#### **UPCOMING COMMUNITY EVENTS**



Allegro at Sea: SPAIN October 23rd

Just like a cruise ship, we're bringing the excitement to you — no passport required! Get ready for a day filled with fun activities including lobby shopping, Bingo, and balloon volleyball with a twist that'll keep you laughing and moving. Finish the day with a Spain inspired "Captain's Dinner" and entertainment.

Join Us for the Atlanta Rich & Famous Tour October 27th

Departure Time: 10:00 AM

Tour Operator: Jim Howe Tour & Lunch Outing

Experience the glamour and history of Atlanta on a guided journey through the city's most prestigious neighborhoods.

We'll wrap up the day with a festive lunch at the famous Six Feet Under Restaurant—the perfect spot to celebrate the "spooky" season in style! Be sure to sign up for this fun outing!

## BEN'S WORKSHOP 10/30 @ 1:30PM

#### **PUMPKIN DECORATING**

Come join us for a relaxing and festive afternoon as we decorate individual pumpkins with Ben to put on display and enter the "Best Pumpkin" contest!

\* Sip on a warm cup of cider, enjoy some fresh-baked cookies, and share some laughs while getting creative with your pumpkin.

\*No experience needed—just bring your smile and enjoy the season together!

We'd love to see you there!

### **Alto Johns Creek**

10595 Medlock Ridge Rd Johns Creek, GA 30097 (678) 336-5112







# October 2025

# Sunday



9:30 GYM Gentle Stretching 10:30 GAT Catholic Service by St. Benedict Church 10:30 **TH** Perimeter Church Live Stream

1:30 **LNG** Game: Rummikub 2:30 **TH** Movie: Redeeming Love (PG-13)

4:00 LB Word Search Puzzle

## 12

9:30 GYM Gentle Stretching 10:15 **TH** First Baptist Atlanta Live Stream 10:30 GAT Catholic Service by St.

Benedict Church 1:30 LNG Game: Rummikub 2:30 **TH** Movie: The Forge (PG-13)

4:00 LB Word Search Puzzle

## 19

9:30 GYM Gentle Stretching 10:30 GAT Catholic Service by St. Benedict Church 10:30 **TH** Perimeter Church Live

Stream 1:30 LNG Game: Rummikub

2:30 TH Movie: Radio (PG)

4:00 LB Word Search Puzzle

#### 26

9:30 GYM Gentle Stretching 10:15 **TH** First Baptist Atlanta Live Stream

10:30 GAT Catholic Service by St. Benedict Church

1:30 LNG Game: Rummikub

2:30 **TH** Movie: Stand by Me (PG)

4:00 LB Word Search Puzzle

## Monday

# Tuesday

## **Alto Johns Creek**

10595 Medlock Ridge Rd Johns Creek, GA 30097 (678) 336-5112

www.allegroliving.com/communities/johns-creek-ga

10:00 GYM Fit & Fun with Lifestyle 11:00 **GAT** Tech Time 1:30 LNG Game: Pong Your Out!

2:30 GAT Resident Council Meeting 4:00 **GR** Game Club - Yahtzee

6:30 **TH** Movie: Still Alice (PG-13)

#### 13

10:00 GYM Fit & Fun with Lifestyle 11:00 GAT Tech Time 2:00 GAT Intro to Water Color Class

w/Parker

4:00 GR Game Club - Chicken Foot

6:30 **TH** Movie: Good Sam (PG)

#### 20

10:00 **GYM** Fit & Fun with Lifestyle 11:00 GAT Tech Time 1:30 GAT Ben's Workshop: Pumpkins

4:00 **GAT** New Resident Orientation 6:30 TH Movie: A Dog's Way Home

(PG)

#### 27

9:30 LOB ATL Rich & Famous Tour with Jim Howe

4:00 GR Game Club - Chicken Foot 6:30 **TH** Movie: We Have a Ghost (PG-13)

10:00 GYM Fitness with Colleen 11:00 LB Words In A Word 1:30 GAT Buttons & Batter 4:00 GAT Lifestyle Activities Planning Meeting 6:30 TH Movie: The Walk (PG)

### 14

10:00 GYM Fitness with Colleen 11:00 LB Words In A Word 1:30 **GAT** Buttons & Batter 3:00 DR Chef Talk & Info with Aaron

6:30 TH Movie: YES Day (PG)

10:00 GYM Fitness with Colleen 11:00 LB Words In A Word 1:30 GAT Buttons & Batter 3:30 GAT Right Brain vs Left Brain 6:30 **TH** Movie: Home Team (PG)

#### 28

21

10:00 GYM Fitness with Colleen 11:00 LB Words In A Word 1:30 GAT Buttons & Batter 3:30 LNG A Perfect "Ten" 6:30 **TH** Movie: Hubie Halloween (PG-13)

## Wednesday

#### 1

9:30 LOB Shopping: Publix & Dollar 11:00 **GAT** Do-Re-Mi Hot Potato

1:30 **LOB** Department Store: Forum 4:00 **LB** Midweek Mingle with Craig Gleason

6:30 **TH** Movie: Daddy's Home 1 (PG-13)

## 8

9:30 LOB Shopping: LIDL 11:00 **GAT** Do-Re-Mi Hot Potato 11:30 LOB Lunch Bunch Outing: Hibachi Grill

4:00 LB Midweek Mingle with Rockin

6:30 **TH** Movie: Midway (PG-13)

#### 15

9:30 **LOB** Shopping: Publix & Target 11:00 GAT Do-Re-Mi Hot Potato 1:30 **LOB** Department Store 4:00 LB Midweek Mingle Memory Ln 6:30 **TH** Movie: The Guernsev

#### 22

9:30 **LOB** Shopping: Walmart 11:00 **GAT** Do-Re-Mi Hot Potato 11:30 LOB Lunch Bunch - Chick-Fil-A 2:30 **LOB** Smile Your Way to Health 4:00 LB Midweek Mingle with Alan Weisenberg 6:30 **TH** Movie: Tower Heist (PG-13)

#### 29

9:30 LOB Shopping: LIDL Grocery 11:00 **GAT** Do-Re-Mi Hot Potato 2:00 TH Info Quest: The Singing Stutterer

4:00 LB Midweek Mingle with Paula 6:30 **TH** Movie: The Curse of Bridge

Hallow (PG-13)

# Thursday

10:00 **GYM** Fitness with Colleen 10:30 **GAT** Bible Study 1:30 LNG Balloon Volleyball 2:30 GAT B-I-N-G-0 4:00 **GAT** How will the story end? 6:30 **TH** Movie: Daddy's Home 2 (PG-13)

10:00 GYM Fitness with Colleen 10:30 GAT Bible Study 1:30 LNG Balloon Volleyball 2:30 GAT B-I-N-G-0 4:00 **GAT** How will the story end? 6:30 **TH** Movie: Shirley (PG-13)

#### 16

10:00 GYM Fitness with Colleen 10:30 GAT Bible Study 1:30 LNG Balloon Volleyball 1:30 LOB John's Creek United Methodist Outing 2:30 GAT B-I-N-G-0 3:30 GAT Faux Oil Painting 6:30 **TH** Mystery Movie: The Thursday Murder Club (PG-13)

#### 23 Allegro at Sea: SPAIN 10:00 GYM Fitness with Colleen

10:30 GAT Bible Study 1:00 LOB All aboard! Cruise Vendor Shopping

1:30 LNG Balloon Volleyball 4:00 **GAT** B-I-N-G-0: Spain

5:00 **DR** Captain's Dinner with Entertainment

#### 30

10:00 GYM Fitness with Colleen 10:30 GAT Bible Study 1:30 LNG Balloon Volleyball 2:30 GAT B-I-N-G-0 4:00 **GAT** How will the story end? 6:30 **TH** Movie: Ghost Busters (PG-13)

# Friday

#### 3

10:00 LB Coffee & Conversation 11:00 LB Junk Drawer Detective 1:30 GAT Breath & Relaxation with Marissa 2:15 GAT Book Club: Chicken Soup for the Soul 3:15 **LOB** Alto Local Vocals 4:30 LNG Word Search

6:30 **TH** Movie: Fletch (PG)

#### 10

10:00 LB Coffee & Conversation 11:00 LB Junk Drawer Detective 2:15 GAT Book Club: Chicken Soup for the Soul 3:15 LOB Alto Local Vocals 4:30 LNG Word Search 6:30 **TH** Movie: Holiday in the Wild

#### 17

10:00 LB Coffee & Conversation 11:00 LB Junk Drawer Detective 1:30 **GAT** Breath & Relaxation with Marissa 2:15 GAT Book Club: Chicken Soup for the Soul 3:15 LOB Alto Local Vocals 4:30 **LNG** Word Search

6:30 **TH** Movie: Penguin Lessons

## 24

10:00 LB Coffee & Conversation 11:00 LB Junk Drawer Detective 2:15 GAT Book Club: Chicken Soup for the Soul 3:15 **LOB** Alto Local Vocals 4:30 LNG Word Search 6:30 TH Movie: Vicky and Her Mystery (PG-13)

## 31

10:00 LB Coffee & Conversation 11:00 LB Junk Drawer Detective 1:30 GAT Breath & Relaxation with Marissa 2:15 GAT Book Club: Chicken Soup for the Soul 3:15 LOB Alto Local Vocals 4:30 **LNG** Word Search

6:30 TH Movie: Beetlejuice (PG-13)

# Saturday

#### 4

10:30 GYM 15-Min Gentle Chair Exercise/Improved Health 11:00 LB October Cranium Crunches 1:00 **LOB** Afternoon Walking Club 1:30 GAT Adult Colorist Zen 2:30 **TH** Film Doc: Secrets of the Saggara Tomb (PG) 4:00 **GR** Game Club: Resident Choice

#### 11

10:30 GYM 15-Min Gentle Chair Exercise/ Improved Health 11:00 **LB** October Cranium Crunches 1:00 LOB Afternoon Walking Club 1:30 GAT Adult Colorist Zen 2:00 LNG Northview Chamber Music 3:30 **TH** Film Doc: Secrets of the Neanderthals (PG) 4:00 **GR** Game Club: Resident Choice

#### 18

10:30 GYM 15-Min Gentle Chair Discover how to find and Exercise/Improved Health open games already installed 11:00 LB October Cranium Crunches on vour phone—or download 1:00 LOB Afternoon Walking Club new ones safely from the 1:30 GAT Adult Colorist Zen app store. 2:30 **TH** Film Doc: Shark Whisperer Whether you're using a 4:00 **GR** Game Club: Resident Choice phone, tablet, or computer. Tech Time is here to make it

## 25

10:30 GYM 15-Min Gentle Chair Exercise/ Improved Health 11:00 LB October Cranium Crunches 1:00 LOB Afternoon Walking Club 1:30 GAT Adult Colorist Zen 2:30 **TH** Film Doc: Millionaire (TV-14) 4:00 **GR** Game Club: Resident Choice

## Lobby LOB

all a little easier and a lot

LOCATION

KEY

Around our

**Community** 

**Tech Time** 

Mondays 11:00 -12:00

Tech Time is your go-to

guide for learning the basics

about everyday technology.

Whether you're just getting

started or want to feel more confident using your devices,

we're here to help with simple, easy-to-understand

\*What is the Internet?

\*Where to look for

\*What's an emoji?

\*What's an icon?\*

information

Gather Room GAT

more fun!

Lounge Bistro

TH Theater

GYM Gym

LNG Lounge

Game Room

**DR** Dining Room



# October 2025

2

Thursday

10:00 A Chair-ish Your Health

10:30 AT The Chatter & 00D

3:00 AT Card Games & More

4:00 AT Hidden Picture Puzzle

10:00 A Chair-ish Your Health

10:30 AT The Chatter & QOD

3:00 AT Card Games & More

4:00 AT Hidden Picture Puzzle

10:00 A Chair-ish Your Health

10:30 AT The Chatter & QOD

3:00 AT Card Games & More

4:00 AT Hidden Picture Puzzle

11:00 AT Let's Paint!

2:30 A Spelling Bee

1:30 AT Bingo

11:00 AT Let's Paint!

2:30 A Spelling Bee

1:30 AT Bingo

16

11:00 AT Let's Paint!

2:30 A Spelling Bee

1:30 AT Bingo

# Sunday



#### 10:00 LR Sunday Service Livestream 10:30 AT Color Me Calm

11:00 CY Weekend Walking Club

1:30 A Big Ball Bowling 2:30 LR Movie & Popcorn

3:30 A Toss 'n Talk-About

4:00 LR Devotional Music Hour

#### 12

10:00 LR Sunday Service Livestream 10:30 AT Color Me Calm

11:00 CY Weekend Walking Club

1:30 A Big Ball Bowling

2:30 LR Movie & Popcorn 3:30 A Toss 'n Talk-About

4:00 LR Devotional Music Hour

## 19

26

10:00 LR Sunday Service Livestream 10:30 AT Color Me Calm

11:00 CY Weekend Walking Club 1:30 **A** Big Ball Bowling

2:30 LR Movie & Popcorn

3:30 A Toss 'n Talk-About

4:00 LR Devotional Music Hour

Birthday - Mala Nemi 10:00 LR Sunday Service Livestream

10:30 AT Color Me Calm 11:00 CY Weekend Walking Club

1:30 **A** Big Ball Bowling

2:30 LR Movie & Popcorn

3:30 A Toss 'n Talk-About

4:00 LR Devotional Music Hour

Monday

Tuesday

## **Alto Johns Creek**

10595 Medlock Ridge Rd Johns Creek, GA 30097 (678) 336-5112

www.allegroliving.com/communities/johns-creek-ga

13

20

27

10:00 CY Chair-ish Your Health 10:30 A The Chatter & 00D

11:00 AT Bingo - Earn Bingo Bucks!

1:30 AT Jigsaw Puzzle

3:30 AT Brain Games

1:30 AT Jigsaw Puzzle

3:30 AT Brain Games

4:00 A Word Search & Word Games

10:00 CY Chair-ish Your Health

10:00 CY Chair-ish Your Health

11:00 AT Bingo - Earn Bingo Bucks!

4:00 A Word Search & Word Games

10:30 A The Chatter & QOD

1:30 **AT** Jiqsaw Puzzle

3:30 AT Brain Games

11:00 AT Bingo - Earn Bingo Bucks!

4:00 A Word Search & Word Games

10:30 A The Chatter & QOD

1:30 AT Jigsaw Puzzle

3:30 AT Brain Games

4:00 A Word Search & Word Games

10:00 A Chair-ish Your Health

10:30 **A** The Chatter & QOD 11:00 AT Tricky Trivia Tuesdays'

1:30 AT UNO! Card Game

2:30 **D** Lemonade & Laughter

3:00 A Reminisce Scenic Drive

4:00 A Balloon Volleyball

10:00 CY Chair-ish Your Health 10:30 A The Chatter & 00D

10:00 A Chair-ish Your Health 11:00 AT Bingo - Earn Bingo Bucks!

11:00 **AT** Tricky Trivia Tuesdays'

1:30 AT UNO! Card Game

4:00 A Balloon Volleyball

# 14

10:30 **A** The Chatter & QOD

2:30 **D** Lemonade & Laughter

3:00 A Reminisce Scenic Drive

#### 21

10:00 A Chair-ish Your Health

10:30 **A** The Chatter & QOD

11:00 AT Tricky Trivia Tuesdays' 1:30 AT UNO! Card Game

2:30 **D** Lemonade & Laughter

3:00 A Reminisce Scenic Drive

4:00 A Balloon Volleyball

#### 28

10:00 A Chair-ish Your Health

10:30 **A** The Chatter & 00D 11:00 **AT** Tricky Trivia Tuesdays'

1:30 AT UNO! Card Game

2:30 **D** Lemonade & Laughter 3:00 A Reminisce Scenic Drive

4:00 A Balloon Volleyball

# Wednesday

10:00 A Chair-ish Your Health 10:30 LR The Chatter & QOD

11:15 A Circle Kickball

1:30 **D** Cooking Chrisma: Sugar Cookies

2:30 **D** Snackin' & Yakkin'

3:30 LR Midweek Mix & Mingle

## 8

10:00 A Chair-ish Your Health 10:30 LR The Chatter & QOD

11:15 A Circle Kickball

1:30 **D** Cooking Chrisma: Sugar Cookies

2:30 **D** Snackin' & Yakkin'

3:30 LR Midweek Mix & Mingle

## 15

22

29

10:00 A Chair-ish Your Health 10:30 LR The Chatter & QOD

11:15 A Circle Kickball

1:30 **D** Cooking Chrisma: Sugar Cookies

2:30 D Snackin' & Yakkin'

3:30 LR Midweek Mix & Mingle

10:00 A Chair-ish Your Health

1:30 **D** Cooking Chrisma: Sugar

3:30 LR Midweek Mix & Mingle

10:00 A Chair-ish Your Health

1:30 **D** Cooking Chrisma: Sugar

3:30 LR Midweek Mix & Mingle

10:30 LR The Chatter & QOD

Cookies

2:30 **D** Snackin' & Yakkin'

11:15 A Circle Kickball

10:30 **LR** The Chatter & QOD

Cookies

2:30 D Snackin' & Yakkin'

11:15 A Circle Kickball

23 10:00 A Chair-ish Your Health 10:30 AT The Chatter & 00D

11:00 AT Let's Paint! 1:30 AT Bingo

2:30 A Spelling Bee 3:00 AT Card Games & More

4:00 AT Hidden Picture Puzzle

## 30

10:00 A Chair-ish Your Health 10:30 AT The Chatter & QOD

11:00 AT Let's Paint!

1:30 AT Bingo

2:30 A Spelling Bee 3:00 AT Card Games & More

# 4:00 AT Hidden Picture Puzzle

# Friday

## 3

10:00 A Chair-ish Your Health

10:30 D The Chatter & QOD

11:00 **LR** Music Appreciation: 1:30 AT Bingo - Earn Bingo Bucks

2:30 **D** Springtime Tea Party

3:30 A Math Minds

4:00 **D** Five O' Clock Fizz

#### 10

17

24

10:00 A Chair-ish Your Health

10:30 **D** The Chatter & QOD

11:00 **LR** Music Appreciation:

1:30 AT Bingo - Earn Bingo Bucks 2:30 **D** Springtime Tea Party

3:30 A Math Minds

4:00 **D** Five O' Clock Fizz

10:00 A Chair-ish Your Health

10:30 **D** The Chatter & QOD

11:00 **LR** Music Appreciation:

2:30 **D** Springtime Tea Party

4:00 **D** Five O' Clock Fizz

10:00 A Chair-ish Your Health

10:30 D The Chatter & QOD

11:00 LR Music Appreciation:

2:30 **D** Springtime Tea Party

4:00 **D** Five O' Clock Fizz

10:00 A Chair-ish Your Health

10:30 **D** The Chatter & QOD

11:00 **LR** Music Appreciation:

4:00 **D** Five O' Clock Fizz

3:30 A Math Minds

1:30 AT Bingo - Earn Bingo Bucks 2:30 **D** Springtime Tea Party

3:30 A Math Minds

1:30 AT Bingo - Earn Bingo Bucks

3:30 A Math Minds

1:30 AT Bingo - Earn Bingo Bucks

## 18

9:30 A Chair-ish Your Health

Saturday

9:30 A Chair-ish Your Health

10:00 **AT** Gentle Touch Therapy

1:30 LR Wheel Of Fortune

3:30 A Crossword Puzzles

4:00 LR Classical Concert

9:30 A Chair-ish Your Health

10:00 **AT** Gentle Touch Therapy

1:30 LR Wheel Of Fortune

3:30 A Crossword Puzzles 4:00 LR Classical Concert

11:00 AT Table Games with Friends

2:30 **D** Courtyard Conversations

11:00 AT Table Games with Friends

2:30 **D** Courtyard Conversations

4

11

10:00 AT Gentle Touch Therapy 11:00 AT Table Games with Friends

1:30 LR Wheel Of Fortune

2:30 **D** Courtyard Conversations 3:30 A Crossword Puzzles

4:00 LR Classical Concert

#### 25

9:30 A Chair-ish Your Health

10:00 AT Gentle Touch Therapy 11:00 AT Table Games with Friends

1:30 LR Wheel Of Fortune

2:30 **D** Courtyard Conversations 3:30 A Crossword Puzzles

Нарру

4:00 LR Classical Concert

MC Activities

MC Living Room 1

MC Dining

MC Activity Tables

MC Court Yard

# Around our **Community**

#### Welcome, October

It's officially fall, and we're excited to welcome the crisp air, cozy sweaters, and colorful leaves that come with October! Here in Ensemble, we're embracing all the season has to offer with warm smiles, engaging activities, and festive fun.

Did you know October's name comes from the Latin word octo, meaning eight? That's because it used to be the eighth month in the old Roman calendar!

October is also full of celebrations—like Halloween. of course—but also National Pumpkin Day (October 26) and even National Cookie Month. So don't be surprised if you catch a whiff of something sweet baking in the kitchen!

We're looking forward to a month of laughter, music, crafts, and connection. Here's to a joyful October!

# LOCATION KEY