

UPCOMING COMMUNITY EVENTS



HAPPY NEW YEAR!
CELEBRATE THE NEW YEAR
WITH YOUR ALLEGRO FRIENDS
FOR A SPECIAL NEW YEAR'S DAY
SOCIAL HOUR
IN THE PENTHOUSE PUB!



WALKING IN A WINTER
WONDERLAND!
SIP HOT COCOA
& LISTEN TO LOVELY SOUNDS OF
WINTER
WITH THE GREATEST DR. PODLES!
JANUARY 16TH IN THE PUB!

DON'T MISS THESE EVENTS!

- January 1st from 3:00 to 4:00|New Year's Day Social Hour
- January 5th from 2:00 to 3:00|Opera Appreciation w/Joe Lawliss
- January 19th from 11:30 to 1pm| MLK Special Sip & Paint Program
- January 19th from 1:45 to 4|National Popcorn & Movie Day!
- January 20th from 3:00 to 4:00|National Disc Jockey Day & Party!
- January 28th from 3:00 to 4:00|Resident Birthday Bash!

Allegro in Harrington Park
200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

JANUARY 2026



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

"JANUARY SNOWFLAKES DANCE LIKE STARS IN THE WINTER LIGHT."



January 2026

Sunday Monday

Allegro in Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440
www.allegroliving.com/senior-living-harrington-park

4
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Creative Craft Meetup
1:45 **T** Weird History w/ Mike
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals

11
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Snowman Craft
1:45 **T** Weird History w/ Mike
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Sunday Symphony

18
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Crafters Corner
1:45 **T** Weird History w/ Mike
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals

25
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:15 **L** Word in Word
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
1:45 **T** Weird History w/ Mike
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

5
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **T** Opera Appreciation w/Joe
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

12
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **AS** Sketch Art
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
4:15 **ACT** Cornhole Challenge
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

19
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **PTH** Honoring MLK Jr. Day
2:00 **T** Opera Appreciation
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

26
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **GR** LCR Game
2:00 **T** Live Music w/ Bonnie
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

Tuesday Wednesday



6
9:30 **Bus** Post Office & Bank Outing
10:00 **L** Jeopardy Challenge
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
1:30 **GR** Poker
2:00 **ACT** Food Forum
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

13
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **T** Lecture w/ Paul White
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday
1:30 **GR** Poker
2:15 **PTH** Readers Rendezvous w/ Laura
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

20
9:30 **Bus** Post Office & Bank Outing
10:00 **L** Jeopardy Challenge
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
1:30 **GR** Poker
2:00 **ACT** Lifestyle Committee
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

27
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **AS** Origami Art Class
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
1:30 **GR** Poker
2:00 **T** Live Lecture w/ Paul R
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

7
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **AS** Crafting with Cindy
12:00 **B** Cooking Demo w/ Connor
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** A Night at the Opera

14
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:15 **T** Glitter Snowflake Craft
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:45 **T** Travelogue Series w/ Joe
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
7:30 **T** Opera with Joe Lawliss

21
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **AS** String Art Painting
12:00 **B** Cooking Demo w/ Connor
1:45 **T** Travelogue Series w/ Joe
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Comedy

28
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **PTH** Welcome Allegro Newcomers
12:00 **B** Cooking Demo w/ Connor
1:45 **T** Travelogue Series w/ Joe
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:00 **PTH** Bistro Birthday Bash!
8:00 **T** Movie Action

Thursday Friday

1
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Morning Exercise w/ Cindy
11:30 **ACT** New Year Resolutions
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **BC** Writer's Group
3:00 **ACT** HealthPro Discovery w/ Amy
3:00 **PTH** Cheers to the New Year!
4:00 **ACT** Crossword with Joe
7:30 **PTH** New Years Concert

8
10:00 **P** Aquacise Class w/ Kim
10:00 **L** Brain Teasers
10:30 **ACT** Gentle Yoga w/ Jen
11:30 **T** Everyone's A Critic
12:00 **Bus** The Cheesecake Factory
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **AS** Jewelry Making
3:30 **PTH** Mind-Body Exercise
8:00 **T** Documentary Film

15
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Everyone's A Critic
11:30 **Bus** Riverside Square Mall Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **BC** Tech Thursday
3:30 **PTH** Mind-Body Exercise
4:00 **ACT** Crossword Challenge
8:00 **T** Movie Musicals

22
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Everyone's A Critic
11:30 **AS** Cindy's Sip & Paint
12:00 **Bus** Ammata Thai Kitchen
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **ACT** AL Resident Council
4:00 **ACT** Crossword Challenge
8:00 **T** Documentary Film

29
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Everyone's A Critic
11:00 **Bus** Let's Shop!
11:30 **ACT** Famous Poetry Readings
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **AS** Chinese New Year Craft
3:30 **PTH** Mind-Body Exercise
8:00 **T** Movie Action

2
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
1:30 **GR** Poker
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

9
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
1:30 **GR** Poker
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

16
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
1:30 **GR** Poker
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Winter Wonderland Social
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

23
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
1:30 **GR** Poker
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

30
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
1:30 **GR** Poker
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

Saturday

3
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Musical Movie Night

10
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Theater

17
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

24
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Concert

31
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Night

Around our Community

January Happenings

Monthly Observances
National Hot Tea Month
Brain Teaser Month

Special Days
New Years Day 1/1
Golden Globe Awards 1/9
Martin Luther King Jr. Day- 1/19
Holocaust Remembrance Day 1/27
Chinese New Year 1/29

Weekly Afternoon Movies @ 1:45pm

Poker Meetup:Tues/Friday @ 1:30pm

Walking Club: Mondays/ Wednesdays @ 1:15pm

LCR Game: Mondays & Thursdays @ 2pm

All Activities are Subject to Change

LOCATION KEY

- P** Pool
- ACT** Activity Room
- GR** Game Room
- BC** Business Center
- PTH** Penthouse Pub
- T** Theater
- Bus** Bus Trip
- AS** Art Studio
- L** Library
- B** Bistro



January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

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4

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

11

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

18

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

25

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

5

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
2:30 **LR** Sit and Strength
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

12 Arthur’s Birthday Bash

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Arthur’s Birthday Bash
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

19

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
2:30 **LR** Let’s Workout
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

26

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations



6

10:00 **LR** This Is Your Life
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
1:45 **Bus** Adventure with A View
2:00 **LR** Sip into Bliss
2:00 **LR** Baking- Blueberry Muffin
3:00 **LR** Find Your Flow
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

13

10:00 **LR** This Is Your Life
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
1:30 **Bus** Adventure with a View
2:00 **LR** Cooking Class
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

20

10:00 **LR** This Is Your Life
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **LR** Sip into Bliss
2:00 **LR** Cooking Class-Cookies
3:00 **LR** Show Off Your Vocals
4:00 **LR** Float like a Balloon
4:15 **P** Bingo
6:00 **CR** Ensemble Singing Society

27

10:00 **LR** This Is Your Life
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **LR** Sweet Treats
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
4:30 **LR** Let’s Dance
6:00 **CR** Ensemble Singing Society



7

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
2:15 **LR** Where Every Story Matters
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

14

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
2:15 **LR** The Passport Series
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

21

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

28

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

1

Happy New Year 2026
10:00 **LR** Happiness Jar Painting
11:15 **LR** Power Up with Peace
1:30 **P** New Years Memories
2:00 **LR** New Year Photo Bomb
2:30 **LR** New Year, New You Fit
3:00 **DR** Pop, Fizz and Cheers
3:00 **LR** New Year Groove
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

8

10:00 **LR** This Is Your Life
11:00 **LR** Clay Date
11:30 **LR** Calm Breathing Bubble
2:00 **LR** Chapter’s Inc.
2:30 **LR** Let’s Sweat
2:45 **LR** Affirmation Nation
3:00 **DR** Mugs & Memories
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

15

10:00 **LR** This Is Your Life
11:15 **LR** Total Body Fitness
1:30 **P** Wellness Melodies
2:00 **LR** Feel the Music
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Mugs & Memories
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

22

10:00 **LR** This Is Your Life
11:00 **LR** Clay Date
11:30 **LR** Calm Breathing Bubble
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Mugs & Memories
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

29

10:00 **LR** This Is Your Life
11:15 **LR** Total Body Fitness
1:30 **P** Wellness Melodies
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Mugs & Memories
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

2

10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
1:00 **LR** Music Therapy
2:00 **LR** Drum Fitness
2:30 **T** Fridays at the Movies
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

9

10:00 **LR** Storytelling 101
10:30 **LR** Color Your World
11:30 **LR** Stay Fit, Stay Fabulous
2:00 **LR** Fitness with HP
2:30 **T** Fridays at the Movies
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

16

10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
1:00 **LR** Music Therapy
2:00 **LR** Drum Fitness
2:30 **LR** Unleash Your Inner Artist
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

23

10:00 **LR** Storytelling 101
11:00 **LR** Creativity
11:30 **LR** Stay Fit, Stay Fabulous
2:00 **LR** Fitness with HP
2:30 **T** Fridays at the Movies
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

30

10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
1:00 **LR** Music Therapy
2:00 **LR** Drum Fitness
2:30 **T** Fridays at the Movies
3:30 **LR** Colorful Dreams
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

3

10:00 **LR** Family Feud
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
11:15 **LR** Manicure Madness
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

10

10:00 **LR** Family Feud
10:30 **LR** Paws & Relax
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

17

10:00 **LR** Family Feud
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
11:15 **LR** Manicure Madness
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Sing Your Heart Out
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

24

10:00 **LR** Family Feud
10:30 **LR** Paws & Relax
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

31

10:00 **LR** Family Feud
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
11:15 **LR** Manicure Madness
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Live It. Feel It.
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

Hot This Month

In The Know

National Blood Donor Month
National Hobby Month
Glaucoma Awareness Month

Special Days & Holidays

New Year 1/1
Arthur’s Birthday 1/12
Martin Luther King Jr. 1/19

In The Community

Birthday Bash 1/28

Joke of the Month

Why did January get a job?
Because it wanted to start the year off right!

LOCATION KEY

LR Living Room
P Patio
DR Dining Room
CR iN2L Computer
T Theater
O Outdoors
Bus Bus Trip
PTH Penthouse Pub