

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# Alto Senior Living by Allegro - Activity Calendar

## December 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
<p><b>Hanukkah Begins</b> <sup>2</sup></p> <p>10:00 Sunday Strides 10:30 Harmonious Hymns 11:00 Gospel w/Lawrence 1:00 Falcons vs Ravens 1:30 Church Service Televised 2:30 Sundae Social 3:30 Sunday Classic Cinema 7:00 Evening Refreshments</p>						<p><b>Julianne Moore BDay</b> <sup>3</sup></p> <p>10:00 Bible Study w/Mary Beth 1:30 Bingo! 2:30 Sip &amp; Chat Daily Chronicles 3:00 Neurosize w/Gabriel 4:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Cookie Day</b> <sup>4</sup></p> <p>10:30 Stretch and Flex 1:30 Xtreme Gaming w/David 2:30 Sip &amp; Chat Cookies 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Walt Disney Day</b> <sup>5</sup></p> <p>10:30 Praiseacise 1:30 Kroger/Walmart Shopping 2:00 Nurturing Art Music 2:30 Sip &amp; Chat 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>St. Nicholas Day</b> <sup>6</sup></p> <p>10:30 Stretch and Flex 11:00 Bingo &amp; More! 1:30 Bible Study w/Chaplain Mary 2:30 Sip &amp; Chat 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Pearl Harbor Anv.</b> <sup>7</sup></p> <p>10:30 Scarf Dancing 11:30 Taki Japanese steakhouse 2:30 Happy Hour!!! 3:30 Cinema 7:00 Evening Refreshments</p>	<p><b>Mistletoe Day</b> <sup>1</sup></p> <p>10:30 Weights Up Exercise 2:00 Bingo &amp; More! 2:30 Sip &amp; Chat 3:00 Arts &amp; Crafts 4:00 New Release Cinema 5:30 Sparkle Sandy Springs Winter Wonderland 7:00 Evening Refreshments</p>
<p><b>Christmas Card Day</b> <sup>9</sup></p> <p>10:00 Sunday Strides 10:30 Harmonious Hymns 11:00 Church Service Televised 1:00 Falcons vs Packers 2:00 World Harvest Church 2:30 Sundae Social 3:30 Sunday Classic Cinema 7:00 Evening Refreshments</p>	<p><b>Green Monday</b> <sup>10</sup></p> <p>10:00 Bible Study w/Mary Beth 1:30 Trivia Time 2:30 Sip &amp; Chat Daily Chronicles 3:00 Cinema 4:00 Bingo! 7:00 Evening Refreshments</p>	<p><b>Paint Your Nails</b> <sup>11</sup></p> <p>10:30 Stretch and Flex 1:30 Hand Massages &amp; Paint Your Nails 2:30 Sip &amp; Chat 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Frank Sinatra BD</b> <sup>12</sup></p> <p>10:30 Praiseacise 1:30 Target/Publix Shopping 2:30 Sip &amp; Chat Blue Eyes 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Cocoa Day</b> <sup>13</sup></p> <p>10:30 Stretch and Flex 11:00 Bingo &amp; More! 1:30 Audio Bible Study 2:30 Sip &amp; Chat Cocoa 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Deck the Halls Day</b> <sup>14</sup></p> <p>10:30 Scarf Dancing 1:45 Pastor Carey Praise &amp; Worship 2:30 Happy Hour!!! 3:00 Lake Lanier Christmas Lights 3:30 Cinema 7:00 Evening Refreshments</p>	<p><b>Candy Man Day</b> <sup>8</sup></p> <p>10:30 Weights Up Exercise 2:00 Bingo &amp; More! 2:30 Sip &amp; Chat 3:00 Painting with a Twist 4:00 New Release Cinema 7:00 Evening Refreshments</p>					
<p><b>Romantic Fiction</b> <sup>16</sup></p> <p>10:00 Sunday Strides 10:30 Harmonious Hymns 11:00 Church Service Televised 1:00 Falcons vs Cardinals 1:30 Chapel w/Martha &amp; Carol 2:30 Sundae Social 3:30 Sunday Classic Cinema 7:00 Evening Refreshments</p>	<p><b>'Blue Suede Shoes'</b> <sup>17</sup></p> <p>10:00 Bible Study w/Mary Beth 1:30 Bingo! 2:30 Sip &amp; Chat ElvIs 3:00 Neurosize w/Gabriel 4:00 Cinema 7:00 Evening Refreshments</p>	<p><b>HD Steven Spielberg</b> <sup>18</sup></p> <p>10:30 Stretch and Flex 1:30 Xtreme Gaming w/David 2:30 Sip &amp; Chat 3:00 Cinema 7:00 Evening Refreshments 7:00 World Series</p>	<p><b>Christmas Dinner</b> <sup>19</sup></p> <p>10:30 Praiseacise 1:30 Kroger/Walmart Shopping 2:00 Nurturing Art Music 3:30 Cinema 4:30 Santa Rick 5:00 Christmas Dinner 5:30 Educators Band</p>	<p><b>It's a Wonderful Life</b> <sup>20</sup></p> <p>10:30 Stretch and Flex 11:00 Bingo &amp; More! 1:30 Bible Study w/Chaplain Mary 2:30 Sip &amp; Chat Cider 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Ugly Sweater Day</b> <sup>21</sup></p> <p>10:30 Scarf Dancing 11:30 Tupleo Honey Cafe 2:00 Ugly Sweater Contest 2:30 Happy Hour!!! &amp; Christmas Caroling 3:30 Cinema 7:00 Evening Refreshments</p>	<p><b>Cupcake Day</b> <sup>15</sup></p> <p>10:30 Weights Up Exercise 2:00 Bingo &amp; More! 2:30 Sip &amp; Chat Cupcake 3:00 Arts &amp; Crafts 4:00 New Release Cinema 7:00 Evening Refreshments</p>					
<p><b>The Night Before...</b> <sup>23</sup></p> <p>10:00 Sunday Strides 10:30 Morning Reflections 11:00 Church Service Televised 1:00 Falcons vs Panthers 1:30 Chapel w/Mary 2:30 Sundae Social 3:30 Sunday Classic Cinema 7:00 Evening Refreshments</p>	<p><b>Christmas Eve</b> <sup>24</sup></p> <p>10:00 Bible Study w/Mary Beth 1:30 Trivia Time 2:30 Christmas Eve Toast 3:00 Cinema 4:00 Bingo! 7:00 Evening Refreshments</p>	<p><b>Merry Christmas</b> <sup>25</sup></p> <p>10:30 Stretch and Flex 12:00 ChrItmas Lunch 1:30 Trivia Time 2:30 Sip &amp; Cookies 3:00 Cinema Christmas 7:00 Evening Refreshments</p>	<p><b>Kwanzaa Begins</b> <sup>26</sup></p> <p>10:30 Praiseacise 1:30 Target/Publix Shopping 3:00 Residents Council Meeting 3:30 Food Committee Meeting 4:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Sweet Adeline Day</b> <sup>27</sup></p> <p>10:30 Stretch and Flex 11:00 Bingo &amp; More! 1:30 Audio Bible Study 2:30 Sip &amp; Chat Trivia 3:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Chocolate Candy Day</b> <sup>28</sup></p> <p>10:30 Scarf Dancing 11:30 Southern Bistro 1:45 Pastor Carey &amp; Lassie 2:30 Happy Hour!!! 4:00 Cinema 7:00 Evening Refreshments</p>	<p><b>Puccini Day</b> <sup>22</sup></p> <p>10:30 Weights Up Exercise 2:00 Bingo &amp; More! 2:30 Sip &amp; Chat 3:00 Painting with a Twist 4:00 New Release Cinema 7:00 Evening Refreshments</p>					
<p><b>Let's Make a Deal</b> <sup>30</sup></p> <p>10:00 Sunday Strides 10:30 Harmonious Hymns 1:00 Falcons vs Buccaneers 1:30 Church Service Televised 2:30 Sundae Social 3:30 Sunday Classic Cinema 7:00 Evening Refreshments</p>	<p><b>New Year's Eve</b> <sup>31</sup></p> <p>10:00 Bible Study w/Mary Beth 1:30 Trivia Time 2:30 End of Month BD Bash 3:30 Cinema Countdown Starts 4:00 New Year's Eve Celebration &amp; Toast 7:00 Evening Refreshments</p>					<p><b>Orange Bowl</b> <sup>29</sup></p> <p>10:30 Weights Up Exercise 2:00 Bingo &amp; More! 2:30 Sip &amp; Chat 3:00 Painting with a Twist 4:00 New Release Cinema 7:00 Evening Refreshments</p>					
<p>Activities subject to change. Please see Daily Schedule for updates and additions. Family and friends always welcome to attend activities.</p>											