

UPCOMING COMMUNITY EVENTS



JANUARY: A FRESH START FILLED WITH POSSIBILITY

January opens the year with an invitation to begin again. It's a month that reminds us that no matter what came before, we have the chance to set new goals, spark new hopes, and move forward with renewed strength. Named after Janus, the Roman god who looks both backward and

forward, January encourages reflection and shines with optimism. It's crisp, clear days symbolize a clean slate, urging us to dream boldly, and believe in the power of new beginnings. In January, even small steps can lead to meaningful change, making it a perfect time to embrace fresh opportunities and welcome the year with purpose and hope. January also brings a wonderful chance to enjoy all that our community has to offer. We invite our residents to take part in the activities, programs, and special moments that make our community feel warm and connected.

We wish all our residents and entire community, a healthy and happy new year!

EXCITING COMMUNITY EVENTS AHEAD

Our community is kicking off the new year with a lineup of events designed to bring everyone together and spark new joy. From engaging activities to social gatherings, there's something for every resident to enjoy. These upcoming events offer the perfect chance to connect with neighbors, discover new interests, and take part in the vibrant spirit that makes our community special. We encourage all residents to join in, try something new, and make the most of the exciting experiences coming our way.

Allegro in Boynton Beach
11450 Hagen Road
Boynton Beach, FL 33437
(561) 536-3859



FLOURISH

JANUARY 2026



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"JANUARY IS THE FIRST MONTH OF A 365 PAGE BOOK. WRITE A GOOD ONE."

—BRAD PAISLEY

January 2026

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

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4
10:00 **Bus** Trip to Church Services
10:15 **PAT** TicTok Dance Challenge
1:30 **GT** Afternoon Movie - Residents' Choice
1:30 **B** Rummikub
2:00 **CR** Musical Nostalgia-Music of the 60's
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie-"Respect"

5
9:30 **A** Walking for Health
10:15 **Spa** Balance and Coordination
11:00 **CR** Word Game Challenge
1:30 **PAT** Print Making
3:00 **B** 20 Questions
4:00 **B** Margarita Monday
7:00 **GT** Movie-:"The New Yorker at 100"
7:15 **CR** BINGO at NIGHT

11
10:00 **Bus** Trip to Church Services
10:15 **PAT** Trivia
11:15 **PAT** News of the Day
1:30 **GT** Afternoon Movie - Residents' Choice
2:00 **CR** Comedy Hour
3:00 **B** Brain Boosters
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie-"Oh Hi!"

12
10:15 **Spa** Balance and Coordination
11:00 **CR** Word Game Challenge
1:30 **PAT** Mandala Coaster Painting
2:30 **B** Cocktail Trivia
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie-"Redeeming Love"
7:15 **CR** BINGO at NIGHT

18
10:00 **Bus** Trip to Church Services
10:15 **PAT** Trivia
1:30 **GT** Afternoon Movie - Residents' Choice
2:00 **CR** Musical Nostalgia-Big Band Era
3:00 **B** Brain Boosters
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie-"Carry-On"

19
MARTIN LUTHER KING, JR. DAY
10:15 **Spa** Balance and Coordination
11:00 **CR** Word Game Challenge
1:30 **CR** Water Color Art
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie-"Stand by Me"
7:15 **CR** BINGO at NIGHT

25
10:00 **Bus** Trip to Church Services
10:15 **PAT** Trivia
1:30 **GT** Afternoon Movie - Residents' Choice
2:00 **CR** Musical Nostalgia-Classic Musicals
3:00 **B** Brain Boosters
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie-"Moulin Rouge"

26
10:15 **Spa** Balance and Coordination
11:00 **CR** Word Game Challenge
1:30 **CR** Lanyard Crafting
3:00 **B** Wine Tasting
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie-"Find Me Falling"
7:15 **CR** BINGO at NIGHT

6
9:30 **PAT** News and Views
10:00 **Bus** Loop Trip
10:00 **CR** Guided Meditation
11:00 **Spa** Exercise with Mary
2:00 **GT** Bingo
3:00 **CR** Group Puzzle Challenge
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Babylon"
7:30 **MC** Game Night

7
10:00 **P** The Music of Broadway
11:00 **Bus** Delray Movies
10:00 **CR** Guided Meditation
11:15 **Spa** Stretching
1:30 **CR** Oyster Shell Decoupage
3:00 **C** Scrabble Club
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Borg vs McEnroe"
7:15 **CR** Super \$\$Bingo\$\$

13
10:00 **Bus** Loop Trip
10:00 **CR** Guided Meditation
11:00 **Spa** Exercise with Mary
11:00 **CR** Making Draw String Pouches
2:00 **GT** Bingo
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Marry Me"
7:30 **MC** Game Night

14
10:00 **GT** Town Hall Meeting
11:00 **Bus** Library
11:15 **Spa** Stretching
1:30 **CR** Flower Workshop
2:30 **DR** Entertainment-Garth
4:00 **B** Happy/Social Hour .
7:00 **CR** Ladies Board Game Night
7:00 **GT** Movie- "Forrest Gump"

20
10:00 **Bus** Loop Trip
10:00 **CR** Guided Meditation
11:00 **Spa** Exercise with Mary
11:15 **CR** Polk Art Flower Bouquets
2:00 **GT** Bingo
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Burlesque"
7:30 **GT** Name that Tune at Night!

21
10:00 **GT** Food and Activities Committee Meetings
11:00 **Bus** Delray Movies
11:15 **Spa** Stretching
1:30 **CR** Jewelry Workshop
4:00 **B** Happy/Social Hour .
7:00 **CR** Ladies Board Game Night
7:00 **GT** Movie- "Maestro"

26
10:15 **Spa** Balance and Coordination
11:00 **CR** Word Game Challenge
1:30 **CR** Lanyard Crafting
3:00 **B** Wine Tasting
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Find Me Falling"
7:15 **CR** BINGO at NIGHT

27
10:00 **Bus** Loop Trip
10:00 **CR** Guided Meditation
11:00 **Spa** Exercise with Mary
2:00 **GT** Bingo
3:00 **CR** Color by Number
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Tulip Fever"
7:30 **MC** Game Night

1 NEW YEAR'S DAY
HAPPY NEW YEAR!
10:00 **C** Wordical Challenge
11:00 **CR** Cardio Drumming
1:30 **CR** Finishing the Lines
3:00 **B** Two Truths and a Lie
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Jay Kelly"

2
10:00 **GT** Book Club Discussion
10:00 **CR** Coffee and Crosswords
11:00 **CR** Zumba
1:30 **Bus** Banking Day
1:30 **CR** Fabric Decorating
2:00 **Spa** Chair Yoga
3:15 **GT** Shabbat Services
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "The Covenant"

8
10:00 **C** Wordical Challenge
11:00 **Spa** Exercise with Mary
1:30 **CR** Painting Sun Catchers
3:00 **B** American History Trivia
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Honest Thief"

15
10:00 **C** Wordical Challenge
10:30 **GT** Ed Lamont-Lecture
11:00 **Spa** Exercise with Mary
1:30 **B** Spelling Bee Contest
3:00 **B** Comedy Hour
4:00 **B** Happy/Social Hour .
7:00 **CR** Ladies Board Game Night
7:00 **GT** Movie- "Little Women"

22
10:00 **C** Wordical Challenge
11:00 **Spa** Exercise with Mary
1:30 **CR** Mason Jar Luminaries
3:00 **PAT** Horse Racing
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "The Two Killings of Sam Cooke"

23
10:00 **CR** Coffee and Crosswords
11:00 **A** Walking to the Beat
1:30 **Bus** Banking Day
2:00 **Spa** Chair Yoga
3:15 **GT** Shabbat Services
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Cats"

29
10:00 **C** Wordical Challenge
11:00 **Spa** Exercise with Mary
1:30 **B** Snacktivity-Making Pita Pizzas
2:30 **B** Entertainment-Teresa Garrett
3:00 **C** Billiards
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "The Highwaymen"

30
10:00 **CR** Coffee and Crosswords
11:00 **MC** Dominoes
1:30 **Bus** Banking Day
1:30 **CR** Earring Crafting
2:00 **Spa** Chair Yoga
3:15 **GT** Shabbat Services
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Forgotten Love"

3
10:00 **CR** Name that Tune
10:30 **Bus** Publix
11:00 **PG** Golf Challenge
1:30 **CR** Word Search
3:00 **LR** Bridge Players Meet
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Cast Away"

10
10:00 **CR** Coffee and Crosswords
10:30 **Bus** Publix
11:00 **CR** Truth or Dare
1:30 **Bus** Banking Day
1:30 **B** Complete the Lyrics
2:00 **Spa** Chair Yoga
3:15 **GT** Shabbat Services
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "As Good as it Gets"

17
10:00 **CR** Name that Tune
10:30 **Bus** Publix
10:30 **GT** Harry Getzov-Lecture-Danny Kaye
11:30 **CR** Arts and Crafts
1:30 **GT** Afternoon Movie
1:30 **CR** Word Challenge
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Charlie's Angels"

24
10:00 **CR** Name that Tune
10:30 **Bus** Publix
11:00 **CR** Arts and Crafts
11:15 **AR** Scrabble
1:30 **CR** Word Challenge
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Moonabe Daydream"

31
10:00 **CR** Name that Tune
10:30 **Bus** Publix
11:00 **CR** Arts and Crafts
1:30 **CR** Word Challenge
4:00 **B** Happy/Social Hour .
7:00 **GT** Movie- "Persuasion"

Around our Community

HAPPY BIRTHDAY!

NATHAN BURK - 1/01

MONA ARMOUR - 1/03

RUTH SOMMER - 1/06

HARRIET FEIN - 1/07

HELEN ROSE - 1/12

IDA MILKMAN - 1/13

ROCHELLE KAYE-STONE - 1/16

SANDRA HOFFMAN-1/18

MICKEY BECKER - 1/20

DOROTHY GORDON-1/21

FRAN RATNER - 1/27

WALTER ROSENTHAL-1/28

LITA FRIEDMAN - 1/30

LOCATION KEY

C	Card Room
CR	Community Room
B	Bistro
GT	Grand Theatre
Bus	Bus Trip
Spa	Spa
PG	Putting Green
LR	Living Room
PAT	Patio
A	Atrium

Sunday
Monday
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4
9:15 LR Morning Stretch & Relaxation
10:15 AR Puzzletime
11:15 AR Table Games
1:15 PAT Music on The Patio
2:15 LR Alphabet Soup
3:15 LR Table Games
4:15 LR Murder She Wrote
6:15 LR Movie-Nobody Wants This

11
9:15 LR Morning Stretch & Breathing Exercises
10:15 AR Puzzle Time
11:15 LR Virtual Tour of Greece
1:15 LR Finish the Phrase
2:15 LR Alphabet Twist
3:15 AR Bowling
4:15 LR Dancing With the Stars
6:15 LR Movie Call My Agent

18
9:15 LR Morning Stretch & Relaxation
10:15 AR Giant Puzzle
11:15 AR Table Games
1:15 AR Corn Hole
2:15 LR Alphabet Soup
3:15 LR Table Games
4:15 LR Music by Frank Sinatra
6:15 LR Movie-Designated Survivor

25
9:15 LR Morning Stretch & Breathing Exercises
10:15 AR Puzzle Time
11:15 LR Virtual Tour of Netherlands
1:15 AR Bowling
2:15 LR Alphabet Twist
3:15 LR Finish the Phrase
4:15 LR Series-The Rockford Files
6:15 LR Movie-Rock Around The

5
9:15 LR Upbeat Chair Aerobics
10:15 LR Deal or No Deal
11:15 AR Mandala Coloring
1:15 LR Corn Hole
2:15 LR Board Games-Dominoes and Checkers
3:15 LR TV Crossword Puzzle
4:15 LR Music by Ray Charles
6:15 LR Movie-Madea's Destination Wedding

12
9:15 LR Gentle Yoga
10:15 LR Jeopardy
11:15 AR Rummikub
1:15 LR Alphabet Twist
2:15 AR Game Time- Bean Bag Toss
2:15 DR Snacktivity-Ice Cream Social
3:15 AR Bowling
4:15 LR Entertainment with Stone Silk
4:30 LR Sitcom-The Odd Couple

19 **Martin Luther King Day**
9:15 LR Upbeat Chair Aerobics
10:15 AR Craft 101
11:15 LR Jeopardy
11:45 Bus Lunch Outing
1:15 LR Bowling
2:15 DR Snacktivity-Making Cookies
3:15 AR Music Trivia
4:15 LR Sitcom-Bob Newhart Show
6:15 LR Movie-Missing You

26
9:15 LR Gentle Yoga
10:15 LR Fill in the Blanks
11:15 LR Jeopardy
1:15 AR Gin Rummy Game
1:30 Bus Ice Cream Outing
2:15 AR Corn Hole
3:15 LR Word Wall
4:15 LR Series-Barnaby Jones
6:15 LR Comedian-Nate Bargatze

Tuesday

Happy 2026
6

9:15 LR 50's Workout
10:15 LR Jeopardy
11:15 LR Crossword Puzzle
1:15 LR Finish the Phrase
2:15 LR Exercise with Ashley
3:15 AR Game of Rummy Q
4:15 LR Music by Tony Bennett
6:15 LR Movie-Life of the Party

13

9:15 LR Balance and Strength Chair Workout
10:15 LR Family Feud
11:15 AR Scrabble
1:15 AR Finish the Phrase
2:15 DR Snacktivity-Ice Cream Social
3:15 LR Alphabet Twist
4:15 LR Sing Along to Paul Anka
6:15 LR Movie-the Asset

20

9:15 LR Balance and Strength Chair Workout
10:15 AR Card Games
11:15 LR Finish The Phrase
1:15 LR Corn Hole
2:15 LR Exercise With Ashley
3:15 AR Game of Rummikub
4:15 LR Sitcom-The Odd Couple
6:15 LR Movie-Bodyguard

27

9:15 LR Balance and Strength Chair Workout
10:15 AR Water Colors
11:15 AR Giant Puzzle Time
1:30 DR Snacktivity-Making Cupcakes
2:15 AR Corn Hole
3:15 LR Word Wall
4:15 LR Checkers and Dominoes
3:15 LR Word Wall
4:15 LR Sing Along to the 50's Music

Wednesday

Martin Luther King
7

9:15 AR 20 Min Energizing HIIT Workout
10:15 AR Puzzle Time
11:00 AR Painting With Charlene
1:15 LR Family Feud
2:15 DR Snacktivity-Pigs in a Blanket
3:15 LR Music & Rhythms with Instruments
4:15 LR Seinfeld Sitcom

14

9:15 AR Breathing And Relaxation
10:15 LR Jeopardy
11:00 AR Painting With Charlene
1:15 LR Word Wall
2:15 CY Take a Stroll in the Court Yard/Snack
3:15 AR Checker and Dominoes
3:45 LR Entertainment With Garth
6:15 LR Movie-Champagne Problems

21

9:15 AR 20 Min Energizing HIIT Workout
10:15 AR Table Games
11:15 AR Sip And Paint
1:15 AR Music Trivia
2:15 CY Take a Stroll in the Court Yard
3:15 LR Wheel of Fortune
4:15 LR Music by Stevie Wonder
6:15 LR Comedian-Justin Willman

28

9:15 AR Breathing And Relaxation
10:15 AR Table Games
11:15 LR What Did it Cost
1:15 PG Putting Green
2:15 LR Word Wall
3:15 LR Family Feud
4:15 LR Sitcom-Rhoda
6:15 LR Movie-Crossroads

Thursday

1 **New Year's Day**
9:15 LR Gentle Stretching
10:15 LR Match Game
11:00 LR Rose Bowl Parade
1:15 LR Wheel Of Fortune
2:15 LR Unscramble the Word
3:15 LR Reminisce-New Years Resolutions
4:15 AR Table Games
6:15 LR Movie-Jingle Bell Heist

8

9:15 LR Walk Around the Grounds
10:15 LR The Price is Right
11:15 LR Computer Games
1:15 LR Bowling
2:15 LR Unscramble the Word
3:15 AR Bingo Bonanza
4:15 LR Sitcom-Mary Tyler Moore
6:15 LR Movie-Zero Day

15

9:15 LR 20 Min Energizing HIIT Workout
10:15 LR The Price Is Right
11:15 LR What Did it Cost
1:15 PG Putting Green
2:15 LR Unscramble the Word
3:15 AR Bingo Bonanza
4:15 LR Sitcom-The Golden Girls
6:15 LR Movie-Crazy Rich Asians

22

9:15 LR 1000 Step Chair Walking Workout
10:15 LR The Price is Right
11:15 LR Jeopardy
1:15 LR Bowling
1:30 CR Mason Jar Luminaries
2:15 LR Unscramble the Word
3:15 AR Bingo Bonanza
4:15 LR Sitcom-Bob Newhart Show
6:15 LR Movie-How To Lose A Guy In

29

9:15 LR Gentle Stretching
10:15 AR Table Games
11:15 LR What Did it Cost
1:15 PG Bowling
2:15 LR Unscramble the Word
3:15 AR Bingo Bonanza
4:15 LR Tv Series-Matlock
6:15 LR Movie-The Kominsky Method

Friday

2
9:15 LR Chair Yoga
10:15 LR Matching Objects
11:00 PAT Crossword Puzzle
1:15 AR Connect Four & Checkers
2:15 LR Word Wall
3:15 LR Shabbat
3:15 LR Entertainment with Chris Autore
4:15 LR America's Got talent
6:15 LR Movie-Mistletoe Mixup

9

9:15 LR 1000 Step Chair Walking Workout
10:15 LR Matching Objects
11:15 AR Water Colors
1:15 LR Reminiscence Hour
2:15 LR Word Wall
3:15 PAT Volleyball on the Patio
4:15 LR Sitcom-Murder She Wrote
6:15 LR Comedian- Jo Koy

16

9:15 LR Gentle Stretching
10:15 LR Matching Objects
11:00 PAT Crossword Puzzle
1:15 AR Connect Four & Checkers
2:15 LR Word Wall
3:15 LR Shabbat
3:15 AR Rummikub
4:15 LR Music By Louis Armstrong
6:15 LR Movie-Oceans 8

23

9:15 LR 20 min Energizing HIIT Workout
10:15 AR Say What You See
11:15 AR Scrabble
1:15 LR Computer Crossword Puzzle
1:15 AR Corn Hole
2:15 LR Word Wall
3:15 PAT Floating Fitness
4:15 LR Sitcom-Cheers
6:15 LR Movie-Funny Lady

30

9:15 LR 1000 Step Chair Walking Workout
10:15 LR Matching Objects
11:00 PAT Crossword Puzzle
1:15 AR Connect Four & Checkers
1:30 CR Earring Crafting
2:15 LR Word Wall
3:15 LR Shabbat
3:15 AR Horse Shoes
4:15 LR Series Matlock

Saturday

3
9:15 LR Upbeat Chair Aerobics
10:15 LR Family Feud
11:15 LR Wheel of Fortune
1:15 AR Checkers and Dominoe's
2:15 LR Word Wall
3:15 PAT Volleyball on the Patio
4:15 LR I love Lucy
6:15 LR Comedian-Leanne Morgan

January Happenings
January Birthdays

Lois 01/02
Elizabeth 01/04
Risa 01/29

Entertainment

Chris Autore 01/02
Stone Silk 01/12
Garth Bright 01/14
All activities subject to change
Students from Lynn University
Performing Arts Dept came to Allegro to sing for the residents



Lynn University

LOCATION KEY

LR Living Room
AR Activity Room
PAT Patio
DR Dining Room
CY Courtyard
PG Putting Green
Bus Bus Trip
CR Community Room