

April 2026

Alto Grayslake Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<ul style="list-style-type: none"> Passover Eve 8:45 Coffee & Conversation (DR) 10:15 Wednesday Weights (FC) 10:45 Daily Chronicles (FC) 1:00 ALTO CHOIR (CR) 2:00 BINGO (CR) 6:00 MOVIE: BAD DAY AT BLACK ROCK (CR) 	<ul style="list-style-type: none"> Passover (first day) AD PASSOVER 10:15 Legacy Exercise (FC) 11:00 BUS TRIP: JEWEL (BUS) 2:30 PASSOVER EVENT (CR) 6:00 MOVIE: ENEMY OF THE STATE (CR) 	<ul style="list-style-type: none"> Good Friday 8:45 Coffee & Conversation (DR) 10:15 Flexibility Friday (FC) 10:45 Daily Chronicles (FC) 2:00 GOOD FRIDAY PROGRAM (CR) 3:00 Fun & Games (CR) 6:00 Everybdy Loves Raymnd DVD (CR) 	<ul style="list-style-type: none"> EASTER EGG HUNT 10:00 2nd Scrabble Table (LIB) 10:15 Video Exercise (CR) 1:15 Weekend Bingo (CR) 2:15 Popcorn Time (CR) 2:30 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
<ul style="list-style-type: none"> Easter Sunday EASTER EGG HUNT 11:00 EASTER BRUNCH (CR) 11:00 Easter Mass (MT) 2:00 Late Bingo (CR) 3:00 Popcorn Party (CR) 3:15 Movie: RISEN (MT) 6:00 MOVIE: EASTER PARADE (CR) 	<ul style="list-style-type: none"> Easter Monday 8:45 Coffee & Conversation (DR) 10:15 Movin' Monday (FC) 10:45 Daily Chronicles (FC) 11:00 Newcomers Group (CR) 1:30 Sitdown Sitcom (CR) 2:30 Baking Class (CR) 6:00 TRAVEL: FRANCE (CR) 	<ul style="list-style-type: none"> 8:45 Trivia Time (DR) 10:15 Tune Up Tuesday (FC) 10:30 Catholic Communion (MT) 10:45 Daily Chronicles (FC) 11:00 Food Committee (CR) 2:00 Cooking Demo w/Dave (CR) 6:00 Board Games (CR) 	<ul style="list-style-type: none"> 8:45 Coffee & Conversation (DR) 10:15 Wednesday Weights (FC) 10:45 Daily Chronicles (FC) 2:30 MARY K's 102 BIRTHDAY! (CR) 6:00 MOVIE: THE ODD COUPLE (CR) 	<ul style="list-style-type: none"> Last Day of Passover 10:15 Legacy Exercise (FC) 10:30 LIBRARY STOP (B) 11:00 BUS TRIP: AUSTINS (BUS) 2:00 Happy Hr & More (CR) 2:30 Alto Jeopardy (CR) 3:00 DOG VISITS with SADIE (CR) 6:00 MOVIE: ON THE WATERFRONT (CR) 	<ul style="list-style-type: none"> 8:45 Coffee & Conversation (DR) 10:15 Flexibility Friday (FC) 10:45 Daily Chronicles (FC) 1:30 Bible Study (103) 3:00 Fun & Games (CR) 6:00 Everybdy Loves Raymnd DVD (CR) 	<ul style="list-style-type: none"> 10:00 2nd Scrabble Table (LIB) 10:15 Video Exercise (CR) 12:00 COMPUTER CLUB (MT) 1:15 Weekend Bingo (CR) 2:15 Popcorn Time (CR) 2:30 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
<ul style="list-style-type: none"> 10:15 Video EXERCISE (CR) 11:00 Catholic Mass (CR) 1:15 BINGO BLITZ (CR) 2:00 Popcorn Party (CR) 2:30 U-Pick NETFLIX (MT) 6:00 Hart to Hart (DVD) (CR) 	<ul style="list-style-type: none"> 8:45 Coffee & Conversation (DR) 10:15 Movin' Monday (FC) 10:45 Daily Chronicles (FC) 11:00 Activity Committee Mtg. (CR) 1:30 Sitdown Sitcom (CR) 3:00 Arts & Crafts (CR) 6:00 TRAVEL: FINLAND (CR) 	<ul style="list-style-type: none"> 10:15 Tune Up Tuesday (FC) 10:30 Catholic Communion (MT) 10:45 Daily Chronicles (FC) 1:00 PARKINSON'S SUPPORT GROUP (MT) 2:00 Finances for Supportive Living (CR) 6:00 Board Games (CR) 	<ul style="list-style-type: none"> 8:45 Coffee & Conversation (DR) 10:15 Wednesday Weights (FC) 10:45 Daily Chronicles (FC) 12:00 VETERANS LUNCH (CR) 2:00 BINGO (CR) 6:00 MOVIE: HARVEY (CR) 	<ul style="list-style-type: none"> 10:15 Legacy Exercise (FC) 11:00 BUS TRIP: TIMOTHY O'TOOLES (BUS) 2:00 Happy Hr & More (CR) 2:30 Science & Tech (CR) 3:00 CONCERT: DANTE SALAMANTE (CR) 6:00 MOVIE: MEMOIRS OF A GEISHA (CR) 	<ul style="list-style-type: none"> 8:45 Coffee & Conversation (DR) 10:15 Flexibility Friday (FC) 10:45 Daily Chronicles (FC) 11:30 LADIES LUNCHEON (CR) 1:30 Bible Study (103) 3:00 Fun & Games (CR) 6:00 Everybdy Loves Raymnd DVD (CR) 	<ul style="list-style-type: none"> 10:00 2nd Scrabble Table (LIB) 10:15 Video Exercise (CR) 1:15 Weekend Bingo (CR) 2:15 Popcorn Time (CR) 2:30 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
<ul style="list-style-type: none"> 10:15 Video EXERCISE (CR) 11:00 Catholic Mass (CR) 1:15 BINGO BLITZ (CR) 2:00 Popcorn Party (CR) 2:30 U-Pick NETFLIX (MT) 6:00 Carol Burnett (DVD) (CR) 	<ul style="list-style-type: none"> 8:45 Coffee & Conversation (DR) 10:15 Movin' Monday (FC) 10:45 Daily Chronicles (FC) 11:00 Newcomers Group (CR) 1:30 Sitdown Sitcom (CR) 2:30 Baking Class (CR) 6:00 GIRL SCOUTS & GAMES (CR) 	<ul style="list-style-type: none"> 10:15 Tune Up Tuesday (FC) 10:30 Catholic Communion (MT) 10:45 Daily Chronicles (FC) 3:00 SPRING FLING PARTY with LARRY LEVIN (CR) 6:00 Board Games (CR) 	<ul style="list-style-type: none"> 8:45 Coffee & Conversation (DR) 10:15 Wednesday Weights (FC) 10:45 Daily Chronicles (FC) 1:00 ALTO CHOIR (CR) 2:00 BINGO (CR) 6:00 MOVIE: OVER THE HILL GANG (CR) 	<ul style="list-style-type: none"> 10:15 Legacy Exercise (FC) 11:00 BUS TRIP: BUONA (BUS) 2:00 Happy Hr & More (CR) 2:30 Alto Jeopardy (CR) 6:00 MOVIE: PLEASANTVILLE (CR) 	<ul style="list-style-type: none"> 10:15 Flexibility Friday (FC) 10:45 Daily Chronicles (FC) 11:00 Resident Council (CR) 1:30 Bible Study (103) 2:30 Birthday Party (CR) 3:00 Fun & Games (CR) 6:00 Everybdy Loves Raymnd DVD (CR) 	<ul style="list-style-type: none"> 10:00 2nd Scrabble Table (LIB) 10:15 Video Exercise (CR) 1:15 Weekend Bingo (CR) 2:15 Popcorn Time (CR) 2:30 U-Pick DVD Movie (MT) 6:00 U-Pick Sitcom (CR)
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B-days & Bus Trips

Birthdays

Kent H. 04/02
 Mary K. 04/11
 Lorraine M. 04/14
 Judy G. 04/15
 Bobby J. 04/30

Bus Trips

2 - SHOPPING - JEWEL
 9 - AUSTINS
 16 - TIMOTHY O'TOOLES
 23 - BUONA
 6 - JOY RIDE

Medical Transport

Call Mike to confirm bus availability before scheduling appointments. Limited Wednesdays. Activities subject to change.

Locations






B = Bistro
 BUS = Bus
 CR = Community Room
 C = Courtyard
 DR = Dining Room
 ALL = Everywhere!
 FC = Fitness Center
 LIB = Library On 2
 LOB = Lobby
 229 = Lounge Near Apt. 229
 MT = Movie Theater
 103 = Lounge Near Apt. 103
 PDR = Private Dining Room



April 2026

Alto Grayslake Ensemble



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<ul style="list-style-type: none"> 10:00 Super Snacks & Hydration (E) 10:15 Chair-Based Rhythm and Motion (E) 10:30 Chronicles(AC) (E) 10:45 Clay Creations (ALL) 11:15 Uno (EFR) 1:00 Spiritual Song Circle: something Connecting Through Melodies (E) 2:30 Baking Club (EDR) 3:30 Animal of the week (EAR) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:15 Chronicles(AC) (E) 10:15 Entertaining Exercises (E) 10:30 IN2L- Jeopardy (L) 10:30 Super Snacks & Hydration (E) 1:15 Cards with Friends (EAR) 2:30 Happy Hour Bingo (EDR) 3:30 Afternoon News (E) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:00 Chronicles(AC) (E) 10:15 Seated Fitness Fun: Chair Exercises for Seniors (E) 10:30 Super Snacks & Hydration (E) 11:00 National park Discovery 1:00 Green House Care (EGH) 1:30 Celebrity of the Week Spotlight (EAR) 2:00 EZ Short Story-It takes a town (EFR) 3:15 Nail Day: Nourishing Nail Care Session (EFR) 3:30 Resident Choice Movie (E) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:00 Chronicles(AC) 10:15 Seated Zumba Class (L) 10:30 Sensational Snacks (E) 10:45 Saturday Sing-a-long(IN2L) (E) 11:00 Interfaith Wisdom Circle (EAR) 1:00 Uno (L) 2:00 Conversation Ball (E) 2:00 Ring Toss (EAR) 6:00 Care Team to Run IN2L (EAR)
<ul style="list-style-type: none"> 9:30 Sunday Morning Devotional Worship & Prayer (E) 10:15 Chronicles(AC) (E) 10:15 IN2L stretches 10:30 Super Snacks & Hydration (E) 1:30 Afternoon Stretch (L) 2:00 Adult Guided Art (L) 2:00 Sunday Afternoon History (EAR) 3:30 IN2L- Resident Choice (E) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:00 Snack attack (EAR) 10:15 Chronicles(AC) (E) 10:45 Resident Choice IN2L Game (E) 1:00 Aromatic Journey: Essential Oil Exploration (E) 2:00 Gentle Chair Yoga Stretch Session (E) 2:30 Whiteboard Word Association Challenge (EAR) 3:00 Collaborative Story Circle (EAR) 3:30 Resident Choice Craft (EAR) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 3:30 Farkle Dice (EFR) 10:00 Super Snacks & Hydration (E) 10:15 Chair Stretching (E) 10:30 Chronicles(AC) (E) 11:00 Bus Outing (BUS) 11:00 Game of Choice IN2L (E) 1:30 Chicken Soup for the soul (EFR) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:00 Super Snacks & Hydration (E) 10:15 Chair-Based Rhythm and Motion (E) 10:30 Chronicles(AC) (E) 10:45 Clay Creations (ALL) 11:15 Uno (EFR) 1:00 Spiritual Song Circle: Connecting Through Melodies (E) 2:30 Baking Club (EDR) 3:30 Animal of the week (EAR) 3:30 Topix Cards (EFR) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:15 Chronicles(AC) (E) 10:15 Entertaining Exercises (E) 10:30 IN2L- Jeopardy (L) 10:30 Super Snacks & Hydration (E) 1:15 Cards with Friends (EAR) 2:30 Happy Hour Bingo (EDR) 3:30 Afternoon News (E) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 1:30 Concert: Katrina&Vincent (EAR) 10:00 Chronicles(AC) (E) 10:15 Seated Fitness Fun: Chair Exercises for Seniors (E) 10:30 Super Snacks & Hydration (E) 11:00 National park Discovery 1:00 Green House Care (EGH) 1:30 Celebrity of the Week Spotlight (EAR) 2:00 EZ Short Story-It takes a town (EFR) 3:15 Nail Day: Nourishing Nail Care Session (EFR) 3:30 Resident Choice Movie (E) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:00 Chronicles(AC) 10:15 Seated Zumba Class (L) 10:30 Sensational Snacks (E) 10:45 Saturday Sing-a-long(IN2L) (E) 11:00 Interfaith Wisdom Circle (EAR) 1:00 Uno (L) 3:30 IN2L- Resident Choice (E) 6:00 Care Team to Run IN2L (EAR)
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<ul style="list-style-type: none"> 9:30 Sunday Morning Devotional Worship & Prayer (E) 10:15 Chronicles(AC) (E) 10:15 IN2L stretches 10:30 Super Snacks & Hydration (E) 1:30 Afternoon Stretch (L) 2:00 Adult Guided Art (L) 2:00 Sunday Afternoon History (EAR) 3:30 IN2L- Resident Choice (E) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:00 Snack attack (EAR) 10:15 Chronicles(AC) (E) 10:45 Resident Choice IN2L Game (E) 1:00 Aromatic Journey: Essential Oil Exploration (E) 2:00 Gentle Chair Yoga Stretch Session (E) 2:30 Whiteboard Word Association Challenge (EAR) 3:00 Collaborative Story Circle (EAR) 3:30 Resident Choice Craft (EAR) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 3:30 Farkle Dice (EFR) 10:00 Super Snacks & Hydration (E) 10:15 Chair Stretching (E) 10:30 Chronicles(AC) (E) 11:00 Bus Outing (BUS) 11:00 Game of Choice IN2L (E) 1:30 Chicken Soup for the soul (EFR) 2:30 Dice-Inspired Artistic Adventure (EAR) 3:30 Crossword Mania (EFR) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:00 Super Snacks & Hydration (E) 10:15 Chair-Based Rhythm and Motion (E) 10:30 Chronicles(AC) (E) 10:45 Clay Creations (ALL) 11:15 Uno (EFR) 1:00 Spiritual Song Circle: Connecting Through Melodies (E) 2:30 Baking Club (EDR) 3:30 Animal of the week (EAR) 6:00 Care Team to Run IN2L (EAR) 	<ul style="list-style-type: none"> 10:15 Chronicles(AC) (E) 10:15 Entertaining Exercises (E) 10:30 IN2L- Jeopardy (L) 10:30 Super Snacks & Hydration (E) 1:15 Cards with Friends (EAR) 2:30 Happy Hour Bingo (EDR) 3:30 Afternoon News (E) 4:30 Allegro at Sea (ALL) 6:00 Care Team to Run IN2L (EAR) 		

Happy Birthday!

Kent H. - 2nd
 Terri M. - 6th
 Mary K. - 11th
 Joan C. - 12th
 Lorraine M. - 14th
 Judy G. - 15th
 Anthony S. - 27th
 Bobby J. - 30th



Locations

- Emotional
- Environmental
- Intellectual/Cognitive
- Physical
- Professional/Vocational
- Social
- Spiritual