

UPCOMING COMMUNITY EVENTS



HAPPY THANKSGIVING!

Thursday, November 27th

We are so grateful for our wonderful residents and families who make Alto Wheaton feel like home. May your day be filled with warmth, joy, and the comfort of good company. Wishing you all a beautiful Thanksgiving!



FAMILY BINGO AND PIZZA NIGHT

Wednesday, November 12th | 4:30-6:30 PM

Join us for pizza, bingo, and fun with family and friends! We can't wait to see our residents and their loved ones for a memorable evening. RSVP at the Front Desk.

DON'T MISS THESE EVENTS!

WED, 11/5 2:30PM | BEER TASTING WITH TIM CAMPBELL

TUES, 11/11 2PM | VETERAN'S DAY PINNING CEREMONY & COFFEE

SUN 11/23 2PM | SUNDAY PIANO RECITAL WITH RUTH BERGANDINE

MON, 11/24 3PM | RESIDENT COUNCIL MEETING

TUES, 11/25 2:30PM | MONTHLY DONUTS WITH THE CHEF

THURS, 11/27 2PM | THANKSGIVING DAY ENTERTAINMENT: TIM WILSEY LIVE

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644



FLOURISH

NOVEMBER 2025



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

"WHEN THE SQUIRRELS HIDE THEIR ACORNS, AND THE WOODCHUCKS DISAPPEAR, THEN WE KNOW IT IS AUTUMN, LOVELIEST SEASON OF THE YEAR."

—CAROL L. RISER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 30 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes 2:00 B Ice Cream Social 2:30 T Afternoon Documentary 3:00 AR Gin Rummy Card Club 6:00 T Movie Night	Alto Wheaton 219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com Text					
2 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes 2:00 B Ice Cream Social 2:30 T Afternoon Documentary 3:00 AR Gin Rummy Card Club 6:00 T Movie Night	3 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Exercise with Legacy 12:45 AR Quiddler 2:30 AR Special Bingo with Blake 3:30 T Jeopardy Watch Party 6:00 T Movie Night	4 10:00 AR Bible Study with Alicia 10:30 AR Morning Reflections 11:00 O Walgreens Shopping Outing 11:00 AR White Board Puzzles 11:30 AR Cardio Drumming 1:00 AR Rumikub Game 2:15 AR Manicures with Lifestyle 3:30 T Jeopardy Watch Party 6:00 T Movie Night 6:00 AR After Dinner Poker Club	5 9:30 FL Walking Club 10:00 AR Communion with Dcn Dan 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise- Weights 12:45 AR Quiddler 1:00 T Book Club Meeting 2:30 AR Beer Tasting w/ Tim 3:30 T Jeopardy Watch Party 6:00 T Movie Night	6 10:00 AR Good News & Views 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Sit & Tone with David 1:00 AR “Fill in the Blank” Game 1:30 T Rosary Group 2:30 AR Live Guitarist: Gavin 3:30 T Jeopardy Watch Party 6:00 T Movie Night	7 9:30 FL Walking Club! 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Rumikub 2:30 DR Happy Hour! 3:30 T Jeopardy Watch Party 6:00 T Movie Night	8 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Craft with Caren 6:00 T Movie Night
9 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes 2:00 B Ice Cream Social 2:30 T Afternoon Documentary 3:00 AR Gin Rummy Card Club 6:00 T Movie Night	10 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Exercise with Legacy 12:45 AR Quiddler 1:30 T Guided Meditation 2:30 AR Penny Auction 3:30 T Jeopardy Watch Party 6:00 T Movie Night	11 10:00 AR Bible Study with Alicia 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 O Out to Lunch Outing 11:30 AR Sit & Tone with David 1:00 AR Rumikub Game 2:00 AR Veterans Tribute & Coffee 3:30 T Jeopardy Watch Party 6:00 T Movie Night 6:00 AR After Dinner Poker Club	12 9:30 FL Walking Club 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise- Weights 12:45 AR Quiddler 1:00 T Book Club Meeting 2:30 AR Jeopardy LIVE Trivia Game 3:30 T Jeopardy Watch Party 4:30 DR Family Bingo & Pizza 6:00 T Movie Night	13 10:00 AR Good News & Views 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 1:00 AR “Fill in the Blank” Game 1:30 T Rosary Group 2:30 AR Guitar Duo: Jim Stevens 3:30 T Jeopardy Watch Party 6:00 T Movie Night	14 9:30 FL Walking Club! 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Rumikub 1:30 T Communion w. Rev. Joanne 2:30 DR Happy Hour! 3:30 T Jeopardy Watch Party 6:00 T Movie Night	15 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Scrabble Board Game 3:15 AR Parachutes 6:00 T Movie Night
16 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes 2:00 B Ice Cream Social 2:30 T Afternoon Documentary 3:00 AR Gin Rummy Card Club 6:00 T Movie Night	17 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Exercise with Legacy 12:45 AR Quiddler 1:30 T Guided Meditation 2:00 AR Bingo Bonanza! 3:15 AR John Boda Presents 3:30 T Jeopardy Watch Party 6:00 T Movie Night	18 10:00 AR Bible Study with Alicia 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Cardio Drumming 12:00 AR Bring in Lunch 1:00 AR Rumikub Game 2:15 AR Manicures with Lifestyle 3:30 T Jeopardy Watch Party 6:00 T Movie Night 6:00 AR After Dinner Poker Club	19 9:00 FL Library Book Drop Off Day 9:30 FL Walking Club 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise- Weights 12:45 AR Quiddler 1:00 T Book Club Meeting 2:00 AR Activity Planning Meeting 3:00 AR Bingo Bonanza! 3:30 T Jeopardy Watch Party	20 10:00 AR Good News & Views 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Sit & Tone with David 1:00 AR “Fill in the Blank” Game 2:30 AR Live Piano: Mark Hoffman 3:30 T Jeopardy Watch Party 6:00 T Movie Night	21 9:30 FL Walking Club! 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Rumikub 2:30 DR Happy Hour! 3:30 T Jeopardy Watch Party 6:00 T Movie Night	22 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Craft with Caren 6:00 T Movie Night
23 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes 2:00 B Ice Cream Social 2:00 AR Live Pianist: Ruth B. 2:30 T Afternoon Documentary 3:00 AR Gin Rummy Card Club 6:00 T Movie Night	24 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Health Talk with Legacy 12:45 AR Quiddler 1:30 T Guided Meditation 2:00 AR Bingo Bonanza! 3:00 AR Resident Council Meeting 3:30 T Jeopardy Watch Party 6:00 T Movie Night	25 10:00 AR Bible Study with Alicia 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:00 O Scenic Drive Outing 11:30 AR Cardio Drumming 1:00 AR Rumikub Game 2:30 AR Monthly Donuts w/ Chef 3:30 T Jeopardy Watch Party 6:00 T Movie Night 6:00 AR After Dinner Poker Club	26 9:30 FL Walking Club 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise- Weights 12:45 AR Quiddler 1:00 T Book Club Meeting 2:00 AR Universal Yums Snacks 3:30 T Jeopardy Watch Party 6:00 T Movie Night	27 Happy Thanksgiving! 8:30 T Televised Thanksgiving Parade 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:00 DR Traditional Thanksgiving Meal 2:00 AR Tim Wilsey Presents 4:00 Boxed Dinner Room Delivery 6:00 T Movie Night	28 9:30 FL Walking Club! 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Rumikub 1:30 T Communion w. Rev. Joanne 2:30 DR Happy Hour! 3:30 T Jeopardy Watch Party 6:00 T Movie Night	29 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Scrabble Board Game 3:15 AR Parachutes 6:00 T Movie Night

Around our Community



11/01 Theresa D.

11/04 Rosemary S.

11/09 Joan G.

11/09 Kit R.

11/13 Mary O.

11/20 Ellen W.

11/23 Jim S.

LOCATION KEY

- AR**

Activity Room
- T**

Theater
- B**

Bistro
- O**

Outing
- FL**

Front Lobby
- DR**

Dining Room

Sunday

November 30

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

2

9:00 DAYLIGHT SAVING ENDS
9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

9

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

16

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

23

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **SK** Balloon Volleyball
11:00 **BR** Seated Yoga Stretching
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

Monday

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219 Parkway Dr
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Text

3

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Cooking with Jeanne
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals

10

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Cooking with Jeanne
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals

17

HOMEMADE BREAD DAY

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Cooking with Jeanne
1:45 **BR** JOHN BODA the SINGER
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals

24

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Cooking with Jeanne
2:30 **GR** Greenhouse Club
3:00 **GR** World Tour
6:00 **SK** Classic Movies & Musicals

Tuesday

4

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals

11

VETERANS DAY

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **O** VETS PINNING CEREMONY
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals

18

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals

25

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:45 **SK** Songs & Senses
6:00 **SK** Classic Movies & Musicals

Wednesday



BARBERSHOP DAY

5

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:30 **BR** DEACON DAN COMMUNION
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:30 **BR** Word Brain Games
1:45 **SK** GREAT COOKING w/ JERRIE
2:30 **BR** RUTH on the PIANO
3:30 **BR** Happy Hour

12

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:00 **SK** Therapy Dog Tori
1:30 **BR** Word Brain Games
1:45 **SK** GREAT COOKING w/ JERRIE
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

19

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:30 **BR** Word Brain Games
1:45 **SK** GREAT COOKING w/ JERRIE
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

26

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
11:00 **BR** JANE's DEVOTIONS
1:30 **BR** Word Brain Games
1:45 **SK** GREAT COOKING w/ JERRIE
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

Thursday



SCENIC FALL DRIVE

6

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **BR** EXERCISE with DAVE
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

13

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **GR** HAND MASSAGE w/ ANNIE
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

20

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **BR** EXERCISE with DAVE
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

27

THANKSGIVING DAY

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **O** TIM WILSEY MUSIC w/ AL
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

Friday



7

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
3:00 **BR** Golden Poetry Reading
3:30 **BR** POETRY WORKSHOP
6:00 **SK** Classic Movies & Musicals

14

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
2:30 **BR** KYM FRANKOVELGIA SINGER
3:00 **BR** Golden Poetry Reading
3:30 **BR** POETRY WORKSHOP
6:00 **SK** Classic Movies & Musicals

21

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
3:00 **BR** Golden Poetry Reading
3:30 **BR** POETRY WORKSHOP
6:00 **SK** Classic Movies & Musicals

28

BLACK FRIDAY

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Geenhouse Club
3:00 **BR** Golden Poetry Reading
3:30 **BR** POETRY WORKSHOP
6:00 **SK** Classic Movies & Musicals

Saturday

1

ALL SAINT'S DAY

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** ABIGAIL's DEVOTIONS
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

8

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** ABIGALE'S DEVOTIONS
2:30 **BR** RUTH on the PIANO
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

15

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** ABIGALE'S DEVOTIONS
2:30 **BR** HEATHER THE SINGER
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

22

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** ABIGALE'S DEVOTIONS
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

29

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** ABIGALE'S DEVOTIONS
2:30 **BR** MIKE BASIN on ACCORDION
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

Around our Community

Novembers Gentle Call

November whispers through the trees, With golden leaves and cooling breeze.

The harvest moon begins to glow, And fields rest soft beneath the snow.

We gather close with hearts that sing, To thank the Lord for everything.

For family, friends, and daily bread, And love that crowns the year we've led.

BIRTHDAYS:

Patrick L. Friday 7th
Nancy S. Friday 7th
Bill L. Tueday 18th
John D. Saturday 29th

LOCATION KEY

BR Blue Room
SK Sapphire Kitchen
GR Green Room
O Outing