

UPCOMING COMMUNITY EVENTS

OKTOBERFEST

Friday, October 3rd
Celebrate Oktoberfest!
1:30 PM Oktoberfest Trivia
2:30 PM Oktoberfest Games
3:00 PM Oktoberfest Music
3:30 PM Oktoberfest Pretzel Bar

HALLOWEEN FAMILY DAY!

Saturday, October 25th
Join us for a Fun Filled Family Day!
2:00 PM Halloween Prize Bingo
3:00 PM Family Trick or Treat Party
Come in Your Best Costume!
Bring the Whole Family!



NEWS



ALZHEIMER’S BAKE SALE & WALK

October 15th
Come support our Bake Sale to
Benefit Alzheimer’s Research
October 19th
Walk to End Alzheimer’s
Join the Alto Team!
See the Front Desk for Information!

Evergreen Walk
1000 Cottonwood Ln
South Winsor, CT 06074
(860) 288-1699



FLOURISH

OCTOBER 2025



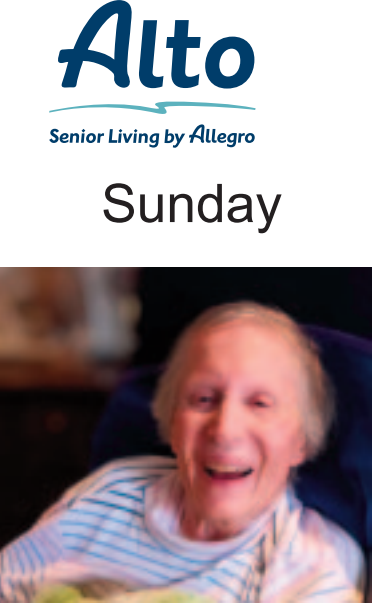
WHAT’S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

“LEAVE EVERY PLACE YOU GO, EVERYTHING YOU TOUCH, A LITTLE BETTER FOR
YOUR HAVING BEEN THERE.”

—JULIE ANDREWS



October 2025

Around our Community

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Evergreen Walk

1000 Cottonwood Ln
South Windsor, CT 06074
(860) 288-1699

www.allegroliving.com/communities/south-windsor-ct

5 Rhode Island Day

9:30 **BL** Morning News & Updates
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **PG** Leaf Peeking Garden Walk
1:30 FL Travelog: Rhode Island
2:00 **SL** Table Top Bowling Game
2:30 FL RI: Anchor Of Hope Art
3:30 **BL** Fidget Discovery/Sensory
4:00 **PG** Pre-Dinner Fresh Air Walk
5:30 **BL** After Dinner Jazz Music

12

9:30 **BL** Morning News & Updates
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **PG** Leaf Peeking Garden Walk
1:30 **FL** Aromatherapy & Music
2:00 **SL** Table Top Bowling Game
2:30 **BL** Mocktail Spritz & Sweets
3:30 **BL** Fidget Discovery/Sensory
4:00 **PG** Pre-Dinner Fresh Air Walk
5:30 **BL** After Dinner Jazz Music

19 Alzheimer's Walk

9:30 **BL** Morning News & Updates
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **PG** Leaf Peeking Garden Walk
1:30 **FL** Aromatherapy & Music
2:00 **SL** Table Top Bowling Game
2:30 **BL** Mocktail Spritz & Sweets
3:30 **BL** Fidget Discovery/Sensory
4:00 **PG** Pre-Dinner Fresh Air Walk
5:30 **BL** After Dinner Jazz Music

26 Painting Pumpkins

9:30 **BL** Morning News & Updates
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **PG** Leaf Peeking Garden Walk
1:30 **FL** Aromatherapy & Music
2:00 **SL** Table Top Bowling Game
2:30 BL Pumpkin Painting Contest
3:30 **BL** Fidget Discovery/Sensory
4:00 **PG** Pre-Dinner Fresh Air Walk
5:30 **BL** After Dinner Jazz Music

6

9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **PG** Patio Morning Walk
11:00 **BL** Whiteboard: Words w/Words
1:30 **FL** Birdhouses Arts Project
2:00 **PG** Music On Patio
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

13

9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **PG** Patio Morning Walk
11:00 **BL** Whiteboard: Words w/Words
1:30 **FL** Birdhouses Arts Project
2:00 **PG** Music On Patio
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

20

9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **PG** Patio Morning Walk
11:00 **BL** Whiteboard: Words w/Words
1:30 **FL** Birdhouses Arts Project
2:00 **PG** Music On Patio
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

27

9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **PG** Patio Morning Walk
11:00 **BL** Whiteboard: Words w/Words
1:30 **FL** Birdhouses Arts Project
2:00 **PG** Music On Patio
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

7

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 EK Bake: Toll House Cookies
11:00 **BL** This Day in History
1:30 **PG** Courtyard Birds & Sounds
2:00 **BL** Mocktail Spritz & Sweets
2:30 PG Laughter Therapy w/Pansy
3:30 **FL** Warm Hand Massage
4:00 **BL** Seated Exercise
5:30 **BL** Memory Lane Sing-Along

14 National Pizza Month

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 BP Bake: Mini Pizza w/Nicole
11:00 **BL** This Day in History
1:30 **PG** Courtyard Birds & Sounds
2:00 **PG** Patio: Bowling Game
2:30 **PG** Patio Beach Ball Game
3:30 **FL** Warm Hand Massage
4:00 **BL** Seated Exercise
5:30 **BL** Memory Lane Sing-Along

21 Baseball Day Begins

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 SL Watercolors Art /w Paul
11:00 **EK** Strawberry Yogurt Snacks
1:30 FL Sound Meditation w/Tim
2:00 FL Baseball Story Book
2:30 **PG** Patio Beach Ball Game
3:30 **FL** Warm Hand Massage
4:00 **BL** Seated Exercise
5:30 **BL** Memory Lane Sing-Along

28

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 BP Bake Walnut Bread/Nicole
11:00 **BL** Welcome New Residents
1:30 **PG** Courtyard Birds & Sounds
2:00 **PG** Patio: Bowling Game
2:30 **PG** Patio Beach Ball Game
3:30 **FL** Warm Hand Massage
4:00 **BL** Seated Exercise
5:30 **BL** Memory Lane Sing-Along

1 International Coffee Day

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 **BL** "Balloon Toss" Exercise
11:00 **BL** History Of Coffee
1:30 **PG** Scarecrow Cornhole Game
2:00 **FL** Short Stories w/ Marquis
2:30 **PG** Magazine Collage Project
3:00 FL Flavored Coffee Treats
4:00 **FL** Midweek Music Circle
5:30 **FL** Movie Mysteries

8

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 FP Outing: North West Park
11:00 **BL** Cardio Blast Exercise
1:30 FL Entertainment w/David
2:00 **FL** Short Stories w/ Marquis
2:30 **PG** Magazine Collage Project
3:00 **FL** Fresh Popcorn Treats
4:00 **FL** Midweek Music Circle
5:30 **FL** Movie Mysteries

15 Alzheimer's Bake Sale

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 **BL** "Balloon Toss" Exercise
11:00 **BL** Cardio Blast Exercise
1:30 **PG** Scarecrow Cornhole Game
2:00 **FL** Short Stories w/ Marquis
2:30 **PG** Magazine Collage Project
3:00 **FL** Cinnamon Swirl Treats
4:00 **FL** Midweek Music Circle
5:30 **FL** Movie Mysteries

22 National Color Day

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 FP Outing: Dzen Ice Cream
11:00 **BL** Cardio Blast Exercise
1:30 **PG** Scarecrow Cornhole Game
2:00 **PG** Patio: Bowling Game
2:30 **PG** Magazine Collage Project
3:00 FL Spider Web Color Art
4:00 **FL** Midweek Music Circle
5:30 **FL** Movie Mysteries

29

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 **BL** "Balloon Toss" Exercise
11:00 **BL** Cardio Blast Exercise
1:30 **PG** Scarecrow Cornhole Game
2:00 **FL** Short Stories w/ Marquis
2:30 **PG** Magazine Collage Project
3:00 **FL** Peppermint Teatime
4:00 **FL** Midweek Music Circle
5:30 **FL** Movie Mysteries

2

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **BL** Wheel Of Fortune
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 **FL** The Matching Shapes Game
3:30 **BL** Travelog: State by State
4:00 **BL** Musical Trivia
5:30 **BL** Thursday's Football Night

9

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **BL** Wheel Of Fortune
11:00 **FL** Tone Up Thursday
1:30 **FL** The Matching Shapes Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 FL Teddy Bear Day w/Jessica
3:30 **BL** Travelog: State by State
4:00 **BL** Musical Trivia
5:30 **BL** Thursday's Football Night

16

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **BL** Wheel Of Fortune
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Travelog: State by State
4:00 **BL** Musical Trivia
5:30 **BL** Thursday's Football Night

23

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **BL** Wheel Of Fortune
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 FL Monthly Birthday Party
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Travelog: State by State
4:00 **BL** Musical Trivia
5:30 **BL** Thursday's Football Night

30

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **BL** Wheel Of Fortune
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Travelog: State by State
4:00 **BL** Musical Trivia
5:30 **BL** Thursday's Football Night

3

Oktoberfest
9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
10:30 **BL** Functional Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 BL Oktoberfest: Mocktails
2:30 **PG** Fresh Air Walk on Patio
3:00 **BL** This Day in History
4:00 **BL** Puzzles & Shapes
5:30 **BL** Movie Dramas

10

9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
10:30 **BL** Functional Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 **PG** Fresh Air Walk on Patio
3:00 **BL** This Day in History
4:00 **BL** Puzzles & Shapes
5:30 **BL** Movie Dramas

17

9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
10:30 **BL** Functional Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 **PG** Fresh Air Walk on Patio
3:00 **BL** This Day in History
4:00 **BL** Puzzles & Shapes
5:30 **BL** Movie Dramas

24

9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
10:30 **BL** Functional Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 **PG** Fresh Air Walk on Patio
3:00 **BL** This Day in History
4:00 **BL** Puzzles & Shapes
5:30 **BL** Movie Dramas

31

Halloween
9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
10:30 **BL** Functional Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 FL Scarecrow: Cornhold Game
2:00 **BL** Mocktail Spritz & Sweets
2:30 PG Costumes: Trick or Treat
3:00 **BL** This Day in History
4:00 **BL** Puzzles & Shapes
5:30 **BL** Movie Dramas

4

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Art Project: Bird Houses
2:30 **BL** This Day in History
3:30 **FL** Warm Hand Towels
4:00 **BL** Exploration Stations
5:30 **BL** Weekend: Movie Comedy

11

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Art Project: Bird Houses
2:30 **BL** This Day in History
3:30 **FL** Warm Hand Towels
4:00 **BL** Exploration Stations
5:30 **BL** Weekend: Movie Comedy

18

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Art Project: Bird Houses
2:30 **BL** This Day in History
3:30 **FL** Warm Hand Towels
4:00 **BL** Exploration Stations
5:30 **BL** Weekend: Movie Comedy

25 Family & Friends Day

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Art Project: Bird Houses
2:30 FL Halloween Family Treats
3:30 **FL** Warm Hand Towels
4:00 **BL** Exploration Stations
5:30 **BL** Weekend: Movie Comedy



Welcome OCTOBER

Yom Kippur Begins 10/1 &
Sukkot at Sundown 10/6

“Happy Birthday”
Kerry, S 10/11 & Gerry, M 10/16

Alzheimer's Bake Sale
Fundraiser

10/15
Team Alto

Alzheimer's Walk 10/19,
Registration Start 8:30am

Rentschler Fields East
Hartford

Family Trick or Treat Day
10/25

Welcome, Marquis! Marquis
is the Ensemble Life-Style
Assistant.

Some fun facts about
Marquis:

He is a good swimmer &
enjoys playing basketball.

LOCATION KEY

- BL** Back Living Room
- PG** Patio Garden
- FL** Front Living Room
- SL** Side Living Room
- EK** Ensemble Kitchen
- FP** Front Parking Lot
- BP** Bistro Patio



5Rhode Island Day

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** **RI Postcard Coloring**
1:00 **LR** **Coffee Cabinet Drinks Social**
2:00 **LR** **Ocean State Sensory Sand**
3:00 **LR** **Beach Ball Toss**
4:00 **TH** Sunday Sit Down: David Letterman
6:00 **TH** Movie

12

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** Mindful Coloring
1:30 **LR** **Qigong with Marivic**
2:15 **PG** Garden Club
3:00 **LR** Patriots Game Watch
4:00 **TH** Sunday Sit Down: Glenn Close
6:00 **TH** Movie

19Alzheimer’s Walk

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** Mindful Coloring
1:00 **LR** Musical Puzzle: Songs About Cars
2:00 **PG** **Painting Mini Pumpkins**
3:00 **FL** Ring Toss
4:00 **TH** Sunday Sit Down: Gloria Estefan
6:00 **TH** Movie

26

10:00 **TH** Live Stream Mass
10:30 **LR** Sunday Stretch
11:00 **LR** Mindful Coloring
1:30 **LR** **Qigong with Marivic**
2:15 **LR** UConn Basketball Viewing
3:00 **LR** Penny Pass
4:00 **TH** Sunday Sit Down: Carol Burnett
6:00 **TH** Movie

Monday

Evergreen Walk-Interlude

1000 Cottonwood Ln
South Winsor, CT 06074
(860)-288-1699
www.allegroliving.com/communities/south-windsor-ct

Interlude

6

10:00 **TH** Monday Meditation
10:30 **LR** Sentence Scramble
11:00 **LR** Current Events
1:00 **LR** Song Recall: Soda Shop
2:00 **LR** Tempo and Texture: Vinyl Record Painting
3:00 **LR** Bowling
4:00 **TH** Virtual Vacation: Hamburg and Luther Trail
6:00 **TH** Classic TV Game Shows

13Columbus Day

10:00 **TH** Monday Meditation
10:30 **LR** Crosswords
11:00 **LR** Current Events
1:00 **LR** Song Recall: Crooners
2:00 **LR** Tempo and Texture: Scarf Dance
3:00 **LR** Bowling
4:00 **TH** Virtual Vacation: Berlin
6:00 **TH** Classic TV Game Shows

20

10:00 **TH** Monday Meditation
10:30 **LR** Word Search Challenge
11:00 **LR** Current Events
1:00 **LR** Song Recall: Laurel Canyon
2:00 **LR** Tempo and Texture: Making Egg Shakers
3:00 **LR** Bowling
4:00 **TH** Virtual Vacation: Munich
6:00 **TH** Classic TV Game Shows

27Teddy Bear Day

10:00 **TH** Monday Meditation
10:30 **LR** Word Search Challenge
11:00 **LR** Current Events
1:00 **LR** **Make Your Own Bear**
2:00 **LR** Tempo and Texture: Pass The Pumpkin
3:00 **LR** **Musical with Maggie**
4:00 **TH** Virtual Vacation: Frankfurt
6:00 **TH** Classic TV Game Shows

Tuesday

7

10:00 **TH** Sunrise Stretch
10:30 **LR** Art By Numbers: Fall Leaves
11:00 **LR** What’s in the Bag?
1:00 **LR** Ukulele Music with Bridget
2:00 **LR** Bingo Fun for All
3:00 **LR** Ladder Ball
4:00 **TH** Golden Memories: The Farm
6:00 **TH** Movie

14

10:00 **TH** Sunrise Stretch
10:30 **LR** **Watercolors with Paul**
1:00 **E** Resident Choir Rehearsal
2:00 **LR** Bingo Fun for All
3:00 **LR** Ladder Ball
4:00 **TH** Golden Memories: Harvest Celebrations
6:00 **TH** Movie

21

10:00 **TH** Sunrise Stretch
10:30 **LR** Art By Numbers: Scarecrow
11:00 **LR** Memory Tray
1:00 **E** Resident Choir Rehearsal
2:00 **LR** Bingo Fun for All
3:00 **LR** Ladder Ball
4:00 **TH** Golden Memories: Fall Sports
6:00 **TH** Movie

28National Chocolate Day

10:00 **TH** Sunrise Stretch
10:30 **LR** **Art By Numbers: Candy**
11:00 **LR** **The Making of Chocolate**
1:00 **LR** Ukulele Music with Bridget
2:00 **LR** **Chocolate Bingo**
3:00 **LR** Ladder Ball
4:00 **TH** Golden Memories: Halloween
6:00 **TH** Movie

Wednesday

1National Coffee Day

10:00 **TH** Chair Yoga
10:30 **LR** **National Coffee Day: Coffee Cup Design**
11:00 **LR** **Baking Club: Pumpkin Bread**
1:30 **ML** **Out Trip: Birdhouse Coffee**
3:00 **LR** Card Decorating
4:00 **TH** Tiny Desk Concert: Sting & Shaggy
6:00 **TH** Sunday Best: The Untold Story of Ed Sullivan

8

10:00 **TH** Chair Yoga
10:30 **LR** Words in Common
11:00 **LR** **Baking Club: Pumpkin Pies**
1:00 **LR** Musical Timeline
2:00 **LR** Fall Suncatchers
3:00 **LR** Hoop Toss
4:00 **TH** Tiny Desk Concert: John Prime
6:00 **TH** Clive Davis: The Soundtrack of Our Lives

15Alzheimer’s Bake Sale

10:00 **TH** Chair Yoga
10:30 **LR** Scattergories
11:00 **LR** **Health Talk with Enhabit**
1:30 **ML** **Out Trip: Foliage Ride**
3:00 **LR** Painting Interlude Dept. Pumpkin
4:00 **TH** Tiny Desk Concert: Yusuf/Cat Stevens
6:00 **TH** Call Me Kate

22National Color Day

10:00 **TH** Chair Yoga
10:30 **LR** **Hues Through History**
11:00 **LR** **Baking Club: Pecan Pie Muffins**
1:00 **LR** **Color Sort Challenge**
2:00 **LR** **Color Brain Game**
3:00 **LR** Hoop Toss
4:00 **TH** Tiny Desk Concert: Gypsy
6:00 **TH** The Nine Lives of Ozzy Osbourne

29National Cat Day

10:00 **TH** Chair Yoga
10:30 **LR** **All About Cats Trivia**
11:00 **LR** **Baking Club: Apple Cake**
1:00 **LR** **Shadow Cat Creations**
2:00 **LR** Guess the TV Theme
3:00 **LR** Hoop Toss
4:00 **TH** Tiny Desk Concert: The Wiz
6:00 **TH** Lawrence Welk: Television’s Music Man

Thursday

2

10:00 **TH** Stretch It Out Exercise
10:30 **LR** Mandala Coloring
10:45 **LR** Book Discussion
1:00 **LR** Album Spotlight: Tapestry
2:00 **LR** Flip It! Card Game
3:00 **LR** Volleyball
4:00 **TH** Ted Talk: “What Makes a Good Life?”
6:00 **TH** Movie

9

10:00 **TH** Stretch It Out Exercise
10:30 **LR** Inspirational Coloring
10:45 **LR** Book Discussion
1:00 **LR** Album Spotlight: Bridge Over Troubled Water
2:00 **LR** Minute To Win It Games
3:00 **LR** Volleyball
4:00 **TH** Ted Talk: “The Surprising Science of Happiness”
6:00 **TH** Movie

16

10:00 **TH** Stretch It Out Exercise
10:30 **LR** Velvet Art Design
10:45 **LR** Book Discussion
1:00 **LR** Album Spotlight: Come Fly With Me
2:00 **E** **Entertainment: Bob Hennisy**
3:00 **LR** Volleyball
4:00 **TH** Ted Talk: “Less Stuff, More Happiness”
6:00 **TH** Movie

23

10:00 **TH** Stretch It Out Exercise
10:30 **LR** Coloring Famous Paintings
10:45 **LR** Book Discussion
1:00 **LR** Album Spotlight: Pet Sounds
2:00 **LR** Left, Right, Center Game
3:00 **LR** Volleyball
4:00 **TH** Ted Talk: “Underwater Astonishments”
6:00 **TH** Movie

30

10:00 **TH** Stretch It Out Exercise
10:30 **LR** Halloween Cards
10:45 **LR** Book Discussion
1:00 **LR** Album Spotlight: A Hard Day’s Night
2:00 **LR** Uno! Card Game
3:00 **LR** Candy Corn Pitch
4:00 **TH** Ted Talk: “Love Where You’re At”
6:00 **TH** Movie

Friday

3Oktoberfest Day

10:00 **TH** Friday Exercise Fun
10:30 **LR** **Pretzel Trivia**
11:00 **LR** Oktoberfest Quiz
1:00 **TH** **Munich’s Oktoberfest Parade: Virtual**
2:00 **LR** **German Bingo**
3:00 **LR** **Bavarian Bean Bag Toss**
4:00 **TH** **Root Beer Float Social**
6:00 **TH** The Dick Van Dyke Show

10

10:00 **TH** Friday Exercise Fun
10:30 **LR** Trivial Pursuit
11:00 **LR** That’s a Match!
1:00 **TH** Hear & Now: The Drifters
2:00 **RA** Autumn Tea Party
3:00 **LR** Bean Bag Toss
4:00 **TH** Family Feud
6:00 **TH** The Dick Van Dyke Show

17

10:00 **TH** Friday Exercise Fun
10:30 **LR** Reborns with Reasons
11:00 **LR** Ready, Set, Puzzle
1:00 **TH** Hear & Now: The Monkees
2:00 **RA** Autumn Tea Party
3:00 **LR** Bean Bag Toss
4:00 **TH** Family Feud
6:00 **TH** The Dick Van Dyke Show

24

10:00 **TH** Friday Exercise Fun
10:30 **LR** Trivial Pursuit
11:00 **LR** That’s a Match!
1:00 **TH** Hear & Now: Creedence Clearwater Revival
2:00 **RA** Autumn Tea Party
3:00 **LR** Bean Bag Toss
4:00 **TH** Family Feud
6:00 **TH** The Dick Van Dyke Show

31Halloween

10:00 **TH** Friday Exercise Fun
10:30 **LR** **Halloween Pictionary**
11:00 **LR** **The History of Halloween**
1:00 **LR** **Jack-o’-Lantern Roll**
2:00 **RA** **Spooky Bingo**
3:00 **LR** **Candy Bucket Toss**
4:00 **TH** Family Feud
6:00 **TH** The Dick Van Dyke Show

Saturday

4

10:00 **TH** Rock ‘n Exercise
10:30 **LR** Word Search Challenge
11:00 **LR** Jeopardy
1:00 **TH** Movie Matinee
2:00 **LR** Karaoke
3:00 **LR** Bingo Extravaganza
4:00 **RA** Happy Hour
6:00 **LR** Unplugged: Eric Clapton

11

10:00 **TH** Rock ‘n Exercise
10:30 **LR** Word Search Challenge
11:00 **LR** Jeopardy
1:00 **TH** Movie Matinee
2:00 **LR** Karaoke
3:00 **LR** Bingo Extravaganza
4:00 **RA** Happy Hour
6:00 **TH** Unplugged: Paul Simon

18

10:00 **TH** Rock ‘n Exercise
10:30 **LR** Word Search Challenge
11:00 **LR** Jeopardy
1:00 **TH** Movie Matinee
2:00 **LR** Karaoke
3:00 **LR** Bingo Extravaganza
4:00 **RA** Happy Hour
6:00 **TH** Unplugged: Paul McCartney

25Trick-or-Treat Day

10:00 **TH** Rock ‘n Exercise
10:30 **LR** Word Search Challenge
11:00 **LR** Jeopardy
1:00 **TH** Movie Matinee
2:00 **LR** Karaoke
3:00 **AR** Trick-or-Treat Party
4:00 **RA** Happy Hour
6:00 **TH** Unplugged: Elton John



Special Days:

10/1: National Coffee Day
10/3: Oktoberfest Day
10/5: National Rhode Island Day
10/13: Columbus Day/Indigenous Peoples’ Day
10/22: National Color Day
10/25: Trick-or-Treat Day
10/27: International Teddy Bear Day
10/28: National Chocolate Day
10/29: National Cat Day
10/31: Halloween

“I am so glad I live in a world where there are Octobers.”
-L.M. Montgomery

LOCATIONKEY

TH Theater Area
LR Living Room
ML Main Lobby
RA Restaurant Area
PG Patio Garden
E Encore Bar & Lounge
FL Front Living Room
AR Activity Room