

AUGUST 2026

Alto Grayslake Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"Every August day is another chance to soak up some sunshine."						10:00 SCRABBLE (LIB) 10:15 Video Exercise (CR) 1:45 Weekend Bingo (CR) 3:00 Popcorn Time (CR) 3:15 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
10:15 TV Exercise (CR) 11:00 Catholic Mass (CR) 1:45 BINGO BLITZ (CR) 3:00 Popcorn (CR) 3:15 U-Pick NETFLIX (MT) 6:00 Hart to Hart (DVD) (CR)	8:45 Coffee Time (DR) 10:15 Movin' Monday (FC) 10:45 Daily Chronicles (FC) 11:00 Newcomers Group (CR) 1:30 Sitdown Sitcom (CR) 3:00 Arts & Crafts (CR) 6:00 TRAVEL: JAPAN (CR)	10:15 Tues. Training (FC) 10:30 Catholic Communion (MT) 10:45 Daily Chronicles (FC) 11:00 BUS TRIP - JEWEL (BUS) 2:00 Happy Hour (CR) 2:30 Insights (CR) 6:00 SCRABBLE (LIB)	8:45 Coffee Time (DR) 10:15 Wednesday Weights (FC) 10:45 Chronicles (FC) 2:00 BINGO (CR) 3:00 CONCERT: ALEX TALBOTT (CR) 6:00 MOVIE: PREMONITION (CR)	10:15 Legacy Exercise (FC) 11:00 BUS TRIP: CHICAGO BOTANIC GARDEN (BUS) 2:00 Happy Hr & More (CR) 2:45 Internet's Best (CR) 6:00 BOOK CLUB (B)	8:45 Coffee Time (DR) 10:15 Flexibility Friday (FC) 10:45 Chronicles (FC) 1:30 Bible Study (103) 3:00 SPECIAL GAMES (CR) 6:00 Everybdy ... Raymnd (CR)	10:00 SCRABBLE (LIB) 10:15 Video Exercise (CR) 12:00 COMPUTER CLUB (MT) 1:45 Weekend Bingo (CR) 3:00 Popcorn Time (CR) 3:15 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
10:15 TV Exercise (CR) 11:00 Catholic Mass (CR) 1:45 BINGO BLITZ (CR) 3:00 Popcorn (CR) 3:15 U-Pick NETFLIX (MT) 6:00 Carol Burnett (DVD) (CR)	8:45 Coffee Time (DR) 10:15 Movin' Monday (FC) 10:45 Chronicles (FC) 11:00 Activity Committee Mtg. (CR) 1:30 Sitdown Sitcom (CR) 2:30 Baking Class (CR) 6:00 TRAVEL: JAMAICA (CR)	8:45 Trivia Time (DR) 10:15 Tues. Training (FC) 10:30 Catholic Communion (MT) 10:45 Chronicles (FC) 11:00 Food Committee (CR) 1:00 Parkinson's Support Group (MT) 6:00 SCRABBLE (LIB)	10:15 Wednesday Weights (FC) 10:45 Chronicles (FC) 12:00 VETERANS LUNCH (CR) 1:15 ALTO CHOIR (CR) 2:00 BINGO (CR) 3:00 GARDEN CLUB (C) 6:00 MOVIE: SAN ANDREAS (CR)	10:15 Legacy Ex. (FC) 10:30 LIBRARY STOP (B) 11:00 BUS TRIP: FREE LUNCH & COOKIE DECORATING (BUS) 2:00 Happy Hr & More (CR) 2:30 Alto Jeopardy (CR) 3:00 DOG VISITS-SADIE (CR) 6:00 SCIENCE FUN (CR)	8:45 Coffee Time (DR) 10:15 Flexibility Friday (FC) 10:45 Chronicles (FC) 1:30 Bible Study (103) 3:00 CONCERT: ADAM AUSTIN (CR) 6:00 Everybdy ... Raymnd (CR)	10:00 SCRABBLE (LIB) 10:15 Video Exercise (CR) 1:45 Weekend Bingo (CR) 3:00 Popcorn Time (CR) 3:15 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
10:15 TV Exercise (CR) 11:00 Catholic Mass (CR) 1:45 BINGO BLITZ (CR) 3:00 Popcorn (CR) 3:15 U-Pick NETFLIX (MT) 6:00 Hart to Hart (DVD) (CR)	8:45 Coffee Time (DR) 10:15 Movin' Monday (FC) 10:45 Chronicles (FC) 11:00 Newcomers Group (CR) 1:30 Sitdown Sitcom (CR) 3:00 Arts & Crafts (CR) 6:00 TRAVEL: JAKARTA (CR)	10:15 Tues. Training (FC) 10:30 Catholic Communion (MT) 10:45 Chronicles (FC) 2:00 CORN & COUNTRY HAPPY HR. & CONCERT w/ RANDY WALKER (CR) 6:00 SCRABBLE (LIB)	8:45 Coffee Time (DR) 10:15 Wednesday Weights (FC) 10:45 Chronicles (FC) 1:30 EARLY BINGO! (CR) 3:00 GARDEN CLUB (C) 3:00 ROSIE VISITS (CR) 6:00 MOVIE: MR. SMITH G.T.W. (CR)	10:15 Legacy Exercise (FC) 11:00 BUS TRIP: THE FREEZE (BUS) 2:00 Happy Hr & More (CR) 2:45 Internet's Best (CR) 6:00 BOOK CLUB (B)	8:45 Coffee Time (DR) 10:15 Flexibility Friday (FC) 11:30 LADIES LUNCHEON (CR) 1:30 Bible Study (103) 3:00 Fun & Games (CR) 6:00 Everybdy ... Raymnd (CR)	10:00 SCRABBLE (LIB) 10:15 Video Exercise (CR) 1:45 Weekend Bingo (CR) 3:00 Popcorn Time (CR) 3:15 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
10:15 TV Exercise (CR) 11:00 Catholic Mass (CR) 1:45 BINGO BLITZ (CR) 3:00 Popcorn (CR) 3:15 U-Pick NETFLIX (MT) 6:00 Carol Burnett (DVD) (CR)	8:45 Coffee Time (DR) 10:15 Movin' Monday (FC) 10:45 Chronicles (FC) 1:30 Sitdown Sitcom (CR) 2:30 Baking Class (CR) 6:00 TRAVEL: JERUSALEM (CR)	8:45 Trivia Time (DR) 10:15 Tues. Training (FC) 10:30 Catholic Communion (MT) 10:45 Chronicles (FC) 2:00 Happy Hour Social (B) 2:30 Word Games (CR) 6:00 SCRABBLE (LIB)	10:15 Wednesday Weights (FC) 10:45 Chronicles (FC) 12:00 Low Vision Lunch (PDR) 3:00 SUNFLOWER SOCIAL & CONCERT (C) 6:00 STAR WARS (CR)	10:15 Legacy Exercise (FC) 11:00 BUS TRIP: BIG ED'S BBQ (BUS) 2:00 Happy Hr & More (CR) 2:30 Alto Jeopardy (CR) 6:00 SCIENCE FUN (CR)	10:15 Flexibility Friday (FC) 11:00 Resident Council (CR) 1:30 Bible Study (103) 2:30 Birthday Party (CR) 3:00 Fun & Games (CR) 6:00 Everybdy ... Raymnd (CR)	10:00 SCRABBLE (LIB) 10:15 Video Exercise (CR) 1:45 Weekend Bingo (CR) 3:00 Popcorn Time (CR) 3:15 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
10:15 TV Exercise (CR) 11:00 Catholic Mass (CR) 1:45 BINGO BLITZ (CR) 3:00 Popcorn (CR) 3:15 U-Pick NETFLIX (MT) 6:00 Hart to Hart (DVD) (CR)	8:45 Coffee Time (DR) 10:15 Movin' Monday (FC) 10:45 Chronicles (FC) 1:30 Sitdown Sitcom (CR) 3:00 Arts & Crafts (CR) 6:00 TRAVEL: JOHANNESBURG (CR)					

Birthdays

John T. 08/01
LaVonne H. 08/06
Don P. 08/24
Marlene Z. 08/25
Ardelle K. 08/28
Valjean R. 08/31

Medical Transport

Call Mike to confirm bus availability before scheduling appointments. Limited Wednesdays.

Reminder

Activities subject to change
Notice will be posted

Locations

B = Bistro
BUS = Bus
CR = Community Room
C = Courtyard
DR = Dining Room
ALL = Everywhere!
FC = Fitness Center
LIB = Library On 2
LOB = Lobby
229 = Lounge Near Apt. 229
MT = Movie Theater
103 = Lounge Near Apt. 103
PDR = Private Dining Room

