

UPCOMING COMMUNITY EVENTS



NOTE FROM THE LIFESTYLE DIRECTOR

Dear Residents and Families,

As we welcome 2026, a year of renewal, I want to share my gratitude for each of you. January 6th marks my one-year anniversary here, and it has truly been a pleasure bringing smiles and laughter to our community. Thank you for making this past year so meaningful.

We have many exciting things planned for 2026, including more outings to places of interest and opportunities to explore the community together. Each month, we hold a Lifestyle Activities Meeting where residents can share ideas, suggest new activities, and express areas of interest. This ensures that every voice is heard and that we continue to build meaningful connections.

I look forward to another fantastic, fun-filled year with all of you!

Warmly,  
Endia Simms, Lifestyle Director

BEN’S WORKSHOP

JANUARY 20TH AT 1:30

We ended the year making fragrant bars of soap and exploring creative scent combinations. This time—no pun intended— Ben will help you assemble and build digital clocks from start to finish. There is something for everyone in the workshop. Nothing like a little timeless fun.

**Alto Johns Creek**  
10595 Medlock Ridge Rd  
Johns Creek, GA 30097  
(678) 336-5112



FLOURISH

JANUARY 2026



WHAT’S INSIDE

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Social Calendar

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Upcoming Events + News

“BE YOURSELF; EVERYONE ELSE IS ALREADY TAKEN.”

—OSCAR WILDE

## Sunday

### Alto Johns Creek

10595 Medlock Ridge Rd  
Johns Creek, GA 30097  
(678) 336-5112  
www.allegroliving.com/communities/johns-creek-ga

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

## Around our Community

### What's New

#### Bus Schedule Update

Effective this month, the bus schedule has been revised to better accommodate the needs of all residents. As growth continues, further updates will be implemented as required.

Pick up a copy at the front desk.

#### Men's Program

After listening to feedback and interest from families and residents, we are launching "Guy Talk", a new men's program. Meetings will be held Thursdays at 2:30 in the Library (3rd floor). The first meeting will focus on establishing the direction of the program.

#### Activity Punch Cards

After attending 10 activities, you will receive a goody bag or prize.

## LOCATION KEY

<b>GYM</b>	Gym
<b>GAT</b>	Gather Room
<b>LNG</b>	Lounge
<b>LIB</b>	Library
<b>TH</b>	Theater
<b>DR</b>	Dining Room
<b>LOB</b>	Lobby
<b>GR</b>	Game Room
<b>LB</b>	Lounge Bistro

### 4

9:30 **GYM** Gentle Stretching  
10:30 **GAT** Catholic Service by St. Benedict Church  
10:30 **TH** Live Perimeter Church  
1:30 **GAT** Game Club: Resident Choice  
2:30 **TH** Movie: War Room (PG-13)  
4:00 **LB** Word Search Puzzle

### 11

9:30 **GYM** Gentle Stretching  
10:30 **GAT** Catholic Service by St. Benedict Church  
10:30 **TH** Atlanta Baptist Church  
1:30 **GAT** Game Club: Resident Choice  
2:30 **TH** Movie: Overcomer (PG-13)  
4:00 **LB** Word Search Puzzle

### 18

9:30 **GYM** Gentle Stretching  
10:30 **GAT** Catholic Service by St. Benedict Church  
10:30 **TH** Live Perimeter Church  
1:30 **GAT** Game Club: Resident Choice  
2:30 **TH** Movie: Ruth & Boaz (TV-14)  
4:00 **LB** Word Search Puzzle

### 25

9:30 **GYM** Gentle Stretching  
10:30 **GAT** Catholic Service by St. Benedict Church  
10:30 **TH** Atlanta Baptist Church  
1:30 **GAT** Game Club: Resident Choice  
2:30 **TH** Movie: Redeeming Love (PG-13)  
4:00 **LB** Word Search Puzzle

### 5

10:00 **GYM** Fit & Fun with Lifestyle  
11:00 **GAT** The Joy of Crafting and Art  
2:00 **GAT** Resident Council Meeting  
3:00 **GAT** Lifestyle Activities Planning  
4:00 **GAT** Game Club: Hiumi Cards  
  
6:30 **TH** Evening Movie: Respect

### 12

10:00 **GYM** Fit & Fun with Lifestyle  
11:00 **GAT** The Joy of Crafting and Art  
1:30 **LOB** Department Store Outing (Sign Up)  
2:00 **GAT** Intro to Water Color Class w/Parker  
4:00 **GAT** Game Club: Hiumi Card Game \*NEW  
6:30 **TH** Evening Movie: Dr.

### 19

10:00 **GYM** Fit & Fun with Lifestyle  
11:00 **GAT** The Joy of Crafting and Art  
1:30 **LOB** Department Store Outing (Sign Up)  
4:00 **GAT** Game Club: Hiumi Card Game \*NEW  
6:30 **TH** Evening Movie

### 26

10:00 **GYM** Fit & Fun with Lifestyle  
11:00 **GAT** The Joy of Crafting and Art  
1:30 **LOB** Department Store Outing (Sign Up)  
4:00 **GAT** Game Club: Hiumi Card Game \*NEW  
6:30 **TH** Evening Movie

### 6

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
11:00 **LB** Words In A Word  
1:30 **GAT** Tea and Trivia Tuesday  
4:00 **GAT** New Resident Orientation  
6:30 **TH** Evening Movie: Little Women (PG)

### 13

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
11:00 **LB** Words In A Word  
1:00 **GAT** Tea and Trivia Tuesday  
2:00 **DR** Chef Talk & Info with Aaron  
3:30 **LB** "Someday We'll Laugh About This"  
6:30 **TH** Evening Movie: Dr. Doolittle "2"

### 20

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
11:00 **LB** Words In A Word  
1:30 **GAT** Ben's Workshop: Make a Digital Clock  
3:30 **LB** "Someday We'll Laugh About This"  
6:30 **TH** Evening Movie

### 27

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
11:00 **LB** Words In A Word  
1:30 **GAT** Tea and Trivia Tuesday  
3:30 **LB** "Someday We'll Laugh About This"  
6:30 **TH** Evening Movie

### 7

10:00 **LOB** Shopping: Publix  
11:00 **TH** Xtreme Trivia  
12:00 **LOB** Outing: Regal Movie Matinee (TBD)  
4:00 **LB** Midweek Mingle w/ Michael King  
6:30 **TH** Evening Movie: The Dad Quest (TV-14)

### 14

10:00 **LOB** Shopping: Walmart  
11:00 **TH** Trivia with Lifestyle  
11:45 **LOB** Lunch Bunch Outing: Mellow Mushroom  
4:00 **LB** Midweek Mingle w/ Rick Dalton  
6:30 **TH** Evening Movie

### 21

10:00 **LOB** Shopping: Publix  
11:00 **TH** Xtreme Trivia  
2:00 **LNG** Game: Say WHAT?  
4:00 **LB** Midweek Mingle w/ Glamour Gals  
6:30 **TH** Evening Movie

### 28

10:00 **LOB** Shopping: Dollar Tree/Target  
11:00 **TH** Trivia with Lifestyle  
11:45 **LOB** Lunch Bunch Outing: Patio Cafe  
4:00 **LB** Midweek Mingle w/ Joshua  
6:30 **TH** Evening Movie

### 1

New Year's Day  
10:00 **GYM** Fitness with Colleen  
10:30 **GAT** Bible Study  
1:30 **LNG** Balloon Volleyball  
2:30 **LIB** Guy Talk  
3:30 The Joy of Crafting and Art  
6:30 **TH** Evening Movie: Lilly (PG-13)

### 8

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
10:30 **GAT** Bible Study  
1:30 **LNG** Balloon Volleyball  
2:30 **LIB** Guy Talk  
3:30 **GAT** The Joy of Crafting and Art  
6:30 **TH** Evening Movie: Not Easily Broken (PG-13)

### 15

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
10:30 **GAT** Bible Study  
1:30 **LNG** Balloon Volleyball  
2:30 **LIB** Guy Talk  
3:30 **GAT** The Joy of Crafting and Art  
6:30 **TH** Evening Movie

### 22

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
10:30 **GAT** Bible Study  
1:30 **LNG** Balloon Volleyball  
2:30 **LIB** Guy Talk  
3:30 **GAT** The Joy of Crafting and Art  
6:30 **TH** Evening Movie

### 29

Bus: Medical Appoint.  
10:00 **GYM** Fitness with Colleen  
10:30 **GAT** Bible Study  
1:30 **LNG** Balloon Volleyball  
2:30 **LIB** Guy Talk  
3:30 **GAT** The Joy of Crafting and Art  
6:30 **TH** Evening Movie

### 2

10:00 **LNG** Coffee & Conversation  
11:00 **DR** Happy Birthday, Georgia, 1788  
1:30 **GAT** Breath & Relaxation with Marissa  
3:00 **LOB** Alto Local Vocals & Handbells  
4:30 **LNG** Word Search  
6:30 **TH** Evening Movie: Forest Gump (PG-13)

### 9

10:00 **LNG** Coffee & Conversation  
11:00 **LNG** Mind in Motion  
3:00 **LOB** Alto Local Vocals & Handbells  
4:30 **LNG** Word Search  
6:30 **TH** Evening Movie: Groundhog Day (PG)

### 16

10:00 **LNG** Coffee & Conversation  
11:00 **LNG** Mind in Motion  
1:30 **GAT** Breath & Relaxation with Marissa  
3:00 **LOB** Alto Local Vocals & Handbells  
4:30 **LNG** Word Search  
6:30 **TH** Evening Movie: Cheaper by the Dozen (PG)

### 23

10:00 **LNG** Coffee & Conversation  
11:00 **LNG** Mind in Motion  
3:00 **LOB** Alto Local Vocals & Handbells  
4:30 **LNG** Word Search  
6:30 **TH** Evening Movie: Champagne Problems (TV-14)

### 30

10:00 **LNG** Coffee & Conversation  
11:00 **LNG** Mind in Motion  
3:00 **LOB** Alto Local Vocals & Handbells  
4:30 **LNG** Word Search  
6:30 **TH** Evening Movie: The Wolf of Wall Street

### 3

10:30 **GYM** Gentle Chair Exercise with Crystal  
11:00 **LNG** Guess Who?  
1:30 **LOB** Capture the Flag Walking Club  
2:30 **TH** Film Doc: UNKNOWN Cosmic Machine  
4:00 **GR** Coin BINGO

### 10

10:30 **GYM** Gentle Chair Exercise with Crystal  
11:00 **LNG** Guess Who?  
1:30 **LOB** Capture the Flag Walking Club  
2:30 **TH** Film Doc: Apollo 13 Survival  
4:00 **GR** Coin BINGO

### 17

10:30 **GYM** Gentle Chair Exercise with Crystal  
11:00 **LNG** Guess Who?  
1:30 **LOB** Capture the Flag Walking Club  
2:30 **TH** Film Doc: UNKNOWN Cave of Bones  
4:00 **GR** Coin BINGO

### 24

10:30 **GYM** Gentle Chair Exercise with Crystal  
11:00 **LNG** Guess Who?  
1:30 **LOB** Capture the Flag Walking Club  
2:30 **TH** Film Doc: Millionaire  
4:00 **GR** Coin BINGO

### 31

10:30 **GYM** Gentle Chair Exercise  
11:00 **LNG** Guess Who?  
1:30 **LOB** Capture the Flag Walking Club  
2:30 **TH** Film Doc: Unknown The Lost Pyramid  
4:00 **GR** Coin BINGO