

UPCOMING COMMUNITY EVENTS



ALLEGRO’S JINGLE BELL BASH!
WEDNESDAY, DECEMBER 17TH
3PM IN THE BISTRO
HOLIDAY TREATS, FESTIVE MUSIC
AND JOY FOR ALL!
CELEBRATE THE HOLIDAYS WITH
YOUR ALLEGRO FRIENDS!
CAN’T WAIT TO SEE YOU THERE!



SNAP, CRACKLE, POP!
GINGERBREAD HOUSES NON-STOP!
ENTER IN THIS YEAR’S
GINGERBREAD HOUSE CONTEST
& SPREAD SOME MORE ALLEGRO
HOLIDAY CHEER!
DECEMBER 10TH AT 2PM IN THE
ART STUDIO!
HAPPY HOLIDAYS!

DON’T MISS OUR HOLIDAY EVENTS!

- MONDAY, DECEMBER 1ST FROM 11:30AM TO 12:30PM|TREE DECORATING
- THURSDAY, DECEMBER 4TH FROM 7:00 TO 8:00|EVENING HOLIDAY CONCERT
- WEDNESDAY, DECEMBER 17TH FROM 3:00 TO 4:00|JINGLE BELL BASH
- TUESDAY, DECEMBER 16TH FROM 3:30 TO 4:30|CHANUKAH PARTY
- SUNDAY, DECEMBER 28TH FROM 2:00 TO 3:00|MUSICAL HOLIDAY SHOW
- WEDNESDAY, DECEMBER 31ST FROM 3:00 TO 4:00|NYE BISTRO BASH

Allegro in Harrington Park
200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

DECEMBER 2025



WHAT’S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

“MAY YOUR HOLIDAY BE MERRY AND BRIGHT.”



December 2025

Sunday



7
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Festive Bottle Painting
1:45 **T** Weird History w/ Mike
2:15 **ACT** Bingo
3:30 **PTH** Football Social Hour
8:00 **T** Movie Musicals

14 Happy Chanukah!
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Holiday Craft Hour
12:00 **Bus** Tenaflly Holiday Fair
2:15 **ACT** Bingo
3:30 **PTH** Football Social Hour
8:00 **T** Holiday Movie Night

21 Winter Begins!
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Christmas Card Making
1:45 **T** Weird History w/ Mike
2:15 **ACT** Bingo
3:30 **PTH** Latke & Sip Social
8:00 **T** Movie Musicals

28
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **AS** Painting with Cindy
1:45 **T** Weird History w/ Mike
2:00 **PTH** Holiday Live Show
3:30 **PTH** Football Social Hour
8:00 **T** Movie Classics

Monday

1
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **T** Opera Appreciation w/Joe
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

8
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **ACT** IL Resident Council
1:00 **BC** Knit Wits Club
2:00 **AS** Sketch Art
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

15
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **AS** Therapeutic Arts
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
4:15 **ACT** Cornhole Challenge
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

22
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
2:00 **AS** Pastel Art Class
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

29
10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

Tuesday

2
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Food Forum
2:00 **GR** Poker
2:30 **ML** Holiday Tree Decorating
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

9
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **T** Lecture w/ Paul White
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **GR** Poker
2:00 **Bus** Bergen Community College Holiday Show
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

16
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **GR** Poker
2:15 **PTH** Readers Rendezvous w/ Laura
3:30 **PTH** Sunset Stretch
3:30 **ACT** Chanukah Celebration
8:00 **T** Movie Night- Resident Pick

23
9:30 **Bus** Post Office & Bank Outing
10:00 **L** Brain Teasers
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **T** Live Lecture w/ Paul R
2:00 **GR** Poker
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

30
9:30 **Bus** Post Office & Bank Outing
10:00 **T** Challenge Your Mind
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
11:30 **AS** Jewelry Making
1:15 **BC** Tech Tuesday - Help Desk
2:00 **GR** Poker
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

Wednesday

3
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **AS** Holiday Crafting
12:00 **B** Cooking Demo w/ Connor
2:00 **GR** Mahjong w/ Michelle
2:30 **T** Festive Music w/ Bonnie
1:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Action

10
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:45 **T** Travelogue Series w/ Joe
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
3:30 **ACT** Wheel of Fortune
8:00 **T** Movie Comedy

17 Jingle Bell Bash!
10:00 **L** Jeopardy Challenge
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ACT** Bingo
1:45 **T** Travelogue Series w/ Joe
2:00 **GR** Mahjong w/ Michelle
3:00 **B** Jingle Bell Bash
8:00 **T** Movie Action

24
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **PTH** Welcome Allegro Newcomers
12:00 **B** Cooking Demo w/ Connor
1:45 **T** Travelogue Series w/ Joe
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Christmas Eve Social Hour
8:00 **T** Christmas Concert Show

31 New Year's Eve!
10:15 **T** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **AS** New Years Crafts w/ Cindy
12:00 **B** Cooking Demo w/ Connor
1:45 **T** Travelogue Series w/ Joe
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:00 **B** NYE Bistro Bash!
8:00 **T** Movie Action



Thursday

4
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Everyone's A Critic
11:30 **AS** Festive Pinecone Craft
12:00 **Bus** Cork & Crust Lunch Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
3:00 **ACT** HealthPro Discovery w/ Amy
3:30 **PTH** Mind-Body Exercise
7:30 **PTH** Evening Concert

11
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Everyone's A Critic
11:30 **ACT** Trivia Challenge
12:00 **Bus** Kosher Nosh Lunch Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **BC** Tech Thursday w/ Joe
3:30 **PTH** Mind-Body Exercise
8:00 **T** Documentary Film

18
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Everyone's A Critic
11:15 **AS** Holiday Sip & Paint
12:00 **Bus** The Mountain House Lunch Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
3:30 **PTH** Mind-Body Exercise
8:00 **T** Movie Musicals

25 Merry Christmas!
10:30 **ACT** Gentle Yoga Class
11:30 **ACT** Christmas Trivia Challenge
1:45 **T** Afternoon Christmas Cinema
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **ACT** Holiday Bingo Game
3:15 **PTH** Egg Nog Social
3:30 **PTH** Mind-Body Exercise
8:00 **T** Christmas Carol Concert

Friday

5
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
2:00 **GR** Canasta Club w/ Lisa F.
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

12
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

19
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

26 Kwanzaa Begins
10:00 **PTH** Combing Through the News
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

Allegro in Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440

www.allegroliving.com/senior-living-harrington-park

Saturday

6
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Holiday Musical

13
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Theater

20
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

27
10:00 **Bus** AM Shopping Shuttle
10:00 **PTH** Shabbat -Virtual Service
10:00 **T** Sports Highlights w/ Joe
10:30 **ACT** Yoga Flow
11:15 **GR** Wall Scrabble w/ Joe
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Concert

Around our Community

Happy Holidays!

Monthly Observances

Bingo Month

Egg Nog Month

Month of Giving

Special Days

Pearl Harbor Remembrance Day 12.7

Gingerbread House Decorating Day 12.10

Chanukah Begins 12.14

Jingle Bell Bash 12.17

Orchard Lights Trip 12.17

Girl Scouts Caroling 12.18

Christmas 12.25

New Years Eve Bash 12.31

LCR Mon/Thurs @ 2pm

Walking Club Mon/Wed @ 1:15pm

**All Activities are Subject to Change*

LOCATION KEY

- L** Library
- ACT** Activity Room
- T** Theater
- BC** Business Center
- GR** Game Room
- PTH** Penthouse Pub
- Bus** Bus Trip
- ML** Meet in Lobby
- AS** Art Studio
- B** Bistro



December 2025

Sunday



7
10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

14 First Day of Hanukkah
10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

21 Last Day of Hanukkah
10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

28
10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

Monday

1
10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Create.Craft.Celebrate
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

8
10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Painting To Music
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

15
10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafts: Kindness Cards
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

22
10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

29
10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

Tuesday

2
10:00 **LR** This Is Your Life
10:30 **LR** Collage of the Senses
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
1:45 **Bus** Scenic Ride
2:00 **DR** Homemade Pizza
3:30 **LR** Sit. Stretch. Shine
4:00 **LR** Float like a Balloon
4:15 **P** Bingo
6:00 **CR** Ensemble Singing Society

9
10:00 **LR** This Is Your Life
10:30 **LR** Wreaths Of Joy
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **LR** Sip into Bliss
2:00 **LR** Pure Fruit. Pure Joy
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

16
10:00 **LR** This Is Your Life
10:30 **LR** Crafts: Making Flowers
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **Bus** Ensemble Shopping Trip
2:00 **LR** Cooking Class:Cheesecake
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

23
10:00 **LR** This Is Your Life
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **DR** Cooking Class-Muffins
2:00 **LR** Sip, Savor, Socialize
3:15 **LR** Enjoy The Music
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

30
10:00 **LR** This Is Your Life
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **DR** Cooking Class-Brownies
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

Wednesday

3
10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Guess The Sound
2:15 **LR** Where Every Story Matters
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

10
10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
2:15 **LR** The Passport Series
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

17
10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

24
10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

31 Betty Lee’s Birthday
10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Betty Lee’s Birthday Bash
3:00 **CR** Let’s Reminisce
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea



Thursday

4 National Cookie Day
10:00 **LR** This Is Your Life
11:15 **LR** Total Body Fitness
1:30 **P** Wellness Melodies
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Cookie-Baking Class
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Feel The Music
6:00 **CR** Life Long Learning

11
10:00 **LR** This Is Your Life
11:00 **LR** Clay Date
11:30 **LR** Calm Breathing Bubble
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Mugs & Memories
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke; Early Rock&Roll
6:00 **CR** Life Long Learning

18
10:00 **LR** This Is Your Life
11:15 **LR** Total Body Fitness
1:30 **P** Wellness Melodies
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
3:00 **DR** Mugs & Memories
3:00 **LR** Karaoke: Classic Country
3:30 **PTH** Sip, Share, and Connect
6:00 **CR** Life Long Learning

25 Merry Christmas
10:00 **LR** Unwrap A Story
10:00 **LR** Christmas Day Parade
11:00 **LR** Arts&Crafts:Snow Globes
11:45 **LR** Tune Into Christmas
1:00 **LR** Christmas Movie
2:30 **LR** Holiday Scents & Touch
2:45 **LR** Snack & Cocoa Bar
3:00 **DR** Christmas Bingo
4:00 **DR** Festive Beats, Live
6:00 **CR** Moments of Gratitude

Friday

5
10:00 **LR** Storytelling 101
11:00 **LR** Frame It
11:30 **LR** Stay Fit, Stay Fabulous
1:00 **LR** Music Therapy
2:00 **LR** Drum Fitness
2:30 **T** Fridays at the Movies
3:00 **LR** Drawn To Greatness
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

12 Lucille’s Birthday
10:00 **LR** Storytelling 101
11:00 **LR** Decorate the Season
11:30 **LR** Stay Fit, Stay Fabulous
1:00 **LR** Lucille’s Birthday Bash
2:00 **LR** Fitness with HP
2:30 **T** Fridays at the Movies
3:00 **LR** Art Is Our Legacy
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

19
10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
1:00 **LR** Music Therapy
2:00 **LR** Drum Fitness
2:30 **T** Fridays at the Movies
3:00 **LR** Bold. Creative. Seniors.
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
6:00 **CR** Virtual Shabbat Services

26
10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
2:00 **LR** Fitness with HP
2:30 **T** Fridays at the Movies
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

Allegro in Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440
www.allegroliving.com/senior-living-harrington-park

Saturday

6
10:00 **LR** Family Feud
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
11:15 **LR** Manicure Madness
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

13
10:00 **LR** Family Feud
10:30 **LR** Paws & Relax
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

20
10:00 **LR** Family Feud
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
11:15 **LR** Manicure Madness
1:15 **LR** Color Me Happy
2:30 **LR** Fa-la-la-la-la
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

27
10:00 **LR** Family Feud
10:30 **LR** Paws & Relax
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

Around our Community

Hot This Month

In The Know

National Human Rights Month
National Write a Business Plan Month
National Cookie Day

Special Days & Holidays

Lucille’s Birthday 12/12
Hanukkah 12/14-12/21
Christmas 12/25
Kwanzaa 12/26-12/1
Betty Lee’s Birthday 12/31

In The Community

Holiday/Birthday Bash 12/17

Joke of the Month

Why is it so cold during the holidays?
Because it’s Decembrrrrrr

LOCATION KEY

LR Living Room
O Outdoors
Bus Bus Trip
DR Dining Room
P Patio
CR iN2L Computer
PTH Penthouse Pub
T Theater