

UPCOMING COMMUNITY EVENTS



THANKSGIVING PRAYER
by Ralph Waldo Emerson

For each new morning with its light,
For rest and shelter of the night,
For health and food,
For love and friends,
For everything Thy goodness sends.

For flowers that bloom about our feet;
For tender grass, so fresh, so sweet;
For song of bird, and hum of bee;
For all things fair we hear or see,
Father in heaven, we thank Thee!

Happy Thanksgiving!



VETERAN’S DAY



VETERAN’S MEMORIAL WALL

Join us for the dedication and unveiling of the new Resident Veterans Memorial Wall at Alto Evergreen Walk — honoring the brave men and women who served. A heartfelt tribute to our heroes.

Tuesday, November 11 @ 2:00 PM

Evergreen Walk
1000 Cottonwood Ln
South Winsor, CT 06074
(860) 288-1699



FLOURISH

NOVEMBER 2025



WHAT’S INSIDE

Pg 2-3
Social Calendar

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Upcoming Events + News

“I NEVER UNDERSTOOD THE IDEA THAT YOU’RE SUPPOSED TO MELLOW AS YOU GET OLDER. SLOWING DOWN ISN’T SOMETHING I RELATE TO AT ALL. THE GOAL IS TO CONTINUE IN GOOD AND BAD, ALL OF IT.”

—DIANE KEATON

Sunday

November
30

10:00 **TT** Sunday Mass
10:00 **GG** Sunday Stretch
10:30 **B** Daily Wordsearch
11:00 **AR** Mad Libs:
Thanksgiving Edition!
2:30 **TT** UCONN Women's Basketball
3:30 **B** Scrabble
6:15 **TT** Movie

Monday

Evergreen Walk - AL

1000 Cottonwood Ln
South Windsor, CT 06074
(860) 288-1699
www.allegroliving.com/communities/south-windsor-ct

AL

Tuesday

3

10:00 **GG** Get Fit Exercise
10:30 **B** Daily Wordsearch
11:00 **CR** Morning Chat – Independent
11:00 **TT** Family Feud
1:30 **LI** Book Club: Choose Your Own
3:00 **TT** Crossword Challenge
4:00 **E** Trivia by the Fire
6:15 **TT** Movie

4 Election Day

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **TT** Whiteboard Word Game
1:00 **E** Resident Choir Rehearsal
2:15 **GG** Chair Yoga
3:00 **B** Rummikub – Independent
3:00 **TT** Bingo w/SWHS
4:00 **AR** Tech:Apps to Manage Stress
6:15 **TT** Movie:

10

10:00 **GG** Get Fit Exercise
10:30 **B** Daily Wordsearch
11:00 **CR** Morning Chat – Independent
11:00 **TT** Name that Tune
1:30 **TT** Ancient Athens: The Rise
Of The Most Influential
Society In History
2:30 **TT** Canasta Card Game
4:00 **E** Trivia by the Fire
6:15 **TT** Movie

11 Veteran's Day

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **TT** Picture It: Memory Game
1:30 **GG** Chair Yoga
2:00 **E** Dedication:Veteran's Wall
3:00 **B** Rummikub – Independent
3:00 **TT** Bingo w/SWHS
4:00 **AR** Tech Time: Bring a Device!
6:15 **TT** Movie

17

10:00 **GG** Get Fit Exercise
10:30 **B** Daily Wordsearch
11:00 **CR** Morning Chat – Independent
11:00 **TT** Family Feud
1:30 **LI** Book Club: Choose Your Own
3:00 **TT** Crossword Challenge
4:00 **E** Trivia by the Fire
6:15 **TT** Movie

18

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **E** Fox Rehab Health Talk
1:00 **E** Resident Choir Rehearsal
2:15 **GG** Chair Yoga
3:00 **B** Rummikub – Independent
3:00 **TT** Bingo w/SWHS
4:00 **AR** Tech Time: Common Scams
6:15 **TT** Movie

24

10:00 **GG** Get Fit Exercise
10:30 **B** Daily Wordsearch
11:00 **CR** Morning Chat – Independent
11:00 **TT** Finish the Lyrics
1:30 **TT** Armchair Travel:
California: Slideshow and
Discussion
2:30 **TT** Canasta Card Game
4:00 **E** Trivia by the Fire
6:15 **TT** Movie

25

10:00 **TT** Mass Communion & Rosary
10:00 **GG** Stretch it Out
10:30 **B** Daily Wordsearch
11:00 **TT** Watercolors w/Paul
2:00 **TT** Resident Council
3:00 **B** Rummikub – Independent
3:00 **TT** Bingo w/SWHS
4:00 **AR** Tech Time: Bring a Device!
6:15 **TT** Movie

Wednesday



5

10:00 **GG** Sunrise Stretch
10:30 **B** Daily Wordsearch
11:00 **TT** Family Fued
1:30 **TT** Jeff the Plant Guy
3:00 **CR** Poker – Independent
3:00 **GR** Bowling w/SWHS
4:00 **TT** Calendar Committee
6:15 **TT** Movie

12

10:00 **GG** Sunrise Stretch
10:30 **B** Daily Wordsearch
10:30 **ML** Stop & Shop / CVS Trip
11:00 **TT** Crazy 8's Card Game
2:00 **TT** Guided Meditation
3:00 **CR** Poker – Independent
3:00 **GR** Bowling w/SWHS
3:45 **E** Wine Down Happy Hour
6:15 **TT** Movie

19

10:00 **GG** Sunrise Stretch
10:30 **GG** Health Talk w/Kylie
11:00 **TT** Family Fued
2:00 **CR** Veteran's Group
2:00 **TT** Guided Meditation
3:00 **CR** Poker – Independent
3:00 **E** Entertainment
w/Jenn Dispasio
4:00 **E** Wine Down Happy Hour
6:15 **TT** Movie

26

10:00 **GG** Sunrise Stretch
10:30 **ML** Stop & Shop / CVS Trip
10:30 **AR** Oil Painting w/Briana
1:30 **R** Food/Beverage Discussion
2:00 **TT** Guided Meditation
3:00 **CR** Poker – Independent
3:00 **GR** Bowling w/SWHS
3:45 **E** Wine Down Happy Hour
6:15 **TT** Movie

Thursday



6 Nacho Day

10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 **B** Make Nachos w/Nicole
2:30 **GG** Chair Yoga
3:00 **GR** Set Back Card Game
3:00 **AR** Learn to Play Mahjong
4:00 **E** Happy Hour by the Fire
6:15 **TT** Movie

13 Harvest Celebration

10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 **B** Apple Pie Bites w/Nicole
2:00 **TT** 5 Fantastic Women of the
Surrealist Movement
2:30 **GG** Chair Yoga
3:00 **GR** Set Back Card Game
3:00 **AR** Learn to Play Mahjong
4:00 **E** Cider and Donuts
6:15 **TT** Movie:

20 Gingerbread Day

10:00 **GG** Stretch It Out Exercise
10:30 **B** Daily Wordsearch
11:00 **B** Gingerbread Cookies:Nicole
2:00 **TT** Brief Political History of
CT Documentary
2:30 **GG** Chair Yoga
3:00 **GR** Set Back Card Game
3:00 **AR** Learn to Play Mahjong
4:00 **IP** Happy Hour by the Fire
6:15 **TT** Movie:

27 Thanksgiving

9:00 **TT** Macy's Day Parade
1:00 **AR** Football: Green Bay vs.
Detroit
4:30 **TT** Football: Kansas City vs.
Dallas
6:15 **TT** Movie: Miracle on 34th
Street
8:15 **TT** Football: Bengals vs.
Ravens

Friday



7 Jersey Day

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
11:30 **RA** Order In: Jersey Mike's
2:00 **TT** Craft with Amy
3:00 **TT** Ted Talk:Jennifer
Wallace:Why We Need to
Know Our Lives Matter
4:00 **E** Happy Hour by the Fire
6:15 **TT** Netflix Series: The Crown

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10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
1:30 **E** Bday Bash w/Larry Batter
2:30 **TT** Craft with Amy
3:30 **TT** Ted Talk: Alix Generous:
How I Learned to
Communicate My Inner Life
with Asperger's
6:15 **TT** Netflix Series: The Crown

21

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
11:45 **ML** Out Trip: Texas Roadhouse
2:00 **TT** Craft with Amy
3:00 **TT** Ted Talk: Joshua Bell: 300
Years of Classical Music
in 18 Minutes
4:00 **E** Happy Hour by the Fire
6:15 **TT** Netflix Series: The Crown

28

10:00 **GG** Friday Exercise Fun
10:30 **B** Daily Wordsearch
11:00 **TT** Gratitude Circle
12:30 **TT** UCONN Men's Basketball
3:00 **TT** Ted Talk & Discussion:
Beth Ann Fennelly: How
Literature Can Help Us
Develop Empathy
4:00 **E** Happy Hour by the Fire
6:15 **TT** Netflix Series: The Crown

Saturday

1

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Family Feud
2:00 **TT** Bingo Extravaganza
3:00 **TT** Concert: Yanni Live at the
Acropolis 1997
6:15 **TT** Movie

8

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Jeopardy
2:00 **TT** Bingo Extravaganza
3:00 **TT** Concert: Andrea Bocelli -
Love in Portofino
6:15 **TT** Movie

15

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Whiteboard Word Game
2:00 **TT** Hamilton: Filmed Broadway
Original
6:15 **TT** Movie

22

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Jeopardy
2:00 **TT** Bingo Extravaganza
3:00 **TT** Concert: Carpenters in
Concert at the New London
Theatre - 1976
6:15 **TT** Movie

29

10:00 **GG** Rock 'n Exercise
10:30 **B** Daily Wordsearch
11:00 **TT** Family Feud
2:00 **TT** Bingo Extravaganza
2:30 **TT** Matinee: John Wayne:
The Cowboys
6:15 **TT** Movie

Happy Birthday!

Residents

Craig B. 11/15

Dolfina H. 11/19

Peter M. 11/23

Associates

Sophia B. 11/8

Tamara S. 11/18

Julia P. 11/19

Brandon C. 11/25

Paulette B. 11/26

Kate M. 11/26

LOCATION
KEY

GG Gym
B Bistro
TT Theatre
AR Activity Room
CR Club Room
LI Library
E Encore Bar & Lounge
GR Game Room
RA Restaurant Area
ML Main Lobby

Sunday	
November 30	
10:00	TH Live Stream Mass
10:30	LR Sunday Stretch
11:00	LR Mindful Coloring
1:00	LR Christmas Tree Trimming
2:15	LR Mugs & Melodies
2:30	TT UCONN Women’s Basketball
3:00	FL Football Target Toss
4:00	TH Sunday Sit Down: Lisa Kudrow
6:00	TH “The Music Man”
2	
10:00	TH Live Stream Mass
10:30	LR Sunday Stretch
11:00	LR Mindful Coloring
1:30	GG Qigong with Marivic
2:15	LR Mugs & Melodies
3:00	FL Football Target Toss
4:00	TH Sunday Sit Down: Michael J. Fox
6:00	TH “Newsies”
9	
10:00	TH Live Stream Mass
10:30	LR Sunday Stretch
11:00	LR Mindful Coloring
1:00	LR Musical Puzzle: Folk Songs
2:15	LR Mugs & Melodies
3:00	LR Ring Toss
4:00	TH Sunday Sit Down: Dolly Parton
6:00	TH “Fiddler on the Roof”
16	
10:00	TH Live Stream Mass
10:30	LR Sunday Stretch
11:00	LR Mindful Coloring
12:00	TT UCONN Women’s Basketball
2:15	LR Mugs & Melodies
3:00	FL Football Target Toss
4:00	TH Sunday Sit Down: Sylvester Stallone
6:00	TH “Hamilton”
23	
10:00	TH Live Stream Mass
10:30	LR Sunday Stretch
11:00	LR Mindful Coloring
1:30	GG Qigong with Marivic
2:15	LR Mugs & Melodies
2:30	TT UCONN Women’s Basketball
3:00	LR Ring Toss
4:00	TH Sunday Sit Down: Eva Longoria
6:00	TH “Into the Woods”

Monday

Tuesday

Evergreen Walk- Interlude

1000 Cottonwood Ln
South Windsor, CT 06074
(860) 288-1699
www.allegroliving.com/communities/south-windsor-ct

Interlude

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10:00 TH Monday Meditation
10:30 LR "Paul McCartney: The Lyrics" Book Reading
11:00 LR Concept to Creation: Microwave
1:00 LR Song Recall: Broadway
2:00 LR Tempo and Texture:Playbill
3:00 LR Bowling
4:00 TH Virtual Tour:Impressionism
6:00 TH "The Crown"

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10:00 TH Monday Meditation
10:30 LR "Love, Lucy" Book Reading
11:00 LR Concept to Creation: Television
1:00 LR Song Recall: Ballads
2:00 LR Tempo and Texture: Call & Response
3:00 LR Bowling
4:00 Virtual Tour: Baroque Art
6:00 TH "The Crown"

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10:00 TH Monday Meditation
10:30 LR "A Natural Woman" Book Reading
11:00 LR Concept to Creation: Polaroid
1:00 LR Song Recall: Soundtracks
2:00 LR Tempo and Texture: Origami
3:00 LR Bowling
4:00 Virtual Tour: Renaissance
6:00 TH "The Crown"

24

10:00 TH Monday Meditation
10:30 LR "Home Work" Book Reading
11:00 LR Concept to Creation: Jukebox
1:00 LR Song Recall: Family Bands
2:00 LR Tempo and Texture: Sheet Music Cards
3:00 LR Bowling
4:00 Virtual Tour: Prehistoric
6:00 TH "The Crown"

4

10:00 TH Sunrise Stretch
10:30 LR Art By Number: Winnie the Pooh
11:00 LR This Day In History
1:00 LR Resident Choir Rehearsal
2:00 LR Bingo Fun for All
3:00 LR Ladder Ball
4:00 TH Behind the Attraction: Pirates of the Caribbean
6:00 TH "Roman Holiday"

11

Veteran's Day
10:00 TH Sunrise Stretch
10:30 LR Watercolors with Paul
1:00 LR Ukulele Music with Bridget
2:00 LR Patriotic Bingo
3:00 LR Ladder Ball
4:00 TH Behind the Attraction: Big Thunder Mountain Railroad
6:00 TH "An American in Paris"

18

10:00 TH Sunrise Stretch
10:30 LR Art By Number:Mickey Mouse
11:00 LR Mickey Mouse Trivia
1:00 LR Resident Choir Rehearsal
2:00 LR Disney Bingo
3:00 LR Ladder Ball
4:00 TH Disney World Virtual Tour
4:00 TH Behind the Attraction: Jungle Cruise
6:00 TH "Lawrence of Arabia"

25

10:00 TH Sunrise Stretch
10:30 LR Art By Number: Donald Duck
11:00 LR This Day In History
1:00 LR Ukulele Music with Bridget
2:00 LR Bingo Fun for All
3:00 LR Ladder Ball
4:00 TH Behind the Attraction: Haunted Mansion
6:00 TH "Out of Africa"

Wednesday		Thursday	
			
5		6	
10:00	TH Chair Yoga	10:00	TH Stretch It Out Exercise
10:30	RA Baking Club: Cranberry Orange Bread	10:30	LR Mandala Coloring
11:00	LR Story Blanks	10:45	LR Book Discussion
1:30	ML Out Trip: Hartford Baking Company	1:00	LR Album Spotlight: Close to You
3:00	LR Bowling	2:00	LR Thanksgiving Tree Craft
4:00	TH Golden Memories: Acts of Kindness	3:00	LR Volleyball
6:00	TH “Music by John Williams”	4:00	TH Ted Talk: “How Gratitude Rewires Your Brain”
12		6:00	TH “Mamma Mia”
10:00	TH Chair Yoga	13	Harvest Celebration
10:30	LR Group Crosswords	10:00	TH Stretch It Out Exercise
11:00	LR The Gratitude Game	10:30	LR Leaf Chalk Art
1:00	LR Fall Truck Craft	10:45	LR Book Discussion
2:00	RA Baking Club: Pumpkin Ice Cream	1:00	LR Album Spotlight: The Genius of Ray Charles
3:00	LR Bowling	2:00	RA Harvest Celebration
4:00	TH Golden Memories: Family Tree	3:00	LR Volleyball
6:00	TH “Lilith Fair”	4:00	TH Ted Talk: “365 Days of Thank You”
19		6:00	TH “Dream Girls”
10:00	TH Chair Yoga	20	
10:30	RA Baking Club: Cinnamon Coffee Cake	10:00	TH Stretch It Out Exercise
11:00	TH Health Talk with Enhabit	10:30	LR Velvet Coloring
1:30	ML Out Trip: Coldstone Creamery	10:45	LR Book Discussion
3:00	LR Entertainment: Jen Depasio	1:00	LR Album Spotlight: Pet Sounds
4:00	TH Golden Memories: Cooking	2:00	LR Fabric Pumpkins
6:00	TH “The Beatles: Get Back”	3:00	LR Volleyball
		4:00	TH Ted Talk: “How Thanking Awakens Our Thinking”
26		6:00	TH “La La Land”
10:00	TH Chair Yoga	27	Thanksgiving Day
10:30	LR Word Puzzle Games	9:00	TH Macy’s Thanksgiving Day Parade
11:00	LR Holiday Pictionary	1:00	LR Thanksgiving Trivia
1:00	LR Confetti Foundation Cards	2:00	LR Turkey Day Coloring
2:00	RA Baking Club: Peanut Butter Acorns	3:00	LR Movie: Free Birds
3:00	LR Bowling	6:00	TH “Miracle on 34th Street”
4:00	TH Golden Memories: Thanksgiving Traditions		
6:00	TH “Super/Man”		

Friday		Saturday	
			
7		1	
10:00	TH Friday Exercise Fun	10:00	TH Rock ‘n Exercise
10:30	LR Scattergories	10:30	LR Word Search Challenge
11:00	LR Finishing Lines	11:00	LR Jeopardy
1:00	TH Travelogue: Sojourn in Sweden	1:00	TH Movie Matinee
2:00	RA Autumn Tea Party	2:00	LR Karaoke
3:00	LR Bean Bag Toss	3:00	LR Bingo Extravaganza
4:00	TH Family Feud	4:00	RA Happy Hour
6:00	TH “I Love Lucy”	6:00	TH Unplugged: John Mellencamp
14		8	
10:00	TH Friday Exercise Fun	10:00	TH Rock ‘n Exercise
10:30	LR Roll and Guess	10:30	LR Word Search Challenge
11:00	LR Which Came First?	11:00	LR Jeopardy
1:30	E Entertainment: Larry Batter	1:00	TH Movie Matinee
3:00	LR Bean Bag Toss	2:00	LR Karaoke
4:00	TH Family Feud	3:00	LR Bingo Extravaganza
6:00	TH “The Dick Van Dyke Show”	4:00	RA Happy Hour
		6:00	TH Unplugged: Hall & Oates
21		15	
10:00	TH Friday Exercise Fun	10:00	TH Rock ‘n Exercise
10:30	LR Pictionary	10:30	LR Word Search Challenge
11:00	LR Guess in 10	11:00	LR Jeopardy
1:00	TH Travelogue: Talking Turkey	1:00	TH Movie Matinee
2:00	RA Autumn Tea Party	2:00	LR Karaoke
3:00	LR Bean Bag Toss	3:00	LR Bingo Extravaganza
4:00	TH Family Feud	4:00	RA Happy Hour
6:00	TH “The Andy Griffith Show”	6:00	TH Unplugged: Aerosmith
28		22	
10:00	TH Friday Exercise Fun	10:00	TH Rock ‘n Exercise
10:30	LR Odd Word Out	10:30	LR Word Search Challenge
11:00	LR Over or Under?	11:00	LR Jeopardy
12:30	TH UConn Men’s Basketball Watch	1:00	TH Movie Matinee
2:00	RA Autumn Tea Party	2:00	LR Karaoke
3:00	LR Bean Bag Toss	3:00	LR Bingo Extravaganza
4:00	TH “A Charlie Brown Thanksgiving”	4:00	RA Happy Hour
6:00	TH “The Carol Burnett Show”	6:00	TH Unplugged: Bryan Adams

This Month...

11/11: Veteran’s Day

11/13: Harvest Celebration

11/27: Thanksgiving Day

“The more you practice the art of thankfulness, the more you have to be thankful for.”
— Norman Vincent Peale

LOCATION KEY

- TH** Theater Area
- LR** Living Room
- RA** Restaurant Area
- GG** Gym
- FL** Front Living Room
- ML** Main Lobby
- E** Encore Bar & Lounge
- TT** Theatre

Sunday November 30

9:30 **BL** Early Morning Weather
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/C
1:30 **FL** Music For the Ages
2:00 **SL** Name That Famous Artist
2:30 **BL** Mocktail & Snacks
3:30 **BL** Fidget Discovery/Sensory
4:00 **FL** Pre-Dinner Walk
5:30 **BL** Sunday Night Football

2 Daylight Saving Ends

9:30 **BL** Early Morning Weather
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/M
1:30 **FL** Music For the Ages
2:00 **SL** Name That Famous Artist
2:30 **BL** Mocktail & Snacks
3:30 **BL** Fidget Discovery/Sensory
4:00 **FL** Pre-Dinner Walk
5:30 **BL** Sunday Night Football

9

9:30 **BL** Early Morning Weather
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/U
1:30 **FL** Music For the Ages
2:00 **SL** Name That Famous Artist
2:30 **BL** Mocktail & Snacks
3:30 **BL** Fidget Discovery/Sensory
4:00 **FL** Pre-Dinner Walk
5:30 **BL** Sunday Night Football

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9:30 **BL** Early Morning Weather
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/S
1:30 **FL** Music For the Ages
2:00 **SL** Name That Famous Artist
2:30 **BL** Mocktail & Snacks
3:30 **BL** Fidget Discovery/Sensory
4:00 **FL** Pre-Dinner Walk
5:30 **BL** Sunday Night Football

23

9:30 **BL** Early Morning Weather
10:00 **BL** Celebration/Eucharist
10:30 **BL** Stretching & Flexing
11:00 **BL** Words That Start w/I
1:30 **FL** Music For the Ages
2:00 **SL** Name That Famous Artist
2:30 **BL** Mocktail & Snacks
3:30 **BL** Fidget Discovery/Sensory
4:00 **FL** Pre-Dinner Walk
5:30 **BL** Sunday Night Football

Monday Evergreen Walk Ensemble

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Ensemble

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9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Indoor Morning Walk
11:00 **BL** Whiteboard: Words w/Words
1:30 **FL** Pumpkin Art w/Music
2:00 **FL** 1950's Music Era
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

10 Forget Me Not Day

9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Indoor Morning Walk
11:00 **BL** History Of Forget Me Not
1:30 **FL** Forget Me Not Day Art
2:00 **FL** 1940's Era Music
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

17

9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Indoor Morning Walk
11:00 **BL** Whiteboard: Words w/Words
1:30 **FL** Famous Artist w/Music
2:00 **FL** 1930's Era Music
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

24

9:30 **BL** Coffee & Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Indoor Morning Walk
11:00 **BL** Whiteboard: Words w/Words
1:30 **FL** Famous Artist w/Music
2:00 **FL** Music & Coloring
2:30 **BL** Mocktail Social Hour
3:30 **FL** Warm Hand Towels
4:00 **BL** Monday Music Memories
5:30 **BL** After Dinner Jazz

Tuesday

4 Election Day

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 **EK** Bake: Fresh Cookies
11:00 **BL** Karaoke Sing Along
1:30 **FL** Warm Hand Towels
2:00 **FL** Bowling Game
2:30 **FL** Beach Ball Game
3:30 **FL** Virtual Word Solve Game
4:00 **BL** Seated Exercise
5:30 **BL** Classic Movie Night

11 Veterans Day

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 **EK** Bake: Vanilla Cup Cakes
11:00 **BL** Karaoke Sing Along
1:30 **FL** Entertainment W/Tom
2:00 **FL** Bowling Game
2:30 **FL** Beach Ball Game
3:30 **FL** Virtual Word Solve Game
4:00 **BL** Seated Exercise
5:30 **BL** Classic Movie Night

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9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 **SL** Watercolors Art /w Paul
11:00 **BL** Karaoke Sing Along
1:30 **FL** Warm Hand Towels
2:00 **FL** Bowling Game
2:30 **FL** Beach Ball Game
3:30 **FL** Virtual Word Solve Game
4:00 **BL** Seated Exercise
5:30 **BL** Classic Movie Night

25 National Parfait Day

9:30 **BL** Wheel Of Fortune
10:00 **BL** Communion & Eucharist
10:30 **EK** Parfait Cups Dessert
11:00 **BL** Welcome New Residents
1:30 **FL** Warm Hand Towels
2:00 **FL** Bowling Game
2:30 **FL** Beach Ball Game
3:30 **FL** Virtual Word Solve Game
4:00 **BL** Seated Exercise
5:30 **BL** Classic Movie Night

Wednesday



Paul 1944 Veteran

5

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 **BL** "Balloon Toss" Exercise
11:00 **BL** Cardio Blast Exercise
1:30 **FL** Scarecrow Cornhole Game
2:00 **FL** Short Stories w/ Marquis
2:30 **FL** Famous Faces Project
3:00 **FL** Travelog: National Parks
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

12

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 **BL** Mystery Ride: Leaf peeping
11:00 **BL** Cardio Blast Exercise
1:30 **FL** Scarecrow Cornhole Game
2:00 **FL** Short Stories w/ Marquis
2:30 **FL** Famous Faces Project
3:00 **FL** Travelog: National Parks
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

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9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 **BL** "Balloon Toss" Exercise
11:00 **BL** Cardio Blast Exercise
1:30 **FL** Entertainment w/Jennifer
2:00 **FL** Short Stories w/ Marquis
2:30 **FL** Famous Faces Project
3:00 **FL** Travelog: National Parks
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

26

9:30 **BL** Morning News & Updates
10:00 **BL** Daily Mass TV
10:30 **BL** Outing: Northwest Park
11:00 **BL** Cardio Blast Exercise
1:30 **FL** Scarecrow Cornhole Game
2:00 **FL** Short Stories w/ Marquis
2:30 **FL** Famous Faces Project
3:00 **FL** Travelog: National Parks
4:00 **BL** Midweek Music Circle
5:30 **BL** Movie Mysteries

Thursday



6 National Nachos Day

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Music & Meditation
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 **FL** Ray's Birthday Party
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Travelog: State by State
4:00 **BL** Music Request Hour
5:30 **BL** Thursday's Football Night

13

9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Music & Meditation
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 **BL** Mocktail Spritz & Snacks
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Travelog: State by State
4:00 **BL** Music Request Hour
5:30 **BL** Thursday's Football Night

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9:30 **BL** Tea & Coffee Conversation
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Music & Meditation
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 **BL** Mocktail Spritz & Snacks
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Travelog: State by State
4:00 **BL** Music Request Hour
5:30 **BL** Thursday's Football Night

27 Thanksgiving Day

9:30 **BL** Macys Thanksgiving Parade
10:00 **BL** Catholic Archdiocese Mass
10:30 **FL** Music & Meditation
11:00 **FL** Tone Up Thursday
1:30 **FL** Ensemble Care Bingo Game
2:00 **BL** Mocktail Spritz & Snacks
2:30 **FL** Exploration Fidget Teddy
3:30 **BL** Travelog: State by State
4:00 **BL** Music Request Hour
5:30 **BL** Thursday's Football Night

Friday



7 National Jersey Friday

9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
10:30 **BL** Functional Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Rock Art
2:00 **BL** Mocktail & Snacks
2:30 **FL** Inside Walk
3:00 **FL** Tabletop Bowling
4:00 **BL** Puzzling Shapes
5:30 **BL** Movie Dramas

14

9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
10:30 **BL** Functional Fitness Friday
11:00 **BL** Expressions Game Cards
1:30 **FL** Basketball Game
2:00 **BL** Mocktail & Snacks
2:30 **FL** Inside Walk
3:00 **FL** Tabletop Bowling
4:00 **BL** Puzzling Shapes
5:30 **BL** Movie Dramas

21

9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
11:00 **BL** Functional Fitness Friday
11:00 **BL** Reborn Reasons w/Jaime
1:30 **FL** Basketball Game
2:00 **BL** Mocktail & Snacks
2:30 **FL** Inside Walk
3:00 **FL** Tabletop Bowling
4:00 **BL** Puzzling Shapes
5:30 **BL** Movie Dramas

28

9:30 **BL** Coffee & Conversation
10:00 **BL** Celebration/ Of Eucharist
11:00 **BL** Expressions Game Cards
11:00 **BL** Functional Fitness Friday
1:30 **FL** Basketball Game
2:00 **BL** Mocktail & Snacks
2:30 **FL** Inside Walk
3:00 **FL** Tabletop Bowling
4:00 **BL** Puzzling Shapes
5:30 **BL** Movie Dramas

Saturday

1

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** This Day in History
3:30 **FL** Word Game Discovery
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

8

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** This Day in History
3:30 **FL** Word Game Discovery
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

15

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** This Day in History
3:30 **FL** Word Game Discovery
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

22

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** This Day in History
3:30 **FL** Word Game Discovery
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

29

9:30 **BL** Morning News & Updates
10:00 **BL** Holy Mass – On Air
10:30 **BL** Stretching Workout
11:00 **BL** Virtual Jeopardy
1:30 **BL** Ensemble I Spy Game
2:00 **FL** Cozy w/Hot Cocoa Day's
2:30 **BL** This Day in History
3:30 **FL** Word Game Discovery
4:00 **BL** Exploration Word Games
5:30 **BL** Weekend: Movie Comedy

Welcome November

Election Day
11/4

November Birthday Party
Ray, V. 11/6

National Jersey Day
(Team Spirit)
11/7

Veteran's Day
11/11

Hanukkah
11/20

Thanksgiving Day
11/27

LOCATION KEY

BL Back Living Room
FL Front Living Room
SL Side Living Room
EK Ensemble Kitchen