

UPCOMING COMMUNITY EVENTS



IT'S NEVER TOO LATE FOR A NEW BEGINNING

A new year is a perfect time to reflect and set gentle intentions—no matter your age. At 75, 85, or even 102, resolutions can be small but meaningful: walking a bit more, calling a loved one, trying something new, or practicing daily gratitude.

Keeping them doesn't mean perfection. Every effort counts, and each small step is progress. Growth,

curiosity, and joy don't have an age limit—making a resolution is a simple way to say: I am here, and my days still matter.

A MAGICAL AFTERNOON

Join us for A Magical Afternoon on Thursday, January 29, from 3–4 PM! This free event for family and friends will feature delicious hors d'oeuvres, refreshing drinks, and the enchanting magic of Jamie Aponte.

We hope you'll be part of this special experience! Family and friends can RSVP by calling (847) 548-7000.



ENTERTAINERS THIS MONTH

SATURDAY, JAN 3	BOUNDING MAIN (W/ DIANE T'S TWINS!)
Tuesday, Jan. 6	Edizon Dayao
Wednesday, Jan 14	Tommy Barroso
Thursday, Jan. 22	Marianne Sullivan
Thursday, Jan. 29	Jamie Aponte

Alto Grayslake
1865 E Belvidere Rd
Grayslake, IL 60030
(847) 908-9973



FLOURISH

JANUARY 2026



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

“Your present circumstances don't determine where you can go; they merely determine where you start.”

—Nido Qubein

Sunday

Alto Grayslake

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<https://www.allegroliving.com/grayslake>

Monday

Tuesday



Wednesday



Thursday

Friday

Saturday

Around our Community

B-DAYS & BUS RIDES

BIRTHDAYS

Barbara R. 01/09

Shirley K. 01/17

Harold L. 01/28

Shengmai C. 01/30

Anna R. 01/31

BUS RIDES

Jan. 1 TARGET

Jan. 8 SHOPPING

Jan. 15 JIMMY'S
CHARHOUSE

Jan. 22 TAKE IN -
MEXICAN

Jan. 29 LINO'S ITALIAN

TRANSPORT TO APPTS.

Call Mike to schedule before
making an appointment.

Usually Wednesdays.

Activities subject to change

LOCATION KEY

- DR** Dining Room
- FC** Fitness Center
- BUS** Bus
- CR** Community Room
- 103** Near Apt. 103
- LIB** Library on 2
- MT** Movie Theater
- LOB** Lobby
- B** Bistro

4

8:45 The Morning Scoop
10:15 **CR** DIY BRAIN BOOSTERS
11:00 **CR** Sunday Catholic Mass
1:15 **CR** B I N G O BLITZ
2:00 **CR** POPCORN PARTY
2:30 **MT** You Pick NETFLIX Movie
6:00 **CR** HART TO HART (DVD)

5

WOTW: Momentum
8:45 **DR** Coffee & Conversation
10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicles
11:00 **CR** ACTIVITY COMM MTG.
1:30 **CR** Sitdown Sitcom
3:00 **CR** Arts & Crafts
6:00 **CR** TRAVEL- CHILI

11

8:45 The Morning Scoop
10:15 **CR** DIY BRAIN BOOSTERS
11:00 **CR** Sunday Catholic Mass
1:15 **CR** B I N G O BLITZ
2:00 **CR** POPCORN PARTY
2:30 **MT** You Pick NETFLIX Movie
6:00 **CR** CAROL BURNETT DVD

12

WOTW: Intention
8:45 **DR** Coffee & Conversation
10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicles
1:30 **CR** Sitdown Sitcom
2:30 **CR** BAKING CLASS
6:00 **CR** TRAVEL- COLOMBIA

18

8:45 The Morning Scoop
10:15 **CR** DIY BRAIN BOOSTERS
11:00 **CR** Sunday Catholic Mass
1:15 **CR** B I N G O BLITZ
2:00 **CR** POPCORN PARTY
2:30 **MT** You Pick NETFLIX Movie
6:00 **CR** HART TO HART (DVD)

19

MARTIN LUTHER KING DAY
8:45 **DR** Coffee & Conversation
10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicles
1:30 **CR** Sitdown Sitcom
3:00 **CR** Arts & Crafts
6:00 **CR** TRAVEL- COSTA RICA

25

8:45 The Morning Scoop
10:15 **CR** DIY BRAIN BOOSTERS
11:00 **CR** Sunday Catholic Mass
1:15 **CR** B I N G O BLITZ
2:00 **CR** POPCORN PARTY
2:30 **MT** You Pick NETFLIX Movie
6:00 **CR** CAROL BURNETT DVD

26

WOTW: Recalibration
8:45 **DR** Coffee & Conversation
10:15 **FC** Movin' Monday
10:45 **FC** Daily Chronicles
12:00 **B** MEN'S LUNCH
1:30 **CR** Sitdown Sitcom
2:30 **CR** BAKING CLASS
6:00 **CR** TRAVEL- CROATIA

6

10:15 **FC** Tune Up Tuesday
10:30 **MT** Catholic Communion
10:45 **FC** Daily Chronicles
11:00 **CR** NEWCOMERS GROUP
2:00 **CR** Happy Hour - Snack & Yack
3:00 **CR** CONCERT: EDIZON DAYAO
6:00 **CR** Board Games & More

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8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Tune Up Tuesday
10:30 **MT** Catholic Communion
10:45 **FC** Daily Chronicles
11:00 **B** FOOD COMMITTEE MTG.
1:00 **MT** Parkinson's Support Group
2:00 **B** Happy Hour & Word Games
2:00 **CR** COOKING DEMO w Chef Dave
6:00 **CR** Board Games & More

20

8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Tune Up Tuesday
10:30 **MT** Catholic Communion
10:45 **FC** Daily Chronicles
11:00 **B** NEWCOMERS GROUP
2:00 **CR** Happy Hour - Snack & Yack
2:30 **CR** ALTO JEOPARDY
3:30 **CR** Music, Memories & More
6:00 **CR** Board Games & More

27

8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Tune Up Tuesday
10:30 **MT** Catholic Communion
10:45 **FC** Daily Chronicles
11:00 **CR** UNO Card Game
2:00 **B** Happy Hour & Word Games
6:00 **CR** Board Games & More

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GCHS - DAY OF SERVICE
9:30 **FC** GCHS Exercise/ Games
10:15 **CR** GCHS - EARLY LUNCH
12:15 **CR** GCHS - EARLY LUNCH
2:15 **CR** GCHS - GAMES & SOCIAL
6:00 **CR** Movie- CASABLANCA

14

8:45 **DR** Coffee & Conversation
10:15 **FC** Wednesday Weights
10:45 **FC** Daily Chronicles
1:00 **CR** ALTO CHOIR SING
2:00 **CR** BINGO - Fun for all!
3:00 **CR** CONCERT: TOMMY BARROSO
6:00 **CR** Movie- GIANT

21

8:45 **DR** Coffee & Conversation
10:15 **FC** Wednesday Weights
10:45 **FC** Daily Chronicles
2:00 **CR** BINGO - Fun for all!
3:00 **CR** DRY BAR COMEDY Videos
6:00 **CR** Movie- MAMMA MIA!

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8:45 **DR** Coffee & Conversation
10:15 **FC** Wednesday Weights
10:45 **FC** Daily Chronicles
12:00 **B** DINE with a Director
2:30 **CR** HAROLD L.'s 100TH BDAY!
6:00 **CR** Movie- One Eyed Jacks

1

8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: TARGET
2:00 **CR** Happy Hour: Drinks n More
2:45 **CR** The BEST of the Internet
6:00 **CR** MOVIE-The Sound of Music

8

8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: JOY RIDE
2:30 **CR** LONGERS CELEBRATION
3:15 **LOB** DOG VISITS with SADIE
6:00 **CR** MOVIE- DREAM GIRLS

15

8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: J's CHARHOUSE
2:00 **CR** Happy Hour: Drinks n More
2:45 **CR** The BEST of the Internet
6:00 **CR** MOVIE- LAST SAMURAI

22

8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** TAKE OUT - MEXICAN
2:00 **CR** Happy Hour: Drinks n More
3:00 **CR** CONCERT: M. SULLIVAN
6:00 **CR** MOVIE- Night At Museum

29

8:45 **DR** Tue/Thu Trivia Time
10:15 **FC** Legacy Exercise
10:45 **FC** Wellness Tip of the Day
11:00 **BUS** BUS TRIP: LINO'S ITALIAN
3:00 **CR** A MAGICAL AFTERNOON
6:00 **CR** MOVIE- Pay It Forward

2

8:45 **DR** Coffee & Conversation
10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicles
1:30 **103** Bible Study & Devotions
3:00 **CR** Friday FUN & GAMES
6:00 **CR** Everybdy Loves Raymnd DVD

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8:45 **DR** Coffee & Conversation
10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicles
1:30 **103** Bible Study & Devotions
3:00 **CR** Friday FUN & GAMES
6:00 **CR** Everybdy Loves Raymnd DVD

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8:45 **DR** Coffee & Conversation
10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicles
1:30 **103** Bible Study & Devotions
2:30 **CR** MONTHLY BIRTHDAY PARTY
3:00 **CR** Friday FUN & GAMES
6:00 **CR** Everybdy Loves Raymnd DVD

23

8:45 **DR** Coffee & Conversation
10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicles
11:00 **CR** RESIDENT COUNCIL
1:30 **103** Bible Study & Devotions
3:00 **CR** Friday FUN & GAMES
6:00 **CR** Everybdy Loves Raymnd DVD

30

8:45 **DR** Coffee & Conversation
10:15 **FC** Flexibility Friday
10:45 **FC** Daily Chronicles
1:30 **103** Bible Study & Devotions
3:00 **CR** Friday FUN & GAMES
6:00 **CR** Everybdy Loves Raymnd DVD

3

Words in a Word
10:00 **LIB** 2nd SCRABBLE TABLE
10:15 **CR** Video EXERCISE
1:15 **CR** Weekend B I N G O
2:15 **CR** POPCORN TIME
3:30 **CR** CONCERT: BOUNDING MAIN
6:00 **CR** SITCOMS on Youtube

10

Words in a Word
10:00 **LIB** 2nd SCRABBLE TABLE
10:15 **CR** Video EXERCISE
12:00 **MT** COMPUTER HELP (New)
1:00 **MT** COMPUTER Presentation
1:15 **CR** Weekend B I N G O
2:15 **CR** POPCORN TIME
2:30 **MT** You Pick DVD Movie
6:00 **CR** SITCOMS on Youtube

17

Words in a Word
10:00 **LIB** 2nd SCRABBLE TABLE
10:15 **CR** Video EXERCISE
1:15 **CR** Weekend B I N G O
2:15 **CR** POPCORN TIME
2:30 **MT** You Pick DVD Movie
6:00 **CR** SITCOMS on Youtube

24

Words in a Word
10:00 **LIB** 2nd SCRABBLE TABLE
10:15 **CR** Video EXERCISE
1:15 **CR** Weekend B I N G O
2:15 **CR** POPCORN TIME
2:30 **MT** You Pick DVD Movie
6:00 **CR** SITCOMS on Youtube

31

Words in a Word
10:00 **LIB** 2nd SCRABBLE TABLE
10:15 **CR** Video EXERCISE
1:15 **CR** Weekend B I N G O
2:15 **CR** POPCORN TIME
2:30 **MT** You Pick DVD Movie
6:00 **CR** SITCOMS on Youtube

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

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4

9:30 **ENS** Sunday Morning Devotional
Worship & Prayer
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
1:30 **L** Afternoon Stretch
2:00 **L** Adult Guided art
2:00 **AR** Sunday Afternoon History
3:30 **ENS** IN2L- Resident Choice
6:00 **AR** Care Team to run IN2L

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9:30 **ENS** Sunday Morning Devotional
Worship & Prayer
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
1:30 **L** Afternoon Stretch
2:00 **AR** Sunday Afternoon History
3:30 **ENS** IN2L- Resident Choice
6:00 **AR** Care Team to run IN2L activities

18

9:30 **ENS** Sunday Morning Devotional
Worship & Prayer
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
1:30 **L** Afternoon Stretch
2:00 **L** Adult Guided art
2:00 **AR** Sunday Afternoon History
3:30 **ENS** IN2L- Resident Choice
6:00 **AR** Care Team to run IN2L

25

9:30 **ENS** Sunday Morning Devotional
Worship & Prayer
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
1:30 **L** Afternoon Stretch
2:00 **AR** Sunday Afternoon History
3:30 **ENS** IN2L- Resident Choice
6:00 **AR** Care Team to run IN2L activities

5

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Resident Choice IN2L Game
1:00 **ENS** Sensory Stimulation(small group)
2:30 **AR** Name 10 Whiteboard
3:00 **C** Alaskan Scavenger Hunt
3:30 **AR** C.C-Resident Choice Craft
6:00 **AR** Care Team to run IN2L

12

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Resident Choice IN2L Game
1:00 **ENS** Sensory Stimulation(small group)
2:30 **AR** Name 10 Whiteboard
3:00 **C** Who Am I ?
3:30 **AR** C.C-canvas bag painting
4:15 **EFR** Junk Drawer Detective

19

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Resident Choice IN2L Game
1:00 **ENS** Sensory Stimulation(small group)
2:30 **AR** Name 10 Whiteboard
3:00 **C** Who Am I ?
3:30 **AR** C.C- Cotton Ball Art
6:00 **AR** Care Team to run IN2L

26

Happy Birthday Rona!!
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Resident Choice IN2L Game
12:00 **B** MEN'S LUNCH
1:00 **ENS** Sensory Stimulation(small group)
2:30 **AR** Name 10 Whiteboard
3:00 **C** Who Am I ?

6

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
11:00 **BUS** Bus Outing
11:00 **ENS** Game of Choice IN2L
1:00 **ENS** Conversation ball
1:30 **ENS** CONCERT- EDIZON DAYAO
1:45 **AR** Never Have I Ever Family
2:45 **ENS** Cup Grab Simon says
6:00 **AR** Care Team to run IN2L

13

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
11:00 **BUS** Bus Outing
11:00 **ENS** Game of Choice IN2L
1:00 **EFR** Bronte Sisters Story Group
2:00 **ENS** What Am I ?(AC)
6:00 **AR** Care Team to run IN2L activities

20

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
11:00 **BUS** Bus Outing
11:00 **ENS** Game of Choice IN2L
1:00 **EFR** Bronte Sisters Story Group
1:45 **AR** Never Have I Ever Family
2:45 **ENS** Cup Grab Simon says
6:00 **AR** Care Team to run IN2L activities

27

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
11:00 **BUS** Bus Outing
11:00 **ENS** Game of Choice IN2L
1:00 **EFR** Bronte Sisters Story Group
2:00 **ENS** What Am I ?(AC)
6:00 **AR** Care Team to run IN2L activities

7

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ALL** Ring Toss
1:00 **ENS** History: WHO KNEW?
2:30 **EDR** B.C-Rice Crispies
3:30 **AR** Bucket Ball
6:00 **AR** Care Team to run IN2L activities

14

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ALL** Crazy table Noodle Ball
1:00 **ENS** History: WHO KNEW?
1:30 **CONCERT**-TOMMY BARRASO
2:30 **EDR** B.C-parfaits
3:30 **EFR** Topix Cards
6:00 **AR** Care Team to run IN2L activities

21

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ALL** Drumming
1:00 **ENS** History: WHO KNEW?
2:30 **EDR** B.C-muffins
3:30 **AR** Bucket Ball
6:00 **AR** Care Team to run IN2L activities

28

9:00 **CR** Harolds 100th Birthday
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ALL** Crazy table Noodle Ball
1:00 **ENS** History: WHO KNEW?
2:30 **EDR** B.C-Fudge Brownies
3:30 **EFR** Topix Cards
6:00 **AR** Care Team to run IN2L activities

1

New Years Day
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **L** IN2L- Jeopardy
10:30 **ENS** Super Snacks&Hydration
11:15 **AR** Who am I ? (AC)
1:15 **AR** Cards With Friends
2:00 **EDR** Happy Hour BINGO
3:30 **ENS** Word Yahtzee
6:00 **AR** Care Team to run IN2L

8

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **L** IN2L- Jeopardy
10:30 **ENS** Super Snacks&Hydration
11:15 **AR** Who am I ? (AC)
1:15 **AR** Cards With Friends
1:30 **Concert**:Francis
2:00 **EDR** Happy Hour BINGO
3:30 **ENS** Word Yahtzee
6:00 **AR** Care Team to run IN2L

15

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **L** IN2L- Jeopardy
10:30 **ENS** Super Snacks&Hydration
11:15 **AR** Who am I ? (AC)
1:15 **AR** Cards With Friends
2:00 **EDR** Happy Hour Prize BINGO
3:30 **ENS** Word Yahtzee
6:00 **AR** Care Team to run IN2L activities

22

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **L** IN2L- Jeopardy
10:30 **ENS** Super Snacks&Hydration
11:15 **AR** Who am I ? (AC)
1:30 **AR** CONCERT: MARIANNE S.
2:00 **EDR** Happy Hour Prize BINGO
3:30 **ENS** Word Yahtzee
6:00 **AR** Care Team to run IN2L activities

29

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **L** IN2L- Jeopardy
10:30 **ENS** Super Snacks&Hydration
11:15 **AR** Who am I ? (AC)
1:15 **AR** Cards With Friends
2:00 **EDR** Happy Hour Prize BINGO
3:00 **FRIENDS&FAMILY**
3:30 **ENS** Word Yahtzee
6:00 **AR** Care Team to run IN2L

2

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
2:30 **ENS** Ice cream social
3:15 **ENS** Nail Care with Care Staff
3:30 **ENS** Resident Choice Movie
6:00 **AR** Care Team to run IN2L activities

9

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
2:30 **DR** Ladies tea
3:15 **ENS** Nail Care with Care Staff
3:30 **ENS** Resident Choice Movie
6:00 **AR** Care Team to run IN2L activities

16

Happy Birthday Joan K !
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
2:30 **CR** MONTHLY BIRTHDAY PARTY
2:30 **DR** Root Beer Float Social
3:15 **ENS** Nail Care with Care Staff
3:30 **ENS** Resident Choice Movie
6:00 **AR** Care Team to run IN2L activities

23

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
2:30 **DR** Ice Cream Social
3:15 **ENS** Nail Care with Care Staff
3:30 **ENS** Resident Choice Movie
6:00 **AR** Care Team to run IN2L activities

30

10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
3:15 **ENS** Nail Care with Care Staff
3:30 **ENS** Resident Choice Movie
6:00 **AR** Care Team to run IN2L activities

3

10:15 **L** Seated Zumba class
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Name that tune!
11:00 **AR** IN2L-Trivia
1:00 **L** Uno
3:30 **ENS** IN2L- Resident Choice
6:00 **AR** Care Team to run IN2L activities

10

10:15 **L** Seated Zumba class
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Name that tune!
11:00 **AR** IN2L-Trivia
1:00 **L** Uno
2:00 **AR** Ring Toss
2:00 **ENS** Conversation Ball
3:30 **ENS** IN2L- Resident Choice

17

10:15 **L** Seated Zumba class
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Name that tune!
11:00 **AR** IN2L-Trivia
1:00 **Alex**-Drumming Circle
1:00 **L** Uno
3:30 **ENS** IN2L- Resident Choice
6:00 **AR** Care Team to run IN2L

24

10:15 **L** Seated Zumba class
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Name that tune!
11:00 **AR** IN2L-Trivia
1:00 **L** Uno
2:00 **AR** Ring Toss
2:00 **ENS** Conversation Ball
3:30 **ENS** IN2L- Resident Choice

31

10:15 **L** Seated Zumba class
10:15 **ENS** Daily Chronicles(AC)
10:15 **ENS** Entertaining Exercises
10:30 **ENS** Super Snacks&Hydration
10:45 **ENS** Name that tune!
11:00 **AR** IN2L-Trivia
1:00 **L** Uno
3:30 **ENS** IN2L- Resident Choice
6:00 **AR** Care Team to run IN2L activities

Happy New Year

Birthdays:

Joan Kauk 1/16

Rona 1/26



LOCATION KEY

ENS	Ensemble
L	Lounge
AR	Activity Room
EDR	Ensemble Dining Room
C	Courtyard
BUS	Bus
ALL	Everywhere!
DR	Dining Room
EFR	Ensemble front room
CR	Community Room