

February 2026

Alto Wheaton Senior Living



Senior Living by Allegro

Happy Birthday!



David S. – Feb. 1st
Toni C. – Feb. 1st
Laurah M. – Feb. 14th

Emil I. – Feb. 15th
Minnie I. – Feb. 20th

Locations

1 = 1st Floor
2 = 2nd Floor Hallway
3 = 3rd Floor Hallway
AR = Activity Room

B = Bistro
DR = Dining Room
FL = Front Lobby
G = Gazebo
L = Library
P = Outdoor Patio
O = Outing
PDR = Private Dining Room
T = Theater

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|--|---|--|--|--|---|----|
| 11:00 Trivia with Jeanne (AR) 11:30 Chair Volleyball (AR) 1:00 Dominoes (AR) 2:00 Ice Cream Social (B) 2:30 Afternoon Documentary (T) 3:00 Gin Rummy Card Club (AR) 6:00 Movie Night (T) | 1 10:00 Secretary of State: Mobile DMV (AR) 11:30 Exercise with Legacy (T) 12:45 Quiddler (B) 1:30 Guided Meditation (T) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 2 10:00 Bible Study with Mary (AR) 10:30 Morning Reflections (AR) 11:00 Walgreens Shopping Outing (O) 11:00 White Board Puzzles (AR) 11:30 Cardio Drumming (AR) 1:00 Rumikub Game (AR) 2:00 Professional Portrait Sessions (AR) 3:30 Jeopardy Watch Party (T) 6:00 After Dinner Poker Club (AR) 6:00 Movie Night (T) | 3 9:30 Walking Club (FL) 10:00 Communion w/ Dcn Dan (AR) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 12:45 Quiddler (AR) 1:00 Book Club Meeting (T) 2:00 Root Beer Floats (B) 3:00 Puppy Cuddles (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 4 10:00 Good News & Views (AR) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 1:00 "Fill in the Blank" Game (AR) 1:30 Rosary Group (T) 2:30 Keyboard: Terry's Tunes Live (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 5 9:30 Walking Club! (FL) 10:30 Morning Reflections (AR) 11:00 White Board Puzzles (AR) 11:30 Seated Exercise - Weights (AR) 1:00 "Fill in the Blank" Game (AR) 1:30 Rosary Group (T) 2:30 Keyboard: Terry's Tunes Live (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 6 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 12:45 Quiddler (AR) 1:00 Dominoes (AR) 2:00 Saturday Bingo (AR) 3:15 Tea, Cookies, & Conversation (AR) 6:00 Movie Night (T) | 7 |
| 11:00 Trivia with Jeanne (AR) 11:30 Chair Volleyball (AR) 1:00 Dominoes (AR) 2:00 Ice Cream Social (B) 2:30 Afternoon Documentary (T) 3:00 Gin Rummy Card Club (AR) 6:00 Movie Night (T) | 8 10:00 Coffee with Courtney (B) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Exercise with Legacy (AR) 12:45 Quiddler (AR) 1:30 Guided Meditation (T) 2:30 Penny Auction (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 9 10:00 Bible Study with Mary (AR) 10:30 Morning Reflections (AR) 11:00 White Board Puzzles (AR) 11:30 Cardio Drumming (AR) 1:00 Rumikub Game (AR) 2:15 Manicures with Lifestyle (AR) 3:30 Jeopardy Watch Party (T) 6:00 After Dinner Poker Club (AR) 6:00 Movie Night (T) | 10 9:30 Walking Club (FL) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise- Weights (AR) 12:45 Quiddler (AR) 1:00 Book Club Meeting (T) 1:45 Girl Scout Cookie Table (FL) 2:30 Jeopardy LIVE Trivia (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 11 10:00 Good News & Views (AR) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 1:00 "Fill in the Blank" Game (AR) 1:30 Rosary Group (T) 2:30 Mary Todd Lincoln Presentation (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 12 9:30 Walking Club! (FL) 10:30 Morning Reflections (AR) 11:00 White Board Puzzles (AR) 11:30 Seated Exercise - Weights (AR) 1:00 "Fill in the Blank" Game (AR) 12:00 Sweetheart Couples Luncheon (AR) 1:30 Rosary Group (T) 2:30 Mary Todd Lincoln Presentation (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 13 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 12:45 Quiddler (AR) 1:00 Dominoes (AR) 2:00 Saturday Bingo (AR) 3:15 Craft with Caren (AR) 6:00 Movie Night (T) | 14 |
| 11:00 Trivia with Jeanne (AR) 11:30 Chair Volleyball (AR) 1:00 Dominoes (AR) 2:00 Ice Cream Social (B) 2:30 Afternoon Documentary (T) 3:00 Gin Rummy Card Club (AR) 6:00 Movie Night (T) | 15 10:00 Coffee with Courtney (B) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Exercise with Legacy (AR) 12:45 Quiddler (AR) 1:30 Guided Meditation (T) 2:30 John Boda Presents (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 16 10:00 Bible Study with Mary (AR) 10:30 Morning Reflections (AR) 11:00 White Board Puzzles (AR) 11:30 Cardio Drumming (AR) 12:00 Bring in Lunch (AR) 1:00 Rumikub Game (AR) 2:30 Paczki's with the Chef (AR) 3:30 Jeopardy Watch Party (T) 6:00 After Dinner Poker Club (AR) 6:00 Movie Night (T) | 17 9:30 Walking Club (FL) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise- Weights (AR) 12:00 Ash Wednesday Service (AR) 12:45 Quiddler (AR) 1:00 Book Club Meeting (T) 2:00 Bingo Bonanza! (AR) 3:00 Activity Planning Meeting (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 18 10:00 Good News & Views (AR) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 1:00 "Fill in the Blank" Game (AR) 1:30 Rosary Group (T) 2:30 Live Guitar: Gavin (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 19 9:30 Walking Club! (FL) 10:30 Morning Reflections (AR) 11:00 White Board Puzzles (AR) 11:30 Seated Exercise - Weights (AR) 12:45 Rumikub (AR) 1:30 Communion w. Rev. Joanne (T) 2:30 Joint Happy Hour w/ Entertainment (DR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 20 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 12:45 Quiddler (AR) 1:00 Dominoes (AR) 2:00 Saturday Bingo (AR) 3:15 Tea, Cookies, & Conversation (AR) 6:00 Movie Night (T) | 21 |
| 11:00 Trivia with Jeanne (AR) 11:30 Chair Volleyball (AR) 1:00 Dominoes (AR) 2:00 Ice Cream Social (B) 2:30 Afternoon Documentary (T) 3:00 Gin Rummy Card Club (AR) 6:00 Movie Night (T) | 22 10:00 Coffee with Courtney (B) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Health Talk with Legacy (AR) 12:45 Quiddler (AR) 1:30 Guided Meditation (T) 2:00 Bingo with Blake (AR) 3:00 Resident Council Meeting (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 23 10:00 Bible Study with Mary (AR) 10:30 Morning Reflections (AR) 11:00 White Board Puzzles (AR) 11:30 Cardio Drumming (AR) 11:30 Out to Lunch Outing (O) 1:00 Rumikub Game (AR) 2:15 Manicures with Lifestyle (AR) 3:30 Jeopardy Watch Party (T) 6:00 After Dinner Poker Club (AR) 6:00 Movie Night (T) | 24 9:30 Walking Club (FL) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise- Weights (AR) 12:45 Quiddler (AR) 1:00 Book Club Meeting (T) 2:30 Universal Yum Snacks (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 25 10:00 Good News & Views (AR) 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 1:00 "Fill in the Blank" Game (AR) 1:30 Rosary Group (T) 2:30 Tim Wilsey Presents (AR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 26 9:30 Walking Club! (FL) 10:30 Morning Reflections (AR) 11:00 White Board Puzzles (AR) 11:30 Seated Exercise - Weights (AR) 12:45 Rumikub (AR) 1:30 Happy Hour! (DR) 3:30 Jeopardy Watch Party (T) 6:00 Movie Night (T) | 27 10:30 Morning Reflections (AR) 11:00 Trivia Questions (AR) 11:30 Seated Exercise - Bands (AR) 12:45 Quiddler (AR) 1:00 Dominoes (AR) 2:00 Saturday Bingo (AR) 3:15 Craft with Caren (AR) 6:00 Movie Night (T) | 28 |

February 2026

Alto Wheaton Ensemble

Alto
Senior Living by Allegro

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|--|
| 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Balloon Volleyball (SK) 11:00 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies & Musicals (SK) | 1 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:00 Mobil DMV State IDs (AR) 10:45 Exercise with Us! (BR) 1:30 Scenic Trips & Tales Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies & Musicals (SK) | 2 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Scenic Trips & Tales Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies & Musicals (SK) | 3 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Deacon Dan with Communion (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:30 Word Brain Games 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 4 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Deacon Dan with Communion (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:30 Word Brain Games 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 5 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Toss and Talk (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) | 6 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) |
| 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Balloon Volleyball (SK) 11:00 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies & Musicals (SK) | 8 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Baking with Jeanne (SK) 2:30 Greenhouse Club (GR) 3:00 World Tour (GR) 6:00 Classic Movies & Musicals (SK) | 9 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Scenic Trips & Tales Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies & Musicals (SK) | 10 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:45 Girl Scout Cokie Table (FL) 2:30 Heather Singer (BR) 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 11 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:45 Girl Scout Cokie Table (FL) 2:30 Heather Singer (BR) 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 12 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Toss and Talk (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) | 13 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) |
| 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Balloon Volleyball (SK) 11:00 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies & Musicals (SK) | 15 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Baking with Jeanne (SK) 1:30 John Boda Singing (BR) 2:30 Greenhouse Club (GR) 3:00 World Tour (GR) 6:00 Classic Movies & Musicals (SK) | 16 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Scenic Trips & Tales Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies & Musicals (SK) | 17 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Deacon Dan Ash Wednesday (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:30 Word Brain Games 2:30 Rick Pickren Singes (BR) 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 18 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Deacon Dan Ash Wednesday (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:30 Word Brain Games 2:30 Rick Pickren Singes (BR) 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 19 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Toss and Talk (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) | 20 2:30 Ruth on Piano (BR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) |
| 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Balloon Volleyball (SK) 11:00 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies & Musicals (SK) | 22 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Baking with Jeanne (SK) 2:30 Mike on the Accordion (BR) 3:30 World Tour (GR) 6:00 Classic Movies & Musicals (SK) | 23 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:30 Scenic Trips & Tales Tommy (O) 2:45 Songs & Senses (SK) 6:00 Classic Movies & Musicals (SK) | 24 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:30 Word Brain Games 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 25 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 11:00 Jane's Devotions (BR) 11:00 Manicures with Mya (SK) 1:30 Word Brain Games 3:30 Happy Hour (BR) 6:00 Classic Movies & Musicals (SK) | 26 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 1:20 Tim Wilsey Music (BR) 1:30 Toss and Talk (BR) 2:30 Ice Cream Social (GR) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) | 27 9:45 Good News & Chronicle (BR) 10:45 Exercise with Us! (BR) 3:00 Balloon Games (SK) 3:30 Virtual Concerts (SK) 6:00 Classic Movies & Musicals (SK) |
| 9:30 Morning Spa with Care (GR) 9:45 Good News & Chronicle (BR) 10:45 Balloon Volleyball (SK) 11:00 Seated Yoga Stretching (BR) 1:30 Sing Along (GR) 2:30 Creative Crafts (GR) 3:30 Bingo (SK) 6:00 Classic Movies & Musicals (SK) | 28 | | | | | |

Happy Birthday!



Fred B. - Feb. 24th

Jill M. - Feb. 5th

Locations

1 = 1st Floor
2 = 2nd Floor Hallway
3 = 3rd Floor Hallway
4 = 4th Floor Patio
AR = Activity Room
B = Bistro
BR = Blue Room
BRP = Blue Room Patio
DR = Dining Room
EK = Emerald Kitchen
FL = Front Lobby
G = Gazebo
GR = Green Room
L = Library
P = Outdoor Patio
O = Outing
PDR = Private Dining Room
SK = Saphire Kitchen
T = Theater