

UPCOMING COMMUNITY EVENTS



NATIONAL DAY OF RELAXATION

Join us August 15th for a “Day of Relaxation”. Some of the sessions that we will offer throughout the day will be Deep Breathing, Mediation, Tai Chi, Sound Bowls and other therapeutic programs. We will end the day with live music from Skip.

END OF SUMMER BASH

There is no better way than to end the summer season but with a “End of Summer Bash”. On the 29th, we are looking forward to celebrating the end of summer with fun activities, food and live music.



DON'T MISS THESE EVENTS!

- 8/5 Vitas Ice Cream Social
- 8/15 National Day of Relaxation
- 8/29 “End of Summer Bash”
- 8/31 “End of Summer Brunch”

**Allegro in St. Augustine**  
1101 Plantation Island Drive  
St. Augustine, FL 32080  
(904) 417-8902



FLOURISH

AUGUST 2025



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“SPREAD LOVE EVERYWHERE YOU GO. LET NO ONE EVER COME TO YOU WITHOUT LEAVING HAPPIER.”

~MOTHER TERESA~





# August 2025

## Around our Community

August

### Sunday

- 31** End of Summer Buffet  
8:30 **CO** Church Shuttle  
10:30 **AR** Hope Chapel Sunday Worship  
11:00 **DR** End of Summer Buffet  
1:00 **TH** Virtual Travelogue  
1:15 **AR** Penny Poker  
2:15 **AR** Majong  
3:30 **S** Rummikube  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### 3

- 8:30 **CO** Church Shuttle  
10:30 **AR** Hope Chapel Sunday Worship  
1:00 **TH** Virtual Travelogue  
1:15 **AR** Penny Poker  
2:15 **AR** Majong  
3:30 **S** Rummikube  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### 10

- 8:30 **CO** Church Shuttle  
10:30 **AR** Hope Chapel Sunday Worship  
1:00 **TH** Virtual Travelogue  
1:15 **AR** Penny Poker  
2:15 **AR** Majong  
3:30 **S** Rummikube  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### 17

- 8:30 **CO** Church Shuttle  
10:30 **AR** Hope Chapel Sunday Worship  
1:00 **TH** Virtual Travelogue  
1:15 **AR** Penny Poker  
2:15 **AR** Majong  
3:30 **S** Rummikube  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### 24

- 8:30 **CO** Church Shuttle  
10:30 **AR** Hope Chapel Sunday Worship  
1:00 **TH** Virtual Travelogue  
1:15 **AR** Penny Poker  
2:15 **AR** Majong  
3:30 **S** Rummikube  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### Monday

#### Allegro in St. Augustine

1101 Plantation Island Drive  
St. Augustine, FL 32080  
(904) 417-8902  
<https://www.allegroliving.com/st-augustine-fl.html>

### 4

- 9:30 **AR** Move ‘N Groove w/ Terri  
9:30 **CR** Mahjong  
10:30 **S** Learn to Play Mahjong  
1:00 **S** Trivia w/ Ken  
1:30 **CR** Dominoes  
2:00 **AR** High Stakes Bingo  
3:30 **S** Lifestyle Meeting  
6:30 **TH** At the Cinema w/ Popcorn  
6:30 **CR** Game Nite

### 11

- 9:30 **AR** Move ‘N Groove w/ Terri  
9:30 **CR** Mahjong  
10:30 **S** Learn to Play Mahjong  
1:00 **S** Trivia w/ Ken  
1:30 **CR** Dominoes  
2:00 **AR** High Stakes Bingo  
3:30 **S** LRC Game  
6:30 **TH** At the Cinema w/ Popcorn  
6:30 **CR** Game Nite

### 18

- 9:30 **AR** Move ‘N Groove w/ Terri  
9:30 **CR** Mahjong  
10:30 **S** Learn to Play Mahjong  
1:00 **S** Trivia w/ Ken  
1:30 **CR** Dominoes  
2:00 **AR** High Stakes Bingo  
3:30 **S** Scrabble  
6:30 **TH** At the Cinema w/ Popcorn  
6:30 **CR** Game Nite

### 25

- 9:30 **AR** Move ‘N Groove w/ Terri  
9:30 **CR** Mahjong  
10:30 **S** Learn to Play Mahjong  
1:00 **S** Trivia w/ Ken  
1:30 **CR** Dominoes  
2:00 **AR** High Stakes Bingo  
3:30 **S** Skip-Bo Card Game  
6:30 **TH** At the Cinema w/ Popcorn  
6:30 **CR** Game Nite

### Tuesday

### 5

- 9:30 **TH** Cozy Coffee  
9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Ageless Grace  
1:00 **AT** Ziggy Pet Therapy Dog  
1:30 **S** Bridge  
1:30 **AR** Vitas Ice Cream Social  
2:30 **AR** “Song Birds” Sip ‘N Sing  
3:30 **AR** The Good Ole’ Days  
6:30 **CR** Scrabble  
6:30 **TH** At the Cinema w/ Popcorn

### 12

- 9:30 **TH** Cozy Coffee  
9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Wii Bowling  
1:00 **AT** Ziggy Pet Therapy Dog  
1:30 **S** Creative Crafters  
1:30 **S** Bridge  
1:30 **AR** Ageless Grace  
2:30 **AR** Chris Kastle Storyteller  
3:30 **AR** The Good Ole’ Days  
6:30 **CR** Scrabble

### 19

- 9:30 **TH** Cozy Coffee  
9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Wii Bowling  
1:00 **AT** Ziggy Pet Therapy Dog  
1:30 **S** Bridge  
1:30 **AR** Ageless Grace  
2:30 **AR** “Song Birds” Sip N Sing!  
3:30 **AR** The Good Ole’ Days  
6:30 **CR** Scrabble  
6:30 **TH** At the Cinema w/ Popcorn

### 26

- 9:30 **TH** Cozy Coffee  
9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Wii Bowling  
1:00 **AT** Ziggy Pet Therapy Dog  
1:30 **S** Creative Crafters  
1:30 **S** Bridge  
1:30 **AR** Ageless Grace  
3:30 **AR** The Good Ole’ Days  
6:30 **CR** Scrabble  
6:30 **TH** At the Cinema w/ Popcorn

### Wednesday



### 6

- 9:30 **AR** Stretch Exercise w/ Terri  
9:30 **CR** Mahjong  
10:15 **AR** BP Check w/ Terri RN  
10:30 **S** Learn To Play Rummikube  
1:00 **AR** Word Jumble  
2:00 **AR** Bingo Bash  
3:15 **GR** Billiards Happy Hour  
6:30 **TH** At the Cinema w/ Popcorn

### 13

- 9:30 **AR** Stretch Exercise w/ Terri  
9:30 **CR** Mahjong  
10:15 **AR** BP Check w/ Stephanie  
10:30 **S** Learn To Play Rummikube  
1:00 **S** Pampered Nails  
1:00 **AR** Word Jumble  
2:00 **AR** Bingo Bash  
3:15 **GR** Billiards Happy Hour  
6:30 **TH** At the Cinema w/ Popcorn

### 20

- 9:30 **AR** Stretch Exercise w/ Terri  
9:30 **CR** Mahjong  
10:15 **AR** BP Check w/ Terri RN  
10:30 **S** Learn To Play Rummikube  
1:00 **AR** Word Jumble  
2:00 **AR** Bingo Bash  
3:15 **GR** Billiards Happy Hour  
6:30 **TH** At the Cinema w/ Popcorn

### 27

- 9:30 **AR** Stretch Exercise w/ Terri  
9:30 **CR** Mahjong  
10:15 **AR** BP Check w/ Stephanie  
10:30 **S** Learn To Play Rummikube  
10:30 **S** VFW Post 2391 Chat w/ Paul  
1:00 **S** Pampered Nails  
1:00 **AR** Word Jumble  
2:00 **AR** Bingo Bash  
3:15 **GR** Billiards Happy Hour  
6:30 **TH** At the Cinema w/ Popcorn

### Thursday



### 7

- 9:30 **CR** Mahjong  
9:30 **AR** Stretch ‘N Flex w/ Ken  
10:30 **TH** Sage Brain  
1:15 **S** Fun & Games w/ Amanda  
1:30 **CR** Dominoes  
1:30 **AR** Chef Demo w/ Ken  
3:30 **AR** Tai Chi w/ Wanda  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### 14

- 9:30 **CR** Mahjong  
9:30 **AR** Stretch ‘N Flex w/ Ken  
11:00 **CO** Crabbys Lunch Outing  
1:15 **S** Fun & Games w/ Amanda  
1:30 **CR** Dominoes  
2:00 **DR** Chef Chat  
3:00 **GR** Shuffleboard Tournament  
3:30 **AR** Tai Chi w/ Wanda  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### 21

- 9:30 **CR** Mahjong  
9:30 **AR** Stretch ‘N Flex w/ Ken  
10:30 **TH** Sage Brain  
1:15 **S** Fun & Games w/ Amanda  
1:30 **CR** Dominoes  
2:00 **AR** Town Hall Meeting  
3:30 **AR** Tai Chi w/ Wanda  
4:00 **CO** Longhorn Steakhouse  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### 28

- 9:30 **CR** Mahjong  
9:30 **AR** Stretch ‘N Flex w/ Ken  
1:00 **CO** Scenic Tour  
1:15 **S** Fun & Games w/ Amanda  
1:30 **CR** Dominoes  
3:00 **L** Residents’ Book Club  
3:30 **AR** Tai Chi w/ Wanda  
5:30 **AT** Music w/ Russell  
6:30 **TH** At the Cinema w/ Popcorn

### Friday

### 1

- 9:30 **S** Cozy Coffee Hour  
10:30 **AR** Rosary  
10:30 **S** Skip Bo Card Game  
10:30 **TH** Word Jumble  
11:00 **AR** Catholic Communion Service  
1:00 **AR** Penny Poker  
2:30 **DR** Happy Hour w/ L. Gill  
3:30 **AR** Rummikub/Triominos  
6:30 **TH** At the Cinema w/ Popcorn

### 8

- 9:30 **S** Cozy Coffee Hour  
10:30 **AR** Rosary  
10:30 **CR** Sacrament of Penance  
10:30 **TH** Word Jumble  
11:00 **AR** Catholic Mass  
1:00 **AR** Penny Poker  
2:30 **DR** Happy Hour w/ Randy  
3:30 **AR** Rummikub/Triominos  
6:00 **AR** Riddles and Brain Teasers  
6:30 **TH** At the Cinema w/ Popcorn

### 15 National Relaxation Day

- 10:30 **AR** Rosary  
10:30 **AC** “National Day of Relaxation” Check Itinerary for todays events.  
11:00 **AR** Catholic Communion Service  
2:30 **DR** Happy Hour w/ Skip  
3:30 **AR** Tai Chi w/ Wanda  
6:30 **TH** At the Cinema w/ Popcorn

### 22

- 9:30 **S** Cozy Coffee Hour  
10:30 **AR** Rosary  
10:30 **TH** Word Jumble  
11:00 **AR** Catholic Communion Service  
1:00 **AR** Penny Poker  
2:30 **DR** Happy Hour w/ Coconuts  
3:30 **AR** Rummikub/Triominos  
6:00 **AR** Riddles and Brain Teasers  
6:30 **TH** At the Cinema w/ Popcorn

### 29 End of Summer Bash

- 9:30 **S** Cozy Coffee Hour  
10:30 **AR** Rosary  
10:30 **S** Skip Bo Card Game  
10:30 **TH** Word Jumble  
11:00 **AR** Catholic Communion Service  
1:00 **AR** Penny Poker  
2:30 **DR** “End of Summer Bash” Happy Hour  
3:30 **AR** Rummikub/Triominos  
6:30 **TH** At the Cinema w/ Popcorn

### Saturday

### 2

- 9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Triominos/Rummikube  
1:00 **S** Skip-Bo Card Game  
1:00 **AR** Trivia  
1:30 **CR** Dominoes  
2:00 **AT** Canines 4 Christ Pet Therapy  
3:00 **AR** Bingo Bash  
6:30 **TH** At the Cinema w/ Popcorn

### 9

- 9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Triominos/Rummikube  
1:00 **S** Skip-Bo Card Game  
1:00 **AR** Trivia  
1:30 **CR** Dominoes  
3:00 **AR** Bingo Bash  
6:00 **AR** Family Game Night  
6:30 **TH** At the Cinema w/ Popcorn

### 16

- 9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Triominos/Rummikube  
1:00 **S** Skip-Bo Card Game  
1:00 **AR** Trivia  
1:30 **CR** Dominoes  
2:00 **AT** Canines 4 Christ Pet Therapy  
3:00 **AR** Bingo Bash  
6:30 **TH** At the Cinema w/ Popcorn

### 23

- 9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Triominos/Rummikube  
1:00 **S** Skip-Bo Card Game  
1:00 **AR** Trivia  
1:30 **CR** Dominoes  
3:00 **AR** Bingo Bash  
6:00 **AR** Family Game Night  
6:30 **TH** At the Cinema w/ Popcorn

### 30

- 9:30 **AR** Chair Yoga w/ Carol  
10:30 **AR** Triominos/Rummikube  
1:00 **S** Skip-Bo Card Game  
1:00 **AR** Trivia  
1:30 **CR** Dominoes  
3:00 **AR** Bingo Bash  
6:30 **TH** At the Cinema w/ Popcorn

#### BIRTHDAYS

##### Residents

- Andy A. 8/7  
Sonia-Kay (SK) K. 8/7  
Catherine R. 8/10  
Sue C. 8/12  
Mary S. 8/13  
Mary W. 8/14  
Sandi K. 8/17  
Elizabeth B. 8/24  
Stuart G. 8/26  
Alfred (AI) M. 8/28

##### Employees

- Kathleen 8/6  
Valarie 8/11  
Toni 8/18  
Luke 8/17  
Richard M. 8/25  
Ashley 8/25

## LOCATION KEY

- S** Sandpiper  
**AR** Activity Room  
**TH** Theater  
**DR** Dining Room  
**CR** Community Room  
**AT** Atrium  
**CO** Community Outing  
**GR** Bar/Game Room  
**AC** Around Community  
**L** Library