

UPCOMING COMMUNITY EVENTS



HAWAIIAN LUAU!

Join us for a Hawaiian Theme Luau filled with tropical fun, island music, and delicious food!

Come dressed in your favorite Hawaiian shirt or floral attire and get ready to enjoy. Let’s bring the spirit of the islands right here we can’t wait to see you there!

YOU’RE INVITED TO PAINTING CLASS!

Join us this August for a fun and relaxing Painting Class for All Levels, whether you’re a beginner or experienced artist, everyone is welcome! Come express your creativity, learn new techniques, and enjoy some great company. All materials will be provided just bring yourself and your imagination!



DON’T MISS THESE EVENTS!

- Happy Hour & Live Music- Andree Acevedo - on 8/7/2025
- Happy Hour & Live Music- Shelly - on 8/14/2025
- Harmony Celebration Party - on 8/20/2025
- New Resident Meet-and-Greet - on 8/21/2025
- Hawaiian Luau Theme Happy Hour - on 8/28/2025
- Birthday Celebration - on 8/29/2025

**Fort Lauderdale**  
1290 N. Federal Highway  
Fort Lauderdale, FL 33304  
(954) 883-9903



FLOURISH

AUGUST 2025



WHAT’S INSIDE

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Social Calendar

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Upcoming Events + News

*“THE ONLY THING WE HAVE TO FEAR IS FEAR ITSELF.” - FRANKLIN D. ROOSEVELT*





# August 2025

## Around our Community

Sunday	Monday	Tuesday
<b>August 31</b> 10:00 <b>L</b> Local Church Shuttle 10:00 <b>OUT Walking Club- off Campus</b> 11:00 <b>B</b> Current Events & updates 11:15 <b>B</b> Coffee and Conversation 1:00 <b>L</b> Trip: Barnes & Noble 2:00 <b>B</b> Scoop of the Month 2:15 <b>T</b> Movie & Popcorn: The Notebook (2004) 3:00 <b>GR</b> Billiards and Board Games 8:15 <b>T</b> Movie Night: The Notebook	<b>Fort Lauderdale</b>  1290 N. Federal Highway Fort Lauderdale, FL 33304 (954) 883-9903 <a href="http://www.allegroliving.com/senior-living-fort-lauderdale.html">www.allegroliving.com/senior-living-fort-lauderdale.html</a>	
<b>3</b> 10:00 <b>L</b> Local Church Shuttle <b>10:00 OUT Walking Club- off Campus</b> 11:00 <b>B</b> <b>Current Events</b> & updates 11:15 <b>B</b> Coffee and Conversation 1:00 <b>L</b> Trip: Barnes & Noble 2:00 <b>B</b> Scoop of the Month 2:15 <b>T</b> Movie & Popcorn: The Intern (2015) 3:00 <b>GR</b> Billiards and Board Games 8:15 <b>T</b> Movie Night; The Intern	<b>4</b> 9:00 <b>L</b> Trip: CVS/Walgreens <b>9:30 GR News</b> & Views 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Crossword Puzzle 2:15 <b>T</b> Movie & Popcorn: Rear Window (1954) <b>2:15 Y Balloon Volleyball</b> <b>3:00 CR Big Money Bingo</b> 4:00 <b>B</b> Social Hour 8:15 <b>T</b> Movie Night: Rear Window	<b>5</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> Brain Power Hour 11:00 <b>B</b> <b>Meet</b> & Greet-Penny's 1:00 <b>L</b> Trip: Fresh Market <b>1:30 CR Ace Ace</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>GR</b> Billiards and Board Games <b>3:00 Y Meditation</b> 4:00 <b>B</b> Social Hour 5:00 <b>CR</b> Bridge- All Levels
<b>10</b> 10:00 <b>L</b> Local Church Shuttle <b>10:00 OUT Walking Club- off Campus</b> 11:00 <b>B</b> <b>Current Events</b> & updates 11:15 <b>B</b> Coffee and Conversation 1:00 <b>L</b> Trip: Barnes & Noble 2:00 <b>B</b> Scoop of the Month 2:15 <b>T</b> Movie & Popcorn: Miracles From Heaven (2016) 3:00 <b>GR</b> Billiards and Board Games 8:15 <b>T</b> Movie Night: Miracles From	<b>11</b> 9:00 <b>L</b> Trip: CVS/Walgreens <b>9:30 GR News</b> & Views 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Crossword Puzzle 11:00 <b>T</b> <b>Lecture- Roger Gross</b> <b>2:15 Y Balloon Volleyball</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Big Money Bingo 4:00 <b>B</b> Social Hour 8:15 <b>T</b> Movie Night: A Million	<b>12</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> Brain Power Hour 1:00 <b>CR</b> Canasta 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>GR</b> Billiards and Board Games <b>3:00 Y Meditation</b> 4:00 <b>B</b> Social Hour <b>5:00 CR Bridge lesson by Fort Lauderdale Bridge Club</b> 8:15 <b>T</b> Movie Night: Falling for
<b>17</b> 10:00 <b>L</b> Local Church Shuttle <b>10:00 OUT Walking Club- off Campus</b> 11:00 <b>B</b> <b>Current Events</b> & updates 11:15 <b>B</b> Coffee and Conversation <b>12:00 OUT Lunch Outing: Caffè Europa</b> 1:00 <b>L</b> Trip: Barnes & Noble 2:00 <b>B</b> Scoop of the Month 2:15 <b>T</b> Movie & Popcorn: The Two Popes (2019) 3:00 <b>GR</b> Billiards and Board Games	<b>18</b> 9:00 <b>L</b> Trip: CVS/Walgreens <b>9:30 GR News</b> & Views 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Crossword Puzzle <b>2:00 CR Salon Day with JMC</b> <b>2:15 Y Balloon Volleyball</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Big Money Bingo 4:00 <b>B</b> Social Hour 8:15 <b>T</b> Movie Night; Love,	<b>19</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> <b>Health Education Classes</b> 11:00 <b>FA</b> Brain Power Hour 1:00 <b>L</b> Trip: Fresh Market <b>1:00 CR Ace Ace</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>GR</b> Billiards and Board Games 3:00 <b>Y</b> Meditation 4:00 <b>B</b> Social Hour 5:00 <b>CR</b> Bridge- All Levels
<b>24</b> 10:00 <b>L</b> Local Church Shuttle <b>10:00 OUT Walking Club- off Campus</b> 11:00 <b>B</b> <b>Current Events</b> & updates 11:15 <b>B</b> Coffee and Conversation 1:00 <b>L</b> Trip: Barnes & Noble 2:00 <b>B</b> Scoop of the Month 2:15 <b>T</b> Movie & Popcorn: Dan in Real Life (2007) 3:00 <b>GR</b> Billiards and Board Games 8:15 <b>T</b> Movie Night: Dan in Real	<b>25</b> 9:00 <b>L</b> Trip: CVS/Walgreens 9:30 <b>GR</b> News & Views 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Crossword Puzzle <b>1:30 B Painting All Levels</b> <b>2:15 Y Balloon Volleyball</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Big Money Bingo 4:00 <b>B</b> Social Hour 8:15 <b>T</b> Movie Night: Ever After	<b>26</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> Brain Power Hour 1:00 <b>CR</b> Canasta <b>1:30 B Pottery Class All Levels</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>GR</b> Billiards and Board Games 3:00 <b>Y</b> Meditation 4:00 <b>B</b> Social Hour <b>5:00 CR Bridge- All Levels</b> 8:15 <b>T</b> Movie Night: The Princess



Wednesday	Thursday
<b>6</b> 9:00 <b>L</b> Trip: Publix 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Words in a Word 2:00 <b>B</b> Flower Arrangements 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Dominoes 4:00 <b>B</b> Social Hour <b>4:00 T Catholic Mass</b> <b>5:30 PD Table Tennis Group</b> <b>7:00 B Karaoke Night</b>	<b>7</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> Trivia Challenge <b>1:00 PD Walking Club- Pool Deck</b> <b>2:00 CR Activity Planning Meeting</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Card Games Group 3:00 <b>CR</b> Crash Course Art History <b>4:00 B Happy Hour</b> & Live Music- <b>Andree Acevedo</b> 6:00 <b>B</b> Rummikub Lesson
<b>13</b> 9:00 <b>L</b> Trip: Publix 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Words in a Word 11:30 <b>CR</b> Lunch & Learn- Dr. Graca 2:00 <b>B</b> Flower Arrangements 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Dominoes 4:00 <b>B</b> Social Hour <b>5:30 PD Table Tennis Group</b> <b>7:00 B Karaoke Night</b>	<b>14</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> Trivia Challenge 1:00 <b>PD</b> Walking Club- Pool Deck <b>2:00 CR Cooking Demonstration with Chef</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Card Games Group 3:00 <b>CR</b> Crash Course Art History <b>4:00 B Happy Hour</b> & Live Music- <b>Shelly</b>
<b>20</b> 9:00 <b>L</b> Trip: Publix 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Words in a Word 1:30 <b>B</b> Flower Arrangements <b>2:00 P Water Aerobics- All Levels</b> <b>2:00 SK Harmony Celebration Party</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Dominoes 4:00 <b>B</b> Social Hour <b>5:30 PD Table Tennis Group</b>	<b>21</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> Trivia Challenge <b>1:00 PD Walking Club- Pool Deck</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Card Games Group 3:00 <b>CR</b> Crash Course Art History 3:00 <b>AR</b> Discussion Group <b>4:00 SK New Resident Meet-and-Greet</b> 6:00 <b>B</b> Rummikub Lesson
<b>27</b> 9:00 <b>L</b> Trip: Publix 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Words in a Word 2:00 <b>B</b> Flower Arrangements 2:15 <b>T</b> Movie & Popcorn: <b>3:00 CR Book Club</b> 3:00 <b>CR</b> Dominoes <b>3:00 T Meet with Rabbi Singer</b> 4:00 <b>B</b> Social Hour <b>5:30 PD Table Tennis Group</b>	<b>28</b> 10:00 <b>CR</b> PT by Design Fitness Class 11:00 <b>CR</b> Trivia Challenge 1:00 <b>PD</b> Walking Club- Pool Deck <b>1:30 CR Lecture: Positive Thinking</b> <b>2:00 SL Cooking Demonstration with Lifestyles</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>CR</b> Card Games Group 3:00 <b>CR</b> Crash Course Art History <b>3:00 B Hawaiian Luau Theme Happy</b>

Friday
<b>1</b> 10:00 <b>Y</b> Chair Yoga- All Levels <b>11:00 CR Resident Council</b> 1:30 <b>CR</b> Poker Games <b>1:30 FA Science Trivia Challenge</b> 2:15 <b>T</b> Movie & Popcorn: <b>3:00 B Afternoon Tea</b> 4:00 <b>B</b> Mahjong 4:00 Social Hour <b>5:30 TD Shabbat</b> 8:15 <b>T</b> Movie Night: A Star Is
<b>8</b> 10:00 <b>Y</b> Chair Yoga- All Levels <b>11:00 CR Town Hall Meeting</b> 1:30 <b>CR</b> Poker Games 2:15 <b>T</b> Movie & Popcorn: <b>2:30 T Seetha The Comedy Magician</b> 3:00 <b>B</b> Afternoon Tea 4:00 <b>B</b> Mahjong 4:00 <b>B</b> Social Hour
<b>15</b> 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Spanish Lessons- All Levels 1:30 <b>CR</b> Poker Games <b>2:00 FA Travel Series</b> 2:15 <b>T</b> Movie & Popcorn: <b>2:30 SK Wine Tasting</b> 3:00 <b>B</b> Afternoon Tea 4:00 <b>B</b> Mahjong 4:00 <b>B</b> Social Hour
<b>22</b> 10:00 <b>Y</b> Chair Yoga- All Levels 11:00 <b>CR</b> Spanish Lessons- All Levels 1:30 <b>CR</b> Poker Games 2:15 <b>T</b> Movie & Popcorn: <b>3:00 B Afternoon Tea</b> 4:00 <b>B</b> Mahjong 4:00 <b>B</b> Social Hour 8:15 <b>T</b> Movie Night: Brooklyn
<b>29</b> 10:00 <b>Y</b> Chair Yoga- All Levels <b>11:00 CR Spanish Lessons- All Levels</b> 1:30 <b>CR</b> Poker Games 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>B</b> Afternoon Tea 4:00 <b>B</b> Mahjong <b>4:00 B Birthday Celebration</b> 5:30 <b>TD Shabbat</b> 8:15 <b>T</b> Movie Night: The Straight

Saturday
<b>2</b> 10:00 <b>L</b> Trip: Trader Joe's & More 10:00 <b>B</b> Smoothie of the Month <b>11:00 CR Exercise Hour</b> <b>12:00 OUT Lunch Outing: The Capital Grille</b> 2:00 <b>PD</b> Jenga Tournament 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>B</b> Rummikub Games <b>3:00 CR Big Money Bingo</b> 4:00 <b>B</b> Trivia in Bistro
<b>9</b> 10:00 <b>L</b> Trip: Trader Joe's & More 10:00 <b>B</b> Smoothie of the Month <b>11:00 CR Exercise Hour</b> <b>2:00 PD Jenga Tournament</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>B</b> Rummikub Games <b>3:00 CR Big Money Bingo</b> 4:00 <b>B</b> Trivia in Bistro 8:15 <b>T</b> Movie Night: It Ends With Us (2024)
<b>16</b> 10:00 <b>L</b> Trip: Trader Joe's & More 10:00 <b>B</b> Smoothie of the Month <b>11:00 CR Exercise Hour</b> <b>2:00 PD Jenga Tournament</b> 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>B</b> Rummikub Games <b>3:00 CR Big Money Bingo</b> 4:00 <b>B</b> Trivia in Bistro 8:15 <b>T</b> Movie Night: Endless Love (2014)
<b>23</b> 10:00 <b>L</b> Trip: Trader Joe's & More 10:00 <b>B</b> Smoothie of the Month <b>11:00 CR Exercise Hour</b> 2:00 <b>PD</b> Jenga Tournament 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>B</b> Rummikub Games <b>3:00 CR Big Money Bingo</b> 4:00 <b>B</b> Trivia in Bistro 8:15 <b>T</b> Movie Night: West Side Story (2021)
<b>30</b> 10:00 <b>L</b> Trip: Trader Joe's & More 10:00 <b>B</b> Smoothie of the Month 11:00 <b>CR</b> Exercise Hour <b>1:30 OUT Museum- Bonnet House</b> 2:00 <b>PD</b> Jenga Tournament 2:15 <b>T</b> Movie & Popcorn: 3:00 <b>B</b> Rummikub Games <b>3:00 CR Big Money Bingo</b> 4:00 <b>B</b> Trivia in Bistro 8:15 <b>T</b> Movie Night: Now You See

### Monthly Observances

<u>August's Monthly Observances</u>
World Cancer Support Month
National Twins Day
Don't Be a Bully Month
<u>Special Days</u>
Daily Movies at 2:15pm and 8:15pm
Walking Club- every Sunday & Thursday
August 29th - Residents Birthday
<u>All Activities are Subject to Change*</u>

### LOCATION KEY

<b>Y</b>	Yoga/Exercise Room
<b>CR</b>	Community Room
<b>FA</b>	Family Room
<b>T</b>	Movie Theater
<b>B</b>	Bistro
<b>TD</b>	The Tides
<b>L</b>	Meet in Lobby
<b>OUT</b>	Outing
<b>PD</b>	Pool Deck
<b>GR</b>	Game Room



# August 2025

August 31

Sunday

Monday

Tuesday

Fort Lauderdale

1290 N. Federal Highway  
Fort Lauderdale, FL 33304  
(954) 883-9903

www.allegroliving.com/senior-living-fort-lauderdale.html

3

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Hobbies & Interests  
1:00 **AR** Let's Get Physical!  
2:00 **D** Ice Cream Social  
3:00 **AR** Group Word Games/Puzzles  
4:00 **AR** Music Therapy  
6:00 **AR** Interactive Game w/ Talia

10

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Hobbies & Interests  
1:00 **AR** Bean Bag Toss  
2:00 **D** Ice Cream Social  
3:00 **AR** Group Word Games/Puzzles  
4:00 **AR** Reminiscing  
6:00 **AR** Interactive Game w/ Talia

17

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Hobbies & Interests  
1:00 **AR** Spares & Strikes  
2:00 **D** Ice Cream Social  
3:00 **AR** Group Word Games/Puzzles  
4:00 **AR** Sharing Emotions  
6:00 **AR** Interactive Game w/ Talia

24

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** Hobbies & Interests  
1:00 **AR** Hit The Bullseye  
2:00 **D** Ice Cream Social  
3:00 **AR** Group Word Games/Puzzles  
4:00 **AR** Video Clips, Funny Animals  
6:00 **AR** Interactive Game w/ Talia

4

10:00 **IS** Chair Exercise  
10:30 **IS** How Many Words?  
11:30 **IS** Music Therapy  
1:00 **PD** Indoor/Outdoor Walk  
2:00 **AR** Folding/Sorting Game  
3:00 **AR** Entertainment/Wes! Cake  
4:00 **AR** Joggin Your Noggin  
6:00 **AR** Motivational Speaker

11

10:00 **IS** Chair Exercise  
10:30 **IS** Interactive Game  
11:30 **IS** Sing-A-Long Songs  
1:00 **PD** Indoor/Outdoor Walk  
2:00 **AR** Wood Crafts  
3:00 **AR** Famous People Born in Aug.  
4:00 **AR** Parachute Ball  
6:00 **AR** Motivational Speaker

18

10:00 **IS** Chair Exercise  
10:30 **AR** Pet Therapy w/ "Nelly"  
11:30 **IS** Music Therapy  
1:00 **PD** Indoor/Outdoor Walk  
2:00 **AR** Folding/Sorting Game  
3:00 **AR** Joggin Your Noggin  
4:00 **AR** Journaling Social  
6:00 **AR** Motivational Speaker

25

10:00 **IS** Chair Exercise  
10:30 **IS** The Wheel of Fortune  
11:30 **IS** Sing-a-Long Songs  
1:00 **PD** Indoor/Outdoor Walk  
2:00 **AR** Summer Painting  
3:00 **AR** Trivia Contest/Lemonade  
4:00 **AR** Picture Show & Tell  
6:00 **AR** Motivational Speaker

5

9:30 **TR** Beat The Heat!  
10:30 **IS** Sit & Stretch  
11:00 **IS** Travel Talk w/ Trivia  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Sorting/Organizing  
3:00 **AR** Bingo Time!  
4:00 **AR** Healthy Eating Habits  
6:00 **IS** Interactive Game w/ Talia

12

9:30 **TR** Beat The Heat!  
10:30 **IS** Sit & Stretch  
11:00 **IS** Travel Talk w/ Trivia  
1:00 **AR** Bean Bag Toss  
2:00 **AR** Arts-n-Crafts  
3:00 **AR** Pokeeno  
4:00 **AR** Video Clips-Animals  
6:00 **IS** Interactive Game w/ Talia

19

9:30 **TR** Beat The Heat!  
10:30 **IS** Sit & Stretch  
11:00 **IS** Travel Talk w/ Trivia  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Mr. Bean  
3:00 **AR** Bingo Time!  
4:00 **AR** Healthy Eating Habits  
6:00 **IS** Interactive Game w/ Talia

26

9:30 **TR** Beat The Heat!  
10:30 **IS** Sit & Stretch  
11:00 **IS** Travel Talk w/ Trivia  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Arts-n-Crafts  
3:00 **AR** Pokeeno  
4:00 **AR** Follow Your Nose  
6:00 **IS** Interactive Game w/ Talia

6

9:30 **TR** Beat The Heat!  
10:30 **AR** News & Views  
11:30 **AR** Sit & Stretch  
1:00 **AR** Career Talk & Video Clips  
2:00 **T** Movie Theater Reserved  
3:00 **AR** Let's Get Physical!  
4:00 **AR** Healthy Sleeping Habits  
6:00 **IS** Eve. Sing-a-Long

13

9:30 **TR** Beat The Heat!  
10:30 **AR** Pet Therapy w/ "Sophie"  
11:30 **AR** Sit & Stretch  
1:30 **AR** Hot Potato  
2:00 **AR** Trivia Game on TV  
3:00 **AR** Finish The Quote  
4:00 **AR** Sorting/Organizing  
6:00 **AR** Evening Story Reading

20

9:30 **TR** Beat The Heat!  
10:30 **AR** News & Views  
11:30 **AR** Sit & Stretch  
1:00 **AR** Career Talk & Video Clips  
2:00 **T** Movie Theater Reserved  
3:00 **AR** Group Word Search  
4:00 **QR** Reminiscing, Short Stories  
6:00 **IS** Beliefs From Around the World

27

9:30 **TR** Beat The Heat!  
10:30 **AR** Pet Therapy w/ "Sophie"  
11:30 **AR** Sit & Stretch  
1:00 **AR** Sorting/Organizing  
1:30 **AR** Sawgrass Nature Center  
2:00 **AR** Wildlife Show!  
2:30 **AR** Trivia Game on TV  
3:30 **AR** Music Therapy  
6:00 **AR** Aroma Therapy



7

10:00 **IS** Sit & Stretch  
10:30 **AR** Acts of Kindness  
11:00 **AR** Beading Class  
1:30 **L** Scenic Bus Ride  
2:00 **LI** Library Time  
3:00 **AR** Summer Collage  
4:00 **B** Happy Hour w/ Entertainment  
6:00 **IS** Evening Movie

14

10:00 **IS** Sit & Stretch  
10:30 **AR** Balloon Volley  
11:00 **IS** Hobbies & Interests  
1:30 **L** Scenic Bus Ride  
2:00 **LI** Library Time  
3:00 **D** Cooking Demonstration  
4:00 **B** Happy Hour w/ Entertainment  
6:00 **AR** Evening Movie

21

3:00 **AR** Discussion Group  
10:00 **IS** Sit & Stretch  
10:30 **IS** What's Your Talent?  
11:00 **IS** Sorting Game  
1:30 **L** Scenic Bus Ride  
2:00 **LI** Library Time  
3:00 **AR** Discussion Group  
4:00 **B** Karaoke Singing  
6:00 **IS** Evening Movie

28

10:00 **IS** Sit & Stretch  
10:30 **IS** Managing Stress  
11:00 **IS** The Family Feud  
1:30 **L** Scenic Bus Ride  
2:00 **LI** Library Time  
3:00 **AR** Chicken Soup For The Soul  
4:00 **B** Sing-a-Long Songs  
6:00 **IS** Evening Movie



8

10:00 **IS** Chair Yoga  
10:30 **IS** Travel Slide Show & Trivia  
11:30 **TR** Outdoor Time/Reminiscing  
1:00 **AR** Balloon Volley  
2:00 **AR** Dominoes/Coloring Poster  
3:00 **LI** The Book Club  
4:00 **AR** Follow Your Nose  
6:00 **IS** Virtual Jewish Service

15

10:00 **IS** Chair Yoga  
11:00 **AR** Travel Slide Show & Trivia  
11:30 **TR** Outdoor Time/Reminiscing  
1:00 **AR** Bean Bag Toss  
2:00 **AR** Bingo For Chocolates!  
3:00 **LI** The Book Club  
4:00 **AR** Poetry Reading  
6:00 **IS** Virtual Jewish Service

22

10:00 **IS** Chair Yoga  
11:00 **AR** Travel Slide Show & Trivia  
11:30 **TR** Outdoor Time/Reminiscing  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Boggle!  
3:00 **AR** Stress Management  
4:00 **AR** Follow Your Nose  
6:00 **IS** Virtual Jewish Service

29

10:00 **IS** Chair Yoga  
11:00 **AR** Travel Slide Show & Trivia  
11:30 **TR** Outdoor Time/Reminiscing  
1:00 **AR** Putt-Putt Golf  
2:00 **AR** Bingo For Chocolates!  
3:00 **AR** Hobbies & Interests  
4:00 **AR** The Art of Dance  
6:00 **IS** Virtual Jewish Service

1

10:00 **IS** Chair Yoga  
10:30 **IS** August Slide Show & Trivia  
11:30 **TR** Outdoor Time/Reminiscing  
1:00 **AR** Balloon Volley  
2:00 **AR** Dominoes/Coloring Poster  
3:00 **LI** The Book Club  
4:00 **AR** Follow Your Nose  
6:00 **IS** Virtual Jewish Service

9

9:30 **TR** Beat The Heat!  
10:30 **IS** Bible Study  
11:00 **IS** Morning Stretch  
1:00 **AR** Parachute Ball  
2:00 **AR** Movie Matinee, Musical  
3:00 **AR** Table Top Games  
4:00 **AR** Journaling  
6:00 **AR** Dominoes Tournament

16

9:30 **TR** Beat The Heat!  
10:30 **IS** Bible Study  
11:00 **IS** Morning Stretch  
1:00 **AR** Balloon Volley  
2:00 **AR** Movie Matinee, Musical  
3:00 **AR** Table Top Games  
4:00 **AR** Acts of Kindness  
6:00 **AR** Dominoes Tournament

23

9:30 **TR** Beat The Heat!  
10:30 **IS** Bible Study  
11:00 **IS** Morning Stretch  
1:00 **AR** Ball Toss  
2:00 **AR** Movie Matinee, Musical  
3:00 **AR** Table Top Games  
4:00 **AR** Sharing Emotions  
6:00 **AR** Dominoes Tournament

30

9:30 **TR** Beat The Heat!  
10:30 **IS** Bible Study  
11:00 **IS** Morning Stretch  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Movie Matinee, Musical  
3:00 **AR** Table Top Games  
4:00 **AR** Video Clips, Animals  
6:00 **AR** Dominoes Tournament

2

9:30 **TR** Beat The Heat!  
10:30 **IS** Bible Study  
11:00 **IS** Morning Stretch  
1:00 **PD** Indoor/Outdoor Walk  
2:00 **AR** Movie Matinee, Musical  
3:00 **AR** Table Top Games  
4:00 **AR** Sorting & Folding  
6:00 **AR** Dominoes Tournament

## Around our Community

### August Happenings

8/4-Summer Celebration w/ "Wes"  
Cake

8/18-Pet Therapy w/ "Nelly"  
8/13 & 8/27-Pet Therapy w/"Sophie"

Scenic Bus Ride-Weekly

8/14-Cooking Demonstration w/ Dining Services

8/6 & 8/20-Movie Theater Reserved

8/27-The Sawgrass Nature Center-  
Meet Your Wildlife Show

## LOCATION KEY

- IS** Interactive Screen
- TR** Terrace
- AR** Activity Room
- LI** Library
- PD** Pool Deck
- D** Demonstration Kitchen
- T** Movie Theater
- L** Meet in Lobby
- B** Bistro
- QR** Quiet Room