

August 2026

Spring Arbor Of Athens - Cottage Care



Happy Birthday!

Carol Johnson 8/1
Donald Wannamaker 8/4
Alexis King 8/14
Shirley Nelson 8/19
Florine Reckner 8/27
Mercedes Scruggs 8/27

Bus Outings

Lunch & Bowling Ally 8/7
Thrift Shopping 8/17
Lunch & Aquarium 8/27
Steel Wheel & Market 8/28

August Fun!

Be sure to check the activity calendar each day so you don't miss a moment of the excitement. From our Family Watermelon Social and Book Lover Bingo to Senior Citizens Day celebrations and fun outings, we have a month full of smiles, memories, and good times ahead!

Looking Ahead

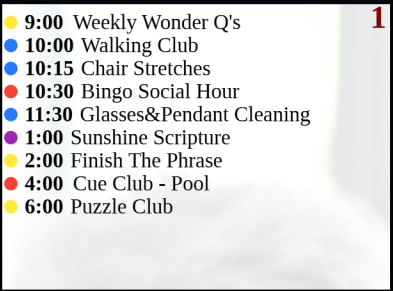
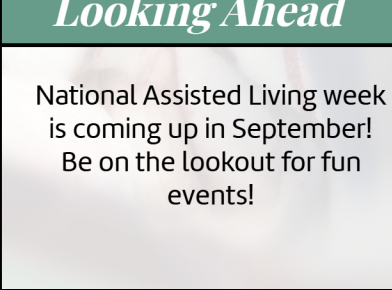
National Assisted Living week is coming up in September! Be on the lookout for fun events!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 ● 7:30 Coffee Social ● 10:30 Light Mind & Body ● 11:00 Devotion With Webbs ● 11:30 Table Talk Q's ● 12:30 Ice Cream Sandwiches ● 1:00 Virtual Tour USA ● 3:00 Gaither Gospel ● 4:30 Movie & Dinner ● 6:00 Relax and Rewind	 ● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Weekly Readout ● 10:10 Table Exercises ● 10:30 Bingo in AL ● 1:30 Super Sneakers ● 2:00 Family Watermelon Social ● 2:30 Watermelon Spitting Contest ● 3:00 Hydration Station ● 3:00 Mani Monday ● 6:00 Memory Match Game	 ● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Today Facts Chat ● 10:30 Big Balloon Bop ● 2:00 Baking Club ● 2:30 Spring Arbor Choir ● 2:45 Daily Devotional ● 3:00 Chocolate Chip Cookies ● 3:30 Whiteboard Games ● 5:30 Uno Card Game ● 6:00 H2O Hour	 ● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Simple Chair Yoga ● 11:00 Daily Devotional ● 1:30 Baking Prayer ● 2:00 Bingo Social ● 2:10 Baking Club ● 3:00 Water Ballon Toss ● 4:00 Afternoon Stroll ● 5:00 Gaither Gospel	 ● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Movin' to Music ● 10:30 Chapel Service ● 11:00 Porch Rockin' ● 11:00 Table Color Sort ● 1:00 Sing with David King ● 2:00 Rootbeer Floats W/ Tristan ● 3:00 Slag Terms Today ● 4:00 Parkinson Pals ● 6:00 Bingo Book Lovers	 ● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Sit & Get Fit ● 10:30 Daily Devotional ● 11:00 Book Club Reading ● 11:30 Lunch Bunch Crew ● 1:00 Bowling Ally Trip ● 3:00 Movie & Popcorn ● 6:00 Game Night ● 7:00 Netflix Films	● 7:30 Coffee Social ● 8:00 Morning News ● 9:00 Weekly Wonder Q's ● 10:00 Walking Club ● 10:10 Chair Stretches ● 10:30 Bingo - AL ● 1:00 Sunshine Scripture ● 2:00 Finish The Phrase ● 3:00 Busy Brain ● 4:00 Fluff n Fold
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● 7:30 Coffee Social ● 10:30 Light Mind & Body ● 11:00 Devotion With Webbs ● 11:30 Table Talk Q's ● 12:30 Joke Masters! ● 1:00 Virtual Tour USA ● 3:00 Gaither Gospel ● 4:30 Movie & Dinner ● 6:00 Relax and Rewind	● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Weekly Readout ● 10:10 Table Exercises ● 10:30 Bingo in AL ● 1:30 Super Sneakers ● 2:00 Thrift Shop Shopping ● 3:00 Hydration Station ● 3:00 Mani Monday ● 6:00 Memory Match Game	● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Today Facts Chat ● 10:30 Big Balloon Bop ● 2:00 Bird Watch Club ● 2:30 Spring Arbor Choir ● 2:45 Daily Devotional ● 3:30 Whiteboard Games ● 5:30 Uno Card Game ● 6:00 H2O Hour	● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Simple Chair Yoga ● 11:00 Daily Devotional ● 1:30 Weekly Prayer ● 2:00 Bingo Social ● 2:10 Baking Club ● 3:00 First Baptist Church Social ● 4:00 Afternoon Stroll ● 5:00 Gaither Gospel	● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Movin' to Music ● 10:30 Chapel Service ● 12:00 Loaded Potato Bar ● 1:00 Sing W David King ● 1:30 Hot Potato Game ● 2:00 Potato Smash Bash ● 3:30 Jeopardy & Jeopardy ● 4:00 Parkinson Pals ● 6:00 Evening Bingo	● 7:30 Coffee Social ● 9:45 Walking Club ● 10:00 Sit & Get Fit ● 10:30 Daily Devotional ● 11:00 Book Club Reading ● 2:00 Prehistoric Party ● 2:30 Don't Go Extinct - Shots! ● 3:00 Dino-Mite Snacks ● 6:00 Game Night ● 7:00 Netflix Films	● 7:30 Coffee Social ● 8:00 Morning News ● 9:00 Weekly Wonder Q's ● 10:00 Walking Club ● 10:10 Chair Stretches ● 10:30 Bingo - AL ● 1:00 Sunshine Scripture ● 2:00 Finish The Phrase ● 3:00 Busy Brain ● 4:00 Fluff n Fold
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:30 Light Mind & Body 11:15 Devotion With Webbs 11:30 Livestream Church 12:30 Ice Cream Sandwiches 12:30 Tic Tac Toe Competition 1:00 Porch Pick Me Ups 2:30 Board Games 3:00 Gaither Gospel Band 6:00 Relax & Rewind	 8:30 Morning Fax & Prayer 9:45 Walking Club 10:15 Simple Table Exercises 10:30 Bingo Social 11:30 Table Top Games 1:30 Star Senior Sneakers 2:00 Family Watermelon Social 2:30 Watermelon Spitting Contest 3:00 Hydration Station 4:00 Mani Monday 6:00 Memory Match	 8:30 Morning Fax & Prayer 9:45 Walking Club 10:00 Today Fun Facts 10:15 Shake Loose a Memory 10:30 Therapy Balloon Bop 2:00 Baking Club 2:00 Bird Watch Club 2:30 Spring Arbor Choir 2:45 Devotions with Vant 3:00 Chocolate Chip Cookies 3:30 Whiteboard Games 5:30 Uno Card Game	 8:30 Morning Fax & Prayer 9:45 Walking Club 10:00 Yoga Class with Nancy 11:00 Daily Devotional 1:50 Weekly Prayer List 2:00 Bingo Social 3:00 Water Ballon Toss 4:00 Afternoon Stroll 5:00 Conversation Cafe Cards 6:00 Word Puzzles	 8:30 Morning Fax & Prayer 9:45 Walking Club 10:00 Movin' To Music 10:30 Chapel Service 11:00 Porch Rockin' 1:00 Sing with David King 2:00 Rootbeer Floats W/ Tristan 3:00 Movie & Popcorn 4:00 Parkinson's Pals 6:00 Book Bingo Bash	 8:30 Morning Fax & Prayer 9:45 Walking Club 10:00 Devotions Social 10:15 Beach Ball Exercise 11:00 Book Club Reading 11:30 Lunch Bunch Crew 1:00 Bowling Ally Trip 2:00 What Makes You Happy? 4:00 Cue Club - Pool 6:00 Puzzle Club	 9:00 Weekly Wonder Q's 10:00 Walking Club 10:15 Chair Stretches 10:30 Bingo Social Hour 11:30 Glasses&Pendant Cleaning 1:00 Sunshine Scripture 2:00 Finish The Phrase 4:00 Cue Club - Pool 6:00 Puzzle Club
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