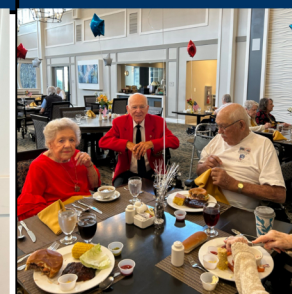
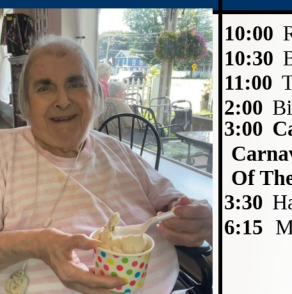
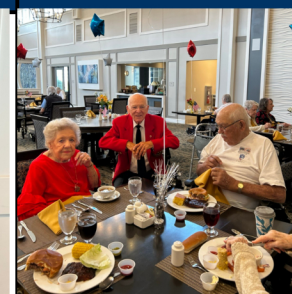
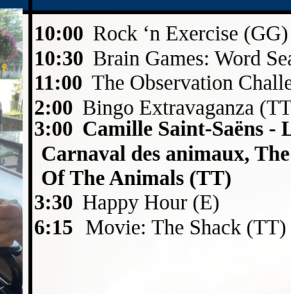
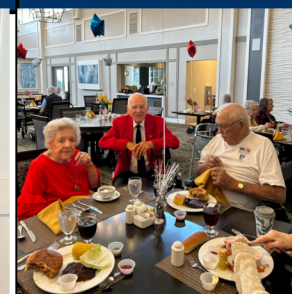
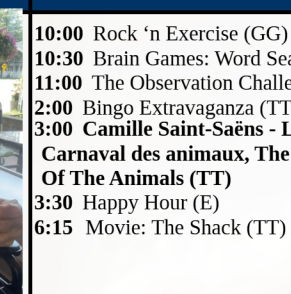
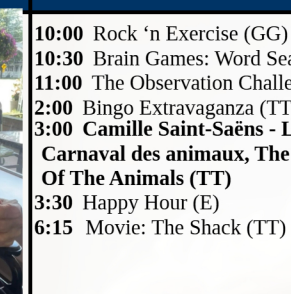
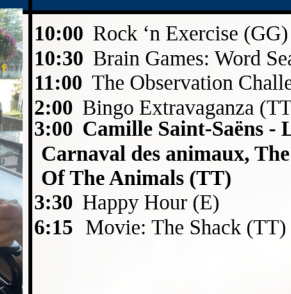
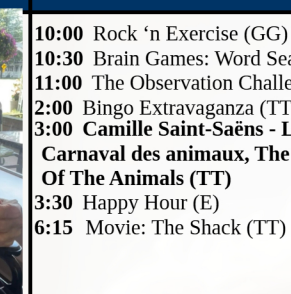


August 2026

Alto Evergreen Walk - Assisted Living



Senior Living by Allegro

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
       	      	     	    	   	 	
10:00 Sunday Mass (TT) 2 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Card Sharks: Interactive Game Show (AR) 2:00 Robert Redford: The Life and Legacy of an American Icon 3:00 Cornhole (IP) 6:15 Movie: Riding in Cars with Boys (TT)	10:00 Get Fit Exercise (GG) 3 10:30 Brain Games: Word Search (B) 11:00 Play Family Feud! (TT) 2:00 This Week in History: A Conversation Through Time (TT) 3:00 Crossword Challenge (TT) 4:00 Name that Sound (TT) 6:15 Movie: Postcards from the Edge (TT)	10:00 Mass Communion & Rosary (TT) 4 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 11:00 Jeopardy Challenge (TT) 2:00 Chair Yoga (GG) 2:30 Flower Arranging Workshop (AR) 3:00 Rummikub – Independent (B) 4:00 Senior Living Educational Series with Adam (TT) 6:15 Movie: Mama Mia (TT)	10:00 Sunrise Stretch (GG) 5 10:30 Brain Games: Word Search (B) 11:00 What Am I? Mystery Object Challenge (TT) 1:30 Jeff the Plant Guy (TT) 3:00 Poker – Independent (CR) 3:30 Calendar Committee (TT) 4:00 Wine Down Happy Hour (E) 6:15 Movie: Nothing in Common (TT)	10:00 Stretch It Out Exercise (GG) 6 10:30 Brain Games: Word Search (B) 11:00 Cooking: Brat and Cheese Stuffed Mushrooms (B) 2:00 Chair Yoga (GG) 2:45 America at 250, DeVane Lecture, Class 7–What Kind of Nation? Democracy, Hamilton, Jefferson, & More (TT) 4:00 Happy Hour on the Patio (IP) 6:15 Movie: A League of Their Own (TT)	10:00 Move & Thrive Exercise (GG) 7 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 1:30 Monthly Birthday Celebration with Entertainment by: Larry Batter (E) 3:30 Ted Talk & Discussion: Jennifer Brea: What Happens When You Have a Disease Doctors Can't Diagnose (TT) 4:00 Happy Hour on the Patio (IP) 6:15 HBO Max Series: The Gilded Age (TT)	10:00 Rock ‘n Exercise (GG) 8 10:30 Brain Games: Word Search (B) 11:00 Who Am I? - Mystery Person Challenge (TT) 2:00 Bingo Extravaganza (TT) 3:15 Concert Hall Series: Rachmaninoff's Symphony No. 2 (TT) 6:15 Movie: The Wedding Date (TT)
10:00 Sunday Mass (TT) 9 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Word Within a Word (AR) 1:30 Qigong with Marivic (GG) 2:30 Travelogue: Exploring the Everglades (TT) 3:45 Play Family Fued! (TT) 6:15 Movie: A Beautiful Day in the Neighborhood (TT)	4:00 Crossword Challenge (TT) 10 10:00 Get Fit Exercise (GG) 10:30 Brain Games: Word Search (B) 11:00 Sudoku (TT) 2:00 This Week in History: A Conversation Through Time (TT) 3:00 Book Club: Choose Your Own (LI) 4:00 Trivia on the Patio (IP) 6:15 Movie: El Dorado (TT)	10:00 Mass Communion & Rosary (TT) 11 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 11:00 Family Feud (TT) 1:00 Resident Choir Rehaersal (E) 2:00 Chair Yoga (GG) 2:30 Flower Arranging Workshop (AR) 3:00 Rummikub – Independent (B) 4:00 Tech Time: Bring a Device! (AR) 6:15 Movie: Goodbye Christopher Robin (TT)	10:00 Sunrise Stretch (GG) 12 10:30 Brain Games: Word Search (B) 2:00 Ladies Tea Party (LPD) 2:00 Men's Club with Adam (CR) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: The Power of One (TT)	10:00 Stretch It Out Exercise (GG) 13 10:30 Brain Games: Word Search (B) 11:00 Baking: Key Lime Pie (B) 2:00 Chair Yoga (GG) 2:45 America at 250: A History, DeVane Lecture, Class 8 – Jacksonian "Democracy" (TT) 4:00 Happy Hour with Entertainment by Susan Judge (E) 6:15 Movie: My Favorite Wife (TT)	10:00 Move & Thrive Exercise (GG) 14 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 2:00 Paint and Pour with Krista (AR) 3:30 Ted Talk & Discussion: Ben Gran: Why Nurses are Key to Medical Innovation (TT) 4:00 Happy Hour on the Patio (IP) 6:15 HBO Max Series: The Gilded Age (TT)	AD World Honey Bee Day 15 10:00 Rock ‘n Exercise (GG) 10:30 Honey Bee Daily Wordsearch (B) 11:00 Make Honey Butter with Stephanie! 2:00 Honey Tasting Experience (AR) 3:30 Documentary: My Garden of a Thousand Bees (TT) 6:15 Movie: Bee Movie (TT)
10:00 Sunday Mass (TT) 16 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Whiteboard Boggle (AR) 1:30 Qigong with Marivic (GG) 2:30 PBS Great Performances: Suff's Musical (TT) 6:15 Movie: A Castle of Our Own (TT)	10:00 Get Fit Exercise (GG) 17 10:30 Brain Games: Word Search (B) 11:00 Mad Libs (TT) 2:00 This Week in History: A Conversation Through Time (TT) 3:00 Crossword Challenge (TT) 4:00 Golf on the Green (IP) 6:15 Movie: Indiana Joes and the Temple of Doom (TT)	10:00 Mass Communion & Rosary (TT) 18 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 1:00 Resident Choir Rehearsal (E) 2:00 Chair Yoga (GG) 2:30 Flower Arranging Workshop (AR) 3:00 Rummikub – Independent (B) 3:30 Travel Tuesday: Wonders of Ohio (TT) 6:15 Movie: Mama Mia! Here We Go Again (TT)	10:00 Sunrise Stretch (GG) 19 10:30 Health Talk with Kylie (GG) 11:00 Brain Games: Word Search (B) 2:00 The Faithful: The Women of the Bible (TT) 2:00 Veteran's Group (CR) 3:00 Bowling (GR) 3:00 Poker – Independent (CR) 4:00 Juice Bar Social Hour (B) 6:15 Movie: Down the Earth (TT)	10:00 Stretch It Out Exercise (GG) 20 10:30 Brain Games: Word Search (B) 11:00 Baking with Adam: Fresh Berry Crepes (B) 2:00 Chair Yoga (GG) 2:45 America at 250: A History, DeVane Lecture, Class 9, Whose America? Protest and Reform (TT) 4:00 Happy Hour on the Patio (IP) 6:15 Movie: John Wayne: Hondo (TT)	10:00 Move & Thrive Exercise (GG) 21 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 1:00 Bowling Outing (ML) 3:30 Ted Talk & Discussion: Rebecca McMackin: Let Your Garden Grow Wild (TT) 4:00 Happy Hour on the Patio (IP) 6:15 HBO Max Series: The Gilded Age (TT)	10:00 Rock ‘n Exercise (GG) 22 10:30 Brain Games: Word Search (B) 2:00 Bingo Extravaganza (TT) 3:00 Concert Hall Series: The Three Tenors in Concert (1994) (TT) 6:15 Movie: Throw Mama From the Train (TT)
10:00 Sunday Mass (TT) 23 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Crossword Challenge (TT) 1:30 Game Time with Friends (AR) 3:00 Resident Travel Stories: Adventures Around the World (TT) 4:00 Happy Hour (E) 6:15 Movie: Larger than Life (TT)	10:00 Get Fit Exercise (GG) 24 10:30 Brain Games: Word Search (B) 11:00 Travel: Canada: More Surprising Than You Think (TT) 2:00 This Week in History: A Conversation Through Time (TT) 3:00 Book Club: Choose Your Own (LI) 4:00 Crossword Challenge (TT) 6:15 Movie: Tommy Boy (TT)	10:00 Mass Communion & Rosary (TT) 25 10:00 Stretch and Strengthen (GG) 10:30 Brain Games: Word Search (B) 11:00 Watercolors with Paul (AR) 2:00 Chair Yoga (GG) 2:00 Resident Council (TT) 3:00 Flower Arranging Workshop (AR) 3:00 Rummikub – Independent (B) 6:15 Movie: Murder on the Orient Express (TT)	AD National Dog Day 26 10:00 Sunrise Stretch (GG) 10:30 Dog Wordsearch (B) 10:30 Oil Painting Workshop with Brianna (AR) 1:30 Food/Beverage Discussion (R) 2:00 Visit with Odie the Dog (AR) 3:00 Lavender & Sound Healing Meditation (TT) 3:00 Poker – Independent (CR) 4:00 Wine Down Happy Hour (E) 6:15 Movie: The Beach House (TT)	10:00 Stretch It Out Exercise (GG) 27 10:30 Brain Games: Word Search (B) 11:00 Cooking: Watermelon Gazpacho (B) 2:00 Chair Yoga (GG) 2:45 America at 250, DeVane Lecture, Class 10-The Mexican War and its Aftermath: Compromise or Armistice (TT) 4:00 Happy Hour on the Patio (IP) 6:15 Movie: Stuart Little (TT)	10:00 Move & Thrive Exercise (GG) 28 10:30 Brain Games: Word Search (B) 11:00 Shabbat Gratitude Circle (TT) 11:45 Restaurant Outing: Lena's Restaurant South Windsor (ML) 3:30 Ted Talk and Discussion: Dani Klein Modisett: What My Mother's Alzheimer's Taught Me About Laughter (TT) 4:00 Happy Hour on the Patio (IP) 6:15 HBO Max Series: The Gilded Age (TT)	10:00 Rock ‘n Exercise (GG) 29 10:30 Brain Games: Word Search (B) 2:00 Bingo Extravaganza (TT) 3:30 Concert Hall Series: Dvořák's Cello Concerto in B Minor Featuring Yo-Yo Ma, Cello (TT) 6:15 Movie: Mother's Day (TT)
10:00 Sunday Mass (TT) 30 10:00 Wellness in Motion (GG) 10:30 Coffee and Word Search Challenge (B) 11:00 Wonders of Nevada (TT) 2:00 Golf on the Green (IP) 3:00 National Marshmallow Day: S'mores Celebration (IP) 6:15 Movie: The Intern (TT)	10:00 Get Fit Exercise (GG) 31 10:30 Brain Games: Word Search (B) 11:00 30 Greatest Man-Made Wonders of the World (TT) 2:00 This Week in History: A Conversation Through Time (TT) 3:00 Crossword Challenge (TT) 4:00 Ladder Ball (IP) 6:15 Movie: Just Getting Started (TT)	      				

Happy Birthday!

Residents

Nancy C. – 2nd
Deanna W. – 3rd
Sally H. – 24th
Larry L. – 28th

Associates

Evelyn Y. – 1st
Michica C. – 3rd
Robin W. – 3rd
Josephine B. – 8th
Leslie R. – 12th
Nick K. – 12th
Candace F. – 14th
Carlos O. – 18th
Joy K. – 19th
Francesca B. – 23rd
Corinna S. – 26th
David T. – 27th

Locations

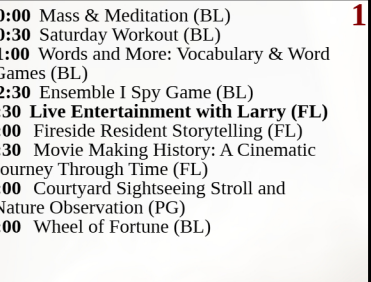
AR = Activity Room
B = Bistro
BP = Bistro Patio
CR = Club Room
E = Encore Bar & Lounge
GR = Game Room
GG = Gym
IP = Interior Patio
LPD = Large Private Dining Room
LI = Library
ML = Main Lobby
R = Restaurant
TT = Theatre

August 2026

Alto Evergreen Walk - Ensemble



Senior Living by Allegro

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Senior Hymns Sing-Along (FL) 1:30 Today's History (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Music A History Journey: Frank Sinatra (BL) 5:30 Film: Meet Me in St. Louis (BL)	10:00 Meditation Mass (BL) 10:30 Monday Stretching (FL) 11:00 Watermelon Drink Day: Fun & Refreshing Hydration (BL) 12:30 Music: Tony Bennett Day (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Garden Club Outside (PG) 6:00 Jeopardy Show (BL)	10:00 Communion (BL) 10:30 Fitness Tuesday (FL) 11:00 Word Search Game (BL) 12:30 Courtyard Marathon Walking (PG) 1:30 History & Baking Chocolate Chip Cookie Day (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 American Bandstand: Sing-Along Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Indoor Walking Group (PG) 11:00 Words and More: Vocabulary & Word Games (BL) 1:30 Pet Therapy History: Exploring the Human-Animal Bond (FL) 2:00 Pet & Sip: Therapy Dog Odie Visit with Companions (BL) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Morning News Updates (FL) 11:00 Tone Up Thursday (FL) 12:30 Jumbo Word Game (BL) 1:30 Farmworker Appreciation: A Journey Through Agricultural History (FL) 2:00 Snack & Chat: Social (BL) 2:30 Virtual Travelog: Tour of Seattle Washington (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Music Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Eucharist (BL) 10:30 Aerobic Friday (BL) 11:00 Unscramble Word Game (BL) 12:30 Courtyard Exploration (PG) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 3:30 1940's Songs Sing-Along and Music Trivia (FL) 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Saturday Workout (BL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 Ensemble I Spy Game (BL) 1:30 Live Entertainment with Larry (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Movie Making History: A Cinematic Journey Through Time (FL) 4:00 Courtyard Sightseeing Stroll and Nature Observation (PG) 6:00 Wheel of Fortune (BL)
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Senior Hymns Sing-Along (FL) 1:30 Today's History (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Music A History Journey: Dean Martin (BL) 5:30 Classic Cinema: Cheaper By The Dozen (1950) (BL)	10:00 Meditation Mass (BL) 10:30 Monday Stretching (FL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 World Lion Day: Celebrating the King of the Jungle (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 Elegant Afternoon Teatime Social Gathering (BL) 3:30 Outdoor Garden Club (PG) 4:00 One on One Conversations: Life Stories & Meaningful Connections (FL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Communion (BL) 10:30 Fitness Tuesday (FL) 11:00 Word Search Game (BL) 12:30 Courtyard Marathon Walking (PG) 1:30 History On This Day (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 Exercise and Sing-Along Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Scenic Drive: Uptown History & Storytelling (PG) 11:00 Words and More: Vocabulary & Word Games (BL) 1:30 Bake Club: Strawberry Delight Cake (FL) 2:00 Snack & Chat: Social (BL) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:45 Fireside Storytelling with Nicole "The Key" (F) 11:00 Tone Up Thursday (FL) 12:30 Jumbo Word Game (BL) 1:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 2:30 Virtual Travelog: Explore the Wonders of Quebec City (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Music Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Eucharist (BL) 10:30 Aerobic Friday (BL) 11:00 Unscramble Word Game (BL) 12:30 Courtyard Exploration (PG) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 3:30 1940's Songs Sing-Along and Music Trivia (FL) 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Saturday Workout (BL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 Ensemble I Spy Game (BL) 1:30 Fidgets Discovery (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Movie Making History: A Cinematic Journey Through Time (FL) 4:00 Courtyard Sightseeing Stroll and Nature Observation (PG) 6:00 Wheel of Fortune (BL)
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Senior Hymns Sing-Along (FL) 1:30 Today's History (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Music A History Journey: Perry Como (BL) 5:30 Stars and Stripes Forever 1952 Film (BL)	10:00 Meditation Mass (BL) 10:30 Monday Stretching (FL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 History On This Day (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Outdoor Garden Club (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Communion (BL) 10:30 Fitness Tuesday (FL) 10:30 Watercolor Art with Paul (SL) 11:00 Word Search Game (BL) 12:30 Courtyard Marathon Walking (PG) 1:30 History On This Day (BL) 2:30 Sip & Create Art Session (EK) 3:30 Warm Hand Towel Spa (BL) 4:00 Exercise and Sing-Along Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Indoor Walking Group (PG) 11:00 Words and More: Vocabulary & Word Games (BL) 1:30 Bake Club: Lemon Signature Cake (FL) 2:00 Snack & Chat: Social (BL) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 11:00 Tone Up Thursday (FL) 12:30 1950's Trivia: A Blast from the Past (BL) 1:30 Snow White Day: 7Up Floats (FL) 2:30 Virtual Travelog: Explore the Beauty of New England (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Music Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Eucharist (BL) 10:30 Aerobic Friday (BL) 11:00 Unscramble Word Game (BL) 12:30 Courtyard Exploration (PG) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 3:30 1940's Songs Sing-Along and Music Trivia (FL) 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Saturday Workout (BL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 Ensemble I Spy Game (BL) 1:30 Fidgets Discovery (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Movie Making History: A Cinematic Journey Through Time (FL) 4:00 Courtyard Sightseeing Stroll and Nature Observation (PG) 6:00 Wheel of Fortune (BL)
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Senior Hymns Sing-Along (FL) 1:30 Today's History (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Music A History Journey: Elvis Presley (BL) 5:30 The Blessing Bracelet: Hallmark Movie (BL)	10:00 Meditation Mass (BL) 10:30 Monday Stretching (FL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 History On This Day (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Outdoor Garden Club (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Communion (BL) 10:30 Fitness Tuesday (FL) 11:00 Word Search Game (BL) 12:30 Courtyard Marathon Walking (PG) 1:30 History On This Day (BL) 2:30 Live Entertainment with Ashly (FL) 3:30 Warm Hand Towel Spa (BL) 4:00 Exercise and Sing-Along Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Daily Mass (BL) 10:30 Scenic Drive-Town Bus Tour & Sightseeing Trip (OT) 11:00 Words and More: Vocabulary & Word Games (BL) 1:30 Bake Club: Wild Blueberry Muffins (BL) 2:00 Snack & Chat: Social (BL) 3:00 Ensemble Courtyard Fitness (BL) 3:30 Lifelong Learning: Google Earth Day Exploration (FL) 4:00 Midweek: Ensemble Music Group (BL) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 11:00 Tone Up Thursday (FL) 12:30 Jumbo Word Game (BL) 1:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 2:00 Welcome New Residents Party (FL) 2:30 Virtual Travelog: Cape Cod National Seashore (BL) 3:30 Warm Hand Towel Spa (BL) 4:00 Music Circle (BL) 6:00 Wheel of Fortune (BL)	10:00 Eucharist (BL) 10:30 Aerobic Friday (BL) 11:00 Unscramble Word Game (BL) 12:30 Courtyard Exploration (PG) 1:30 Pictures Guessing Game (FL) 2:00 Expressive Art & Music (BL) 3:30 1940's Songs Sing-Along and Music Trivia (FL) 4:00 Cornhole Practice Exercise (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)	10:00 Mass & Meditation (BL) 10:30 Saturday Workout (BL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 Ensemble I Spy Game (BL) 1:30 Fidgets Discovery (FL) 3:00 Fireside Resident Storytelling (FL) 3:30 Hallmark Movie Marathon & Cozy Café Day (BL) 4:00 Courtyard Sightseeing Stroll and Nature Observation (PG) 6:00 Wheel of Fortune (BL)
10:00 Eucharist (BL) 10:30 Sunday Flexing Courtyard Walk (PG) 11:00 Discussion Flip Cards (BL) 12:30 Senior Hymns Sing-Along (FL) 1:30 Today's History (SL) 2:30 Sip & Create Art Session (EK) 3:00 Nature Walk Exploration Adventure (PG) 4:00 Music A History Journey: Bing Crosby (BL) 5:30 Hallmark Movie: Cooking Up Love (BL)	10:00 Meditation Mass (BL) 10:30 Monday Stretching (FL) 11:00 Words and More: Vocabulary & Word Games (BL) 12:30 History On This Day (BL) 1:30 Jumbo Words Challenge (FL) 2:00 Ensemble Walking Group (PG) 2:30 One on One Conversations: Life Stories & Meaningful Connections (FL) 3:30 Outdoor Garden Club (PG) 6:00 Deal or No Deal: Senior Living Game Show Experience (BL)					

Happy Birthday!

No Birthdays in Month



Locations

BL = Ensemble Dining Room

FL = Ensemble Fireside Living Room

SL = Ensemble Fireside Living Room

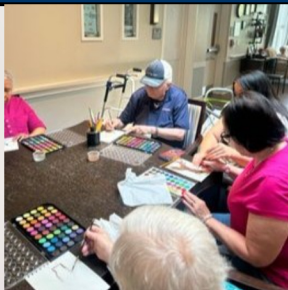
CY= Ensemble Courtyard Garden

August 2026

Alto Evergreen Walk - Interlude



Senior Living by Allegro

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
								
10:00 Live Stream Mass (TT) 10:30 Rise & Reach Exercise (LR) 11:00 Sensory Mystery (BL) 1:00 Visit with Charlie the Therapy Dog (TT) 2:15 Sing, Snack & Socialize (LR) 3:00 Table Roll Game (BL) 3:30 Bible Study (TT) 6:00 Romantic Comedy (TT)	10:00 Chair Yoga (LR) 10:45 Beach Ball Talk (PG) 12:30 National Geographic: Wild Yosemite (LR) 2:00 Baking Club: Summer Fruit Popsicle Workshop (B) 3:00 Cornhole (LR) 4:00 Wonders of Saint Lucia (LR) 6:00 Hollywood Classic Movie (TT)	10:00 Sunrise Stretch (TT) 10:30 Trivia Throwdown (LR) 11:00 Whiteboard Word Games (BL) 2:00 Bingo Fun for All (BL) 3:00 Ladder Ball (BL) 3:45 25 Greatest Natural Wonders Of The World (LR) 6:00 Movie Musical (TT)	10:00 Chair Yoga (TT) 10:30 Craft Club: Pressed Flower Bookmarks (BL) 1:00 Out Trip: Birdhouse Coffee (TT) 4:00 Keep It Up Balloon Game (KA) 6:00 Biographical Picture (TT)	10:00 Stretch It Out Exercise (TT) 10:30 Family Feud! (LR) 12:30 National Geographic: Ocean Odyssey (LR) 1:30 Word Search Wizards (LR) 2:00 Sing, Snack, and Socialize (KA) 3:00 Patio Reset (PG) 4:00 Trivial Pursuit (LR) 6:00 Historical Film (TT)	10:00 Friday Exercise Fun (TT) 10:30 Jeopardy! (TT) 11:00 Hoop Shootout (LR) 12:30 Exploring The World's Baby Animals (LR) 1:30 Monthly Birthday Celebration with Entertainment by: Larry Batter (E) 3:00 Keep it Up Balloon Game (LR) 4:00 Guess The Artist (LR) 6:00 Comedy Movie (TT)	10:00 Rock 'n Exercise (TT) 10:30 Play Card Sharks! (LR) 11:00 Name that Sound (TT) 1:00 Bingo Extravaganza (LR) 2:00 Art By Numbers (BL) 3:00 Patio Refresh (PG) 4:00 Wonders Of Connecticut (LR) 6:00 Concert Film (TT)		
10:00 Live Stream Mass (TT) 10:30 Sunday Stretch (LR) 11:00 Sunday Self-Care: Build a Stress Ball (LR) 1:30 Qigong With Marivic (GG) 3:00 Velcro Target Toss (LR) 3:30 Bible Study (TT) 6:00 Romantic Comedy (TT)	10:00 Morning Movement (LR) 10:45 Patio Chat (PG) 1:00 Name That Tune: Movie Soundtracks (LR) 2:00 Baking Club: Dot Cake Cookies (B) 3:00 Cornhole (LR) 4:00 25 Best Tropical Vacations (LR) 4:00 Name that Sound (TT) 6:00 Hollywood Classic Movie (TT)	10:00 Sunrise Stretch (TT) 10:30 Watercolors with Paul (LR) 1:00 Resident Choir Rehaersal (E) 2:00 Bingo Fun for All (LR) 3:15 Disneyland Handcrafted (TT) 6:00 Movie Musical (TT)	10:00 Chair Yoga (TT) 10:30 Craft Club: Stained Glass Suncatchers (BL) 12:30 Concert: Beethoven: Symphony No. 9 Jordi Savall with Le Concert des Nations (LR) 2:00 Snack Station: Smoothie Bar (KA) 3:00 Bowling (LR) 3:45 "How The States Got Their Shapes" (LR) 6:00 Biographical Picture (TT)	10:00 Stretch It Out Exercise (TT) 10:30 Play Card Sharks! (LR) 11:00 Keep it Up Balloon Game (BL) 1:30 Guess The Resident (LR) 2:30 Snack & Sing Along (KA) 3:15 Wonders of Germany (LR) 6:00 Historical Film (TT)	10:00 Friday Exercise Fun (TT) 11:00 Jeopardy! (TT) 12:30 Matinee: Modern Times - A Charlie Chaplin Saga (LR) 2:00 Snack & Sing Along (RA) 3:00 Yard Games (PG) 6:00 Comedy Movie (TT)	10:00 Rock 'n Exercise (TT) 10:30 Wordsearch Wizards (LR) 1:00 Bingo Extravaganza (LR) 2:00 Honey Harmony Tea (RA) 3:00 Patio Putting Challenge (PG) 6:00 Concert Film (TT)		
10:00 Live Stream Mass (TT) 10:30 Rise & Reach Exercise (LR) 11:00 Family Feud! (LR) 1:00 Visit with Charlie the Therapy Dog (TT) 1:30 QiGong With Marivic (GG) 2:15 Mugs & Melodies (LR) 3:00 Table Roll Game (BL) 3:30 Bible Study (TT) 6:00 Romantic Comedy (TT)	10:00 Chair Yoga (LR) 10:30 Jeopardy! (PG) 1:00 Name That Tune: American Songbook (LR) 2:00 Cooking Club: Puff Pastry Poppers (B) 3:00 Cornhole (LR) 3:30 Virtual Tour: Vietnam (LR) 4:00 Name that Sound (TT) 6:00 Hollywood Classic Movie (TT)	10:00 Sunrise Stretch (TT) 10:30 Wordsearch Wizards (LR) 11:00 Art By Numbers (BL) 1:00 Resident Choir Rehearsal (E) 2:00 Bingo Fun for All (LR) 3:00 Ladder Ball (LR) 4:00 "Lucky Dog" (TT) 6:00 Movie Musical (TT)	10:00 Chair Yoga (TT) 10:30 Health Talk with Kylie: Hydration and Watermelon Social (GG) 11:00 Whiteboard ABCs (BL) 1:00 Out Trip: Coffee Cruise And Views (TT) 3:00 Bowling (LR) 4:00 Trivia Throwdown (LR) 6:00 Biographical Picture (TT)	10:00 Stretch It Out Exercise (TT) 10:30 Spot The Difference! (LR) 1:30 Cornhole (BL) 2:30 Treats & Trivia (LR) 3:30 Beach Ball Banter (BL) 4:00 Stand Up Comedy: We All Become Our Parents With Susan Rice (LR) 6:00 Historical Film (TT)	10:00 Friday Exercise Fun (TT) 10:30 Jeopardy! (TT) 11:00 Reborn For Reasons With Jamie (LR) 12:30 Madagascar: The Last Untouched Wilderness (LR) 2:00 Snack & Sing Along (RA) 3:00 Chair Volleyball (BL) 4:00 Gratuity Circle (TT) 6:00 Comedy Movie (TT)	10:00 Rock 'n Exercise (TT) 10:30 Trivial Pursuit (LR) 1:00 Bingo Extravaganza (LR) 2:00 Chit Chats & Chips (KA) 3:00 Patio Refresh (PG) 4:00 Guess That Show (LR) 6:00 Concert Film (TT)		
10:00 Live Stream Mass (TT) 10:30 Sunday Stretch (LR) 11:00 Wordsearch Wizards (LR) 1:00 Flip It! Card Game (TT) 2:15 Snack & Sing Along (LR) 3:00 Velcro Target Toss (LR) 3:30 Bible Study (TT) 6:00 Romantic Comedy (TT)	10:00 Morning Movement (LR) 10:45 Beach Ball Banter (PG) 1:00 Aroma Adventure (LR) 2:00 Cooking Club: Pizza Making (B) 3:00 Hoop Shootout (LR) 4:00 Name that Sound (TT) 4:00 Wonders Of England (LR) 6:00 Hollywood Classic Movie (TT)	10:00 Sunrise Stretch (TT) 10:30 Family Feud! (LR) 11:00 Art By Numbers (LR) 2:00 Bingo Fun for All (LR) 3:00 Ladder Ball (LR) 4:00 "Lucky Dog" (TT) 6:00 Movie Musical (TT)	10:00 Chair Yoga (TT) 10:30 Craft Club: Door Monograms (BL) 1:15 Finish the Lyrics (TT) 2:00 The Snack Bar: Specialty Coffee (KA) 3:00 Bowling (LR) 4:00 The World Of Bears (LR) 6:00 Biographical Picture (TT)	10:00 Stretch It Out Exercise (TT) 10:30 Sensory Mystery (BL) 1:30 Table Roll Game (BL) 2:00 Milkshake Making (KA) 3:00 Word Chain Game (LR) 3:45 "How The States Got Their Shape" (LR) 6:00 Historical Film (TT)	10:00 Friday Exercise Fun (TT) 11:00 Jeopardy! (TT) 1:00 Cornhole (BL) 2:00 Spot the Difference (LR) 2:30 Island Time Happy Hour (LR) 4:00 The Real Hawaii Most People Miss (LR) 6:00 Comedy Movie (TT)	10:00 Rock 'n Exercise (TT) 11:00 Play Card Sharks! (TT) 1:00 Bingo Extravaganza (LR) 2:00 Snack Bar Station: Smoothie Making (KA) 3:00 Patio Putting Challenge (PG) 4:00 Community Crossword (TT) 6:00 Concert Film (TT)		
10:00 Live Stream Mass (TT) 10:30 Rise & Reach Exercise (LR) 11:00 Family Feud! (LR) 1:00 Visit with Charlie the Therapy Dog (TT) 2:15 Mugs & Melodies (LR) 3:00 Table Roll Game (LR) 3:30 Bible Study (TT) 6:00 Romantic Comedy (TT)	10:00 Chair Yoga (LR) 10:45 Patio Chat (PG) 1:00 Whiteboard ABCs (LR) 2:00 Baking Club: Trifle (B) 3:00 Cornhole (LR) 4:00 Name that Sound (TT) 4:00 USA Best National Parks (LR) 6:00 Hollywood Classic Movie (TT)							

Happy Birthday!

Frances S. – 2nd



Locations

- B = Bistro
- E = Encore Bar & Lounge
- GG = Gym
- KA = Kitchen Area
- LR = Living Room
- ML = Main Lobby
- OT = Out Trip
- PG = Patio Garden
- RA = Restaurant Area
- TT = Theatre