

UPCOMING COMMUNITY EVENTS



Here at Allegro We Never Stop Learning & Teaching!
Allegro Harrington Park Welcomes You to
Join our Virtual Learning College Courses
with Bergen Community College
“The History of Art”
Thursdays mornings in October!



Happy Halloween!
Allegro’s Annual Halloween Bash
Friday, October 31st @ 3pm
Eat, Drink and be Spooky!
You will have a fa-boo-lous time!

DON’T MISS THESE EVENTS!

- October 2nd from 3:00 to 4:00|Health Pro Discovery Series w/ Amy
- October 5th from 12:30 to 3:00|Bergen Pac Orchestra Symphony Performance- Trip
- October 6th from 2:00 to 3:30| Opera Appreciation with Joe Lawliss
- October 8th from 3:00 to 4:00|Big Bingo Bash in the Bistro
- October 22nd from 8:00 to 8:00|Allegro at Sea in Spain
- October 31st from 3:00 to 4:00|Allegro’s Annual Halloween Bash

Allegro in Harrington Park
200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

OCTOBER 2025



WHAT’S INSIDE

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Social Calendar

Pg 4
Upcoming Events + News

“WISHING YOU A HALLOWEEN FULL OF TREATS AND SPOOKY ADVENTURES”



Sunday



5 Bergen Pac Play Trip
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Mod Podge Crafting
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Sunday Football Social
8:00 **T** Movie Musicals

12
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Bottle Painting w/ Cindy
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Sunday Football Social
8:00 **T** Movie Musical

19
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:15 **T** Art History Lecture
11:15 **ACT** Flower Arranging w/ Laura
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **ACT** Wheel of Fortune Game
3:30 **PTH** Football Social Hour
8:00 **T** Movie Musicals

26
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Sunday Football Social
3:30 **AS** Halloween Craft
8:00 **T** Movie Classics

Monday

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6
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
11:30 **AS** Watercolor Fall Art
1:00 **BC** Knit Wits Club
2:00 **T** Opera Appreciation w/Joe
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

13
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **ACT** IL Resident Council
1:00 **BC** Knit Wits Club
2:00 **AS** Sketch Art
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

20
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **AS** Therapeutic Arts
2:00 **T** Opera Appreciation
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

27
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
2:00 **AS** Pastel Art Class
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

Tuesday

7
9:30 **Bus** Post Office & Bank Outing
10:00 **L** Word Games w/ Cindy
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
11:30 **T** Historian Live Lecture
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Food Forum
2:00 **GR** Poker
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

14
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **T** Lecture w/ Paul White
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **GR** Poker
2:00 **AS** Jewelry Making Class
2:15 **PTH** Readers Rendezvous
3:30 **PTH** Sunset Stretch
8:00 **T** Movie Night- Resident Pick

21
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
11:30 **AS** Birdhouse Painting
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Lifestyle Committee
2:00 **GR** Poker
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

28
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **AS** Origami Art Class
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **T** Live Lecture w/ Paul R
2:00 **GR** Poker
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

Wednesday

1
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Comedy

8 Big Bingo Bash!
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:30 **T** Music w/ Bonnie
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
3:00 **B** Big Bingo Bash
3:30 **PTH** Social Hour
8:00 **T** Movie Action

15
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:00 **B** Monthly Birthday Bash
8:00 **T** Movie Comedy

22 Allegro at Sea
10:00 **P** A La Taza Bar
10:30 **ACT** Spanish Zumba w/ Tammie
11:30 **ACT** Soccer Challenge w/ Joe
12:00 **B** Cooking Demo in Barcelona
1:45 **T** Virtual Tour of Spain
2:00 **GR** Mahjong w/ Michelle
2:00 **PTH** Spanish Wines & Tapas
3:30 **AS** Making Spanish Flower Crowns
7:00 **PTH** Sangria Bar & Live Music

29 Dinner at Armando's
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Meet New Resident Social
8:00 **T** Movie Comedy

Thursday

2 Yom Kippur
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:45 **T** Bergen Community College History Class
11:30 **AS** Environmental Art Class
12:00 **Bus** Riverside Square Mall
2:30 **BC** Writer's Group
3:00 **ACT** HealthPro Discovery w/ Amy
3:30 **PTH** Mind-Body Exercise
8:00 **T** Documentary Film

9
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:45 **T** College Art History Course
11:00 **Bus** Pumpkin Picking Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **BC** Writer's Group
3:30 **PTH** Mind-Body Exercise
3:30 **ACT** Crossword Fun w/ Joe
8:00 **T** Evening Musical

16
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:45 **T** College History Course
11:15 **AS** Cindy's Sip & Paint
12:00 **Bus** The Cheesecake Factory
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **BC** Writer's Group
3:30 **PTH** Mind-Body Exercise
7:00 **PTH** Evening Concert Show

23
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:45 **T** College History Course
11:00 **Bus** Casino Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **ACT** AL Resident Council
2:30 **BC** Writer's Group
3:30 **PTH** Mind-Body Exercise
8:00 **T** Documentary Film

30
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:45 **T** College History Course
12:00 **Bus** Grissini's Restaurant
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **BC** Writer's Group
3:30 **PTH** Mind-Body Exercise
3:30 **ACT** Girl Scouts Visit!
8:00 **T** Movie Action

Friday

3
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:15 **ACT** You be the Judge
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

10
10:00 **PTH** Reviewing the News w/ Joe
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Wine & Cheese Social
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

17
10:00 **PTH** Reviewing the News w/ Joe
10:30 **ACT** Strength & Fitness
11:30 **ACT** Tech Lessens w/ Joe
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

24
10:00 **PTH** Reviewing the News w/ Joe
10:30 **ACT** Strength & Fitness
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Champagne Party
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

31 Halloween!
10:00 **PTH** Reviewing the News w/ Joe
10:30 **ACT** Strength & Fitness
11:30 **L** Allegro Book Club Meets
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:00 **B** Allegro Halloween Bash
3:15 **ACT** Yoga with Mimi
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

Saturday

4
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:00 **Bus** PM Shopping Shuttle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Classical Symphony Show

11
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:30 **Bus** PM Shopping Shuttle
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Theater

18
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:00 **Bus** PM Shopping Shuttle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

25
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:00 **Bus** PM Shopping Shuttle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Concert



Around our Community

Hello October!

Monthly Observances

Breast Cancer Awareness Month

National Physical Therapy Month

National Learning & Developing Month

Special Days

10.2 Yom Kippur

10.5 National Get Funky Day

10.22 Allegro at Sea in Spain

10.24 National Champagne Day

10.31 Halloween!

Yoga w/ Mimi- Mondays & Fridays @ 3:15pm

Walking Club- Mondays/Wednesdays

LCR- Mondays & Thursdays

All Activities are Subject to Change

LOCATION KEY

- PTH** Penthouse Pub
- ACT** Activity Room
- B** Bistro
- ML** Meet in Lobby
- T** Theater
- GR** Game Room
- P** Pool
- AS** Art Studio
- Bus** Bus Trip
- BC** Business Center



Sunday



- 5**
- 10:00 **CR** Virtual Catholic Mass
 - 11:00 **LR** Therapeutic Arts
 - 11:30 **P** Gentle Stretching w/ Anne
 - 2:00 **CR** Calm Breathing Bubble
 - 2:30 **P** Snack N’ Chat
 - 2:45 **LR** Affirmation Nation
 - 3:30 **LR** Today in History Trivia
 - 4:00 **LR** Bingo
 - 6:00 **LR** Concert Series

- 12** Happy Birthday Joan
- 10:00 **CR** Virtual Catholic Mass
 - 11:00 **LR** Therapeutic Arts
 - 11:30 **P** Gentle Stretching w/ Anne
 - 2:00 **CR** Calm Breathing Bubble
 - 2:30 **P** Snack N’ Chat
 - 2:45 **LR** Joan’s Birthday Bash
 - 3:30 **LR** Today in History Trivia
 - 4:00 **LR** Bingo
 - 6:00 **LR** Concert Series

- 19**
- 10:00 **CR** Virtual Catholic Mass
 - 11:00 **LR** Therapeutic Arts
 - 11:30 **P** Gentle Stretching w/ Anne
 - 2:00 **CR** Calm Breathing Bubble
 - 2:30 **P** Snack N’ Chat
 - 2:45 **LR** Affirmation Nation
 - 3:30 **LR** Today in History Trivia
 - 4:00 **LR** Bingo
 - 6:00 **LR** Concert Series

- 26**
- 10:00 **CR** Virtual Catholic Mass
 - 11:00 **LR** Therapeutic Arts
 - 11:30 **P** Gentle Stretching w/ Anne
 - 2:00 **CR** Calm Breathing Bubble
 - 2:30 **P** Snack N’ Chat
 - 2:45 **LR** Affirmation Nation
 - 3:30 **LR** Today in History Trivia
 - 4:00 **LR** Bingo
 - 6:00 **LR** Concert Series

Monday

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- 6** Happy Birthday Carol
- 10:00 **LR** Wheel of Fortune
 - 10:45 **LR** Rosary Group
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Gentle Yoga
 - 1:00 **O** Walk Around Allegro
 - 2:00 **LR** Afternoon Trivia
 - 2:30 **LR** Total Body Movement
 - 3:00 **LR** Sports Galore
 - 4:00 **LR** Bingo
 - 6:00 **LR** Coffee and Conversations

- 13**
- 10:00 **LR** Wheel of Fortune
 - 10:45 **LR** Rosary Group
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Gentle Yoga
 - 1:00 **O** Walk Around Allegro
 - 2:00 **LR** Afternoon Trivia
 - 3:00 **LR** Feel The Music
 - 4:00 **LR** Bingo
 - 6:00 **LR** Coffee and Conversations

- 20**
- 10:00 **LR** Wheel of Fortune
 - 10:45 **LR** Rosary Group
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Gentle Yoga
 - 1:00 **O** Walk Around Allegro
 - 2:00 **LR** Afternoon Trivia
 - 2:30 **LR** Total Body Movement
 - 3:00 **LR** Sports Galore
 - 4:00 **LR** Bingo
 - 6:00 **LR** Coffee and Conversations

- 27**
- 10:00 **LR** Wheel of Fortune
 - 10:45 **LR** Rosary Group
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Gentle Yoga
 - 1:00 **O** Walk Around Allegro
 - 2:00 **LR** Afternoon Trivia
 - 2:30 **LR** Total Body Movement
 - 4:00 **LR** Bingo
 - 6:00 **LR** Coffee and Conversations

Tuesday

- 7**
- 10:00 **LR** Let’s Talk
 - 10:30 **LR** Paper Crafting
 - 11:30 **LR** Total Body Movement
 - 1:30 **LR** Afternoon Stretch
 - 1:45 **Bus** Scenic Ride
 - 2:00 **LR** Cooking Class
 - 3:00 **LR** Float like a Balloon
 - 4:00 **P** Bingo
 - 6:00 **CR** Ensemble Singing Society

- 14**
- 10:00 **LR** Let’s Talk
 - 10:30 **LR** Paper Crafting
 - 11:30 **LR** Total Body Movement
 - 1:30 **LR** Afternoon Stretch
 - 2:00 **LR** Cooking Class
 - 2:00 **LR** Sip into Bliss
 - 3:00 **LR** Float like a Balloon
 - 4:00 **P** Bingo
 - 6:00 **CR** Ensemble Singing Society

- 21**
- 10:00 **LR** Let’s Talk
 - 10:30 **LR** Paper Crafting
 - 11:30 **LR** Total Body Movement
 - 1:30 **LR** Afternoon Stretch
 - 1:30 **Bus** Pumpkin Picking
 - 2:00 **LR** Cooking Class
 - 3:00 **LR** Float like a Balloon
 - 4:00 **P** Bingo
 - 6:00 **CR** Ensemble Singing Society

- 28**
- 10:00 **LR** Let’s Talk
 - 10:30 **LR** Paper Crafting
 - 11:30 **LR** Total Body Movement
 - 1:30 **LR** Afternoon Stretch
 - 2:00 **LR** Cooking Class
 - 2:00 **LR** Sip into Bliss
 - 3:00 **LR** Float like a Balloon
 - 4:00 **P** Bingo
 - 6:00 **CR** Ensemble Singing Society

Wednesday

- 1**
- 10:00 **LR** Price is Right
 - 11:00 **LR** Nature’s Art
 - 11:15 **LR** Balance & Strength Fitness
 - 1:00 **LR** Walking Club
 - 1:15 **P** Wellness Melodies
 - 2:15 **LR** Where Every Story Matters
 - 3:00 **CR** Let’s Bake
 - 3:30 **LR** Music for Joy
 - 4:15 **LR** Bingo
 - 6:00 **DR** Posi-ti-vi Tea

- 8**
- 10:00 **LR** Price is Right
 - 11:00 **LR** Nature’s Art
 - 11:15 **LR** Balance & Strength Fitness
 - 1:00 **LR** Walking Club
 - 1:15 **P** Wellness Melodies
 - 1:30 **LR** Beading 101
 - 2:15 **LR** The Passport Series
 - 3:00 **CR** Let’s Talk
 - 3:00 **LR** Let’s Rock &Roll
 - 4:15 **LR** Bingo

- 15**
- 10:00 **LR** Price is Right
 - 11:00 **LR** Nature’s Art
 - 11:15 **LR** Balance & Strength Fitness
 - 1:00 **LR** Walking Club
 - 1:15 **P** Wellness Melodies
 - 3:00 **CR** Let’s Talk
 - 3:30 **LR** Music for Joy
 - 4:15 **LR** Bingo
 - 6:00 **DR** Posi-ti-vi Tea

- 22** Allegro at Sea in Spain
- 10:00 **LR** Let’s talk: Spain
 - 11:00 **LR** Arts&Crafts:Abanico
 - 11:15 **LR** Let The Salsa Move You
 - 1:00 **LR** Walking Through Madrid
 - 1:15 **LR** Color Your World
 - 3:00 **LR** Feel The Musica
 - 4:00 **LR** DIY Sangria Bar
 - 4:15 **LR** Bingo
 - 6:00 **LR** Movie:The Mask of Zorro

- 29** Happy Birthday Dotty
- 10:00 **LR** Price is Right
 - 11:00 **LR** Nature’s Art
 - 11:15 **LR** Balance & Strength Fitness
 - 1:00 **LR** Walking Club
 - 1:15 **P** Wellness Melodies
 - 3:00 **CR** Dotty’s Birthday Bash
 - 3:30 **LR** Music for Joy
 - 4:15 **LR** Bingo
 - 6:00 **DR** Posi-ti-vi Tea

Thursday

- 2**
- 10:00 **LR** Let’s Talk
 - 11:00 **LR** Clay Date
 - 11:30 **LR** Calm Breathing Bubble
 - 2:00 **LR** Chapter’s Inc.
 - 2:30 **LR** Freestyle Workout
 - 2:45 **LR** Affirmation Nation
 - 3:00 **DR** Cooking Class
 - 3:30 **PTH** Sip, Share, and Connect
 - 4:15 **CR** Karaoke
 - 6:00 **CR** Life Long Learning

- 9**
- 10:00 **LR** Let’s Talk
 - 11:15 **LR** Total Body Fitness
 - 1:30 **P** Wellness Melodies
 - 2:00 **LR** Chapter’s Inc.
 - 2:30 **LR** Freestyle Workout
 - 2:45 **LR** Affirmation Nation
 - 3:00 **DR** Cooking Class
 - 3:30 **PTH** Sip, Share, and Connect
 - 4:15 **CR** Karaoke
 - 6:00 **CR** Life Long Learning

- 16**
- 10:00 **LR** Let’s Talk
 - 11:00 **LR** Clay Date
 - 11:30 **LR** Calm Breathing Bubble
 - 2:00 **LR** Chapter’s Inc.
 - 2:30 **LR** Freestyle Workout
 - 2:45 **LR** Affirmation Nation
 - 3:00 **DR** Cooking Class
 - 3:30 **PTH** Sip, Share, and Connect
 - 4:15 **CR** Karaoke
 - 6:00 **CR** Life Long Learning

- 23**
- 10:00 **LR** Let’s Talk
 - 11:15 **LR** Total Body Fitness
 - 1:30 **P** Wellness Melodies
 - 2:00 **LR** Sing Your Heart Out
 - 2:30 **LR** Freestyle Workout
 - 2:45 **LR** Affirmation Nation
 - 3:00 **LR** Feel The Music
 - 3:30 **PTH** Sip, Share, and Connect
 - 6:00 **CR** Life Long Learning

- 30**
- 10:00 **LR** Let’s Talk
 - 11:00 **LR** Clay Date
 - 11:30 **LR** Calm Breathing Bubble
 - 2:00 **LR** Chapter’s Inc.
 - 2:30 **LR** Freestyle Workout
 - 2:45 **LR** Affirmation Nation
 - 3:00 **DR** Cooking Class
 - 3:30 **PTH** Sip, Share, and Connect
 - 4:15 **CR** Karaoke
 - 6:00 **CR** Life Long Learning

Friday

- 3**
- 10:00 **LR** Storytelling 101
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Stay Fit, Stay Fabulous
 - 1:00 **LR** Music Therapy
 - 2:00 **LR** Fitness with HP
 - 2:30 **T** Fridays at the Movies
 - 3:00 **LR** Discover Your Inner Art
 - 4:15 **LR** You Name It! Pictionary
 - 4:30 **LR** Concert Series
 - 6:00 **CR** Virtual Shabbat Services

- 10**
- 10:00 **LR** Storytelling 101
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Stay Fit, Stay Fabulous
 - 2:00 **LR** Drum Fitness
 - 3:00 **LR** Dare To Be Creative
 - 3:30 **LR** Roll Another One
 - 4:15 **LR** You Name It! Pictionary
 - 4:30 **LR** Concert Series
 - 6:00 **CR** Virtual Shabbat Services

- 17**
- 10:00 **LR** Storytelling 101
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Stay Fit, Stay Fabulous
 - 1:00 **LR** Music Therapy
 - 2:00 **LR** Fitness with HP
 - 2:30 **T** Fridays at the Movies
 - 3:30 **LR** Roll Another One
 - 4:15 **LR** You Name It! Pictionary
 - 4:30 **LR** Concert Series
 - 6:00 **CR** Virtual Shabbat Services

- 24**
- 10:00 **LR** Storytelling 101
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Stay Fit, Stay Fabulous
 - 2:00 **LR** Drum Fitness
 - 2:30 **T** Fridays at the Movies
 - 3:00 **LR** Awaken Your Inner Artist
 - 4:15 **LR** You Name It! Pictionary
 - 4:30 **LR** Concert Series
 - 6:00 **CR** Virtual Shabbat Services

- 31**
- 10:00 **LR** Storytelling 101
 - 11:00 **LR** Crafting Corner
 - 11:30 **LR** Stay Fit, Stay Fabulous
 - 1:30 **P** Music Therapy
 - 2:00 **LR** Fitness with HP
 - 2:30 **T** Fridays at the Movies
 - 3:00 **LR** Unleash Your Inner Artist
 - 4:15 **LR** You Name It! Pictionary
 - 4:30 **LR** Concert Series
 - 6:00 **CR** Virtual Shabbat Services

Saturday

- 4**
- 10:00 **LR** Family Feud
 - 10:30 **LR** Paws & Relax
 - 11:00 **P** Nature’s Nurturers
 - 11:00 **LR** Inhale Wisdom
 - 1:15 **LR** Color Me Happy
 - 2:00 **LR** Jogging your Noggin
 - 3:00 **LR** Chair Yoga
 - 3:30 **LR** Bingo
 - 4:00 **CR** The Price is Right
 - 6:00 **LR** Concert Series

- 11**
- 10:00 **LR** Family Feud
 - 11:00 **P** Nature’s Nurturers
 - 11:00 **LR** Inhale Wisdom
 - 11:15 **LR** Manicure Madness
 - 1:15 **LR** Color Me Happy
 - 2:00 **LR** Jogging your Noggin
 - 3:00 **LR** Chair Yoga
 - 3:30 **LR** Bingo
 - 4:00 **CR** The Price is Right
 - 6:00 **LR** Concert Series

- 18**
- 10:00 **LR** Family Feud
 - 10:30 **LR** Paws & Relax
 - 11:00 **P** Nature’s Nurturers
 - 11:00 **LR** Inhale Wisdom
 - 1:15 **LR** Color Me Happy
 - 2:00 **LR** Jogging your Noggin
 - 3:00 **LR** Chair Yoga
 - 3:30 **LR** Bingo
 - 4:00 **CR** The Price is Right
 - 6:00 **LR** Concert Series

- 25**
- 10:00 **LR** Family Feud
 - 11:00 **P** Nature’s Nurturers
 - 11:00 **LR** Inhale Wisdom
 - 11:15 **LR** Manicure Madness
 - 1:15 **LR** Color Me Happy
 - 2:00 **LR** Jogging your Noggin
 - 3:00 **LR** Show Off Your Vocals
 - 3:30 **LR** Bingo
 - 4:00 **CR** The Price is Right
 - 6:00 **LR** Concert Series



Around our Community

Hot This Month

In The Know

- Breast Cancer Awareness Month
- National Cybersercurity Awareness Month
- National Liver Awareness Month

Special Days & Holidays

- Joan’s Birthday 10/12
- Dotty’s Birthday 10/29
- Halloween 10/31

In The Community

- Big BINGO Bash 10/8
- Ensemble goes Pumpkin Picking 10/21

Joke of the Month

Why is October the best month to play a joke on a leaf?

Because they fall for anything!

LOCATION KEY

- LR** Living Room
- P** Patio
- CR** iN2L Computer
- DR** Dining Room
- PTH** Penthouse Pub
- T** Theater
- O** Outdoors
- Bus** Bus Trip