

UPCOMING COMMUNITY EVENTS



CHRISTMAS LIGHTS AT TILLES PARK

Join us for an adventure through Tilles Park to see Christmas lights on Monday December 16. The bus will depart at 4:30PM.

HOLIDAY OPEN HOUSE

Celebrate the season with us! Enjoy festive holiday music, cookie decorating, ornament making, a cozy hot chocolate bar, and a delicious holiday brunch. Browse holiday gifts, create sweet memories, and snap a photo with our very special guest! A special lunch menu will be available by our Executive Chef Jas! Doors open on Saturday December 13 11AM-2PM



HAPPY NEW YEAR!



CHAMPAGNE TOAST

Help us ring in the new year with Champagne on Wednesday December 31st at 7PM in the Bistro.

Allegro in Richmond Heights

1055 Bellevue Avenue
Richmond Heights , MO 63117
(314) 626-5786



FLOURISH

DECEMBER 2025

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"THE JOY OF BRIGHTENING OTHER LIVES BECOMES, FOR US, THE MAGIC OF THE HOLIDAYS."
-W.C JONES



December 2025

Around our Community

December Happenings

December is a wonderful month to connect, create, and celebrate together! This month, we have a variety of engaging activities planned, from social gatherings to outings and special holiday events. Please note that **all activities are subject to change**, so be sure to keep an eye on updates and announcements.

LOCATION KEY

- B** Bistro
- TH** Theater
- LO** Lobby
- CR** Community Room
- LI** Library
- SDR** Symphony Dining Room
- P4** 4th Floor Patio
- CD** Card Room
- PDR** Private Dining Room

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- 7**
- 10:30 **TH** Heroes of the Bible
12:00 **LO** Walking Club
2:00 Movie
3:00 **B** Bistro Games (Resident-Led)

- 14**
- 10:30 **TH** Heroes of the Bible
12:00 **LO** Walking Club
2:00 Movie
3:00 **B** Bistro Games (Resident-Led)

- 21**
- 10:30 **TH** Heroes of the Bible
12:00 **LO** Walking Club
2:00 Movie
3:00 **B** Bistro Games (Resident-Led)

- 28**
- 10:30 **TH** Heroes of the Bible
12:00 **LO** Walking Club
2:00 Movie
3:00 **B** Bistro Games (Resident-Led)

- 1**
- 10:15 **B** Word puzzle game
10:30 **TH** Documentary Film
12:00 **LO** Walking Club
1:00 **LO** Shopping Trip: Hobby Lobby
1:30 **CR** Boggle
2:30 **B** Art & Craft
3:00 **TH** Resident-Led “Eugene Onegin” by Tchaikovsky

- 8**
- 10:15 **B** Word puzzle game
10:30 **TH** Documentary Film
12:00 **LO** Walking Club
1:00 **LO** Shopping Trip: Schnucks
1:30 **CR** Boggle
2:00 **B** Therapy Exercise Circle
3:00 **B** Art & Craft

- 15**
- 10:00 **B** Word puzzle game
10:30 **TH** Children’s Choir: Blessed Teresa of Calcutta School
12:00 **LO** Walking Club
1:00 **LO** Shopping Trip: Walmart
1:30 **CR** Boggle
2:00 **B** Therapy Exercise Circle
3:00 **B** Art & Craft
3:00 **TH** Resident-Led “A Night at the Opera”

- 22**
- 10:15 **B** Word puzzle game
10:30 **TH** Documentary Film
12:00 **LO** Walking Club
1:00 **LO** Shopping Trip: Target
1:30 **TH** Resident Council Meeting
1:30 **CR** Boggle
2:00 **B** Therapy Exercise Circle
3:00 **B** Art & Craft

- 29**
- 10:15 **B** Word puzzle game
10:30 **TH** Documentary Film
12:00 **LO** Walking Club
1:00 **LO** Shopping Trip: Walmart
1:30 **CR** Boggle
2:00 **B** Therapy Exercise Circle
3:00 **B** Art & Craft
5:00 **B** Spanish Word Game

- 2**
- 10:45 **B** Whiteboard games
11:00 **TH** Drum Circle with Tricia
11:00 **LI** Library Visit with Jacob Baker
12:00 **LO** Walking Club
1:00 **CR** Baking Club
2:00 **B** Prize B-I-N-G-O
3:00 **CR** Tai Chi
3:30 **B** Chair Volleyball
4:00 Technology Tuesday with

- 9**
- 10:45 **B** Whiteboard games
11:00 **TH** Drum Circle with Tricia
12:00 **LO** Walking Club
1:00 **CR** Baking Club
2:00 **B** Prize B-I-N-G-O
3:00 **CR** Tai Chi
3:30 **B** Chair Volleyball
4:00 Technology Tuesday with Tricia

- 16**
- 10:45 **B** Whiteboard games
11:00 **TH** Drum Circle with Tricia
12:00 **LO** Walking Club
1:00 **CR** Baking Club
2:00 **B** Prize B-I-N-G-O
3:00 **CR** Tai Chi
3:30 **B** Chair Volleyball
4:00 Technology Tuesday with Tricia
4:30 Christmas Lights at Tilles

- 23**
- 10:45 **B** Whiteboard games
11:00 **TH** Drum Circle with Tricia
12:00 **LO** Walking Club
1:00 **CR** Baking Club
2:00 **B** Prize B-I-N-G-O
3:00 **CR** Tai Chi
3:30 **B** Chair Volleyball
4:00 Technology Tuesday with Tricia
5:00 **B** Spanish Word Game

- 30**
- 10:45 **B** Whiteboard games
11:00 **TH** Drum Circle with Tricia
12:00 **LO** Walking Club
1:00 **CR** Baking Club
2:00 **B** Prize B-I-N-G-O
3:00 **CR** Tai Chi
3:30 **B** Chair Volleyball
4:00 Technology Tuesday with Tricia

- 3**
- 10:30 **TH** Catholic Mass & Communion
11:30 **LI** Devotional Service
12:00 **LO** Walking Club
1:00 **CR** Rummikub
2:00 **B** Vitality Yoga
2:00 **CR** Card Game: Kings in the Corner
2:30 **CR** Card game- Spoons
3:00 **SDR** Happy Hour + Live Music with Charles Selbert

- 10**
- 10:30 **TH** Catholic Mass & Communion
11:30 **LI** Devotional Service
12:00 **LO** Walking Club
1:00 **CR** Rummikub
2:00 **B** Vitality Yoga
2:00 **CR** Card Game: Kings in the Corner
2:30 **CR** Card game- Spoons
3:00 **SDR** Happy Hour + Live Music with Chad Evans

- 17**
- 10:30 **TH** Catholic Mass & Communion
11:30 **LI** Devotional Service
12:00 **LO** Walking Club
1:00 **CR** Rummikub
2:00 **B** Vitality Yoga
2:00 **CR** Card Game: Kings in the Corner
2:30 **CR** Card game- Spoons
3:00 **SDR** Happy Hour + Live Music Lamar Pilsing

- 24**
- 10:30 **TH** Catholic Mass & Communion
11:30 **LI** Devotional Service
12:00 **LO** Walking Club
1:00 **TH** Christmas Movie
2:00 **B** Vitality Yoga
3:00 **SDR** Happy Hour + Live Music

- 31**
- 10:30 **TH** Catholic Mass & Communion
11:30 **LI** Devotional Service
12:00 **LO** Walking Club
1:00 **CR** Rummikub
2:00 **B** Vitality Yoga
2:00 **CR** Card Game: Kings in the Corner
2:30 **CR** Card game- Spoons
3:00 **SDR** Happy Hour + Live Music
7:00 **B** Champagne New Years Toast

- 4**
- 9:00 **SDR** Java with Jeremy
10:00 **CR** Tai Chi
10:45 **B** Scrabble
12:00 **LO** Walking Club
1:00 **B** Whiteboard Game
2:00 **B** Prize B-I-N-G-O
3:00 Scenic Bus ride and Ted Drews
5:00 **B** Spanish Word Game

- 11**
- 9:00 **SDR** Java with Jeremy
10:00 **CR** Tai Chi
10:45 **B** Scrabble
12:00 **LO** Walking Club
1:00 **B** Whiteboard Game
2:00 **B** Prize B-I-N-G-O
3:30 **B** Thirsty Thursday Trivia
4:30 Crossword Puzzles
5:00 **B** Spanish Word Game

- 18**
- 9:00 **SDR** Java with Jeremy
10:00 **CR** Tai Chi
10:45 **B** Scrabble
12:00 **LO** Walking Club
1:00 **B** Whiteboard Game
2:00 **B** Prize B-I-N-G-O
3:30 **B** Thirsty Thursday Trivia
5:00 **B** Spanish Word Game
6:00 **PDR** Resident-Led Book Club

- 25**
- 10:00 **CR** Hot Chocolate Bar
12:00 **LO** Walking Club
1:00 **B** Christmas Pictionary
2:00 **B** Christmas Movie

- 5**
- 10:15 **B** Whiteboard game
11:00 **B** Therapy Exercise Circle
12:00 **LO** Walking Club
2:00 **P4** STL Strutters
2:30 **B** Mahjong Resident-Led
3:30 **TH** Activity Planning Meeting
4:00 **CR** Dominos Game: Mexican Train
5:45 **TH** Movie

- 12**
- 10:15 **B** Whiteboard game
11:00 **B** Therapy Exercise Circle
12:00 **LO** Walking Club
1:00 **LO** Lunch outing: Cheesecake Factory
2:30 **B** Mahjong Resident-Led
3:30 **TH** Food Committee Meeting
4:00 **CR** Dominos Game: Mexican Train
5:45 **TH** Movie

- 19**
- 10:15 **B** Whiteboard game
11:00 **B** Therapy Exercise Circle
12:00 **LO** Walking Club
1:00 **LO** Resident Outing: Magical Model Trains
3:00 **B** Mahjong
4:00 **CR** Dominos Game: Mexican Train
5:45 **TH** Movie

- 26**
- 10:15 **B** Whiteboard game
11:00 **B** Therapy Exercise Circle
12:00 **LO** Walking Club
1:00 **B** Christmas Pictionary
2:00 **B** Mahjong
3:00 Monthly Birthday Celebration
4:00 **CR** Dominos Game: Mexican Train
5:45 **TH** Movie

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December 2025

Sunday



7
9:30 **AR** Spiritual Music
10:00 **AR** Gentle Stretch
10:30 AR Virtual Catholic Mass
12:30 **AR** Joggin’ Your Knoggin’
1:00 **AR** Concert Series
2:00 **LR** Sunday Snacks & Social
3:30 **AR** Big Ball Bowling
5:00 **LR** Evening Wind Down

14 Happy Hanukkah
9:30 **AR** Spiritual Music
10:00 **AR** Gentle Stretch
10:30 AR Virtual Catholic Mass
12:30 **AR** Joggin’ Your Knoggin’
1:00 **AR** Concert Series
2:00 **LR** Sunday Snacks & Social
3:30 **AR** Big Ball Bowling
5:00 **LR** Evening Wind Down

21
9:30 **AR** Spiritual Music
10:00 **AR** Gentle Stretch
10:30 AR Virtual Catholic Mass
12:30 **AR** Joggin’ Your Knoggin’
1:00 **AR** Concert Series
2:00 **LR** Sunday Snacks & Social
3:30 **AR** Big Ball Bowling
5:00 **LR** Evening Wind Down

28
9:30 **AR** Spiritual Music
10:00 **AR** Gentle Stretch
10:30 AR Virtual Catholic Mass
12:30 **AR** Joggin’ Your Knoggin’
1:00 **AR** Concert Series
2:00 **LR** Sunday Snacks & Social
3:30 **AR** Big Ball Bowling
5:00 **LR** Evening Wind Down

Monday

1
9:30 **AR** Morning Melodies
10:00 **DR** Foodies Club
10:30 E Holiday Decorating!
12:30 **LR** Movie Matinee & Popcorn
2:00 **AR** Snack & Chat
2:45 AR Exercise with Aaron
3:30 **SLN** Spa-La-La
5:00 **AR** Card Games & Puzzles

8
9:30 **AR** Morning Melodies
10:00 AR Sing-along With Tom!
11:00 **AR** Color & Chat
12:30 **LR** Movie Matinee & Popcorn
2:00 **AR** Snack & Chat
2:45 AR Exercise with Aaron
3:30 **SLN** Spa-La-La
5:00 **AR** Card Games & Puzzles

15
9:30 **AR** Morning Melodies
10:00 DR Foodies Club
10:30 AR Hanukkah Craft
12:30 **LR** Movie Matinee & Popcorn
2:00 **AR** Snack & Chat
2:45 AR Exercise with Aaron
3:30 **SLN** Spa-La-La
5:00 **AR** Card Games & Puzzles

22 Hanukkah Ends
9:30 **AR** Morning Melodies
10:00 DR Foodies Club
11:00 **AR** Color & Chat
12:30 **LR** Movie Matinee & Popcorn
2:00 **AR** Snack & Chat
2:45 AR Exercise with Aaron
3:30 **SLN** Spa-La-La
5:00 **AR** Card Games & Puzzles

29
9:30 **AR** Morning Melodies
10:00 AR Sing-along With Tom!
11:00 **AR** Color & Chat
12:30 **LR** Movie Matinee & Popcorn
2:00 **AR** Snack & Chat
2:45 AR Exercise with Aaron
3:30 **SLN** Spa-La-La
5:00 **AR** Card Games & Puzzles

Tuesday

2
9:00 **AR** Chair Yoga
9:30 **AR** Banter & Beats
10:00 SD Scenic Adventures
12:30 **AR** Disco Dance Party
1:00 **AR** Music B-I-N-G-O
2:00 AR Cozy Cocoa Hour
3:00 **AR** Golden Oldies Hour
5:00 **LR** Evening Wind Down

9
9:30 **AR** Banter & Beats
9:30 **AR** Bounce to Balance
10:30 **AR** Name That Tune
12:30 **AR** Cornhole Competition
1:00 **AR** Music B-I-N-G-O
2:00 AR Cozy Cocoa Hour
3:00 **AR** Golden Oldies Hour
5:00 **LR** Evening Wind Down

16
9:00 **AR** Chair Yoga
9:30 **AR** Banter & Beats
10:00 SD Scenic Adventures
12:30 **AR** Disco Dance Party
1:00 **AR** Music B-I-N-G-O
2:00 AR Cozy Cocoa Hour
3:00 **AR** Golden Oldies Hour
5:00 **LR** Evening Wind Down

23
9:30 **AR** Banter & Beats
9:30 **AR** Bounce to Balance
10:30 **AR** Name That Tune
12:30 **AR** Cornhole Competition
1:00 **AR** Music B-I-N-G-O
2:00 AR Cozy Cocoa Hour
3:00 **AR** Golden Oldies Hour
5:00 **LR** Evening Wind Down

30
9:00 **AR** Chair Yoga
9:30 **AR** Banter & Beats
10:00 SD Scenic Adventures
12:30 **AR** Disco Dance Party
1:00 **AR** Music B-I-N-G-O
2:00 AR Cozy Cocoa Hour
3:00 **AR** Golden Oldies Hour
5:00 **LR** Evening Wind Down

Wednesday

3
9:30 **AR** Morning Melodies
10:00 **AR** Groove & Move Exercise
10:30 AR Let’s Make Ornaments
12:30 **AR** Keep It Up!
1:00 AR Travelogue: Philippines
2:00 **AR** Sip’n’Snack
3:00 SDR Live Music!
5:00 **AR** Card Games & Puzzles

10
9:30 **AR** Morning Melodies
10:00 **AR** Groove & Move Exercise
10:30 **AR** Fun Facts and Trivia
12:30 **AR** Keep It Up!
1:00 AR Travelogue: Peru
2:00 **AR** Sip’n’Snack
3:00 SDR Live Music!
5:00 **AR** Card Games & Puzzles

17
9:30 **AR** Morning Melodies
10:00 **AR** Groove & Move Exercise
10:30 **AR** Fun Facts and Trivia
12:30 **AR** Keep It Up!
1:00 AR Travelogue: Morocco
2:00 **AR** Sip’n’Snack
3:00 SDR Live Music!
5:00 **AR** Card Games & Puzzles

24 Christmas Eve
9:30 **AR** Morning Melodies
10:00 **AR** Groove & Move Exercise
10:30 **AR** Fun Facts and Trivia
12:30 **AR** Keep It Up!
1:00 AR Travelogue: Slovenia
2:00 **AR** Sip’n’Snack
3:00 SDR Live Music!
5:00 **AR** Card Games & Puzzles

31 New Year’s Eve
9:30 **AR** Morning Melodies
10:00 **AR** Groove & Move Exercise
10:30 **AR** Fun Facts and Trivia
12:00 AR New Year’s Party!
1:00 AR Travelogue: New Year’s
2:00 **AR** Sip’n’Snack
3:00 SDR Live Music!
5:00 **AR** Card Games & Puzzles

Thursday

4
9:30 **AR** Banter & Beats
10:00 CR Exercise with Aaron
10:30 **AR** Game On!
12:30 **AR** Big Ball Bowling
1:00 AR Discovery Hour: Cheetahs
2:00 **AR** Pop, Pop, Popcorn!
3:30 **AR** Ready, Set, Puzzle
5:00 **LR** Evening Wind Down

11
9:30 **AR** Banter & Beats
10:00 CR Exercise with Aaron
10:30 **AR** Game On!
12:30 **AR** Classic TV Comedies
1:00 AR Discovery Hour: Mountains
2:00 **AR** Pop, Pop, Popcorn!
3:30 **AR** Ready, Set, Puzzle
5:00 SD Winter Wonderland Tour

18
9:30 **AR** Banter & Beats
10:00 CR Exercise with Aaron
10:30 **AR** Game On!
12:30 **AR** Big Ball Bowling
1:00 AR Discovery Hour: Hannukah
2:00 **AR** Pop, Pop, Popcorn!
3:30 **AR** Ready, Set, Puzzle
5:00 **LR** Evening Wind Down

25 Merry Christmas
9:30 **AR** Banter & Beats
10:00 **CR** Groove & Move Exercise
10:30 AR Reindeer Games!
12:30 AR Classic TV: Christmas
1:00 AR Discovery Hour: North Pole
2:00 LR Movie and a Treat
3:30 **AR** Ready, Set, Puzzle
5:00 **LR** Evening Wind Down



Friday

5
9:30 **AR** 50’s Music Friday
10:00 **RR** Let’s Walk!
10:30 DR Fudge Fridays!
12:30 **AR** Pictionary
1:00 **AR** Crafting Corner
2:00 LR STL Strutters!
3:00 **AR** Sensory Sensations
5:00 **AR** Card Games & Puzzles

12
9:30 **AR** 50’s Music Friday
10:00 **RR** Let’s Walk!
10:30 DR Fudge Fridays!
12:30 **AR** Charades
1:00 **AR** Crafting Corner
2:00 AR Weekend Warm-Up
3:00 **AR** Sensory Sensations
5:00 **AR** Card Games & Puzzles

19
9:30 **AR** 50’s Music Friday
10:00 **RR** Let’s Walk!
10:30 DR Fudge Fridays!
12:30 **AR** Pictionary
1:00 **AR** Crafting Corner
2:00 AR Weekend Warm-Up
3:00 **AR** Sensory Sensations
5:00 **AR** Card Games & Puzzles

26 Happy Kwanzaa
9:30 **AR** 50’s Music Friday
10:00 **RR** Let’s Walk!
10:30 DR Fudge Fridays!
12:30 **AR** Charades
1:00 **AR** Crafting Corner
2:00 AR Weekend Warm-Up
3:00 **AR** Sensory Sensations
5:00 **AR** Card Games & Puzzles

Saturday

6
9:30 **AR** Gentle Stretch
10:00 **AR** Sips and Smiles
10:30 **AR** Name That Tune!
12:30 **AR** This Week in History
1:00 **AR** Color & Chat
2:00 AR Ice Cream Social
3:00 **AR** Chair Volleyball
5:00 **LR** Cinema Saturday

13
9:30 AR Reindeer Run Exercise
10:00 DR Poinsettia Social
11:00 E Holiday Party!
12:00 LI Pictures with Santa
1:00 DR Let’s Make Fudge!
2:00 AR DIY Ornaments
5:00 LR Movie: White Christmas

20
9:30 **AR** Gentle Stretch
10:00 **AR** Sips and Smiles
10:30 **AR** Name That Tune!
12:30 **AR** This Week in History
1:00 **AR** Color & Chat
2:00 AR Ice Cream Social
3:00 **AR** Chair Volleyball
5:00 **LR** Cinema Saturday

27
9:30 **AR** Gentle Stretch
10:00 **AR** Sips and Smiles
10:30 **AR** Name That Tune!
12:30 **AR** This Week in History
1:00 **AR** Color & Chat
2:00 AR Ice Cream Social
3:00 **AR** Chair Volleyball
5:00 **LR** Cinema Saturday

Around our Community

Welcome, December

Winter Wonderland!

Thursday, December 11th at 5:00pm

Drive through Winter Wonderland at Tilles Park!

Holiday Open House!

Saturday, December 13th from 11:00am - 2:00pm

Celebrate the season with brunch, cookie decorating, ornament making, and more!

Please RSVP by December 10th

December Birthdays!

Kay S. 12/8

Sally H. 12/9

All activities are subject to change.

LOCATION KEY

AR	Activity Room
DR	Dining Room
E	Ensemble
LR	Living Room
SLN	4th Floor Salon
SD	Scenic Drive
SDR	Symphony Dining Room
CR	Community Room
RR	Room to Room
Ensemble	Ensem-

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<https://www.allegroliving.com/senior-living-richmond->