

August

Alto Grayslake Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					● 10:00 Daily Chronicles ● 10:15 Seated Zumba ● 10:45 Sing-a-long(IN2L) ● 11:00 Interfaith Circle ● 1:00 Conversation Ball ● 3:30 IN2L- Resident Choice ● 5:30 Evening Calming		
● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:15 IN2L stretches ● 1:30 Afternoon Stretch ● 1:30 Prayer circle ● 2:00 Afternoon History ● 2:00 Guided Art ● 3:30 IN2L- Resident Choice ● 5:30 Evening Calming 2	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:45 Wheel of Words ● 1:30 Courtyard walk ● 2:15 Out door Gentle Chair Yoga Stretch Session ● 2:30 Word Mining ● 3:00 Collaborative Story Circle ● 3:30 Resident Choice Craft ● 5:30 Evening Calming 3	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:45 Family Fued ● 2:00 Bus Outing ● 3:30 Chocolate chip cookie day ● 4:00 Art Dice ● 5:30 Evening Calming 4	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:45 Sunset Flower Painting ● 1:30 Concert: Alex Talbott ● 2:00 Maze O Rama ● 2:15 Golden Memories ● 3:30 Animal Bingo ● 5:30 Evening Calming 5	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:45 IN2L- Jeopardy ● 1:15 Cards with Friends ● 2:30 Ladies Tea ● 3:30 Game room Games ● 5:30 Evening Calming 6	● 10:00 Daily Chronicles ● 10:45 Pondering prompts ● 1:00 Courtyard walk ● 1:30 Weekly Celebrity ● 2:00 Ring Toss ● 3:15 Nail Care Day ● 3:30 Word Searching ● 5:30 Evening Calming 7	● 10:00 Daily Chronicles ● 10:15 Seated Zumba ● 10:45 Sing-a-long(IN2L) ● 11:00 Interfaith Circle ● 1:00 Conversation Ball ● 2:00 Patio and Pals Lemonade ● 3:00 Ring Toss ● 5:30 Evening Calming 8	
● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:15 IN2L stretches ● 1:30 Afternoon Stretch ● 1:30 Prayer circle ● 2:00 Afternoon History ● 2:00 Guided Art ● 3:30 IN2L- Resident Choice ● 5:30 Evening Calming 9	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:45 Wheel of Words ● 1:30 Courtyard walk ● 2:15 Out door Gentle Chair Yoga Stretch Session ● 2:30 Word Mining ● 3:00 Collaborative Story Circle ● 3:30 Resident Choice Craft ● 5:30 Evening Calming 10	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:45 Family Fued ● 2:00 Bus Outing ● 3:30 jewelry making ● 4:00 Art Dice ● 5:30 Evening Calming 11	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:30 Visor Painting ● 1:00 Spiritual Circle ● 2:00 Maze O Rama ● 2:15 Golden Memories ● 3:30 Animal Bingo ● 5:30 Evening Calming 12	● 10:00 Daily Chronicles ● 10:15 Chronicles(AC) ● 10:45 IN2L- Jeopardy ● 1:15 Cards with Friends ● 2:30 Happy Hour Bingo ● 3:30 Game room Games ● 5:30 Evening Calming 13	● 10:00 Daily Chronicles ● 10:45 Pondering prompts ● 1:00 Courtyard walk ● 1:30 Concert:Adam Austin ● 2:00 Ring Toss ● 3:15 Nail Care Day ● 3:30 Word Searching ● 5:30 Evening Calming 14	● 10:00 Daily Chronicles ● 10:15 Seated Zumba ● 10:45 Sing-a-long(IN2L) ● 11:00 Interfaith Circle ● 1:00 Conversation Ball ● 3:30 IN2L- Resident Choice ● 5:30 Evening Calming 15	
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Happy Birthday!

Margie N. - 1st



Locations

- Emotional
- Environmental
- Intellectual/Cognitive
- Physical
- Professional/Vocational
- Social
- Spiritual