

UPCOMING COMMUNITY EVENTS



HAPPY NEW YEAR!
As we head into the new year, we're excited to share that we will be transitioning to a new calendar format, a digital sign, and a mobile app. This will be the final Flourish Calendar published in its current format.
Beginning in February, you'll see a fresh new look followed shortly after with the rollout of our new app for residents and families to use.

More details will be shared soon—stay tuned for exciting updates!



NEWS



BIBLE IN A YEAR
As we start the new year, we invite you to join us for a new program, Bible in a Year. This program is open to residents of all faiths and denominations and offers a meaningful opportunity for reflection, discussion, and connection

Evergreen Walk
1000 Cottonwood Ln
South Winsor, CT 06074
(860) 288-1699



FLOURISH

JANUARY 2026



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*“A NEW YEAR IS NOT JUST A DATE ON THE CALENDAR — IT’S A BLANK PAGE
WAITING FOR THE STORY ONLY YOU CAN WRITE.”*

—ANONYMOUS

Sunday

Evergreen Walk - AL

1000 Cottonwood Ln
South Windsor, CT 06074
(860) 288-1699

www.allegroliving.com/communities/south-windsor-ct

Monday

4

10:00 **TT** Sunday Mass
10:00 **GG** Sunday Stretch
10:30 **B** Daily Wordsearch
11:00 **TT** January Cranium Crunches
1:30 PD Bible in a Year
2:00 **TT** UCONN Men's Basketball
4:00 **TT** Board Games
6:15 **TT** Movie

11

10:00 **TT** Sunday Mass
10:00 **GG** Sunday Stretch
10:30 **B** Daily Wordsearch
11:00 **TT** Winter Pictionary
1:30 PD Bible in a Year
2:00 **TT** UCONN Women's Basketball
4:00 **TT** Scrabble
6:15 **TT** Movie

18

10:00 **TT** Sunday Mass
10:00 **GG** Sunday Stretch
10:30 **B** Daily Wordsearch
11:00 **TT** Name that Tune
1:30 PD Bible in a Year
2:30 **GG** Chair Soccer
3:00 TT Travelogue and Discission: Anchorage Alaska
4:00 **TT** Guess the Price!
6:15 **TT** Movie

25

10:00 **TT** Sunday Mass
10:00 **GG** Sunday Stretch
10:30 **B** Daily Wordsearch
12:00 **TT** UCONN Women's Basketball
2:15 PD Bible in a Year
3:00 **TT** Scrabble
4:00 **TT** Wonders of Wyoming
6:15 **TT** Movie

Tuesday



6

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **TT** Jeopardy
1:30 PD Bible in a Year
2:00 **AR** Cornhole
2:30 **TT** Vintage Commercials From the 70's
3:00 **TT** Crossword Challenge
4:00 **E** Trivia by the Fire
6:15 **TT** Movie:

13

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **TT** Whiteboard Word Game
1:30 PD Bible in a Year
2:15 **GG** Chair Yoga
3:00 **B** Rummikub – Independent
3:00 **TT** Bingo w/SWHS
4:00 **AR** Tech Time: Bring a Device!
6:15 **TT** Movie

20

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **TT** Jeopardy
1:30 PD Bible in a Year
2:15 **GG** Chair Yoga
3:00 **B** Rummikub – Independent
3:00 **TT** Bingo w/SWHS
4:00 **AR** Tech Time: Bring a Device!
6:15 TT Bingo with the Cub Scouts

27

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **TT** Watercolors w/Paul
1:30 PD Bible in a Year
2:00 **TT** Resident Council
3:00 **B** Rummikub – Independent
3:00 **TT** Bingo w/SWHS
4:00 **AR** Tech Time: Bring a Device!
7:30 **TT** UCONN Men's Basketball

Wednesday



7

10:00 **GG** Sunrise Stretch
10:30 **B** Daily Wordsearch
10:30 **ML** Stop & Shop / CVS Trip
11:00 PD Bible in a Year
1:30 **TT** Jeff the Plant Guy
3:00 **CR** Poker – Independent
3:00 **GR** Bowling w/SWHS
4:00 **TT** Calendar Committee
7:00 **CR** UCONN Men's Basketball
7:30 **TT** UCONN Women's Basketball

14

10:00 **GG** Sunrise Stretch
10:30 **B** Daily Wordsearch
11:00 **TT** Family Fued
1:30 PD Bible in a Year
2:15 **TT** Guided Meditation
3:00 **CR** Poker – Independent
3:00 **GR** Bowling w/SWHS
4:00 **E** Wine Down Happy Hour
6:15 **TT** Movie

21

10:00 **GG** Sunrise Stretch
10:30 GG Health Talk w/Kylie
11:00 **B** Daily Wordsearch
1:30 PD Bible in a Year
2:00 **CR** Veteran's Group
2:00 PD Downton Abbey Tea Party
3:00 **CR** Poker – Independent
3:00 **GR** Bowling w/SWHS
4:00 **E** Wine Down Happy Hour
6:15 **TT** Movie

28

10:00 **GG** Sunrise Stretch
10:30 **B** Daily Wordsearch
11:00 PD Bible in a Year
1:30 **R** Food/Beverage Discussion
2:00 **TT** Guided Meditation
3:00 **CR** Poker – Independent
3:00 **GR** Bowling w/SWHS
4:00 **E** Wine Down Happy Hour
6:15 **TT** Movie
8:00 **TT** UCONN Women's Basketball

Thursday

1

Happy New Year!
10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 B Baking: Blueberry Oat Bars
1:30 PD Bible in a Year
2:30 **GG** Chair Yoga
3:00 **GR** Set Back Card Game
3:00 TT America's Birth: Colonies to Revolutionary War
4:00 **E** Happy Hour by the Fire
6:15 **TT** Movie:

8

Elvis's Birthday
10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 B Bake: Elvis's Banana Bread
1:30 PD Bible in a Year
2:30 **GG** Chair Yoga
3:00 **GR** Set Back Card Game
3:00 TT Documentary: America's Bold Expansion
4:00 **E** Meet and Greet Happy Hour
6:15 **TT** Movie:

15

10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 **B** Baking: Wild Alaskan Raspberry Buckle
1:30 PD Bible in a Year
2:00 TT Birthdays:East Chicago Joe
3:00 **TT** Doc: How the Colonies Took Down the British Emp.
4:00 **E** Happy Hour by the Fire
7:00 **TT** UCONN Women's Basketball

22

10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 B Baking: Crustless Quiche
1:30 PD Bible in a Year
2:30 **GG** Chair Yoga
3:00 **GR** Set Back Card Game
3:00 TT Documentary: America the Story of Us: Division
4:00 **E** Happy Hour by the Fire
5:30 E Dance Party with DJ Steph

29

10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 B Baking: Pasta Salad
1:30 PD Bible in a Year
2:30 **GG** Chair Yoga
3:00 **GR** Set Back Card Game
3:00 TT Documentary: America: The Civil War Rages
4:00 **E** Happy Hour by the Fire
6:15 **TT** Movie:

Friday

2

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
1:30 PD Bible in a Year
2:00 **TT** Craft with Stephanie
3:00 **TT** Ted Talk: Steven Pinker: How Common Knowledge Shapes the World
4:00 **E** Happy Hour by the Fire
6:15 **TT** Netflix Series: The Crown

9

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
12:30 ML Out Trip: Ballard Museum of Puppetry - Storrs
2:30 PD Bible in a Year
3:30 **TT** Ted Talk: Daniel Kish: How I Use Sonar to Navigate the World
6:15 **TT** Netflix Series: The Crown

16

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
11:30 ML Out Trip: Wood N' Tap
2:15 PD Bible in a Year
3:00 **TT** Ted Talk:Yongey Rinpoche Why Meditation is Easier Than You Think
4:00 **E** Happy Hour by the Fire
6:15 **TT** Netflix Series: The Crown

23

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
11:45 ML Out Trip: Tour of the Capital Building Hartford
2:30 PD Bible in a Year
3:00 **TT** Ted Talk: Dean Furness: Stop Comparing Yourself
4:00 **E** Happy Hour by the Fire
6:15 **TT** Netflix Series: The Crown

30

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
1:30 PD Bible in a Year
2:00 **TT** Craft with Stephanie
3:00 **TT** Ted Talk: Paul Tazewell: Wicked's Costume Designer Tell Stories w/Clothes
4:00 **E** Happy Hour by the Fire
6:15 **TT** Netflix Series: The Crown

Saturday

3

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Jeopardy
12:00 TT UCONN Women's Basketball
2:30 PD Bible in a Year
3:00 **TT** PBS Concert: Rockin' Around the Clock: Under the Streetlamp
6:15 **TT** Movie

10

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Whiteboard Word Game
12:30 **TT** UCONN Men's Basketball
2:30 PD Bible in a Year
3:00 **TT** Bingo Extravaganza
4:00 **E** Happy Hour by the Fire
6:15 **TT** Movie

17

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Jeopardy
12:00 **TT** UCONN Men's Basketball
2:00 PD Bible in a Year
2:30 **TT** Bingo Extravaganza
3:30 TT Concert:Piano Concerto No1 Daniel Barenboim
6:15 **TT** Movie

24

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Family Fued
12:30 **TT** UCONN Men's Basketball
2:30 PD Bible in a Year
3:00 **TT** Bingo Extravaganza
4:00 **E** Happy Hour by the Fire
6:15 **TT** Movie

31

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Whiteboard Word Game
1:30 PD Bible in a Year
2:00 **TT** Bingo Extravaganza
3:00 TT Concert: 2 Cellos: Luka Sulic and Hauser with the Sydney Symphony Orchestra
6:15 **TT** Movie
8:00 **TT** UCONN Men's Basketball

Around our Community

Happy Birthday!

Residents

Marion O. 1/1

Odette M. 1/11

Marjorie W. 1/13

Associates

Nelson 1/2

Yvonne 1/4

Katherine 1/6

Pauline C. 1/9

Theresa N. 1/25

Karlia B. 1/25

Michelle S. 127

Joan P. 1/29

LOCATION KEY

GG	Gym
B	Bistro
PD	Private Dining Room
GR	Game Room
TT	Theatre
E	Encore Bar & Lounge
CR	Club Room
AR	Activity Room
ML	Main Lobby
LI	Library

Sunday

Evergreen Walk Ensemble

1000 Cottonwood Ln
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Monday

4 National Braille Day

9:30 **BL** Early Morning Weather
10:00 **BL** Eucharist & Meditation
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/N
1:30 **FL** The Daily Trivia
2:00 **SL** Louis Braille Story
2:30 **BL** Helen Keller Mini Bio
3:30 **BL** Fidget Exploration
4:00 **FL** Pre-Dinner Walk
5:30 **BL** Sunday Night Football

11 Golden Globe Awards

9:30 **BL** Early Morning Weather
10:00 **BL** Eucharist & Meditation
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/E
1:30 **FL** The Daily Trivia
2:00 **SL** Golden Globe Music
2:30 **BL** White Board Brain Game
3:30 **BL** Fidget Exploration
4:00 **FL** Golden Globe Night
5:30 **BL** Sunday Night Football

18

9:30 **BL** Early Morning Weather
10:00 **BL** Eucharist & Meditation
10:30 **BL** Yoga w/ Masila
11:00 **BL** Words That Start w/W
1:30 **FL** The Daily Trivia
2:00 **SL** Famous Music Composers
2:30 **BL** White Board Brain Game
3:30 **BL** Fidget Exploration
4:00 **FL** Movie: His Girl Friday
5:30 **BL** Sunday Night Football

25

9:30 **BL** Early Morning Weather
10:00 **BL** Eucharist & Meditation
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/Y
1:30 **FL** The Daily Trivia
2:00 **SL** Famous Music Composers
2:30 **BL** White Board Brain Game
3:30 **BL** Fidget Exploration
4:00 **FL** Pre-Dinner Walk
5:30 **BL** Sunday Night Football

Tuesday



6

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 **EK** Chair Aerobics Exercise
11:00 **BL** Seated Exercise
1:30 **BL** Undecorating Day Game
2:00 **BL** Baking Club: Social Hour
2:30 **FL** Warm Hand Towels
3:30 **FL** Bowling Game
4:00 **FL** Virtual Word Solve Game
5:30 **BL** Tuesday Night Sports

13

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 **EK** Chair Aerobics Exercise
11:00 **BL** Seated Exercise
1:30 **BL** Conversation Cards
2:00 **BL** Baking Club: Social Hour
2:30 **FL** Warm Hand Towels
3:30 **FL** Bowling Game
4:00 **FL** Virtual Word Solve Game
5:30 **BL** Tuesday Night Sports

20

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 **SL** Watercolors Art /w Paul
11:00 **BL** Seated Exercise
1:30 **BL** Conversation Cards
2:00 **BL** Baking Club: Social Hour
2:30 **FL** Warm Hand Towels
3:30 **FL** Bowling Game
4:00 **FL** Virtual Word Solve Game
5:30 **EK** Relaxing Piano Music

27 Mismatch Socks Day

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
11:00 **BL** Seated Exercise
1:30 **BL** Socks: Show & Tell Trivia
2:00 **BL** Baking Club: Social Hour
2:30 **FL** Warm Hand Towels
3:30 **FL** Bowling Game
4:00 **FL** Virtual Word Solve Game
5:30 **EK** Relaxing Piano Music

Wednesday



7 1956 #1 Song Day

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Word Brain Game
11:00 **BL** Exercise w/ Disco Music
1:30 **FL** Snowman Cornhole Game
2:00 **FL** Short Stories for Seniors
2:30 **FL** The Tower Game Janga
3:00 **FL** Music: Dean Martin Day
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

14

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Scenic Ride
11:00 **BL** Exercise w/ Disco Music
1:30 **FL** Entertainment w/ Tim
2:00 **FL** Short Stories for Seniors
2:30 **FL** The Tower Game Janga
3:00 **FL** Travelog: New England
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

21

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Word Brain Game
11:00 **BL** Exercise w/ Disco Music
1:30 **FL** Snowman Cornhole Game
2:00 **FL** Short Stories for Seniors
2:30 **FL** The Tower Game Janga
3:00 **FL** Travelog: New England
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

28

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Scenic Ride
11:00 **BL** Exercise w/ Disco Music
1:30 **FL** Entertainment w/Larry
2:00 **FL** Short Stories for Seniors
2:30 **FL** The Tower Game Janga
3:00 **FL** Travelog: New England
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

Thursday

1 New Year's Day

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Daily Mass & Meditation
10:30 **FL** New Year's Resolutions
11:00 **FL** Tone Up Thursday
1:30 **FL** New Year's Day Art
2:00 **BL** Everyday Life Trivia
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Virtual:Exploration Earth
4:00 **BL** Classical Music
5:30 **BL** Thursday's Football Night

8

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Daily Mass & Meditation
10:30 **FL** The Sounds of Nature
11:00 **FL** Tone Up Thursday
1:30 **FL** Music: Elvis Lives Day
2:00 **BL** Puzzle Game Bit by Bit
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Virtual:Exploration Earth
4:00 **BL** Orchestra Music
5:30 **BL** Thursday's Football Night

15

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Daily Mass & Meditation
10:30 **FL** The Sounds of Nature
11:00 **FL** Tone Up Thursday
1:30 **FL** Winter Art Scenes
2:00 **BL** Puzzle Game Bit by Bit
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Virtual:Exploration Earth
4:00 **BL** Quartet Music
5:30 **BL** Thursday's Football Night

22

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Daily Mass & Meditation
10:30 **FL** The Sounds of Nature
11:00 **FL** Tone Up Thursday
1:30 **FL** Winter Art Scenes
2:00 **BL** Puzzle Game Bit by Bit
2:30 **FL** Monthly Birthday Party
3:30 **BL** Virtual:Exploration Earth
4:00 **BL** Big Band Music
5:30 **FL** Exploration Fidget Teddy

29

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Daily Mass & Meditation
10:30 **FL** The Sounds of Nature
11:00 **FL** Tone Up Thursday
1:30 **FL** Winter Art Scenes
2:00 **BL** Puzzle Game Bit by Bit
2:30 **BL** The I Spy Game
3:30 **BL** Virtual:Exploration Earth
4:00 **BL** Han Tang Music
5:30 **FL** Exploration Fidget Teddy

Friday

2

9:30 **BL** The Price Is Right
10:00 **BL** Eucharist & Meditation
10:30 **BL** Aerobic Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Art & Music
2:30 **FL** Inside Community Walking
3:00 **FL** Tabletop Bowling
4:00 **BL** White Board w/ Shapes
5:30 **BL** Musical Cinema

9

9:30 **BL** The Price Is Right
10:00 **BL** Eucharist & Meditation
10:30 **BL** Aerobic Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Art & Music
2:30 **FL** Inside Community Walking
3:00 **FL** Tabletop Bowling
4:00 **BL** White Board w/ Shapes
5:30 **BL** Musical Cinema

16

9:30 **BL** The Price Is Right
10:00 **BL** Eucharist & Meditation
10:30 **BL** Aerobic Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Art & Music
2:30 **FL** Inside Community Walking
3:00 **FL** Tabletop Bowling
4:00 **BL** White Board w/ Shapes
5:30 **BL** Musical Cinema

23

9:30 **BL** The Price Is Right
10:00 **BL** Eucharist & Meditation
10:30 **BL** Aerobic Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Art & Music
2:30 **FL** Inside Community Walking
3:00 **FL** Tabletop Bowling
4:00 **BL** White Board w/ Shapes
5:30 **BL** Musical Cinema

30

9:30 **BL** The Price Is Right
10:00 **BL** Eucharist & Meditation
10:30 **BL** Aerobic Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Art & Music
2:30 **FL** Inside Community Walking
3:00 **FL** Tabletop Bowling
4:00 **BL** White Board w/ Shapes
5:30 **BL** Musical Cinema

Saturday

3

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** Chat:New Year Resolutions
3:30 **FL** Virtual Art w/Bob Ross
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

10

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** Chat:New Year Resolutions
3:30 **FL** Virtual Art w/Bob Ross
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

17 National Snowflake Day

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** Snowflake Day Art
3:30 **FL** Virtual Art w/Bob Ross
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

24 Belly Laugh Day

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** Belly Laugh Day Jokes
3:30 **FL** Virtual Art w/Bob Ross
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

31 Hot Chocolate Day

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass & Meditation
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Hot Cocoa w/Cookies
2:30 **BL** Chat:New Year Resolutions
3:30 **FL** Virtual Art w/Bob Ross
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

Around our Community

WELCOME JANUARY

HAPPY BIRTHDAY

Wendy, R. 1/23

HAPPY NEW YEAR

FAMILIES, STAFF & FRIENDS

MUSICAL ENTERTAINMENT

1/14 w/Tim

1/28 w/Larry

QUOTE

"I'm gonna keep singing and dancing as long as I can."

Dick Van Dyke

LOCATION KEY

BL Back Living Room
FL Front Living Room
SL Side Living Room
EK Ensemble Kitchen

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Evergreen Walk- Interlude

1000 Cottonwood Ln
South Winsor, CT 06074
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Interlude

4

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** Quote Coloring
1:00 **RA** Sundaes & Songs
2:00 **TT** UCONN Men’s Basketball
4:00 **TH** Golden Memories: Snow Days
6:00 **TH** “Little Women”

11

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** Lyric Coloring
1:00 **RA** Mugs & Melodies
2:00 **TT** UCONN Women’s Basketball
4:00 **TH** Golden Memories: Winter Baking
6:00 **TH** “Pride and Prejudice”

18 World Snow Day

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** **World Snow Day Poem** Coloring
1:00 **LR** **Make Your Own Snowglobe**
2:30 **LR** Mugs & Melodies
3:15 **LR** **Blizzard Bowling**
4:00 **TH** Golden Memories: Seasonal Senses
6:00 **TH** “Emma”

25

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** Book Cover Coloring
12:00 **TT** UCONN Women’s Basketball
2:15 **LR** Mugs & Melodies
3:00 **FL** Football Target Toss
4:00 **TH** Golden Memories: Chores
6:00 **TH** “Becoming Jane”

5 National Bird Day

10:00 **TH** Monday Meditation
10:30 **LR** **National Bird Day Trivia**
11:00 **LR** Concept to Creation: Skis
1:00 **LR** Song Recall: All About the Cold
2:00 **LR** Tempo & Texture: Snowflake Painting
3:00 **LR** Volleyball
4:00 **TH** Virtual Tour: London
6:00 **TH** “The Crown”

12

10:00 **TH** Monday Meditation
10:30 **LR** Team Crosswords
11:00 **LR** Concept to Creation: Sled
1:00 **LR** Song Recall: All About Colors
2:00 **LR** Tempo & Texture: Group Art
3:00 **LR** Volleyball
4:00 **TH** Virtual Tour: West England
6:00 **TH** “The Crown”

19 MLK Jr. Day

10:00 **TH** Monday Meditation
10:30 **LR** Don’t Melt the Snowman
11:00 **LR** Concept to Creation: Shovel
1:00 **LR** Song Recall: TV Themes
2:00 **LR** Tempo & Texture: Pass the Snowball
3:00 **LR** Volleyball
4:00 **TH** Virtual Tour: Bath & York
5:00 **TH** UConn Women’s Game: FOX

26

10:00 **TH** Monday Meditation
10:30 **LR** Winter Pictionary
11:00 **LR** Concept to Creation: Ice Skates
1:00 **LR** Song Recall: Numbers
2:00 **LR** Tempo & Texture: Snow
3:00 **LR** Volleyball
4:00 **TH** Virtual Tour: Southeast England
6:00 **TH** “The Crown”



6

10:00 **TH** Sunrise Stretch
10:30 **LR** Art By Numbers: Snowman
11:00 **LR** This Day In History
1:00 **LR** Ukulele Music with Bridget
2:00 **LR** Bingo Fun for All
3:00 **LR** **Entertainment: Grace Cloutier, Harpist**
4:00 **TH** Behind the Attraction: Space Mountain
6:00 **TH** “Some Like it Hot”

13

10:00 **TH** Sunrise Stretch
10:30 **LR** Watercolors with Paul
11:00 **LR** This Day In History
1:00 **LR** Ukulele Music with Bridget
2:00 **LR** Bingo Fun for All
3:00 **LR** Ladder Ball
4:00 **TH** Behind the Attraction: The Castles
6:00 **TH** “Sunset Boulevard”
8:00 **TT** UCONN Men’s Basketball

20

10:00 **TH** Sunrise Stretch
10:30 **LR** Art By Numbers: Snowglobe
11:00 **LR** This Day In History
1:00 **LR** Ukulele Music with Bridget
2:00 **LR** Bingo Fun for All
3:00 **LR** Ladder Ball
4:00 **TH** Behind the Attraction: It’s a Small World
6:00 **TH** “Seven Brides for Seven Brothers”

27

10:00 **TH** Sunrise Stretch
10:30 **LR** Art By Numbers: Penguin
11:00 **LR** This Day In History
1:00 **LR** Ukulele Music with Bridget
2:00 **LR** Bingo Fun for All
3:00 **LR** Ladder Ball
4:00 **TH** Behind the Attraction: Hall of Presidents
6:00 **TH** “12 Angry Men”
7:30 **TT** UCONN Men’s Basketball



7

10:00 **TH** Chair Yoga
10:30 **B** Baking Club: Snowflake Trail Mix
1:30 **ML** **Out Trip: Hartford Baking Company**
1:30 **TH** Music Appreciation: The Beatles
2:30 **RA** Snacks & Facts
3:00 **LR** Bowling
4:00 **TH** History of Broadway

14

10:00 **TH** Chair Yoga
10:30 **B** Baking Club: Wintery Popcorn
11:00 **TH** Health Talk with Enhabit
1:30 **TH** Music Appreciation: The Beach Boys
2:30 **RA** Snacks & Facts
3:00 **LR** Bowling
4:00 **TH** History of Ballet
6:00 **TH** “The Coronation”

21

10:00 **TH** Chair Yoga
10:30 **B** Baking Club: Snow Cupcakes
1:30 **ML** **Out Trip: Ben & Jerry’s**
1:30 **TH** Music Appreciation: Simon & Garfunkel
2:30 **RA** Snacks & Facts
3:00 **LR** Bowling
4:00 **TH** History of Saturday Evening Post
6:00 **TH** “First Ladies Revealed”

28

10:00 **TH** Chair Yoga
10:30 **B** Baking Club: Melting Snowman Cookies
1:30 **TH** Music Appreciation: John Denver
2:30 **RA** Snacks & Facts
3:00 **LR** Bowling
4:00 **TH** History of Hollywood
6:00 **TH** “Mystery of the Hope Diamond”

1

New Year’s Day
10:00 **TH** Stretch It Out Exercise
10:30 **LR** Mandala Coloring
11:00 **LR** Short Stories: “Dance Hall Days”
1:00 **LR** Storytellers: Elvis Costello
2:00 **LR** New Year’s Bingo
3:00 **LR** Frost Toss
4:00 **TH** Ted Talk: Auld Lang Syne
6:00 **TH** “When Harry Met Sally”

8

Elvis Presley’s Birthday
10:00 **TH** Rock n’ Roll Dice Exercise
10:30 **LR** **Graceland Trivia**
11:00 **LR** All About Elvis
1:00 **LR** Reinventing Elvis: The ‘68 Comeback
2:00 **LR** **Guitar Key Chain Craft**
3:00 **LR** **Vinyl Record Throw**
4:00 **TH** Ted Talk: Metaphorically Speaking
6:00 **TH** “Elvis”

15

10:00 **TH** Stretch It Out Exercise
10:30 **LR** Famous Painting Coloring
11:00 **LR** Short Stories: “Family Recipe”
1:00 **LR** Storytellers: Billy Joel
2:00 **LR** Music w/East Chicago Joe
3:00 **LR** Left, Right, Center Game
4:00 **TH** Ted Talk: How to Inspire Others
6:00 **TH** “Respect”

22

10:00 **TH** Stretch It Out Exercise
10:30 **LR** Landmark Coloring
11:00 **LR** Short Stories: “Surprise Reunion”
1:00 **LR** Storytellers: Paul Simon
2:00 **LR** Build a Snowman
3:00 **LR** Flip It! Card Game
4:00 **TH** Ted Talk: Finding Your Inspiration
6:00 **TH** “Judy”

29

National Puzzle Day
10:00 **TH** Stretch It Out Exercise
10:30 **LR** Zentangles Coloring
11:00 **LR** Short Stories: “Wise Old Tree”
1:00 **LR** Storytellers: Rod Stewart
2:00 **LR** **Create Your Own Puzzle**
3:00 **LR** Memory Matching
4:00 **TH** Ted Talk: The Cycle of Inspiration
6:00 **TH** “Beyond the Sea”

2

Friday Exercise Fun
10:00 **TH** **Friday Exercise Fun**
10:30 **LR** January A-Z
11:00 **LR** Name 5 Game
1:00 **TH** Travelogue: Alaska
2:00 **RA** Coffee Bar
3:00 **LR** Bean Bag Toss
4:00 **TH** Family Feud Game
6:00 **TH** “The Greatest Showman”

9

Friday Exercise Fun
10:00 **TH** **Friday Exercise Fun**
10:30 **LR** Scattergories
11:00 **LR** Wintertime Riddles
1:00 **TH** Travelogue: Singapore
2:00 **RA** Winter Tea Party
3:00 **LR** Bean Bag Toss
4:00 **TH** Uno! Card Game
6:00 **TH** “The Phantom of the Opera”

16

National Boston Day
10:00 **TH** **Friday Exercise Fun**
10:30 **LR** **Boston Sports Coloring**
11:00 **LR** Captial City Trivia
1:00 **TH** **Boston City Online Tour**
2:00 **RA** **Boston Creme Donuts & Tea**
3:00 **LR** **Bean Town Bag Toss**
4:00 **TH** The Price is Right Game
6:00 **TH** “Oklahoma”

23

National Pie Day
10:00 **TH** **Friday Exercise Fun**
10:30 **LR** Complete the Comedy
11:00 **LR** **A History of Pie**
1:00 **TH** Travelogue: Barcelona
2:00 **RA** **Make Your Own Mini Pie**
3:00 **LR** Bean Bag Toss
4:00 **TH** Guess the TV Theme
6:00 **TH** “Chicago”

30

Friday Exercise Fun
10:00 **TH** **Friday Exercise Fun**
10:30 **LR** Trivial Pursuit
11:00 **LR** Ready, Set, Puzzle
1:00 **TH** Travelogue: Milan
2:00 **RA** Winter Tea Party
3:00 **LR** Bean Bag Toss
4:00 **TH** Yaniv Card Game
6:00 **TH** “Footloose”

3

Rock ‘n Exercise
10:00 **TH** **Rock ‘n Exercise**
10:30 **LR** Odd Word Out
11:00 **LR** Who Did it in History?
12:00 **TT** UCONN Women’s Basketball
2:00 **LR** Bingo Extravaganza
3:00 **LR** Karaoke
4:00 **RA** Apple Cider Social
6:00 **TH** “Elton John: Farewell from Dodger Stadium”

10

Rock ‘n Exercise
10:00 **TH** **Rock ‘n Exercise**
10:30 **LR** Finishing Lines
11:00 **LR** Trivial Pursuit
12:30 **TT** UCONN Men’s Basketball
2:00 **LR** Bingo Extravaganza
3:00 **LR** Karaoke
4:00 **RA** Winter Mocktails
6:00 **TH** “Queen: Rock Montreal”

17

Rock ‘n Exercise
10:00 **TH** **Rock ‘n Exercise**
10:30 **LR** Remember the Lyrics
11:00 **LR** Jeopardy
12:00 **TT** UCONN Men’s Basketball
2:00 **LR** Bingo Extravaganza
3:00 **LR** Karaoke
4:00 **RA** Soda Sampling
6:00 **TH** “The Beach Boys”

24

Rock ‘n Exercise
10:00 **TH** **Rock ‘n Exercise**
10:30 **LR** Buzz Word Game
11:00 **LR** Who Wants to Be a Millionaire?
12:30 **TT** UCONN Men’s Basketball
2:00 **LR** Bingo Extravaganza
3:00 **LR** Karaoke
4:00 **RA** Root Bear Float Social
6:00 **TH** “The Beatles: Let it Be”

31

Hot Chocolate Day
10:00 **TH** **Rock ‘n Exercise**
10:30 **LR** Which Came First?
11:00 **LR** Are You Smarter Than a Fifth Grader?
1:00 **TH** “Seniors: a Dog-umentary”
2:00 **LR** Bingo Extravaganza
3:00 **LR** Karaoke
4:00 **RA** **Hot Chocolate Bar**
6:00 **TH** “Woodstock”
8:00 **TT** UCONN Men’s Basketball

Special Days...

1/1: New Year’s Day
1/5: National Bird Day
1/8: Elvis Presley’s Birthday
1/16: National Boston Day
1/18: World Snow Day
1/19: Martin Luther King Jr. Day
1/23: National Pie Day
1/29: National Puzzle Day
1/31: National Hot Chocolate Day

“Cheers to a new year
and another chance for us
to get it right.”
- Oprah Winfrey

LOCATION
KEY

TH Theater Area
LR Living Room
RA Restaurant Area
TT Theatre
B Bistro
ML Main Lobby
FL Front Living Room