

UPCOMING COMMUNITY EVENTS

ALLEGRO
Allegro



Allegro in Parkland
5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754



FLOURISH

AUGUST 2025



WHAT’S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

“AUGUST IS LIKE THE GRAND FINALE OF SUMMER, WHERE EACH DAY IS A CHAPTER IN OUR ADVENTURE BOOK”

—UNKNOWN



August 2025

August 31

Sunday

10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:45 **CR** Brain Games Puzzle
11:30 **CR** Creative Corner
1:30 **CR** Bingo
3:00 **BI** Ice Cream Social
4:00 **CR** Poetry Club
7:00 **TH** Classics: Good Will Hunting-P

3

10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:45 **CR** Brain Games Puzzle
11:30 **CR** Creative Corner
1:30 **CR** Bingo
3:00 **BI** Ice Cream Social
4:00 **CR** Poetry Club
7:00 **CR** Lecture w/ Michael B
7:00 **TH** Classics: See No Evil, Hear No Evil-N

10

10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:45 **CR** Brain Games Puzzle
11:30 **CR** Creative Corner
1:30 **CR** Bingo
3:00 **BI** Social Hour w-Karen
4:00 **CR** Poetry Club
7:00 **TH** Classics: Stand By Me-P

17

10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:45 **CR** Brain Games Puzzle
11:30 **CR** Creative Corner
1:30 **CR** Bingo
3:00 **BI** Ice Cream Social
4:00 **CR** Poetry Club
7:00 **TH** Classics: Forrest Gump-P

24

10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:45 **CR** Brain Games Puzzle
11:30 **CR** Creative Corner
1:30 **CR** Bingo
3:00 **BI** Social Hour w-Teresa
4:00 **CR** Poetry Club
7:00 **TH** Classics: Ferris Bueller's Day Off-P

Monday

Allegro in Parkland

5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754
www.allegroliving.com/senior-living-parkland-fl

4

10:00 **CR** Morning Stretch
10:30 **CR** Word Games
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Blast to the Past
1:30 **GR** Canasta Games
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Jewelry Design
7:00 **CR** Bingo Night

11

10:00 **CR** Morning Stretch
10:30 **CR** Word Games
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Blast to the Past
1:30 **GR** Canasta Games
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Flower Arrangement
7:00 **CR** Bingo Night

18

10:00 **CR** Morning Stretch
10:30 **CR** Word Games
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Blast to the Past
1:30 **GR** Canasta Games
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Jewelry Design
7:00 **CR** Bingo Night

25

10:00 **CR** Morning Stretch
10:30 **CR** Word Games
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Blast to the Past
1:30 **GR** Canasta Games
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Flower Arrangement
7:00 **CR** Bingo Night

Tuesday

5

10:00 **CR** Technology Support
10:30 **CR** Fitness Fusion w/ Barbra
11:00 **LI** Spanish Lessons
1:30 **CR** Bingo
2:30 **GR** Canasta Games
2:30 **TH** Lecture: Aging Gracefully w-Dr. Hovi
3:00 **BI** Karaoke Time
4:00 **CR** Country Spotlight w/ Eric
7:00 **GR** Games Night: Rummikub,

12

10:00 **CR** Technology Support
10:30 **CR** Fitness Fusion w/ Barbra
11:00 **LI** Spanish Lessons
1:30 **CR** Bingo
2:30 **GR** Canasta Games
3:00 **BI** Karaoke Time
3:00 **TH** Parkinson's Support Group
4:00 **CR** Country Spotlight w/ Eric
7:00 **GR** Games Night: Rummikub, Scrabble

19

10:00 **CR** Technology Support
10:30 **CR** Fitness Fusion w/ Barbra
11:00 **LI** Spanish Lessons
11:00 **LI** Get Register to Vote
1:30 **CR** Bingo
2:30 **GR** Canasta Games
3:00 **BI** Wine Down Karaoke Time
4:00 **CR** Country Spotlight w/ Eric
7:00 **GR** Games Night: Rummikub, Scrabble

26

10:00 **CR** Technology Support
10:30 **CR** Fitness Fusion w/ Barbra
11:00 **LI** Spanish Lessons
1:30 **CR** Bingo
2:30 **GR** Canasta Games
3:00 **BI** Wine Down Karaoke
4:00 **CR** Country Spotlight w/ Eric
7:00 **GR** Games Night: Rummikub, Scrabble
7:00 **CR** A Dose of Joy w/Rabbi Eli

Wednesday



6

10:00 **CR** Chair Exercise
10:30 **CR** Word Games
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
2:00 **CR** Book Review w/ Linda "The Ice Cream Queen of Orchard Street"
3:00 **CR** Golden Memories
3:00 **TH** L-V-Lecture: Make Em'

13

10:00 **CR** Chair Exercise
10:30 **CR** Word Games
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Music & Lecture w-Harry
3:00 **CR** Golden Memories
3:00 **TH** L-V-Lecture: Disunited Kingdom: The American Revolution in Britain
4:00 **BR** Gentlemans Club
4:00 **CR** Bingo Time

20

10:00 **CR** Chair Exercise
10:30 **CR** Word Games
11:00 **TR** Caregiver Alzheimer's Association Support Group
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
3:00 **CR** Golden Memories
4:00 **BR** Gentlemans Club
7:00 **TH** Movie Night: Rudy-N

27

10:00 **CR** Chair Exercise
10:30 **CR** Word Games
11:00 **P** Water Aerobics w/ Omar
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
3:00 **CR** Golden Memories
4:00 **BR** Gentlemans Club
7:00 **TH** Movie Night: Eat Pray Love-N

Thursday



7

10:30 **CR** Fitness Fusion w/ Barbra
11:00 **O** Outing: Deerfield Mall-Casino
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
1:30 **LI** Technology Support
3:00 **CR** Current Events w/ Art B
4:00 **CR** High Stakes Bingo
7:00 **CR** Table Talk w/ Eric

14

10:30 **CR** Fitness Fusion w/ Barbra
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
1:30 **LI** Technology Support
3:00 **CR** Resident Council Meeting
4:00 **CR** High Stakes Bingo
4:30 **O** Outing: Malbec Grill
6:30 **BI** Havana Nights Party

21

10:30 **CR** Fitness Fusion w/ Barbra
11:00 **O** Outing: Deerfield Mall-Casino
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
1:30 **LI** Technology Support
3:00 **CR** Town Hall Meeting
4:00 **CR** High Stakes Bingo
7:00 **CR** Current Events w/ Art B

28

10:30 **CR** Fitness Fusion w/ Barbra
11:00 **O** Outing: Farmer's Table
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
1:30 **LI** Technology Support
4:00 **CR** High Stakes Bingo
7:00 **CR** Table Talk w/ Eric

Friday

1

10:00 **CR** Chair Exercise
10:30 **CR** TED Talks: The power of vulnerability
11:00 **CR** Music Trivia-Sing Along
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
3:00 **BI** Happy Hour w-Alberto
4:15 **PDR** Shabbat w/ Rabbi Eli
7:00 **CR** Evening Games w/Friends
7:00 **TH** Friday Movie: Now You See

8

10:00 **CR** Chair Exercise
10:30 **CR** TED Talks: Does schools kill creativity?
11:00 **CR** Music Trivia-Sing Along
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
3:00 **BI** Happy Hour w-Ghada
7:00 **CR** Evening Games w/Friends
7:00 **TH** Friday Movie: The Intern-N

15

10:00 **CR** Chair Exercise
10:30 **CR** TED Talks: How film changes the way we see the world
11:00 **CR** Music Trivia-Sing Along
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
3:00 **BI** Happy Hour
4:15 **PDR** Shabbat w/ Rabbi Eli
7:00 **CR** Evening Games w/Friends
7:00 **TH** Friday Movie: The Union-N

22

10:00 **CR** Chair Exercise
10:30 **CR** TED Talks: The Great Migration & the power of a single decision
11:00 **CR** Music Trivia-Sing Along
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
3:00 **BI** Monthly Birthday's Celebration Happy Hour
7:00 **CR** Evening Games w/Friends

29

10:00 **CR** Chair Exercise
10:30 **CR** TED Talks: The life-long learner
11:00 **CR** Music Trivia-Sing Along
1:30 **CR** Bingo Time
2:00 **GR** Canasta Games
3:00 **BI** Happy Hour w-Craig
7:00 **CR** Evening Games w/Friends
7:00 **TH** Friday Movie: The Long Game-N

Saturday

2

10:00 **CR** Morning Exercise
10:30 **CR** Family Feud
10:45 **O** Shopping Spree
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
2:45 **CR** V-Lecture: The Migrating Ape
3:00 **BI** Puzzle & Game Afternoon
7:00 **BI** Showtime w-Danny

9

10:00 **CR** Morning Exercise
10:30 **CR** Family Feud
10:45 **O** Shopping Spree
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
2:45 **CR** V-Lecture: How We Invented Civilization
3:00 **BI** Puzzle & Game Afternoon
7:00 **BI** Showtime w-Wes

16

10:00 **CR** Morning Exercise
10:30 **CR** Family Feud
10:45 **O** Shopping Spree
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
2:45 **CR** V-Lecture: Smallpox in The American Revolution
3:00 **BI** Puzzle & Game Afternoon
7:00 **BI** Showtime w-Roman

23

10:00 **CR** Morning Exercise
10:30 **CR** Family Feud
10:45 **O** Shopping Spree
1:30 **CR** Bingo
2:30 **LI** Veterans Club
2:45 **CR** When Women Lost Citiz..
3:00 **BI** Puzzle & Games
7:00 **BI** Showtime w-Dezhon

30

10:00 **CR** Morning Exercise
10:30 **CR** Family Feud
10:45 **O** Shopping Spree
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
2:45 **CR** V-Lecture: The German Coast Uprising
3:00 **BI** Puzzle & Game Afternoon
7:00 **BI** Showtime w-Steve

Around our Community

Notes

Activities, along with their times and locations, are subject to change. For the most accurate and up-to-date information, please refer to the Weekly Activities Calendar.

If you have any suggestions or ideas, feel free to contact

Lifestyle Director:

Omar Urbay

Cell: 314-617-0376



LOCATION KEY

- CR** Community Room
- GR** Game Room
- BI** Bistro
- PDR** P Dining Room
- TH** Eagle Theater
- O** Outing
- LI** Library
- P** Pool
- CD** Card Room
- BR** Billiards Room



August 2025

Sunday

August 31

- 9:00 **I** Sunday Morning Joy
- 10:00 **O** Nature Walk
- 10:30 **EN** Nature Painting
- 11:30 **P** Gardening
- 1:00 **EN** Good Memories Choir
- 2:00 **EN** Bean Bag Toss
- 3:00 **BI** Ice Cream Social
- 4:00 **EN** Purposeful Task
- 6:00 **P** Music and Relaxation

3

- 9:00 **I** Sunday Morning Joy
- 10:00 **O** Nature Walk
- 10:30 **EN** Nature Painting
- 11:30 **P** Gardening
- 1:00 **EN** Hymns & Harp Performance
- 2:00 **EN** Bean Bag Toss
- 3:00 **BI** Ice Cream Social
- 4:00 **EN** Purposeful Task
- 6:00 **P** Music and Relaxation

10

- 9:00 **DR** Buffet Breakfast w/Friends and Family
- 10:00 **O** Nature Walk
- 10:30 **EN** Nature Painting
- 11:30 **P** Gardening
- 1:00 **EN** Good Memories Choir
- 2:00 **EN** Bean Bag Toss
- 3:00 **EN** Ice Cream Social
- 4:00 **EN** Purposeful Task
- 6:00 **P** Music and Relaxation

17

- 9:00 **I** Sunday Morning Joy
- 10:00 **O** Nature Walk
- 10:30 **EN** Nature Painting
- 11:30 **P** Gardening
- 1:00 **EN** Hymns & Harp Performance
- 2:00 **EN** Bean Bag Toss
- 3:00 **BI** Ice Cream Social
- 4:00 **EN** Purposeful Task
- 6:00 **P** Music and Relaxation

24

- 9:00 **I** Sunday Morning Joy
- 10:00 **O** Nature Walk
- 10:30 **EN** Nature Painting
- 11:30 **P** Gardening
- 1:00 **EN** Good Memories Choir
- 2:00 **EN** Bean Bag Toss
- 3:00 **EN** Ice Cream Social
- 4:00 **EN** Purposeful Task
- 6:00 **P** Music and Relaxation

Monday

Allegro in Parkland

5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754
www.allegroliving.com/senior-living-parkland-florida

4

- 9:00 **DR** Breakfast w/Ray Charles
- 10:00 **EN** Good Morning Corner
- 10:30 **EN** Follow the Leader Exercise
- 11:00 **EN** Monday Trivia
- 1:00 **EN** Summer Crafts
- 2:00 **EN** Lemonade Social
- 3:00 **P** Summer Sensory Bin
- 4:00 **EN** Armchair Travel
- 6:00 **LR** Music & Memories

11

- 9:00 **DR** Breakfast w/ Stevie Wonder
- 10:00 **EN** Good Morning Corner
- 10:30 **EN** Follow the Leader Exercise
- 11:00 **EN** Monday Trivia
- 1:00 **EN** Summer Crafts
- 2:00 **EN** Afternoon Tea Social
- 3:00 **P** Summer Sensory Bin
- 4:00 **EN** Armchair Travel
- 6:00 **LR** Music & Memories

18

- 9:00 **DR** Breakfast w/ Barbara S.
- 10:00 **EN** Good Morning Corner
- 10:30 **EN** Follow the Leader Exercise
- 11:00 **EN** Monday Trivia
- 1:00 **EN** Summer Crafts
- 2:00 **EN** Lemonade Social
- 3:00 **P** Summer Sensory Bin
- 4:00 **EN** Armchair Tavel
- 6:00 **P** Music & Memories

25

- 9:00 **DR** Breakfast w/ Rickey Nelson
- 10:00 **EN** Good Morning Corner
- 10:30 **EN** Follow the Leader Exercise
- 11:00 **EN** Monday Trivia
- 1:00 **EN** Summer Crafts
- 3:00 **EN** Afternoon Tea Social
- 3:00 **P** Summer Sensory Bin
- 4:00 **EN** Armchair Travel
- 6:00 **LR** Music & Memories

Tuesday

5

- 9:00 **DR** Breakfast w/ Judy Garland
- 10:00 **EN** Fitness w/ Donna
- 11:00 **EN** Short Story & Discussion
- 1:00 **EN** Gentle Music
- 1:30 **I** Games of the Week
- 2:00 **LI** Library & Tea
- 3:00 **BI** Karaoke in the Bistro
- 4:00 **EN** Gentle Chair Yoga
- 4:30 **EN** Classic Show
- 6:00 **P** Music on the Patio

12

- 9:00 **DR** Breakfast w/Barbara S.
- 10:30 **CR** Fitness Fusion w/ Barbra
- 11:00 **EN** Short Story & Discussion
- 1:00 **EN** Gentle Music
- 1:30 **I** Games of the Week
- 2:00 **EN** Bingo
- 3:00 **BI** Karaoke in the Bistro
- 4:00 **EN** Gentle Chair Yoga
- 4:30 **EN** Classic Show
- 6:00 **P** Music on the Patio

19

- 9:00 **DR** Breakfast w/Stevie Wonder
- 10:00 **EN** Fitness w/ Donna
- 11:00 **EN** Short Story & Discussion
- 1:00 **EN** Gentle Music
- 1:30 **I** Games of the Week
- 2:00 **LI** Library & Tea
- 3:00 **BI** Karaoke in the Bistro
- 4:00 **EN** Gentle Chair Yoga
- 4:30 **EN** Classic Show
- 6:00 **P** Music on the Patio

26

- 9:00 **DR** Breakfast w/Tony Bennet
- 10:30 **CR** Fitness Fusion w/ Barbra
- 11:00 **EN** Short Story & Discussion
- 1:00 **EN** Gentle Music
- 1:30 **I** Games of the Week
- 2:00 **EN** Bingo
- 2:45 **CR** Horticultural
- 3:00 **BI** Karaoke in the Bistro
- 4:00 **EN** Classic Show
- 6:00 **P** Music on the Patio

Wednesday



6

- 9:00 **DK** Breakfast w/ The Temptations
- 10:30 **LR** Stretch and Breathe
- 11:00 **EN** Traveling out of the Country
- 1:00 **TH** Community Movie
- 3:00 **EN** Dance Party
- 4:00 **DR** Set the Table
- 6:00 **I** Magazines on the Patio

13

- 9:00 **DR** Breakfast w/Nat King Cole
- 10:30 **LR** Stretch and Breathe
- 11:00 **EN** Traveling out of the Country
- 1:00 **TH** Community Movie
- 3:30 **EN** Cooking Show w/ Dee
- 4:00 **DR** Set the Table
- 6:00 **I** Magazines on the Patio

20

- 9:00 **DR** Breakfast w/ E.Humperdinck
- 10:30 **LR** Stretch and Breathe
- 11:00 **EN** Traveling out of the Country
- 1:00 **TH** Community Movie
- 2:00 **EN** Happy Hour w/ Rich
- 3:30 **EN** Cooking Show w/ Dee
- 4:00 **DR** Set the Table
- 6:00 **I** Magazines on the Patio

27

- 9:00 **DR** Breakfast w/ E.Humperdinck
- 10:30 **LR** Stretch and Breathe
- 11:00 **EN** Traveling out of the Country
- 1:00 **TH** Community Movie
- 3:00 **EN** Dance Party
- 4:00 **DR** Set the Table
- 6:00 **I** Magazines on the Patio

Thursday



7

- 9:00 **DR** Breakfast w/ Andrea Bocelli
- 10:30 **CR** Fitness Fusion w/ Barbra
- 11:30 **EN** Good Morning Corner
- 1:00 **EN** Aqua Painting
- 2:00 **EN** Happy Hour w/ Valerie
- 3:00 **EN** Pictionary
- 4:00 **EN** Broadway Play
- 6:00 **P** Music & Memories

14

- 9:00 **DR** Breakfast w/ Bing Crosby
- 10:30 **CR** Fitness Fusion w/ Barbra
- 10:30 **CR** Exercise w/Barbara
- 11:30 **EN** Good Morning Corner
- 1:00 **EN** Aqua Painting
- 3:00 **EN** Pictionary
- 4:00 **EN** Broadway Play
- 6:00 **P** Music & Memories

21

- 9:00 **DR** Breakfast w/Frank Sinatra
- 10:30 **CR** Exercise w/Barbara
- 11:30 **EN** Good Morning Corner
- 1:00 **EN** Aqua Painting
- 1:30 **EN** Nurse’s Wellness Chat
- 2:30 **EN** Trivia
- 3:00 **EN** Pictionary
- 4:00 **EN** Broadway Play
- 6:00 **P** Music & Memories

28

- 9:00 **DR** Breakfast w/Barry Manilow
- 10:30 **CR** Fitness Fusion w/ Barbra
- 10:30 **CR** Exercise w/Barbara
- 11:30 **EN** Good Morning Corner
- 1:00 **EN** Aqua Painting
- 3:00 **EN** Pictionary
- 4:00 **EN** Broadway Play
- 6:00 **P** Music & Memories

Friday

1

- 9:00 **DR** Breakfast w/Dean Martin
- 10:00 **EN** Dance Fitness
- 11:00 **EN** Trivia
- 1:00 **EN** Color by Numbers
- 1:30 **O** Scenic Bus Ride
- 2:00 **DK** Cookie Decorating
- 3:00 **O** Happy Hour
- 4:00 **EN** Household Life Skills
- 6:00 **LR** On the Patio w/ Friends

8

- 9:00 **DR** Breakfast w/Doris Day
- 10:00 **EN** Dance Fitness
- 11:00 **EN** Trivia
- 1:00 **EN** Color by Numbers
- 2:00 **DK** Baking Class w/ Dee
- 3:00 **O** Happy Hour
- 4:00 **EN** Household Life Skills
- 6:00 **LR** On the Patio w/ Friends

15

- 9:00 **DR** Breakfast w/Elvis
- 10:00 **EN** Dance Fitness
- 11:00 **EN** Trivia
- 1:00 **EN** Color by Numbers
- 2:00 **DK** Homemade Ice Cream
- 3:00 **O** Happy Hour
- 4:00 **EN** Household Life Skills
- 6:00 **LR** On the Patio w/ Friends

22

- 9:00 **DR** Breakfast w/Andy Williams
- 10:00 **EN** Dance Fitness
- 11:00 **EN** Trivia
- 1:00 **EN** Color by Numbers
- 2:00 **DK** Cooking Baking Class w/ Dee
- 3:00 **O** Happy Hour
- 4:00 **EN** Household Life Skills
- 6:00 **LR** On the Patio w/ Friends

29

- 9:00 **DR** Breakfast w/Dean Martin
- 10:00 **EN** Dance Fitness
- 11:00 **EN** Trivia
- 12:00 **O** Lunch Outing
- 1:00 **EN** Color by Numbers
- 2:00 **DK** Baking Class
- 3:00 **O** Happy Hour
- 4:00 **EN** Household Life Skills
- 6:00 **LR** On the Patio w/ Friends

Saturday

2

- 9:00 **DR** Breakfast w/ Celine Dion
- 10:00 **EN** Morning Stretch/ Meditation
- 11:00 **EN** Gratitude Circle
- 1:00 **EN** General Knowledge Trivia
- 2:00 **TH** Family Movie Day
- 4:00 **EN** Game Time
- 6:00 **P** Music and Relaxation

9

- 9:00 **DK** Breakfast w/Aretha Franklin
- 10:00 **EN** Morning Stretch/ Meditation
- 11:00 **EN** Words of Affirmations
- 11:30 **EN** Guided Imagery
- 1:00 **EN** Trivia
- 2:00 **EN** Live from Emmet’s Place
- 4:00 **EN** Chair Massage & Aromatherapy
- 6:00 **P** Music and Relaxation

16

- 9:00 **DR** Breakfast w/Harry Belafonte
- 10:00 **EN** Morning Stretch/ Meditation
- 11:00 **EN** Gratitude Circle
- 1:00 **I** General Knowledge Trivia
- 2:00 **TH** Family Movie Day
- 4:00 **EN** Game Time
- 6:00 **P** Music and Relaxation

23

- 9:00 **DR** Breakfast w/Paul Mcartney
- 10:00 **EN** Morning Stretch/ Meditation
- 11:00 **EN** Words of Affirmations
- 11:30 **EN** Guided Imagery
- 1:00 **EN** Trivia
- 2:00 **EN** Live from Emmet’s Place
- 3:00 **EN** Game Time
- 4:00 **EN** Chair Massage & Aromatherapy
- 6:00 **P** Music and Relaxation

30

- 9:00 **DR** Breakfast w/ Celine Dion
- 10:00 **EN** Morning Stretch/ Meditation
- 11:00 **EN** Gratitude Circle
- 1:00 **EN** General Knowledge Trivia
- 2:00 **EN** Happy Hour w/Stoney
- 3:00 **EN** Movie Time
- 4:30 **EN** Balloon Toss
- 6:00 **P** Music and Relaxation

Around our Community

August is Here

Dear August

Please be Awesome!

Please be a Great One!

Please be Diffrent!

Please be Blessed!

Ensemble Program Director

Dee Mitchell

Cell: 863-722-4062

Email:
Dmitchell@allegroliving.com

Activities are subject to
change. Please check the
CLC App for updates.

LOCATION KEY

- DR** Dining Room
- EN** Ensemble Neighborhood
- O** Outdoor
- DK** Demonstration Kitchen
- LR** Living Room
- TH** Eagle Theater
- P** Patio
- BI** Bistro
- CR** Community Room
- I** iN2L