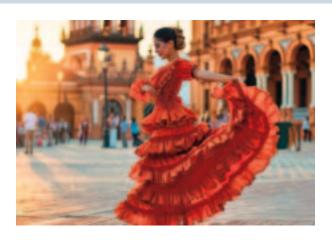
UPCOMING COMMUNITY EVENTS



SPAIN ADVENTURE AWAITS!

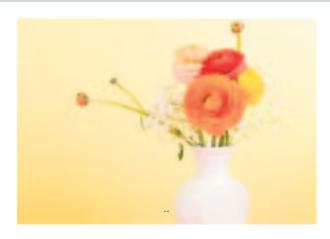
Join us October 23, for an unforgettable *Allegro At Sea* event as we set sail toward beautiful Spain! Get ready to experience vibrant culture and a taste of Mediterranean magic. Itinerary details will be shared as we get closer to our special day, so stay tuned. Pack your excitement and your sense of adventure—we can't wait to explore Spain!

HALLOWEEN PARTY + LIVE MUSIC

Join us for a thrilling night of fun at our Halloween Party on October 31! Enjoy live music that will keep the energy high and the dance floor full. Costumes are highly encouraged, so come dressed to impress—or scare! Whether you're a monster, mummy, or magical creature, it's your time to shine!



FLOWER ARRANGEMENTS - EVERY WEDNESDAY



Brighten your week with beautiful blooms! Join us Wednesdays for our Flower Arrangements sessions. Whether you're a seasoned floral enthusiast or a curious beginner, come explore the art of arranging fresh, seasonal flowers. All materials are provided—just bring your love for flowers and a smile!

Fort Lauderdale 1290 N. Federal Highway Fort Lauderdale, FL 33304 (954) 883-9903







October 2025

Sunday



10:00 L Local Church Shuttle 10:00 **OUT** Walking Club- Off Campus

11:15 **B** Coffee and Current Events

1:00 L Trip: Barnes & Noble 2:00 **B** Scoop of the Month

2:15 **T** Movie & Popcorn

3:00 **GR** Billiards and Board Games

3:30 Y 7umba Workout- All Levels

8:15 **T** Movie Night

12

10:00 L Local Church Shuttle 10:00 **OUT** Walking Club- Off Campus 11:15 **B** Coffee and Current Events 1:00 L Trip: Barnes & Noble 2:00 B Scoop of the Month

2:15 **T** Movie & Popcorn

3:00 **GR** Billiards and Board Games 3:30 Y Zumba Workout- All Levels

8:15 **T** Movie Night

19 10:00 L Local Church Shuttle

11:15 **B** Coffee and Current Events 1:00 L Trip: Barnes & Noble 1:00 P Alzheimer's Kick-Off Event 2:00 **B** Scoop of the Month 2:15 T Movie & Popcorn

10:00 **OUT** Walking Club- Off Campus

3:00 **GR** Billiards and Board Games 3:30 Y Zumba Workout- All Levels

8:15 **T** Movie Night

26

10:00 L Local Church Shuttle 10:00 **OUT** Walking Club- Off Campus 11:15 **B** Coffee and Current Events

1:00 L Trip: Barnes & Noble

2:00 **B** Scoop of the Month 2:15 **T** Movie & Popcorn

3:00 **GR** Billiards and Board Games 3:30 Y Zumba Workout- All Levels

8:15 T Movie Night

Monday

Tuesday

Fort Lauderdale

1290 N. Federal Highway Fort Lauderdale, FL 33304 (954) 883-9903

www.allegroliving.com/senior-living-fort-lauderdale.html

9:00 L Trip: CVS/Walgreens 10:00 CR Chair Yoga- All Levels

11:00 CR Crossword Puzzle

1:00 Y Zumba Workout- All Levels

2:15 **T** Movie & Popcorn 3:00 CR Big Money Bingo

4:00 **B** Social Hour

8:15 T Movie Night

13

9:00 L Trip: CVS/Walgreens 10:00 CR Chair Yoga- All Levels

11:00 CR Crossword Puzzle 1:00 Y Zumba Workout- All Levels

2:15 **T** Movie & Popcorn

3:00 CR Big Money Bingo

4:00 **B** Social Hour

8:15 **T** Movie Night

20

9:00 L Trip: CVS/Walgreens 10:00 CR Chair Yoga- All Levels

11:00 CR Crossword Puzzle

1:00 Y Zumba Workout- All Levels

2:15 **T** Movie & Popcorn 3:00 CR Big Money Bingo

4:00 **B** Social Hour

8:15 **T** Movie Night

27

9:00 L Trip: CVS/Walgreens 10:00 CR Chair Yoga- All Levels

11:00 CR Crossword Puzzle

1:00 Y Zumba Workout- All Levels

2:15 **T** Movie & Popcorn 3:00 CR Big Money Bingo

4:00 **B** Social Hour 8:15 **T** Movie Night

10:00 **CR** PT by Design Fitness Class

2:00 CR Activity Planning Meeting

2:30 **FA** Caregiver Support Group

3:00 **GR** Billiards and Board Games

10:00 **CR** PT by Design Fitness Class

3:00 **GR** Billiards and Board Games

10:00 **CR** PT by Design Fitness Class

11:00 **T** Estate Planning Workshop

3:00 GR Billiards and Board Games

10:00 **CR** PT by Design Fitness Class

3:00 **GR** Billiards and Board Games

11:00 CR Brain Power Hour

2:15 **T** Movie & Popcorn

5:00 **CR** Bridge- All Levels

11:00 CR Brain Power Hour

1:00 L Trip: Fresh Market

2:15 **T** Movie & Popcorn

5:00 **CR** Bridge- All Levels

1:00 CR Canasta

3:00 Y Gym Time

4:00 B Social Hour

8:15 **T** Movie Night

11:00 CR Resident Council

1:00 CR Brain Power Hour

2:15 **T** Movie & Popcorn

5:00 **CR** Bridge- All Levels

11:00 CR Brain Power Hour

1:00 L Trip: Fresh Market

2:15 **T** Movie & Popcorn

5:00 **CR** Bridge- All Levels

1:00 CR Canasta

3:00 Y Gvm Time

4:00 B Social Hour

8:15 **T** Movie Night

1:00 CR Canasta

3:00 Y Gvm Time

4:00 B Social Hour

1:00 CR Canasta

3:00 Y Gvm Time

4:00 B Social Hour

14

21

28

Wednesday

1

9:00 L Trip: Publix

10:00 **CR** Chair Yoga- All Levels 11:00 CR Words in a Word

1:00 **PD** Walking Club- Pool Deck

2:00 **B** Flower Arrangements 2:15 **T** Movie & Popcorn

3:00 CR Dominoes

4:00 B Social Hour 4:00 T Catholic Mass

7:00 **B** Karaoke Night

9:00 L Trip: Publix 10:00 **CR** Chair Yoga- All Levels

11:00 CR Words in a Word

1:00 **PD** Walking Club- Pool Deck

2:00 **B** Flower Arrangements 2:15 **T** Movie & Popcorn

3:00 CR Dominoes

4:00 B Social Hour

7:00 **B** Karaoke Night

8:15 **T** Movie Night

15

9:00 L Trip: Publix

10:00 **CR** Chair Yoga- All Levels 11:00 CR Words in a Word

1:00 PD Walking Club- Pool Deck

2:00 **B** Flower Arrangements 2:15 **T** Movie & Popcorn

3:00 CR Dominoes

4:00 **B** Social Hour

7:00 **B** Karaoke Night

8:15 **T** Movie Night

22

9:00 L Trip: Publix

10:00 **CR** Chair Yoga- All Levels 11:00 CR Words in a Word

1:00 PD Walking Club- Pool Deck

2:00 **B** Flower Arrangements 2:15 **T** Movie & Popcorn

3:00 CR Book Club

3:00 CR Dominoes

4:00 B Social Hour 7:00 **B** Karaoke Night

29

9:00 L Trip: Publix

10:00 **CR** Chair Yoga- All Levels 11:00 CR Words in a Word

1:00 PD Walking Club- Pool Deck 2:00 **B** Flower Arrangements

2:15 **T** Movie & Popcorn 3:00 **CR** Dominoes 4:00 B Social Hour

7:00 **B** Karaoke Night

8:15 **T** Movie Night

2:15 **T** Movie & Popcorn 3:00 CR Card Games Group

> 3:00 **CR** Big Money Bingo 3:00 Y Gvm Time

11:00 **CR** Trivia Challenge

4:00 **B** Happy Hour & Live Music

Thursday

10:00 **CR** PT by Design Fitness Class

4:00 **B** Happy Hour & Live Music

10:00 **CR** PT by Design Fitness Class

2:00 CR Cooking Demo w/Chef

11:00 **CR** Trivia Challenge

2:15 T Movie & Popcorn

3:00 CR Card Games Group

3:00 **CR** Big Money Bingo

6:00 **B** Rummikub Lesson

3:00 Y Gvm Time

8:15 **T** Movie Night

6:00 **B** Rummikub Lesson 8:15 **T** Movie Night

16

10:00 CR PT by Design Fitness Class 10:30 T Fraud Seminar- Jane N.

11:00 **CR** Trivia Challenge

2:15 **T** Movie & Popcorn 3:00 CR Card Games Group

3:00 **CR** Big Money Bingo

3:00 Y Gvm Time

4:00 **B** Happy Hour & Live Music 4:00 SK New Resident

Meet-and-Greet

23 Allegro At Sea - All Day 10:00 **CR** PT by Design Fitness Class

11:00 **CR** Trivia Challenge

1:30 **CR** Lecture: Positive Thinking

2:00 FA Cooking Demo w/Lifestyle 2:15 **T** Movie & Popcorn

3:00 CR Card Games Group 3:00 **CR** Big Money Bingo

3:00 **Y** Gvm Time

4:00 **B** Happy Hour & Live Music 6:00 B Rummikub Lesson

30

10:00 **CR** PT by Design Fitness Class 11:00 CR Trivia Challenge

2:15 **T** Movie & Popcorn 3:00 CR Card Games Group

3:00 CR Big Money Bingo 3:00 **Y** Gym Time

4:00 **B** Social Hour 6:00 **B** Rummikub Lesson 8:15 **T** Movie Night

Friday

3

10:00 **CR** Chair Yoga- All Levels 11:00 CR Resident Council

11:00 CR Spanish Lessons

1:00 CR Exercise Hour 1:30 CR Poker Games

2:15 **T** Movie & Popcorn

3:00 **B** Afternoon Tea 4:00 **B** Mahjong

4:00 B Social Hour 5:30 **TD** Shabbat

10:00 **CR** Chair Yoga- All Levels 11:00 **CR** Town Hall Meeting

11:00 CR Spanish Lessons

1:00 CR Exercise Hour 1:30 CR Poker Games

2:15 **T** Movie & Popcorn

3:00 **B** Afternoon Tea 4:00 **B** Mahiong

4:00 B Social Hour 5:30 TD Shabbat

17

10:00 **CR** Chair Yoga- All Levels

11:00 CR Spanish Lessons 1:00 CR Exercise Hour

1:30 CR Poker Games 2:15 T Movie & Popcorn

3:00 **B** Afternoon Tea

4:00 **B** Mahjong 4:00 B Social Hour

5:30 TD Shabbat 8:15 T Movie Night

10:00 **CR** Chair Yoga- All Levels

11:00 CR Spanish Lessons 1:00 CR Exercise Hour

1:30 CR Poker Games

1:30 CR Travel Series 2:15 T Movie & Popcorn

3:00 **B** Afternoon Tea 4:00 **B** Mahiong

4:00 **B** Birthday Celebration 5:30 **TD** Shabbat

10:00 **CR** Chair Yoga- All Levels 11:00 CR Spanish Lessons

1:00 CR Exercise Hour 1:30 CR Poker Games

2:15 **T** Movie & Popcorn 3:00 **B** Afternoon Tea

4:00 **B** Mahiong 4:00 B Halloween Party & Live Music

5:30 TD Shabbat

Saturday

4

10:00 L Trip: Trader Joe's & More 10:00 **B** Smoothie of the Month

11:00 CR Exercise Hour 12:30 OUT Lunch Outing

2:00 PD Jenga Tournament 2:15 **T** Movie & Popcorn

3:00 **B** Rummikub Games

3:00 CR Big Money Bingo 4:00 B Trivia in Bistro 8:15 **T** Movie Night

10:00 L Trip: Trader Joe's & More 10:00 **B** Smoothie of the Month

11:00 CR Exercise Hour

2:00 PD Jenga Tournament 2:15 **T** Movie & Popcorn

3:00 B Rummikub Games

3:00 CR Big Money Bingo 4:00 **B** Trivia in Bistro 8:15 **T** Movie Night

18

10:00 L Trip: Trader Joe's & More 10:00 **B** Smoothie of the Month

11:00 CR Exercise Hour 2:00 PD Jenga Tournament

2:15 **T** Movie & Popcorn 3:00 B Rummikub Games

3:00 CR Big Money Bingo 4:00 **B** Trivia in Bistro

8:15 **T** Movie Night

25

10:00 L Trip: Trader Joe's & More

10:00 **B** Smoothie of the Month 11:00 CR Exercise Hour

2:00 PD Jenga Tournament 2:15 **T** Movie & Popcorn

3:00 **B** Rummikub Games 3:00 CR Big Money Bingo

4:00 **B** Trivia in Bistro 8:15 **T** Movie Night



Around our **Community**

Welcome, October

Autumn has arrived, bringing a full calendar of fun at our community! October is packed with exciting activities you won't want to miss, from cozy crafts and seasonal movie nights to festive outings and fallthemed socials.

Stay in the Know

We'll be updating schedules and event details throughout the month, so please keep an eye on the digital signage around the community and check our mobile app regularly for the latest updates. It's the best way to stay informed and never miss a moment of the fun.

Let's make this October one to remember! We can't wait to see you at the events, enjoying everything the season has to offertogether.

LOCATION KEY

Meet in Lobby

Community Room

Pool Deck Bistro

Movie Theater

Yoqa/Exercise Room

The Tides TD

OUT Outing Game Room

FA Family Room



October 2025

Sunday



Monday

Fort Lauderdale

1290 N. Federal Highway Fort Lauderdale, FL 33304 (954) 883-9903

www.allegroliving.com/senior-living-fort-lauderdale.html

9:30 IS Virtual Church Service 10:30 IS Flex & Relax Class

11:00 **IS** Hobbies & Interests

1:00 AR Cheer For Your Team!

2:00 **D** Ice Cream Social

3:00 AR Group Word Games/Puzzles

4:00 AR Sing-a-Long Songs

6:00 AR Interactive Game w/ Talia

12

9:30 IS Virtual Church Service 10:30 IS Flex & Relax Class

11:00 IS Hobbies & Interests

1:00 AR Let's Get Physical!

2:00 **D** Ice Cream Social

3:00 AR Group Word Games/Puzzles

4:00 AR Fall Video Clips

6:00 AR Interactive Game w/ Talia

19

9:30 IS Virtual Church Service 10:30 IS Flex & Relax Class

11:00 IS Hobbies & Interests

1:00 **AR** Cheer For Your Team!

2:00 **D** Ice Cream Social

3:00 AR Group Word Games/Puzzles

4:00 **AR** Hokey Pokey

6:00 AR Interactive Game w/ Talia

10:30 **IS** Flex & Relax Class

11:00 IS Hobbies & Interests

1:00 AR Let's Get Physical!

2:00 **D** Ice Cream Social

3:00 AR Group Word Games/Puzzles

10:00 IS Chair Exercise

10:30 **IS** Interactive Games

11:30 **IS** Music Therapy

1:00 PD Indoor/Outdoor Walk

2:00 AR Coffee/Tea/Fall Cookies

3:00 AR Joggin Your Noggin 4:00 AR Video Clips, Dance Styles

6:00 AR Motivational Speaker

13

10:00 IS Chair Exercise 10:30 AR Pet Therapy w/ "Nelly"

11:30 **IS** Music Therapy

1:00 PD Indoor/Outdoor Walk

2:00 AR Fall Painting

3:00 AR Fall Pie Sampling

6:00 AR Motivational Speaker

4:00 AR Poetry Reading

20

27

10:00 **IS** Chair Exercise

10:30 **IS** Interactive Games

11:30 **IS** Music Therapy

1:00 **PD** Indoor/Outdoor Walk

2:00 AR Folding/Sorting Game

3:00 AR Joggin Your Noggin

4:00 AR Charades

6:00 AR Motivational Speaker

10:00 IS Chair Exercise

10:30 **IS** Interactive Games

11:30 **IS** Music Therapy

1:00 PD Indoor/Outdoor Walk

2:00 AR Folding/Sorting Game 3:00 AR Joggin Your Noggin

4:00 AR The Lawrence Welk Show

6:00 AR Motivational Speaker

9:30 TR Outdoor Time

10:30 IS Sit & Stretch

11:00 IS All About Succoth

1:00 AR Let's Get Physical!

2:00 AR Pokeeno for Chocolates

Tuesday

3:00 AR Board Games

4:00 AR Nature Video

6:00 IS Interactive Game w/ Talia

14

9:30 TR Outdoor Time

10:30 IS Sit & Stretch

11:00 IS Interactive Word Games

1:00 AR Let's Get Physical!

2:00 AR Arts-n-Crafts, Pumpkins

3:00 **AR** Table Games

4:00 AR What's Different?

6:00 IS Interactive Game w/ Talia

21

9:30 TR Outdoor Time

10:30 IS Sit & Stretch 11:00 **IS** Interactive Word Games

1:00 AR Let's Get Physical!

2:00 AR Bingo Time

3:00 AR Arts-n-Crafts, Leaves

4:00 **AR** Sing-a-Long Songs

6:00 IS Interactive Game w/ Talia

28

9:30 TR Outdoor Time

10:30 IS Sit & Stretch

11:00 **IS** Interactive Word Games

1:00 AR Let's Get Physical! 2:00 IS Wheel of Fortune

3:00 AR Arts-n-Crafts

4:00 AR Nature Videos 6:00 IS Interactive Game w/ Talia Wednesday

1

9:30 TR Outdoor Time

10:30 IS October Slide Show

11:30 AR Sit & Stretch 1:00 AR Let's Get Physical!

2:00 **T** Movie Theater Reserved

3:00 AR Fall Word Games

4:00 AR Sorting/Stacking Games 6:00 AR Eve. Activity w/ Eudene

8

9:30 TR Outdoor Time

10:30 AR Pet Therapy w/ "Sophie"

11:30 AR Sit & Stretch

1:00 AR Parachute Ball

2:00 AR Trivia Game on TV

3:00 AR Fall Collage 4:00 **QR** Reminiscing, Short Stories

6:00 AR Eve. Activity w/ Eudene

15

9:30 TR Outdoor Time

10:30 AR News & Views

11:30 AR Sit & Stretch

1:00 PD Outdoor Walk 2:00 AR Trivia Game on TV

2:00 T Movie Theater Reserved

4:00 AR Healthy Eating/Sleeping 6:00 AR Eve. Activity w/ Eudene

22 9:30 TR Outdoor Time

10:30 AR Pet Therapy w/ "Sophie"

11:30 AR Sit & Stretch 1:00 AR Music from the 60's

2:00 AR Hot Potato

3:00 **AR** Group Word Games 4:00 **QR** Reminiscing, Short Stories

6:00 AR Eve. Activity w/ Eudene

29

9:30 TR Outdoor Time

10:30 AR News & Views 11:30 AR Sit & Stretch 1:00 AR Comedy Classic

4:00 AR Group Crossword

2:00 AR Halloween Party w/ Wes 3:00 **AR** Halloween Coloring Poster

6:00 AR Eve. Activity w/ Eudene

Thursday

10:00 IS Sit & Stretch

10:30 IS All About Yom Kippur

11:30 **IS** Sing-a-Long Songs

1:00 AR Afternoon Movie 1:30 L Scenic Bus Ride

6:00 **IS** Evening Movie

2:30 LI Library Time 4:00 **B** Happy Hour w/ Live Music

10:00 IS Sit & Stretch

10:30 IS Interactive Games

11:30 **IS** Sing-a-Long Songs

1:00 AR Video Clips, Fall Weather 1:30 L Scenic Bus Ride

2:30 LI Library Time

4:00 **B** Happy Hour w/ Live Music 6:00 IS Evening Movie

16

10:00 IS Sit & Stretch

10:30 **IS** Interactive Games 11:30 **IS** Sing-a-Long Songs

1:15 L Ride by Pumpkin Patch 2:30 **D** Cooking Demo. w/ Chef

3:00 **LI** Library Time

4:00 **B** Happy Hour w/ Live Music 6:00 **IS** Evening Movie

23

10:00 IS Sit & Stretch

10:30 IS Travel to Spain 11:30 **IS** Flamenco Music

1:30 AR Arts-n-Crafts, Spain 2:30 AR Video Clips, Spain

3:30 AR Model Your Hat!

4:00 **B** Happy Hour w/ Live Music 6:00 **IS** Evening Movie

30

10:00 IS Sit & Stretch

10:30 **IS** Interactive Games 11:30 **IS** Halloween Music 1:00 AR Famous Art & Artists

1:30 L Scenic Bus Ride 2:30 **LI** Library Time

4:00 **B** Happy Hour w/ Live Music 6:00 **IS** Evening Movie

Friday

10:00 IS Chair Yoga

10:30 IS Travel Slide Show & Trivia

11:30 **TR** Outdoor Time/Reminiscing 1:00 AR Let's Get Physical!

2:00 **AR** The Family Feud 3:00 AR Hobbies & Interests

4:00 AR Journaling, Fall Memories 6:00 **IS** Virtual Jewish Service

10

3

10:00 IS Chair Yoga

10:30 IS Travel Slide Show & Trivia 11:30 TR Outdoor Time/Reminiscing

1:00 AR Let's Get Physical!

2:00 IS Interactive Games 3:00 **AR** Fall Coloring Poster

4:00 AR Big Band Music 6:00 **IS** Virtual Jewish Service

17

10:00 **IS** Chair Yoga 10:30 IS Travel Slide Show & Trivia

11:30 TR Outdoor Time/Reminiscing 1:00 AR Let's Get Physical!

2:00 AR Bingo Time 3:30 AR Hobbies & Interests

4:30 AR Video Clips, Nature 6:00 IS Virtual Jewish Service

24

10:00 IS Chair Yoga 10:30 IS Travel Slide Show & Trivia

11:30 **TR** Outdoor Time/Reminiscing 1:00 AR Let's Get Physical!

2:00 AR Karaoke Sing-a-Long 3:00 AR Pumpkin Craft

4:00 AR Hobbies & Interests 6:00 IS Virtual Jewish Service

31 10:00 IS Creaky Chair Yoga

10:30 IS Travel to Haunted Places 11:30 TR Outdoor Time/Reminiscing 1:00 AR Let's Get Physical!

3:30 AR Spooky Social 4:30 AR Haunted Word Game 6:00 IS Virtual Jewish Service

2:00 AR Halloween Bingo!

Saturday

4 9:30 TR Outdoor Time 10:30 **IS** Bible Study

4:00 AR Name The Gadget

9:30 TR Outdoor Time

11:30 **IS** Morning Stretch

1:00 AR Let's Get Physical!

3:00 AR Table Top Games

9:30 TR Outdoor Time

11:30 **IS** Morning Stretch

1:00 AR Let's Get Physical!

3:00 **AR** Table Top Games

9:30 TR Outdoor Time

11:30 IS Morning Stretch

1:00 AR Let's Get Physical!

3:00 AR Table Top Games

2:00 AR Movie Matinee, Musical

4:00 AR Relaxation Techniques

6:00 AR Dominoes Tournament

10:30 IS Bible Study

2:00 AR Movie Matinee, Musical

6:00 AR Dominoes Tournament

4:00 AR Folding/Sorting/Organizing

10:30 IS Bible Study

2:00 AR Movie Matinee, Musical

6:00 AR Dominoes Tournament

10:30 **IS** Bible Study

4:00 AR Mr. Bean

11

18

25

6:00 AR Dominoes Tournament

11:30 **IS** Morning Stretch Happy Birthday to: 1:00 AR Let's Get Physical!

Jane B.-10/11 2:00 AR Movie Matinee, Musical 3:00 AR Table Top Games

Jane M.-10/31

Babo L.-10/13

10/1 & 10/15

Entertainment w/ "Dre" 10/7

Around our

Community

October Happenings

Movie Theater Reserved

Bus Ride to Pumpkin Patch 10/16

Allegro At Sea-Spain

10/23

10/29

Halloween Party w/ Wes

Calendar Subject to Change

LOCATION KEY

Terrace TR

Interactive Screen

Activity Room

Meet in Lobby

Movie Theater

LI Library

Bistro

Demonstration Kitchen

Quiet Room

26 9:30 IS Virtual Church Service

4:00 **AR** Journaling

6:00 AR Interactive Game w/ Talia

PD Pool Deck