

UPCOMING COMMUNITY EVENTS



MARK YOUR CALENDARS

December 8

Outing: Atlanta Rich and Famous Tour with Jim Howe

December 11

Outing: “The Nutcracker” at Perimeter Church. Experience this beloved holiday classic.

December 18

Mistletoe Ball with Foster & Green

Dress up and show off your holiday colors—whether you’re celebrating ****Christmas, Kwanzaa, or Hanukkah****, come sparkle at this seasonal dance event!

December 23

Outing: Holiday Neighborhood Tour of Lights

Look for sign-up sheets and flyers for each event!

BEN’S WORKSHOP

DECEMBER 15TH AT 1:30PM

In line with our November commitment, we are excited to fill the air with delightful scents and bubbles. Our soap making event will be a blend of fun, fragrance, and hands-on crafting. Participants will explore the art of choosing from a variety of vibrant colors, delightful scents, and natural ingredients to create their own custom bars.

If you have crafty workshop expertise or ideas, please share with Ben as we prepare for Ben’s Workshop 2026!

Alto Johns Creek
10595 Medlock Ridge Rd
Johns Creek, GA 30097
(678) 336-5112



FLOURISH

DECEMBER 2025



WHAT’S INSIDE

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Social Calendar

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Upcoming Events + News

“THREE PHRASES THAT SUM-UP CHRISTMAS ARE: PEACE ON EARTH, GOODWILL TO MEN, AND BATTERIES NOT INCLUDED.”

—UNKNOWN

Sunday



7
9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: Everybody's Fine (PG-13)
4:00 **LB** Word Search Puzzle

14
9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: Meet Me at the Christmas Train Parade
4:00 **LB** Word Search Puzzle

21
9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: Christmas Inheritance (PG-13)
4:00 **LB** Word Search Puzzle

28
9:30 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **GAT** Game Club: Resident Choice
2:30 **TH** Movie: A Paris Christmas Waltz
4:00 **LB** Word Search Puzzle
4:00 **LNG** Nethun Edirishnghe, Pianist

Monday

1
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** Trivia
1:30 **LIB** Book Club
2:30 **GAT** Resident Council Meeting
4:00 **GR** Game Club: Rummikub
6:30 **TH** Evening Movie

8
9:30 **LOB** ATL Rich & Famous Tour and Lunch Outing
11:00 **GAT** Trivia
1:30 **LIB** Book Club
2:00 **GAT** Intro to Water Color Class w/Parker
4:00 **GR** Game Club: Farkle
6:30 **TH** Evening Movie

15
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** Trivia
1:30 **GAT** Ben's Workshop
3:00 **TH** Recliner Trip to Finland
4:00 **GAT** Game Club: Rummikub
6:30 **TH** Evening Movie

22
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** Trivia
1:30 **LIB** Book Club
3:00 **GAT** New Resident Orientation
4:00 **GAT** Game Club: Farkle
6:30 **TH** Evening Movie

29
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **GAT** Trivia
1:30 **LIB** Book Club
4:00 **GAT** Game Club: Rummikub
6:30 **TH** Evening Movie

Tuesday

2
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Buttons & Batter (Wreaths/M&M Cookie Bake)
4:00 **GAT** Lifestyle Activities Planning Meeting
6:30 **TH** Evening Movie

9
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
2:00 **DR** Chef Talk & Info with Aaron
3:00 **GAT** Buttons & Batter (Bears & Oreo Bears)
6:30 **TH** Evening Movie

16
10:00 **GYM** Fitness with Colleen
11:00 **TH** Holiday Xtreme Trivia w/ David
1:30 **GAT** Buttons & Batter (Cookie Gift Jars)
4:00 **LB** Words In A Word
6:30 **TH** Evening Movie

23
4:00 **LNG** Entertainment: Rick Dalton
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Buttons & Batter
6:15 **LOB** Cocoa & Lights Evening Outing
6:30 **TH** Evening Movie

30
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Buttons & Batter (Let It Snow!)
3:30 **GAT** Intro to Handbells
6:30 **TH** Evening Movie

Wednesday

3
10:00 **LOB** Shopping: Publix
11:00 **GAT** Carol Cut-Off
1:30 **LOB** Department Store: Forum
4:00 **LB** Midweek Mingle with Alan Weisberg
6:30 **TH** Evening Movie

10
10:00 **LOB** Shopping: Walmart
11:00 **GAT** Carol Cut-Off
11:45 **LOB** Lunch Bunch Outing: Longhorn
3:00 **GAT** Christmas Card Day
4:00 **LB** Midweek Mingle with Joe P.
6:30 **TH** Evening Movie

17
10:00 **LOB** Shopping: Publix
11:00 **GAT** Carol Cut-Off
4:00 **LB** Midweek Mingle with Jeff Gillman
5:00 **DR** Photos with Santa
6:30 **TH** Evening Movie

24
10:00 **LOB** Shopping: LIDL
11:00 **GAT** Carol Cut-Off
1:30 **LOB** Last minute Holiday Shopping
3:00 **GAT** Gifting Wrapping (Bow's & Paper)
4:00 **LB** Midweek Mingle Caroling Sing along with Endia
6:30 **TH** Evening Movie

31
10:00 **LOB** Shopping: Dollar Tree
11:00 **GAT** Carol Cut-Off
12:15 **DR** Countdown to New Year Lunch Toast
4:00 **LB** Midweek Mingle
6:30 **TH** Evening Movie

Thursday

4
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **GAT** B-I-N-G-O
3:30 **GAT** Cold Moon Facts & Myths
6:30 **TH** Evening Movie

11
9:15 **LOB** Outing: The Nutcracker
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **GAT** B-I-N-G-O
6:30 **TH** Evening Movie

18
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **GAT** B-I-N-G-O
6:00 **LNG** Mistletoe Ball with Foster & Green
6:30 **TH** Evening Movie

25
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **LNG** Balloon Volleyball
2:30 **GAT** B-I-N-G-O
6:30 **TH** Evening Movie



Friday

5
10:00 **LNG** Coffee & Conversation
11:00 **LB** Holiday Word N Word Phrase
1:30 **GAT** Breath & Relaxation with Marissa
3:00 **LOB** Alto Local Vocals
4:30 **LNG** Word Search
6:30 **TH** Evening Movie

12
10:00 **LNG** Coffee & Conversation
11:00 **LB** Holiday Word N Word Phrase
3:00 **LOB** Alto Local Vocals
4:30 **LNG** Word Search
6:30 **TH** Evening Movie

19
10:00 **LNG** Coffee & Conversation
11:00 **LB** Holiday Word N Word Phrase
1:30 **GAT** Breath & Relaxation with Marissa
3:00 **LOB** Alto Local Vocals
4:00 **LNG** Music Entertainment with Ken Kurtz
4:30 **LNG** Word Search
6:30 **TH** Evening Movie

26
10:00 **LNG** Coffee & Conversation
11:00 **LB** Holiday Word N Word Phrase
3:00 **LOB** Alto Local Vocals
4:30 **LNG** Word Search
6:30 **TH** Evening Movie

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Saturday

6
10:30 **GYM** Gentle Chair Exercise with Crystal
11:00 **DR** Stone Mountain Chorus
1:00 **LOB** Indoor Walking Club
1:30 **GAT** Gingerbread House Building & Bonding
2:30 **TH** Film Doc: Dance Dreams - Hot Chocolate(G)
4:00 **GR** Game Club: Resident Choice

13
10:30 **GYM** Gentle Chair Exercise with Crystal
1:00 **LOB** Indoor Walking Club
1:30 **GAT** Gingerbread House Building & Bonding
2:30 **TH** Film Doc: Dear Santa (G)
4:00 **GR** Game Club: Resident Choice

20
10:30 **GYM** Gentle Chair Exercise with Crystal
1:00 **LOB** Indoor Walking Club
1:30 **GAT** Gingerbread House Building & Bonding
2:30 **TH** Musical: Jingle Jangle (PG)
4:00 **GR** Game Club: Resident Choice

27
10:30 **GYM** Gentle Chair Exercise with Crystal
1:00 **LOB** Indoor Walking Club
1:30 **GAT** Gingerbread House Building & Bonding
2:30 **TH** Musical: Wonka (PG)
4:00 **GR** Game Club: Resident Choice

Around our Community

Holiday Song Trivia

Q: Which Christmas carol was first performed in Austria on Christmas Eve in 1818?

A: Silent Night

Q: What Christmas carol is also known by its Latin title "Adeste Fideles"?

A: O Come All Ye Faithful

Q: In "The Twelve Days of Christmas", what gift is given on the fifth day?

A: "Five golden rings"

Q: Which Christmas carol was the first song ever broadcast from space?

A: "Jingle Bells"

LOCATION KEY

GYM Gym
GAT Gather Room
LIB Library
GR Game Room
TH Theater
LB Lounge Bistro
LOB Lobby
LNG Lounge
DR Dining Room



December 2025

Around our Community

Happy Holidays

Christmas isn't a season, its a feeling! Tis the season.

LOCATION KEY

- CY** MC Court Yard
- A** MC Activities
- AT** MC Activity Tables
- D** MC Dining
- LR** MC Living Room 1
- TH** Theater

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

7

- 10:00 **LR** Sunday Service Livestream
- 10:30 **AT** Color Me Calm
- 11:00 **CY** Weekend Walking Club
- 1:30 **A** Big Ball Bowling
- 2:30 **LR** Movie & Popcorn
- 3:30 **A** Toss 'n Talk-About
- 4:00 **LR** Devotional Music Hour

14

- 10:00 **LR** Sunday Service Livestream
- 10:30 **AT** Color Me Calm
- 11:00 **CY** Weekend Walking Club
- 1:30 **A** Big Ball Bowling
- 2:30 **LR** Movie & Popcorn
- 3:30 **A** Toss 'n Talk-About
- 4:00 **LR** Devotional Music Hour

21

- 10:00 **LR** Sunday Service Livestream
- 10:30 **AT** Color Me Calm
- 11:00 **CY** Weekend Walking Club
- 1:30 **A** Big Ball Bowling
- 2:30 **LR** Movie & Popcorn
- 3:30 **A** Toss 'n Talk-About
- 4:00 **LR** Devotional Music Hour

28

- 10:00 **LR** Sunday Service Livestream
- 10:30 **AT** Color Me Calm
- 11:00 **CY** Weekend Walking Club
- 1:30 **A** Big Ball Bowling
- 2:30 **LR** Movie & Popcorn
- 3:30 **A** Toss 'n Talk-About
- 4:00 **LR** Devotional Music Hour

8

- 10:00 **CY** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Giant Tic Tac Toe
- 1:30 **AT** Santa Keys
- 3:30 **AT** Brain Games
- 4:00 **A** Word Search & Word Games

15

- 10:00 **CY** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Christmas Jigsaw
- 1:30 **AT** Noodle Ball
- 3:30 **AT** Christmas Games
- 4:00 **A** Word Search & Word Games

22

- 10:00 **CY** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Christmas Stories
- 1:30 **AT** Jigsaw Puzzle
- 3:30 **AT** Brain Games
- 4:00 **A** Word Search & Word Games

29

- 10:00 **CY** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Bingo
- 1:30 **AT** This or That
- 3:30 **AT** Brain Games
- 4:00 **A** Word Search & Word Games

9

- 10:00 **A** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Christmas Trivia
- 1:30 **A** Hot Choc & Christmas Carols
- 2:30 **A** Scenic Drive
- 4:00 **A** Balloon Volleyball

16

- 10:00 **A** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Christmas Trivia
- 1:30 **D** Hot Choc & Christmas Carols
- 2:00 Physiotainment with Paul
- 3:30 **A** Scenic Drive
- 4:00 **A** Balloon Volleyball

23

- 10:00 **A** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Christmas Trivia
- 1:30 **D** Hot Choc & Christmas Carols
- 3:00 **A** Scenic Drive
- 4:00 **A** Virtual Guided Tour

30

- 10:00 **A** Chair Yoga with Friends
- 10:30 **A** Daily Chronicles
- 11:00 **AT** Christmas Trivia
- 2:00 **D** Live Music: Lawerence
- 3:00 **A** Scenic Drive
- 4:00 **A** Balloon Volleyball

10

- 10:00 **A** Chair Yoga with Friends
- 10:30 **LR** Daily Chronicles
- 11:00 **A** Name That Actor
- 1:30 **D** Cooking Demo: Sugar Cookies
- 2:30 **D** Snackin' & Conversations
- 4:00 Youtube: Guess that LOGO

17

- 10:00 **A** Chair-ish Your Health
- 10:30 **LR** Daily Chronicles
- 11:15 **A** Circle Kickball
- 1:30 **D** Cooking Chrisma: Sugar Cookies
- 2:30 **D** Snackin' & Yakkin'

24

Christmas EVE

- 10:00 **A** Chair-ish Your Health
- 10:30 **LR** Daily Chronicles
- 11:00 **A** Christmas Stockings
- 1:30 **D** Cooking Demo: Sweet Potato Pie
- 2:30 **D** Snackin' & Conversations
- 3:30 Movie: Home Alone

31

- 10:00 **A** Chair-ish Your Health
- 10:30 **LR** Daily Chronicles
- 11:00 **A** Circle Kickball
- 1:30 **D** Cooking Demo: Sugar Cookies
- 2:30 **D** Snackin' & Conversations
- 3:30 Table Games



11

- 10:00 **A** Chair Yoga with Friends
- 10:30 **AT** Daily Chronicles
- 11:00 **AT** Let's Paint! Ordainments
- 2:00 **TH** Live Music: Lawerence
- 3:00 **AT** Midweek Movie: Our Little Secret

18

- 10:00 **A** Chair-ish Your Health
- 10:30 **AT** Daily Chronicles
- 11:00 **AT** Let's Paint!
- 2:00 **TH** Gentle Touch with Marissa
- 2:30 **A** Spelling Bee
- 3:00 **AT** Card Games & More
- 4:00 **AT** Hidden Picture Puzzle

25

Merry Christmas

- 10:00 **A** Chair-ish Your Health
- 10:30 **AT** Daily Chronicles
- 11:00 **AT** Christmas Carols
- 2:00 **TH** Christmas Party
- 4:00 **AT** Christmas BINGO

4

- 10:00 **A** Chair Yoga with Friends
- 10:30 **AT** Daily Chronicles
- 11:00 **AT** Let's Paint! Christmas Trees
- 2:00 **TH** Gentle Stretch with Marissa
- 2:30 Midweek Movie: The Merry Gentlemen
- 4:00 **AT** Hidden Picture Puzzle

12

- 10:00 **A** Chair Yoga with Friends
- 10:30 **D** Daily Chronicles
- 1:30 **AT** Mini Golf
- 2:30 **D** Would you Rather?
- 3:30 **A** Math Manic
- 4:00 **D** Happy Hour

19

- 10:00 **A** Chair Yoga with Friends
- 10:30 **D** Daily Chronicles
- 1:30 **AT** Bingo - Earn Bingo Bucks
- 2:30 **D** Springtime Tea Party
- 3:30 **A** Math Minds
- 4:00 **D** Happy Hour

26

- 10:00 **A** Chair Yoga with Friends
- 10:30 **D** Daily Chronicles
- 1:30 **AT** Hole Toss
- 2:30 **D** Name That Team
- 3:30 **A** Math Manic
- 4:00 **D** Happy Hour

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6

- 10:00 **A** Chair Yoga with Friends
- 11:00 **AT** Table Games with Friends
- 1:30 **LR** Wheel Of Fortune
- 2:30 **D** Conversation Starters
- 3:30 **A** Christmas Crossword
- 4:00 **LR** Classical Concert

13

- 10:00 **AT** Chair Yoga with Friends
- 11:00 **AT** Table Games with Friends
- 1:30 **LR** Wheel Of Fortune
- 2:30 **D** Conversation Starters
- 3:30 **A** Crossword Puzzles
- 4:00 **LR** Classical Concert

20

- 10:00 **AT** Chair Yoga with Friends
- 11:00 **AT** Table Games with Friends
- 1:30 **LR** Wheel Of Fortune
- 2:30 **D** Conversation Starters
- 3:30 **A** Crossword Puzzles
- 4:00 **LR** Classical Concert

27

- 10:00 **AT** Chair Yoga with Friends
- 11:00 **AT** Table Games with Friends
- 1:30 **LR** Wheel Of Fortune
- 2:30 **D** Conversation Starters
- 3:30 **A** Crossword Puzzles
- 4:00 **LR** Classical Concert