

UPCOMING COMMUNITY EVENTS



ALTO STUART’S ANNUAL HAWAIIAN LUAU

Please join us for our annual Luau on Saturday, August 9, 2025 from 11:00AM to 2:00PM along with Adrian on the steel drums, hula dancers and an exciting fire show.

We will be serving shredded pork, BBQ chicken along with all the fixings.

Executive Chef Robert Mauro will be making his famous Haupia Pie.

It’s a fun filled afternoon for you and your family!

Welcome New Residents!!

Please introduce yourself and let’s give a warm welcome to Connie Lantz and Richard Wingate to our community.

AUGUST OUTINGS

- August 1 - Lunch - City Diner
- August 8 - Veteran’s lunch, American Legion
- August 15 - Lunch - Pirate’s Loft
- August 22 - Mikata Buffet & Shopping, Hobby Lobby
- August 29 - Nail Salon, Stuart

Alto Stuart
1301 SE Palm Beach Rd
Stuart, FL 34994
(772) 463-7133



FLOURISH

AUGUST 2025



WHAT’S INSIDE

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Social Calendar

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Upcoming Events + News

“WHEN SUMMER GATHERS UP HER ROBES OF GLORY, AND LIKE A DREAM OF BEAUTY GLIDES AWAY”

—SARAH HELEN WHITMAN

Sunday

August
31

9:00 Sunday Morning News
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **C** Pick - Up Activity Packet

Monday

Alto Stuart

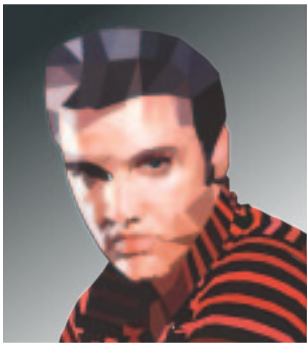
1301 SE Palm Beach Rd
Stuart, FL 34994
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www.allegroliving.com

Tuesday

Wednesday



Thursday



Friday

Saturday

3

9:00 Sunday Morning News
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church
3:30 **C** Pick - Up Activity Packet

10

9:00 Sunday Morning News
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **C** Pick - Up Activity Packet

17

9:00 Sunday Morning News
10:00 **F1** Chaplain Lynn Snow
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church
3:30 **C** Pick - Up Activity Packet

24

9:00 Sunday Morning News
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **C** Pick - Up Activity Packet

4

9:00 **LB** Local Banks
9:15 **C** Daily News & Coffee
10:00 **LB** Publix
10:30 **CR** Resident Council Meeting
1:00 **LB** CVS
1:00 **C** Documentary
2:00 **F1** Music with Maria
3:00 **LG** "Rack 'Em Up" Men's Pool
6:30 **TH** Let's go to the Movies

11

9:00 **LB** Local Banks
9:15 **C** Daily News & Coffee
9:30 **FC** Seated Tai Chi w/William
10:00 **LB** Publix
11:00 **F1** Lifestyle Meeting w/Lorraine
1:00 **C** Documentary
1:00 **LB** Aldi Food & Bakery Market
2:00 **F1** Music with Panama Matt
3:00 **LG** "Rack 'Em Up" Men's Pool

18

9:00 **LB** Local Banks
9:15 **C** Daily News & Coffee
9:30 **F1** Seated Yoga w/William
10:00 **LB** Publix
11:00 **F1** Lifestyle Meeting w/Lorraine
1:00 **C** Documentary
1:00 **LB** Bealls Shopping
2:00 **F1** Music with Lou Laino
3:00 **LG** Rack 'Em Up" Men's Pool

25

9:00 **LB** Local Banks
9:15 **C** Daily News & Coffee
10:00 **LB** Publix
10:30 **F1** Morning Boost
11:00 **F1** Humane Society Pet Visit
1:00 **C** Documentary
1:00 **LB** Old Time Pottery
2:00 **F1** Music with Mike McCarthy
3:00 **LG** Rack 'Em Up" Men's Pool
6:30 **TH** Let's go to the Movies

5

9:15 **C** Morning Meet - Up
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

12

9:15 **C** Morning Meet - Up
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:00 **CR** Ambassador Meeting
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

19

9:15 **C** Morning Meet - Up
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **CR** Town Hall with Directors
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

26

9:15 **C** Morning Meet - Up
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

6

9:15 **C** Daily News & Coffee
10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
11:00 **C** Creative Coloring
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
3:00 **LG** "Rack 'Em Up" Men's Pool
6:30 **TH** The Chosen w/Sandy & Robert

13

9:15 **C** Daily News & Coffee
10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
11:00 **TH** Resident Spotlight
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
3:00 **LG** Rack 'Em Up" Men's Pool
4:30 **LB** Dinner outing - Bonefish Grill

20

9:15 **C** Daily News & Coffee
10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
10:30 **DR** Chef Demo
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
3:00 **LG** Rack 'Em Up" Men's Pool
6:30 **TH** The Chosen w/Sandy & Robert

27

9:15 **C** Daily News & Coffee
10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
11:00 **C** Word Scramble
1:30 **CR** Bingo
3:00 **F1** Fireside Chat w/Kelly
3:00 **LG** Rack 'Em Up" Men's Pool
4:30 **LB** Dinner - New England Seafood
6:30 **TH** The Chosen w/Sandy &

7

9:15 **C** Morning Meet - Up
10:00 **FC** Strength & Balance
11:00 **C** August Gazette
1:00 **CR** Pokeno
3:00 **F1** Happy Hour w/Daryl Magill
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

14

9:15 **C** Morning Meet - Up
10:00 **FC** Strength & Balance
11:00 **C** Seashell Craft w/Mary, Elite Premier Nursing
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
3:00 **F1** Happy Hr. w/Andrea Tesoro
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

21

9:15 **C** Morning Meet - Up
10:00 **FC** Strength & Balance
11:00 **C** Health Matters w/Rachel, RN, Elite Home Health
1:00 **CR** Pokeno
3:00 **F1** Happy Hour w/Lou Imperato
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

28

9:15 **C** Morning Meet - Up
10:00 **FC** Strength & Balance
11:00 **C** Cognitive Worksheets
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
3:30 **F1** Elvis Show
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

1

9:00 Hair Salon Open
9:15 **C** Daily News & Coffee
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Lunch Outing - City Diner
1:30 **F1** Piano Concert w/Caleb Baren
2:30 **C** Let's Get Social
6:00 **CR** Twilight Bingo with Bruce

8

9:00 Hair Salon Open
9:15 **C** Daily News & Coffee
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Veteran's Lunch - American Legion
1:30 **CR** Pool Noodle Game w/Karen
2:30 **C** Let's Get Social
6:00 **CR** Twilight Bingo with Bruce

15

9:00 Hair Salon Open
9:15 **C** Daily News & Coffee
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Lunch outing - Pirate's Loft
1:30 **CR** Creative Color with Karen
2:30 **C** Let's Get Social
6:00 **CR** Twilight Bingo with Bruce

22

9:00 Hair Salon Open
9:15 **C** Daily News & Coffee
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Mikata Buffet & Shopping Hobby Lobby
1:30 **CR** Pool Noodle Game w/Karen
2:30 **C** Let's Get Social
6:00 **CR** Twilight Bingo with Bruce

29

9:00 Hair Salon Open
9:15 **C** Daily News & Coffee
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
1:00 **LB** Local Nail Salon
1:30 **F1** Stuart Police K-9 w/Lt. Brian Basso
2:30 **C** Let's Get Social
6:00 **CR** Twilight Bingo with Bruce

2

9:15 **C** Daily News & Coffee
9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Watermelon Social
3:00 **F1** Game Time w/Kelly
6:30 **TH** Let's go to the Movies

9

9:15 **C** Daily News & Coffee
9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **F1** Hawaiian Luau
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe
3:00 **F1** Game Time w/Kelly
6:30 **TH** Let's go to the Movies

16

9:15 **C** Daily News & Coffee
9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Ice Cream Social
3:00 **F1** Game Time w/Kelly
6:30 **TH** Let's go to the Movies

23

9:15 **C** Daily News & Coffee
9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Watermelon Social
3:00 **F1** Game Time w/Kelly
6:30 **TH** Let's go to the Movies

30

9:15 **C** Daily News & Coffee
9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe
3:00 **F1** Game Time w/Kelly
6:30 **TH** Let's go to the Movies

Resident Birthday's

Happy Birthday!

Blanca V. - August 8

Charlotte M. - August 11

Roberta R. - August 15

Suzanne C. - August 24

Swelan T. - August 29

Monthly Gazette

Special Days:

Sister's Day - August 3

Purple Heart Day - August 7

Left Handers Day -

August 13

Tell A Joke Day - August 16

Women's Equality Day -
August 26

Birthstone - Peridot

Flower - Gladiolus

Plant - Fiddle-Leaf-Fig

LOCATION
KEY

- C** Cafe
- LB** Lobby
- FC** Fitness Ctr. - 2nd Floor
- CR** Comm. Room - 1st Floor
- F1** Family Room - 1st Floor
- CH** Chapel - 3rd Floor
- E** Ent. Room - 3rd Floor
- TH** Theater
- LG** Lounge
- L** Library - 3rd Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 31 9:30 AR Good Morning Message 11:00 F1 Alto Stuart Choir w/Rhonda 2:30 AR Table Games 2:30 P Serenity & Sunshine 4:00 DR Table Games	Alto Stuart 1301 SE Palm Beach Rd Stuart, FL 34994 (772) 463-7133 www.allegroliving.com				1 9:30 AR Let's Get Started 10:00 AR Flex & Stretch 10:30 AR Movie & Popcorn 1:30 F1 Piano Concert w/Caleb Baren 2:30 P Serenity & Sunshine 3:00 AR Social Time 4:00 Let's Go for a Walk	2 9:30 AR Mindful Mornings 10:00 CH Worship w/Rev. Conde 11:00 E Seated Volleyball 1:30 AR Bingo 2:30 AR Watermelon Social 3:30 P Patio Time 4:00 AR Reminisce
3 9:30 AR Good Morning Message 11:00 F1 Alto Stuart Choir w/Rhonda 2:30 AR Table Games 2:30 P Serenity & Sunshine 4:00 DR Table Games	4 9:30 AR Rise and Shine 10:00 AR Memory Matching 11:00 LB Scenic Drive 2:00 F1 Music with Maria 3:00 AR Afternoon Cappuccino Social 4:00 AR Music Therapy	5 9:30 AR Morning Power Up 10:00 AR Our Daily Stretch 11:00 AR Watering Plants 1:30 AR Nails with Ceila 2:30 P Serenity & Sunshine 4:00 AR Evening News	6 9:30 AR Local News & Coffee 10:00 AR Senior Zumba 11:00 AR Baking 1:30 AR Watercolor Painting 2:30 P Serenity & Sunshine 3:00 AR Conversations & Coffee 4:00 AR Aroma Infused Towelettes	7 9:30 AR Morning Boost 10:00 AR Feel the beat singing 11:00 AR Sensory & Hand Massages 1:30 AR Virtual Travel Tours 3:00 F1 Music w/Mike DeAngelis 4:00 AR Storytime Reading	8 9:30 AR Let's Get Started 10:00 AR Flex & Stretch 10:30 AR Movie & Popcorn 1:30 AR Bingo 2:30 P Serenity & Sunshine 3:00 AR Social Time 4:00 Let's Go for a Walk	9 9:30 AR Mindful Mornings 10:00 CH Worship w/Rev. Conde 11:00 E Hawaiian Luau 1:30 AR Bingo 2:30 AR Sunset Chat 3:30 P Patio Time 4:00 AR Reminisce
10 9:30 AR Good Morning Message 11:00 F1 Alto Stuart Choir w/Rhonda 2:30 AR Table Games 2:30 P Serenity & Sunshine 3:00 AR Ice Cream Social 4:00 DR Table Games	11 9:30 AR Rise and Shine 10:00 AR Memory Matching 11:00 LB Scenic Drive 2:00 F1 Music w/Panama Matt 3:00 AR Afternoon Cappuccino Social 4:00 AR Music Therapy	12 9:30 AR Morning Power Up 10:00 AR Our Daily Stretch 11:00 AR Watering Plants 1:30 AR Nails with Ceila 2:30 P Serenity & Sunshine 4:00 AR Evening News	13 9:30 AR Local News & Coffee 10:00 AR Senior Zumba 11:00 AR Sensory Activities 1:30 AR Expressions with Color 2:30 P Serenity & Sunshine 3:00 AR Conversations & Coffee 4:00 AR Aroma Infused Towelettes	14 9:30 AR Morning Boost 10:00 AR Feel the beat singing 11:00 AR Sensory & Hand Massages 1:30 AR Virtual Travel Tours 3:00 F1 Music w/Mike DeAngelis 4:00 AR Storytime Reading	15 9:30 AR Let's Get Started 10:00 AR Flex & Stretch 10:30 AR Movie & Popcorn 1:30 AR Bingo 2:30 P Serenity & Sunshine 3:00 AR Social Time 4:00 Let's Go for a Walk	16 9:30 AR Mindful Mornings 10:00 CH Worship w/Rev. Conde 11:00 E Seated Volleyball 1:30 AR Bingo 2:30 AR Sunset Chat 3:30 P Patio Time 4:00 AR Reminisce
17 9:30 AR Good Morning Message 11:00 F1 Alto Stuart Choir w/Rhonda 2:30 AR Table Games 2:30 P Serenity & Sunshine 4:00 DR Table Games	18 9:30 AR Rise and Shine 10:00 AR Memory Matching 11:00 LB Scenic Drive 2:00 F1 Music with Lou Laino 3:00 AR Afternoon Cappuccino Social 4:00 AR Music Therapy	19 9:30 AR Morning Power Up 10:00 AR Our Daily Stretch 11:00 AR Watering Plants 1:30 AR Nails with Ceila 2:30 P Serenity & Sunshine 4:00 AR Evening News	20 9:30 AR Local News & Coffee 10:00 AR Senior Zumba 11:00 AR Baking 1:30 AR Relax with Color 2:30 P Serenity & Sunshine 3:00 AR Conversations & Coffee 4:00 AR Aroma Infused Towelettes	21 9:30 AR Morning Boost 10:00 AR Feel the beat singing 11:00 AR Sensory & Hand Massages 1:30 AR Virtual Travel Tours 3:00 F1 Music w/Mike DeAngelis 4:00 AR Storytime Reading	22 9:30 AR Let's Get Started 10:00 AR Flex & Stretch 10:30 AR Movie & Popcorn 1:30 AR Bingo 2:30 P Serenity & Sunshine 3:00 AR Social Time 4:00 Let's Go for a Walk	23 9:30 AR Mindful Mornings 10:00 CH Worship w/Rev. Conde 11:00 E Seated Volleyball 1:30 AR Bingo 2:30 AR Sunset Chat 3:30 P Patio Time 4:00 AR Reminisce
24 9:30 AR Good Morning Message 11:00 F1 Alto Stuart Choir w/Rhonda 1:00 F1 St. Mary's Church 2:30 AR Table Games 2:30 P Serenity & Sunshine 4:00 DR Table Games	25 9:30 AR Rise and Shine 10:00 AR Memory Matching 11:00 LB Scenic Drive 11:30 AR Humane Society Pet Visit 2:00 F1 Music w/Mike McCarthy 3:00 AR Afternoon Cappuccino Social 4:00 AR Music Therapy	26 9:30 AR Morning Power Up 10:00 AR Our Daily Stretch 11:00 AR Watering Plants 1:30 AR Nails with Ceila 2:30 P Serenity & Sunshine 4:00 AR Evening News	27 9:30 AR Local News & Coffee 10:00 AR Senior Zumba 1:30 AR Sensory Exploring 2:30 P Serenity & Sunshine 3:00 AR Conversations & Coffee 4:00 AR Aroma Infused Towelettes	28 9:30 AR Morning Boost 10:00 AR Feel the beat singing 11:00 AR Sensory & Hand Massages 1:30 AR Virtual Travel Tours 3:00 F1 Elvis Show 4:00 AR Storytime Reading	29 9:30 AR Let's Get Started 10:00 AR Flex & Stretch 10:30 AR Movie & Popcorn 1:30 F1 Stuart Police K-9 w/Lt. Brian Basso 2:30 P Serenity & Sunshine 3:00 AR Social Time 4:00 Let's Go for a Walk	30 9:30 AR Mindful Mornings 10:00 CH Worship w/Rev. Conde 11:00 E Seated Volleyball 1:30 AR Bingo 2:30 AR Sunset Chat 3:30 P Patio Time 4:00 AR Reminisce

Around our Community

Monthly Gazette

“When Summer gathers up her robes of glory, and like a dream of beauty glides away”.

Birthstone - Peridot

Flower - Gladiolus

Plant - Fiddle Leaf Fig

Special Days:

August 3- Sister's Day

August 7 - Purple Heart Day

August 10 - S'mores Day

August 13 - Left Handers Day

August 16 - Tell A Joke Day

Women's Equality Day

Happy Birthday!

August 24

Suzanne Campbell

LOCATION KEY

- AR** Activity Room
- F1** Family Room
- P** Outside Patio
- CH** Chapel
- E** Ent. Room
- DR** Dining Room
- LB** Lobby