



We lead with  
*heart* because  
it's *personal.*



## Welcome

Welcome to Spring Arbor, where we value people for who they are and meet them where they are on life's journey. We offer personalized support in a homelike environment. Our welcoming team is ready to assist you with the care and support you need so you can live life to the fullest at Spring Arbor.

## Planning

Before you move in, one of our nurses will meet with you to conduct a functional assessment of your overall health needs, your likes and dislikes and your personal story. We will then create an individualized care plan that is unique to you and your care needs. Your individualized care plan will be updated according to regularly scheduled assessments and more often should your requirements change.

## Meet The Team

At Spring Arbor, our care team is on-site 24 hours a day to learn, understand and meet your personal needs and preferences. Our goal is to build a strong bond and deliver exceptional care, as outlined in your individualized care plan. Together with your medical professionals, we strive to create an environment where you can live your best life.



## Care and Services

Spring Arbor offers personalized care and services including assisted living for independent seniors, memory care in a secure environment for those with Alzheimer's or other forms of memory loss, and comprehensive coordination of rehabilitative services and healthcare professionals.

### Assisted Living

For older adults who cherish their independence but need a bit of daily support, Spring Arbor's assisted living is a wonderful choice. Whether assistance is needed with bathing, dressing, medication management, or other wellness and personal care needs, we'll handle the chores and reminders, letting our residents enjoy life with a helping hand always nearby.

### Memory Care

Within our secure cottage environment, we offer personalized care for residents with Alzheimer's and other forms of memory loss in a safe, familiar, and stimulating environment. Whether assistance is needed with bathing, dressing, medication management, or other wellness and personal care needs, we use active listening and empathy-based communication techniques to preserve the dignity of our residents.

### Coordination of Care

Whether you're coming to Spring Arbor for maintenance-free living in a supportive environment or for rehabilitative services such as physical and occupational therapy, we've got you covered. With our on-site therapy rooms and visiting healthcare professionals, including home health and hospice, the choice is yours; we've got the coordination of care covered.

