

UPCOMING COMMUNITY EVENTS



VETERANS DAY TRIBUTE
On Tuesday, November 11, 2025 at 2:00PM, we honor and express our deepest gratitude to the brave men and women who have answered the call to serve our nation. To our Veterans, past and present, Thank you. Your sacrifice and bravery will forever be etched in our collective gratitude. We are internally grateful for your service.

Thanksgiving is my favorite time of the year of being thankful as we gather with our family and friends and good health. It’s a time for sharing a meal together, feeling blessed and creating new memories.



Happy Thanksgiving from our home to yours. Wishing you a day full of love, laughter, and gratitude.

Lorraine Campora,
Lifestyle Director.

NOVEMBER OUTINGS

- 7th - Treasurecoast Mall & Lunch
- 12th - Dinner, Cafe Martier
- 14th - Lunch, Cracker Barrel
- 21st - Lunch, Pizza Gene
- 26th - Dinner , Marios
- 28th - local Nail Salon

Alto Stuart
1301 SE Palm Beach Rd
Stuart, FL 34994
(772) 463-7133



FLOURISH

NOVEMBER 2025



WHAT’S INSIDE

Pg 2-3
Social Calendar

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Upcoming Events + News

“WHEN THE SQUIRRELS HIDE THEIR ACORNS, AND THE WOODCHUCKS DISAPPEAR, THEN WE KNOW IT IS AUTUMN, LOVELIEST SEASON OF THE YEAR”

—CAROL L. RISER

Sunday

November
30

9:00 **C** Sunday Morning News
10:00 **C** Discussion Group
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:00 **C** Matinee Coffee Consession
2:30 **C** Sunday, Sundaes
3:30 **C** Pick - Up Activity Packet

2 Daylight Savings Ends

9:00 **C** Sunday Morning News
10:00 **C** Discussion Group
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:00 **C** Matinee Coffee Consession
2:30 **C** Sunday, Sundaes
3:30 **F1** Faith Family Church
3:30 **C** Pick - Up Activity Packet

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9:00 **C** Sunday Morning News
10:00 **C** Discussion Group
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:00 **C** Matinee Coffee Consession
2:30 **C** Sunday, Sundaes
3:30 **C** Pick - Up Activity Packet

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9:00 **C** Sunday Morning News
10:00 **F1** Chaplain Lynn Snow
10:00 **C** Discussion Group
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:00 **C** Matinee Coffee Consession
2:30 **C** Sunday, Sundaes
3:30 **F1** Faith Family Church
3:30 **C** Pick - Up Activity Packet

23

9:00 **C** Sunday Morning News
10:00 **C** Discussion Group
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:00 **C** Matinee Coffee Consession
2:30 **C** Sunday, Sundaes
3:30 **C** Pick - Up Activity Packet

Monday

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Text

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9:00 **C** Rise and Shine Rally
10:00 **F1** Week at a Glance
10:30 **CR** Resident Council Meeting
1:00 **LB** Virtual tour - Aquarium
2:00 **F1** Music w/Mike De Angelis
3:00 **C** Scrabble Game
3:30 **LG** Cue Ball Crusaders
6:30 **TH** Cinema Classics

10 Marine Corps Birthday

9:00 **C** Rise and Shine Rally
10:30 **F1** This Day in History
11:00 **F1** Week at a Glance
1:00 **LB** Documentary - Alaska Zoo
2:00 **F1** Music w/Mike Mc Carthy
3:00 **C** Scrabble Game
3:00 **C** Coffee & Conversations
3:30 **LG** Cue Ball Crusaders
6:30 **TH** Cinema Classics

17 Homemade Bread Day

9:00 **C** Rise and Shine Rally
10:30 **F1** This Day in History
11:00 **F1** Lifestyle Committee
1:00 **LB** Tour - Anne Frank's House
2:00 **F1** Music with Lou Laino
3:00 **C** Scrabble Game
3:00 **C** Coffee & Conversations
3:30 **LG** Cue Ball Crusaders
6:30 **TH** Cinema Classics

24

9:00 **C** Rise and Shine Rally
10:30 **F1** This Day in History
11:00 **F1** Humane Society Pet Visit
1:00 **LB** Tour - Great Barrier Reef
2:00 **F1** Music w/Panama Matt
3:00 **C** Scrabble Game
3:00 **C** Coffee & Conversations
3:30 **LG** Cue Ball Crusaders
6:30 **TH** Cinema Classics

Tuesday

4 Election Day

9:30 **C** Morning Meet-up
10:00 **C** Inspirational Readings
10:30 **C** Sobe - Thankful
Thanksgiving
1:30 **CR** Bingo
3:00 **F1** Karaoke Time
4:00 **F1** Mocktail Hour
6:30 **TH** Cinema Classics

11

Veterans Day
9:30 **C** Morning Meet-up
10:00 **TH** Tour- Military Museum
10:30 **E** Seated Volleyball
1:00 **CR** Bingo
2:00 **F1** Veterans Day Tribute
3:00 **C** Patriots Dessert Reception
4:00 **F1** Mocktail Hour
6:30 **TH** Cinema Classics

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9:30 **C** Morning Meet-up
10:00 **C** Inspirational Readings
10:30 **C** Flower Paint Pouring
1:30 **CR** Bingo
2:30 **CR** Town Hall with Directors
3:00 **F1** Karaoke Time
4:00 **F1** Mocktail Hour
6:30 **TH** Cinema Classics

25

9:30 **C** Morning Meet-up
10:00 **C** Inspirational Readings
10:30 **E** Seated Volleyball
1:30 **CR** Bingo
3:00 **F1** Karaoke Time
4:00 **F1** Mocktail Hour
6:30 **TH** Cinema Classics

Wednesday



5 National Donut Day

9:00 Morning Brew & News
10:00 **CH** St. Joseph's Church
10:00 **FC** Tai Chi Class
11:00 **C** Cognitive Worksheets
1:30 **CR** Bingo
2:30 **C** Coffee Break
3:00 **F1** Bible Study w/Rev. Conde
3:30 **LG** Cue Ball Crusaders
6:30 **TH** The Chosen

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9:00 Morning Brew & News
10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
10:30 **CR** Stuart Heritage Museum
1:00 **E** Bingo
2:30 **C** Coffee Break
3:00 **F1** Bible Study w/Rev. Conde
3:30 **LG** Cue Ball Crusaders
4:30 **LB** Dinner - Cafe Martier
6:30 **TH** The Chosen

19 Wear Blue Day

9:00 Morning Brew & News
10:00 **CH** St. Joseph's Church
10:00 **FC** Tai Chi Class
10:30 **DR** Chef Demo
1:30 **CR** Bingo
2:30 **C** Coffee Break
3:00 **F1** Bible Study w/Rev. Conde
3:30 **LG** Cue Ball Crusaders
6:30 **TH** The Chosen

26 International Hat Day

9:00 Morning Brew & News
10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
11:00 **C** Turkey Craft
1:30 **CR** Bingo
2:30 **C** Coffee Break
3:00 **F1** Bible Study w/Rev. Conde
3:30 **LG** Cue Ball Crusaders
4:30 **LB** Dinner - Marios
6:30 **TH** The Chosen

Thursday

6 Harvey Wallbanger Day

9:00 Morning Check-in
10:00 **FC** Seated Yoga with Kerry
11:00 **C** November Gazette
1:00 **CR** Pokeno
2:00 **F1** Choir Practice
3:00 **F1** New Resident Welcome,
Music w/Nicole
6:30 **TH** Cinema Classics

13

9:00 Morning Check-in
10:00 **FC** Stretch & Strengthen
11:00 **TH** Travelogue - Dubai
1:00 **CR** Pokeno
2:00 **L** Library Committee
2:00 **F1** Guess What's in the Bag
3:00 **F1** Happy Hour with
6:30 **TH** Cinema Classics

20 Wear a Whacky Outfit

9:00 Morning Check-in
10:00 **FC** Stretch & Strengthen
11:00 **C** Health Matters w/Rachel,
RN, Elite Home Health
1:00 **CR** Pokeno
2:00 **F1** Choir Practice
3:00 **F1** Happy Hour with
6:30 **TH** Cinema Classics

27

Thanksgiving Day
9:00 Morning Check-in
10:00 **FC** Stretch & Strengthen
11:00 **F1** Thanksgiving Blessings
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
2:00 **F1** What's in the Bag
3:00 **F1** Turkey Games
6:30 **TH** Cinema Classics

Friday



7

9:45 **LB** Publix
10:00 **FC** Exercise w/Weights
11:00 **C** The Good Old Days
11:30 **LB** TC Mall & Lunch
1:30 **CR** Rummikub
2:30 **C** Social Sippers
3:30 **C** Jigsaw Puzzles
6:00 **CR** Twilight Bingo

14 Natl Bundt Cake Day

9:45 **LB** Publix
10:00 **FC** Exercise w/Weights
11:00 **C** Word Scramble
11:30 **LB** Cracker Barrel
1:30 **CR** Rummikub
2:30 **C** Social Sippers
3:30 **C** Jigsaw Puzzles
6:00 **CR** Twilight Bingo w/Kelly

21 Thanksgiving Day

9:45 **LB** Publix
10:00 **FC** Exercise w/Weights
11:00 **C** Baking Apple Strudel
11:30 **LB** Lunch - The Pizza Gene
1:30 **CR** Rummikub
2:30 **C** Social Sippers
3:00 **C** Veterans' Group
3:30 **C** Jigsaw Puzzles
6:00 **CR** Twilight Bingo w/Kelly

28 French Toast Day

9:45 **LB** Publix
10:00 **FC** Exercise w/Weights
11:00 **C** Word Scramble
1:00 **LB** Nail Salon Outing
1:30 **CR** Rummikub
2:30 **C** Social Sippers
3:30 **C** Jigsaw Puzzles
6:00 **CR** Twilight Bingo

Saturday

1 Turn your Clocks Back

9:00 **C** Nails with Kelly
10:00 **F1** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **LB** Walking Club
1:30 **CR** Bingo
3:00 **F1** Brain Fitness
3:30 **C** Bowling
6:30 **TH** Movie Night

8

9:00 **C** Nails with Kelly
10:00 **F1** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **LB** Walking Club
1:30 **CR** Bingo
3:00 **F1** Brain Fitness
3:30 **CR** Indoor Bocce Ball
6:30 **TH** Cinema Classics

15

9:00 **C** Nails with Kelly
10:00 **F1** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **LB** Walking Club
1:30 **CR** Bingo
3:00 **F1** Brain Fitness
3:30 **C** Bowling
6:30 **TH** Cinema Classics

22 Cecilia G. Birthday

9:00 **C** Nails with Kelly
10:00 **F1** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **LB** Walking Club
1:30 **CR** Bingo
3:00 **F1** Brain Fitness
3:30 **CR** Indoor Bocce Ball
6:30 **TH** Cinema Classics

29

9:00 **C** Nails with Kelly
10:00 **F1** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **LB** Walking Club
1:30 **CR** Bingo
3:00 **F1** Brain Fitness
6:30 **TH** Cinema Classics

Around our
Community

The Monthly Gazette



Birthstone

Yellow Topaz

Flower

Chrysanthemum

Plant

ZZ Pant

What's Lucky?

Lucky Color: Brown

Lucky Letters:G & V

Did you know?

The next time Thanksgiving falls on November 27 will be in 2031.

LOCATION
KEY

- C** Cafe
- F1** Family Room
- E** Entertainment Room
- LB** Lobby
- CR** Community Room
- TH** Theater
- LG** Lounge
- CH** Chapel
- FC** Fitness Center
- L** Library

Sunday

November 30

9:30 **AR** Good Morning Message
10:30 **AR** Gardening Time
11:00 **F1** Alto Stuart Choir w/Rhonda
1:30 **AR** Table Games
2:00 **AR** Sunday Sundaes
3:30 **AR** Sorting Games
3:30 **AR** Photos & Music

Monday

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Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

Happy Birthday



JEAN C.

The Monthly Gazette

Birthstone

Yellow Topaz

Flower

Chrysanthemum

Plant

ZZ Plant

What's Lucky?

Lucky Color: Brown

Lucky Letter: G & V

LOCATION KEY

- AR** Activity Room
CH Chapel
E Entertainment Room
P Outside Patio
F1 Family Room
LB Lobby
C Cafe
CR Community Room

2

9:30 **AR** Good Morning Message
10:30 **AR** Gardening Time
11:00 **F1** Alto Stuart Choir w/Rhonda
1:30 **AR** Table Games
2:00 **AR** Sunday Sundaes
3:30 **AR** Sorting Games
3:30 **AR** Photos & Music

9

9:30 **AR** Good Morning Message
10:30 **AR** Gardening Time
11:00 **F1** Alto Stuart Choir w/Rhonda
1:30 **AR** Table Games
2:00 **AR** Sunday Sundaes
3:30 **AR** Sorting Games
3:30 **AR** Photos & Music

16

9:30 **AR** Good Morning Message
10:30 **AR** Gardening Time
11:00 **F1** Alto Stuart Choir w/Rhonda
1:30 **AR** Table Games
2:00 **AR** Sunday Sundaes
3:30 **AR** Sorting Games
3:30 **AR** Photos & Music

23

9:30 **AR** Good Morning Message
10:30 **AR** Gardening Time
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Church
1:30 **AR** Table Games
2:00 **AR** Sunday Sundaes
3:30 **AR** Sorting Games
3:30 **AR** Photos & Music

3

9:30 **AR** Rise and Shine
10:00 **AR** Seated Exercise
10:30 **AR** Crafting
11:00 **LB** Scenic Drive
2:00 **F1** Music w/ Mike DeAngelis
3:00 **AR** Cappuccino Social
3:30 **AR** Pet Therapy
4:00 **AR** Evening Melodies

10 Marine Corps Day

9:30 **AR** Rise and Shine
10:00 **AR** Seated Exercise
10:30 **AR** Crafting
11:00 **LB** Scenic Drive
2:00 **F1** Music w/Mike McCarthy
3:00 **AR** Cappuccino Social
3:30 **AR** Pet Therapy
4:00 **AR** Evening Melodies

17 Homemade Bread Day

9:30 **AR** Rise and Shine
10:00 **AR** Seated Exercise
10:30 **AR** Crafting
11:00 **LB** Scenic Drive
2:00 **F1** Music with Lou Laino
3:00 **AR** Cappuccino Social
3:30 **AR** Pet Therapy
4:00 **AR** Evening Melodies

24

9:30 **AR** Rise and Shine
10:00 **AR** Seated Exercise
10:30 **AR** Crafting
11:00 **LB** Scenic Drive
11:30 **AR** Humane Society Pet Visit
2:00 **F1** Music with Panama Matt
3:00 **AR** Cappuccino Social
3:30 **AR** Pet Therapy
4:00 **AR** Evening Melodies

4

Election Day

9:30 **AR** Morning Aromatherapy
10:00 **AR** Scarf Mobility Exercise
10:30 **AR** November Monthly Gazette
11:00 **AR** Gardening Time
1:30 **AR** Nails with Ceila
3:00 **AR** Memory Games
3:30 **AR** Photos & Music
4:00 **AR** Evening News

11

Veterans Day

9:30 **AR** Morning Aromatherapy
10:00 **AR** Scarf Mobilty Exercise
11:00 **AR** Card Games
1:00 **AR** Nails with Ceila
2:00 **F1** Veterans Day Tribute
3:00 **C** Patriots Dessert Reception
4:00 **AR** Evening News

18

9:30 **AR** Morning Aromatherapy
10:00 **AR** Scarf Mobilty Exercise
11:00 **AR** Card Games
1:30 **AR** Nails with Ceila
3:00 **AR** Memory Games
3:30 **AR** Photos & Music
4:00 **AR** Evening News

25

9:30 **AR** Morning Aromatherapy
10:00 **AR** Scarf Mobilty Exercise
11:00 **AR** Card Games
1:30 **AR** Nails with Ceila
3:00 **AR** Memory Games
3:30 **AR** Photos & Music
4:00 **AR** Evening News



5

National Donut Day

9:30 **AR** Local News & Coffee
10:00 **AR** Stretch & Strengthen
11:00 **AR** Baking
1:30 **AR** Watercolor Painting
2:30 **AR** Conversations & Coffee
3:00 **AR** Folding and Sorting
3:30 **AR** Touring - Coral City Aquarium
4:30 **AR** Aroma Infused Towelettes

12

9:30 **AR** Local News & Coffee
10:00 **AR** Stretch & Strengthen
11:00 **AR** Storytime
1:30 **AR** Expressions with Color
2:30 **AR** Conversations & Coffee
3:00 **AR** Folding and Sorting
3:30 **AR** Touring - Botanical Gardens
4:30 **AR** Aroma Infused Towelettes

19

Wear Blue Day

9:30 **AR** Local News & Coffee
10:00 **AR** Stretch & Strengthen
11:00 **AR** Baking
1:30 **AR** Relax with Color
2:30 **AR** Conversations & Coffee
3:00 **AR** Folding and Sorting
3:30 **AR** Touring - Butterfly World
4:30 **AR** Aroma Infused Towelettes

26

International Hat Day

9:30 **AR** Local News & Coffee
10:00 **AR** Stretch & Strengthen
11:00 **CR** Story Time
1:30 **AR** Card Games
2:30 **AR** Conversations & Coffee
3:00 **AR** Folding and Sorting
3:30 **AR** Documentary
4:30 **AR** Aroma Infused Towelettes

6

Harvey Wallbanger Day

9:30 **AR** Today's Time Capsule
10:00 **AR** Balloon Volleyball
11:00 **AR** Sensory Hand Reflexology
1:30 **AR** Karaoke
2:30 **LB** Jigsaw Puzzles
3:00 **F1** New Resident Welcome w/Nicole
4:00 **AR** Picture Trivia

13

9:30 **AR** Today's Time Capsule
10:00 **AR** Balloon Volleyball
11:00 **AR** Sensory Hand Reflexology
1:30 **AR** Karaoke
2:30 **LB** Jigsaw Puzzles
3:00 **F1** Music w/The Brothers Band
4:00 **AR** Picture Trivia

20

Wear a Whacky Outfit

9:30 **AR** Today's Time Capsule
10:00 **AR** Balloon Volleyball
11:00 **AR** Sensory Hand Reflexology
1:30 **AR** Karaoke
2:30 **LB** Jigsaw Puzzles
3:00 **F1** Monthly Birthdays w/Lou
4:00 **AR** Picture Trivia

27

THANKSGIVING DAY

9:30 **AR** Today's Time Capsule
10:00 **AR** Balloon Volleyball
11:00 **AR** Sensory Hand Reflexology
1:30 **AR** Karaoke
2:30 **LB** Jigsaw Puzzles
3:00 **F1** Music w/Mike DeAngelis
4:00 **AR** Picture Trivia



7

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Bingo
3:00 **AR** Folding and Sorting
3:00 **AR** Parachute Game
4:00 **AR** Pet Therapy

14

Natl Bundt Cake Day

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Bingo
3:00 **AR** Folding and Sorting
3:00 **AR** Parachute Game
4:00 **AR** Pet Therapy

21

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Flager Park
3:00 **AR** Folding and Sorting
3:00 **AR** Parachute Game
4:00 **AR** Pet Therapy

28

French Toast Day

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Bingo
3:00 **AR** Folding and Sorting
3:00 **AR** Parachute Game
4:00 **AR** Pet Therapy

8

9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **E** Seated Volleyball
1:30 **AR** Bingo
2:30 **P** Ball Toss
3:30 **AR** Sorting Games
4:00 **AR** Reminisce

15

9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **E** Seated Volleyball
1:30 **AR** Bingo
2:30 **P** Ball Toss
3:30 **AR** Sorting Games
4:00 **AR** Reminisce

22

Jean C. Birthday

9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **E** Seated Volleyball
1:30 **AR** Bingo
2:30 **P** Ball Toss
3:30 **AR** Sorting Games
4:00 **AR** Reminisce

29

9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **E** Seated Volleyball
1:30 **AR** Bingo
2:30 **P** Ball Toss
3:30 **AR** Sorting Games
4:00 **AR** Reminisce