

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Alto Senior Living Alpharetta

<p>8:45 Church Runs-ML 10:00 Golden Fitness-AR 10:45 Book Club-AR 1:15 Scenic Drive-ML 2:30 Sunday Cards-ML 3:30 Sunday Bingo-AR 6:15 Sunday Night Classic Cinema-AR (Strictly Ballroom)</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Publix/Kroger)</i> 11:00 Green Thumb Gardening-CY 1:30 Bingo for Bucks-DR 2:30 Catholic Prayer-L 3:30 Musical Entertainment-DR (Al Urezio) 6:15 Lighting of the Hanukkiyah-CH <i>First Day of Hanukkah</i></p>	<p>10:00 Golden Fitness-DR 10:30 Brain Teasers-DR 10:45 Senior Day at Walgreens-ML 1:30 Deep Mind Meditation-L 2:30 Tuesday Crafts-DR 3:30 Alto Jeopardy-DR 6:00 Poker Night W/ Angela-DR</p>	<p>8:00 Waffle Wednesdays-DR 10:00 Golden Fitness-DR 10:45 Virtual Hangman-AR 1:30 Monthly Movie Outing-ML 2:00 Prayer of the Day-CH 2:30 Discuss & Recall-L 3:30 Dictionary Dive Trivia-AR 6:00 Wind Down Wednesday-B</p>	<p>10:00 Golden Fitness-DR 10:30 Green Thumbs Gardening-CY 11:00 Bible Study-CH 1:30 Word N Word-L 2:30 Black Jack-AR 3:30 Throwback Thursdays-AR 6:00 Video Guided Yoga-AR</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Walmart)</i> 11:00 Daily Bread-CH 1:30 Five Card Poker-AR 2:30 Bingo W/ Trent-AR 3:45 Cocktail Hour W/ Team Jeopardy-AR 6:15 Jig Saw Jumble-AR</p>	<p>10:00 Golden Fitness-DR 10:30 Book Club-L 1:30 Different Strokes Painting-AR 2:30 5 Card Poker-AR 3:30 Weekend Bingo-AR 6:15 Weekend Cinema-AR (The Christmas Chronicles)</p>
<p>8:45 Church Runs-ML 10:00 Golden Fitness-DR 10:45 Book Club-AR 1:15 Atlanta Dance Theatre-ML (The Nutcracker) 3:15 Sunday Night Classic Cinema-AR (Like Water for Chocolate)</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Publix/Kroger)</i> 11:00 Green Thumb Gardening-CY 1:30 Bingo for Bucks-DR 2:30 Catholic Prayer-L 3:30 Musical Entertainment-DR (Lawrence Langston) 6:15 Pencil Art Work-AR</p>	<p>10:00 Golden Fitness-DR 10:30 Brain Teasers-DR 11:00 Christmas Charades W/ Staff-DR 1:30 Deep Mind Meditation-L 2:30 Tuesday Crafts-DR 3:30 The Price is Right-AR 6:00 Poker Night W/ Angela-AR</p>	<p>8:00 Waffle Wednesdays-DR 10:00 Golden Fitness-DR 10:45 Virtual Hangman-AR 12:00 Lunch Outing-ML 2:00 Prayer of the Day-CH 2:30 Discuss & Recall-L 3:30 Word Unscramble-AR 6:00 Wind Down Wednesday-B</p>	<p>10:00 Golden Fitness-DR 10:30 Green Thumbs Gardening-CY 11:00 Bible Study-CH 12:00 Holiday Feast-DR 1:30 Word N Word-L 2:30 Black Jack-AR 3:30 Throwback Thursdays-AR 6:15 Thursday Documentary-AR</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Target)</i> 11:00 Daily Bread-CH 1:30 Five Card Poker-AR 2:30 Bingo W/ Trent-AR 3:45 Cocktail Hour W/ Team Jeopardy-AR 6:15 Jig Saw Jumble-AR</p>	<p>10:00 Golden Fitness-DR 10:30 Book Club-L 1:30 Different Strokes Painting-AR 2:30 5 Card Poker-AR 3:30 Weekend Bingo-AR 6:15 Weekend Cinema-AR (Beethoven's Christmas)</p>
<p>8:45 Church Runs-ML 10:00 Golden Fitness-DR 10:45 Book Club-AR 1:15 Scenic Drive-ML 2:00 Sunday Songs W/ Heavoon-DR 3:00 Mount Pisgah Christmas party-AR 6:15 Sunday Night Classic Cinema-AR</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Publix/Kroger)</i> 11:00 Green Thumb Gardening-CY 1:30 Bingo for Bucks-DR 2:30 Catholic Prayer-L 3:30 Musical Entertainment-DR (Laura McCarthy) 6:15 Pencil Art Work-AR</p>	<p>10:00 Golden Fitness-DR 10:30 Brain Teasers-AR 11:00 Dictionary Dive Trivia-AR 1:30 Deep Mind Meditation-L 2:30 Tuesday Crafts-AR 3:30 Family Feud-AR 6:00 Poker Night W/ Angela-DR</p>	<p>8:00 Waffle Wednesdays-DR 10:00 Golden Fitness-DR 10:45 Virtual Hangman-AR 11:30 Monthly Birthdays-DR 2:00 Prayer of the Day-CH 2:30 Food Committee-DR 3:30 First & Last Word-AR 6:00 Wind Down Wednesday-B</p>	<p>10:00 Golden Fitness-DR 10:30 Green Thumbs Gardening-CY 11:00 Bible Study-CH 1:30 Word N Word-L 2:30 Black Jack-AR 3:30 Throwback Thursdays-AR 6:00 Video Guided Yoga-AR</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Walmart)</i> 11:00 Daily Bread-CH 1:30 Five Card Poker-AR 2:30 Bingo W/ Trent-AR 3:45 Cocktail Hour W/ Team Jeopardy-AR 6:15 Jig Saw Jumble-AR <i>Winter Begins</i></p>	<p>10:00 Golden Fitness-DR 10:30 Book Club-L 1:30 Different Strokes Painting-AR 2:30 5 Card Poker-AR 3:30 Weekend Bingo-AR 6:15 Weekend Cinema-AR (The Holiday Calendar)</p>
<p>8:45 Church Runs-ML 10:00 Golden Fitness-DR 10:45 Book Club-AR 1:15 Scenic Drive-ML 2:30 Sunday Cards-ML 3:00 Visit from Mount Pisgah-DR 6:15 Sunday Night Classic Cinema-AR (Stripes)</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Publix/Kroger)</i> 11:00 Green Thumb Gardening-CY 1:30 Bingo for Bucks-DR 2:30 Catholic Prayer-L 3:30 Musical Entertainment-DR (TBA) 6:15 Pencil Art Work-AR</p>	<p>10:00 Golden Fitness-DR 10:30 Brain Teasers-AR 11:00 12 Days of Christmas-B 1:30 Deep Mind Meditation-L 2:30 Jingo!!!!-DR 3:30 Christmas Jeopardy-AR</p>	<p>8:00 Waffle Wednesdays-DR 10:00 Golden Fitness-DR 10:45 Virtual Hangman-AR 1:30 Prayer of the Day-CH 2:30 Resident Council-AR 3:30 Brain Games W/ David-AR 6:15 Lighting of Kinara-CH</p>	<p>10:00 Golden Fitness-DR 10:30 Green Thumbs Gardening-CY 11:00 Bible Study-CH 1:30 Word N Word-L 2:30 Black Jack-AR 3:30 Throwback Thursdays-AR 6:15 Lighting of Kinara-CH</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Target)</i> 11:00 Daily Bread-CH 1:30 Five Card Poker-AR 2:30 Bingo W/ Trent-AR 3:45 Cocktail Hour W/ Team Jeopardy-AR 6:15 Lighting of Kinara-CH</p>	<p>10:00 Golden Fitness-DR 10:30 Book Club-L 1:30 Different Strokes Painting-AR 2:30 5 Card Poker-AR 3:30 Weekend Bingo-AR 6:15 Lighting of Kinara-CH (How the Grinch Stole Christmas)</p>
<p>8:45 Church Runs-ML 10:00 Golden Fitness-DR 10:45 Book Club-AR 1:15 Scenic Drive-ML 2:30 Sunday Cards-AR 3:30 Sunday Bingo-AR 6:15 Sunday Night Classic Cinema-AR (The Breakfast Club)</p>	<p>10:00 Golden Fitness-DR 10:45 Shopping Trip-ML <i>(Publix/Kroger)</i> 11:00 Green Thumb Gardening-CY 1:30 Bingo for Bucks-DR 2:30 Catholic Prayer-L 3:30 Musical Entertainment-DR 5:00 News Year's Eve Toast-DR 6:15 Lighting of Kinara-CH <i>New Year's Eve</i></p>	<p>Legend</p> <ul style="list-style-type: none"> Physical Creative Spiritual Social Cognitive Reminiscent Main Lobby-ML Dining Room-DR Activity Room-AR Library-L Bistro-B Courtyard-CY Chapel-CH Outing-☀️ 				

All activities and times are subject to change. Please contact Trent with any questions 404 402 5507