

February 2026

Alto John's Creek Assisted Living



Senior Living by Allegro

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>9:30 Improved Health (Gentle Seated Exercise) (GYM)</div> <div>10:30 Catholic Service by St. Benedict Church (GAT)</div> <div>10:30 Perimeter Church (Streaming) (TH)</div> <div>1:30 Game Club: Resident Choice (GAT)</div> <div>2:30 Movie (TH)</div> <div>4:00 Word Search Puzzle (LB)</div>	<div>10:30 Fit &amp; Fun with Lifestyle (GYM)</div> <div>11:00 The Joy of Crafting and Art (GAT)</div> <div>1:30 Department Store Outing (Sign Up) (LOB)</div> <div>4:00 Game Club: Rummikub &amp; Dominoes (GAT)</div> <div>6:30 Binge TV: Country Comfort (Ep. 1 &amp; 2) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>11:00 Words In A Word (LB)</div> <div>1:30 Tea and Trivia Tuesday (GAT)</div> <div>2:30 A Moment in American History (GAT)</div> <div>3:30 Library Lovers Month (LB)</div> <div>6:30 Movie: People We Meet on Vacation (PG-13) (TH)</div>	<div>10:00 Shopping: Publix (LOB)</div> <div>11:00 Xtreme Trivia (TH)</div> <div>2:00 Game: Begins With... (LNG)</div> <div>3:00 Fit &amp; Factual (LNG)</div> <div>4:00 Midweek Mingle (LB)</div> <div>6:30 Movie: Dolce Villa (PG) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>10:30 Bible Study (GAT)</div> <div>1:30 Stickity Split Bullseye Challenge (Seated &amp; Standing) (GYM)</div> <div>2:30 Guy Talk (LIB)</div> <div>3:30 The Joy of Crafting and Art (GAT)</div> <div>6:30 Movie: Wonder (PG) (TH)</div>	<div>10:00 Coffee &amp; Conversation (LNG)</div> <div>11:00 Mind in Motion (LNG)</div> <div>3:00 Alto Handbells (LOB)</div> <div>4:30 Word Search (LNG)</div> <div>6:30 Movie: Where the Tracks End (TV-14) (TH)</div>	<div>10:30 Gentle Chair Exercise with Crystal (GYM)</div> <div>11:00 Guess Who? (LNG)</div> <div>1:30 Winter Olympic Challenge (GAT)</div> <div>2:30 Film Doc: Chimp Empire Ep. 1 (TH)</div> <div>4:00 Coin BINGO (GAT)</div>
<div>9:30 Improved Health (Gentle Seated Exercise) (GYM)</div> <div>10:30 Catholic Service by St. Benedict Church (GAT)</div> <div>10:30 First Baptist Atlanta (Streaming) (TH)</div> <div>1:30 Game Club: Resident Choice (GAT)</div> <div>2:30 Movie (TH)</div> <div>4:00 Word Search Puzzle (LB)</div>	<div>10:30 Fit &amp; Fun with Lifestyle (GYM)</div> <div>11:00 The Joy of Crafting and Art (GAT)</div> <div>1:30 Department Store Outing (Sign Up) (LOB)</div> <div>4:00 Game Club: Rummikub &amp; Dominoes (GAT)</div> <div>6:30 Binge TV: Country Comfort (Ep. 3 &amp; 4) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>11:00 Words In A Word (LB)</div> <div>1:30 Tea and Trivia Tuesday (GAT)</div> <div>2:30 A Moment in American History (GAT)</div> <div>3:30 Library Lovers Month (LB)</div> <div>6:30 Movie: Diana the Musical (PG-13) (TH)</div>	<div>10:00 Shopping: Walmart (LOB)</div> <div>11:00 Trivia with Lifestyle (TH)</div> <div>11:45 Lunch Bunch Outing: Los Abuelos Mexican Grill (LOB)</div> <div>2:00 Game: Begins With... (LNG)</div> <div>3:00 Fit &amp; Factual (LNG)</div> <div>4:00 Midweek Mingle (LB)</div> <div>6:30 Movie: Dog (PG-13) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>10:30 Bible Study (GAT)</div> <div>1:30 Stickity Split Bullseye Challenge (Seated &amp; Standing) (GYM)</div> <div>2:30 Guy Talk (LIB)</div> <div>3:30 The Joy of Crafting and Art (GAT)</div> <div>6:30 Movie: All Saints (PG) (TH)</div>	<div>10:00 Coffee &amp; Conversation (LNG)</div> <div>11:00 Mind in Motion (LNG)</div> <div>1:30 Breath &amp; Relaxation with Marissa (GAT)</div> <div>3:00 Alto Handbells (LOB)</div> <div>4:30 Word Search (LNG)</div> <div>6:30 Movie: The Swimmers (PG-13) (TH)</div>	<div>10:30 Gentle Chair Exercise with Crystal (GYM)</div> <div>11:00 Guess Who? (LNG)</div> <div>1:30 Winter Olympic Challenge (GAT)</div> <div>2:30 Film Doc: Chimp Empire Ep. 2 (TH)</div> <div>4:00 Coin BINGO (GAT)</div>
<div>9:30 Improved Health (Gentle Seated Exercise) (GYM)</div> <div>10:30 Catholic Service by St. Benedict Church (GAT)</div> <div>10:30 Perimeter Church (Streaming) (TH)</div> <div>1:30 Game Club: Resident Choice (GAT)</div> <div>2:30 Movie (TH)</div> <div>4:00 Word Search Puzzle (LB)</div>	<div>10:30 Fit &amp; Fun with Lifestyle (GYM)</div> <div>11:00 The Joy of Crafting and Art (GAT)</div> <div>1:30 Department Store Outing (Sign Up) (LOB)</div> <div>4:00 Game Club: Rummikub &amp; Dominoes (GAT)</div> <div>6:30 Binge TV: Country Comfort (Ep. 5 &amp; 6) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>11:00 Words In A Word (LB)</div> <div>1:30 Tea and Trivia Tuesday (GAT)</div> <div>2:30 A Moment in American History (GAT)</div> <div>3:30 Library Lovers Month (LB)</div> <div>6:30 Movie: The Secret Dare to Dream (PG-13) (TH)</div>	<div>10:00 Shopping: Target (LOB)</div> <div>11:00 Xtreme Trivia (TH)</div> <div>2:00 Game: Begins With... (LNG)</div> <div>3:00 Fit &amp; Factual (LNG)</div> <div>4:00 Midweek Mingle (LB)</div> <div>6:30 Movie: Soul on Fire (PG) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>10:30 Bible Study (GAT)</div> <div>1:30 Stickity Split Bullseye Challenge (Seated &amp; Standing) (GYM)</div> <div>2:30 Guy Talk (LIB)</div> <div>3:30 The Joy of Crafting and Art (GAT)</div> <div>6:30 Movie: Rooster Cogburn (PG) (TH)</div>	<div>10:00 Coffee &amp; Conversation (LNG)</div> <div>11:00 Mind in Motion (LNG)</div> <div>3:00 Alto Handbells (LOB)</div> <div>4:30 Word Search (LNG)</div> <div>6:30 Movie: Triumph of the Heart (PG) (TH)</div>	<div>10:30 Gentle Chair Exercise with Crystal (GYM)</div> <div>11:00 Guess Who? (LNG)</div> <div>1:30 Winter Olympic Challenge (GAT)</div> <div>2:30 Film Doc: Chimp Empire Ep. 3 (TH)</div> <div>4:00 Coin BINGO (GAT)</div>
<div>9:30 Improved Health (Gentle Seated Exercise) (GYM)</div> <div>10:30 Catholic Service by St. Benedict Church (GAT)</div> <div>10:30 First Baptist Atlanta (Streaming) (TH)</div> <div>1:30 Game Club: Resident Choice (GAT)</div> <div>2:30 Movie (TH)</div> <div>4:00 Word Search Puzzle (LB)</div>	<div>10:30 Fit &amp; Fun with Lifestyle (GYM)</div> <div>11:00 The Joy of Crafting and Art (GAT)</div> <div>1:30 Department Store Outing (Sign Up) (LOB)</div> <div>4:00 Game Club: Rummikub &amp; Dominoes (GAT)</div> <div>6:30 Binge TV: Country Comfort (Ep. 7 &amp; 8) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>11:00 Words In A Word (LB)</div> <div>1:30 Tea and Trivia Tuesday (GAT)</div> <div>2:30 A Moment in American History (GAT)</div> <div>3:30 Library Lovers Month (LB)</div> <div>6:30 Movie: A League of Their Own (PG-13) (TH)</div>	<div>10:00 Shopping: Aldi (LOB)</div> <div>11:00 Trivia with Lifestyle (TH)</div> <div>11:45 Lunch Bunch Outing: Egg Harbor (LOB)</div> <div>2:00 Game: Begins With... (LNG)</div> <div>3:00 Fit &amp; Factual (LNG)</div> <div>4:00 Midweek Mingle (LB)</div> <div>6:30 Movie: The Miracle Season (PG) (TH)</div>	<div>10:00 Fitness with Colleen (GYM)</div> <div>10:30 Bible Study (GAT)</div> <div>1:30 Stickity Split Bullseye Challenge (Seated &amp; Standing) (GYM)</div> <div>2:30 Guy Talk (LIB)</div> <div>3:30 The Joy of Crafting and Art (GAT)</div> <div>6:30 Movie: NYAD (PG-13) (TH)</div>	<div>10:00 Coffee &amp; Conversation (LNG)</div> <div>11:00 Mind in Motion (LNG)</div> <div>1:30 Breath &amp; Relaxation with Marissa (GAT)</div> <div>3:00 Alto Handbells (LOB)</div> <div>4:30 Word Search (LNG)</div> <div>6:30 Movie: Zero to Hero (TV-14) (TH)</div>	<div>10:30 Gentle Chair Exercise with Crystal (GYM)</div> <div>11:00 Guess Who? (LNG)</div> <div>1:30 Winter Olympic Challenge (GAT)</div> <div>2:30 Film Doc: Chimp Empire Ep. 4 (TH)</div> <div>4:00 Coin BINGO (GAT)</div>

Valentines Day

Cupid Lake is found in which U.S. state? Answer: Minnesota

Weighing 5,616 pounds, which chocolate candy company broke the record for the world's largest box of chocolates in 2023? Answer: Russell Stover

Locations

- GYM = Gym
- GAT = Gather Room
- LNG = Lounge
- LIB = Library
- TH = Theater
- DR = Dining Room
- LOB = Lobby
- GR = Game Room
- LB = Lounge Bistro

February 2026

Alto Johns Creek Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:00 Sunday Service Livestream (LR)</div> <div>11:00 Sit &amp; Get Fit (A)</div> <div>1:00 Color Me Calm (CY)</div> <div>2:00 Weekend Walking Club (A)</div> <div>3:00 Movie &amp; Popcorn (LR)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Bingo - Earn Prizes (AT)</div> <div>1:00 Outing: Movie Theater (AT)</div> <div>2:00 Brain Games (AT)</div> <div>3:00 Noodle Ball (A)</div> <div>4:00 Group Hidden Picture Puzzle</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Tricky Trivia Tuesdays' (AT)</div> <div>1:00 Musical Sing-A-Long (A)</div> <div>2:00 Physiontainment with Paul (A)</div> <div>3:00 Friendship Bracelets (A)</div> <div>4:00 Travel Tour (A)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Arts &amp; Crafts: Jewel Letter Filler (A)</div> <div>1:00 Indoor Snowball Fight (AT)</div> <div>2:00 Cooking Chrisma: Chocolate Covered Strawberries</div> <div>3:00 Snackin &amp; Conversation Starters</div> <div>4:00 Group Mega Puzzle (A)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Bucket Tic Tac Toe (A)</div> <div>1:00 Reading Hour with Friends (A)</div> <div>2:00 Conversation Starters (A)</div> <div>3:00 Team Jeopardy (Winning Prizes) (A)</div> <div>4:00 National Geographic Facts (A)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Karoke Hour (LNG)</div> <div>1:00 Bingo - Earn Prizes (AT)</div> <div>2:00 Live Music: Lawrence Langston (A)</div> <div>3:00 How Many Words Are In A Word</div> <div>4:00 Happy Hour</div>	<div>10:00 Sit &amp; Get Fit (AT)</div> <div>11:00 Table Games with Friends (AT)</div> <div>1:00 Wheel of Fortune (LR)</div> <div>2:00 Conversation Starters (D)</div> <div>3:00 Crossword Puzzles (A)</div> <div>4:00 Classical Concert (LR)</div>
<div>10:00 Sunday Service Livestream (LR)</div> <div>11:00 Sit &amp; Get Fit (A)</div> <div>1:00 Color Me Calm (CY)</div> <div>2:00 Weekend Walking Club (A)</div> <div>3:00 Movie &amp; Popcorn (LR)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Bingo - Earn Prizes (AT)</div> <div>1:00 Outing: Movie Theater (AT)</div> <div>2:00 Brain Games (AT)</div> <div>3:00 Massage with Hand Lotion</div> <div>4:00 Trivia</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Tricky Trivia Tuesdays' (AT)</div> <div>1:00 Table Hockey (A)</div> <div>2:00 Team Spelling Bee (A)</div> <div>3:00 Name That Tune</div> <div>4:00 Family Feud</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Bible Study (A)</div> <div>1:00 Chair Soccer (A)</div> <div>2:00 What's In The Bag (A)</div> <div>3:00 Adult Coloring (A)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Guess WHO ? (A)</div> <div>1:00 Will You Be Mine? (A)</div> <div>2:00 Bean Toss</div> <div>3:00 Team Hangman (A)</div> <div>4:00 Travel Tour (A)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Karoke Hour (LNG)</div> <div>1:00 Bingo - Earn Prizes (AT)</div> <div>2:00 Music Appreciation (A)</div> <div>3:00 Will You Be Mine? pt 2 Card Making (A)</div> <div>4:00 Happy Hour</div>	<div>10:00 Sit &amp; Get Fit (AT)</div> <div>11:00 Karoke Hour (LNG)</div> <div>1:00 Wheel of Fortune (LR)</div> <div>2:00 Conversation Starters (D)</div> <div>3:00 Crossword Puzzles (A)</div> <div>4:00 Classical Concert (LR)</div>
<div>10:00 Sunday Service Livestream (LR)</div> <div>11:00 Sit &amp; Get Fit (A)</div> <div>1:00 Color Me Calm (CY)</div> <div>2:00 Weekend Walking Club (A)</div> <div>3:00 Movie &amp; Popcorn (LR)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Bingo - Earn Prizes (AT)</div> <div>1:00 Outing: Movie Theater (AT)</div> <div>2:00 Brain Games (AT)</div> <div>3:00 Card Exchange (LNG)</div> <div>4:00 Music Hour</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Tricky Trivia Tuesdays' (AT)</div> <div>1:00 Hymns Sing A-long</div> <div>2:00 Physiontainment with Paul</div> <div>3:00 Flower Arranging</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Pet Therapy (A)</div> <div>1:00 Team Corn Hole</div> <div>2:00 DIY: Door Plates</div> <div>4:00 Brain Games</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Folding &amp; Sorting (LNG)</div> <div>1:00 The Mens' Workshop</div> <div>2:00 Darts (A)</div> <div>3:00 Evening Movie</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Karoke Hour (LNG)</div> <div>1:00 Bingo - Earn Prizes (AT)</div> <div>2:00 Outing: Scenic Tour</div> <div>4:00 Happy Hour</div>	<div>10:00 Sit &amp; Get Fit (AT)</div> <div>11:00 Table Games with Friends (AT)</div> <div>1:00 Wheel of Fortune (LR)</div> <div>2:00 Conversation Starters (D)</div> <div>3:00 Crossword Puzzles (A)</div> <div>4:00 Classical Concert (LR)</div>
<div>10:00 Sunday Service Livestream (LR)</div> <div>11:00 Karoke Hour (LNG)</div> <div>11:00 Sit &amp; Get Fit (A)</div> <div>1:00 Color Me Calm (CY)</div> <div>2:00 Weekend Walking Club (A)</div> <div>3:00 Movie &amp; Popcorn (LR)</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Bingo - Earn Prizes (AT)</div> <div>1:00 Outing: Movie Theater (AT)</div> <div>2:00 Brain Games (AT)</div> <div>3:00 Cooking Chrisma: Cake</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Tricky Trivia Tuesdays' (AT)</div> <div>1:00 Name That Tune</div> <div>2:00 Physiontainment with Paul</div> <div>3:00 Balloon Batting</div> <div>4:00 Youtube Trivia</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Karoke Hour (LNG)</div> <div>1:00 Conversation Starters</div> <div>2:00 Coffee &amp; Cookies</div> <div>3:00 Dance Party</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Famous Poems (A)</div> <div>1:00 Circle Kickball (A)</div> <div>2:00 Name That Tune</div> <div>3:00 MEGA Wordsearch</div> <div>4:00 Travel Tour</div>	<div>10:00 Sit &amp; Get Fit (A)</div> <div>11:00 Karoke Hour (LNG)</div> <div>1:00 Bingo - Earn Prizes (AT)</div> <div>2:00 Outing: Scenic Tour</div> <div>4:00 Happy Hour</div>	<div>10:00 Sit &amp; Get Fit (AT)</div> <div>11:00 Table Games with Friends (AT)</div> <div>1:00 Wheel of Fortune (LR)</div> <div>2:00 Conversation Starters (D)</div> <div>3:00 Crossword Puzzles (A)</div> <div>4:00 Classical Concert (LR)</div>

Valentine's Day

"If you live to be a hundred, I want to live to be a hundred minus one day, so I never have to live without you."  
— A.A. Milne



Locations

LIB = Library  
TH = Theater  
LB = Lounge Bistro  
A = MC Activities  
AT = MC Activity Tables  
D = MC Dining  
LR = MC Living Room 1  
CY = MC Courtyard