

UPCOMING COMMUNITY EVENTS



HAPPY NEW YEAR

Wishing you a joyful and prosperous New Year! May 2026 bring you happiness, health, and countless moments of connection. We look forward to another year of building a vibrant, supportive community together. Here's to new beginnings and shared memories in the year ahead!

Join our community Fitness Class, led by PT by Design, or unwind with Chair Yoga sessions. It's the perfect opportunity to prioritize your health and well-being in 2026 - let's get stronger and healthier together!

Fitness Class: Tuesday & Thursday  
Chair Yoga: Monday, Wednesday, & Friday



MARK YOUR CALENDARS!

- 6 & 20 | Ace Ace Casino
- 8 | Movie Night: The Fall & Rise of Elvis Presley
- 9 | Town Hall Meeting
- 12 | Wes Anthony Lecture
- 22 | Cooking Demonstration with Lifestyle
- 28 | Book Club

**Fort Lauderdale**  
1290 N. Federal Highway  
Fort Lauderdale, FL 33304  
(954) 883-9903



FLOURISH

JANUARY 2026



WHAT'S INSIDE

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Upcoming Events + News

*“WITH THE NEW DAY COMES NEW STRENGTH AND NEW THOUGHTS.”*

*—ELEANOR ROOSEVELT*





# January 2026

Sunday      Monday

## Fort Lauderdale

1290 N. Federal Highway  
Fort Lauderdale, FL 33304  
(954) 883-9903  
www.allegroliving.com/senior-living-fort-lauderdale.html

**4**  
10:00 **L** Local Church Shuttle  
10:00 **Y** Fitness Hour: Tai Chi  
11:15 **B** Coffee and Conversation  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn: Respect (2021)  
3:00 **GR** Billiards and Board Games  
3:30 **L** Walking Club: Lauderdale by the Sea

**11**  
10:00 **L** Local Church Shuttle  
10:00 **Y** Fitness Hour: Tai Chi  
11:15 **B** Coffee and Conversation  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn: Barbra (2017)  
3:00 **GR** Billiards and Board Games  
3:00 **L** Walking Park: Richardson Nature Park

**18**  
10:00 **L** Local Church Shuttle  
10:00 **Y** Fitness Hour: Tai Chi  
11:15 **B** Coffee and Conversation  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn  
3:00 **GR** Billiards and Board Games  
3:00 **L** Walking Club: Lauderdale by the Sea  
8:15 **T** Movie Night

**25**  
10:00 **L** Local Church Shuttle  
10:00 **Y** Fitness Hour: Tai Chi  
11:15 **B** Coffee and Conversation  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn  
3:00 **GR** Billiards and Board Games  
3:00 **L** Walking Club: Holiday Park  
8:15 **T** Movie Night

**5**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Crossword Puzzle  
1:00 **CR** Looming Crafts for Beginners  
2:15 **T** Movie & Popcorn: Mr. Deeds (2002)  
3:00 **CR** Big Money Bingo  
4:00 **B** Social Hour  
8:15 **T** Movie Night: Mr. Deeds

**12**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Crossword Puzzle  
11:00 **T** Wes Anthony Lecture  
1:15 **CR** Painting with Kimberly  
2:15 **T** Movie & Popcorn: Your Place or Mine (2022)  
3:00 **CR** Big Money Bingo  
4:00 **B** Social Hour  
8:15 **T** Movie Night: Your Place or

**19**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Crossword Puzzle  
1:00 **CR** 3D Puzzle Crafting  
2:15 **T** Movie & Popcorn  
3:00 **CR** Big Money Bingo  
4:00 **B** Social Hour  
8:15 **T** Movie Night

**26**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Crossword Puzzle  
1:00 **CR** Exploring National Monuments  
2:15 **T** Movie & Popcorn  
3:00 **CR** Big Money Bingo  
4:00 **B** Social Hour  
8:15 **T** Movie Night

Tuesday      Wednesday



**6**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
1:00 **L** Trip: Fresh Market  
1:00 **CR** Canasta  
1:30 **CR** Ace Ace Casino  
2:15 **T** Movie & Popcorn: Pulp Fiction (1994)  
3:00 **GR** Billiards and Board Games  
4:00 **B** Social Hour  
5:00 **CR** Bridge- All Levels

**13**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
1:00 **CR** Canasta  
2:15 **T** Movie & Popcorn: Charlie's Angels (2000)  
3:00 **GR** Billiards and Board Games  
4:00 **B** Social Hour  
5:00 **CR** Bridge- All Levels  
8:15 **T** Movie Night: Charlie's Angels (2000)

**20**  
9:00 **B** Pottery with Atelier Newday  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
1:00 **L** Trip: Fresh Market  
1:00 **CR** Canasta  
1:30 **CR** Ace Ace Casino  
2:15 **T** Movie & Popcorn  
3:00 **GR** Billiards and Board Games  
4:00 **B** Social Hour

**27**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
1:00 **CR** Canasta  
2:15 **T** Movie & Popcorn  
3:00 **GR** Billiards and Board Games  
4:00 **B** Social Hour  
5:00 **CR** Bridge- All Levels  
8:15 **T** Movie Night

**7**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Words in a Word  
1:00 **PD** Walking Club: Pool Deck  
2:00 **B** Flower Arrangements  
2:15 **T** Movie & Popcorn: How to Lose a Guy in 10 Days (2003)  
3:00 **CR** Dominoes  
4:00 **B** Social Hour

**14**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Words in a Word  
1:00 **PD** Walking Club: Pool Deck  
2:00 **B** Flower Arrangements  
2:15 **T** Movie & Popcorn: Broadcast News (1987)  
3:00 **CR** Dominoes  
4:00 **B** Social Hour  
7:00 **B** Karaoke Night

**21**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Words in a Word  
1:00 **PD** Walking Club: Pool Deck  
2:00 **B** Flower Arrangements  
2:15 **T** Movie & Popcorn  
3:00 **CR** Dominoes  
4:00 **B** Social Hour  
7:00 **B** Karaoke Night  
8:15 **T** Movie Night

**28**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Words in a Word  
1:00 **PD** Walking Club: Pool Deck  
2:00 **B** Flower Arrangements  
2:15 **T** Movie & Popcorn  
3:00 **CR** Book Club  
3:00 **CR** Dominoes  
4:00 **B** Social Hour  
7:00 **B** Karaoke Night

Thursday

**1**      New Year's Day  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge  
2:15 **T** Movie & Popcorn: Jay Kelly (2025)  
3:00 **CR** Card Games Group  
3:00 **CR** Big Money Bingo  
4:00 **B** Happy Hour & Live Music w/ Don Stansfield  
6:00 **B** Rummikub Lesson  
8:15 **T** Movie Night: Jay Kelly

**8**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge- Elvis Presley  
2:00 **CR** Cooking Demonstration with Chef  
2:15 **T** Movie & Popcorn: The Fall & Rise of Elvis Presley  
3:00 **CR** Card Games Group  
3:00 **CR** Big Money Bingo  
4:00 **B** Happy Hour & Live Music-

**15**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Horticulture with Robert  
2:15 **T** Movie & Popcorn: Sly (2023)  
3:00 **CR** Card Games Group  
3:00 **CR** Big Money Bingo  
4:00 **SK** New Resident Meet-and-Greet with Wes Anthony  
6:00 **B** Rummikub Lesson

**22**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge  
1:30 **CR** Lecture: Positive Thinking  
2:00 **FA** Cooking Demonstration with Lifestyles  
2:15 **T** Movie & Popcorn  
3:00 **CR** Card Games Group  
3:00 **CR** Big Money Bingo  
4:00 **B** Happy Hour with Music  
6:00 **B** Rummikub Lesson

**29**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge  
2:15 **T** Movie & Popcorn  
3:00 **CR** Card Games Group  
3:00 **CR** Big Money Bingo  
4:00 **B** Birthday Celebration with Music  
6:00 **B** Rummikub Lesson  
8:15 **T** Movie Night

Friday

**2**  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Resident Council Meeting  
1:00 **Y** Fitness Hour- Tai Chi  
1:30 **CR** Poker Games  
2:15 **T** Movie & Popcorn: Burlesque (2010)  
3:00 **B** Afternoon Tea  
4:00 **B** Mahjong  
4:00 **B** Social Hour  
8:15 **T** Movie Night: Burlesque

**9**  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Town Hall Meeting  
11:00 **CR** Spanish Conversations  
1:00 **Y** Fitness Hour- Tai Chi  
1:30 **CR** Poker Games  
2:00 **B** Mahjong  
2:15 **T** Movie & Popcorn: Forrest Gump (1994)  
3:00 **B** Afternoon Tea  
4:00 **B** Social Hour

**16**  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Spanish Conversations  
1:00 **Y** Fitness Hour- Tai Chi  
1:30 **CR** Poker Games  
2:00 **B** Mahjong  
2:15 **T** Movie & Popcorn: The Hating Game (2021)  
3:00 **B** Afternoon Tea  
4:00 **B** Social Hour  
8:15 **T** Movie Night: The Hating

**23**  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Spanish Conversations  
1:00 **Y** Fitness Hour- Tai Chi  
1:30 **CR** Poker Games  
1:30 **CR** Travel Series  
2:00 **B** Mahjong  
2:15 **T** Movie & Popcorn  
3:00 **B** Afternoon Tea  
4:00 **B** Social Hour  
8:15 **T** Movie Night

**30**  
10:00 **Y** Chair Yoga- All Levels  
11:00 **CR** Spanish Conversations  
1:00 **Y** Fitness Hour- Tai Chi  
1:30 **CR** Poker Games  
2:00 **B** Mahjong  
2:15 **T** Movie & Popcorn  
3:00 **B** Afternoon Tea  
4:00 **B** Social Hour  
8:15 **T** Movie Night

Saturday

**3**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Month  
11:00 **Y** Fitness Hour Tai Chi  
12:30 **OUT** Lunch Outing  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn: Set it Up (2018)  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro

**10**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Month  
11:00 **Y** Fitness Hour Tai Chi  
1:00 Travel Series Germany  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn: Mr. & Mrs. Smith (2005)  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro

**17**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Month  
11:00 **Y** Fitness Hour Tai Chi  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn: A Family Affair (2024)  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro  
8:15 **T** Movie Night: A Family

**24**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Month  
11:00 **Y** Fitness Hour Tai Chi  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn:  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro  
8:15 **T** Movie Night

**31**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Month  
11:00 **Y** Fitness Hour Tai Chi  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro  
8:15 **T** Movie Night

## Around our Community

### Live Entertainment

Kick-off the new year with a dynamic lineup of live music in January.

It's the perfect way to start 2026 with great tunes!

1 | Don Stansfield

8 | Dre Acavedo

15 | Wes Anthony

16 | Wes Anthony

22 | TBD

29 | TBD

### Special Events

3 | Lunch Outing

15 | New Resident Meet & Greet

29 | Birthday Celebration with Music

## LOCATION KEY

- CR** Community Room
- T** Movie Theater
- B** Bistro
- Y** Yoga/Exercise Room
- L** Meet in Lobby
- OUT** Outing
- PD** Pool Deck
- GR** Game Room
- SK** Sky Lounge
- FA** Family Room



# January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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**4**  
9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Interactive Games  
1:00 **AR** Sports Sundays!  
2:30 **D** Ice Cream Social  
3:00 **AR** Outdoor Walk  
4:00 **AR** Journaling  
6:00 **AR** Interactive Game w/ Talia

**5**  
10:00 **IS** Chair Exercise  
10:30 **IS** Group Word Challenge  
11:30 **IS** Music Therapy  
1:00 **PD** Outdoor Walk  
2:00 **AR** Arts-n-Crafts, Collage  
3:00 **AR** Joggin Your Noggin  
4:00 **AR** The Bronx Zoo  
6:00 **AR** Motivational Speaker

**11**  
9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Interactive Games  
1:00 **AR** Sports Sundays!  
2:30 **D** Ice Cream Social  
3:00 **AR** Outdoor Walk  
4:00 **AR** Group Word Search  
6:00 **AR** Interactive Game w/ Talia

**12**  
10:00 **IS** Chair Exercise  
10:30 **IS** The Wheel of Fortune  
11:30 **IS** Music Therapy  
1:00 **PD** Outdoor Walk  
2:00 **AR** Tea & Travel Video Clips  
3:00 **AR** Guess Who?  
4:00 **AR** Sing-a-Long Songs  
6:00 **AR** Motivational Speaker

**18**  
9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Interactive Games  
1:00 **AR** Sports Sundays!  
2:30 **D** Ice Cream Social  
3:00 **AR** Outdoor Walk  
4:00 **AR** Journaling  
6:00 **AR** Interactive Game w/ Talia

**19**  
10:00 **IS** Chair Exercise  
10:30 **AR** Pet Therapy w/ “Nelly”  
11:30 **IS** Music Therapy  
1:00 **PD** Outdoor Walk  
2:00 **AR** Martin Luther King Jr  
3:00 **AR** Joggin Your Noggin  
4:00 **AR** The Bald Eagle  
6:00 **AR** Motivational Speaker

**25**  
9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Interactive Games  
1:00 **AR** Sports Sundays!  
2:30 **D** Ice Cream Social  
3:00 **AR** Outdoor Walk  
4:00 **AR** Group Word Search  
6:00 **AR** Interactive Game w/ Talia

**26**  
10:00 **IS** Chair Exercise  
10:30 **IS** Group Word Challenge  
11:30 **IS** Music Therapy  
1:00 **PD** Outdoor Walk  
2:00 **AR** The Golden Girls Salon  
3:00 **AR** Who Am I?  
4:00 **AR** Song Requests  
6:00 **AR** Motivational Speaker

**6**  
9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** Music & Instruments  
1:00 **PD** Outdoor Walk  
2:00 **AR** Dean Martin/Comedy Roast  
3:00 **AR** Bingo Time!  
4:00 **AR** Winter Scenes, Churches  
6:00 **IS** Interactive Game w/ Talia

**13**  
9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** Music & Instruments  
1:00 **PD** Outdoor Walk  
2:00 **AR** The Carol Burnett Show  
3:00 **AR** Bingo Time!  
4:00 **AR** Glen Miller Music  
6:00 **IS** Interactive Game w/ Talia

**20**  
9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** Music & Instruments  
1:00 **PD** Outdoor Walk  
2:00 **AR** Classic Comedy  
3:00 **AR** Bingo Time!  
4:00 **AR** The Comedy of Mr. Bean  
6:00 **IS** Interactive Game w/ Talia

**27**  
9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** Music & Instruments  
1:00 **PD** Outdoor Walk  
2:00 **AR** George Burns/Gracie Allen  
3:00 **AR** Bingo Time!  
4:00 **AR** Classic Comedy  
6:00 **IS** Interactive Game w/ Talia

**7**  
9:30 **TR** Outdoor Time  
10:30 **AR** News & Views  
11:30 **AR** Sit & Stretch  
1:00 **AR** Newspaper Races!  
2:00 **T** Movie Theater Reserved  
3:00 **AR** Painting Class  
4:00 **QR** Reminiscing, Short Stories  
6:00 **AR** Eve. Activity w/ Eudene

**14**  
9:30 **TR** Outdoor Time  
10:30 **AR** Pet Therapy w/ “Sophie”  
11:30 **AR** Sit & Stretch  
1:00 **AR** Hot Potato!  
2:00 **AR** Trivia Game on TV  
3:00 **AR** Arts-n-Crafts  
4:00 **QR** Reminiscing, Short Stories  
6:00 **AR** Eve. Activity w/ Eudene

**21**  
9:30 **TR** Outdoor Time  
10:30 **AR** News & Views  
11:30 **AR** Sit & Stretch  
1:00 **TR** Cone Ring Toss  
2:00 **T** Movie Theater Reserved  
3:00 **AR** Your Nose Knows!  
4:00 **QR** Reminiscing, Short Stories  
6:00 **AR** Eve. Activity w/ Eudene

**28**  
9:30 **TR** Outdoor Time  
10:30 **AR** News & Views  
11:30 **AR** Sit & Stretch  
1:00 **AR** Parachute Ball  
2:00 **AR** Trivia Game on TV  
3:00 **AR** Arts-n-Crafts  
4:00 **QR** Reminiscing, Short Stories  
6:00 **AR** Eve. Activity w/ Eudene

**1**  
10:00 **IS** Chair Exercise  
10:30 **IS** Happy New Year! 2026  
11:30 **IS** Sing-a-Long Songs  
1:00 **AR** N.Y.'s Around The World  
2:00 **LI** Library Time  
3:00 **AR** States & Capitals Q&A  
4:00 **B** Happy Hour w/ Live Music  
6:00 **IS** Evening Movie

**8**  
10:00 **IS** Chair Exercise  
10:30 **IS** Interactive Games  
11:30 **IS** Karaoke Sing-a-Long  
1:00 **AR** The Lawrence Welk Show  
1:30 **L** Scenic Bus Ride  
3:00 **D** Cooking Demonstration  
4:00 **B** Happy Hour w/ Live Music  
6:00 **IS** Evening Movie

**15**  
10:00 **IS** Chair Exercise  
10:30 **IS** Interactive Games  
11:30 **IS** Winter Locations  
1:00 **TR** Outdoor Time  
2:15 **AR** Sax & Movie Magic w/ Wes  
3:15 **AR** Arts-n-Crafts  
4:00 **B** Happy Hour w/ Live Music  
6:00 **IS** Evening Movie

**22**  
10:00 **IS** Chair Exercise  
10:30 **IS** Interactive Games  
11:30 **IS** Sing-a-Long Songs  
1:00 **AR** Biography, Frank Sinatra  
1:30 **L** Scenic Bus Ride  
2:30 **LI** Library Time  
4:00 **B** Happy Hour w/ Live Music  
6:00 **IS** Evening Movie

**29**  
10:00 **IS** Chair Exercise  
10:30 **IS** Interactive Games  
11:30 **IS** Sing-a-Long Songs  
1:00 **AR** Comedy Roast  
1:30 **L** Scenic Bus Ride  
2:30 **LI** Library Time  
4:00 **B** Happy Hour w/ Live Music  
6:00 **IS** Evening Movie

**2**  
10:00 **IS** Chair Yoga  
10:30 **IS** January Happenings!  
11:30 **TR** Outdoor Reminiscing  
1:00 **AR** Let's Get Physical!  
2:00 **AR** The Game of UNO  
3:00 **AR** Dance Competitions  
4:00 **AR** Jan. Word Search  
6:00 **IS** Virtual Jewish Service

**9**  
10:00 **IS** Chair Yoga  
10:30 **IS** Travel Slide Show/Trivia  
11:30 **TR** Outdoor Reminiscing  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Charades  
3:00 **AR** Hobbies & Interests  
4:00 **AR** Dean Martin Variety Hour  
6:00 **IS** Virtual Jewish Service

**16**  
10:00 **IS** Chair Yoga  
10:30 **IS** Travel Slide Show/Trivia  
11:30 **TR** Outdoor Reminiscing  
1:00 **AR** Let's Get Physical!  
2:00 **AR** What is Different?  
3:00 **AR** Group Coloring Poster  
4:00 **AR** Dean Martin Com. Roast  
6:00 **IS** Virtual Jewish Service

**23**  
10:00 **IS** Chair Yoga  
10:30 **IS** Travel Slide Show/Trivia  
11:30 **TR** Outdoor Reminiscing  
1:00 **AR** Let's Get Physical!  
2:00 **AR** How Many Words?  
3:00 **AR** Healthy Living Tips  
4:00 **AR** Group Crossword Puzzle  
6:00 **IS** Virtual Jewish Service

**30**  
10:00 **IS** Chair Yoga  
10:30 **IS** Travel Slide Show/Trivia  
11:30 **TR** Outdoor Reminiscing  
1:00 **AR** Let's Get Physical!  
2:00 **AR** A B C Word Challenge  
3:30 **AR** Hobbies & Interests  
4:00 **AR** What is Different?  
6:00 **IS** Virtual Jewish Service

**3**  
9:30 **TR** Outdoor Time on Terrace  
10:30 **IS** Bible Study  
11:30 **IS** Morning Stretch  
1:00 **AR** Balloon Volley  
2:00 **AR** Movie Matinee  
3:00 **AR** Table Top Games  
4:00 **AR** Favorite Songs/Singers  
6:00 **AR** Dominoes Tournament

**10**  
9:30 **TR** Outdoor Time on Terrace  
10:30 **IS** Bible Study  
11:30 **IS** Morning Stretch  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Movie Matinee  
3:00 **AR** Table Top Games  
4:00 **AR** Video Clips  
6:00 **AR** Dominoes Tournament

**17**  
9:30 **TR** Outdoor Time on Terrace  
10:30 **IS** Bible Study  
11:30 **IS** Morning Stretch  
1:00 **AR** Beach Ball  
2:00 **AR** Movie Matinee  
3:00 **AR** Table Top Games  
4:00 **AR** Funny Animal Video Clips  
6:00 **AR** Dominoes Tournament

**24**  
9:30 **TR** Outdoor Time on Terrace  
10:30 **IS** Bible Study  
11:30 **IS** Morning Stretch  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Movie Matinee  
3:00 **AR** Table Top Games  
4:00 **AR** Video Clips  
6:00 **AR** Dominoes Tournament

**31**  
9:30 **TR** Outdoor Time on Terrace  
10:30 **IS** Bible Study  
11:30 **IS** Morning Stretch  
1:00 **AR** Outdoor Bowling  
2:00 **AR** Movie Matinee  
3:00 **AR** Table Top Games  
4:00 **AR** Funny Babies, Video Clips  
6:00 **AR** Dominoes Tournament

### January Happenings

Happy Birthday to:

Sharon D.-1/1

Charlene H.-1/6

Movie Theater Reserved

7th & 21st

Sax & Movie Magic w/ Wes

15th

Pet Therapy

14th, 19th & 28th

Scenic Bus Ride

Thursdays

Sports Sundays!

Ice Cream Served

Calendar Subject to Change

## LOCATION KEY

- IS** Interactive Screen
- AR** Activity Room
- LI** Library
- B** Bistro
- TR** Terrace
- D** Demonstration Kitchen
- PD** Pool Deck
- T** Movie Theater
- QR** Quiet Room
- L** Meet in Lobby