

February 2026

Allegro Tallahassee Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Holy Communion Service 9:30 Chapel Services with 4Oaks 10:00 Light & Lively Cardio 10:00 Puzzle Master Meet-Up 10:45 CVS/Walgreens 2:00 BINGO 3:00 Shop: Goodwill 5:30 Romance Movie February 6:00 Yahtzee!	Groundhog Day 9:15 Shop: Walmart 10:00 Mindful Yoga with Cate 10:00 Puzzle Master Meet-Up 11:00 FSU GrooveFit 1:00 Groundhog Story Club 2:00 Healthy Heart BINGO 3:00 Health Talk w/ SunCrest 3:15 The Great Courses: Viking Pt. 14 6:00 Poker Night	9:00 Question of the Week 10:00 SWEAT Therapy 11:00 Music Therapy with Leah 1:30 Downton Abbey w/ Popcorn 2:00 Family Feud 3:00 Tech Tuesday 3:30 Activity Chat w/ Rebecca 5:30 Book Club	9:30 The Morning Reader 10:00 Puzzle Master Meet-Up 10:00 Tai Chi with ACTION 11:00 Name That Tune! Love Song 1:00 Crochet/Knitting Club 2:00 BINGO 3:30 Wine Down Wednesday 5:30 Yoga Nidra	9:00 The Daily Rhythm To-Go 9:30 Blood Pressure Check 10:00 Puzzle Master Meet-Up 10:00 Wisdom Yoga with Cate 11:00 Corn Hole 2:00 Women's Bible Study 3:30 Toast of the Day Happy Hour 5:30 Musical: State Fair	9:00 Men's Bible Study (4Oaks) 10:00 Puzzle Master Meet-Up 10:00 Silver Strength(SunCrest) 10:30 Reading and Valentine's with PreK! 1:00 Let the Games Begin! 1:15 Praying the Rosary 3:30 Sip & Sing Karaoke 6:00 Resident-Led Scrabble	9:00 Color Me Happy 10:00 "Chair-lates" 10:00 Hand & Foot 10:00 Puzzle Master Meet-Up 11:00 Barista 45 1:00 Olympic Event: Basketball 2:00 BINGO 3:30 Craft: Unity Wreaths 5:30 Skip-Bo: Solitaire Cards
9:15 Holy Communion Service 9:30 Chapel Services with 4Oaks 10:00 Light & Lively Cardio 10:00 Puzzle Master Meet-Up 10:45 Dollar Tree 2:00 BINGO 3:00 Pre-Super Bowl Tailgate! 6:00 Yahtzee! 6:30 Super Bowl 60 Viewing	9:15 Shop: Target or Publix 10:00 Mindful Yoga with Cate 10:00 Puzzle Master Meet-Up 11:00 FSU GrooveFit 1:00 Fireside Story Club 2:00 Pink & Red BINGO 3:00 Love Your Heart w/ Ashley 3:15 TGC: Vikings Pt. 15 6:00 Poker Night	9:00 Question of the Week 10:00 Puzzle Master Meet-Up 10:00 SWEAT Therapy 11:00 Music Therapy with Leah 1:30 Downton Abbey: A New Era 2:00 Town Hall Meeting 3:00 Black History "Who Am I?" 5:30 Book Club	9:30 The Morning Reader 10:00 Puzzle Master Meet-Up 10:00 Tai Chi with ACTION 11:00 Name That Tune! Black History 11:00 Vision Loss Support Group 1:00 Crochet/Knitting Club 2:00 BINGO 3:30 Wine Down w/ Storytelling 5:30 Yoga Nidra	9:00 The Daily Rhythm To-Go 9:30 Blood Pressure Check 10:00 Puzzle Master Meet-Up 10:00 Wisdom Yoga with Cate 11:00 Corn Hole 2:00 Women's Bible Study 3:30 Toast of the Day Happy Hour 5:30 Game On!	9:00 Men's Bible Study (4Oaks) 10:00 Silver Strength(SunCrest) 11:00 Lunch: Red Elephant 11:00 Timeless Love Display 1:00 Girl Scout Cookie Stand 1:15 Praying the Rosary 2:15 Allegro Wheel of Fortune: Love Edition 3:45 Cupid's Cabaret 6:00 Resident-Led Scrabble	Valentine's Day 9:00 Color Me Happy 10:00 "Chair-lates" 10:00 Hand & Foot 10:00 Puzzle Master Meet-Up 11:00 Barista 45 1:00 Olympic Event: Balloon Taps 2:00 BINGO 3:30 Craft: Valentine's 5:30 Skip-Bo: Solitaire Cards
9:15 Holy Communion Service 9:30 Chapel Services with 4Oaks 10:00 Light & Lively Cardio 10:00 Puzzle Master Meet-Up 10:45 CVS/Walgreens 2:00 BINGO 3:00 Sunday Leisurely Drive 5:30 Romance Movie February 6:00 Yahtzee!	President's Day 9:15 Shop: Walmart 10:00 Mindful Yoga with Cate 10:00 Puzzle Master Meet-Up 11:00 FSU GrooveFit 1:00 President's Story Club 2:00 Slipper BINGO 3:00 Hopewell Trivia Hour 3:15 TGC: Vikings Pt. 16 6:00 Poker Night	Mardi Gras! 9:00 Question of the Week 10:00 SWEAT Therapy 11:00 Music Therapy with Leah 11:30 Ambassador Meeting 1:30 Gifted Hands w/ Popcorn 3:00 Mardi Gras Masquerade! 4:30 Dinner Music w/ Gail 5:30 Book Club	Ash Wednesday 9:30 The Morning Reader 10:00 Puzzle Master Meet-Up 10:00 Tai Chi with ACTION 11:30 Birthday Luncheon 1:00 Crochet/Knitting Club 1:00 Live Music w/ Dave Carty 2:00 BINGO 3:30 Galentine's Wine & Chocolate Pairing 5:30 Yoga Nidra	9:00 The Daily Rhythm To-Go 9:30 Blood Pressure Check 10:00 Puzzle Master Meet-Up 10:00 Wisdom Yoga with Cate 11:00 Corn Hole 2:00 Women's Bible Study 3:30 Toast of the Day Happy Hour 5:30 Opera: Porgy & Bess	9:00 Men's Bible Study (4Oaks) 10:00 Puzzle Master Meet-Up 10:00 Silver Strength(SunCrest) 11:00 Lunch: The Wharf 1:15 Praying the Rosary 2:15 Allegro Wheel of Fortune 3:30 Sip & Sing Karaoke: Love Songs 6:00 Resident-Led Scrabble	9:00 Color Me Happy 10:00 "Chair-lates" 10:00 Hand & Foot 11:00 FSU Wheelchair & Walker Car Wash 1:00 Olympic Event: Newspaper Crawl 2:00 BINGO 3:30 Craft: Canvas Painting w/ Sydney 5:30 Skip-Bo: Solitaire Cards
9:15 Holy Communion Service 9:30 Chapel Services with 4Oaks 10:00 Light & Lively Cardio 10:00 Puzzle Master Meet-Up 10:45 Dollar Tree 2:00 BINGO 3:00 Shop: Michael's 5:30 Romance Movie February 6:00 Yahtzee!	9:15 Shop: Target or Publix 10:00 Mindful Yoga with Cate 10:00 Puzzle Master Meet-Up 11:00 FSU GrooveFit 1:00 Fireside Story Club 2:00 Music Lover BINGO 3:00 VITAS Bereavement Support Group 3:15 TGC: Vikings Pt. 17 6:00 Poker Night	9:00 Question of the Week 10:00 Puzzle Master Meet-Up 10:00 SWEAT Therapy 11:00 Music Therapy with Leah 1:30 Selma w/ Popcorn 2:00 Family Feud w/ TPD 3:00 Resident Welcome Party 4:00 Dinner Music w/ Gail 5:30 Book Club	9:30 The Morning Reader 10:00 Puzzle Master Meet-Up 10:00 Tai Chi with ACTION 11:00 Name That Tune! 1:00 Crochet/Knitting Club 2:00 BINGO 3:30 Wine Down Wednesday 5:30 Yoga Nidra	9:00 The Daily Rhythm To-Go 9:30 Blood Pressure Check 10:00 Wisdom Yoga with Cate 11:00 Corn Hole 2:00 Women's Bible Study 3:30 Toast of the Day Happy Hour 4:00 Love Note Station: Family Night w/ LETOUR & Visiting Angels 5:30 Opera: Cyrano de Bergerac	9:00 Men's Bible Study (4Oaks) 10:00 Puzzle Master Meet-Up 10:00 Silver Strength(SunCrest) 11:00 Lunch: Pepper's 1:15 Praying the Rosary 2:15 Allegro Wheel of Fortune 3:30 Happy Hour w/ Harry Leeds 6:00 Resident-Led Scrabble	9:00 Color Me Happy 10:00 "Chair-lates" 10:00 Hand & Foot 10:00 Puzzle Master Meet-Up 11:00 Barista 45 1:00 Olympic Event: Cup Stack 2:00 BINGO 3:30 Craft: Holiday Choice Quotes 5:30 Skip-Bo: Solitaire Cards

Happy Birthday!

- Phyllis M – 2/1
- Bruce B – 2/1
- Gloria S – 2/4 (100 years!)
- Sandra W – 2/16
- Bud H – 2/20
- Patty S – 2/24
- Josie B – 2/24
- Margurite S – 2/25
- Donna C – 2/26
- Linda G – 2/26
- Sandi E – 2/26
- Frank T – 2/28
- Mahaley H – 2/28

HAPPY BLACK HISTORY MONTH!

Please note: This calendar is subject to change.

Locations

- AR = Activity Room
- L = Lobby
- MR = Magnolia Room
- GR = Game Room
- TH = Theatre
- CY = Courtyard
- C = Chapel
- SU = Sign Up
- LL = Living Room
- LI = Library
- HC = Heritage Club
- RR = Resident Room