# **UPCOMING COMMUNITY EVENTS**



### **ALLEGRO AT SEA: SPAIN**

Join us for a full day of Spanishthemed fun! Enjoy engaging activities, delicious Spanish-inspired food, and a live flamenco dancer performance that will transport you straight to Spain. Don't miss this festive celebration of culture, music, and flavor!

When: Thursday, October 23rd



### 4TH ANNUAL CHILI COOK-OFF

Residents, families & staff—bring your best chili and win the title of Chili Champion!

When: Wednesday, October 29th 4-5PM

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Where: Bistro

Sign Up: Front desk—everyone welcome!

10/01 2PM | CAMPFIRE STORIES & S'MORES
10/06 2:30PM | MEDICARE 101 TALK
10/08 2PM | DUPAGE PADS CHARITY SANDWICH PROJECT
10/18 2PM | PAINTING PUMPKINS WITH THE GIRL SCOUTS
10/24 11:15AM | KID'S HALLOWEEN COSTUME PARADE
10/31 2:30PM | HALLOWEEN HAPPY HOUR

# Alto Wheaton

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644

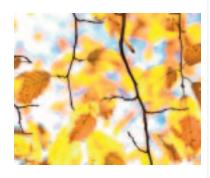






# October 2025

# Sunday



11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes

2:00 **T** Afternoon Documentary 3:00 AR Gin Rummy Card Club

6:00 T Movie Night

### 12

11:00 AR Trivia with Jeanne 11:30 AR Chair Vollevball 1:00 AR Dominoes

2:00 T Afternoon Documentary 3:00 AR Gin Rummy Card Club

6:00 T Movie Night

# 19

11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball

1:00 AR Dominoes

6:00 T Movie Night

2:00 T Afternoon Documentary 3:00 AR Gin Rummy Card Club

# 26

11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball

1:00 AR Dominoes

2:00 **T** Afternoon Documentary 3:00 AR Gin Rummy Card Club

6:00 T Movie Night

# Monday

# Tuesday

# **Alto Wheaton**

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 AR Exercise with Legacy

12:45 AR Quiddler

1:30 T Guided Meditation

2:30 AR Medicare 101 Presentation 3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

### 13

10:30 **AR** Morning Reflections 11:00 AR Trivia Questions

11:30 AR Exercise with Legacy

12:45 AR Quiddler

1:30 **T** Guided Meditation

2:30 AR Penny Auction

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

# 20

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 AR Exercise with Legacy

12:45 AR Quiddler

1:30 **T** Guided Meditation

2:00 AR Bingo Bonanza! 3:15 AR John Boda Presents

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

### 27

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 **AR** Health Talk with Legacy

12:45 AR Quiddler

1:30 **T** Guided Meditation 2:00 AR Bingo Bonanza!

3:00 AR Resident Council Meeting 3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

10:00 AR Bible Study with Alicia

11:00 **0** Walgreens Shopping Outing

2:15 AR Manicures with Lifestyle

3:30 **T** Jeopardy Watch Party

10:00 AR Bible Study with Alicia

10:30 **AR** Morning Reflections

11:00 AR White Board Puzzles

11:30 **0** Lunch Bunch: Out to Lunch

11:30 AR Cardio Drumming

1:00 AR Rumikub Game

2:00 B Ice Cream Social

6:00 T Movie Night

3:30 **T** Jeopardy Watch Party

6:00 AR After Dinner Poker Club

10:00 AR Bible Study with Alicia

10:30 **AR** Morning Reflections

11:00 AR White Board Puzzles

11:30 AR Cardio Drumming

12:00 AR Bring in Lunch

1:00 AR Rumikub Game

2:00 B Ice Cream Social

6:00 **T** Movie Night

2:15 AR Manicures with Lifestyle

3:30 **T** Jeopardy Watch Party

10:00 AR Bible Study with Alicia

10:30 **0** Morton Arboretum Drive

2:30 AR Monthly Donuts with Chef

3:30 **T** Jeopardy Watch Party

6:00 AR After Dinner Poker Club

10:30 AR Morning Reflections

11:00 AR White Board Puzzles

11:30 **AR** Cardio Drumming

1:00 AR Rumikub Game

6:00 T Movie Night

10:30 AR Morning Reflections

11:00 AR White Board Puzzles

11:30 AR Cardio Drumming

1:00 AR Rumikub Game

2:00 B Ice Cream Social

6:00 **T** Movie Night

14

21

28

### 1 9:30 FL Walking Club

10:00 AR Communion with Dcn Dan

Wednesday

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 AR Seated Exercise- Weights 12:45 AR Quiddler

1:00 T Book Club Meeting 2:00 AR Campfire Stories & Smores

3:00 AR Bingo Bonanza! 3:30 **T** Jeopardy Watch Party

9:30 **FL** Walking Club 10:30 **AR** Morning Reflections

11:00 AR Trivia Questions

11:30 AR Seated Exercise- Weights

12:45 AR Quiddler

1:00 **T** Book Club Meeting 2:00 AR Charity Sandwich Project

3:30 **T** Jeopardy Watch Party 6:00 **T** Movie Night

### 15

9:00 **FL** Library Book Drop Off Day

9:30 FL Walking Club

10:30 **AR** Morning Reflections 11:00 AR Trivia Questions

11:30 AR Seated Exercise- Weights

12:45 AR Quiddler

1:00 T Book Club Meeting 2:00 AR Bingo Bonanza!

3:00 AR Jeopardy LIVE Trivia Game

3:30 **T** Jeopardy Watch Party

# 22

9:30 FL Walking Club 10:30 **AR** Morning Reflections

11:00 AR Trivia Questions

11:30 AR Seated Exercise- Weights

12:45 AR Quiddler

1:00 T Book Club Meeting

2:00 AR Bingo Bonanza! 3:00 **AR** Activity Planning Meeting

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

# 29

9:30 FL Walking Club 10:30 AR Morning Reflections

11:00 AR Trivia Questions

6:00 **T** Movie Night

11:30 AR Seated Exercise- Weights 12:45 AR Quiddler

1:00 T Book Club Meeting 2:00 AR Bingo Bonanza!

3:30 **T** Jeopardy Watch Party 4:00 B Chili Cook-off

# Thursday

10:00 AR Good News & Views 10:30 AR Morning Reflections

11:00 AR Trivia Questions

11:30 AR Seated Exercise - Bands 1:00 AR "Fill in the Blank" Game

1:30 T Rosary Group 2:30 AR Cosley Zoo Animal Visit

3:30 **T** Jeopardy Watch Party 6:00 T Movie Night

10:00 AR Good News & Views

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 AR Sit & Tone with David

1:00 AR "Fill in the Blank" Game

1:30 **T** Rosary Group

2:30 AR Jack Miuccio Live 3:30 **T** Jeopardy Watch Party

6:00 **T** Movie Night

# 16

10:00 AR Good News & Views

10:30 **AR** Morning Reflections 11:00 AR Trivia Questions

11:30 AR Seated Exercise - Bands

1:00 AR "Fill in the Blank" Game 1:30 **T** Rosary Group

2:30 AR Live Cello: Jake Muzzy 3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

### 23

Viva España Day

9:30 **B** Café y Mercado 10:00 AR Good News from Barcelona

10:30 AR Morning Reflections 11:00 AR Torero Trivia Game

11:30 AR Sit & Tone with David 1:00 AR Paint Like Picasso Arts

1:30 **T** Rosary Group 2:00 **DR** Fiesta Flamenca Party

6:00 **T** Movie Night

### 30

10:00 AR Good News & Views 10:30 AR Morning Reflections

11:00 AR Trivia Questions

11:30 AR Seated Exercise - Bands 1:00 AR "Fill in the Blank" Game 1:30 **T** Rosary Group

2:30 AR Tim Wilsev Presents 3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

# Friday

### 3

9:30 FL Walking Club! 10:30 AR Morning Reflections

11:00 AR White Board Puzzles

11:30 AR Seated Exercise - Weights 12:45 AR Ouiddler

1:30 **T** Communion w. Rev. Joanne 2:30 **DR** Happy Hour!

3:30 **T** Jeopardy Watch Party

6:00 **T** Movie Night

# 10

9:30 FL Walking Club!

10:30 AR Morning Reflections

11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights

12:45 AR Quiddler

2:30 **DR** Happy Hour! 3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

# 17

9:30 FL Walking Club!

10:30 **AR** Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Seated Exercise - Weights

12:45 AR Quiddler

1:30 T Communion w. Rev. Joanne

2:30 **DR** Happy Hour! 3:30 **T** Jeopardy Watch Party

# 6:00 T Movie Night

# 24

9:30 FL Walking Club!

10:30 **AR** Morning Reflections 11:00 AR White Board Puzzles

11:15 **AR** Kid's Halloween Costume Parade

11:30 AR Seated Exercise - Weights

12:45 AR Quiddler

2:30 **DR** Happy Hour! 3:30 **T** Jeopardy Watch Party

### 6:00 **T** Movie Night 31

9:30 FL Walking Club!

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Seated Exercise - Weights 12:45 AR Quiddler

1:30 T Communion w. Rev. Joanne 2:30 **DR** Halloween Happy Hour 3:30 **T** Jeopardy Watch Party

6:00 **T** Movie Night

# Saturday

### 4

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands

12:45 AR Quiddler 1:00 AR Dominoes

2:00 AR Saturday Bingo 3:15 AR Scrabble Board Game

3:15 AR Parachutes 6:00 T Movie Night

# 11

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands

12:45 AR Quiddler

1:00 AR Dominoes 2:00 AR Saturday Bingo

3:15 **AR** Craft with Caren 6:00 T Movie Night

# 18

10:00 AR Viola Student Concert

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands

12:45 AR Ouiddler 1:00 AR Dominoes

2:00 AR Girl Scout: Pumpkin Visit 3:15 AR Scrabble Board Game

6:00 T Movie Night

25 10:30 **AR** Morning Reflections

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands

12:45 AR Quiddler 1:00 AR Dominoes

2:00 AR Saturday Bingo 3:15 **AR** Craft with Caren

6:00 T Movie Night

### Front Lobby **AR** Activity Room

Theater DR Dining Room

Outing

Bistro

Around our

**Community** 

Happy October Birthday!

10/13 Charlotte R.

10/25 Joan R.

# LOCATION KEY



# October 2025

# Sunday



9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 **SK** Balloon Volleyball 11:00 BR Seated Yoga Stretching

1:30 **GR** Sing Along

2:30 **GR** Creative Crafts 3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

# 12

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle 10:45 **SK** Balloon Volleyball

11:00 **BR** Seated Yoga Stretching

1:30 **GR** Sing Along 2:30 **GR** Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

# 19

26

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle 10:45 **SK** Balloon Volleyball

11:00 **BR** Seated Yoga Stretching

1:30 **GR** Sing Along 2:30 **GR** Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 **SK** Balloon Volleyball 11:00 **BR** Seated Yoga Stretching

1:30 **GR** Sing Along

2:30 **GR** Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

# Monday

# Tuesday

# **Alto Wheaton**

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com

9:45 **BR** Morning Reflections 10:00 **SK** Fun with Arts & Crafts

10:15 **BR** Good News & Chronicle

10:45 **BR** Exercise with Us!

1:30 **SK** Cooking with Jeanne 2:30 GR Garden Club

3:00 **GR** World Tour

6:00 SK Classic Movies & Musicals

COLUMBUS DAY 9:45 **BR** Morning Reflections

10:00 **SK** Fun with Arts & Crafts

10:15 BR Good News & Chronicle

10:45 BR Exercise with Us! 1:30 **SK** Cooking with Jeanne

2:30 GR Garden Club

3:00 GR World Tour

6:00 **SK** Classic Movies & Musicals

# 20

13

9:45 **BR** Morning Reflections

10:00 SK Fun with Arts & Crafts 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

1:30 **SK** Cooking with Jeanne

2:30 GR Garden Club

2:30 BR HEATHER THE SINGER

3:00 GR World Tour

6:00 **SK** Classic Movies & Musicals

### 27

9:45 **BR** Morning Reflections

10:00 SK Fun with Arts & Crafts 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us! 1:30 **SK** Cooking with Jeanne

2:30 **GR** Garden Club

3:00 **GR** World Tour 6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:45 **SK** Songs & Senses

14

21

28

10:15 BR Good News & Chronicle

1:30 **O** Scenic Trips & Tales Tommy

6:00 SK Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 **BR** Exercise with Us!

2:45 **SK** Songs & Senses

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:45 **SK** Songs & Senses

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:45 SK Songs & Senses

10:15 BR Good News & Chronicle

1:30 **O** Scenic Trips & Tales Tommy

6:00 SK Classic Movies & Musicals

10:15 BR Good News & Chronicle

1:30 **O** Scenic Trips & Tales Tommy

6:00 **SK** Classic Movies & Musicals

10:15 BR Good News & Chronicle

1:30 **O** Scenic Trips & Tales Tommy

6:00 SK Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle

Wednesday

10:30 BR DEACON DAN COMMUNION 10:45 BR Exercise with Us!

11:00 **SK** Manicures with Mya 11:00 BR JANE'S DEVOTIONS

1:45 **SK** GREAT COOKING w/JERRIE 2:30 BR BABETTE THE SINGER

3:30 BR Happy Hour

6:00 **SK** Classic Movies & Musicals

1

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

11:00 SK Manicures with Mya 11:00 **BR** JANE'S DEVOTIONS

1:30 BR Word Brain Games

1:45 **SK** GREAT COOKING w/JERRIE

3:30 BR Happy Hour

6:00 **SK** Classic Movies & Musicals

### 15

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:45 BR Exercise with Us! 11:00 **SK** Manicures with Mya

11:00 **BR** JANE'S DEVOTIONS

11:15 **BR** Therapy Dog Tori

1:30 BR Word Brain Games 1:45 **SK** GREAT COOKING w/JERRIE

3:30 **BR** Happy Hour 6:00 **SK** Classic Movies & Musicals

# 22

9:45 **BR** Morning Reflections

10:15 **BR** Good News & Chronicle 10:45 BR Exercise with Us!

11:00 **SK** Manicures with Mya

11:00 **BR** JANE'S DEVOTIONS

1:30 BR Word Brain Games

1:45 **SK** GREAT COOKING w/JERRIE 2:30 **BR** MIKE THE ACCORDIAN MAN

3:30 **BR** Happy Hour

6:00 **SK** Classic Movies & Musicals

# 29

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:45 BR Exercise with Us! 11:00 **SK** Manicures with Mya

11:00 **BR** JANE'S DEVOTIONS 11:15 **BR** Therapy Dog Tori

1:30 BR Word Brain Games 1:45 **SK** GREAT COOKING w/JERRIE

3:30 **BR** Happy Hour 6:00 **SK** Classic Movies & Musicals

# Thursday

# 2

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 **BR** Exercise with Us! 2:15 **SK** Hydration Station

2:30 **GR** Ice Cream Social 3:30 **SK** Virtual Concerts

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle

10:45 BR Exercise with Us! 11:00 BR EXERCISE with DAVE

2:30 **GR** Ice Cream Social

3:30 **SK** Virtual Concerts

6:00 **SK** Classic Movies & Musicals

# 16

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle 10:45 BR Exercise with Us!

2:30 GR Ice Cream Social

3:30 **SK** Virtual Concerts

6:00 SK Classic Movies & Musicals

# 23

ALLEGRO AT SEA - SPAIN

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

11:00 **BR** EXERCISE with DAVE 2:00 **0** FIESTA FLAMENCA PARTY

3:30 SK Virtual Concerts

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

2:30 GR Ice Cream Social 3:30 **SK** Virtual Concerts

6:00 **SK** Classic Movies & Musicals 6:00 BR ENSEMBLE FAMILY EVENING

# Friday

3

10

17

24

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:15 **SK** T: Aromatherapy

10:45 **BR** Exercise with Us! 1:45 **GR** Garden Club

3:00 **BR** GOLDEN POETRY READING

3:30 BR POETRY WORKSHOP 6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:15 **SK** T: Aromatherapy

10:45 BR Exercise with Us!

1:45 **GR** Garden Club

10:15 BR Good News & Chronicle

3:00 **BR** GOLDEN POETRY READING

6:00 SK Classic Movies & Musicals

3:30 **BR** POETRY WORKSHOP

9:45 **BR** Morning Reflections

10:15 **SK** T: Aromatherapy

10:45 BR Exercise with Us!

1:45 **GR** Garden Club

10:15 **BR** Good News & Chronicle

2:00 **SK** HAND MASSAGE w/ ANNIE

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle

3:00 BR GOLDEN POETRY READING

6:00 **SK** Classic Movies & Musicals

10:15 **SK** T: Aromatherapy

10:45 BR Exercise with Us!

3:30 BR POETRY WORKSHOP

1:45 **GR** Garden Club

10:15 BR Good News & Chronicle

3:00 SK Balloon Games

3:30 **SK** Virtual Concerts

# 18

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

1:30 **SK** ABIGAIL'S DEVOTIONS

3:30 **SK** Virtual Concerts

3:00 **BR** GOLDEN POETRY READING 3:30 **BR** POETRY WORKSHOP

25

10:15 BR Good News & Chronicle 10:45 BR Exercise with Us!

1:30 **SK** ABIGAIL'S DEVOTIONS 3:00 **SK** Balloon Games

6:00 **SK** Classic Movies & Musicals

# 31

HALLOWFFN

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:15 **SK** T: Aromatherapy 10:45 BR Exercise with Us! 1:45 **GR** Garden Club

3:00 BR GOLDEN POETRY READING 3:30 BR POETRY WORKSHOP 6:00 **SK** Classic Movies & Musicals

# Saturday

### 4

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

1:30 **SK** ABIGAIL'S DEVOTIONS 3:00 **SK** Balloon Games

3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

### 11

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

1:30 **SK** ABIGAIL'S DEVOTIONS 2:30 **BR** RUTH ON THE PIANO

6:00 SK Classic Movies & Musicals

10:15 BR Good News & Chronicle

3:00 SK Balloon Games

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

3:30 **SK** Virtual Concerts

# Blue Room

# Around our **Community**

### **FALL DAYS**

Let's enjoy the season



WHO DO WE CELEBRATE?

WE CELEBRATE:

Bea P.'s Birthday

Saturday 18th

Ralph H.'s Birhday Thursday 30th

# LOCATION KEY

Sapphire Kitchen

Green Room

Outing