

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Alto Senior Living by Allegro - Ensemble Calendar

DECEMBER 2018



Hanukkah Begins 2 10:00 Morning Reflections 10:30 Morning Stroll 10:30 Puzzles & Things 11:00 Gospel w/Lawrence 2:00 Church Service Televised 2:30 Sundae Social 3:30 Sunday Classic Cinema 6:00 Soothing Sounds	Julianne Moore BD 3 10:00 Noodle Exercise 10:30 Puzzles & Things 11:00 Memorabilia Baskets 2:30 Sip & Chat Daily Bread 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Supper Wind Down	Cookie Day 4 10:00 Praiseacise 10:30 Crafty Creations 11:00 Relaxing Hand Massage 2:30 Christmas Cookies 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Walt Disney Day 5 10:00 Noodle Exercise 10:30 Music Therapy w/Allison 11:00 Arts & Crafts 2:00 Nurturing Arts 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Supper Wind Down	St. Nicholas Day 6 10:00 Praiseacise 10:30 Parachute 11:00 Relaxing Hand Massage 1:30 Chapel w/Mary 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Pearl Harbor Anv. 7 10:00 Sittercise 10:30 Ball Toss 11:00 Puzzles & Things 2:00 Audio Reading 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Supper Wind Down	Mistletoe Day 1 10:00 Sittercise 10:30 In The News 11:00 Relaxing Hand Massage 2:00 Easy Listening 2:30 Sip & Chat 3:00 Afternoon Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds
Christmas Card Day 9 10:00 Morning Reflections 10:30 Puzzles & Things 11:00 Morning Stroll 2:00 World Harvest Church 2:30 Sundae Social 3:30 Sunday Classic Cinema 6:00 Soothing Sounds	Jane Addams Day 10 10:00 Sittercise 10:30 Ball Toss 11:00 Memorabilia baskets 2:30 Sip & Chat Daily Bread 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Supper Wind Down	Paint Your Nails 11 10:00 Praiseacise 10:30 Easy Listening 11:00 Relaxing Hand Massage 2:00 Puzzles 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Frank Sinatra BD 12 10:00 Let's Get Physical 10:30 Ball Toss 11:00 Easy Listening 2:00 Arts & Crafts 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll	Cocoa Day 13 10:00 Praiseacise 10:30 Parachute 11:00 Relaxing Hand Massage 2:30 Sip & Chat Writing 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Deck the Halls Day 14 10:00 Let's Get Physical 10:30 Ball Toss 11:00 Puzzles & Things 1:45 Pastor Carey & Lassie w/Praise & Worship 2:30 Sip & Chat Caroling 3:00 Cinema 4:00 Afternoon Stroll	Cupcake Day 15 10:00 Sittercise 10:30 In The News 11:00 Relaxing Hand Massage 2:00 Easy Listening 2:30 Sip & Chat Cupcake 3:00 Afternoon Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds
Romantic Fiction 16 10:00 Morning Reflections 10:30 Morning Stroll 10:30 Puzzles & Things 11:00 Church Service Televised 1:30 Chapel w/Martha & Carol 2:30 Sundae Social 3:30 Sunday Classic Cinema 6:00 Soothing Sounds	'Blue Suede Shoes' 17 10:00 Noodle Exercise 10:30 Easy Listening 11:00 Puzzles & Things 2:00 Memorabilia Basket 2:30 Sip & Chat Daily Bread 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Supper Wind Down	HD Steven Spielberg 18 10:00 Praiseacise 10:30 Crafty Creations 11:00 Relaxing Hand Massage 2:00 Reading 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Christmas Dinner 19 10:00 Noodle Exercise 10:30 Music Therapy w/Allison 2:00 Nurturing Art 2:30 Sip & Chat 3:00 Cinema 4:30 Santa Rick 5:00 Christmas Dinner	It's a Wonderful Life 20 10:00 Praiseacise 10:30 Parachute 11:00 Relaxing Hand Massage 1:30 Chapel w/Mary 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Ugly Sweater Day 21 10:00 Sittercise 10:30 Ball Toss 11:00 Puzzles & Things 2:00 Audio Reading 2:30 Sip & Chat Ugly Sweater 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Super Wind Down	Puccini Day 22 10:00 Let's Get Physical 10:30 In The News 11:00 Crafty Creations 2:00 Easy Listening 2:30 Sip & Chat 3:00 Afternoon Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds
The Night Before 23 10:00 Morning Reflections 10:30 Puzzles & Things 11:00 Morning Stroll 2:00 Church Service Televised 2:30 Sundae Social 3:30 Sunday Classic Cinema 6:00 Soothing Sounds	Christmas Eve 24 10:00 Sittercise 10:30 Ball Toss 11:00 Memorabilia basket 2:00 Easy Listening 2:30 Cider & Chat Daily Bread 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Supper Wind Down	Merry Christmas 25 10:00 Praiseacise 10:30 Crafty Creations 11:00 Relaxing Hand Massage 12:00 Christmas Lunch 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Kwanzaa Begins 26 10:00 Let's Get Physical 10:30 Easy Listening 2:00 Arts & Crafts 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Supper Wind Down	Sweet Adeline Day 27 10:00 Praiseacise 10:30 Parachute 11:00 Relaxing Hand Massage 2:30 Sip & Chat 3:00 Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds	Chocolate Candy Day 28 10:00 Sittercise 10:30 Ball Toss 11:00 Puzzles & Things 1:45 Pastor Carey & Lassie 2:30 Sip & Chat Chocolate 3:00 Cinema 4:00 Afternoon Stroll 6:00 After Super Wind Down	Orange Bowl 29 10:00 Let's Get Physical 10:30 In The News 11:00 Relaxing Hands Massage 2:00 Easy Listening 2:30 Sip & Chat 3:00 Afternoon Cinema 4:00 Afternoon Stroll 6:00 Soothing Sounds

Let's Make a Deal 30 10:00 Morning Reflections 10:30 Morning Stroll 10:30 Puzzles & Things 11:00 Church Service Televised 2:30 Sundae Social 3:30 Sunday Classic Cinema 6:00 Soothing Sounds
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New Year's Eve 31 10:00 Noodle Exercise 10:30 Puzzles & Things 11:00 End of Month BD Bash 2:30 New Year's Eve Toast 3:00 Cinema New Year's 4:00 Afternoon Stroll 6:00 After Supper Wind Down



Activities subject to change. Please see Daily Schedule for updates and additions. Family and friends always welcome to attend activities.