-O!  
5:30 **GL** Piano Music by Krista  
6:00 **BR** Darts w/ Ed & Carol

**2**  
9:30 **CR** Morning Exercise  
10:15 **CR** Jackpot B-I-N-G-O!  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
2:00 **GL** Word from a Word  
2:00 **PD** Wine Tasting w/ Jen  
3:00 **CAR** Poker Club  
3:15 **GL** Piano Sing along  
6:00 **GL** Movie Night w/popcorn  
- When Harry Met Sally

**9**  
9:30 **CR** Morning Exercise  
10:15 **CR** Jackpot B-I-N-G-O!  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **GL** Word from a Word  
3:00 **CAR** Poker Club  
3:15 **GL** Piano Sing along  
6:00 **GL** Movie Night w/ Popcorn  
- Eat Pray Love

**16**  
Welcome Party!  
9:30 **CR** Morning Exercise  
9:30 **CR** Chair Exercise  
10:15 **GL** Group Crossword  
10:15 **CR** New Resident Orientation:  
Fresh Baked Cookies  
1:00 **PC** Chicken Foot & Skipbo  
2:00 **GL** Welcome New Resident Party  
3:00 **CAR** Poker Club  
3:15 **GL** Piano Sing along  
6:00 **BR** Darts w/ Ed & Carol  
- Bucket list

**23**  
Music Night!  
9:30 **CR** Morning Exercise  
10:15 **CR** B-I-N-G-O!  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
3:00 **CR** Better Bones & Balance  
3:00 **CAR** Poker Club  
3:15 **GL** Piano Sing along  
6:00 **GL** Music Night with Harp  
- by Kyle Kreckler

**30**  
9:30 **CR** Morning Exercise  
10:15 **CR** Jackpot B-I-N-G-O!  
1:00 **PC** Perch Store Open!  
1:00 **CAR** Resident Pinochle  
1:00 **PC** Chicken Foot & Skipbo  
3:00 **CAR** Poker Club  
3:15 **GL** Piano Sing along  
6:00 **CR** Movie Night w/Popcorn  
- The Intern

**3**  
9:00 **CR** Cranium Crunches  
9:30 **CR** Morning Exercise  
10:15 **CR** B-I-N-G-O  
1:00 **BR** Darts w/ Ed & Carol  
1:00 **CR** Arts & Crafts  
- Time Capsule Craft  
2:00 **CR** Tech Time w/ Emily  
3:00 **CR** Cornhole Tournament  
4:00 **CR** Trivia Challenge  
6:00 **CR** Twilight BINGO!

**10**  
9:00 **CR** Cranium Crunches  
9:30 **CR** Morning Exercise  
10:15 **CR** B-I-N-G-O  
1:00 **BR** Darts w/ Ed & Carol  
1:00 **CR** Arts & Crafts:  
- Tote Bag Painting  
2:00 **CR** Tech Time w/ Emily  
3:00 **CR** Cornhole Tournament  
4:00 **CR** Trivia Challenge  
6:00 **CR** Twilight BINGO!

**17**  
Asian Lantern Festival  
9:00 **CR** Cranium Crunches  
9:30 **CR** Morning Exercise  
10:15 **CR** B-I-N-G-O  
1:00 **BR** Darts w/ Ed & Carol  
1:00 **CR** Arts & Crafts  
3:00 **CR** Cornhole Tournament  
4:00 **L** Resident Outing: Sandford Zoo Asian Latern Festival  
4:00 **CR** Trivia Challenge  
6:00 **CR** Twilight BINGO!

**24**  
9:00 **CR** Cranium Crunches  
9:30 **CR** Morning Exercise  
10:15 **CR** B-I-N-G-O  
1:00 **GL** PAWS Therapy Dog Visit  
1:00 **BR** Darts w/ Ed & Carol  
1:00 **CR** Arts & Crafts  
- DIY Crackle Paint  
2:00 **CR** Tech Time w/ Emily  
3:00 **CR** Cornhole Tournament  
6:00 **CR** Twilight BINGO!

**31**  
9:00 **CR** Cranium Crunches  
9:30 **CR** Morning Exercise  
10:15 **CR** B-I-N-G-O  
1:00 **BR** Darts w/ Ed & Carol  
1:00 **CR** Arts & Crafts  
- Rose Paper Art  
2:00 **CR** Tech Time w/ Emily  
3:00 **CR** Cornhole Tournament  
6:00 **CR** Twilight BINGO!

## Around our Community

### Resident Birthdays

Bob Goodenough: Jan 1st

Maxine Hill: Jan 5th

Judi Mehl: Jan 14th

Carol Cash: Jan 17th

Q Lee: Jan 17th

Pauline Anderson: Jan 29th

Joe Swiderski: Jan 29th

Arthur Leveroni: Jan 30th

### LOCATION KEY

- PC** Perch Cafe
- CR** Community Room
- GL** Grand Lounge
- Lib** Library
- BR** Billiards Room
- CAR** Card Room
- PD** Private Dining
- L** Lobby
- WV** Wilderness Village
- SP** Spa

# January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

## Alto Tavares

1761 Nightingale Lane  
Tavares, FL 32778  
(352) 988-6709  
<https://www.allegroliving.com>

4

9:30 **BV** Hymns  
9:30 **CR** Exercise  
10:00 **BV** Morning Service  
10:00 **OV** Catholic Mass  
10:30 **OC** Watering the Garden  
1:00 **CR** Painting Class  
2:00 **IC** Ice Cream Social Sunday  
3:00 **BV** Movie & Soothing Hands  
6:15 **BV** Bing Bag Toss

11

9:30 **BV** Hymns  
9:30 **CR** Exercise  
10:00 **BV** Morning Service  
10:00 **OV** Catholic Mass  
10:30 **OC** Watering the Garden  
1:00 **CR** Painting Class  
2:00 **IC** Ice Cream Social Sunday  
3:00 **BV** Movie & Soothing Hands  
6:15 **BV** Bing Bag Toss

18

9:30 **BV** Hymns  
9:30 **CR** Exercise  
10:00 **BV** Morning Service  
10:00 **OV** Catholic Mass  
10:30 **OC** Watering the Garden  
1:00 **CR** Painting Class  
2:00 **IC** Ice Cream Social Sunday  
3:00 **BV** Movie & Soothing Hands  
6:15 **BV** Bing Bag Toss

25

9:30 **BV** Hymns  
9:30 **CR** Exercise  
10:00 **BV** Morning Service  
10:00 **OV** Catholic Mass  
10:30 **OC** Watering the Garden  
1:00 **CR** Painting Class  
2:00 **IC** Ice Cream Social Sunday  
3:00 **BV** Movie & Soothing Hands  
6:15 **BV** Bing Bag Toss

5

9:30 **BV** Have a Ball Exercise!  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:15 **BV** White board name 5  
2:30 **BV** Memory Chi Music and Fitness  
3:00 **L** Scenic Bus Ride  
3:00 **BV** Afternoon Trivia  
6:15 **BV** Twilight Bingo

12

9:30 **BV** Have a Ball Exercise!  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:15 **BV** White board name 5  
2:30 **BV** Memory Chi Music and Fitness  
3:00 **L** Scenic Bus Ride  
3:00 **BV** Afternoon Trivia  
6:15 **BV** Twilight Bingo

19 **Twisty Treat Ice Cream!**  
9:30 **BV** Have a Ball Exercise!  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:15 **BV** White board name 5  
2:30 **BV** Memory Chi Music and Fitness  
3:00 **L** Scenic Bus Ride to Twisty Treat!

26

9:30 **BV** Have a Ball Exercise!  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:15 **BV** White board name 5  
2:30 **BV** Memory Chi Music and Fitness  
3:00 **L** Scenic Bus Ride  
3:00 **BV** Afternoon Trivia

6

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **OC** Watering the Garden  
1:00 **OV** Old Sayings Trivia  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Movie Night w/popcorn

13

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **OV** Paws Visit  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Movie Night w/popcorn  
10:15 **BV** Music Trivia with Wendy

20

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **IC** Things That Go Together Trivia  
2:30 **BV** Memory Chi Music and Fitness  
3:00 **BV** Bingo  
6:00 **BV** Movie Night w/popcorn

27

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** Name Five Trivia  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Movie Night w/popcorn  
10:15 **BV** Music Trivia with Wendy

7

9:30 **OV** Morning Sensory Session  
9:30 **BV** Have a ball exercise  
10:30 **BV** Trivia on the White Board  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

14

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **OV** Paws Visit  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Movie Night w/popcorn  
10:15 **BV** Variety Game Hour

21

9:30 **OV** Morning Sensory Session  
9:30 **BV** Have a ball exercise  
10:30 **BV** Trivia on the White Board  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

28

9:30 **OV** Morning Sensory Session  
9:30 **BV** Have a ball exercise  
10:30 **BV** Trivia on the White Board  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
1:45 **BV** Music by Joe  
3:00 **L** Scenic Bus Ride  
3:00 **OV** White Board Name 5  
6:15 **BV** Variety Game Hour

1

Happy New Year!  
9:30 **BV** Exercise  
9:30 **OV** Morning Sensory Session  
10:30 **OV** Morning Sing-Along  
10:30 **OC** Watering the Garden  
1:00 **BV** Balloon Volleyball  
2:30 **SP** Spa and Grooming Day  
3:30 **BV** Finish the Line  
6:15 **BV** Movie Night w/Popcorn

8

9:30 **BV** Exercise  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **L** Scenic Bus Ride  
3:00 **OV** White Board Name 5  
6:15 **BV** Variety Game Hour

15

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **L** Scenic Bus Ride to Twisty Treat!  
6:15 **BV** Variety Game Hour

22

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:15 **BV** Movie Night w/Popcorn  
2:00 **BV** Monthly Birthday Bash!

29

9:30 **BV** Exercise  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:30 **SP** Spa and Grooming Day  
3:30 **BV** Finish the Line  
6:15 **BV** Movie Night w/Popcorn

30

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** Balloon Volleyball  
2:30 **SP** Spa and Grooming Day  
3:30 **BV** Finish the Line  
6:15 **BV** Movie Night w/Popcorn

2

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** Baking Club  
1:00 **BV** Classic TV Shows  
2:00 **OV** Afternoon Trivia  
2:30 **OV** Sing along w/ Pastor D  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

9

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **L** Scenic Bus Ride  
3:00 **OV** White Board Name 5  
6:15 **BV** Variety Game Hour

16

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

23

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

30

9:30 **BV** Sit and Get Fit  
9:30 **OV** Morning Sensory Session  
10:30 **BV** Brain Games  
10:30 **OC** Watering the Garden  
1:00 **BV** Baking Club  
1:00 **BV** Classic TV Shows  
2:00 **OV** Afternoon Trivia  
2:30 **OV** Sing along w/ Pastor D  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

3

9:30 **BV** Exercise  
10:00 **BV** Morning Headlines  
10:30 **BV** Corn Hole Game  
10:30 **OC** Watering the Garden  
1:00 **BV** Old Time Saying Trivia  
2:00 **BV** Bingo  
3:00 **OV** Soothing Music & Chat  
6:15 **BV** Let's Get Crafty!

10

9:30 **BV** Exercise  
10:00 **BV** Morning Headlines  
10:30 **BV** Bowling Contest  
10:30 **OC** Watering the Garden  
1:00 **BV** Old Time Saying Trivia  
2:00 **BV** Bingo  
3:00 **OV** Soothing Music & Chat  
6:15 **BV** Let's Get Crafty!

17

9:30 **BV** Exercise  
10:00 **BV** Morning Headlines  
10:30 **BV** Ball Toss Exercise w/ Music  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

24

9:30 **BV** Exercise  
10:00 **BV** Morning Headlines  
10:30 **BV** Horseshoe Game  
10:30 **OC** Watering the Garden  
1:00 **BV** puzzles and Painting  
2:00 **IC** Soda Shop Sock Hop  
3:00 **BV** Bingo  
6:00 **BV** Variety Game Hour

31

9:30 **BV** Exercise  
10:00 **BV** Morning Headlines  
10:30 **OC** Watering the Garden  
1:00 **BV** Old Time Saying Trivia  
2:00 **BV** Bingo  
3:00 **OV** Soothing Music & Chat  
6:15 **BV** Let's Get Crafty!

## Around our Community

### January Highlights

"Embrace the magic of new beginnings"

Happy Birthday!

Betty Lou 1/18

Claudia D. 1/20

Twisty Treat Ice Cream! 1/14 & 1/26

Music and Magic Show! 1/15

Memory Care/ Alzheimer's Support Group 1/15

Monthly Birthday Bash! 1/22

Happy Year!

## LOCATION KEY

**BV**	Boulder Village

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