

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30 St Mary Catholic Church (O) 10:00 Cardio Fitness (FC) 10:30 Sunday Matinee (TH) 1:00 Wii Bowling (TH) 2:00 Afternoon Stretch (FC/RRA) 3:00 Sunday Church with Donna and Ken (TH) 3:30 Dominoes (C) 6:00 Instant Replay Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Yoga Video (FC) 11:00 Wii Bowling (TH) 1:30 Bible Study No Bible Study Today 1:30 Monday Movie Matinee (TH) 3:30 Wii Tennis (TH) 4:00 Dominoes (C/RRA) 6:00 Monday Night Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 9:30 Walmart (O) 10:00 Warmup & Workout Video (F) 11:00 Publix (O) 1:00 Blackjack (Cafe) 1:30 Spa Day: K Nails (O) 2:00 Bingo (CS) 3:00 Afternoon Trivia (C) 4:00 Yahtzee (CS) 5:30 Board & Card Games (C/RRA)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Fitness Video (FC) 10:00 – 12:00 Ollie: Intro to Conversational Spanish w/ Noreen (Bayshore/ 3 rd FL/ FC) 11:00 Wii Bowling (TH) 1:00 Afternoon Stretch (FC/RRA) 2:00 Kings in the Corner (CS) (RRA) 3:00 Catholic Communion (TH) 3:00 Puzzles in Paradise (CS) 4:00 Dominoes (C/RRA) 6:00 Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10am Movement Fitness Video (FC) 11:00 Let's Visit the Library! (L) 1:00 Bingo (CS) 1:00 Offsite Adventures: Bealls & Marshall's (O) 2:00 Blackjack (C) 3:00 Trivia (C) 4:00 Dominoes (C) 6:00 Throwback: Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Daily Chronicles (C) 11:00 Morning Brain Games (C) 1:00 Documentary: Three Identical Strangers (TH) 2:30 Blackjack (Cafe) 3:30 Bingo (CS) 6:00 Movie Night (TH)	9:00 Chair Fitness (F) 10:00 Daily Chronicles (C) 11:00 Morning Brain Games (C) 1:00 Wii Bowling (TH) 2:00 Blackjack (Cafe) 3:00 Bingo (CS) 4:00 Kings in the Corner (CS/RRA) 6:00 Movie Night (TH)	
9:30 St Mary Catholic Church (O) 10:00 Cardio Fitness (FC) 10:30 Sunday Matinee (TH) 1:00 Wii Bowling (TH) 2:00 Afternoon Stretch (FC/RRA) 3:00 Sunday Church with Donna and Ken (TH) 3:30 Dominoes (C) 6:00 Instant Replay Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Yoga Video (FC) 11:00 Wii Bowling 1:00 Puzzles in Paradise (CS) 1:30 Bible Study (Bayshore/2AG) (RRA) 2:00 Kings in the Corner (CS/RRA) 3:00 Milkshake Monday (Café) 4:00 Dominoes (C/RRA) 6:00 Monday Night Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 9:30 Walmart (O) 10:00 Warmup & Workout Video (F) 11:00 Winn Dixie (O) 1:00 Offsite Adventures: Steinmart (O) 2:00 Bingo (CS) 3:00 Afternoon Trivia (C) 4:00 Yahtzee (CS) 5:30 Board & Card Games (C/RRA)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Fitness Video (FC) 10:00 – 12:00 Ollie: Intro to Conversational Spanish w/ Noreen (Bayshore/ 3 rd FL/ FC) 11:00 Wii Tennis (TH) 1:00 Hallway Stroll & Hello! (Meet in Café) 2:00 Afternoon Trivia (CS) 3:00 Catholic Communion (TH) 4:00 Dominoes (C/RRA) 6:00 Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 9:00 Offsite Adventure: Banks, & CVS (O) 9:30 – 12:00 Ollie: Fused Glass 101 w/Michele (Bayshore/2AG) 10:00 Warmup & Workout Video (F) 11:00 Trivia (CS) 11:00 Offsite Adventures: Barnes & Nobles 1:00 Bingo (CS) 2:00 Blackjack (C) 3:00 Reminiscing over YOU "Memories Box" (CS) 4:00 Dominoes (C) 6:00 Throwback: Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Warmup & Workout Video (F) 11:00 Wii Bowling (TH) 11:00 Arts & Crafts: All Things "Spring" (CS) 1:30 Activity Planning Meeting (TH) 2:15 Blackjack (Cafe) 3:00 Open Art "Art Projects" (CS) 4:00 Dominoes (Cafe) 5:30 Board & Card Games (C/RRA)	9:00 Chair Fitness (F) 10:00 Daily Chronicles (C) 11:00 Morning Brain Games (C) 1:00 Wii Bowling (TH) 2:00 Blackjack (Cafe) 3:00 Bingo (CS) 4:00 Kings in the Corner (CS/RRA) 6:00 Movie Night (TH)	
9:30 St Mary Catholic Church (O) 10:00 Cardio Fitness (FC) 10:30 Sunday Matinee (TH) 1:00 Wii Bowling (TH) 2:00 Afternoon Stretch (FC/RRA) 3:00 Sunday Church with Donna and Ken (TH) 3:30 Dominoes (C) 6:00 Instant Replay Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Yoga Video (FC) 11:00 Wii Bowling (TH) 1:00 Puzzles in Paradise (CS) 1:30 Bible Study (Bayshore/2AG) (RRA) 2:00 Hallway Stroll & Hello! (Meet in Café) 3:00 Kings in the Corner (CS) (RRA) 4:00 Dominoes (C/RRA) 6:00 Monday Night Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 9:30 Walmart (O) 10:00 Warmup & Workout Video (F) 11:00 St. Patrick's Day Word Search (C) 11:00 Publix (O) 1:00 Blackjack (Cafe) 1:30 Spa Day: Most Nails (O) 2:00 St. Patrick's Day Bingo (CS) 3:00 Yahtzee (CS) 4:30 St. Paddy's Day "Green Party"/Entertainment (Restaurant) 5:30 Board & Card Games (C/RRA) <small>St. Patrick's Day</small>	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Fitness Video (FC) 10:00 – 12:00 Ollie: Intro to Conversational Spanish w/ Noreen (Bayshore/ 3 rd FL/ FC) 11:00 "Picture This" Capturing Special Moments in Time (CS) 1:00 – 3:00 Ollie: Creative Writing w/ John (Bayshore/ 2AG) 1:30 Food & Beverage Meeting (TH) 2:30 Kings in the Corner (CS) (RRA) 3:00 Catholic Communion (TH) 3:30 Afternoon Trivia (CS) 4:00 Dominoes (C/RRA) 6:00 Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Warmup & Workout Video (F) 10:00 Offsite Adventure: National Weather Service (O) 11:00 Sing into Spring w/ Richard P. Location (TBA) 1:00 Bingo (CS) 2:00 Blackjack (C) 3:00 Arts, Crafts & Nature: "Garden" (CS) 4:00 Men's Only Poker (Café) 6:00 Throwback: Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Warmup & Workout Video (F) 11:00 Wii Bowling (TH) 11:00 Offsite Adventure: Keen & Currely Winery & Lunch (O) \$\$ 1:00 Afternoon Nature Walk and Talk (Weather permitting) 1:30 Root Beer Floats & A Movie Day: (Movie TBA) (TH) 3:00 Blackjack (Cafe) 4:00 Dominoes (Cafe) 5:30 Board & Card Games (C/RRA)	9:00 Chair Fitness (F) 10:00 Daily Chronicles (C) 11:00 Wii Tennis (TH) 1:00 History Movie: Hidden Figures (TH) 2:00 Blackjack (Cafe) 3:00 Bingo (CS) 4:00 Kings in the Corner (CS/RRA) 6:00 Movie Night (TH)	
9:30 St Mary Catholic Church (O) 10:00 Cardio Fitness (FC) 10:30 Sunday Matinee (TH) 1:00 Wii Bowling (TH) 2:00 Afternoon Stretch (FC/RRA) 2:30 Offsite Adventures: Sunday Movie Matinee \$\$ (O) 3:00 Sunday Church with Donna and Ken (TH) 3:30 Dominoes (C) 6:00 Instant Replay Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Yoga Video (FC) 10:00 – 12:00 Ollie Classes: She Went Where? Women Explorers w/ Sheryl Long (Bayshore/TH) 11:00 Wii Bowling 1:00 Puzzles in Paradise (CS) 1:30 Bible Study (Bayshore/2AG) (RRA) 2:00 Kings in the Corner (CS/RRA) 3:00 Milkshake Monday (Café) 4:00 Dominoes (C/RRA) 6:00 Monday Night Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 9:30 Walmart (O) 10:00 Warmup & Workout Video (F) 10:00 – 12:00 Ollie (Cont. Education): She Went Where? Women Explorers w/ Sheryl Long (Bayshore/ TH) 11:00 Publix (O) 1:00 Blackjack (Cafe) 2:00 Bingo (CS) 3:00 Music Therapy w/ Richard (TH) 4:00 Men's Day Out Hooters (O) \$\$ 4:00 Yahtzee (CS) 5:30 Board & Card Games (C/RRA)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Fitness Video (FC) 10:00 – 12:00 Ollie: Intro to Conversational Spanish w/ Noreen (Bayshore/ 3 rd FL/ FC) 11:00 "Picture This" Capturing Special Moments in Time (CS) 1:30 Resident Council Meeting (TH) 2:30 Kings in the Corner (CS) (RRA) 3:00 Catholic Communion (TH) 3:30 Arts & Crafts: Spring Fling (CS) 4:00 Dominoes (C/RRA) 6:00 Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Warmup & Workout Video (F) 11am Offsite Adventures: St Pete Museum of History & Lunch (O) \$\$ 11:00 Trivia 12:30 March Captain's Birthday Lunch (Location TBA) 1:00 Bingo (CS) 2:00 Blackjack (C) 3:00 Reminiscing over YOU "Memories Box" (CS) 4:00 Dominoes (C) 4:00 Men's Only Poker (C/RRA) 6:00 Throwback: Movie Night (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Warmup & Workout Video (F) 11:00 Wii Bowling (TH) 11am Offsite Adventures: Renaissance Vinoy History Tour & Lunch (O) \$\$ 1:00 Afternoon Nature Walk and Talk (Weather permitting) 1:30 Popcorn & A Movie Day: Movie TBA (TH) 3:00 Blackjack (Cafe) 4:00 Dominoes (Cafe) 5:30 Board & Card Games (C/RRA)	9:00 Chair Fitness (F) 10:00 Daily Chronicles (C) 11:00 Morning Brain Games (C) 1:00 Soothing Sounds w/ Richard P (Location TBA) 2:15 Blackjack (Cafe) 3:15 Bingo (CS) 4:00 Kings in the Corner (CS/RRA) 6:00 Movie Night (TH)	
9:30 St Mary Catholic Church (O) 10:00 Cardio Fitness (FC) 10:30 Sunday Matinee (TH) 1:00 Wii Bowling (TH) 2:00 Afternoon Stretch (FC/RRA) 2:30 Offsite Adventures: "TopGolf" \$\$ (O) 3:00 Sunday Church with Donna and Ken (TH) 3:30 Dominoes (C) 6:00 Instant Replay Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 10:00 Chair Yoga Video (FC) 11:00 Brain Games: Wii Bowling 1:00 Puzzles in Paradise (CS) 1:30 Bible Study (Bayshore/2AG) (RRA) 2:00 Dunn Dee Farms Reptiles & Adaptation Part II (Courtyard) 3:00 Arts & Crafts "Birdhouse" (CS) 4:00 Dominoes (C/RRA) 6:00 Monday Night Movie (TH)	9:00 Brain Games: <i>Test Your Knowledge</i> (C) 9:30 Whole Foods (O) 10:00 Warmup & Workout Video (F) 10:00 – 12:00 Ollie: She Went Where? Women Explorers w/ Sheryl Long Bayshore/ (TH) 11:00 Trader Joe's (O) 1:00 Blackjack (Cafe) 2:00 Bingo (CS) 3:00 Travelogue & Lite Bites (TH) 4:00 Olive Garden (O) \$\$ 4:00 Yahtzee (CS) 5:30 Board & Card Games (C/RRA)	<h1>March 2020</h1> <h2>Bluffs Lifestyle Program</h2> <p>*See flyer for activities in Bold *Lifestyle Director days off subject to change due to events scheduled *Remember to sign-up for activities in the Bluffs Activities book located on the 1st floor</p>				

Locations: (C)=Café; (F)=Fitness Center; (TH)=Theater; (CS) =Craft Studio; (L)=Library (R)=Restaurant; (PL)=Piano Lounge; (RRA)=Resident Run Activity

