

UPCOMING COMMUNITY EVENTS



NOTE FROM THE LIFESTYLE DIRECTOR

Dear Residents and Families,

As we welcome 2026, a year of renewal, I want to share my gratitude for each of you. January 6th marks my one-year anniversary here, and it has truly been a pleasure bringing smiles and laughter to our community. Thank you for making this past year so meaningful.

We have many exciting things planned for 2026, including more outings to places of interest and opportunities to explore the community together. Each month, we hold a Lifestyle Activities Meeting where residents can share ideas, suggest new activities, and express areas of interest. This ensures that every voice is heard and that we continue to build meaningful connections.

I look forward to another fantastic, fun-filled year with all of you!

Warmly,

Endia Simms, Lifestyle Director

BEN'S WORKSHOP

JANUARY 20TH AT 1:30

We ended the year making fragrant bars of soap and exploring creative scent combinations. This time—no pun intended—Ben will help you assemble and build digital clocks from start to finish. There is something for everyone in the workshop. Nothing like a little timeless fun.

FLOURISH

JANUARY 2026



WHAT'S INSIDE

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Upcoming Events + News

"BE YOURSELF; EVERYONE ELSE IS ALREADY TAKEN."

—OSCAR WILDE

Alto Johns Creek

10595 Medlock Ridge Rd
Johns Creek, GA 30097
(678) 336-5112

January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Alto Johns Creek

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Johns Creek, GA 30097
(678) 336-5112
www.allegroliving.com/communities/johns-creek-ga



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9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: War Room (PG-13)
4:00 **LB** Word Search Puzzle

5
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** The Joy of Crafting and Art
2:00 **GAT** Resident Council Meeting
3:00 **GAT** Lifestyle Activities Planning
4:00 **GAT** Game Club: Hiumi Cards
6:30 **TH** Evening Movie: Respect

11
9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Atlanta Baptist Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: Overcomer (PG-13)
4:00 **LB** Word Search Puzzle

12
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** The Joy of Crafting and Art
1:30 **LOB** Department Store Outing (Sign Up)
2:00 **GAT** Intro to Water Color Class w/Parker
4:00 **GAT** Game Club: Hiumi Card Game *NEW
6:30 **TH** Evening Movie: Dr. Doolittle "2"

18
9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: Ruth & Boaz (TV-14)
4:00 **LB** Word Search Puzzle

19
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** The Joy of Crafting and Art
1:30 **LOB** Department Store Outing (Sign Up)
4:00 **GAT** Game Club: Hiumi Card Game *NEW
6:30 **TH** Evening Movie

25
9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Atlanta Baptist Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: Redeeming Love (PG-13)
4:00 **LB** Word Search Puzzle

26
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** The Joy of Crafting and Art
1:30 **LOB** Department Store Outing (Sign Up)
4:00 **GAT** Game Club: Hiumi Card Game *NEW
6:30 **TH** Evening Movie

6 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Tea and Trivia Tuesday
4:00 **GAT** New Resident Orientation
6:30 **TH** Evening Movie: Little Women (PG)

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10:00 **LOB** Shopping: Publix
11:00 **TH** Xtreme Trivia
12:00 **LOB** Outing: Regal Movie Matinee (TBD)
4:00 **LB** Midweek Mingle w/ Michael King
6:30 **TH** Evening Movie: The Dad Quest (TV-14)

13 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:00 **GAT** Tea and Trivia Tuesday
2:00 **DR** Chef Talk & Info with Aaron
3:30 **LB** "Someday We'll Laugh About This"
6:30 **TH** Evening Movie: Dr. Doolittle "2"

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10:00 **LOB** Shopping: Walmart
11:00 **TH** Trivia with Lifestyle
11:45 **LOB** Lunch Bunch Outing: Mellow Mushroom
4:00 **LB** Midweek Mingle w/ Rick Dalton
6:30 **TH** Evening Movie

20 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Ben's Workshop: Make a Digital Clock
3:30 **LB** "Someday We'll Laugh About This"
6:30 **TH** Evening Movie

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10:00 **LOB** Shopping: Publix
11:00 **TH** Xtreme Trivia
2:00 **LNG** Game: Say WHAT?
4:00 **LB** Midweek Mingle w/ Glamour Gals
6:30 **TH** Evening Movie

27 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Tea and Trivia Tuesday
3:30 **LB** "Someday We'll Laugh About This"
6:30 **TH** Evening Movie

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10:00 **LOB** Shopping: Dollar Tree/Target
11:00 **TH** Trivia with Lifestyle
11:45 **LOB** Lunch Bunch Outing: Patio Cafe
4:00 **LB** Midweek Mingle w/ Joshua
6:30 **TH** Evening Movie

1 New Year's Day

10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **LIB** Guy Talk
3:30 **GAT** The Joy of Crafting and Art
6:30 **TH** Evening Movie: Lilly (PG-13)

8 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **LIB** Guy Talk
3:30 **GAT** The Joy of Crafting and Art
6:30 **TH** Evening Movie: Not Easily Broken (PG-13)

15 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **LIB** Guy Talk
3:30 **GAT** The Joy of Crafting and Art
6:30 **TH** Evening Movie

22 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **LIB** Guy Talk
3:30 **GAT** The Joy of Crafting and Art
6:30 **TH** Evening Movie

29 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **LIB** Guy Talk
3:30 **GAT** The Joy of Crafting and Art
6:30 **TH** Evening Movie

Friday

2
10:00 **LNG** Coffee & Conversation
11:00 **DR** Happy Birthday, Georgia, 1788
1:30 **GAT** Breath & Relaxation with Marissa
3:00 **LOB** Alto Local Vocals & Handbells
4:30 **LNG** Word Search
6:30 **TH** Evening Movie: Forest Gump (PG-13)

9 Bus: Medical Appoint.

10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **LIB** Guy Talk
3:30 **LNG** Word Search
6:30 **TH** Evening Movie: Groundhog Day (PG)

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10:00 **LNG** Coffee & Conversation
11:00 **LNG** Mind in Motion
1:30 **GAT** Breath & Relaxation with Marissa
3:00 **LOB** Alto Local Vocals & Handbells
4:30 **LNG** Word Search
6:30 **TH** Evening Movie: Cheaper by the Dozen (PG)

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10:00 **GYM** Fitness with Colleen
11:00 **LNG** Mind in Motion
1:30 **LOB** Alto Local Vocals & Handbells
4:30 **LNG** Word Search
6:30 **TH** Evening Movie: Champagne Problems (TV-14)

30

10:00 **LNG** Coffee & Conversation
11:00 **LNG** Mind in Motion
1:30 **LOB** Alto Local Vocals & Handbells
4:30 **LNG** Word Search
6:30 **TH** Evening Movie: The Wolf of Wall Street

Saturday

3
10:30 **GYM** Gentle Chair Exercise with Crystal
11:00 **LNG** Guess Who?
1:30 **LOB** Capture the Flag Walking Club
2:30 **TH** Film Doc: UNKNOWN Cosmic Machine
4:00 **GR** Coin BINGO

10
10:30 **GYM** Gentle Chair Exercise with Crystal
11:00 **LNG** Guess Who?
1:30 **LOB** Capture the Flag Walking Club
2:30 **TH** Film Doc: Apollo 13 Survival
4:00 **GR** Coin BINGO

17
10:30 **GYM** Gentle Chair Exercise with Crystal
11:00 **LNG** Guess Who?
1:30 **LOB** Capture the Flag Walking Club
2:30 **TH** Film Doc: UNKNOWN Cave of Bones
4:00 **GR** Coin BINGO

24
10:30 **GYM** Gentle Chair Exercise with Crystal
11:00 **LNG** Guess Who?
1:30 **LOB** Capture the Flag Walking Club
2:30 **TH** Film Doc: Millionaire
4:00 **GR** Coin BINGO

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10:30 **GYM** Gentle Chair Exercise
11:00 **LNG** Guess Who?
1:30 **LOB** Capture the Flag Walking Club
2:30 **TH** Film Doc: Unknown The Lost Pyramid
4:00 **GR** Coin BINGO

Around our Community

What's New

Bus Schedule Update

Effective this month, the bus schedule has been revised to better accommodate the needs of all residents. As growth continues, further updates will be implemented as required.

Pick up a copy at the front desk.

Men's Program

After listening to feedback and interest from families and residents, we are launching "Guy Talk", a new men's program. Meetings will be held Thursdays at 2:30 in the Library (3rd floor). The first meeting will focus on establishing the direction of the program.

Activity Punch Cards

After attending 10 activities, you will receive a goody bag or prize.

LOCATION KEY

GYM Gym

GAT Gather Room

LNG Lounge

LIB Library

TH Theater

DR Dining Room

LOB Lobby

GR Game Room

LB Lounge Bistro