### **UPCOMING COMMUNITY EVENTS**



### **OHANA LUAU PARTY**

When: Wednesday, August 13th | 2:00 PM

Aloha! Join us for a festive Luau featuring live Luau dancers at 2:30 PM—get ready for island vibes, music, and tropical fun!



### Resident Council Meeting

When: Monday, August 18th | 2:00 PM
Executive Director Courtney Simek
proudly hosts our monthly Resident
Council meeting, where all residents
are encouraged to attend and
participate for important community
updates and shared discussion.

## **DON'T MISS THESE EVENTS!**

MON 8/04 2:30 PM | VISIT WITH A BEEKEEPER

TUES 8/05 2:30 PM | PUTT PUTT GOLF COMPETITION

WED 8/06 2:30 PM | NATIONAL ROOT BEER FLOAT DAY ON THE PATIO

THURS 8/14 2:30 PM | DUPAGE HISTORICAL MUSEUM PRESENTS

THURS 8/21 2:30 PM | CAMEO JEWELRY MAKING CLASS

FRI 8/29 2:30 PM | SILVERTONES SUMMER SINGALONG HAPPY HOUR

## Alto Wheaton

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644







# August 2025

## Sunday

### **August** 31

11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball

1:00 AR Dominoes

2:00 T Afternoon Documentary 3:00 AR Gin Rummy Card Club

6:00 T Movie Night

11:00 AR Trivia with Jeanne

11:30 AR Chair Volleyball 1:00 AR Dominoes

2:00 **T** Afternoon Documentary

3:00 AR Gin Rummy Card Club

6:00 **T** Movie Night

## 10

11:00 AR Trivia with Jeanne 11:30 AR Chair Vollevball

1:00 AR Dominoes

1:30 **P** Lemonade on the Patio

2:00 **T** Afternoon Documentary

3:00 AR Gin Rummy Card Club

6:00 T Movie Night

## 17

11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball

1:00 AR Dominoes

2:00 T Afternoon Documentary

3:00 AR Gin Rummy Card Club

6:00 T Movie Night

## 24

11:00 AR Trivia with Jeanne

11:30 AR Chair Volleyball

1:00 AR Dominoes

2:00 **T** Afternoon Documentary 3:00 **AR** Gin Rummy Card Club

6:00 T Movie Night

## Monday

### **Alto Wheaton**

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com

### 4

10:30 AR Morning Reflections

11:00 AR Trivia Questions

11:30 AR Exercise with Legacy

12:45 AR Quiddler

1:00 **T** Bible Study with Alicia 2:30 AR Visit with a Beekeeper

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

## 11

10:30 **AR** Morning Reflections

11:00 AR Trivia Questions

11:30 **AR** Exercise with Legacy

12:45 AR Quiddler

1:00 **T** Bible Study with Alicia

2:30 AR Penny Auction

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

### 18

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 AR Exercise with Legacy

12:45 AR Quiddler

1:00 **T** Bible Study with Alicia 2:00 AR Resident Council Meeting

3:00 AR Bingo with Brian

3:30 **T** Jeopardy Watch Party

6:00 **T** Movie Night

### 25

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 **AR** Health Talk with Legacy 12:45 AR Quiddler

1:00 T Bible Study with Alicia

2:00 AR Bingo Bonanza!

3:15 AR John Boda Presents 3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

## Tuesday

## Wednesday

## Thursday



10:00 AR Good News & Views

10:30 AR Morning Reflections

11:00 **0** Walgreens Shopping Outing

11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Bands

1:30 **T** Guided Meditation

2:30 AR Putt Putt Golf

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

6:00 AR After Dinner Poker Club

### 12

10:00 AR Good News & Views

10:30 AR Morning Reflections

11:00 AR White Board Puzzles

11:00 **0** Dollar Tree Shopping 11:30 AR Seated Exercise - Bands

1:30 T Guided Meditation

2:00 B Ice Cream Social

2:15 AR Manicures with Lifestyle

3:30 **T** Jeopardy Watch Party 6:00 T Movie Night

### 19

10:00 AR Good News & Views

10:30 AR Morning Reflections

11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Bands

12:00 AR Bring in Lunch

1:30 T Guided Meditation

2:00 B Ice Cream Social

2:30 AR Meeting with the Chef 3:00 **AR** Jeopardy LIVE Game

3:30 **T** Jeopardy Watch Party

## 26

10:00 AR Good News & Views

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:00 **O** Scenic Drive Outing 11:30 AR Seated Exercise - Bands

1:30 **T** Guided Meditation

2:00 B Ice Cream Social 2:15 AR Manicures with Lifestyle

3:30 **T** Jeopardy Watch Party 6:00 **T** Movie Night

9:30 FL Walking Club

10:00 AR Communion with Dcn Dan

10:30 **AR** Morning Reflections 11:00 **AR** Trivia Questions

11:30 AR Yoga Seated Exercise

12:45 AR Quiddler 1:00 T Book Club Meeting

2:30 P Patio Root Beer Floats

3:30 **T** Jeopardy Watch Party 6:00 T Movie Night

## 13

9:30 FL Walking Club

10:30 **AR** Morning Reflections 11:00 AR Trivia Ouestions

11:30 AR Yoga Seated Exercise

12:45 AR Quiddler 1:00 T Book Club Meeting

2:00 AR Ohana Luau Party

2:30 AR Hula Dancers 3:30 **T** Jeopardy Watch Party 6:00 T Movie Night

## 20

9:00 FL Library Book Drop Off Day

9:30 FL Walking Club

10:30 **AR** Morning Reflections 11:00 AR Trivia Questions

11:30 AR Yoga Seated Exercise 12:45 AR Ouiddler

1:00 T Book Club Meeting 2:00 AR Activity Planning Meeting

3:00 AR Bingo Bonanza! 3:30 **T** Jeopardy Watch Party

### **27**

9:30 FL Walking Club 10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Yoga Seated Exercise

12:45 AR Quiddler 1:00 T Book Club Meeting

6:00 **T** Movie Night

2:00 AR Universal Snack Tasting 3:00 AR Bingo Bonanza! 3:30 **T** Jeopardy Watch Party

10:00 AR Good News & Views 10:30 **AR** Morning Reflections

11:00 AR Trivia Questions

11:30 AR Seated Exercise - Bands 1:00 AR "Fill in the Blank" Game

1:30 **T** Rosary Group 2:30 AR Live Guitar: Dennis O.

3:30 **T** Jeopardy Watch Party 6:00 **T** Movie Night

## 14

10:00 AR Good News & Views

10:30 **AR** Morning Reflections 11:00 AR Trivia Questions

11:30 AR Sit & Tone with David

1:00 AR "Fill in the Blank" Game 1:30 **T** Rosary Group

2:30 AR DuPage Historical Museum presents: "The Great Depression"

## 3:30 **T** Jeopardy Watch Party

21 10:00 AR Good News & Views

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 1:00 AR "Fill in the Blank" Game

1:30 **T** Rosary Group 2:30 AR Jewelry Making Class 3:30 **T** Jeopardy Watch Party

## 28

10:00 AR Good News & Views

10:30 AR Morning Reflections 11:00 AR Trivia Questions

6:00 **T** Movie Night

11:30 AR Sit & Tone with David 1:00 AR "Fill in the Blank" Game 1:30 **T** Rosary Group

2:30 AR Tim Wilsev LIVE

3:30 **T** Jeopardy Watch Party 6:00 **T** Movie Night

## Friday

### 1

9:30 FL Walking Club!

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Seated Exercise - Weights 12:45 AR Quiddler

1:00 L Knitting Club 1:00 AR Cooking Club - Brownies

2:30 **DR** Happy Hour! 3:30 **T** Jeopardy Watch Party

## 6:00 **T** Movie Night

9:30 FL Walking Club!

10:30 AR Morning Reflections

11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights

12:45 AR Quiddler

1:00 L Knitting Club 1:00 AR Cooking Club - Brownies 1:30 **T** Communion w. Rev. Joanne

2:30 **DR** Happy Hour!

### 3:30 **T** Jeopardy Watch Party 15

9:30 FL Walking Club!

10:30 **AR** Morning Reflections

11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights

12:45 AR Quiddler 1:00 L Knitting Club 1:00 AR Cooking Club - Brownies

2:30 **DR** Happy Hour! 3:30 **T** Jeopardy Watch Party

## 6:00 **T** Movie Night

22

9:30 FL Walking Club! 10:30 **AR** Morning Reflections

11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Quiddler

1:00 L Knitting Club 1:00 AR Cooking Club - Brownies

1:30 **T** Communion w. Rev. Joanne 2:30 **DR** Happy Hour!

### 3:30 **T** Jeopardy Watch Party 29

9:30 FL Walking Club!

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Seated Exercise - Weights 12:45 AR Quiddler

1:00 L Knitting Club 1:00 AR Cooking Club - Brownies 2:30 **DR** Silvertones Happy Hour 3:30 **T** Jeopardy Watch Party

6:00 **T** Movie Night

## Saturday

### 2

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands

12:45 AR Quiddler 1:00 AR Dominoes

2:00 AR Saturday Bingo

3:15 **AR** Craft with Caren 6:00 T Movie Night

## 9

16

23

30

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands

12:45 AR Quiddler

1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Golden Girls Club

10:30 AR Morning Reflections

### 3:15 **AR** Scrabble Board Game 6:00 **T** Movie Night

12:45 AR Quiddler

1:00 AR Dominoes

2:00 AR Saturday Bingo

3:15 AR Craft with Caren

10:30 **AR** Morning Reflections

11:30 AR Seated Exercise - Bands

11:00 AR Trivia Questions

2:00 AR Saturday Bingo

6:00 T Movie Night

3:15 AR Golden Girls Club

3:15 AR Scrabble Board Game

10:30 AR Morning Reflections

11:30 AR Seated Exercise - Bands

11:00 AR Trivia Questions

2:00 AR Saturday Bingo

3:15 **AR** Craft with Caren

6:00 T Movie Night

12:45 AR Quiddler

1:00 AR Dominoes

12:45 AR Quiddler

1:00 AR Dominoes

6:00 **T** Movie Night

8/10 Dick B. 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands

## 8/24 Roy R.

Activity Room Library

0 Outing

В Bistro

Around our

**Community** 

HAPPY AUGUST BIRTHDAY!

8/03 Jane H.

8/10 Shirley M.

8/23 Judy D.

## LOCATION KEY

Front Lobby

**DR** Dining Room

Theater

**Outdoor Patio** 



# August 2025

## Sunday

### **August** 31

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 **SK** Balloon Volleyball

11:00 BR Seated Yoga Stretching

1:30 **GR** Sing Along

4:00 4 Patio Pals

2:00 SK Hydration Station

2:30 GR Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle

10:45 **SK** Balloon Volleyball 11:00 **BR** Seated Yoga Stretching

1:30 **GR** Sing Along

2:00 SK Hydration Station

2:30 **GR** Creative Crafts 3:30 **SK** Bingo

4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

## 10

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:45 **SK** Balloon Volleyball

11:00 **BR** Seated Yoga Stretching

1:30 **GR** Sing Along

2:00 SK Hydration Station

2:30 GR Creative Crafts

3:30 **SK** Bingo

4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

## 17

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle 10:45 **SK** Balloon Volleyball

11:00 BR Seated Yoga Stretching

1:30 **GR** Sing Along

2:00 SK Hydration Station

2:30 **GR** Creative Crafts

3:30 **SK** Bingo

4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

## 24

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle 10:45 **SK** Balloon Volleyball

11:00 **BR** Seated Yoga Stretching

1:30 **GR** Sing Along

2:00 SK Hydration Station 2:30 GR Creative Crafts

3:30 **SK** Bingo

4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals Monday

Tuesday

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:00 SK Hydration Station

2:45 **SK** Songs & Senses

4:00 4 Patio Pals

12

19

26

10:15 BR Good News & Chronicle

6:00 SK Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:00 SK Hydration Station

2:45 **SK** Songs & Senses

4:00 4 Patio Pals

10:15 BR Good News & Chronicle

1:30 **O** Scenic Trips & Tales Tommy

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:00 SK Hydration Station

2:45 SK Songs & Senses

4:00 4 Patio Pals

10:15 BR Good News & Chronicle

1:30 **O** Scenic Trips & Tales Tommy

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:00 **SK** Hydration Station

2:45 **SK** Songs & Senses

4:00 4 Patio Pals

10:15 **BR** Good News & Chronicle

1:30 **O** Scenic Trips & Tales Tommy

6:00 **SK** Classic Movies & Musicals

## **Alto Wheaton**

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com

### 4

9:45 **BR** Morning Reflections 10:00 **SK** Fun with Arts & Crafts

10:15 **BR** Good News & Chronicle

10:45 BR Exercise with Us! 1:30 **SK** Cooking with Jeanne

2:00 **SK** Hydration Station

2:30 **GR** Garden Club 3:00 GR World Tour

4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

## 11

9:45 **BR** Morning Reflections 10:00 SK Fun with Arts & Crafts

10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

1:30 **SK** Cooking with Jeanne 2:00 **SK** Hydration Station

2:30 GR Garden Club

3:00 **GR** World Tour

4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

### 18

9:45 **BR** Morning Reflections 10:00 SK Fun with Arts & Crafts

10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

1:30 **SK** Cooking with Jeanne

2:00 **SK** Hydration Station

2:30 GR Garden Club

3:00 **GR** World Tour 4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

## 25

9:45 **BR** Morning Reflections

10:00 SK Fun with Arts & Crafts 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

1:30 SK Cooking with Jeanne 1:45 **BR** JOHN BODA SINGER

2:30 GR Garden Club

2:45 **SK** Hydration Station 4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

## Wednesday



From July's Scenic Drive

9:45 **BR** Morning Reflections

10:15 **BR** Good News & Chronicle 1:30 **O** Scenic Trips & Tales Tommy

11:00 **SK** Manicures with Mya

2:00 SK Hydration Station

3:30 **BR** Happy Hour 4:00 4 Patio Pals

### 13

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

11:00 SK Manicures with Mya 1:30 BR Word Brain Games

2:00 0 OHANG LUAU w/ AL

2:30 0 HULA DANCERS w/ AL

4:00 4 Patio Pals

### 20

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

11:00 **SK** Manicures with Mva

1:30 BR Word Brain Games

2:30 BR JAY JAY THE CLOWN

4:00 4 Patio Pals

4:00 4 Patio Pals

## 27

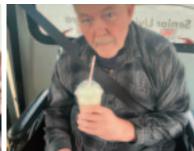
9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:45 BR Exercise with Us! 11:00 **SK** Manicures with Mya

11:00 BR THERAPHY DOG GRETA 1:30 BR Word Brain Games

2:00 SK Hydration Station 2:30 BR DEVIN THE PIANO PLAYER 3:30 BR Happy Hour

## Thursday



Visiting Lake Ellyn Park

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

3:00 **GR** Ice Cream Social

3:30 **SK** Virtual Concerts

4:00 4 Patio Pals

14

21

10:15 BR Good News & Chronicle

2:00 **GR** HAND MASSAGE w/ ANNIE

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:00 SK Hydration Station

3:30 **BR** Ice Cream Social

4:00 4 Patio Pals

2:30 BR HEATHER THE SINGER

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:00 SK Hydration Station

2:30 **GR** Ice Cream Social

3:30 **SK** Virtual Concerts

4:00 4 Patio Pals

10:15 BR Good News & Chronicle

6:00 **SK** Classic Movies & Musicals

6:00 **SK** Classic Movies & Musicals

10:15 BR Good News & Chronicle

11:00 BR EXERCISE w/ TRAINER DAVID

10:00 BR DEACON DAN & COMMUNION

10:45 BR Exercise with Us!

1:30 BR Word Brain Games

2:30 BR BABETTE THE SINGER

10:45 BR Exercise with Us!

3:30 **BR** Happy Hour

6:00 **SK** Classic Movies & Musicals

10:15 **BR** Good News & Chronicle

11:00 BR THERAPHY DOG GRETA

2:00 **SK** Hydration Station

3:30 **BR** Happy Hour

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle 10:45 **BR** Exercise with Us!

28

11:00 BR EXERCISE w/ TRAINER DAVID 2:00 **SK** Hydration Station

3:30 **SK** Virtual Concerts 4:00 **4** Patio Pals

2:30 **GR** Ice Cream Social

6:00 **SK** Classic Movies & Musicals

## Friday

1

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:15 **SK** T: Aromatherapy 10:45 **BR** Exercise with Us!

1:45 **GR** Garden Club 2:00 SK Hydration Station

4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:15 **SK** T: Aromatherapy 10:45 BR Exercise with Us!

1:45 GR Garden Club

2:00 SK Hydration Station 4:00 4 Patio Pals

6:00 **SK** Classic Movies & Musicals

15 9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:15 **SK** T: Aromatherapy 10:45 BR Exercise with Us!

1:45 **GR** Garden Club 2:00 SK Hydration Station

4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals

## 22

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle 10:15 **SK** T: Aromatherapy 10:45 BR Exercise with Us!

2:00 **GR** HAND MASSAGE w/ ANNIE 3:00 SK Hydration Station

## 6:00 **SK** Classic Movies & Musicals

3:30 4 Patio Pals

29 9:45 **BR** Morning Reflections

10:15 **BR** Good News & Chronicle 10:15 **SK** T: Aromatherapy 10:45 **BR** Exercise with Us!

1:45 **GR** Garden Club 2:00 SK Hydration Station

2:30 O SILVER TUNES w/ AL 4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals

## Saturday

## 2

9:45 **BR** Morning Reflections 10:15 BR Good News & Chronicle

10:45 BR Exercise with Us!

2:00 SK Hydration Station 2:30 SK Read with Ellen

3:00 SK Balloon Games 3:30 **SK** Virtual Concerts

4:00 4 Patio Pals through the trees, 6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:45 BR Exercise with Us!

2:00 SK Hydration Station 2:30 **SK** Read with Ellen

3:00 **SK** Balloon Games 3:30 **SK** Virtual Concerts

4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals

## 16

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:45 BR Exercise with Us! 2:00 SK Hydration Station

2:30 **SK** Read with Ellen 3:00 **SK** Balloon Games

3:30 **SK** Virtual Concerts

4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals

## 23

9:45 **BR** Morning Reflections

10:15 BR Good News & Chronicle 10:45 BR Exercise with Us! 2:00 SK Hydration Station

2:30 **SK** Read with Ellen 3:00 SK Balloon Games

3:30 **SK** Virtual Concerts

4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals

## 30

9:45 **BR** Morning Reflections 10:15 **BR** Good News & Chronicle

10:45 BR Exercise with Us!

2:00 SK Hydration Station 2:30 SK Read with Ellen

3:00 **SK** Balloon Games 3:30 **SK** Virtual Concerts

4:00 4 Patio Pals 6:00 **SK** Classic Movies & Musicals

## Around our **Community**

### **AUGUST DAYS**

Golden sunsets, summer's glow,

Fields of green begin to slow. Warm breeze whispers

Time to pause, reflect, and breathe.

Laughter shared and memories dear,

near. August brings a gentle

Hearts are full with friends so

A month of joy, a peaceful pace.

**BIRTHDAYS:** 

grace.

KAY M. Saturday the 2nd

## LOCATION

Blue Room

Green Room

Outing

## Sapphire Kitchen

0

## KEY

4th Floor Patio